

Congregate Meals

September 2025

Week 1

Tuesday 2nd	Cheeseburgers	Baked beans Peas Mixed Fruit Milk
Wednesday 3rd	Vegetarian Shepards Pie	Mixed Vegetables Side Salad Milk
Thursday 4th	Tuscan Turkey Stew	Italian Barley Green Beans Cantaloupe Cookie Milk

Week 2

Tuesday 9th	Ground Turkey Burrito Bowl	Roasted Corn Shredded Lettuce Diced tomato Tropical Fruit Milk
Wednesday 10th	Meatloaf	Smashed Potato Mixed Vegetables Honeydew Roll Milk
Thursday 11th	Oriental Chicken Salad	Pineapple Roll Cake milk

Congregate Lunch Program 480-312-5810. Please call two days advance.

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Week 3

Tuesday 16th	Greek Chicken Salad	Grapes Pita Cookie Milk
Wednesday 17th	Chili Loaded Baked Potato	Broccoli Coleslaw Roll Pears Milk
Thursday 18th	Chicken Pesto	Roasted Potato Capri Vegetables Roll Cake Milk

Week 4

Tuesday 23rd	Roast Beef and Cheddar Wrap	Potato Salad Pineapple and Cucumber Salad Cake Milk
Wednesday 24th	Roast Turkey With Gravy	Smashed Potato Stuffing Carrots Roll Pie Milk
Thursday 25th	Baked Spinach and Feta Casserole	Sweet Potato Mixed Vegetables Roll Milk

Week 5

Tuesday 30th	Egg Salad	Lettuce and Tomato Broccoli Salad Croissant Grapes Milk
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