

Congregate Meals

May 2025

Week 1

Tuesday 6th	Stuffed Cabbage Rolls	Green beans Mixed fruit Roll Pudding Milk
Wednesday 7th	Caribbean Chicken	Roasted Sweet potatoes Mixed vegetables Roll Cookie Milk
Thursday 8th	NO LUNCH	NO LUNCH

Week 2

Tuesday 13th	Beef taco salad (Cold)	Pineapple Roll Cheesecake Pudding Milk
Wednesday 14th	Asian Turkey Meatballs	Carrots Fruit Roll cookie
Thursday 15th	Baked Spinach & Feta	Sweet potato Mixed vegetables Roll Mixed fruit Milk

Congregate Lunch Program 480-312-5810. Please call two days advance.

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Week 3

Tuesday 20th	Roast Turkey w/ Gravy	Mashed potatoes Carrots Roll Pie Milk
Wednesday 21st	Chicken and dumplings	Pea Salad Mixed Vegetables Roll Baked apples Milk
Thursday 22nd	Cheese Manicotti w/ Marinara	Roasted Potatoes Capri vegetables Roll Cantaloupe Milk

Week 4

Tuesday 27th	Greek Chicken Salad (Cold)	Grapes Pita Cookie Milk
Wednesday 28th	Beef Lasagna	Green beans Spinach Salad Mixed Fruit Roll Cheesecake Milk
Thursday 29th	Bourbon Chicken	Brown rice Steamed carrots Spinach salad Roll Apricots Milk

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