

# **MAYOR AND COUNCIL**

ScottsdaleAZ.gov

# **MAYOR**

Lisa Borowsky

# **CITY COUNCIL**

**VICE MAYOR** COUNCILWOMAN Jan Dubauskas Kathy Littlefield

COUNCILMAN COUNCILWOMAN Barry Graham Maryann McAllen

COUNCILMAN COUNCILWOMAN Adam Kwasman Solange Whitehead



Nominate a Scottsdale veteran for the city's annual street banner recognition program held each November.

Visit ScottsdaleAZ.gov and search "Salutes" to learn more.

# **BOARDS & COMMISSIONS**

# ScottsdaleAZ.gov/boards

These volunteer citizen advisory committees research issues, provide another point of community input and make important policy recommendations to City Council.

# PARKS & RECREATION COMMISSION MEMBERS:

Eric Maschhaupt - Chair Michael Vreeland – Vice Chair

Jamie Alford Amv Arnold Sandy Kull Susan McGarry Teresa Kim Quale

# LIBRARY BOARD MEMBERS:

Freda Hartman - Chair Enid Seiden - Vice Chair

Sam Campana Roselyn O'Connell Janice Shimokubo Leslie Totten

# **HUMAN SERVICES COMMISSION MEMBERS:**

Roger Lurie - Chair

Mary Jung - Vice Chair

Lee Cooley

Cynthia Hill

Jeff Jameson

**Neal Shearer** 

Sheila Ro

# MCDOWELL SONORAN PRESERVE COMMISSION MEMBERS:

Stephen Coluccio - Chair

Savannah Engelking - Vice Chair

Robert Hallagan

Susan Hirshman

Pruitt Lavton

Kerry Olsson

Ryan Rybarczyk

# SCOTTSDALE HOUSING AGENCY GOVERNING BOARD:

Roger Lurie - Chair

Mary Jung - Vice Chair

Lee Cooley

Patrick Dodds

Jeff Jameson

**Neal Shearer** 

Stuart Turgel

REGISTRATION INFORMATION  TOT CLASSES (0-6 YRS)  YOUTH CLASSES (5-17 YRS)  YOUTH CAMPS & PROGRAMS.  ADULT CLASSES (14 YRS+)  ADAPTIVE RECREATION  AQUATICS  ADULT SPORTS (18 YRS+)  TENNIS  FITNESS CENTERS.		
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# SCOTTSDALE life

Whether it's exploring the McDowell Sonoran Preserve, spending a day at the park, discovering a new book at the library, connecting with others at a senior center, taking a bike ride on the greenbelt or volunteering your time to help neighbors in need it's all part of Scottsdale LIFE. Our city is full of energy and opportunity, and this magazine is your guide to it all.

Scottsdale LIFE was created to highlight the many programs, places and services that bring our community together — from parks and libraries to senior programs, nature trails and signature events.

You're invited to browse and discover something that interests you.



Ever wonder where your water comes from, is there enough, how is it treated or is it safe?

Attend the Fall 2025 Citizen Water Academy hosted by Scottsdale water and get the answers to these questions and more. Email Wateracademy@ScottsdaleAZ.gov to put your name on the list for registration.

Registration opens Thursday, August 14.

Learn more at ScottsdaleAZ.gov, search "Citizen Water Academy"







FALL REGISTRATION: RESIDENTS, JULY 28 AT 8 AM / NON-RESIDENTS, JULY 31 AT 8 AM







Scottsdale Parks & Recreation has maintained CAPRA accreditation since October 1994—making it the longest-accredited parks and recreation agency in Arizona and one of the top five longest-accredited in the United States. CAPRA is the only national accreditation for parks and recreation agencies and is a measure of an agency's overall quality of operation, management and service to the community.

# REGISTRATION INFORMATION

# **REGISTRATION STARTS AT 8 A.M.**



# **REGISTER ONLINE**

# Recreation.ScottsdaleAZ.gov

(Quickest way to register)



# **REGISTER BY PHONE**

480-312-7957

(Expect delays on registration days)



### **PAYMENT**

must be made at the time of registration



### **WE ACCEPT**

american Express, Visa, MasterCard and Discover

# **GENERAL INFORMATION**

**Refund Policy** – Unless otherwise stated, all program refunds shall be prorated, less a \$10 processing fee, up to and including the 2<sup>nd</sup> class. No refunds after the 2<sup>nd</sup> class date. Classes priced at \$10 or less are nonrefundable.

**Corrections & Updates** – Staff makes every effort to ensure each issue of the Scottsdale LIFE is free from errors, there are times when errors or revisions in dates, times, fees, or instructors do occur. Check the city's website for up-to-date information.

**Fee Assistance Program** – Community Services offers a fee assistance program to aid economically disadvantaged individuals and families residing within the city of Scottsdale's corporate boundaries. Qualified applicants have an opportunity to participate in approved recreational programs, camps and classes for a decreased cost.

Visit Scottsdale AZ.gov, search "Fee assistance program" or call 480-312-7957.

**Resident?** – Residents are citizens who live in or own property within the city of Scottsdale's Corporate City Boundaries, and pay taxes to the city of Scottsdale.

# **REGISTRATION QUESTIONS?**

Call us before July 28 so we can guide you through the process, making registration a breeze!

480-312-7957

AMERICANS WITH DISABILITIES ACT – The City of Scottsdale fully supports the provision of the americans with Disabilities Act and is committed to supporting the full inclusion of persons with disabilities into programs, classes, services and public facilities so that full participation may be enjoyed by all. Persons with a disability may request a reasonable accommodation to participate with the City of Scottsdale by contacting the Adaptive Services Center at 480-312-2234. All requests must be made a minimum of 14 days prior to the starting date of the program/service.

\*Instructors subject to change.

# **FACILITY CODES**

1/1012111 00020						
CODE	FACILITY NAME	ADDRESS				
ADSC	Adaptive Services Center	8102 E. Jackrabbit Road				
BGPB	Boys & Girls Club of Greater Scottsdale – Piper Branch	10515 E. Lakeview Drive				
BGTB	Boys & Girls Club of Greater Scottsdale – Thunderbirds Branch	20199 N. 78th Place				
CACT	Cactus Park & Aquatic Center	7202 E. Cactus Road				
CCLB	Civic Center Library	3939 N. Drinkwater Blvd.				
CHAA	Chaparral Aquatic Center	5445 N. Hayden Road				
CHAP	Chaparral Park & Community Ctr.	5401 N. Hayden Road				
CHES	Chesnutt Park	4565 N. Granite Reef Road				
CHPS	Chaparral High School	6935 E. Gold Dust Road				
CPRG	Copper Ridge School	10101 E. Thompson Peak Pkwy.				
CSAR	Club SAR	8055 E. Camelback Road				
ELDO	Eldorado Park & Community Ctr.	7641 E. Murray Lane				
ELDA	Eldorado Aquatic Center	2301 N. Miller Road				
ELS0	Eldorado South Building	1909 N. Miller Road				
FENP	Florence Ely Nelson Desert Park	8950 E. Pinnacle Peak				
GPCK	George "DOC" Cavallier Park	27775 N. Alma School Pkwy.				
GRSC	Granite Reef Senior Center	1700 N. Granite Reef Road				
HRZN	Horizon Community Center	15444 N. 100th St.				
ISPK	Indian School Park	4289 N. Hayden Road				
MCRR	McCormick Stillman Railroad Park	7301 E. Indian Bend Road				
MMRA	McDowell Mtn Ranch Aquatics	15525 N. Thompson Peak Pkwy.				
MSP	McDowell Sonoran Preserve	18333 N. Thompson Peak Pkwy.				
MTNV	Mountain View Park	8625 E. Mountain View Road				
MUST	Mustang Library	10101 N. 90th St.				
NYCD	North Corp Yard	9191 E. San Salvador Drive				
PNCC	Paiute Neighborhood Center	6535 E. Osborn Road				
PPEC	Pinnacle Peak Equestrian Center	3701 E. Pinnacle Peak Road				
PMPK	Pima Park	8600 E. Thomas Road				
PPPK	Pinnacle Peak Park	26802 N. 102nd Way				
RIMO	Rio Montaña Park	11180 N. 132nd St.				
SCF	Scottsdale Airport	15000 N. Airport Dr.				
SPFD	Scottsdale Police/Fire Dept.	8401 E. Indian School Road				
SRPK	Scottsdale Ranch Park	10400 E. Via Linda				
SSCX	Scottsdale Sports Complex	8081 E. Princess Drive				
STAD	Scottsdale Stadium	7408 E. Osborn Road				
SWTS	Solid Waste Transfer Station	8417 E. Union Hills Drive				
VCCC	Vista Del Camino Community Center	7700 E. Roosevelt				
VLSC	Via Linda Senior Center	10440 E. Via Linda				
VSTA	Vista Del Camino Park	7700 E. Roosevelt				

# **TOT CLASS GUIDELINES**

- For your child's safety, accompany them to and from the classroom.
- Classes are designed for the ages listed. Children must meet the age requirement by the first class date.
- Children must be able to participate independently except in specified parent/child classes.
- Observers and non-registered individuals, including siblings, are not permitted in classes. Only children that are registered are permitted in class.
- Parents or guardians must participate in parent/child classes if required.

# **ART**

# YOUNG REMBRANDTS - DRAWING FALL SEASON

(5-7yrs) Learn how to draw an astronaut by practicing basic human figures. Students will be challenged in every day adventure.

Sa 10:30-11:30 am 9/27(7classes) \$75(R)/\$113(N) HRZN Young Rembrandts 47887

# COMMUNICATION

# NEW PARENT AND ME SPANISH

(3-6yrs) Families will learn songs, listen to stories, complete crafts and make new friends while learning Spanish phrases and vocabulary including numbers, colors, animals and more!

Tu 9:30-10:30 am	9/9(14classes)	\$145(R)/\$218(N)	CHAP	ABSi Spanish	49401
W 9:30-10:30 am	9/10(12classes)	\$125(R)/\$188(N)	CHAP	ABSi Spanish	49402
Th 9:30-10:30 am	9/11(12classes)	\$125(R)/\$188(N)	HRZN	ABSi Spanish	49403

# **DANCE**

# **CREATIVE MOVEMENT**

(1-4yrs and parent/caregiver) Designed to introduce music and movement through interaction and creative activities. This program develops motor skills, sociability, and gives kids a fun hands on introduction to the world of dance. We encourage parent/caregiver participation.

Th 9:15-10 am	9/4(7classes)	\$86(R)/\$129(N)	MTNV	Dance Sequins Studio	47635
Th 9:15-10 am	10/30(6classes)	\$75(R)/\$113(N)	MTNV	Dance Sequins Studio	47636
Th 10:05-10:50	am 9/4(7classes)	\$86(R)/\$129(N)	MTNV	Dance Sequins Studio	47637
Th 10:05-10:50	am 10/30(6classes)	\$75(R)/\$113(N)	MTNV	Dance Sequins Studio	47638
W 9:15-10 am	9/10(7classes)	\$86(R)/\$129(N)	PNCC	Dance Sequins Studio	49153
W 9:15-10 am	10/29(7classes)	\$86(R)/\$129(N)	PNCC	Dance Sequins Studio	49154



# **DANCE COMBO**

Learn basic tap and creative ballet movements. For this class, the instructor requests that parents/caregiver do not stay in the room while the class is in session. On the last day of class, they will perform a special dance routine and skills they have learned throughout the session.

### (3-5yrs)

Tu 4:30-5:15 pm	9/9(6classes)	\$75(R)/\$113(N)	CACT Dance Sequins Studio	47646
Tu 4:30-5:15 pm	11/4(5classes)	\$64(R)/\$96(N)	CACT Dance Sequins Studio	47648
(3-6yrs)				
M 5-5:45 pm	9/8(7classes)	\$86(R)/\$129(N)	GRSC Dance Sequins Studio	47645
M 5-5:45 pm	11/3(6classes)	\$75(R)/\$113(N)	GRSC Dance Sequins Studio	47647

### **TOT BALLET**

(4-6yrs) Classes incorporate basic ballet steps with games and songs to ensure your child learns while having fun. The instructor requests that parents/ caregiver do not stay in the room while the class is in session. At the end of the session you will be invited to see the children's progress and new skills.

\*\*Parents must stay on site for the duration of class\*\*

Tu 4:10-4:55 pm	9/9(7classes)	\$59(R)/\$89(N)	HRZN	Martin 47831
Tu 4:10-4:55 pm	10/28(7classes)	\$59(R)/\$89(N)	HRZN	Martin 47833

# **DANCE STARS**

(2-5yrs) With Tot Dance Stars, our dancers learn the fundamentals of ballet, jazz, and hip-hop while developing grace, coordination, balance, and poise.

Tu 9:30-10:15 am	9/9(6classes)	\$58(R)/\$87(N)	HRZN	Stretch-n-Grow 47835
Tu 3:30-4:15 pm	9/9(7classes)	\$66(R)/\$99(N)	MMRA	Stretch-n-Grow 47836
Tu 9:30-10:15 am	10/28(6classes)	\$58(R)/\$87(N)	HRZN	Stretch-n-Grow 47837
Tu 3:30-4:15 pm	10/28(6classes)	\$58(R)/\$87(N)	MMRA	Stretch-n-Grow 47838

# **HOBBIES & INTEREST**

# CARS, TRUCKS AND THINGS THAT GO VROOOOM! TRIP

(2-5yrs and parent/caregiver) Is your child thrilled at the sight of trash trucks, police cars and fire trucks? Register to get an up close look at some of the city's most exciting and important vehicles. This class is designed for parent and child interaction. Please wear closed to eshoes to be able to participate.

F	9-9:55 am	12/19(1class)	\$15(R)/\$20(N)	NCYD	Leisure Education	47615
F	10:30-11:25 am	12/19(1class)	\$15(R)/\$20(N)	NCYD	Leisure Education	47616
F	Noon-12:55 pm	12/19(1class)	\$15(R)/\$20(N)	NCYD	Leisure Education	47617

### TAKEOFF TO THE SCOTTSDALE AIRPORT

(2-5yrs and parent/caregiver) Tour the Scottsdale Airport and get an up close look at how the airport contributes to the city of Scottsdale and the national airspace system!

Th 10-10:55 am 10/23(1class) \$15(R)/\$20(N) SCF Leisure Education 49931
Th 10-10:55 am 11/20(1class) \$15(R)/\$20(N) SCF Leisure Education 49933

# XERISCAPE GARDEN TOUR AND NATURE DISCOVERY

(2-5yrs and parent/caregiver) Discover the beauty of saving water at the Scottsdale Xeriscape Garden at Chaparral Park. We will take a short tour of the garden and do a fun, nature discovery activity in one of our outdoor class rooms. Only children who are registered for this class will be allowed to attend.

Tu 9:30-10:30 am 12/2(1class) \$5(R)/\$8(N) CHAP Leisure Education 47853

# **SPORTS**



# B.E.S.T. ALL-STAR 3-SPORT: SOCCER, BASEBALL, BASKETBALL

 $(2-4yrs) \ We will teach your player how to kick and control a soccer ball, how to hit, catch, throw, and run the bases and shoot and dribble a basketball. Each participant will need to bring their own, age-appropriate soccer ball for the first week of class, as well as their own tee/bat, and basketball for later in the session.$ 

F 3:45-4:30 pm 9/12(7classes) \$107(R)/\$161(N) CACT B.E.S.T. Sports 49141 F 3:45-4:30 pm 11/7(6classes) \$93(R)/\$140(N) CACT B.E.S.T. Sports 49550

# B.E.S.T. ALL-STARS 3-SPORT SAMPLER: SOCCER, BASEBALL, TRACK

(2-3yrs) Toddlers will explore the basic movements of running, kicking, hitting, and throwing through playful games designed to build coordination, balance, and joy in movement.

M 4:40-5:25 pm 9/8(7classes) \$107(R)/\$161(N) HRZN B.E.S.T. Sports 49142 M 4:40-5:25 pm 11/3(6classes) \$93(R)/\$140(N) HRZN B.E.S.T. Sports 49547

# B.E.S.T. ALL-STARS 3-SPORT SAMPLER: SOCCER, BASEBALL, TRACK

 $\label{thm:condition} (4\text{-}6\text{yrs})\ This\ 45\text{-minute class}\ introduces\ soccer,\ baseball,\ and\ track\ with\ fundrills\ and\ games\ that\ teach\ the\ basics\ of\ each\ sport.$ 

M 5:30-6:15 pm 9/8(7classes) \$107(R)/\$161(N) HRZN B.E.S.T. Sports 49144 M 5:30-6:15 pm 11/3(6classes) \$93(R)/\$140(N) HRZN B.E.S.T. Sports 49548

### **B.E.S.T. BASKETBALL FOR TOTS**

(3-5yrs) This fun-filled 45-minute class, created by Beginners Edge Sports Training, introduces little ones to basketball through playful activities that build coordination, balance, and confidence

F	4:35-5:20 pm	9/12(7classes)	\$107(R)/\$161(N)	CACT	B.E.S.T. Sports	49145
F	4:35-5:20 pm	11/7(6classes)	\$93(R)/\$140(N)	CACT	B.E.S.T. Sports	49551

# **B.E.S.T. LIL KICK SOCCER**

(3-5yrs) Beginners Edge Sports Training brings skill-building and fun together in this exciting 45-minute class! Kids learn dribbling, passing, and shooting while gaining confidence through engaging, game-like activities, designed to teach skills through fun and play.

М	3:50-4:35 pm	9/8(7classes)	\$107(R)/\$161(N)	HRZN	B.E.S.T. Sports	49147
М	3:50-4:35 pm	11/3(6classes)	\$93(R)/\$140(N)	HRZN	B.E.S.T. Sports	49546

# **B.E.S.T. SOCCER**

(16 mos-2 yrs) This fun-filled 45 minute class created by Beginners Edge Sports Training, introduces little ones to soccer through playful activities that build coordination, balance, and confidence.

М	3-3:45 pm	9/8(7classes)	\$107(R)/\$161(N)	HRZN	B.E.S.T. Sports	49148
М	3-3:45 pm	11/3(6classes)	\$93(R)/\$140(N)	HRZN	B.E.S.T. Sports	49545



### **GYMNASTICS**

(4-5yrs) Class starts with warm-ups that include tuck, straddle, and pike jumps. The gymnastics class includes front and back rolls, cartwheels, handstands, walk-overs, bar strengthening, stretches, and conditioning.

Sa 1-1:45 pm	9/13(5classes)	\$40(R)/\$60(N)	CACT	Schaffer 47675
Sa 1-1:45 pm	10/25(6classes)	\$46(R)/\$69(N)	CACT	Schaffer 47676

# **MULTI-SPORT & FITNESS FUN**

(3-6yrs) Children will be introduced to anything from soccer, tee ball, tennis, hockey and golf to fun fitness activities such as parachute, crazy races, limbo, cardi dance and much more.

Th 6-6:45 pm	9/4(7classes)	\$139(R)/\$209(N)	CHAP	JumpBunch 4770	)0
Th 6-6:45 pm	10/30(7classes)	\$139(R)/\$209(N)	CHAP	JumpBunch 4770	01

# **MULTI-SPORT & FITNESS FUN JR**

(1-2yrs and parent/caregiver) Children will be introduced to anything from soccer, tee ball, tennis, hockey and golf to fun fitness activities such as parachute, crazy races, limbo, cardi dance and much more.

M	9:30-10:10 am	9/8(7classes)	\$139(R)/\$209(N)	MTNV	${\sf JumpBunch}$	47702
M	10:15-10:55 am	9/8(7classes)	\$139(R)/\$209(N)	MTNV	JumpBunch	47703
M	9:30-10:10 am	10/27(8classes)	\$158(R)/\$237(N)	MTNV	JumpBunch	47704
M	10:15-10:55 am	10/27(8classes)	\$158(R)/\$237(N)	MTNV	JumpBunch	47705

# NEW 1-2-3 ALL ABOUT SOCCER OUTDOOR GAMES AND SKILLS

(4-6yrs) A new soccer league prep program, let's have fun learning club play together!

1. Instructed by former professional soccer player (Germany 1993-1996) Coach

Tamera Hatfield 2. Coaching players' skills with the ball; promoting teamwork,

sportsmanship, and confidence in the game. Developing soccer players habits that

take them to the next level on the field. 3. Small sided games (3 vs 3, 4 vs 4, 5 vs 5)

F	5-5:45 pm	8/29(6classes)	\$94(R)/\$141(N)	CPRG	Hatfield 48138
F	5-5:45 pm	10/10(7classes)	\$108(R)/\$162(N)	CPRG	Hatfield 49106



# **OUTDOOR SOCCER FOR TOTS/KIDS**

Taught by a former professional soccer player, this class will introduce children to stretching, passing, dribbling and basic elements of team spirit. Children play non-competitive games.

# (2-3yrs)

(2	<i>y</i> 13)					
F	9-9:45 am	9/12(6classes)	\$94(R)/\$141(N)	MTNV	Hatfield	47760
Tu	4:15-5 pm	9/9(6classes)	\$94(R)/\$141(N)	CPRG	Hatfield	47761
F	9-9:45 am	10/24(5classes)	\$80(R)/\$120(N)	MTNV	Hatfield	47762
Tu	4:15-5 pm	10/21(7classes)	\$108(R)/\$162(N)	CPRG	Hatfield	47763
(3-4	4yrs)					
Tu	10-10:45 am	9/9(6classes)	\$94(R)/\$141(N)	HRZN	Hatfield	47752
Th	4:15-5 pm	9/11(6classes)	\$94(R)/\$141(N)	CPRG	Hatfield	47755
Th	4:15-5 pm	10/23(6classes)	\$94(R)/\$141(N)	CPRG	Hatfield	47756
Tu	10-10:45 am	10/21(7classes)	\$108(R)/\$162(N)	HRZN	Hatfield	47757
(3-5	ōyrs)					
М	3-3:45 pm	9/8(6classes)	\$94(R)/\$141(N)	CACT	Hatfield	47750
М	3-3:45 pm	10/20(7classes)	\$108(R)/\$162(N)	CACT	Hatfield	47758
(4-	6yrs)					
W	4:15-5 pm	9/10(6classes)	\$94(R)/\$141(N)	CPRG	Hatfield	47753
W	4:15-5 pm	10/22(5classes)	\$80(R)/\$120(N)	CPRG	Hatfield	47754

# **SUPER SOCCER STARS JR**

(2-3yrs) An exciting physical learning experience allowing your child to improve their natural ability in a fun and engaging way, with aspects of parent participation incorporated into the curriculum.

 W
 10:30-11:10 am
 9/3(8classes)
 \$158(R)/\$237(N)
 MTNV
 Super Soccer Stars
 47737

 W
 10:30-11:10 am
 10/29(8classes)
 \$158(R)/\$237(N)
 MTNV
 Super Soccer Stars
 47738

# **SUPER SOCCER STARS PARENT & ME**

(1-11 mos) Join our coach and puppet friends, Mimi and Pepe, as we take toddlers through a world of exciting physical activity. Play based activities and engaging original music is used to develop pre-soccer skills in a fun and nurturing environment.

W	9:30-10:10 am	9/3(8classes)	\$158(R)/\$237(N)	MTNV	Super Soccer Stars 47739	
W	9:30-10:10 am	10/29(8classes)	\$158(R)/\$237(N)	MTNV	Super Soccer Stars 47740	

### SUPER SOCCER STARS

Each week we will teach the fundamentals of soccer including shooting, dribbling, ball control, passing and throw-ins. Classes are taught in an age-appropriate, and positive manner.

# (3-4vrs)

Tu 5:10-5:55 pm	9/2(7classes)	\$139(R)/\$209(N) MTNV	Super Soccer Stars 49418	
Tu 5:10-5:55 pm	10/28(8classes)	\$158(R)/\$237(N) MTNV	Super Soccer Stars 49899	

# **SUPERHERO TRAINING**

(3-6yrs) We focus on learning special superhero training skills through fungames and activities such as jumping over hot lava, dodging fireballs, light saber training, scooter flying, ghostbuster tag and so much more!

Th 5:10-5:55 pm	9/4(7classes)	\$139(R)/\$209(N)	CHAP	JumpBunch 4	17805
Th 5:10-5:55 pm	10/30(7classes)	\$139(R)/\$209(N)	CHAP	JumpBunch 4	17806
W 5-5:40 pm	10/29(7classes)	\$139(R)/\$209(N)	MMRA	JumpBunch 4	17807
W 5:45-6:25 pm	10/29(7classes)	\$139(R)/\$209(N)	MMRA	JumpBunch 4	17808
W 5-5:40 pm	9/3(7classes)	\$139(R)/\$209(N)	MMRA	JumpBunch 4	17809
W 5:45-6:25 pm	9/3(7classes)	\$139(R)/\$209(N)	MMRA	JumpBunch 4	17810

### **YOGA STARS**

 $Yoga \, Stars \, helps \, kids \, channel \, positive \, energy \, by \, creating \, a \, space \, to \, practice \, mindfulness, \, strength \, and \, breathing \, techniques. \, With \, our \, engaging \, weekly \, sessions, \, our \, stars \, explore \, simple \, yoga \, posses \, with songs, \, props, \, and \, stories.$ 

(18mo-3yrs Parent/Caregiver)

F	9:30-10:15 am	9/12(7classes)	\$66(R)/\$99(N)	CACT	Stretch-n-Grow 47885
F	9:30-10:15 am	10/31(6classes)	\$58(R)/\$87(N)	CACT	Stretch-n-Grow 47886
(4-6	Syrs)				
W	3:30-4:15 pm	9/10(7classes)	\$66(R)/\$99(N)	MMRA	Stretch-n-Grow 47881
W	3:30-4:15 pm	10/29(6classes)	\$58(R)/\$87(N)	MMRA	Stretch-n-Grow 47882



# **ART**

To view the supply list for classes, go to ScottsdaleAZ.gov and search "Art Supply."

# INTRO TO CROCHET: SQUIGGLY CREATURES

(8-12yrs) Start from the very beginning and learn the fundamental crochet skills you will need to dive into the world of crochet. Get ready to give your imagination free reign as we explore all that crochet has to offer.

Sa 10-11:30 am	9/13(6classes)	\$62(R)/\$93(N)	CHAP	Schaapherder	48157
Sa 10-11:30 am	11/1(6classes)	\$62(R)/\$93(N)	CHAP	Schaapherder	49533

# YOUNG REMBRANDTS - CARTOON DRAWING CLASSES

(8-13yrs) We will be personifying tree houses, scooters, pools and animals having a sleepover, along with other fun characters!

Tu 5:15-6:15 pm 9/23(7classes) \$75(R)/\$113(N) CHAP Young Rembrandts 47888

# YOUNG REMBRANDTS - DRAWING AFTER SCHOOL

(8-13yrs) These classes will teach the student how to create a sequence that depicts different scenes through the use of sequential images and how a sequence conveys a story. Sign up today!

M 3:30-4:30 pm 9/22(8classes) \$84(R)/\$126(N) PNCC Young Rembrandts 49155

# COMMUNICATION

# NEW ABSI SPANISH CLUB

(5-8yrs) Students will learn songs, listen to stories, complete crafts, and make new friends while learning Spanish phrases and vocabulary including numbers, colors, animals, and more!

М	10:45-11:45 am	9/8(14classes)	\$145(R)/\$218(N)	HRZN	ABSi Spanish	49396
Tu	10:45-11:45 am	9/9(14classes)	\$145(R)/\$218(N)	CHAP	ABSi Spanish	49399
W	10:45-11:45 am	9/10(12classes)	\$125(R)/\$188(N)	CHAP	ABSi Spanish	49400
Th	10:45-11:45 am	9/11(12classes)	\$125(R)/\$188(N)	HRZN	ABSi Spanish	49398
F	10:45-11:45 am	9/12(13classes)	\$135(R)/\$203(N)	HRZN	ABSi Spanish	49397

# **DANCE**

# **CHEER SQUAD**

(5-9yrs) This is an upbeat dance and cheer course for youth. All music and movements is age appropriate. A special showcase will be held on the last day of class for family and friends.

Tu 5:20-6:05 pm	9/9(6classes)	\$75(R)/\$113(N)	CACT	Dance Sequins Studio	47643
Tu 5:20-6:05 pm	11/4(5classes)	\$64(R)/\$96(N)	CACT	Dance Sequins Studio	47644

# **HIP HOP AND STREET DANCE**

(8-12yrs) Creative Netwerk is partnering with city of Scottsdale Parks & Recreation to offer weekly Hip Hop and Street Dance classes culminating in a family performance.

W	6-6:55 pm	9/10(7classes)	\$86(R)/\$129(N)	MTNV	Creative Netwerk	49950
W	6-6:55 pm	10/29(7classes)	\$86(R)/\$129(N)	MTNV	Creative Netwerk	49951

### **HIP HOP CREW**

(6-13yrs) Learning upbeat dances to warm up, dance along, perform, along with learning to count music, learning basic hip hop moves, and across the floor jazz technique. All music and movements is age appropriate. A special showcase will be held on the last day of class for family and friends.

М	5:50-6:35 pm	9/8(7classes)	\$86(R)/\$129(N)	GRSC Dance Sequins Studio	47649
М	5:50-6:35 pm	11/3(6classes)	\$75(R)/\$113(N)	GRSC Dance Sequins Studio	47650

### **DANCE STARS**

(5-8yrs) Our dancers learn the fundamentals of ballet, jazz and hip-hop while developing grace, coordination, balance, and poise. By inspiring a passion for dance, our imaginative and engaging classes will create twirling, self-expressive machines!

Tu 4:30-5:15 pm	9/9(7classes)	\$66(R)/\$99(N)	MMRA	Stretch-n-Grow	47889
Tu 4:30-5:15 pm	10/28(6classes)	\$58(R)/\$87(N)	MMRA	Stretch-n-Grow	47890

# FIRST AID & SAFETY

# CHILDCARE AND BABYSITTER SAFETY

(12-18yrs) If you are wanting to provide child and infant care, this is the class for you. The program discusses the importance of responsibility, teaches you to recognize an emergency and take the correct action. Please send child with a sack lunch. No refunds will be given after class starts.

Sa 9 am-3 pm 11/15(1class) \$75(R)/\$75(N) SPFD Scottsdale Fire Department 47633

# **HOBBIES & INTEREST**

# **HOW TO RIDE A BIKE FOR KIDS**

(5-11yrs) Our very own Scottsdale PD will assist in teaching your child about bike safety and how to ride a bike. Please bring your own bike, helmet and closed toe shoes. Parents need to stay onsite for this class.



Sa 8-10 am 10/11(1class) \$15(R)/\$20(N) CHAP Leisure Education 47728

# MINING & CRAFTING LEGO® CAMP

(5-11yrs) Experience the world of Minecraft with LEGO® bricks in this fun camp. Kids will start by crafting their shelters and some of the mobs, critters and tools using LEGO® bricks. LEGO® is a registered trademark of the LEGO® Group and Mojang © 2009-2013. "Minecraft" are trademarks of Notch Development AB of companies which does not sponsor, authorize or endorse these programs.

M-F9 am-noon 10/13(5classes) \$177(R)/\$266(N) CHAP Bricks 4 Kidz 47607

# NEW BELIEVE IT OR NOT CAMP©

(6-11yrs) You and a STEAM Team® of friends will take on unbelievable ENGINEERING CHALLENGES inspired by zany, wacky, wild, 100% true facts! From amazing animals to extreme sports; from epic earthquakes to outer space; from breathtaking rescues to crazy competitions - Believe It Or Not Island is sure to be an all time record breaker!

M-F 12:30-3:30 pm 10/13(5classes) \$145(R)/\$218(N) CHAP Challenge Island 47708

# NEW FASHION DESIGN & SEWING

(7-13yrs) Learn how to sew and design your own clothing! The camp cost includes all supplies and materials necessary for creating five custom garments by the end of the week. This includes sewing machines, fabric, thread and more. Students who have their own sewing machines are encouraged to bring them to learn the threading process. Sewing machines will be provided for those who do not own one \$125 kit fee due to the instructor on the first day of class.

Sa 1-3 pm	9/6(7classes)	\$188(R)/\$282(N)	CHAP	EV Fine Arts	49890
Sa 1-3 pm	11/1(7classes)	\$188(R)/\$282(N)	CHAP	EV Fine Arts	49934

# **MUSIC**

# PIANO/KEYBOARDING

(5-12yrs) Elements is an innovative piano program designed to give your child the best opportunity for a successful start on the piano keyboard. Keyboards are provided for students class use; recital held for family and friends on the last day of class.

Sa 9:15-10:15 am 9/13(6classes)	\$124(R)/\$186(N)	HRZN	Elements Music	47773
Sa 9:15-10:15 am 11/1(6classes)	\$124(R)/\$186(N)	HRZN	Elements Music	47774

# **SPORTS**

# B.E.S.T. ALL-STAR 3-SPORT: SOCCER, BASEBALL, BASKETBALL

(5-8yrs) Players learn how to kick and control a soccer ball, how to hit, catch, throw, and run the bases shoot and dribble a basketball and build strength + endurance. Each participant will need to bring their own, age-appropriate soccer ball for the first week, as well as their own tee/bat, and basketball for later in the session.

F	5:25-6:10 pm	9/12(7classes)	\$107(R)/\$161(N)	CACT	B.E.S.T. Sports	49143
F	5:25-6:10 pm	11/7(6classes)	\$93(R)/\$140(N)	CACT	B.E.S.T. Sports	49552

# **B.E.S.T. BASKETBALL TRAINING**

(6-9yrs) Our basketball skills and drills clinics introduce and advance your player's ability for ball handling, dribbling, defense, jumping, passing, shooting, and the triple threat position. Please bring your child's favorite basketball with their name on it.

F	6:15-7 pm	9/12(7classes)	\$107(R)/\$161(N)	CACT	B.E.S.T. Sports	49146
F	6:15-7 pm	11/7(6classes)	\$93(R)/\$140(N)	CACT	B.E.S.T. Sports	49553

# **B.E.S.T. JUNIOR SPIKERS VOLLEYBALL**

This class focuses on introducing essential volleyball skills, including passing, serving, and setting, with more structured drills and friendly scrimmaging. Please bring your favorite Volleyball; knee and elbow pads are optional. (5-6yrs)

	•					
W	3-3:45 pm	9/10(7classes)	\$107(R)/\$161(N)	CACT	B.E.S.T. Sports	49554
W	3-3:45 pm	10/29(7classes)	\$107(R)/\$161(N)	CACT	B.E.S.T. Sports	49556
(7-8	Byrs)					
W	3:50-4:35 pm	9/10(7classes)	\$107(R)/\$161(N)	CACT	B.E.S.T. Sports	49150
W	3:50-4:35 pm	10/29(7classes)	\$107(R)/\$161(N)	CACT	B.E.S.T. Sports	49549
(9-	l0yrs)					
W	4:40-5:25 pm	9/10(7classes)	\$107(R)/\$161(N)	CACT	B.E.S.T. Sports	49555
W	4:40-5:25 pm	10/29(7classes)	\$107(R)/\$161(N)	CACT	B.E.S.T. Sports	49557

### **GYMNASTICS**

(6-9yrs) Class starts with warm-ups that include tuck, straddle, and pike jumps. The gymnastics class includes front and back rolls, cartwheels, handstands, walk-overs, and also included is bar strengthening, stretches and conditioning.

Sa 2-3 pm	9/13(5classes)	\$40(R)/\$60(N)	CACT	Schaffer	47673
Sa 2-3 pm	10/25(6classes)	\$46(R)/\$69(N)	CACT	Schaffer	47674

# NEW 1-2-3 ALL ABOUT SOCCER OUTDOOR GAMES AND

### SKILLS

(7-9yrs) A new soccer league prep program, let's have fun learning club play together! 1. Instructed by former professional soccer player (Germany 1993-1996) Coach Tamera Hatfield 2. Coaching players' skills with the ball; promoting teamwork, sportsmanship, and confidence in the game. Developing soccer players habits that take them to the next level on the field. 3. Small sided games (3 vs 3, 4 vs 4, 5 vs 5)

F	6-6:45 pm	8/29(6classes)	\$94(R)/\$141(N)	CPRG	Hatfield	49107
F	6-6:45 pm	10/10(7classes)	\$108(R)/\$162(N)	CPRG	Hatfield	49108



# **OUTDOOR SOCCER FOR KIDS**

(5-7yrs) Taught by a former professional soccer player, Tamera Hatfield (Germany 1993-1996), this class will introduce children to stretching, passing, dribbling, and basic elements of team spirit. Please bring soccer ball, water, and sport shoes.

M 4-4:45 pm	10/20(7classes)	\$108(R)/\$162(N)	CACT	Hatfield	47759
M 4-4:45 pm	9/8(6classes)	\$94(R)/\$141(N)	CACT	Hatfield	49109

# **SUPER SOCCER STARS**

The goal of the program at this stage is to improve children's elementary capacity through fun games, technical skill development, and group activities. Every class includes ball activities with high repetitions to promote muscle memory that builds confidence and ball control skills. (5-7yrs)

Tu 6-7 pm	9/2(7classes)	\$139(R)/\$209(N)	MTNV Super Soccer Stars	49419
Tu 6-7 pm	10/28(8classes)	\$158(R)/\$237(N)	MTNV Super Soccer Stars	49900

# **YOGA STARS**

(7-10yrs) Yoga Stars helps kids channel positive energy by creating a space to practice mindfulness, strength, and breathing techniques. Our creative curriculum will have your Yoga Stars increasing their endurance, concentration, and confidence!

W 4	4:30-5:15 pm	9/10(7classes)	\$66(R)/\$99(N)	MMRA	Stretch-n-Grow	47883
W 4	4:30-5:15 pm	10/29(6classes)	\$58(R)/\$87(N)	MMRA	Stretch-n-Grow	47884

# **REGISTRATION QUESTIONS?**

Call us before July 28 so we can guide you through the process, making registration a breeze! **480-312-7957** 



# **FALL BREAK CAMPS**

# **RECREATION CAMPS - 1ST - 6TH GRADES**

Don't sit home bored during fall break! Participate in fun and exciting recreational activities including crafts, sports, games, and much more. A morning and afternoon snack will be provided daily. A lunch with drink is required for all participants.

# **HORIZON COMMUNITY CENTER**

15444 N. 100th St. I 480-312-2650

M-F 8 am-5 pm 10/13-10/17 \$160

# **HOHOKAM ELEMENTARY SCHOOL**

8451 E. Oak St. I 480-312-2329

M-F 8 am-5 pm 10/13-10/17 \$160





# **AFTER-SCHOOL PROGRAMS**

# **ELEMENTARY PROGRAMS - \$650**

Trained Recreation professionals will provide structured, engaging recreational and educational activities that include arts & crafts, games, sports, fitness and specialty programs.

M-F School Release-6pm 8/4/25-5/22/25 \$650

# COMMUNITY CENTER PROGRAMS

For students in grades 1-6 as of fall 2025.

Mountain View Community Center 8625 E. Mountain View Road | 480-312-2584

1st thru 6th Grade

# SCHOOL COLLABORATION PROGRAMS - 480-312-2329

After-School programming is provided in collaboration with Scottsdale Unified School District for the students attending specific Title One schools. Title One elementary after-school programs are for students in grades K-5 as of fall 2025. Snack will be provided by Scottsdale Unified School District.

# Echo Canyon | 4330 N. 62nd St.

K thru 5<sup>th</sup> Grade

Hohokam | 8451 E. Oak St.

K thru 5<sup>th</sup> Grade

Navajo | 4525 N. Granite Reef Road

 $K\,thru\,5^{th}\,Grade$ 

Yavapai | 701 N. Miller Road

K thru 5th Grade

Pima | 8330 E. Osborn Road

K thru 5<sup>th</sup> Grade

City of Scottsdale After-School Programs are not licensed childcare under ARS section 23-882.

Register at Recreation. Scottsdale AZ.gov and search "After-School Programs."

# **ART**

### **ACRYLIC PORTRAIT PAINTING 101**

(18+) Artists of all skill levels will learn to mix flesh tones from primary colors, develop a pallet and capture likeness. Each class features a skill developing exercise and an opportunity to receive direct feedback and support in creating the portrait of your choosing.

1:30-4:30 pm 9/12(6classes) \$85(R)/\$128(N) GRSC Wilson 47911

### **ACRYLIC PORTRAIT PAINTING 101**

(18+) Artists of all skill levels will learn to mix flesh tones from primary colors, develop a pallet and capture likeness. Each class features a skill developing exercise and an opportunity to receive direct feedback and support in creating the portrait of your choosing.

1:30-4:30 pm 10/24(6classes) \$85(R)/\$128(N) GRSC Wilson 47912



# **ADVANCED OIL PAINTING**

(18+) For those serious artists who have painted in oil continuously, and have completed at least 3 or more paintings in the past year. We will explore self-portraits, portraiture, figurative, pet portraits and special effect painting.

M 4:45-7:45 pm 9/8(7classes) \$87(R)/\$131(N) VLSC Fried 47571

# **ADVANCED OIL PAINTING**

(18+) For those serious artists who have painted in oil continuously, and have completed at least 3 or more paintings in the past year. We will explore self-portraits, portraiture, figurative, pet portraits and special effect painting.

M 4:45-7:45 pm 10/27(8classes) \$98(R)/\$147(N) VLSC Fried 47572

### DRAW/PAINT

(18+) Have the freedom to use any medium you choose: pencil, colored pencils, pastels, watercolor, oil, and acrylic. Teacher emphasis is on individual attention and projects.

Tu	6:30-9:30 pm	9/9(10classes)	\$140(R)/\$210(N)	ELSO	Chestney	47655
W	9:30 am-12:30 pm	9/10(11classes)	\$153(R)/\$230(N)	ELSO	Chestney	47656
W	1-4 pm	9/10(11classes)	\$153(R)/\$230(N)	ELSO	Chestney	47659
Th	9:30 am-12:30 pm	9/11(11classes)	\$153(R)/\$230(N)	ELSO	Chestney	47657
Th	1-4 pm	9/11(11classes)	\$153(R)/\$230(N)	ELSO	Chestney	47660

# DRAWING OPEN STUDIO

(18+) Welcome beginners, intermediate and advanced artists. Focus on the basic fundamentals of drawing, learning various techniques including: perspective, shading, proportion, and composition.

Tu	1-4 pm	9/9(7classes)	\$106(R)/\$159(N)	VLSC	Consalvo	47663
Tu	1-4 pm	10/28(5classes)	\$79(R)/\$119(N)	VLSC	Consalvo	47664

# **GEL PLATE PLAY DATE**

(18+) Bring your gel plate and mark making tools for a play date to explore mono-print making. We'll review the basic gel plate tools and explore various printing techniques to create amazing prints on paper. A \$5 cash kit fee will be collected in class in addition to the course registration fee.

Sa 10 am-2 pm 9/20(1class) \$23(R)/\$35(N) HRZN Busch 47716

# **GUIDED PAINTING: AUTUMN TREES**

(18+) Paint along with a guided tutorial of a beautiful autumn tree inspired by the colors of fall, creating a memorable art piece to take home with you! All materials will be provided. \$5 supply fee due to instructor on the day of class.

Tu 9:30 am-noon 11/25(1class) \$23(R)/\$35(N) GRSC Dugie 49512

# **GUIDED PAINTING: DECK THE HALLS WITH POP ART**

(18+) Paint along with a guided tutorial offestive holiday decor, inspired by the colors and patterns of pop art, creating a memorable art piece to take home with you! All materials will be provided. \$5 supply fee due to instructor on the day of class.

Tu 9:30 am-noon 12/2(1class) \$23(R)/\$35(N) HRZN Dugie 47721

# **GUIDED PAINTING: INSPIRED BY MONDRIAN SQUARES**

(18+) Paint along with a guided tutorial of modern art inspired by the artist Piet Mondrian, creating a memorable art piece to take home with you! All materials will be provided. \$5 supply fee due to instructor on the 1st day of class.

Tu 9:30 am-noon 9/16(1class) \$23(R)/\$35(N) GRSC Dugie 47722

# **GUIDED PAINTING: PUMPKIN POP ART**

(18+) Paint along with a guided tutorial of a fabulously colorful jack-o-lantern inspired by the artist Andy Warhol, creating a memorable art piece to take home with you! All material provided. \$5 supply fee due to instructor on the 1st day of class.

W 9:30 am-noon 10/22(1class) \$23(R)/\$35(N) HRZN Dugie 47781

### **GUIDED PAINTING: SUGAR SKULLS**

(18+) Paint along with a guided tutorial of a vibrant sugar skull, inspired by Halloween and Dia de los Muertos, creating a memorable art piece to take home with you! All materials will be provided. \$5 supply feedue to instructor on the day of class.

Tu 5-7:30 pm 10/28(1class) \$23(R)/\$35(N) HRZN Dugie 49511

# **INTRO TO ART 1: FOUNDATIONS**

(18+) Get comfortable with the core concepts in creating visual art. Play, explore and try a variety of mediums along the way! Lessons explore color, composition, patterns, perspectives, style and brief.

Th 4:45-7:45 pm 9/11(6classes) \$91(R)/\$137(N) VLSC Dugie 47678

### **INTRO TO ART 2: SKILL BUILDINGS**

(18+) Please have completed Intro to Art 1 or have a strong understanding of color theory, composition, patterns, and perspective. All art materials except a mixed media sketchbook will be provided. \$5 supply fee due to instructor on the first day of class.

:45-7:45 pm 10/23(6classes) \$91(R)/\$137(N) VLSC Dugie 49510



### INTRO TO CROCHET

(18+) Start from the very beginning and learn the fundamental crochet skills. In this class, we will cover the slip stitch, chain stitch, single crochet, and double crochet techniques while working towards completing your very own personalized granny square project.

W 10 am-noon 9/10(6classes) \$91(R)/\$137(N) GRSC Schaapherder 47943
W 10 am-noon 10/29(6classes) \$91(R)/\$137(N) GRSC Schaapherder 49515

# **LEARN TO PAINT**

(18+) You will learn how to set up your palette, color mixing, application, and complete a simple still life painting, which you will print from a picture I will email prior to the first class, as you progress at your own speed. You must attend the first class to continue.

W 4:45-7:45 pm 9/10(7classes) \$87(R)/\$131(N) VLSC Fried 47598 W 4:45-7:45 pm 10/29(7classes) \$87(R)/\$131(N) VLSC Fried 47599

# NEW ADVANCED OIL PORTRAIT/FIGURE PAINTING

(16+) This course is designed to teach those with intermediate painting and drawing experience the basics of portraiture and figurative oil painting. Prerequisite: prior drawing/painting experience.

Tu 4:45-7:45 pm 9/9(7classes) \$117(R)/\$176(N) VLSC Vena 49076

Tu 4:45-7:45 pm 10/28(7classes) \$117(R)/\$176(N) VLSC Vena 49077

# NEW ARTISTIC PIGMENT POWDER PLAY

(18+) This is a guided hands-on tour of multiple mixed media techniques using various pigment powders. A \$6 cash kit fee will be collected in class in addition to the course registration fee for specialized materials.

Sa 10 am-1:30 pm 10/11(1class) \$23(R)/\$35(N) HRZN Busch 47713

# NEW BEGINNING LINOCUT WORKSHOP: HAND PAINTED GREETING CARDS

 $(18+) \, {\sf Explore the \, enjoyable \, art \, of \, relief \, print making \, using \, lino \, blocks \, and \, hand \, carving \, tools. \, Use your hand made stamps to \, customize \, designs \, for \, greeting \, cards \, or \, display worthy \, prints. \,$ 

Tu 9 am-noon 11/18(1class) \$25(R)/\$38(N) GRSC McGlothern 49541

# NEW BEGINNING LINOCUT WORKSHOP: SPOOKY STAMPS

(18+) Explore the enjoyable art of relief printmaking using lino blocks and hand carving tools. Come make spooky themed stamps in time for Halloween!

Tu 9 am-noon 10/7(1class) \$25(R)/\$38(N) GRSC McGlothern 49540

# NEW DRAWING

Learn to see, observe and draw from life. Utilizing charcoal and a kneaded eraser will enable you to bring objects to life.

F 9:30 am-12:30 pm 10/24(6classes) \$85R/\$128N GRSC Milman 47662

# NEW EXTREME GIFT WRAPPING

(18+) You will create a beautiful gift box topped with an embellished woman's shoe. All supplies such as boxes, shoe and embellishments will be provided. A \$10 supply fee (cash only) will be collected at the first class.

Tu 6-7:30 pm 11/18(1class) \$18(R)/\$27(N) HRZN Dupuis 49453

# NEW FALL COLOR FLOWERS COMPOSITION: ONE STROKE PAINTING

(18+) In this class we are going to learn special one stroke painting technique and how to create beautiful flowers, leaves and other elements out of those strokes.

Tu 9:30 am-12:30 pm 10/21(2classes) \$41(R)/\$62(N) HRZN Kalayda 49525

# NEW FALL CORNUCOPIA ARRANGEMENT WORKSHOP

(14+) In class you will create a beautiful, lush cornucopia with silk flowers, leaves, pine cones, branches and other embellishments in traditional fall colors. All materials will be provided. A \$15 supply fee (cash only) will be collected at the beginning of class.

Sa 10-11:30 am 10/4(1class) \$18(R)/\$27(N) VLSC Dupuis 49450

# NEW FRESH FLORAL ARRANGEMENT WORKSHOP

(14+) We will discuss all the techniques to create two arrangements, from containers, using floral foam, and selection of fresh greens and flowers. All supplies and fresh flowers will be provided. A \$30 supply fee (cash only) will be collected at the beginning of class.

Sa 10-11:30 am 11/15(1class) \$18(R)/\$27(N) VLSC Dupuis 49451

# NEW HOLIDAY WRAPPING EXTRAVAGANZA

(16+) Get all your special holiday wrapping done in one 2 hour session. You may bring up to 10 boxed packages to wrap, or you may bring 10 empty boxes to wrap (no boxes will be provided). All paper, ribbon and embellishments will be provided for your coordinating packages. A \$20 supply fee (cash only) will be collected at the beginning of class.

Sa 10 am-noon 12/13(1class) \$20(R)/\$30(N) HRZN Dupuis 49452

# NEW INTRO TO CROCHET - INTERMEDIATE

(18+) This course will cover crocheting in the round, reading patterns, estimating how much yarn to purchase per project, and much more. To best engage with class materials, participants should be familiar with the slip knot, chain stitch, single crochet, and double crochet.

Tu 11 am-1 pm 9/9(5classes) \$78(R)/\$117(N) GRSC Schaapherder 49513

Tu 11 am-1 pm 10/28(5classes) \$78(R)/\$117(N) GRSC Schaapherder 49516

# NEW MAKE EARRINGS WITH PRESSED REAL FLOWERS

(18+) Step by step detailed instructions on making a pair of beautiful earrings with the real pressed flowers. See the class supply list for basic items to bring to class.

Th 12:30-3:30 pm 11/13(1class) \$29(R)/\$44(N) HRZN Lau 49425

# NEW MAKE MANDALA ART WORK WITH PRESSED FLOWERS

(18+) Students will understand the Mandala Spiritual Healing Power and finish the project during classroom time. The kitfee is \$5 cash and is in addition to the registration fee. See the class supply list for basic items to bring to class.

Th 12:30-3:30 pm 11/20(1class) \$29(R)/\$44(N) HRZN Lau 49424

# NEW PAPER DOLLS REIMAGINED

(18+) Create one-of a kind artistic paper dolls to embellish your journals, scrapbooks, planner or greeting cards. See supply list for basic items to bring to class. A \$6 cash kit fee will be collected in class in addition to the course registration fee at for specific items to complete projects.

Sa 10 am-1:30 pm 11/15(1class) \$25(R)/\$38(N) HRZN Busch 47710

# **OIL AND ACRYLIC PAINTING**

(18+) New and continuing students will focus on developing basic skills, exploring color, style and various techniques in a relaxed environment. Learn techniques using acrylic or oil paints.

М	9 am-noon	9/8(6classes)	\$76(R)/\$114(N)	VLSC	Wilson	47744	
Tu	9 am-noon	9/9(7classes)	\$98(R)/\$147(N)	VLSC	Oden	47748	
Tu	1-4 pm	9/9(7classes)	\$87(R)/\$131(N)	GRSC	Wilson	47743	
F	1-4 pm	9/12(6classes)	\$92(R)/\$138(N)	VLSC	Consalvo	47742	
М	9 am-noon	10/27(8classes)	\$98(R)/\$147(N)	VLSC	Wilson	47746	
Tu	9 am-noon	10/28(7classes)	\$98(R)/\$147(N)	VLSC	Oden	47749	
Tu	1-4 pm	10/28(8classes)	\$98(R)/\$147(N)	GRSC	Wilson	47745	
F	1-4 pm	10/24(7classes)	\$106(R)/\$159(N)	VLSC	Consalvo	47747	



# **OIL PAINT STUDIO**

(18+) For those who have some painting experience and want to grow in their ability and confidence to produce better paintings. You will provide your own reference photos, and will get individual attention as needed to grow in your skills in a friendly and encouraging environment.

W	1-4 pm	9/10(7classes)	\$98(R)/\$147(N)	VLSC	Fried	47766
W	1-4 pm	10/29(8classes)	\$87(R)/\$131(N)	VLSC	Fried	47767

# **PAINT OPEN STUDIO**

(18+) Welcome beginners, intermediate and advanced artists. Focus on the media of your choice: oils, acrylics, watercolors or mixed media. Enjoy exploring art making and expanding your skills.

M	1-4 pm	9/8(7classes)	\$78(R)/\$117(N)	VLSC	Khamis	47764
М	1-4 pm	10/27(8classes)	\$87(R)/\$131(N)	VLSC	Khamis	47765

# **PASTELS**

(18+) Learn to develop a portrait, landscape, floral, abstract, or a nonrepresentational form with ease. Please view the supply list for this class.

Th	1-3 pm	9/11(7classes)	\$72(R)/\$108(N)	VLSC	Schneider	47768
Th	1-3 pm	10/30(7classes)	\$72(R)/\$108(N)	VLSC	Schneider	47769

# **PORTRAITS**

(18+) This hands-on course is designed for artists of all skill levels, from beginners to advanced practitioners. Please view the supply list for this class.

М	1-4 pm	9/8(6classes)	\$99(R)/\$149(N)	CHAP	Gin 47907
М	1-4 pm	11/24(4classes)	\$70(R)/\$105(N)	CHAP	Gin 47908

# STUDIO PAINT II - BEGINNERS TO ADVANCED ARTISTS

(18+) Professional assistance on learning about composition, color theory, dimensioning, contrast, textures, lighting and more. Please view the supply list for this class.

Sa	9-11:30 am	9/13(6classes)	\$66(R)/\$99(N)	VLSC	Khamis 47915
Sa	9-11:30 am	11/1(5classes)	\$57(R)/\$86(N)	VLSC	Khamis 47916

### WATERCOLOR

(18+) Transparent watercolor for the beginning, as well as intermediate student will include basic techniques, color and composition using landscape, still life, and portrait. Individual attention with emphasis on learning to see as the artist does.

М	1-4 pm	9/8(5classes)	\$65(R)/\$98(N)	GRSC	Milman	47920
W	9 am-noon	9/10(6classes)	\$102(R)/\$153(N)	VLSC	Godwin	47923
Th	9 am-noon	9/11(6classes)	\$102(R)/\$153(N)	VLSC	Godwin	47658
F	9 am-noon	9/12(7classes)	\$87(R)/\$131(N)	VLSC	Milman	47922
М	1-4 pm	10/27(8classes)	\$132(R)/\$198(N)	GRSC	Amsellem	47848
W	9 am-noon	10/29(7classes)	\$117(R)/\$176(N)	VLSC	Godwin	47924
Th	9 am-noon	10/30(6classes)	\$102(R)/\$153(N)	VLSC	Godwin	47661
F	9 am-noon	10/31(7classes)	\$117(R)/\$176(N)	VLSC	Amsellem	47849

# **CERAMICS**

### ADVANCED CLAY STUDIO

(18+) Studio time for working on your clay projects independently. Equipment available includes electric wheels, slab roller, and staff-fired Cone 5/6 electric kiln, plus slips, glazes, and more. NO INSTRUCTION. Pieces created at Eldorado clay studio are eligible for firing in the studio kilns. Please bring \$20 (cash) non-refundable material fee per registered class to first meeting.

Tu	12:30-3:30 pm	9/9(13classes)	\$207(R)/\$311(N)	FLDO	Bogan 47618

### **HOME ACCENTS**

(18+) Supplies to bring to class: 25lbs Cone 5 clay, basic pottery tools, wood knife, pin tool, cutting wire, rib, sponge, brushes, apron and small bucket. \$20 non-refundable cash glaze material fee per registered class due to instructor at first class.

Sa	9:30 am-12:30 pm	9/13(14classes)	\$222(R)/\$333(N)	ELDO	Peterson	47619
Sa	1-4 pm	9/13(14classes)	\$222(R)/\$333(N)	ELDO	Peterson	47620

# INTRODUCTION TO CLAY

(18+) Introduction to basic clay techniques including coil, pinch, slab, wheel and glazing. Bring basic ceramics tools (cutting wire, brushes, sponge, needle tool) and 25 lbs Cone 5/6 clay to first class.

М	5-7:45 pm	9/8(14classes)	\$222(R)/\$333(N)	GRSC	Peterson	47624
Tu	9 am-noon	9/9(13classes)	\$207(R)/\$311(N)	ELDO	Bogan	47622
Tu	5-7:45 pm	9/9(13classes)	\$207(R)/\$311(N)	GRSC	TBA	47906
Th	9 am-noon	9/11(14classes)	\$222(R)/\$333(N)	ELDO	Bogan	47623
Th	12:30-3:30 pm	9/11(14classes)	\$222(R)/\$333(N)	ELDO	Bogan	47621
Th	5-8 pm	9/11(14classes)	\$222(R)/\$333(N)	ELDO	TBA	47709

# **DIGITAL PHOTOGRAPHY**



### **BEGINNING**

(15+) Learn the basics of photography, how to use your camera and discover what all those buttons really do. Bring your DSLR camera to each class.

M	6-7:30 pm	0/20/6/12000)	\$47(R)/\$71(N)	VLSC	Bochenek 47652
IVI	0-7.30 DIII	J/ZJIUCIASSES/	241(I/1/21T(I/I)	VLJC	DUCHEILER 41032

# INTERMEDIATE/ADVANCED

(15+) This course is for passionate photographers who understand the basics like f/stop and shutter speed and are looking to take more eye-catching photos.

1	6-7:30 pm	10/6(7classes)	\$56(R)/\$84(N)	HRZN	Marple 47653
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# COMMUNICATION

# ONLINE BEGINNER SPANISH

(14+) This class is for students who have no prior background in Spanish. Learn pronunciation, essential vocabulary, and basic grammar to communicate simple ideas.

т.,	0.20 11	0/0/14= =====	\$121(R)/\$182(N)	ONLINE	Duskkasa	47502
111	9:30-11 am	9/9/14/1355651	\$171(R)/\$187(N)	ONLINE	Ruettner	4/593

### **CONTINUING SPANISH CONVERSATION**

(14+) Have all the basics but want more speaking practice? Looking for something beyond textbook learning? Each learning group will focus on continuing practice in spontaneous speaking based on prior knowledge. We will have short lessons on more advanced grammar concepts that we will incorporate into speaking and writing practice. Further understanding of Castilian vs Latin American Spanish will be provided as well as cultural enrichment.

Tu W	5:45-7 pm	9/9(6classes)	\$66(R)/\$99(N)	VLSC	Philipp	49535
W	5:45-7 pm	10/29(7classes)	\$75(R)/\$113(N)	VLSC	Philipp	47789

### **FRENCH - CONTINUING**

(15+) Designed for continuing students wanting to increase their current knowledge in developing conversational skills, practicing pronunciation and learning essential grammatical facts in a supportive and fun environment. Purchase: French Made Simple, by Haze, 2006 edition, \$13.

Tu	5:30-7:30 pm	9/9(14classes)	\$236(R)/\$354(N)	HRZN	Gabor	47669
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### FRENCH - LEVEL I

(18+) We will begin with a focus on basic conversation, no prior knowledge needed. You will be introduced to level one grammar concepts and vocabulary acquisition. This includes present tense verb conjugation and an understanding of nouns, adjectives and gender. This course is for beginners and will include French culture and travel enrichment.

Tu 6-7:15 i	om 10/28	3(7classes)	\$86(R)/\$129(N)	VLSC	Philipp	47679
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# **ITALIAN - LEVEL 1**

(14+) This is an introductory class to the Italian language designed for students seeking speaking and listening abilities with minimal emphasis on grammar. Students will develop basic speaking, listening, reading, writing, comprehension and cultural awareness skills.

W	6:15-7:45 pm	9/10(7classes)	\$71(R)/\$107(N)	HRZN	Orso	47681
W	6:15-7:45 pm	10/29(7classes)	\$71(R)/\$107(N)	HRZN	Orso	47682

# **ITALIAN - LEVEL 2**

(14+) This intermediate Italian course is designed for students who have a basic understanding of the Italian language. If you already have knowledge of singular and plural nouns, gender differences, and the verbs "essere," "stare," and "avere," this course is the next step for you.

Th	6:15-7:45 pm	9/11(7classes)	\$71(R)/\$107(N)	HRZN	Orso	47683
Th	6:15-7:45 pm	10/30(7classes)	\$71(R)/\$107(N)	HRZN	Orso	47684

# **SPANISH - LEVEL I**

(14+) Always wanted to speak Spanish but didn't keep it up after schooling? We will begin with a focus on conversation, no prior knowledge required but helpful. You will be introduced to typical high school level one listening, reading and speaking grammar concepts including present tense verb conjugation, nouns, adjectives & gender and vocabulary acquisition. Emphasis is placed on conversation practice. Travel and cultural enrichment is included.

Tu W	4:30-5:45 pm	9/9(6classes)	\$66(R)/\$99(N)	VLSC	Philipp 49536
W	4:30-5:45 pm	10/29(7classes)	\$75(R)/\$113(N)	VLSC	Philipp 47788

# ONLINE SPANISH: STEP 1

(14+) If you know just a little of the basics in Spanish (masculine/feminine gender info, present tense verbs), this class gives you practice to converse, listen, and reviewing simple vocabulary, grammar, and sentence structure.

М	9:30-11 am	9/8(7classes)	\$66(R)/\$99(N)	ONLINE	Buettner	47791
М	9:30-11 am	10/27(8classes)	\$73(R)/\$110(N)	ONLINE	Buettner	47792

# ONLINE SPANISH: STEP 2

(14+) If you are comfortable using simple sentences in Spanish, but you want to improve fluency and mix use of the present and past, this class gives you more challenging practice.

W	10-11:30 am	9/10(7classes)	\$66(R)/\$99(N)	ONLINE	Buettner 47794
W	6-7:30 pm	9/10(7classes)	\$66(R)/\$99(N)	ONLINE	Buettner 47793
W	10-11:30 am	10/29(8classes)	\$73(R)/\$110(N)	ONLINE	Buettner 47795
W	6-7:30 pm	10/29(7classes)	\$66(R)/\$99(N)	ONLINE	Buettner 47796

# **DANCE**

# **BALLET - BEGINNING**

(18+) This class is designed for the beginning student or those with less than two years of ballet training. This casual and fun class will offer a great workout while learning ballet basics, technique, terminology and ballet combinations.

Tu	2-3 pm	9/9(14classes)	\$70(R)/\$105(N)	GRSC	Moore 47581
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# **BALLROOM DANCE - BASICS I**

(18+) Dances may include: foxtrot, waltz, cha-cha, tango, rumba, swing, and much more. No partner required, however, we cannot guarantee there will be enough partners to share during class.

M	5:50-6:45 pm	9/8(12classes)	\$67(R)/\$101(N)	VLSC	Dale 49408
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# **BALLROOM DANCE - BASICS II**

(18+) After completing 2-3 sessions of the Basics I class, this level will continue with introducing step patterns and technique in basic levels of social dancing. Dances may include foxtrot, waltz, cha-cha, tango, rumba, swing, and more.

M 6:55-7:50 pm 9/8(12classes) \$67(R)/\$101(N) VLSC Dale 494	M	6:55-7:50 pm	9/8(12classes)	\$67(R)/\$101(N)	VLSC	Dale 494
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### **BALLROOM DANCE - BASICS III**

(18+) After completing 4-5 sessions of the Basics I AND Basics II level classes, this level will continue with introducing step patterns and technique in basic levels of social dancing. Must have taken at least two Basics classes before enrolling into Basics III.

Tu	5:45-6:40 pm	9/9(13classes)	\$71(R)/\$107(N)	FFNP	Dale 49410

# **BALLROOM DANCE - BASICS IV**

(18+) After completing 5-6 sessions of the Basics I, II and III level classes, this level will continue with introducing step patterns and technique in basic levels of social dancing. No partner required; however we cannot guarantee there will be enough partners to share during class.

Tu	6:45-7:40 pm	9/9(13classes)	\$71(R)/\$107(N)	FENP	Dale 49411

# **BALLROOM DANCE - BEYOND THE BASICS**

(18+) Here's a chance for the student who has taken 4-5 sessions of the beginner's class to learn more about the basic and beginning level social dances. The focus will be to add onto the students existing step patterns and technique to help improve movement on the dance floor.

W 5:50-6:45 pm 9/10(13classes) \$71(R)/\$107(N) VLSC Dale 49412

# BALLROOM DANCE - INTERMEDIATE SMOOTH & RHYTHM

(18+) This class will focus on higher-level patterns and techniques in dances such as foxtrot, waltz, tango, rumba, cha-cha, swing, salsa, and more! Afun continuation for the student who has had at least 5 or 6 sessions of ballroom dance and who have learned 7 to 8 patterns in each of the social ballroom dances.

V 6:50-7:45 pm 9/10(13classes) \$71(R)/\$107(N) VLSC Dale 49413

# NEW TRADITIONAL HULA FOR GRACIOUS LADIES

(18+) Class includes hula, olelo (language), moolelo (history) and mele (music). Please bring a notebook and a 4-color pen (black, blue, red & green) and wear comfortable clothes. Come experience the joy!

10:30-11:30 am 10/6(10classes) \$52(R)/\$78(N) MMRA Hylander 49490

# **TAP - INTERMEDIATE**

(18+) This fast-paced intermediate class is for the fun of tapping to a variety of music and styles. Choreography for dances will be taught while learning and building on basic techniques of both rhythm and Hollywood styles. Tap shoes required.

Tu 6:15-7:15 pm 9/30(11classes) \$63(R)/\$95(N) MTNV Campi 47824

# **TAP - SENIOR BEGINNING TECHNIQUES**

(18+) Learn the basics of different dance steps and combinations while improving your memory and having fun.

Th 2:45-3:45 pm 10/2(11classes) \$63(R)/\$95(N) GRSC Campi 47825

# **TAP - SENIOR INTERMEDIATE LEVEL I**

(18+) Learn the basics of dance routines while improving your memory and having fun. If you are not at the appropriate skill level, you will be asked to withdraw and staff will do their best to locate a class at the correct level.

Th 4-5 pm 10/2(11classes) \$63(R)/\$95(N) GRSC Campi 47826

# **TAP - SENIOR INTERMEDIATE LEVEL II**

(18+) Learn more challenging dance routines while improving your memory and having fun. Please note, if you are not at the appropriate skill level, you will be asked to withdraw, and staff will do their best to locate a class at the correct level.

Th 5-6 pm 10/2(11classes) \$63(R)/\$95(N) GRSC Campi 47827

# FITNESS & HEALTH

# 30/30/30

(14+) The class will start off with 30 minutes of Aerobics, followed by 30 minutes of Strength Training and finishing up with 30 minutes of Pilates, stretch and meditation.

W 5:30-7 pm 9/10(11classes) \$94(R)/\$141(N) CACT Alfraid 47567

# **AEROBICS**

(18+) Start your day off right with this 'work at your own pace' cardio class!

Warm-up, stretch, hi/low impact cardiovascular activity are all included. Modifications are provided.

М	8:15-9 am	9/8(14classes)	\$81(R)/\$122(N)	GRSC	Alfraid 47573
Sa	8:05-8:55 am	9/13(11classes)	\$66(R)/\$99(N)	VLSC	Alfraid 47574

# **BARRE EXPRESS**

(14+) Barre Express is one of the most effective ways to change the shape of your body for a total body workout. This sculpting class blends ballet, strength training, yoga, and Pilates to create long and lean muscles to reshape your body.

M W	6:10-7 am	9/8(25classes)	\$215(R)/\$323(N)	MMRA	Spencer 47588
М	5:45-6:35 pm	9/8(11classes)	\$101(R)/\$152(N)	MMRA	Spencer 47587

# **BETTER BALANCE FOR SENIORS - LEVEL 1**

(18+) While much of the focus will be on strengthening the core and maintaining core strength, this class will also offer exercises to help seniors to walk better and prevent falls. This class will be done sitting or using the chair as a prop for standing exercises.

W	11-11:50 am	9/10(14classes)	\$145(R)/\$218(N)	VLSC	Yancy	47601	
М	11:15-12:05 pm	9/8(14classes)	\$145(R)/\$218(N)	VLSC	Yancy	47603	

# **BETTER BALANCE FOR SENIORS - LEVEL 2**

(18+) While much of the focus will be on strengthening the core and maintaining core strength, this class will also offer exercises to help seniors to walk better and prevent falls. This class will be done sitting or using the chair as a prop for standing exercises.

Th 10:15-11:05 am 9/11(13classes) \$135(R)/\$203(N) VLSC Yancy 47602

### **BODY AND MIND**

(18+) Whip your heart, mind, and body into shape while having a great time. This course combines aerobics with yoga & pilates providing a full body workout including cardio, strengthening, and flexibility.

M W	9:15-10:15 am	9/8(24classes)	\$131(R)/\$197(N)	GRSC	Alfraid	47605
F	11:15 am-12:15 pm	9/12(11classes)	\$66(R)/\$99(N)	VLSC	Alfraid	47604

# **BODY CONDITIONING**

(18+) Exercise class concentrating on enhancing body tone, strengthening, and stretching. This will include an educational aspect to incorporate fitness into everyday life.

W 8:15-9 am 9/10(11classes) \$66(R)/\$99(N) GRSC Alfraid 47606

# **BOLLYWOOD DANCE WORKOUT: WHERE FITNESS MEETS FUN!**

(14+) A Bollywood-inspired dance-fitness program that combines dynamic choreography with the hottest music from around the world. This 50-minute cardio workout cycles between higher and lower-intensity dance sequences to get you moving, sweating, and smiling.

Sa 10-11 am 9/13(14classes) \$114(R)/\$171(N) MMRA Chaughule 47904

# **BOLLYX - THE BOLLYWOOD WORKOUT!**

(14+) A Bollywood-inspired dance-fitness program that combines dynamic choreography with the hottest music from around the world. This 50-minute cardio workout cycles between higher and lower-intensity dance sequences to get you moving, sweating, and smiling.

M 6:45-7:45 pm 9/8(15classes) \$134(R)/\$201(N) HRZN Patel 47569



### **CARDIO-CORE FITNESS**

(18+) A fusion of music provides a great cardio workout and lots of fun. Reduce stress, tone your body, strengthen your muscles, increase flexibility and build core strength. All levels are welcome.

Tu 8:15-9:05 am 9/9(13classes) \$64(R)/\$96(N) VLSC Robertson 47613

### **CORE AND MORE**

(14+) Structured to accommodate all goals and fitness levels, this full body circuit training format, which incorporates cardio activity alongside weight training, is designed to strengthen your entire body.

Th 5:30-6:30 pm 9/11(14classes) \$73(R)/\$110(N) MMRA Teisch 47634

# **HOT HULA FITNESS® - POLYNESIAN DANCE**

(18+) HOT HULA fitness® is a fun, new and exciting dance workout that incorporates easy to perform dance movements set to the sound of traditional Polynesian drum beats. All ages and fitness levels will enjoy HOT HULA fitness®. "Class is NOT in a hot room."

Tu	9-10 am	9/9(11classes)	\$105(R)/\$158(N)	GRSC	Iglesias	49948
W	6-7 pm	9/10(14classes)	\$131(R)/\$197(N)	ELDO	Iglesias	49949

# NEW BARRE

(14+) This sculpting class blends ballet, strength training, yoga and Pilates to create long and lean muscles to reshape your body. Light weights, small ball and glides will be used as props. No experience necessary.

W 8-9 am 9/10(13classes) \$95(R)/\$143(N) CACT Guidera 49136

# NEW FOREVER FIT

(18+) Strength and cardio full body workout that feels good on the body, joints, and ligaments. All ages welcome!

W 2-2:55 pm 9/10(13classes) \$95(R)/\$143(N) GRSC Guidera 49134

# NEW GENTLE STRETCH

(18+) Involves slowly and deliberately lengthening a muscle or tendon under controlled tension, focusing on improving flexibility and reducing tension without causing pain, and can be performed in various positions likelying down, seated, or standing - must be able to get down and up off floor.

W 3-4 pm 9/10(13classes) \$95(R)/\$143(N) GRSC Guidera 49135

# **NEW** STRENGTH TRAINING

(18+) This class incorporates resistance and weight bearing exercises set to upbeat, energizing music.

Tu 5:30-6:25 pm 9/16(9classes) \$69(R)/\$104(N) VLSC Guidera 49132

# SENIOR CIRCUIT - CARDIO, STRETCH AND STRENGTH TRAINING

(18+) A one hour class including Cardio and Strength Training portions. Each class will be broken down into five segments: Warm Up (including stretch), Work, Cool-Down, Final Stretch and Relaxation.

Th 12:30-1:30 pm 9/11(14classes) \$111(R)/\$167(N) GRSC Brancati 47901

# **SENIOR STRENGTH TRAINING**

(18+) Resistance and strength training can enable senior citizens to regain muscle mass and strength at any age. Focus will be geared to those issues related to senior citizens.

MW	11 am-noon	9/8(30classes)	\$239(R)/\$359(N)	VLSC	Hollenbeck	47783
Tu Th	10-11 am	9/9(28classes)	\$212(R)/\$318(N)	VLSC	Brancati	47784
Tu Th	11:30 am-12:30 pm	9/9(28classes)	\$212(R)/\$318(N)	GRSC	Brancati	47785
M W	5:45-6:45 pm	9/8(29classes)	\$158(R)/\$237(N)	VLSC	Teisch	47786

# **SHIFT YOUR SHAPE**

(18+) Get ready to take on the afternoon after this full body stretch and tone workout! Balance and muscular endurance are promoted. Most of the exercises are on the mat. Join us in a friendly class to promote long term fitness and flexibility!

Tu Th 11:15 am-noon 9/30(23classes) \$50(R)/\$75(N) ELDO Reznikoff 47787

### **STEP AEROBICS**

(14+) This class provides the ideal workout for those students who want a challenge and results. It will improve strength, muscle endurance, flexibility, and balance.



Tu	6-7 pm	9/9(14classes)	\$109(R)/\$164(N)	HRZN	Martin	47797
Th	6-7 pm	9/11(14classes)	\$109(R)/\$164(N)	HRZN	Martin	47798

### STEP AND STRENGTHEN

 $(14+) \ Have a great time getting in shape while following basic step movements and being instructed on strengthening exercises. Basics are covered for those that are new to stepping and modifications are given when needed.$ 

Sa 9:15-10:15 am 9/13(14classes) \$81(R)/\$122(N) HRZN Alfraid 47799

# STRENGTH & CONDITIONING

(18+) A phasic approach to utilizing resistance training to improve health and wellness. \*Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

Tu Th 8-9 am 9/9(28classes) \$224(R)/\$336(N) MMRA Hollenbeck 49448

# **STRENGTH TRAINING - ADVANCED**

 $(18+) This class incorporates resistance and weight bearing exercises set to upbeat, energizing music. {}^{*}Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes. \\$ 

W F 8-8:55 am 9/10(29classes) \$231(R)/\$347(N) MMRA Hollenbeck 47800

# STRENGTH TRAINING - BEGINNER

(18+) This class incorporates resistance and weight bearing exercises set to upbeat, energizing music. \*Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

M Th 9-9:55 am 9/8(29classes) \$231(R)/\$347(N) MMRA Hollenbeck 47801

# STRETCH IT OUT!

(18+) This class is designed to loosen tight muscles and joints at a slow and gentle pace. Perfect for those suffering from lower back pain due to limited range of motion. Assists in greater range of motion and flexibility.

W Noon-1 pm 9/10(15classes) \$89(R)/\$134(N) VLSC Alfraid 47802

# THE TOTAL WORKOUT

(18+) Improve your cardiovascular system with gentle aerobic exercise and muscular strength using light hand weights and your own body weight as resistance.

F 9:15-10:15 am 9/12(11classes) \$66(R)/\$99(N) GRSC Alfraid 47829

### **TONE AND STRETCH**

(18+) Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning, stretching and mat work exercises are all included in this total body workout. Please bring your own hand weights.

M 8:15-9:05 am 9/8(14classes) \$68(R)/\$102(N) VLSC Robertson 47830

# **TOTAL BODY WORKOUT**

(18+) Improve your cardiovascular system with gentle aerobic exercise and muscular strength using light hand weights and your own body weight as resistance. Working out in your comfort zone is encouraged.

Th 8:05-9 am 9/11(12classes) \$60(R)/\$90(N) VLSC Robertson 47839

### **TOTALLY TONING**

(14+) Strengthen and tone your major muscle groups using weights, exercise balls, body bars and gravity. Learn proper form and technique to maximize results.

Tu 5:30-6:30 pm 9/9(14classes) \$73(R)/\$110(N) MMRA Teisch 47840

### 7IIMR A

(18+) Zumba® is a fusion of Latin and International music & dance themes to create a dynamic, exciting and effective fitness system. It allows participants to maximize their caloric and fat burning output for total body toning.

Tu	9:15-10:15 am	9/9(15classes)	\$109(R)/\$164(N)	MMRA	Kenrick	47891
Th	6:15-7:15 pm	9/11(14classes)	\$102(R)/\$153(N)	CACT	Kenrick	47892

# **ZUMBA DANCE FITNESS**

(18+) Zumba® fuses song styles, tempos, rhythms, and dance themes from around the world to create a dynamic and effective fitness system that feels more like a party than a workout! Come join the party!

Sa 9-10 am 9/13(13classes) \$74(R)/\$111(N) VLSC Moore 49898

# **ZUMBA GOLD**

(18+) Perfect for anyone who is looking for a modified Zumba® class that recreates the original moves you love at a lower-intensity. This class is ideal for beginners as well as individuals seeking a low-impact exercise program.

М	1-1:55 pm	9/8(14classes)	\$102(R)/\$153(N)	VICC	Kenrick	4700 <i>c</i>
IVI	1-1.55 hill	3/0(140(92562)	\$102(K)/\$133(N)	VLSC	Kenilick	41090
W	8:15-9:10 am	9/10(14classes)	\$102(R)/\$153(N)	VLSC	Kenrick	47895
W	10:30-11:25 am	9/10(15classes)	\$109(R)/\$164(N)	GRSC	Kenrick	47741
F	8:15-9:10 am	9/12(12classes)	\$89(R)/\$134(N)	VLSC	Kenrick	47893

# **ZUMBA GOLD**

(18+) Perfect for anyone who is looking for a modified Zumba® class that recreates the original moves you love at a lower-intensity. This class is ideal for beginners as well as individuals seeking a low-impact exercise program.

Tu Noon-1 pm 9/9(13classes) \$75(R)/\$113(N) VLSC Scott 47894



### **ZUMBA TONING**

(18+) The addition of Zumba® Toning Sticks or light dumbbells (1 to 2.5 lbs) turns up the fun and fitness at this dance party! Zumba® Toning is a circuit training that benefits cardiovascular health as well as muscle conditioning and toning.

Tu	6:15-7:15 pm	9/9(14classes)	\$102(R)/\$153(N)	CACT	Kenrick 4	17897
Tu	10:30-11:30 am	9/9(14classes)	\$102(R)/\$153(N)	MMRA	Kenrick 4	17898

# **PILATES**

### **BEGINNER TO INTERMEDIATE MAT PILATES**

(14+) Learn basic principles that progress at a steady pace to intermediate level. Whether new or looking to reset your foundation, this class will improve your core strength, posture, balance and overall strength, all in a welcoming and supportive environment.

M Th	9:30-10:30 am	9/22(25classes)	\$154(R)/\$231(N)	ELDO	Dorsey	47707
Sa	9-10 am	9/20(13classes)	\$85(R)/\$128(N)	GRSC	Dorsev	47595

# **CHAIR PILATES**

(18+) This class is designed for those who have difficulty getting up off of and down onto the floor. The class will offer exercises targeting a stronger core, healthier back, shoulders, pelvis and knees, as well as better balance. Please note that exercises will be done both while sitting and standing (using the chair for support) and students must be able to stand independently, without the support of a walker or cane.



u	8:15-9:05 am	9/9(13classes)	\$135(R)/\$203(N)	VLSC	Yancy	47625
	8:15-9:05 am	9/12(13classes)	\$135(R)/\$203(N)	VLSC	Yancy	47626

### **GENTLE CHAIR PILATES**

(18+) This class is designed for those who have difficulty getting up off of and down onto the floor. The class will offer exercises targeting a stronger core, healthier back, shoulders, pelvis and knees, as well as better balance. Please note that exercises will be done both while sitting and standing (using the chair for support) and students must be able to stand independently, without the support of a walker or cane.

Tu	9:15-10:05 am	9/9(13classes)	\$135(R)/\$203(N)	VLSC	Yancy	47671
W	9-9:50 am	9/10(14classes)	\$145(R)/\$218(N)	VLSC	Yancv	47670

# NEW CHAIR PILATES: SIT TALL - STAND STRONG!

 $(18+) \ Chair \ Pilates \ brings \ the powerful benefits of traditional \ Pilates into a safe, accessible format, helping you build core strength, improve balance and boost flexibility-all while sitting or standing with the support of a chair. This is a perfect class for those who can sit and stand without assistence, walker or cane.$ 

M 10:45-11:45 am 9/22(13classes) \$85(R)/\$128(N) ELDO Dorsey 4	М	10:45-11:45 am	9/22(13classes)	\$85(R)/\$128(N)	ELDO	Dorsev 4952
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### PILATES

(14+) This beginning Pilates class will focus on strengthening your body core, stability and balance. All levels of athletic ability are encouraged to attend. \*Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

	М	10-11 am	9/8(15classes)	\$152(R)/\$228(N)	MMRA	Nicholas	47775
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(14+) This beginning Pilates class will focus on strengthening your body core, stability and balance. All levels of athletic ability are encouraged to attend. \*Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

W	6-7 pm	9/10(14classes)	\$109(R)/\$164(N)	HRZN	Martini 47776
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# **PILATES - GOLF CONDITIONING**

(14+) This conditioning program can significantly enhance your golfing experience while extending your years of play. Increasing strength and flexibility and decrease your risk for injury.

Tu	5:-5:50 pm	9/9(14classes)	\$109(R)/\$164(N)	HRZN	Martin	47778
Th	5-5:50 pm	9/11(14classes)	\$109(R)/\$164(N)	HRZN	Martin	47777

### **PILATES FUSION**

(18+) A combination of exercises from Pilates, Barre, Core Sculpting and Yoga, this fun Pilates Fusion class will challenge and work your body and mind in different and new ways each week.

М	1:30-2:25 pm	9/8(14classes)	\$111(R)/\$167(N)	VLSC	Yancy 47735
Tu	1:30-2:25 pm	9/9(13classes)	\$104(R)/\$156(N)	VLSC	Yancy 47734
W	8:05-8:55 am	9/10(14classes)	\$111(R)/\$167(N)	VLSC	Yancy 47732
Th	1:30-2:25 pm	9/11(13classes)	\$104(R)/\$156(N)	VLSC	Yancy 47733

# **PILATES GENTLE**

(18+) This pilates class contains all the benefits to a traditional pilates class, however this style is slower and a gentler approach.

W	10:30-11:30 am	9/10(11classes)	\$68(R)/\$102(N)	GRSC	Alfraid 47779
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### PILATES INTERMEDIATE/ADVANCED

(14+) This class will focus on strengthening your body core, stability and balance. All levels of athletic ability are encouraged to attend. Three months of Pilates experience suggested. \*Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

W 10-11 am 9/10(15classes) \$152(R)/\$228(N) MMRA Nicholas
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# TAI CHI

# NEW TAI CHI - BEGINNING

Form, a slow, graceful, rhythmic exercise, which promotes good health and improves balance, memory and concentration.



### **BEGINNING**

(18+) Learn the Yang Style Long Form, a slow, graceful, rhythmic exercise, which promotes good health and improves balance, memory and concentration. Beginning class will cover positions from the first section.

M	10:45 am-12:15 pm	9/8(14classes)	\$89(R)/\$134(N)	GRSC	Isaacson	47821
Tu	6-7 pm	9/9(14classes)	\$58(R)/\$87(N)	MMRA	Oestreich	47822
W	9:30-10:30 am	9/10(14classes)	\$63(R)/\$95(N)	VLSC	Navarro	47816
W	10:45-11:45am	9/10(14classes)	\$63(R)/\$95(N)	VLSC	Isaacson	47815
W	5:30-7 pm	9/10(13classes)	\$83(R)/\$125(N)	GRSC	Isaacson	47814
Th	9-10:30 am	9/11(12classes)	\$78(R)/\$117(N)	VLSC	Isaacson	47819
Th	11:15 am-12:45 pm	9/11(14classes)	\$89(R)/\$134(N)	VLSC	Navarro	47820
F	9:30-10:30 am	9/12(12classes)	\$55(R)/\$83(N)	VLSC	Navarro	47817
Sa	9-10 am	9/13(11classes)	\$52(R)/\$78(N)	GRSC	Isaacson	47818

# INTERMEDIATE (18+)

Students must be proficient in positions from the first section.

W 10:45-11:45 am 9/10(14classes) \$56(R)/\$84(N) VLSC Navarro 4	47823	
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# ADVANCED (18+)

Students must be proficient in the positions from the first and second section.

W	9:30-10:30 am	9/10(14classes)	\$56(R)/\$84(N)	VLSC	Isaacson 47813
F	9:30-11 am	9/12(12classes)	\$69(R)/\$104(N)	VLSC	Isaacson 47811
Sa	10:15-11:45 am	9/13(11classes)	\$64(R)/\$96(N)	GRSC	Isaacson 47812

# **MEDITATION & YOGA**

# INTRODUCTION TO MEDITATION

(18+) Learn the basics for a successful meditation practice, along with the history, benefits and misconceptions of Meditation and Mindfulness.

Tu	10:30 am-12:30 pm 9/23(1classes)	\$23(R)/\$35(N)	VLSC	Long 49483

# **MEDITATION FOR EVERYONE**

(18+) Join us and learn the basics of meditation to set up your own home practice. We will also explore various forms of meditation and relaxation methods.

F	12:15-1:05 pm	9/12(13classes)	\$104(R)/\$156(N)	VLSC	Yancy 47697
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# MEDITATION FOR THE MODERN MIND

(18+) Come, sit and enjoy meditation to quiet the mind and soothe the soul. Experience a variety of meditation techniques and discover one that works for you.

Tu	1:30 -3:30 pm	9/23(2classes)	\$35(R)/\$56(N)	GRSC	Long 49473
Tu	1:30-3:30 pm	10/14(5classes)	\$73(R)/\$110(N)	GRSC	Long 49474

# MEDITATIVE MOVEMENT

(18+) Join us for meditative movement with the Feldenkrais Method®. This workshop will highlight two classic Awareness Through Movement® (ATM) lessons.

Tu	10:30-11:30 am	10/7(2classes)	\$20(R)/\$30(N)	VLSC	Haynes	47910
Th	10:30 am-12:30 pm	9/25(1class)	\$20(R)/\$30(N)	VLSC	Haynes	47909
W	9:30-11:30 am	11/5(1class)	\$20(R)/\$30(N)	VLSC	Haynes	49459
W	9:30-11:30 am	12/3(1class)	\$20(R)/\$30(N)	VLSC	Haynes	49461

# **ACTIVE CHAIR YOGA**

(18+) Chair yoga is a safe, effective way to build strength, increase flexibility and improve balance. Good for people who are returning to an exercise routine, have limited mobility or difficulty getting up and down from the floor.



Th 9:30-10:30 am 10/9(9classes) \$74(R)/\$111(N) GRSC Mulli
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# **ALL LEVELS CHAIR YOGA**

(18+) This class is designed for those who want to take a yoga class, but have difficulty getting up off of and down onto the floor. Beginners are welcome and no previous yoga experience is needed.

М	9:15-10:10 am	9/8(14classes)	\$111(R)/\$167(N)	VLSC	Yancy	47575
F	11:15 am-12:10 pm	9/12(13classes)	\$104(R)/\$156(N)	VLSC	Yancy	47576
F	9:15-10:10 am	9/12(13classes)	\$104(R)/\$156(N)	VLSC	Yancy	47577
Th	9:15-10:10 am	9/11(13classes)	\$104(R)/\$156(N)	VLSC	Yancy	47578
W	10-10:55 am	9/10(14classes)	\$111(R)/\$167(N)	VLSC	Yancy	47579
М	10:15-11:10 am	9/8(14classes)	\$111(R)/\$167(N)	VLSC	Yancy	47580

# **CHAIR YOGA - INTERMEDIATE**

(18+) This class is designed for those with previous yoga or chair yoga experience and who want to take a challenging yoga class, but have difficulty getting up off of and down onto the floor. Previous yoga or chair yoga experience is needed and students must be able to stand and walk independently, without the support of a walker or cane.

М	8:15-9:10 am	9/8(14classes)	\$111(R)/\$167(N)	VLSC	Yancy 47630
Th	8:15-9:10 am	9/11(13classes)	\$104(R)/\$156(N)	VLSC	Yancy 47629

# **GENTLE CHAIR YOGA**

(18+) A chair is used for support, balance, and depth of poses. Detailed instruction and variations make this class accessible to students with all levels and yoga experience. Approximately 15 minutes of each class will be done standing, working to improving balance and mobility.

F	10:15-11:10 am	9/12(13classes)	\$104(R)/\$156(N)	VLSC	Yancv 47672
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# **YOGA - ALL LEVELS**

(14+) The physical practice uses poses which both stretch and strengthen the body. Release tension, restore vitality and improve posture.

W	9:30-10:45 am	9/10(12classes)	\$97(R)/\$146(N)	MMRA	Stewart	47875	
W	6:30-7:45 pm	9/10(14classes)	\$86(R)/\$129(N)	MMRA	Malaekeh	47854	
F	9:30-10:45 am	9/12(6classes)	\$43(R)/\$65(N)	HRZN	Silecchia	47855	
F	9:30-10:45 am	10/31(8classes)	\$54(R)/\$81(N)	HRZN	Silecchia	47856	

# NEW YOGA ALL LEVELS

(14+) The physical practice uses poses which both stretch and strengthen the body. Release tension, restore vitality and improve posture.

Tu	6·30-7·30 nm	9/16/9classes)	\$69(R)/\$104(N)	VI SC	Guidera 49133

# **YOGA BASICS**

(18+) Focus is on essentials of the yoga practice with a gentle approach based on skillful alignment, breath, building core strength and increasing flexibility. Beginner friendly; also perfect for continuing students.

W	11 am-noon	9/10(12classes)	\$79(R)/\$119(N)	MMRA	Stewart 47876
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# **BEGINNING YOGA**

(18+) This class is to help calm and heal the mind and body through principles of mindfulness meditation; gentle alignment-based yoga poses; and restorative yoga poses. Props such as straps, blocks, cushions, chairs and yoga mats will be utilized when appropriate.

W	10:30 am-Noon	9/10(15classes)	\$133(R)/\$200(N)	CACT	Sikes	47600
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# YOGA - BEGINNING

(18+) The physical practice uses poses which both stretch and strengthen the body. Release tension, restore vitality and improve posture. This time is used to find ways to relax, release stress and create a better awareness of the body.

Th	10:45 am-12:15 pm 9/11(5classes)	\$60(R)/\$90(N)	VLSC	Parrow 47858
Th	10:45 am-12:15 pm 10/23(6classes)	\$70(R)/\$105(N)	VLSC	Parrow 47859

# **FLEX AND FLOW YOGA**

(18+) Discover the joy of movement in Flex and Flow Yoga, an inclusive class designed to introduce you to the transformative benefits of yoga. Embrace and celebrate your unique body as you build flexibility, strength, and inner calm.

M	6:45-7:45 pm	9/8(15classes)	97(R)/\$146(NR)	CACT	Queen 47928
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### **YOGA - GENTLE BEGINNING**

(18+) The physical practice uses poses which both stretch and strengthen the body. Release tension, restore vitality and improve posture. This time is used to find ways to relax, release stress and create a better awareness of the body.

M	9:30-11 am	9/8(15classes)	\$133(R)/\$200(N)	GRSC	Sikes 47867
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# **YOGA - GENTLE**

(18+) Discover the joy of unifying body, mind and spirit in this slower-paced class designed to relax, stretch and strengthen your body with gentle yoga poses, movement, and centered breathing. All levels welcome.

М	11 am-12:15 pm	9/8(6classes)	\$54(R)/\$81(N)	VLSC	Gustafson	47862
М	11 am-12:15 pm	10/27(7classes)	\$61(R)/\$92(N)	VLSC	Gustafson	47863
F	10:30 am-noon	9/12(13classes)	\$139(R)/\$209(N)	GRSC	Parrow	47864
Tu	9:15-10:45 am	9/9(7classes)	\$71(R)/\$107(N)	GRSC	Vershure	47865
Tu	9:15-10:45 am	10/28(7classes)	\$71(R)/\$107(N)	GRSC	Vershure	47866

### YOGA - GENTLE/RESTORATIVE

(18+) This slower paced, restorative class is designed to focus on breathing, relaxation and gentle stretching and balance within your body, mind and spirit. This time is used to find ways to relax, release stress and create a better awareness of the body.

Tu	10:15-11:40 am	9/9(13classes)	\$151(R)/\$227(N)	VLSC	Yancy	47869
Th	2:30-3:55 pm	9/11(13classes)	\$151(R)/\$227(N)	VLSC	Yancy	47868

# NEW GENTLE SLOW FLOW

(18+) Explore gentle movement learning to flow through postures slowly to learn form and build strength. Class will work on alignment, breath, cultivating balance, and building strength.

W	8:05-9 am	9/10(7classes)	\$51(R)/\$77(N)	GRSC	Gustafson	47929
W	8:05-9 am	10/29(8classes)	\$56(R)/\$84(N)	GRSC	Gustafson	47930

# NEW HATHA YOGA

(18+) The benefits of Hathayoga include better sleep, strengthening core muscles, improving depression symptoms, and helping with stress management, as well as an effective way to lose weight. All levels welcome.

М	6-7 pm	9/8(14classes)	\$71R/\$107N	MMRA	Malaekeh	47677
Th	10:30-11:45 am	9/11(7classes)	\$61(R)/\$92(N)	GRSC	Smith	47934
Th	10:30-11:45 am	10/30(7classes)	\$61(R)/\$92(N)	GRSC	Smith	47935

# **YOGA - INTERMEDIATE**

(18+) The physical practice uses poses which both stretch and strengthen the body. Release tension, restore vitality and improve posture.

М	9:30-10:45 am	9/8(6classes)	\$54(R)/\$81(N)	VLSC	Gustafson	47870
Th	9:15-10:30 am	9/11(5classes)	\$52(R)/\$78(N)	VLSC	Parrow	47871
Th	9:15-10:30 am	10/23(6classes)	\$60(R)/\$90(N)	VLSC	Parrow	47872
М	9:30-10:45 am	10/27(7classes)	\$61(R)/\$92(N)	VLSC	Gustafson	47873

# NEW INTRO TO ARM BALANCES AND INVERSIONS

(18+) Learn beginning arm balances like crow, crane, side crow, and firefly as well as headstand variations, and drills for forearm stand and handstand.

F	10:30-11:30 am 9/12(7classes)	\$56(R)/\$84(N)	ELDO	Gustafson 49486
F	10:30-11:30 am 10/31(8classes)	\$63(R)/\$95(N)	ELDO	Gustafson 49567

# **JOURNEY INTO YOGA**

(18+) Explore the fundamentals of yoga based on breath work, mindfulness, alignment, building strength and increasing flexibility.

Th	9-10:15 am	9/11(5classes)	\$46(R)/\$69(N)	GRSC	Smith	47685
Th	9-10:15 am	10/30(7classes)	\$61(R)/\$92(N)	GRSC	Smith	47686

# NEW MINDFUL MOVEMENT

(18+) This is a beginning level class with no prerequisites required. While it is not a "chair yoga class" it will incorporate both seated in a chair, and standing beginning yoga poses, light hand weights for overall strength and toning of the legs and arms. Yoga mats, bolsters and blocks are provided.

F	9-10:15 am	10/17(9classes)	\$85(R)/\$128(N)	GRSC	Parrow	47874
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# NEW SCULPT FUSION

(18+) A combination of yoga, pilates, barre, and core strengthening using weights. Flow through this class with fun music challenging your body and building strength.

F	9:15-10:15 am	9/12(7classes)	\$56(R)/\$84(N)	ELDO	Gustafson 49489
F	9:15-10:15 am	10/31(8classes)	\$63(R)/\$95(N)	ELDO	Gustafson 49568

# **NEW** YOGA FOR JOINT HEALTH

(18+) A slow moving class with long holds designed to stimulate deep tissue. Helps stop creaking, cracking and popping renewing mobility and relieving pain.

W	9:15-10:15 am	9/10(7classes)	\$51(R)/\$77(N)	GRSC	Gustafson 47931
W	9:15-10:15 am	10/29(8classes)	\$56(R)/\$84(N)	GRSC	Gustafson 49488

# **YOGA FOR STRONG BONES - ALL LEVELS**

(18+) This gentle class emphasizing safe and proper alignment is for anyone wanting to improve bone density and strength, posture, balance and muscular strength.

Tu	11 am-12:30 pm 9/9(7classes)	\$71(R)/\$107(N)	GRSC	Vershure 47877
Tu	11 am-12:30 pm 10/28(7classes)	\$71(R)/\$107(N)	GRSC	Vershure 47878

# **YOGA IN THE PARK - ALL LEVELS**

(18+) Discovering the joy of unifying body, mind and spirit in this slower-paced class designed to relax, stretch and strengthen your body with gentle yoga poses, movement, and centered breathing. Bring your mat, a blanket or large towel, and (optional) blocks.

W 10	):30 am-noon	10/15(20classes)	\$97(R)/\$146(N)	PMPK	Vershure	47880
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# YOGA NIDRA WITH SOUND EXPERIENCE

(18+) The class is beginner friendly and can help individuals with releasing emotional tension, allowing one's muscles to relax, and acts to calm the nervous system-followed by a Soothing Sound Experience that uses healing vibrations to cleanse and harmonize at all levels, mind, body, heart and soul.

Tu 10:30 am-12:30 pm 11/25(3classes)	\$48(R)/\$72(N)	VLSC	Long 49484
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# FIRST AID & SAFETY

# **DOG OBEDIENCE - TEACH FIDO MANNERS**

(16+) Training can begin at 20 weeks to senior age. Reactive or aggressive dogs are better suited for private sessions and not permitted in the class setting. No retractable leashes.

W	5:45-7 pm	10/15(1class)	\$31(R)/\$47(N)	ELDO	Strauss	49532
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# PET CPR & FIRST AID - BE READY!

(14+) In this one day workshop learn to assess Pet's Vitals, Bleeding & Shock Management, Choking Management, Heat Emergencies, Pets & Disaster Safety Checklist, Bites & Stings, Restraining & Muzzling, Primary Assessment (know what actions to take in the first 15-25 seconds), Rescue Breathing & CPR. No pets allowed.

# **HOBBIES & INTEREST**



# **BEGINNING AMERICAN MAH JONGG**

(18+) Learn the American version of an ancient Chinese game that challenges memory skills and expands social networks. Game fundamentals are taught in short presentations followed by tile exercises and practice games.

Tu	10 am-noon	9/9(7classes)	\$51(R)/\$77(N)	GRSC	Turner	49414
Tu	10 am-noon	10/28(7classes)	\$51(R)/\$77(N)	GRSC	Turner	49544

# **BRIDGE - BEGINNING**

(18+) This class starts with the basic terminology, seating, dealing, sorting suits, scoring, etc. Weekly review and open discussion help players develop communications skills with their partners.

W	9:30-11:30 am	9/10(7classes)	\$64(R)/\$96(N)	VLSC	Bigham	47608	
W	9:30-11:30 am	10/29(8classes)	\$72(R)/\$108(N)	VLSC	Bigham	47609	



### BRINGE - INTERMEDIATE

(18+) This class is a continuation of the beginning class. Much of the class time will be spent on supervised practice. Please note, if you are not at the appropriate skill level, you will be asked to withdraw and staff will do their best to locate a class at the correct level.

M	9:30-11:30 am	9/8(7classes)	\$64(R)/\$96(N)	GRSC	Bigham 49	139
Th	9:30-11:30 am	9/11(7classes)	\$64(R)/\$96(N)	VLSC	Bigham 47	610
Th	9:30-11:30 am	10/30(7classes)	\$64(R)/\$96(N)	VLSC	Bigham 47	611
М	9:30-11:30 am	10/27(6classes)	\$56(R)/\$84(N)	GRSC	Bigham 49	140

# **CANASTA FOR BEGINNERS**

(18+) Learn the basics of this fun and stimulating game. Canasta helps strengthen one's cognitive skills and provides students with socially rewarding experiences. All materials provided.

F 10	am-noon	9/26(6classes)	\$45(R)/\$68(N)	VLSC	Bellet	47612
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# **CANASTA - INTERMEDIATE**

(18+) This class is for students who have taken Canasta lessons in the past and have working knowledge of Modern American Canasta rules. There will also be more in-depth instruction on special hands, scoring, and defensive maneuvers.

F	10 am-noon	11/7(5classes)	\$39(R)/\$59(N)	VLSC	Bellet 49576
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### **CHESS**

 $(18+) \, Learn \, the \, fundamentals \, of \, Chess. \, You'll \, practice \, new \, tactics \, and \, strategies \, in \, a \, fun \, and \, inclusive \, environment.$ 

F	9-11 am	9/12(7classes)	\$64(R)/\$96(N)	VLSC	Bigham	47631
F	9-11 am	10/31/7classes)	\$64(R)/\$96(N)	VLSC	Righam	47632

# **CREATIVE WRITING**

(18+) Creative writing class will focus on craft. This will include creative writing prompts, plot/character development, help with revision and constructive feedback. All levels and creative writing forms welcome.

W	Noon-2 pm	9/10(7classes)	\$78(R)/\$117(N)	VLSC	Robertson	47639
W	Noon-2 pm	10/29(8classes)	\$87(R)/\$131(N)	VLSC	Robertson	47640

### **CREATIVE WRITING II**

(18+) In this class we will continue to hone our writing craft and prepare our writing for submission. Creative Writing I is a prerequisite for this class.

W	2:30-4:30 pm	9/17(6classes)	\$68(R)/\$102(N)	VLSC	Robertson	47641
W	2:30-4:30 pm	10/29(8classes)	\$87(R)/\$131(N)	VLSC	Robertson	47642

# ONLINE DISCOVER VOICE-OVER: LEARN HOW TO MAKE MONEY VOICING COMMERCIALS

(18+) This course will introduce members of the community to an exciting and fulfilling part-time hobby or full-time career option. At the end of the 2-hour course, students know if this is something they want to pursue.

W	6:30-8:30 pm	9/24(1class)	\$27(R)/\$41(N)	ONLINE	Reiss	47680
Sa	10 am-noon	11/15(1class)	\$27(R)/\$41(N)	ONLINE	Reiss	49570

# NEW EASY JAPANESE MAH JONGG – BEGINNER

(18+) Learn the American version of an ancient Chinese game that challenges memory skills and expands social networks. Game fundamentals are taught in short presentations followed by tile exercises and practice games.

Tu	Noon-1:30 pm	9/2(5classes)	\$54(R)/\$81(N)	VLSC	Rearden 49491
Tu	4-5:30 pm	9/2(5classes)	\$54(R)/\$81(N)	VLSC	Rearden 49496
Tu	Noon-1:30 pm	11/18(5classes)	\$54(R)/\$81(N)	VLSC	Rearden 49492
Tu	4-5:30 pm	11/18(5classes)	\$54(R)/\$81(N)	VLSC	Rearden 49495

# NEW EASY JAPANESE MAH JONGG – EXPERIENCED MAH JONGG PLAYERS

(18+) For experienced American or any other type of Mah Jongg players. If you have experience with any other type of Mah Jongg, this class will be an easy transition to learn the Japanese version. Prior Mah Jongg experience is required.

Tu	10:30 am-noon 9/23(2classes)	\$28(R)/\$42(N)	VLSC	Rearden 49493
Tu	10:30 am-noon 12/9(2classes)	\$28(R)/\$42(N)	VLSC	Rearden 49494

### **MAH JONGG - BEGINNING**

(18+) Learn the American version of an ancient Chinese game that challenges memory skills and expands social networks. Game fundamentals are taught in short presentations followed by tile exercises and practice games.

М	12:30-2:30 pm	9/8(7classes)	\$79(R)/\$119(N)	VLSC	Weiner 47693
М	12:30-2:30 pm	10/27(8classes)	\$89(R)/\$134(N)	VLSC	Weiner 47694

# MAH JONGG INTERMEDIATE- ADVANCED

 $(18+) \ Classes will expand the skills of the basic Mah Jongg player by focusing on the strategic and competitive elements of the game, including preparation for tournament play. This class is for people who have played Mah Jongg American Version continuously for at least 6 months.$ 

М	2:45-4:45 pm	9/8(7classes)	\$79(R)/\$119(N)	VLSC	Weiner 47695
М	2:45-4:45 pm	10/27(8classes)	\$89(R)/\$134(N)	VLSC	Weiner 47696

# **NEW AZ RESIDENTS - TAX AND TRUST LAWS**

(21+) You need to attend this class if you are a new Arizona resident or have not updated your estate plans since you moved to Arizona. Explore Arizona community property, trusts, wills, powers of attorney, estate & gift taxes, and how title to your assets affects your estate plans.

Th	6:15-7:45 pm	10/23(2classes)	\$21(R)/\$32(N)	HRZN	Shellander 47706	
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# NEW LET'S PLAY TABLE TENNIS

(16+) In this class, we will practice improving our strokes and drills, improve your serves and how to read spin better. We will work in some game strategies to use, and there will be time for practice and open play, and match play too!



Th	4:30-6 pm	9/11(5classes)	\$59(R)/\$89(N)	VLSC	Miller-Reyes 4	19442
Th	4:30-6 pm	10/30(5classes)	\$59(R)/\$89(N)	VLSC	Miller-Reyes 4	19482

# PROTECTING YOUR FAMILY & PLANNING YOUR LEGACY

(21+) Nothing is more valuable than protecting your kids, spouse, and loved ones (whether they be the 2 or 4-legged kind). Come Learn and be Empowered by an experienced Scottsdale Attorney, practicing for over 30 years.

F	2-4pm	11/7(1class)	\$19(R)/\$29(N)	CHAP	Tritch 49577
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# RETIREMENT INCOME PLANNING

(21+) This class is designed to educate you on the subject matter of Retirement Income in the least irritating and boring manner possible. Topics covered include: inflation, taxable vs. tax free assets, qualified plans, rollover considerations, social security, Medicare, estate conservation and distributing assets in an organized fashion. Taught by a Fiduciary and Investment Advisor.

W	6-7:45 pm	9/17(1class)	\$17(R)/\$26(N)	CHAP	Fliehman	50246
Tu	6-7:45 pm	10/14(1class)	\$17(R)/\$26(N)	VLSC	Fliehman	50247
Th	6-7:45 pm	11/13(1class)	\$17(R)/\$26(N)	HRZN	Fliehman	50248
Th	6-7:45 pm	12/11(1class)	\$17(R)/\$26(N)	VLSC	Fliehman	50249

### STARTING AND BUILDING YOUR BUSINESS FOR SUCCESS

(21+) Have you been thinking of starting a business or taking your small business to the next level but don't know where to start? Come learn from an experienced Scottsdale Attorney who has been practicing for over 30 years on the nuts and bolts of forming your company, taxation, contracts, employment, licenses, and intellectual property.

F	1-4 pm	9/26(1class)	\$23(R)/\$35(N)	CHAP	Tritch 49578
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### **SUDOKU FOR BEGINNERS**

(18+) In this class you'll learn the fundamentals and basics of gameplay. We will learn several strategies such as naked pairs, hidden pairs, pointed pairs, crosshatching and intersection removal strategy.

F	11:15 am-1:15 pm	9/12(7classes)	\$64(R)/\$96(N)	VLSC	Bigham	49404
F	11:15 am-1:15 pm	10/31(6classes)	\$56(R)/\$84(N)	VLSC	Bigham	49405

# TRUSTS, WILLS AND ESTATE PLANNING

(21+) Unravel the mystery surrounding trusts, wills, powers of attorney and other estate planning instruments. Learn how title to your assets and how community property can save on income taxes.

Tu 6:15-7:45 pm 10/14(2classes) \$21(R)/\$32(N) HRZN Shella
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# **MUSIC**

# **BEGINNING ADULT GUITAR 1**

(14+) Beginner 1 students will cover notes on the first three strings and then we add 6-8 chords to songs. Students use their own guitar. Acoustic or electric 6 string guitars welcome, small amplifiers can be used. Please bring a 3-ring binder to first class.

М	6-6:45 pm	9/8(7classes)	\$57(R)/\$86(N)	CHAP	Fahy	49406
М	6-6:45 pm	10/27(8classes)	\$64(R)/\$96(N)	CHAP	Fahy	49538

# **BEGINNING ADULT GUITAR 2**

(14+) \*\*Student needs to have taken Beginner 1 before registering for this class, unless you have instructor approval. Beginner 2 students will cover reading music, notes on all 6 strings and 11-15 chords. Please bring a 3-ring binder if you didn't have one from Beginning 1.

М	7-7:45 pm	9/8(7classes)	\$57(R)/\$86(N)	CHAP	Fahy 494	07
М	7-7:45 pm	10/27(8classes)	\$64(R)/\$96(N)	CHAP	Fahy 495	39

# PIANO/KEYBOARD TEEN/ADULT

(13+) Learn to read music on the treble clef in a lead sheet format and play chords using our exclusive chordometer. Keyboards are provided for each student for classroom use; and all music materials are included at no extra charge.

W	6:30-7:30 pm	9/17(6classes)	\$124(R)/\$186(N)	HRZN	Elements Music	47771
W	6:30-7:30 pm	10/29(6classes)	\$124(R)/\$186(N)	HRZN	Elements Music	47772

# THE JOY OF PLAYING THE RECORDER

(18+) Discover - or rediscover - your musical self with a beautiful instrument, the recorder. No previous music experience required, but practice at home is expected. The teacher is the music director of the Desert Pipes, the Phoenix-area chapter of the American Recorder Society.

	M	0.20 10.20 am	10/6/10classos)	\$68(R)/\$102(N)	VISC	Koenig 47828
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# NEIGHBORHOOD COLLEGE FALL 2025 CLASS LIST

# **HOA/CONDOMINIUM BOARD SERIES**

# 2025 Legislative Update & How to Effectively Work with Your Community Manager

Th	9/18	1-3 pm	Mustang Library Auditorium	10101 N. 90th St.				
Amending Your CC&Rs								
М	9/29	6-8 pm	Community Design Studio	7506 E. Indian School Road				
Prac	Practical Strategies for Aging HOAs/Condos							
W	10/8	1-3 pm	Mustang Library Auditorium	10101 N. 90th St.				
Ther	The Design of Effective Design Markings Ones & Everytive Cossions							

# The Basics of Effective Board Meetings - Open & Executive Sessions

# HOA/Condo Case Law:

9/24

1-2 pm

# Recent Decisions and How They Might Affect Your Community

W	11/5	1-3 pm	Community Design Studio	7506 E. Indian School Road
HOA/	Condo	minium	Board Roundtable	

Mustang Library - Book Discussion Room

10101 N. 90th St.

# Special guest: Scottsdale short-term rental squad

Spec	iai gue.	3t. 3tott	isuale short-term rental squad		
W	10/15	1-2 pm	Mustang Library – Book Discussion Room	10101 N. 90th St.	
Speci	ial guest: I	Water Cons	ervation Specialist		
W	11/12	1-2 pm	Mustang Library – Book Discussion Room	10101 N. 90th St.	
Special guest: Scottsdale Police Officer					

# SCOTTSDALE BEHIND THE SCENES SERIES

This new series will invite Scottsdale residents to come and meet our amazing charter officers and their staff to learn how and why they do, what they do! This will go more in-depth than an overview in a citizen academy and leave time for questions.

### Behind the Scenes: City Clerk and City Auditor

# STORIES OF SCOTTSDALE HISTORY SERIES

# Hallowed Tales of Scottsdale

Th	10/30	7-8 pm	Community Design Studio	7506 E. Indian School Road
Nigh	tmare i	n McCor	mick Ranch	
Tu	11/4	9-11 am	Community Design Studio	7506 E. Indian School Road

### The Scottedale Waterfront: From Desert to Destination

i ile 3	LULLSU	ale wale	inonic. From Desert to Destination	
М	11/10	1-3 pm	Mustang Library Auditorium	10101 N. 90th St.

Learn more at: ScottsdaleAZ.gov, search "Citizen Service"



# **ADAPTIVE RECREATION**

8102 E. Jackrabbit Road (ADSC) 480-312-2234

**CONTACT**:

AdaptiveRecreation@ScottsdaleAZ.gov

Go to ScottsdaleAZ.gov, search "Adaptive Recreation"

The City of Scottsdale Adaptive Recreation's goal is to provide fun, safe and meaningful social and recreational opportunities for participants with neuro and physical diversities. Using art, dance, music, life skills, recreation and sports, we provide opportunities to grow physically, emotionally, cognitively and socially.

Please contact Adaptive Recreation if you need an accommodation for any program listed within the Scottsdale Leisure Education Guide.

# SOCIAL OPPORTUNITIES

(15+) Explore recreation and leisure interests through a variety of activities while engaging with peers.

# SPECIAL OLYMPICS HEALTHY LEAP

Healthy LEAP (Lifestyle, Education, and Practice) is a 7-week health education curriculum provided by Special Olympics Arizona (SOAZ), designed for people with intellectual disabilities. Through engaging lessons and activities, participants will explore four pillars of health: Physical, Nutritional, Emotional, and Social Wellness.

W	6-7:30 pm	10/29, 11/5, 11/12, 12/3, 12/10, 1	2/17	
		FREE	ADSC	49569

# KARAOKE

Showcase talent, enjoy music, and engage with friends in a lively atmosphere singing along to your favorite tunes.

Tu	6-7:30 pm	11/25	FREE	ADSC	49465

# FRISBEE FRENZY

Frisbee + Football + Soccer = Nonstop FUN! Get ready to run, pass and score in this high-energy Adaptive Recreation mash-up. No tackling just teamwork and tons of laughs. Whether you're a first-timer or frisbee pro, everyone is welcome, come catch the vibe!

	Tu	6-7:30 pm	12/2	FREE	ADSC	49466
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# **BAKING: CINNAMON SNOWBALL COOKIES**

 $Prepare \ a \ winter y \ holiday \ treat! \ Celebrate \ the \ holiday \ with some \ warm, \\ cinnamon \ snowball \ cookies \ and \ learn \ how \ to \ make \ them \ at \ home.$ 

Tu	6-7:30 pm	12/9	\$5(R)/\$7(NR)	ADSC	49467

# **GAME SHOW NIGHT**

Get Ready to Play....Game Show Style! Lights, Buzzers, Action! Join us for an exciting evening of laughs, surprises and friendly competition at our Adaptive Recreation Game Show Night. Get ready to say..."I'll take FUN for 100, please!"

Τι	J 6-	7:30 pm	12/16	FREE	ADSC	49468



# **SCOTTSDALE AQUATICS OFFERS:**







For more information, go to ScottsdaleAZ.gov and search "Aquatics."

# **POOL LOCATIONS:**

# **CACTUS AQUATIC & FITNESS CENTER (CACT)**

7202 E. Cactus Road | 480-312-7665

# **CHAPARRAL AQUATIC CENTER (CHAA)**

5445 N. Hayden Road | 480-312-2361

# **ELDORADO AQUATIC & FITNESS CENTER (ELDA)**

2301 N. Miller Road | 480-312-2484

# MCDOWELL MOUNTAIN RANCH AQUATIC & FITNESS CENTER (MMRA)

15525 N. Thompson Peak Parkway | 480-312-6677

# **FALL POOL HOURS:**

Visit Scottsdale AZ.gov and search "Aquatics" for specific hours of operation and entrance fees.

# **LAP SWIM RATES**

Adult (R) \$4 / Adult (N) \$6	CACT / CHAA / ELDA / MMRA
Child (R) \$3 / Child (N) \$4	CACT / CHAA / ELDA / MMRA

# **WE'RE HIRING!**

Becoming a lifeguard is a fun and rewarding experience – and it's not just a summer job. Become part of Scottsdale's incredible aquatics team this fall and enjoy a job with flexible hours, a great team environment, and valuable experience.

### Here's How:

Step 1. Get certified – Sign up for a course today!

 $Step\,2.\,Complete\,and\,submit\,a\,City\,of\,Scotts dale\,job\,application$ 

Step 3. Participate in a Skills Assessment\*

\*The Skills Assessment is an interview process consisting of various scenarios where the applicant must demonstrate basic competency in critical rescue skills. Application must be received by Scottsdale Human Resources prior to attending a skills assessment. Applicants will receive a phone call with the specific time and location of the skills assessment.

Go to ScottsdaleAZ.gov, search "Become a Lifeguard"



# LEARN TO SWIM LESSONS

All City of Scottsdale Instructors are certified by the StarFish Aquatic Institute. The water and safety program teaches swimming and safety skills in a logical progression. It is important for the student to be registered in the proper level. Please use the age guidelines and the class descriptions to help determine the appropriate level for your child. Detailed information can be provided by the aquatic staff. Swim Lesson Assessments are also offered by the staff to help determine the child's current level. Please call if you have questions.

- Please note: If your child's skill level is not within the advertised age range, please contact the aquatic facility to discuss age override options.
- Each weekday class is 30 minutes in length Saturday classes are 45 minutes.

Please Note: Classes must meet minimum enrollment levels. Classes will be cancelled one week prior to the start date if the minimum enrollment level is not met.

**Waitlist Policy**-Waitlisted participants will be called and will have 24 hours to respond if there is an opening in a class. Waitlisted participants will be removed if they do not respond. Waitlists will not be managed after the 3rd class.

### **FALL SESSION DATES:**

Lessons run on Mondays and Wednesdays for four weeks and Saturdays for eight weeks

Session 1: M/W	9/8-10/1	CACT / ELDA / MMRA
Sat. Swim Lessons:	9/6-10/11	MMRA

# **TEEN LEARN TO SWIM**

(11-17yrs) It is never too late to learn to swim or improve your strokes! This class is geared toward youth who want to learn the basics and/or want to improve their swimming techniques.

# **ADULT LEARN TO SWIM**

(13yrs+) It is never too late to learn to swim or improve your strokes! This class is geared toward adults who want to learn the basics and/or want to improve their swimming techniques.

### ADULT STROKE REFINEMENT

(13yrs+)This class is for adults who would like coaching to improve their swimming and stroke technique. This class will also introduce swimming for fitness

**AQUATIC INCLEMENT WEATHER POLICY** – The Aquatic facilities will be closed during electrical storms and other inclement weather. If the pool is closed & lessons are cancelled, lessons will not be made up. If 4 or more days in a session are missed due to weather, a credit can be issued for each day missed, starting on the fourth day. The credit must be requested and is good for future programs. Always call ahead to verify pool closures.

# **ADULT SPECIALTY CLASSES**

All classes are 50 minutes in length unless otherwise noted.

Please Note: Classes must meet minimum enrollment levels. Classes will be cancelled one week prior to the start date if the minimum enrollment level is not met.

Fees: Monthly pre-registration is recommended (fee varies, see table).

Drop-in Information: \$5 Resident / \$8 Non-Resident, space permitting (Drop-in participation is limited due to class size. Drop-in may not be accommodated if class registration is full).



# **ACHE AWAY EXERCISE**

(13yrs+) BackAche? Joints hurt? Have arthritis? Try this specially designed class for any individual who needs gentler, slower paced water exercise. Emphasizes stretching and toning.

# **DEEP WATER EXERCISE**

(13yrs+) Challenge yourself to the next level of physical fitness! This class is performed in the deep end of the pool features aerobic exercise, treading water, and activities that improve swimming technique and fitness. A variety of water equipment is used for conditioning and total body toning.



# **SHALLOW WATER EXERCISE**

(13yrs+) Walking, running, jumping and a variety of aerobic movements are preformed in the shallow end of the pool to increase heart rate and provide a cardiovascular and strength training workout. A variety of water equipment is used for conditioning and total body toning. Includes stretching, warm-up, cardio, toning, and cool-down.

# **TONE & TAI CHI**

(13yrs+) This class combines water exercises with Tai Chi moves. It benefits students of all ages and abilities by using the water to increase strength, flexibility, balance and energy. A great way to start your day or prepare yourself for water exercise or lap swim.



# DUNKIN' FOR PUMPKINS

Did you know that pumpkins can float?

Sunday, Oct. 26

1-3 p.m. | 3:30-5:30 p.m.

Come join us at the McDowell Mountain Ranch Aquatic Center for our floating pumpkin patch! The pool will be heated and there will be stations for decoration and other activities after you have picked your pumpkin.



Call 480-312-6677 for more information.

# PARKS AND RECREATION

# YOUTH SWIM LESSONS

Use the age guidelines and the class descriptions to help determine the appropriate level for your child. Free swim lesson assessments are offered by the staff to help determine the best class for the child. Please call the aquatic centers directly, if you have questions.

Classes are 30 minutes M-W and 45 minutes on Sat.

# **FALL DATES**

M-W 9/8-10/1 | Sat. 9/6-10/12 (45 min.)



# **SEA BABIES**

(6mo-3yrs / 1:8 ratio)

- Water acclimation class
- Water safety concepts for caregivers and students
- Introduction to swimming skills
- Swim benchmarks in swim wear and regular clothes



# **TADPOLES**

(2.5-5yrs / 1:4 ratio)

- · Students participate without caregiver presence
- Basic water safety skills (asking permission, putting on life jackets)
- Blowing bubbles, underwater exploration, assisted and unassisted submersion
- · Assisted front & back floats, tuck & stand
- Swim benchmarks in swim wear and regular clothes



# **GUPPIES**

(3-6yrs / 1:4 ratio)

- Basic water safety skills (responding to cueing, boundaries based on swimming abilities, putting on a life jacket and kick 10 ft, and treading water)
- · Front and back floats and tuck & stand
- Bobbing
- Jump or rolling in and recovering on back to breathe
- Assisted beginner stroke on the front and back with direction changing and rolling onto back to breathe
- · Swim benchmarks in swim wear and regular clothes



# **STINGRAYS**

(6yrs+ / 1:4 ratio)

- Basic water safety skills meant for older non swimmers (Putting on a lifejacket & kick 20 ft)
- Assisted and unassisted submersion
- Assisted and unassisted front & back floats
- Jump in, submerge and recover for air assisted and unassisted
- Assisted and unassisted streamline, unassisted front and back floats
- Assisted and unassisted forward movement (kicking and pulling) on front and back
- Swim benchmarks in swim wear and regular clothes



**SEA TURTLES** (4-7yrs / 1:4 ratio)

- Students must be comfortable moving independently in water 4 feet deep
- Variations of side glide and streamline assisted and unassisted
- · Jump in and move independently towards the wall
- Treading water
- Swim benchmarks in swim wear and regular clothes



# **OTTERS**

(5yrs+ / 1:6 ratio)

- Students must be comfortable in deep water survival float and treading
- Head first entries
- Freestyle stroke concepts
- Backstroke concepts



# **DOLPHINS**

(5yrs+ / 1:6 ratio)

- Students must be comfortable in deep water
- Water safety skills (emergency scenarios and Reach or Throw and putting on a life jacket and kick 30 ft in water)
- Elementary backstroke concepts
- Sidestroke concepts
- Introduction to butterfly



# **ORCAS**

(6yrs+ / 1:6 ratio)

- Students must be comfortable in deep water
- Breaststroke & Butterfly stroke concepts
- Endurance building



(6yrs+ / 1:6 ratio)

- Students must be comfortable in deep water
- Survival floating and treading water for longer durations
- Refinement of all four competitive strokes
- Racing starts and endurance building

# FIND SWIM LESSON AND CLASS INFORMATION ONLINE!

Search for swim lessons by class name or by location at: Recreation.ScottsdaleAZ.gov



Your next opportunity to join the Adult Sports fun is during the Winter 2025 season.

# **Offering:**

- BASKETBALL
- FLAG FOOTBALL
- KICKBALL
- **COED SOFTBALL**
- MEN'S SOFTBALL
- INDOOR VOLLEYBALL
- SAND VOLLEYBALL

# **Winter Registration**

Registration Opens: 11/3 (R) | 11/4 (N) at 8am

Early Registration Ends: 11/23

Last Day to Register: 12/7





# **ADULT SPORTS**

5401 N. Hayden Road | 480-312-0227 | AdultSports@ScottsdaleAZ.gov

# PICKLEBALL

Did you know Scottsdale has 21 Pickleball courts?

- 10 courts at Horizon Park
- 8 courts at Ashler Hills Park
- 8 courts at Cholla Park
- 3 courts at Thompson Peak Park

Go to ScottsdaleAZ.gov and search "Pickleball" for more information about courts.







# **OPEN PLAY | DAILY 6 AM - 8 PM**

Closed on holidays, when the campus is closed, and when classes are being offered.

6 Courts Available | First-come, first-served View calendar on website

Multiple classes and round robins will be available during the Fall 2025 semester.

**REGISTRATION OPENS AUGUST 1, 2025** 

LEARN MORE:



The Maricopa County Community College District (MCCCD) is an EEO/AA institution and an equal opportunity employer of protected veterans and individuals with disabilities. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, sexual orientation, gender identity, age, or national origin. A lack of English language skills will not be a barrier to admission and participation in the career and technical education norisms of the District

The Maricopa County Community College District does not discriminate on the basis of race, color, national origin, exe, disability or age in its programs or activities. For Title IX/504 concerns, call the following number to reach the appointed coordinator (480) 731-8499. For additional information, as well as a listing of all coordinators within the Maricopa College system, vist www.maricopa.edu/non-discrimination.

# TENNIS CENTER LOCATIONS

# **INDIAN SCHOOL PARK (ISPK)**

4829 N. Hayden Road 480-312-2740 ISPLeagues@ScottsdaleAZ.gov

# SCOTTSDALE RANCH PARK (SRPK)

10400 E. Via Linda 480-312-7774 SRPLeagues@ScottsdaleAZ.gov

# **FALL HOURS OF OPERATION**

### Sept. 1 - Nov. 30

Mon. – Fri.	7:30 am – 9 pm
Sat Sun.	7:30 am - 7 pm

\*Subject to change. For most updated information, visit ScottsdaleAZ.gov, search "Tennis."

# **ADULT LESSONS & LEAGUES**

### **TENNIS LESSONS**

### Mon. - Sat. lesson sessions

Session 1 (6 weeks) - 9/8 to 10/18

Session 2 (6 weeks) – 10/27 to 12/13 (no activities 11/24-11/29)

# **ADULT & SENIOR TENNIS LESSONS**

(18yrs+) Scottsdale tennis centers offer programs for all ability levels and ages. Lessons are offered using the USTA's National Tennis Rating Program (NTRP). Rating levels are required and verified for all registrants, however adult beginners (Tennis 101 or 1.0-1.9) do not require a rating.

# **ADULT TENNIS LEAGUES**

League levels offered begin at the 2.5 level and up to the 4.5 level. Men's and women's singles, men's and women's doubles, round-robin doubles, and mixed doubles are offered. Leagues are offered using the USTA's National Tennis Rating Program (NTRP). Rating levels are required and verified for all registrants. NO MAKE-UPS permitted for tennis league matches (other than facility scheduled weather related make-ups).

# **LESSON REGISTRATION DATES**

Mon.	7/28	8 am	Residents
Thu.	7/31	8 am	Non-Residents

# LEAGUE REGISTRATION INFORMATION

# Fall tennis leagues begin the week of 9/8

Early registration period	7/28-8/17
Late registration period	8/18-8/31

### **RATINGS**

All participants must have an NTRP rating to register. Need a rating! Attend one of the FREE rating sessions offered at our tennis centers. Rating appointments take 20 min. Please call **SRPK** or **ISPK** for an appointment. For the tennis rating schedule, please visit

ScottsdaleAZ.gov and search "Tennis."

### **DROP-IN PROGRAM**

No partner or registration required.

SCOTTSDALE RANCH PARK TENNIS CENTER

Summer Drop in End 9/13			
Mixed Doubles	M & F	7:30 am	(through 9/13)
Men's & Women's Doubles	Tu & Th	7:30 am	(through 9/12)
3.5+ Men's & Women's Doubles	W	7:30 am	(through 9/11)
Fall and Winter Drop in Begins 9/16			
Mixed Doubles	M & F	12:30 pm	(beginning 9/16)
Men's & Women's Doubles	Tu & Th	12:30 pm	(beginning 9/17)
3.5+ Men's & Women's Doubles	W	12:30 pm	(beginning 9/18)
\$4 per person per visit (includes a can of balls per court)			

### INDIAN SCHOOL PARK TENNIS CENTER

Doubles	Tu & Th	7:30 am	(Sept. – Oct.)
Doubles	Tu & Th	9 am	(Nov. – Feb.)
\$3 per person per visit			



# **JUNIOR TENNIS**

### **JUNIOR TENNIS LESSONS**

(5-17yrs) Scottsdale tennis centers offer programs for all ability levels. Juniors are registered by age. SRPK offers the Net Generation program. Juniors are grouped by ability with the program ages of 5-10yrs, 9-12yrs, &11-17yrs. At ISPK, juniors are grouped by age; 5-8yrs and 9-12yrs.

# **JUNIOR MATCH PLAY**

(10-17yrs) Scottsdale Ranch Park offers junior match play designed to prepare players for tournament style play in a fun and social environment. Participants must be able to serve, rally and keep score. Registration is required.

# **JUNIOR LESSONS**

# **TENNIS LESSONS**

Session 1 (6 weeks)	9/8 to 10/18	
Session 2 (6 weeks)	10/27 to 12/13	(no activities 11/24-11/29)

# **ONLINE REGISTRATION**

Complete tennis programs, activity numbers, instructors, locations and more are listed online at

Recreation.ScottsdaleAZ.gov. Search for what activity you are looking for, then filter your search based on whatever specifics you like such as favorite instructor, location, day or time and more. Program instructor or day/time is subject to change.



For a full list of tennis lessons, go to Recreation. Scottsdale AZ.gov and search "Tennis."

# SENIOR CENTER FITNESS FACILITIES

A variety of cardiovascular equipment, treadmills, bikes, elliptical, weight stations and free weights are available at each center.

# **GRANITE REEF SENIOR CENTER (GRSC)**

1700 N. Granite Reef Road | 480-312-1700 Hours: M-Th: 8 am - 8 pm | Fri: 8 am - 5 pm

# **VIA LINDA SENIOR CENTER (VLSC)**

10440 E. Via Linda | 480-312-5810 Hours: M-Th: 8 am - 8 pm | Fri: 8 am - 5 pm

Daily	\$3(R)	\$5(N)
1 Month	\$15(R)	\$25(N)
3 Month	\$40(R)	\$60(N)
Annual	\$130(R)	\$195(N)

# AQUATIC CENTER FITNESS FACILITIES

Each fitness center includes a complete line of free weights, treadmills, bikes, elliptical and single station weight machines. No one under 14 is permitted in the Fitness Center at any time.

Ages 14-17 must have a waiver signed by a parent or guardian.

# **CACTUS AOUATIC & FITNESS CENTER**

7202 E. Cactus Road I 480-312-7665

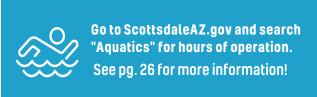
# **ELDORADO AQUATIC & FITNESS CENTER**

2301 N. Miller Road I 480-312-2484

# MCDOWELL MOUNTAIN RANCH AQUATIC & FITNESS CENTER

15525 N. Thompson Peak Parkway I 480-312-6677

Fitness Center Fees:		
Adult \$4(R) / \$6(N)	Youth \$3(R) / \$4(N)	
Adult Swipe Cards:		
10 visits \$40(R) / \$60(N)	30 visits \$96(R) / \$144(N)	
, , , , ,		
Youth Swipe Cards:		
10 visits \$30(R) / \$40(N)	30 visits \$72(R) / \$96(N)	





# **BOXING AND FITNESS CENTER**

8055 E. CAMELBACK ROAD | 480-312-2669

Meet your fitness needs at our multi-sport facility, which offers various classes, cardio equipment, free weights, single station weight machines, boxing equipment and punching bags.

For more information, go to ScottsdaleAZ.gov and search "Club SAR."

# **HOURS**

MON. - THU.: 6 am - 9 pm

FRI.: 6 am - 8 pm SAT.: 8 am - 4 pm

SUN.: Closed

# **CLUB SAR FEES AND MEMBERSHIP OPTIONS**

All classes are included with membership or daily fee.

	ADULT (R)	YOUTH (R)	ADULT (N)	YOUTH (N)
	(18+)	(14-17)	(18+)	(14-17)
1Year	\$99	\$50	\$150	\$75
3 Month	\$50	\$25	\$75	\$38
1 Month	\$20	\$10	\$30	\$15
Daily Drop-In	\$4	\$4	\$6	\$6

# **CLUB SAR CLASSES**

Subject to change, instructors may vary

Barre Workout	M&W	5:30-6:30 pm
Kick boxing	Tu &Th	5:30-6:30 pm
Spin	M&W	5-5:30 pm
Rowing/Boot Camp	Tu & Th	5-5:30 pm
Rowing/Boot Camp	F	6:15-6:45 am
Yoga	W	6:15-7:15 am
Yoga	M&Th	6:45-7:45 pm
Yoga	Sa	10:30-11:30 am
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Personal Training Available On Request (additional fees)



LEARN MORE ABOUT LIBRARY PROGRAMS AT **SCOTTSDALELIBRARY.ORG** OR CALL **480-312-READ** [7323]

# Connect



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# **HOLIDAY CLOSURES**

Mon., Sept. 1	Labor Day
Mon., Oct. 13	Staff Development Day
Tue., Nov. 11	Veterans Day
Thu., Nov. 27 / Fri., Nov.	28 Thanksgiving
Thu Dec 25	Christmas

# **CONTACT US**

480-312-7323 (READ) 480-312-2133 (Español)

# LIBRARY HELP LINE HOURS

Monday – Friday	10 am – 5 pm
Sat. & Sun	closed

# Checkout Limits

We are a fine-free library!

NEW ITEMS	CHECK OUT
DVDs	1 week
Books	2 weeks
CDs	3 weeks
MOST WANTED	CHECK OUT
MOST WANTED  DVDs	CHECK OUT  3 days

# **EVERYTHING ELSE**

# 3 weeks

Most items are eligible to be auto-renewed. Details about your account can be found by logging into "MYACCOUNT" at ScottsdaleLibrary.org. You can also renew items in person at the library or by calling 480-312-7323.

# LOCATIONS & HOURS

ScottsdaleLibrary.org/locations 480-312-READ (7323) 480-312-2133 (Español)

**APPALOOSA** - 7377 E. Silverstone Drive ARABIAN - 10215 E. McDowell Mtn. Ranch Road CIVIC CENTER - 3839 N. Drinkwater Blvd. MUSTANG - 10101 N. 90th Street

# **BRANCH HOURS FOR ALL LOCATIONS**

Mon. – Thu.	9 am – 7 pm
Fri	10 am – 6 pm
Sat	10 am – 5 pm
Sun	1 – 5 pm

# **DRIVE-THRU AND CURBSIDE HOURS**

Mon. – Thu.	9 am – 6 pm
Fri. & Sat.	10 am – 5 pm
Sun.	1 – 5 pm

# **PONY EXPRESS @ APPALOOSA HOURS**

Mon. – Thu.	8 – 9 am
Fri. & Sat.	8 – 10 am
Sun.	8 am – 1 pm

### **FACILITY CODES:**

APP ...... Appaloosa Library ARA ...... Arabian Library CC ..... Civic Center Library FRC ...... Family Resource Center MUS ...... Mustang Library RIO ..... Rio Montaña Park



# YOUTH STORYTIMES

# BABY CUDDLES

(ages 0-24 months / 20 min / space is limited) This program develops babies' literacy and learning skills as they interact with their caregivers using songs, rhymes, movement and board books.

М	10:30 am	9/8-12/8	FREE	APP
Tu	10 am	9/9-12/9	FREE	CC
W	10:30 am	9/10-12/10	FREE	MUS
Th	10:15 am & 11 am	9/11-12/11	FREE	ARA

# BOOKS 2 BOOGIE

(ages 0-5/30 min/space is limited) Share the joy of playful learning together! Children and their caregivers participate in music, movement and song in this program that promotes bonding and highlights the natural rhythms in language.



Tu	10:30 am	9/9-12/9	FREE	MUS
W	10:30 am	9/10-12/10	FREE	APP
Th	10 am	9/11-12/11	FREE	CC
Sa	2:15 pm	9/13, 10/11 & 11/8	FREE	ARA

# FAMILY STORYTIME

(ages 0-5/30 min/space is limited) Listen to stories and participate in finger plays, music and rhyming activities.

М	6:15 pm	9/8-12/8	FREE	ARA
Sa	10:30 am	9/13-11/29	FREE	APP
Sa	10:30 am	9/13, 9/27 & 10/25	FREE	CC
Sa	10:30 am	9/27,10/25 & 11/22	FREE	MUS
Sa	10:30 am	11/8, 11/22 & 12/13	FREE	CC
Sa	10:30 am	12/13	FREE	APP

# TWOS & THREES TOGETHER

(ages 2-3/30 min/space is limited) This fun and interactive program uses short stories, fingerplays and action rhymes to engage children and develop their literacy and learning skills.

М	10 am	9/8-12/8	FREE	CC
Tu	10:15 am & 11 am	9/9-12/9	FREE	ARA



# BOOKS 2 BOOGIE WITH HEART

(ages 0-5/30 min/space is limited) Share the joy of playful learning together as we partner with Scottsdale Arts! Children and their caregivers participate in music, movement, song and art in this program that promotes bonding and highlights the natural rhythms in language.

C2	10:30 am	10/11	FREE	CC
Sa	10.30 aiii	10/11	FNLL	CC

# **● POLAR EXPRESS STORYTIME**

(all ages / 45 mins / space is limited) Come ride the storytime Polar Express. Wearyour pis and join us for a holiday story, songs, and treats! Do you believe?

Tu	10:15 am	12/16	FREE	ARA

# GINGERBREAD STORYTIME

(ages 0-5/30 min/space is limited) Run, run as fast as you can into our Storytime celebrating the Gingerbread Man! Enjoy a special holidaythemed program that will include fun stories and a craft.

# HOLIDAY BOOKS 2 BOOGIE

(ages 0-5/30 min/space is limited) Participate in a special holiday-themed program of music, movement and songs for children and their caregivers to enjoy together!

Sa	2:15 pm	12/20	FREE	ARA
Ja	2.13 piii	12/20	I I\LL	

# Knowing & Growing!

# **▼** FUN WITH MATH AND SCIENCE

(ages 3-5/45 min/6-week series) Join us as we explore math and science concepts in an interactive, playful way! Based on the Arizona Early Learning Standards for Math and Science, this six-week course explores concepts and introduces strategies you can use with your child to help build and strengthen their mathematical and scientific thinking skills. Registrants are expected to attend all six sessions. Register by calling 480-312-0038.

9/23-10/28 (6classes)

# LITTLEST SCIENTISTS

(ages 2-5/90 min/space is limited) Think like a scientist while engaging in playful exploration. Each week of the program brings new challenges. Space is limited.

10 am 11/4-12/16

# **☑** BOOKS CAN...©

(ages 0-4/45 min/6-week series) Books Can...© is a unique program based on Arizona's Infant & Toddler Guidelines and Arizona's Early Learning Standards that uses popular picture books, rhymes, songs and interactive activities to promote children's social and emotional development. Registrants are expected to attend all six sessions.

MUS 10 am 11/6-12/18 (6classes) **FREE** 

# YOUTH PROGRAMS

# **▼** TWEEN SCOTTSDALE ARTISTS' SCHOOL PROGRAMS

(ages 8-12/75 min/space is limited) Local artists from Scottsdale Artists' School will lead you in exploring different mediums related to unique themes.

Fall Fashion Illustration	CC	FREE	9/6	1 pm	Sa
Haunted Scene Collage Art	CC	FREE	10/4	1 pm	Sa
Vibrant Chalk Art	CC	FREE	11/1	1 pm	Sa
Winter World Acrylic Painting	CC	FREE	12/6	1 pm	Sa



### TAIL WAGGIN' TALES

(ages 6-10 / 45 min) Certified therapy animals love listening to kids practice their reading skills at the library. Beginning readers welcome!

Tu	3:30 pm	9/16, 10/21, 11/25 & 12/16	FREE	ARA
Su	3 pm	9/21, 10/26, 11/23 & 12/21	FREE	CC

# **♥** TIME TRAVEL HISTORY CLUB

(ages 8-12 / 60 min) Ever wish you could travel through time? Come learn about Ancient Egypt in history through hands-on activities, science projects, arts and crafts, stories and more!

W 4	4 pm	9/17	FREE	MUS

# ANIMAL COMMUNITY HELPERS

(ages 0-5/30 min) Join us for an exciting meet-and-greet with surprise 4-legged guests who help our community in unique ways!

Th	10:30 am	10/9	FREE	APP
Th	10:30 am	11/20	FREE	APP



# PICTURE BOOK ART

(ages 6-11/45 min/space is limited) Learn the artistic styles and mediums used in some of the best picture books and then create your own masterpiece using that technique and medium.

W	4 pm	10/15 & 11/12	FREE	CC
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# **BACKPACK BUTTONS**

(ages 8-12/60 min) Drop in to make your own backpack button pins! Get creative and turn your ideas into a customized treasure!

W	11 am	10/15	FREE	ARA

# TENDER LITTLE HEARTS MINI TALES

(ages 5-18/60 min/space is limited) Join us for a turn reading to a miniature horse or donkey! Tender Little Hearts Mini Tales brings reading opportunities by using miniature therapy horses and donkeys to encourage readers and to spur on literacy growth.

Tu	4 pm	10/21,11/18 & 12/16	FREE	CC

# HALLOWEEN FAMILY FUN

(ages 0-8/45 min) Calling all ghosts, goblins, and other costumed characters! Stop by the library for family-friendly games and activities to celebrate the spooky season.

M	6 pm	10/27	FREE	APP
М	6 pm	10/27	FREE	ARA
M	6 pm	10/27	FREE	MUS
M	6 pm	10/27	FREE	CC

# SUNCATCHER CHIMES

(ages 6-11/45 min/space is limited) Create a nature-inspired wind chime using mason jar lids.

W	4 pm	11/5	FREE	CC
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### STORYWALK OPEN HOUSE CELEBRATION

(all ages / 120 min) Join us at Rio Montaña Park for a magical morning featuring a new Story Walk book. Families can wander the beautiful park as they follow along with the pages of a delightful tale filled with imagination and adventure. Enjoy interactive activities and tasty snacks as we celebrate the joy of reading together. Perfect for children and families of all

54 5411 11/5 TREE 100	Sa	9 am	11/8	FREE	RIO
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# **BOOK CHARACTER BINGO**

(all ages / 60 min / space is limited) Family Game time with book characters! Come play bingo together and celebrate some of our favorite children's book characters.

W 4 pm 12/3 FREE C	4 pm 12/3	FREE	CC
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# AR-KID-EOLOGY: IT'S ABOUT TIME (CAPSULE)

(all ages / 60 min / space is limited) Create crafts and notes for time capsules that will be "buried" around the library, then learn about archaeology and predict what will last—followed by a summer 2026 dig-up event!

W 4 pm 12/10 FREE	CC
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# **Full STEAM Ahead**

Science, Technology, Engineering, Art, and Math Supporting education that helps children develop the skills to become creators and inventors.

# LEGO MASTERS

(ages 6-11/45 min/space is limited) Are you a LEGO Master? Join us for some build time while you complete our weekly challenge by yourself or with some friends. We'll finish each week with an opportunity to present your build to the group.

W	3:30 pm	9/3	FREE	ARA
W	4 pm	9/24,10/29,11/26	FREE	CC

# **ONCE UPON A FAIRYTALE**

(ages 6-11/45 min/space is limited) Discover the secrets of science behind your favorite fairy tales. We will investigate a different problem from a classic tale and use STEAM to create a solution. Space is limited.

W	4 pm	9/3 & 10/1	FREE	CC
Th	4 pm	10/9 & 11/6	FREE	MUS





# SEED HARVESTING

(ages 6-11/45 min/space is limited) Learn how to identify, harvest, and store seeds from flowers, herbs, and vegetables through fun hands-on activities—plus take home your own seed packet and sprouting kit!

W	4 pm	9/10	FREE	CC
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# DON'T LET THE BUGS BITE: VECTOR CONTROL 101

(ages 6-11/60 min/space is limited) Presenters from the Maricopa County Vector Outreach Program will teach us all about mosquitoes and other local vectors with hands-on activities.

W	4 pm	9/17	FREE	CC
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# PUMPKIN WRECKING BALL

(ages 6-12/60 min/space is limited) Come learn some engineering skills while you play with pumpkins! We will be using pumpkins and various other materials to see if the pumpkins will knock over smaller objects.

W	3:30 pm	10/1	FREE	ARA
Tu	3:30 pm	10/14	FREE	APP

# BALANCING BOT BUDDY

(ages 6-11/45 min/space is limited) Make a "balancing bot" and learn the physics of how things balance.

W	4 pm	10/8	FREE	CC

# **♥** KALEIDOSCOPE FUN

(ages 6-11/45 min/space is limited) Create your own kaleidoscope and explore how light and mirrors reflect colorful patterns.

W	4 nm	10/22	FREE	CC
**	ı pııı	10/22	IIILL	CC

# ARIZONA BIRDS OF PREY

(ages 6 and up / 45 min / space is limited) Come and meet some amazing birds of prey that are native to Arizona. Presenters from Liberty Wildlife will teach us about the history, habitat, preservation and safety of each animal.

Th	4 pm	11/13	FREE	APP
Th	4 pm	11/20	FREE	MUS
Tu	3:30 pm	11/18	FREE	ARA
W	4 pm	11/19	FREE	CC

# PAPER CIRCUITS

(ages 7 – 12 / 45 min) Light up your day as we use paper, LED lights and batteries to learn about electricity and create a unique light up craft.

Th	4 pm	12/11	FREE	MUS
М	3:30 pm	12/15	FREE	ARA

# TWEEN & TEEN PROGRAMS

# TEEN ADVISORY BOARD (TAB)

Teen Advisory Board (TAB) volunteers focus on supporting the library through volunteerism in a variety of programs, services, and projects, as well as advising the library by brainstorming teen programs and collections. TAB members meet monthly and can receive service hours credit for meetings and projects.

M	5 pm	9/8, 10/6,11/3 & 12/1	FREE	MUS
Tu	5 pm	9/2, 10/7, 11/4 & 12/2	FREE	APP
Th	4 pm	9/4, 10/2, 11/6 &12/4	FREE	CC
Th	5 pm	9/4, 10/9, 11/6 & 12/4	FREE	ARA

# TEEN & ADULT SCOTTSDALE ARTISTS' SCHOOL

(ages 12 and up / 75 min / space is limited) Local artists from Scottsdale Artists' School will lead you in exploring different mediums related to fun themes. This is open to teens and adults.

Sa	2:30 pm	9/6	FREE	CC	Fall Fashion Illustration
Sa	2:30 pm	10/4	FREE	CC	Haunted Scene Collage Art
Sa	2:30 pm	11/1	FREE	CC	Vibrant Chalk Art
Sa	2:30 pm	12/6	FREE	CC	Winter World Acrylic Painting

### TEEN CREATE SPACE

(ages 12-18/60 min/space is limited) Join us in Knowasis for some fun and unique crafting activities!

Th	5 pm	9/11	FREE	CC	Plantable Paper
Th	5 pm	11/13	FREE	CC	Marbled Bowls



# GOUACHE ABSTRACTS

(ages 10-18/75 min) Express yourself as you explore the technique of gouache painting! This painting class is for all levels—beginner through advanced—and is presented by Scottsdale Artists' School. All materials provided.

W	3 pm	9/17	FREE	ARA

# KAHOOTS TRIVIA

(ages 12-18/60 min/space is limited) Test your trivia knowledge. Come with friends or meet new ones. Winning team earns a prize!

In 5 pm 9/18, 10/16 & 11/20 FREE CC	Th	5 pm	9/18, 10/16 & 11/20	FREE	CC
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# LEGO LEGENDS

(ages 12-18/60 min/space is limited) Ready to prove you're a true LEGO Legend? Take on build challenges solo or with a team—then show off your creations!



# SPOOKY CHARCOAL DRAWING

(ages 10-18/75 min/space is limited) Celebrate the spooky season with us! This charcoal drawing class is for all levels—beginner through advanced and is presented by Scottsdale Artists' School. All materials provided.

W	3 pm	10/22	FREE	ARA

# MONSTER MASH

(ages 12-18/90 min) Get your fright on while we watch a scary movie and enjoy some monster munchies.

Th	5 pm	10/30	FREE	CC
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# **▼ TEEN HOLIDAY GIFT CRAFT: BEADED WIND CHIMES**

(ages 10-18/60 minutes/space is limited) Design your own beaded wind chime – a perfect handmade gift or a lovely decoration for your own space.

М	4 pm	12/1	FREE	MUS
Tu	4 pm	12/2	FREE	APP
Tu	2:30 pm	12/9	FREE	ARA

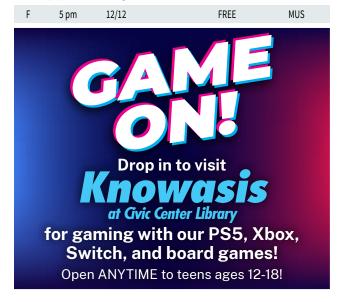
# **KNOWASIS TEEN HOLIDAY GIFT CRAFT - BEADED WIND**

(ages 12-18/60 min) Design your own beaded wind chime – a perfect handmade gift or a lovely decoration for your own space.

12/11 FREE CC Th 5 pm

# **ESCAPE ROOM**

(ages 12–18 / 75 min) Solve puzzles, locate clues, crack codes and work with a team to escape a room in the library. This event is meant to test your creativity, problem solving and teamwork skills.



#### **FACILITY CODES:**

APP ...... Appaloosa Library ARA ...... Arabian Library CC ..... Civic Center Library FRC ...... Family Resource Center MUS ...... Mustang Library RIO ...... Rio Montaña Park

GRSC ..... Granite Reef Senior Center

VLSC ..... Via Linda Senior Center

# **COLLEGE** & CAREER CORNER



#### **COLLEGE & CAREER CORNER KICKOFF WEEK!**

We're launching our College & Career Corner with a week full of exciting events! Join us for a special ribbon cutting ceremony, attend informative sessions on funding your college journey, career exploration and trades, and celebrate with a fun-filled College & Career Carnival to wrap it all up. It's the perfect way to start planning your future—don't miss it!

#### **COLLEGE & CAREER CORNER RIBBON CUTTING AND OPEN HOUSE EVENT**

Celebrate with us the grand opening of the College and Career Corner at the Civic Center Library. There will be a ribbon cutting ceremony, tours of the new space, and opportunities to connect with staff, volunteers and partners committed to student success. Light refreshments will be served.

FREE CC 5:30 pm

#### **NAVIGATING EVIT**

Explore EVIT's tuition-free trade programs for East Valley high school students. Gain real-world experience in fields like Cosmetology and Collision Repair while earning graduation credits through hands-on, career-focused learning.

FREE CC 5:30 pm

#### WHY COLLEGE IS IMPORTANT - PRESENTED BY SCOTTSDALE COMMUNITY COLLEGE

College opens doors to greater career opportunities, higher earning potential, and personal growth. Join us as we explore the long-term benefits of higher education and how choosing to go to college can help you achieve those goals!

CC5:30 pm 9/17 **FREE** 

#### PAYING FOR COLLEGE: UNLOCKING FINANCIAL AID. **SCHOLARSHIPS, AND SMART STRATEGIES**

Navigate college costs confidently. This workshop covers key resources, including how to complete the FAFSA, and clarifies grants, scholarships, loans, and work-study options to make higher education affordable.

5:30 pm FREE CC

# **COLLEGE & CAREER CARNIVAL**

Scottsdale Public Library and Scottsdale Career Services in partnership with Scottsdale Unified School District invite you to join us for our college and career carnival! Meet college recruiters, discover trade programs, and explore a variety of career pathways—all in one place. Whether you're planning for college, curious about a trade, or just exploring your options, there's something here for everyone.

10 am - 2 pm 9/20 FREE

# **HOW TO CHOOSE A MAJOR AND CONNECT TO YOUR NEXT STEP - PRESENTED BY SCOTTSDALE COMMUNITY**

Choosing a major helps students clarify their interests and explore potential career options. We will share how different majors connect to local jobs and how we help students plan for success by aligning with that profession.

5:30 pm 10/29 CC

#### **EARLY COLLEGE PROGRAMS - PRESENTED BY** SCOTTSDALE COMMUNITY COLLEGE

Early College programs allow high school students to earn college credits before graduation, saving time and money while developing collegelevel skills. The ACE program offers up to 24 credits, the Hoop of Learning supports Native American students through cultural pathways, and Dual Enrollment enables students to earn both high school and college credits simultaneously.

5:30 pm 11/12 **FREE** 



## FINANCIAL AID FOR COLLEGE

Learn about financial aid and how having a plan to pay for your college tuition can help ensure you become financially clear without any delays. Presented by Grand Canyon University.

5:30 pm 10/15 FRFF CC

#### GCU ACCELERATED BACHELOR OF SCIENCE IN **NURSING (ABSN) / TRADE PROGRAMS**

Grand Canyon University will present its ABSN program, allowing those with non-nursing degrees to earn a BSN in 16 months through a year-round hybrid model combining online learning and in-person experiences.

5:30 pm 11/5 **FREE** CC

#### **COLLEGE: PARENT PERSPECTIVE**

Discover Grand Canyon University's complimentary resources, including a digital learning platform, student-dedicated faculty, library and more. Learn how staff will support students throughout their entire academic journey.

5:30 pm 12/3 FREE

#### **GENERAL PROGRAMS**

#### **UKRAINKY: UKRANIAN WOMEN CONVERSATION SERIES**

(60 min) "Ukrainky" is a lecture series highlighting influential Ukrainian women who shaped the nation's culture, politics and society. Each session features a different figure, exploring their legacy and impact. Visit the online event calendar for additional details.

omen Warriors and Skiphs	CC Amazon	FREE	9/18	6 pm	Th
Trypillia	CC	FREE	9/25	6 pm	Th
Princess Olga of Kyivan Rus	CC	FREE	10/2	6 pm	Th
of France. Yaroslav the Wise	CC Anna, Quee	FREE	10/23	6 pm	Th
Roxolana	CC	FREE	10/30	6 pm	Th
Sophia Rusova	CC	FREE	11/6	6 pm	Th
Maria Prymachenko's Art	CC	FREE	11/20	6 pm	Th
Lady Death	CC	FREE	12/4	6 pm	Th

#### SOURDOUGH BREAD FOR BEGINNERS

(60 min) Learn the basics of making sourdough bread and leave with your very own sourdough starter.

Tu	2 pm	9/23	FREE	CC
Th	2 pm	11/20	FREE	CC

#### ADULT SPELLING BEE

(60 min) Can you spell f-u-n? Then compete in Scottsdale Library's 2nd annual adult spelling bee. Participate individually or grab some friends and play in teams of up to four.



#### MEMOIR WRITING WORKSHOP WITH MARK JOHNSON

(120 min) In this three-part creative writing course, author and instructor Mark Johnson will lead aspiring writers on a creative journey to begin crafting their own memoirs. Each session is two hours long. Space is limited and participants will not be added after the first session.

F	2 pm	10/10, 10/17 & 10/24	FREE	MUS
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#### **GHOST HUNTING TALES WITH AZ PARANORMAL INVESTIGATION AND RESEARCH SOCIETY**

(60 min) Join us for some spooky season fun and learn about the experiences of seasoned ghost hunter Vinnie Amico.

Th	5 pm	10/16	FREE	CC

#### **EXPLORE YOUR U.S. NATIONAL PARKS**

(60 min) Kathleen and Darryl Toupkin are Scottsdale residents who recently completed their guest to visit all 432 National Park Service units in the United States. These explorers will discuss their travels, talk about the National Park System and highlight some of their favorite destinations. Bring your questions so they can help you with your national park adventures!

Sa	1 nm	11/15	FRFF	APP

# THE ZERO-PROOF POUR: HOLIDAY TEAS &

(60 min) Warm up your winter with festive, spirit-free sips with The Spice and Tea Exchange! Learn how to blend seasonal teas and craft elegant mocktails for non-alcoholic holiday cheer.

Tu	1 pm	12/2	FREE	APP
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## **LOCAL FOCUS**



#### MCDOWELL SONORAN CONSERVANCY

(60 min) Talks feature a variety of topics presented by the gifted and knowledgeable stewards as well as special guests. Please visit the online calendar for topics and further details.

Sa	2:30 pm	9/13, 10/11 & 11/8	FREE	MUS
Tu	5 pm	9/23, 10/28 & 11/25	FREE	MUS

#### SCOTTSDALE: YESTERDAY, TODAY AND TOMORROW

Fresh perspectives on our city: where we came from, where we are and where we are going.

Tu	5:30 pm	9/16	FREE	CC
Scott	tsdale 101: Hist	oric Overview w	ith Joan Fudala	
W	5:30 pm	10/8	FREE	CC
Scott	tsdale Founding	g with Bruce Wa	ll	
Tu	5:30 pm	10/21	FREE	CC
Scott	tsdale and the I	Future: How Are	We Handling AI?	
W	5:30 pm	11/5	FREE	CC
Scott	tsdale Right No	w: Experience S	cottsdale	

#### WHAT IN A NAME? HOW SCOTTSDALE STREETS, PARKS AND PLACES GOT THEIR NAMES

(60 min) Everwonderforwhom Butherus Drive, Cavalliere Park or Marshall Way were named? Join Scottsdale community historian Joan Fudala for a photo-rich presentation on the who and why of our many street and place names.

IVI 3.30 DIII 12/0 FREE IVIUS	M	5:30 pm	12/8	FREE	MUS
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# **HEALTHY LIVING**

#### **GARDENING 101 CLASS**

(90 min) Discover the secrets to successful vegetable gardening in Arizona with Angela Judd, author and certified Master Gardener. Learn about the intricacies of planning, watering, nurturing and harvesting your garden amidst the unique challenges of Arizona's arid climate. Presented in collaboration with City of Scottsdale's Solid Waste department.

Sa	10:30 am-noon	9/6	FREE	Auditorium	CC
Sa	10:30 am-noon	11/1	FREE	Auditorium	CC

#### **PLANT AND SEED SWAP**

(60 min) Connect with local gardeners and community members with the passion for gardening. Bring labeled seeds, plant cuttings or potted plants



to trade with other plant enthusiasts. We will also be making biodegradable seed planters, seed bombs for guerrilla gardening and exploring composting techniques. All ages are welcome!

5:30 pm CC

#### **HYDROPONICS FOR BEGINNERS**

(60 min) Learn the basic concepts of hydroponics, including the benefits of growing hydroponically and how to do so successfully. Presenter Jeremy Vasquez, owner of Little Shop of Hydros, has 28 years of experience with hydroponics.

CC Sa 3 pm 10/4

#### HORMONE HEALTH THROUGH PROPER NUTRITION

(60 min) Learn how to track food for fat loss, optimal hormone function and to moderate blood glucose. Presented by sports nutritionist, Kelli Michelle. Program is provided for informational purposes only and is not intended as medical advice.

CC 11/8 FREE

# **FALL LIBRARY BOOK SHOP**

Browse for bargains! Recent titles, classics and children's books at low, low prices.

Fri. & Sat. | Nov. 7-8 at Civic Center Library



# OSHER LIFELONG LEARNING INSTITUTE

#### THE BIRTH OF DEMOCRACY: ATHENS, 1300-500 BCE

(90 min) Democracy, a core American value, originated in ancient Athens. This class explores the development and flaws that led statesmen like Hamilton and Madison to reject it. Presented by Dr. Sara Bolmarcich from Arizona State University.

FREE 10:30 am

#### FOUR COLD WEATHER DESTINATIONS TO ESCAPE THE **ARIZONA HEAT**

(90 min) Escape Arizona's 100+ degree heat with a journey through Greenland, Spitsbergen, Iceland, and Antarctica. Discover indigenous cultures, unique wildlife, and stunning scenery. Travel writer Dan Fellner, experienced in these destinations, shares his top tips for exploring these extraordinary places.

10:30 am 10/22 FREE MUS

#### **ARIZONA STORIES**

(90 min) Join ASU professor Eduardo Pagan on a historical journey of fascinating and often overlooked aspects of Arizona's past.

MUS Tu 1 pm 11/4 **FREE** 

#### **MUSIC**



#### SCOTTSDALE SOUNDS - LOCAL MUSICIAN SHOWCASE

(60 min) Join us the first Wednesday evening of every month for acoustic music performed by local musicians. Bring the family and enjoy the show! Visit our online calendar or call 480-312-READ (7323) for details.

5:30 pm 9/3, 10/1, 11/5 & 12/3 CC

#### MUSIC UNDER THE STARS

(60 min) Stop in to pick up a book or a film and stay for a while to hear local musicians on Arabian's lovely central patio. It's a delightful musical break for the whole family. Visit our online calendar or call 480-312-READ (7323) for details.

Th 6:30 pm 10/16 & 12/11 ARA

#### MUSICAL BINGO

(60 min) Get ready for a fun afternoon of music bingo! Instead of numbers, we're playing short clips of hits from the 1960s. If you recognize the tune, mark it on your bingo sheet. Enjoy listening to old favorites and try at your chance to get a bingo.

4 pm

# LIBRARY + PUBLIC ART EXHIBITION

#### **PHOTOGRAPHY IN TRANSLATION**

This exhibit, co-curated by Phoenix artist and photographer Claire A. Warden, features Arizona photographers with diverse backgrounds exploring their identity within the U.S. through thoughtful imagery. The artworks utilize unconventional techniques to address language and the self, translation, identity and portraiture.

July 24 - September 30

Civic Center Public Gallery

#### MEET THE ARTIST CLOSING RECEPTION: PHOTOGRAPHY IN TRANSLATION

(60 min) Join us for a closing reception of the Photography in Translation exhibition and meet the artists.

Th 5 pm 9/25 FREE CC



#### ARTISTS OF CATTLE TRACK

Resident artists who currently produce painting, photography, printmaking, ceramics and sculpture at Scottsdale's historic artist colony.

October 6 - December 31

Civic Center Public Gallery

#### **FACILITY CODES:**

APP ...... Appaloosa Library ARA ...... Arabian Library CC ..... Civic Center Library FRC ...... Family Resource Center MUS ...... Mustang Library RIO ..... Rio Montaña Park

GRSC ..... Granite Reef Senior Center VLSC ..... Via Linda Senior Center

#### MEET THE ARTIST OPENING RECEPTION: ARTISTS OF CATTLE TRACK

(60 min) Join us for an opening reception of the Artists in Cattle Track exhibition and meet the artists.

CC Th 5 pm 10/9 FREE

## LIBRARY CREATIVES WORKSHOPS

#### LIBRARY CREATIVES DROP-IN: UV & ME

(60 min) Drop in anytime during the closing reception of the Photography in Translation to participate in this hands-on workshop. Discover cyanotype painting, a 19th century UV process producing striking blue images with no camera needed. Create a unique indoor "sun print" that you can take home.



#### WHIMSICAL LAYERED PAPER ART SCENES

(60 min) Do you have an interest in 3D art? This workshop is a great place to start! Create layered paper art with depth and space with any theme. Your layers may be as simple or intricate as you want. All materials and instructions will be provided.

CC 10:30 am 10/18 **FREE** 

# **ART**

#### **PHXART DOCENTS**

(60 min) Experience a new perspective on art through this presentation and conversation series by Phoenix Art Museum Docents. Check our online calendars for topics and details.

W	1 pm	9/3, 10/1, 11/5 & 12/3	FREE	MUS
Sa	10:30 am	10/18, 11/15 & 12/20	FREE	CC

#### ITALIAN FASHION: CULTURE AND CRAFT

(60 min) ASU lecturer Enrico Minardi will guide us on a tour through the history of modern Italian fashion. From the postwar resurgence to the advent of sustainable fashion in the 21st century, attendees will get a glimpse into the Milanese fashion houses, the influence of the film industry, and the ins and outs of couture and ready-to-wear.

Th	5:30 pm	10/23	FREE	CC
Th	5:30 pm	11/20	FREE	CC

#### **ARTS AND CRAFTS**

#### TEEN & ADULT SCOTTSDALE ARTISTS' SCHOOL **PROGRAMS**

(ages 12 and up / 75 min / space is limited) Local artists from Scottsdale Artists' School will lead you in exploring different mediums related to fun themes. This is open to teens and adults.

Sa	2:30 pm	9/6	FREE	CC	Fall Fashion Illustration
Sa	2:30 pm	10/4	FREE	CC	Haunted Scene Collage Art
Sa	2:30 pm	11/1	FREE	CC	Vibrant Chalk Art
Sa	2:30 pm	12/6	FREE	CC	Winter World Acrylic Painting

#### SCOTTSDALE ARTISTS' SCHOOL PROGRAMS

(90 min) Gather your inspiration and let the canvas of possibilities unfold. Participate in this creative workshop as instructors from Scottsdale Artists' School present different mediums and techniques each month. Perfect for the beginner or those wanting to refresh and refine their skills. All materials are provided.

Sa	11 am	9/20	FREE	MUS	Wire Art
Sa	11 am	10/18	FREE	MUS	Printmaking
W	1 pm	10/22	FREE	APP	Ghost Gouache Painting
Sa	11 am	11/8	FREE	MUS	Postcard Art
Th	1 pm	11/13	FREE	APP	Sculpting with Wire
Sa	11 am	12/13	FREE	MUS	3D Ornament



#### CURIOUS CRAFTER

(60 min) Interested in crafting, but unsure of where to begin? Sample a different type of craft each month at Curious Crafter. Supplies are provided but no crafting experience is needed.

Tu	5 pm	9/9	FREE	ARA	Tile Painting
Sa	1:30 pm	9/27	FREE	CC	Paper Bead Necklace
Tu	5 pm	10/14	FREE	ARA	Shadow Box Frames
Th	5 pm	11/13	FREE	ARA	Beaded Earrings
W	4 pm	11/26	FREE	CC	Junk Journals
М	4 pm	12/1	FREE	MUS	Paper Bead Necklace
W	2 pm	12/10	FREE	ARA	Collage Keepsake Boxes

#### **FILM**

Visit our online calendar for full details on film titles or call 480-312-READ (7323).



#### **MUSTANG FILM SERIES**

Tu	1:30 pm	9/9-12/16	FREE	MUS
1 4	±.00 p	3/3 12/10	1111	1.100

#### **CIVIC CENTER FILM SERIES**

W 2 pm 9/3-12/3 FREE	CC

#### **MOVIES THAT MATTER: HOLLYWOOD LAUGHS (1928-2000)**

(2-3 hrs) This free eight-week class will focus on Hollywood comedy, presented by Tom Samp. Explore early film comedy, a Harold Lloyd feature and seven hilarious classics of the sound era, featuring works by Billy Wilder, Neil Simon, Mel Brooks, Gene Kelly, Jack Lemmon, Christopher Guest and others. Discussions and screenings each week; visit our online calendar for more details.

Th	3 pm	9/25-11/13	FREE	MUS
111	J PIII	J/2J 11/1J	IIVLL	14103

#### IT LIVES! CLASSIC HORROR MARATHON

Kick off your Halloweekend with a movie marathon featuring 3 horror classics. Wearyour costume, enjoy a bag of popcorn and take some spooky pictures at our photo station. Test your scary movie knowledge with some trivia to win a Halloween raffle basket! Are you a featured creature or a final girl in the making?

F	11 am-4:30 pm 10/24	FREE	CC

#### **ITALIAN FILM SERIES**

Dive deep into Italian film history with Arizona State University lecturer Enrico Minardi. Two films will be shown during each program. Check our online catalog for the full slate of films.

Ca	12 pm	9/13. 10/11. 11/22 & 12/20 FREE	CC
Sa	TZ DIII	9/13.10/11.11/22&12/20 FREE	LL

# **CAREER CLASSES**

Learn to navigate the current job market with new skills and effective strategies. Programs provided by City of Scottsdale Career Services.

#### **JOB STRATEGIES FOR SENIORS. RETIREES AND THE YOUNG AT HEART**

We'll discuss job search techniques and employment strategies for seniors, retirees and the young at heart. And ... explore the latest techniques and what to expect when applying for employment, interviewing for jobs, and developing a resume this current job market.

TL	10.20	0/11	EDEE	CC
ın	10:30 am	9/11	FREE	LL

### **☑** INTERVIEW TECHNIQUES

Learn the latest interview techniques and how to answer interview questions confidently and effectively.

Th 10:30 am 10/9 FREE CC	Th
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#### **MONEY MATTERS**



#### FINANCIAL AWARENESS PROGRAMS

Brought to you by a non-profit organization dedicated to providing communities with a consistent resource through unbiased classes that are free of sales. All sessions are two hours long. More details on each session can be found on our online calendar.

Th	10:30 am	9/4	FREE	MUS	Finding Unbiased Financial Advice
Tu	10:30 am	9/16	FREE	CC	Finding Unbiased Financial Advice
Th	10:30 am	10/2	FREE	MUS	<b>Understanding Annuities</b>
Tu	10:30 am	10/21	FREE	CC	<b>Understanding Annuities</b>
Th	10:30 am	11/6	FREE	MUS	Understanding Required Minimum Distributions
Tu	10:30 am	11/18	FREE	CC	Understanding Required Minimum Distributions
Th	10:30 am	12/4	FREE	MUS	Essential Estate Planning
Tu	10:30 am	12/16	FREE	CC	Essential Estate Planning



#### **UNCLE SAM & YOUR RETIREMENT: UNDERSTANDING** SOCIAL SECURITY, TAXES, AND MEDICARE

(90 min) This workshop will cover how to maximize your social security benefits, how to minimize your total lifetime tax bill, and when to enroll in Medicare. Presented by Allison Lubenow from Senior Advisors.

Tu	1 pm	10/21	FREE	APP

#### **HOW TO AVOID THE TOP FIVE MEDICARE MISTAKES**

(90 min) This educational seminar will bring clarity to the fundamentals of Medicare and enable you to make informed decisions about Medicare. like when to enroll, evaluating coverage and ensuring cost efficiences. Presented by Allison Lubenow from Senior Advisors.

W	1 pm	10/29	FREE	MUS
W	1 pm	11/19	FREE	APP



#### SMART MONEY TALK FROM LOCAL FINANCIAL **PROFESSIONALS**

Take a mid-day break to have a bite and learn a lot. You bring your lunch and we will supply a non-alcoholic beverage and a lot of financial knowledge. Can't join us for lunch? Drop by on your way home from work for a snack and some smart money tips.

#### MASTERING YOUR MONEY: BUDGETING BASICS FOR **EVERYDAY LIFE**

(60 min) Take control of your financial future with this practical seminar on budgeting.

W	12:30 pm	9/10	FREE	MUS
W	5:30 pm	9/10	FREE	CC

#### **SMALL BUSINESS SUCCESS: UNDERSTANDING SBA LENDING AND RESOURCES**

Ideal for startups, small business owners, and aspiring entrepreneurs navigating the funding landscape

W	12:30 pm	10/8	FREE	CC
W	5:30 pm	10/8	FREE	MUS

#### CREDIT CONFIDENCE: BUILDING AND PROTECTING YOUR CREDIT SCORE

Learn how credit scores work, how to build strong credit, and how to repair or improve existing credit

Th	12:30 pm	10/23	FREE	MUS
Th	5:30 pm	10/23	FREE	CC

#### KEYS TO HOMEOWNERSHIP: WHAT YOU NEED TO **KNOW BEFORE YOU BUY**

This seminar will walk you through the homebuying process from start to

W	12:30 pm	11/19	FREE	CC
W	5:30 pm	11/19	FREE	MUS

# **MAGAZINES**

From The Economist to National Geographic to Vogue, digital magazines are available for every interest. Through our digital libraries Libby and Pressreader, digital magazines are



ready for immediate checkout on your phone, tablet or computer. And don't forget we have the full Consumer Reports online! National and international magazines help you explore your world.

# **ESOL (ENGLISH FOR SPEAKERS OF** OTHER LANGUAGES

Learning English as a second or third language can be tough, so the library is here to help. Classes are offered at several skill levels at multiple locations.

#### BEGINNING CONVERSATION CLASS

Tu	10.30 aiii	3/3-12/3	FRLL	MOS
INTE	RMEDIATE	CONVERS	ATION CLASS	
М	10:30 am	9/8-12/8	FREE	MUS

#### **ENGLISH AS A SECOND LANGUAGE CAN BE FUN!**

Tu	10:30 am	9/9-12/9	FREE	CC

# **TECH HELP**

#### **ASK THE EXPERTS**

Get free advice about your computer, tablet or smart phone from the Library Computer Learning Group's team of volunteers. Bring your device and any associated passwords for a 15-30 minute consultation. Advice will be offered first come, first served, between 1:30-3:30pm.

W	1:30 pm	9/3, 11/5, 12/3	FREE	CC
W	1:30 pm	9/17	FREE	MUS
Sa	1:30 pm	10/4	FREE	CC
W	1:30 pm	10/15	FREE	APP
W	1:30 pm	11/19	FREE	ARA

## COMPUTER CLASSES

The following classes are taught and practiced on Windows 11 library laptops or personal iPhone/iPad devices.



#### COMPUTER FUNDAMENTALS SERIES

(2 hrs) We've merged our Fundamentals 1 and 2 classes into a single, fun four-session course - come joins us if you are you a computer novice and would you like to learn more about using a Windows-based computer! This course is taught in the Windows 11 environment.

M&W 1:30 pm 9/8-9/17 (4classes) CC

#### SHUTTERFLY PHOTOBOOK SERIES

(2 hrs) Learn to organize photos and design layouts by creating a Shutterfly Photobook using both basic and advanced editing techniques. This course is taught in the Windows 11 environment. Prerequisite: Proficiency in the use of computer/mouse and typing skills.

M&W 1:30 pm 9/22 & 9/24 (2classes) **FREE** CC

#### INTRODUCTION TO WINDOWS 11

(2 hrs) Let's explore the exciting new features and see how you can make your experience even better! Join us to discover all the awesome tools Windows 11 has in store for you. Basic computer/mouse and typing skills required.

Th	1:30 pm	9/25	FREE	CC
М	1:30 pm	12/1	FREE	CC

#### INTRODUCTION TO THE INTERNET SERIES

(2 hrs) Learn how to navigate the internet, use search engines to find information and bookmark web pages so you can find them again easily. Look at websites concerning computer security, news, travel and more. Prerequisite: Proficiency in the use of computer/mouse.

Tu & Th 1:30 pm	10/7-10/16 (4classes)	FREE	CC
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#### POWERPOINT

(2 hrs) Learn the basic skills for creating great presentations. You will see how to use consistent formatting, insert objects (tables, pictures), and ensure proper timing of slide transitions and animations. Prerequisite: Basic MS Word understanding and proficiency in the use of computer/mouse.

W 1:30 pm 10/8 FREE	CC
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#### WORD SERIES

(2 hrs) Learn fonts, text entry, formatting, the use of Undo/Redo, Find/ Replace, Bullets/Numbering, and Copy/Paste. Taught using Word 2016, but techniques learned work with earlier versions. Basic computer/mouse and typing skills required.

Tull Th 1:30 nm 10/21 & 10/23 (2 classes) FRFF CC	

#### **PIPHONE SERIES**

(2 hrs) We'll guide you through installing and managing apps, keeping in touch with contacts, enjoying games, browsing the web, and checking your email and messages. Plus, you'll learn how to personalize your device with settings and security options. Let's dive in! Bring your personal device and any passwords necessary.

M & W 1:30 pm 10/27 & 10/29 (2classes) FREE



#### **EXCEL SERIES**

(2 hrs) Learn basic spreadsheet functions, enter & format numbers, insert rows/columns, simple formulas, hide/un-hide sheets/rows and columns, and freeze panes, etc. This course is taught using Excel 2016, but techniques learned are applicable with earlier versions. Prerequisite: Proficiency in the use of computer/mouse.

CC Tu & Th 1:30 pm 11/4 & 11/6 (2classes) FREE



Learn on the go and at your own pace with teacher led, online classes at Universal Class. Brush up on the latest Excel, have a little fun learning to bake, or get serious about writing a business plan, there are classes for that and so much more. Lifelong learning is easy with Universal Class.

#### IPAD SERIES

(2 hrs) We'll guide you through installing and managing apps, organizing your contacts, browsing the web with Safari or Google Chrome, downloading and enjoying books, playing games, keeping up with your emails and messages, and personalizing your device through settings and security features. Let's make your iPad truly yours! Bring your personal device and any passwords necessary.

M & W 1:30 pm	11/10 & 11/12 (2classes)	FREE	CC
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#### GOOGLE SEARCH

(2 hrs) Explore the internet like an expert. Discover how to use Google Maps and Google Earth, along with many free apps that can help you create documents and spreadsheets, translate languages, and save your data and pictures online. Bring Google email and password to class.

M	1·30 nm	11/17	FRFF	((

## TECH TALKS

These presentations are lecture style and computers are not used.



#### PROTECTING YOUR DIGITAL LIFE

(90 min) Join us as we explore how to spot sketchy websites, identify sneaky email scams, and craft unbreakable passwords. We'll focus on navigating the Windows environment and delve into keeping your Smart TV and gadgets like the Echo Dot safe too. Let's make your online experience a whole lot safer together!

W	5 pm	9/10	FREE	CC
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#### INTRODUCTION TO AI

(90 min) Hey there! Al and its buddy Machine Learning are everywhere these days, right? Ever wondered how they influence our everyday lives? Are they something to worry about? Maybe we're already using them without even realizing! Join us for this class as we dive into this fascinating field and discover how to make the most of these technologies in a safe and effective way. Let's explore together!

Sa	1:30 pm	10/25	FREE	CC
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#### **EMAIL EFFICIENCY**

(90 min) Learn how to clean/remove clutter, use email 'add-ins', avoid spelling/grammar mistakes, use Copy To and Blind Carbon Copy, etc. Taught with Gmail specifically, but the concepts and techniques work with other email clients such as Outlook, Yahoo Mail and AOL.

W 5 pm 10/29 FREE CC
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#### **BACKING UP YOUR DATA**

(90 min) Learn the best techniques to back up your digital information, including photos, music, videos, documents, and downloads from your PC, phone, and tablet.

W	5 pm	11/12	FREE	CC
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#### **WI-FI BASICS**

(90 min) Learn about Wi-Fi, what it can do and many of its uses in the home with a particular emphasis on entertainment applications.

W	5 pm	11/19	FREE	CC
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#### PASSWORD MANAGER

(90 min) A variety of available password managers will be discussed, as well as a practical demonstration on setting up a password manager.

	W	5 pm	12/3	FREE	CC
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## DISCUSSION GROUPS



#### **BRING YOUR OWN BOOK CLUB**

This informal club will discuss what you are currently reading, watching and listening. Library staff will be on hand to answer questions about library services.

Tu	1 pm	9/23, 10/28, 11/25 & 12/9	FREE	APP
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#### STAFF PICKS BOOK DISCUSSION GROUP

Join us each month for a lively conversation centered on titles selected by staff within a variety of genres. Visit our online calendar for full details on book titles or call 480-312-READ (7323).

#### Meets Mondays at Mustang at 2 pm

9/15 - The Starless Sea by Erin Morgenstern

10/20 - Witchcraft for Wayward Girls by Grady Hendrix

11/17 - Rental House by Weike Wang

12/15 - Brave the Wild River by Melissa L. Sevigny

#### Meets Tuesdays at Appaloosa at 1 pm

9/9 – Oil and Marble by Stephanie Storey

10/14 - The Stolen Queen by Fiona Davis

11/4 - Good Dirt by Charmaine Wilkerson

#### Meets Wednesdays at Civic Center at 1 pm

9/17 - Picks and Shovels by Cory Doctorow

10/15 - The Historian by Elizabeth Kostova

11/19 - One Hundred Years of Solitude by Gabriel García Márquez

12/17 - Mr. Dickens and His Carol by Samanta Silva

#### **ARABIAN NIGHTS BOOK DISCUSSION**

Join us for an informal discussion.

#### Meets Tuesdays at Arabian Library at 5pm

9/2 - The Women by Kristin Hannah

10/7 - We Have Always Lived in the Castle by Shirley Jackson

11/4\* - The Old Man by Thomas Perry

12/2 - The Art Thief by Michael Finkel

\*This program will be held off-site on this date.

#### LIBRARY BOOK DISCUSSIONS @ THE SENIORS CENTERS

A new way to "check out" a different book every month. Library staff will bring snacks and start a monthly conversation – read with us and join the discussion. Visit our online calendar for titles and details.

M	11 am	9/15, 10/20, & 11/17	FREE	VLSC
W	10 am	9/10, 10/8, & 11/12	FREE	GRSC

#### **COOL GIRL BOOK CLUB**

Join us for a casual discussion on literary and contemporary fiction books that are trending on Tiktok and Instagram.

#### Meets Wednesdays at Grounds on 2nd at 6 pm

9/3 - Sky Daddy by Kate Folk

10/1 - The Lamb by Lucy Rose

11/5 – Open, Heaven by Seán Hewitt

12/3 - All the Lovers in the Night by Mieko Kawakami

#### SURVIVORSHIP BOOK CLUB

Connect with others whose lives have been touched by cancer for an informal discussion of survivorship. We will explore what survivorship means through several memoirs from the perspective of those who have lived with a cancer diagnosis—whether a loved one's or their own.

#### Meets Tuesdays at Civic Center Library at 5 pm

9/2 - Too Young for Cancer by Katie Coleman

10/7 - The Cancer Whisperer by Sophie Sabbage

11/4 - Home is Burning by Dan Marshall

#### SCOTTSDALE BAKES

Scottsdale Bakes is an informal virtual baking club. Register to receive a link to the virtual meeting. Registration close one week before the discussion.

#### Meets Fridays online at 10:30am

9/19 - Back of the Box Recipes

10/17 - Apple, Pumpkin, or Cranberry

11/21 - Holiday Baked Sides

12/19 - Boozy Bakes

# Parent

# **BACK TO SCHOOL FOR KIDS** AND PARENTS TOO!

ParentTV are expert led videos on topics important to childhood development and learning.

Need help with the school drop-off struggles?

What to know about the pros and cons of teens getting smart phones? Want to explore the challenges facing dads in our fast-paced world?

Hundreds of topics are covered by experts from around the world to talk about and find solutions for modern parenting through ParentTV.



TO LEARN MORE ABOUT SENIOR SERVICES, GO TO SCOTTSDALEAZ.GOV AND SEARCH "SENIORS"

# Come join us!

The Scottsdale senior centers are free and open to the public, with no membership or residency requirements. Adults ages 18 and older are welcome, though most programs are geared towards the 50+ community.



# **HOLIDAY CLOSURES**

Labor Day:	Mon., Sept. 1
Veteran's Day:	Tue., Nov. 11
Thanksgiving:	Thu., Nov. 27
	Fri., Nov. 28
	Sat., Nov. 29
Christmas:	Thu., Dec 25



# LOCATIONS

# GRANITE REEF SENIOR CENTER

1700 N. Granite Reef Road Scottsdale, AZ 85257

480-312-1700

#### **VIA LINDA SENIOR CENTER**

10440 E. Via Linda Scottsdale, AZ 85258

480-312-5810

## **HOURS**

Mon Thu.	8 am-8 pm
Fri	8 am-5 pm
Sat	8 am-noon
Sun	Closed

# **General Information**

The Scottsdale senior centers are free and open to the public, with no membership or residency requirements. Adults ages 18 and older are welcome, though most programs are geared towards the 50+ community.

#### **FACILITY RESERVATIONS**

The senior centers offer a range of rooms and outdoor spaces that accommodate anywhere from eight to 300+ people. Facility reservations are available Monday through Saturday.

#### **FITNESS CENTERS**

The senior centers offer state-of-the art fitness with an extensive variety of exercise equipment that include treadmills, ellipticals, stationary bikes, cardio equipment, and free weights.

# Fitness Center Closed for Senior Strength Training Classes

M & W	11 am-noon & 5	:45-6	:45 pm V	LSC
Tu & Th	10-11 am		V	LSC
Tu & Th	11:30 am-2:30 p	m	Gl	RSC
Daily Drop-in	\$3(R) / \$5(NR)		1 Month\$15(R) / \$25(	NR)
3 Month	\$40(R) / \$60(NR)		Annual\$130(R) / \$195	5(NR)

# GRSC FITNESS EQUIPMENT ORIENTATION Starting 9/10

2<sup>nd</sup> & 4<sup>th</sup> Tu 10 am FREE 45465 GRSC



#### LUNCH PROGRAM

Delicious and nutritious lunches are served at both Centers! To participate in our lunch program, please call to make a lunch reservation. Monthly menus can be provided.

M-F 11:30 am \$4 ages 50+ / \$7 under 50 years old GRSC Tu, W, Th 11:30 am \$4 ages 50+ / \$6 under 50 years old VLSC

#### **SOCIAL WORKERS**

The senior centers provide social services to seniors, adults with disabilities, and their families. Master level social workers are available by appointment Monday through Friday from 8 am-5 pm to provide support, education, and resources – free of charge.

# **Special Events**

#### HAWAIIAN LUAU

V Noon 9/17 \$10(R)/\$13(NR) 49943 GRSC

#### HALLOWEEN BASH

We're Calling All Goblins, Ghosts & Creatures of the night! So, creep, float or crawl on over to our Halloween Bash. The undertaking will begin at noon.

Th Noon 10/30 \$10(R)/\$13(NR) 49564 VLSC



#### **40TH ANNUAL ARTS & CRAFTS FAIR**

Arts and Crafts Fair celebrates its 40th annual event. Come support local crafters & artists. Over 100 vendors selling artwork, jewelry, photography, clothing, glass, wood & iron work. Combinations of high-quality art to hand crafts. The event has other activities and entertainment make the event a phenomenal family affair for all ages.

Sa 9 am-2 pm 11/1 FREE GRSC

#### THANKSGIVING LUNCHEON

W Noon 11/19 \$10(R)/\$13(NR) 49947 GRSC

#### **HOLIDAY ART SHOW**

Join us for the annual Holiday Art Show showcasing local, senior talent artwork. This year's event will be had on Saturday afternoon. Artists can submit artwork at Via Linda Front desk no later than Thursday December 11, 2025. This is a free event open to the public with live music & refreshments.

Sa 11 am-1 pm 12/13 FREE VLSC



#### VIA LINDA'S NEWS YEARS EVE BASH

Come ring in the year 2026 with your friends & family at a reasonable time! Live Music, Ball Drop (Noon), Appetizers, Sparkling Champagne, Raffle Prizes & More!

W 10:45 am-2 pm 12/31 \$10(R)/\$13(NR) 50093 VLSC

# Events

#### **BINGO PARTY**

Th 1:30 pm 9/25 FREE 49579 VLSC



#### **BALLROOM DANCE NIGHT**

Live music, simple dance instruction, refreshments & raffle prizes. Ballroom Dance starts on October 23 at GRSC

W 6-8 pm 10/20 \$10(R)/\$13(NR) 49571 VLSC

#### MAH JONGG PARTY FRIENDLY TOUNRMENT

American Version of ancient Chinese game of skill & luck, using the current 2025 National Mah Jongg League Rule Card. Standard Rules of Play. 4 rounds of 3 games each, with rotations to different tables, for points and prizes.

Sa 11 am-4 pm 10/25 \$30(R)/\$35(NR) 49581 VLSC

**Enrichment Programs** 



#### **BAGELS AND BANTER**

Free Bagels and Coffee every Wednesday. Enjoy activities and guest speakers. Schedules of guest speakers available at the front desk.

W 9-10 am FREE GRSC

#### MUSIC MEMORY WORKSHOPS

 $\label{thm:music} Music is Therapy. Each workshop includes full body movement exercises, memory and hand-eye coordination games, reflective conversation; all set to music and rhythm.$ 

1<sup>st</sup> & 3<sup>rd</sup> M 10:30-11:30 am FREE GRSC

#### **MEMORY LOUNGE**

$2^{nd} W$	10-11:30 am	9/10	FREE	GRSC
$4^{th} W$	10-11:30 am	9/24	FREE	VLSC

#### LINE DANCING

This volunteer facilitated drop-in group is coordinated through Senior Services. Line dancing is free, with no advance registration.

F 11:30 am-12:30 pm FREE GRSC

#### BALLROOM DANCING

Join us for ballroom dance. Starting October 2, Drop-in class. No advance registration needed. Every 2nd & 4th Thursdays of the month. **Starting Oct. 10** 

Th	Noon-2:30 pm	\$8(R)	GRSC
1111	110011 2.30 pill	70(11)	GINGE

#### MATTER OF BALANCE Starting Sept. 5

F (8 weeks)	1:30 pm	FREE	49566	GRSC GRSC	



### WALKING CLUB (OCT. - MAY)

Come walk with Scottsdale Police Crime Prevention Team. Meet outside the entrance and walk the park/desert garden.

Tu 8-9 am	FREE	VLSC
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#### WALKING CLUB [OCT - MAY]

Come walk with Granite Reef staff. Meet outside of Granite Reef Senior Center entrance and walk around beautiful Scottsdale neighborhood.

W 9-10 am	FREE	GRSC
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## KARAOKE

Join us for a free afternoon of singing. No registration is required.

	0 0	•	
1 <sup>st</sup> & 3 <sup>rd</sup> Tu 2-5 pm		FREE	GRSC
2 <sup>nd</sup> & 4 <sup>th</sup> Th 2-5 pm		FREE	GRSC

Check out our art classes offered through Scottsdale Parks and Recreation! Starting on page 13 for more information!



#### **OPEN ARTS & CRAFTS STUDIO**

During this time, the art room will be made available for you to explore your creative side. This is a self-led program open to painters, illustrators, and crafters alike.

М	9-noon	GRSC
W	1-4 pm	GRSC
Th	1-4 pm	GRSC
W	1:15-3 pm	VLSC

#### ART ALL AROUND US (PHOENIX ART DOCENT)

Th	1-3 pm	9/25	FREE	VLSC
Tu	10-11 am	10/7	FREE	GRSC
Tu	1-2 pm	10/23	FREE	VLSC
Tu	10-11 am	11/4	FREE	GRSC

## **OPEN KNITTING/CROCHETING/SEWING**

M 1:15–3 pm FREE VLSC

# KNITTING/CROCHETING (FLYING NEEDLES)

2<sup>nd</sup> Th 5-7:45 pm FREE VLSC

#### **SCOTTSDALE STRUMMERS**

Drop-in ukulele group that meets at Granite Reef Senior Center. There is no cost to this program, and all levels are welcome.

F	10 am-noon		FREE	GRSC	
EASY	UKULELE M	USIC			
M	1-2 pm	FREE	Beginners	GRSC	

#### FRIDAY MOVIE MATINEE

Free movie at Granite Reef and Via Linda Senior Center. No registration required. Check with the senior centers for update showings.

F	1-4 pm	FREE	GRSC
F	1-4 pm	FREE	VLSC

# Fun & Games

#### **BRIDGE**

Duplical	te Bridge		
Tu & F	12:45-4 pm	FREE	GRSC

#### **Duplicate Sanction Bridge**

Sanctioned Duplicate Bridge games are scheduled weekly If you would like emails concerning the schedule and results contact our director at vlscduplicate@gmail.com

W	12:30-4 pm	\$8(R)	VLSC

# Fast Play Bridge (Intermediate Players)

Tu/Th	Noon-3:30 pm	FREE	VLSC
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#### Prickly Pair Bridge (a partner is required)

W 12:45-4 pm FREE GRSC



#### **DROP-IN PLAY**

The senior centers provide space on a first come, first served basis for social cards and games. Rooms are shared use, with multiple groups playing different games at once, unless otherwise scheduled.

## **Open Card Play**

M, Tu, W, F	8 am-5 pm	FREE	GRSC
Th	1-5 pm	FREE	GRSC
M, F	8 am-5 pm	FREE	VLSC
Tu, W, Th	1-5 pm	FREE	VLSC

#### Canasta

Th	11 am-4 pm	FREE	(Newcomm	iers) GRSC
Th	Noon-5 pm		FREE	GRSC

# Samba (Variation of Canasta) M 9 am-3 pm

Rumm	ikub		
W	10 am-1 pm	FREE	VLSC
M	1-3 pm	FREE	GRSC

FREE

**VLSC** 

#### **Backgammon**

Tu	10 am - noon	FREE	GRSC

#### Chess

Th 11 am-4 pm	FREE	GRSC
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#### Mah Jongg

М	10:30-2:30 pm	FREE	American	GRSC		
Th	1-4 pm	FREE		VLSC		
F	Noon-5 pm	FREE	International	GRSC		
Mexican Train Dominoes						
М	1-4 pm	FREE		VLSC		

ınocı	าเย			
W	12:30-4 pm	FREE		GRSC
Th	10 am-3 pm	FREE	Double Deck	GRSC

# Recreation

#### **BILLIARDS**

Both the Granite Reef Senior Center and Via Linda Senior Center have phenomenal billiards rooms with 9-ft Gold Crown tables. Drop-in play is free and open to the public during normal hours of operation at each facility.



Billiards Room will be closed at Via Linda Tu/Th for lessons 5:30-8pm

#### **BILLIARDS LESSONS (10 WEEKS)**

Tu	5:30-7:30 pm	9/30	\$150(R)/\$200(N)	49952	VLSC
Th	5:30-7:30 pm	10/2	\$150(R)/\$200(N)	49953	VLSC

#### **CHAIR YOGA EXERCISE**

Drop-in chair exercise class open to participants who want to improve their strength and balance. No registration is required for this free class.

Tu, W, Th	10-11 am	FREE	GRSC
M & Tu	Noon-1 pm	\$10(R)/\$13(N)	VLSC

#### **TABLE TENNIS**

Open table tennis is available at both Granite Reef Senior Center and Via Linda Senior Center at various time throughout the week.

#### Free drop-in program. See front desk to sign wavier.

Tu	3:30-7:30 pm	FREE	VLSC
М	3-7 pm	FREE	GRSC
W	1-4 pm	FREE	GRSC
F	1-4:30 pm	FREE	VLSC

# **Support Groups**

A wide variety of support groups are offered at both the Senior Centers. The groups are free of charge, are designed to meet the evolving needs of Scottsdale's aging population. Support groups are facilitated by non-profit organizations, social workers, volunteers and industry professionals.



#### **ALZHEIMER'S SUPPORT GROUP**

1 <sup>st</sup> M	1:30 pm	FREE	GRSC
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#### **DUET CAREGIVER'S SUPPORT GROUP**

1st & 3rd Th	9·30 am	FRFF	VI SC

#### **GRIEF AND LOSS SUPPORT GROUP**

1st &, 3rd M	1·30 nm	FRFF	GRSC

#### MENDED HEARTS SUPPORT GROUP

2nd T	Cnm	FDFF	VILCC

#### MIII TIDI E SCI EDNSIS SIIDDNDT CDNIID

PIOLITI	LL JULLINUJI	J JULI UKT UKU	OI.
2 <sup>nd</sup> T	4:30 pm	FREE	VLSC

# TREMBLE CLEFS (PARKINSON'S SUPPORT GROUP)

Th	3 pm	FREE	GRSC

#### LOW VISON SUPPORT GROUP

2 <sup>nd</sup> W	10-11:30 am	FRFF	VI SC
/··- VV	10-11:50 am	FKFF	VI.5U.

#### MINDFUL ART

Come enjoy an engaging, creative session for you and your family member. Designed for those experiencing dementia or low vision. We will sing, tell stories, and create art together on seasonal themes. You'll go home with an original piece of artwork, and materials to support you as a caregiver.

Tu	10 am	FREE	VLSC
IU	TO AIII	FREE	VLJC

# Social Groups



#### **BOOK DISCUSSION GROUP**

Join us for our free book discussion group. Contact our front desk for upcoming monthly book discussion titles. All books are available in the Scottsdale Public Library.

2 <sup>nd</sup> T	h10-11:30 am	FREE	VLSC
	Book Title:	Author:	
9/11	An Unfinished Love Story	Doris Kerns	Goodwin
10/9	Going Back to Bisbee	<b>Richard She</b>	lton
11/13	The Nightingale	Kristin Hann	ah
12/11	My American Dream:	Lidia Bastiaı	nich
	Life, Love, Family and Food		

#### **CURRENT EVENTS**

Discuss current events, public policy, and both local and national issues in a spirited, yet respectful, environment.

W	10:30 am-noon	FREE	GRSC
W	2-3:30 pm	FREE	VLSC
Th	Noon-2 pm	FREE	GRSC



#### FRIENDSHIP DISCUSSION GROUP

Fun and light-hearted group designed to make new friends while sharing stories, jokes, information, and memories.

#### MEN'S DISCUSSION GROUP

Informal peer led discussion group for men.

Tu	2-3:30 pm	FREE	VLSC

#### WHAT'S ON YOUR MIND?

General discussion group that talks about anything and everything except politics.

 $2^{nd}$  &  $4^{th}$  Tu 1:30-3 pm FREE VLSC

# **Technology**



#### **ACTIVE NET ONLINE TRAINING**

Come learn how to register for classes online using Active Net. You can bring our tablet or laptop. Will teach you step by step instructions. Learn how to save credit cards, wish list functions, navigate how to find classes and lastly how to register online.

Th 11 am 7/22 FREE 49954 VLSC

#### TECH TIME WITH MARK AND JENA

Askyour questions about smart phones, tablets, laptops & other technology. Individualized tutoring. No registration required.

2 <sup>nd</sup> Th	9-11 am	FREE	MARK VLSC
2 <sup>nd</sup> & 4 <sup>th</sup> Tu	11 am-noon	FREE	JENA GRSC

#### **TECH TUTORS**

Do you find it challenging to use technology? Scottsdale volunteer Kathy will help/teach you to use your smart phone, tablet, or computer.

3<sup>rd</sup> Sa 9-11:30 am FREE VLSC

# **Transportation**

#### **AARP DRIVER SAFETY COURSE**

Driver Safety class open to anyone & could get a discount on car insurance. AARP members \$20.00 & Non-Members \$25.00. Payment will be collected by AARP on class date.

2<sup>nd</sup> Th 12:30-4:30 pm \$20(R)/\$25(N) VLSC



# **Community Resources**

#### **BENEFITS ASSISTANCE**

The state health insurance assistance program provides objective information regarding original Medicare. Trained Area Agency on Aging volunteers provide free personalized assistance with the preparation of Medicare and supplemental claims forms, appeals, applying for Medicare and more. To schedule a free appointment, please call the Granite Reef or Via Linda senior centers.

#### **BROWN BAG PROGRAM**

The Brown Bag Program offers qualified seniors and people with disabilities food supplements including; fresh fruit & vegetables, canned goods and bakery items on a bi-monthly basis at Scottsdale Food Bank. For more information please call Granite Reef Senior Center at 480-312-1700.

#### **CAB CONNECTION**

This taxi voucher subsidy program is available to city of Scottsdale residents who are disabled or senior citizens (65+). The program serves full city limits. Vouchers pay 80% of the fare (up to \$10). Participants may request up to 20 one-way vouchers per month. Please call the Cab Connection office at 480-312-8747 for additional information.

#### **DUET**

Volunteers serve homebound and/or disabled individuals, 18 years of age and older. There is no financial eligibility. Service area includes Scottsdale city limits south of Frank Lloyd Wright Blvd. Services include grocery shopping, rides to medical appointments, paperwork or computer assistance, minor home repairs, visiting, phoning or respite. Please call 602-274-5022 to register or request assistance.



#### **FOOTHILLS CARING CORPS**

Volunteers serve homebound and/or disabled individuals, 18 years of age and older. There is no financial eligibility. Service area includes Scottsdale city limits north of Bell Road and the towns of Carefree and Cave Creek. Transportation services include mobile meals, van pooling, medical transportation and grocery shopping. Please call 480-488-1105 for additional information.

#### **HOME DELIVERED MEALS**

The City of Scottsdale partners with local non-profits to provide nutritious, hot meals to qualified homebound seniors. The service also provides a daily check on the individual's condition and safety. For more information on programs in your area, please call the Area Agency on Aging at 602-264-4357.

#### **HOME SAFE HOME**

Trained Scottsdale Fire Department volunteers visit seniors in their homes and point out potential tripping and falling hazards. Volunteers can replace smoke alarm batteries or install a new alarm and give free night lights to ensure you can see well at night. Please call 480-312-1817 to request your free visit.

#### LOCKBOXES FOR SENIORS

The Scottsdale Area Association of REALTORS, the Scottsdale Police and Fire Departments and the Maricopa County Sheriff's Office offer free emergency lockboxes to seniors whose annual income is less than \$25,000 and at a charge of \$25 for all others. The service is available to Scottsdale and Fountain Hills residents only. For additional information or to arrange delivery, please call 877-229-5042 (toll free).

#### **MEDILOAN PROGRAM**

The senior centers provide Scottsdale residents with medical equipment such as canes, walkers, wheelchairs and shower benches.

#### **OPERATION FIX IT**

Operation Fix-It (OFI) works in the community with dedicated volunteers and city staff to assist qualified Scottsdale homeowners. The program helps qualified applicants with code enforcement referrals and issues related to health and safety on the property.

To apply for the program or learn about volunteer opportunities, please call 480-312-8703 or go to ScottsdaleAZ. gov and search "Operation Fix It."

#### VALLEY METRO PARATRANSIT

East Valley Dial-a-Ride has a new name: Valley Metro Paratransit. A fleet of brand new accessible vans and minivans will now service you with Valley Metro signage and colors. They have also partnered with AAA Transportation (Yellow Cab) to provide additional service to the east valley. Request a trip, check on an existing trip, or make changes to one by calling 602-716-2200 or via TTY at 602-716-2118.

Discover Carefree Living at McDowell Village

For over 19 years, McDowell Village has proudly provided award-winning senior living that combines everything you need under one roof. Imagine a home where you can embrace a maintenance-free lifestyle while enjoying a wide array of amenities and services designed to make every day extraordinary.

Our spacious and comfortable apartment homes offer the perfect balance of privacy and connection, allowing you to retreat to your oasis whenever you please while staying steps away from everything you need to thrive. **Enjoy:** 

- Delicious chef-prepared meals.
- A robust social calendar filled with engaging activities.
- Access to technology assistants who simplify the digital world for you.
- Utilities, cable, and Wi-Fi included.
- Weekly housekeeping and maintenance services to keep your home worry-free.
- Scheduled transportation available.

Call us at 480-400-8510

to schedule your tour today!

It's no wonder we've become one of **Arizona's** highest-rated senior living communities on **Google!** At McDowell Village, you can focus on what truly matters: **discovering new passions**, building meaningful connections, and living life to the fullest.









### **CAREER SERVICES**

Vista del Camino Community Center 7700 E. Roosevelt St., Scottsdale, AZ 85257 | 480-312-2323

Go to ScottsdaleAZ.gov, search "Career Center"

Career Center Hours: Mon - Fri | 8 am - 5 pm | 480-312-0060

CONTACT:

Sheila Williams, 480-312-0058 | SWilliams@ScottsdaleAZ.gov

The Career Center is a space for job seekers to access computers to apply for jobs, update resumes and explore job opportunities-all for free. The Career Center maintains job and career fair information. With an appointment, you can meet with a skilled Career Coach for guidance on your career journey.



# Sign Up With A Career Coach!

Career Coaches are available, virtually or in-person, to assist job seekers with essential employment strategies including:

- · Resume development
- · Job search strategies
- LinkedIn consultation
- Employment referrals
- Interview preparation

#### **ADDITIONAL EMPLOYMENT SERVICES:**

- Employment Referrals
- Webcam for digital interviews
- Career Closet



# Download our Career Center Events Calendar!

Get the most up-to-date information and view our upcoming career help programs.

Go to ScottsdaleAZ.gov, search "Career Center"

# **STAY CONNECTED!**

Scottsdale Vista Career Center





## CAREER CLASSES

Learn to navigate the current job market with new skills and effective strategies. Programs provided by City of Scottsdale Career Services.

# JOB STRATEGIES FOR SENIORS, RETIREES AND THE YOUNG AT HEART

We'll discuss job search techniques and employment strategies for seniors, retirees and the young at heart. And ... explore the latest techniques and what to expect when applying for employment, interviewing for jobs, and developing a resume this current job market.

Th 10:30 am 9/11 FREE Civic Center Library

#### **INTERVIEW TECHNIQUES**

Learn the latest interview techniques and how to answer interview questions confidently and effectively.

Th 10:30 am 10/9 FREE Civic Center Library

#### **COLLEGE & CAREER CARNIVAL**

Scottsdale Public Library and Scottsdale Career Services in partnership with Scottsdale Unified School District invite you to join us for our college and career carnival! Meet college recruiters, discover trade programs, and explore a variety of career pathways. Whether you're planning for college, curious about a trade, or just exploring your options, there's something here for everyone.

a 10 am-2 pm 9/20 FREE Civic Center Library





#### SCOTTSDALE FAMILY RESOURCE CENTER

Services that support families, parents, caregivers, expectant parents and their young children ages birth through age five. All programs and events are free, interactive and fun for both caregiver and child!

- · Early literacy programs
- · Family Play Time
- Parenting workshops
- Parent support groups
- Referrals to community resources
- Referrals for emergency assistance: food, utility & rental assistance

Stay updated on events and children's literacy programs by downloading our Community Calendar! Go to ScottsdaleAZ.gov, search "Scottsdale Family Resource Center" or call 480-312-0038.

#### **FAMILY PLAY TIME**

This is a free weekly program for parents and caregivers that provides an opportunity to explore and play with your child (ages infant – Pre-K) in a safe, indoor, open play area. We provide developmentally appropriate furniture, materials, and hands-on activities. Families can drop in anytime during the program hours. Registration is not required.

Este es un programa semanal gratuito para padres y cuidadores que brinda la oportunidad de explorar y jugar con su hijo (de bebés a preescolar) en un área de juegos abierta, segura y cubierta. Proporcionamos muebles, materiales y actividades prácticas apropiados para el desarrollo. Las familias pueden pasar en cualquier momento durante el horario del programa. No es necesario registrarse.

Th	10-11:30 am	Weekly	FREE	FRC	
F	10-11:30 am	Weekly	FREE	FRC	
2 <sup>nd</sup> Tu	5-6:15 pm	Every Month	FREE	FRC	

**Scottsdale Family Resource Center** 

6535 E. Osborn Road | Scottsdale | AZ 85251 | Building 7



# **FALL 2025 PROGRAMS**

Paiute Neighborhood Center, in partnership with the city's Leisure Education Department, is offering enriching, fun classes this fall for children and families.

# CREATIVE MOVEMENT PARENT/CAREGIVER (1-3YRS)

W	9:15 am	9/10(7classes)	PNCC	\$75(R)/\$129(N)	49153	
W	9:15 am	10/29(7classes)	PNCC	\$75(R)/\$129(N)	49154	

#### TAI CHI - BEGINNING (18+)

_, _	- 1		1 / - \ / 1 / - \		
Th 6 pm	9/11	PNCC	\$80(R)/\$120(N)	49152	

# YOUNG REMBRANDTS - COOKING AND BAKING, DRAWING WORKSHOP (8-13YRS)

M	2.20	0/22	DNCC	\$75(R)/\$129(N)	401 F F
М	3:30 pm	9/22	PNCC	2 (2(K)/2129(N)	49155





# SERVING AND BRINGING TOGETHER THE COMMUNITY

Located in the heart of thriving Scottsdale Communities, our Neighborhood Centers not only offer a gathering space, but also provide Social Services, connection to other agencies, family support and more!

# PAIUTE NEIGHBORHOOD CENTER



6535 E. Osborn Road, Scottsdale, 85251 | 480-312-2529 Mon. - Fri. ...... 8 am - 5 pm

Paiute Neighborhood Center provides a safe and diverse environment where our neighbors can come together to create a spirit of community by providing social, recreational, cultural and educational programs and services.

#### **RESOURCES:**

- Social Services
- Community Workshops & Events
- Food Bank
- English Classes
- Scottsdale Bar Association Legal Clinic
- Monthly Coffee & Community
- Family Resource Center
- Housing and Community Assistance
- · Head Start, Hirsch Academy, and SARRC

# VISTA DEL CAMINO COMMUNITY CENTER



7700 E. Roosevelt St., Scottsdale, 85257 | 480-312-2323 Mon. - Fri. ...... 8 am – 5 pm

Vista del Camino is Scottsdale's Community Action Program (CAP), providing a variety of services to residents to prevent homelessness, meet the basic needs of individuals and families in crisis, relieve economic and emotional stress, and maintain self-sufficiency.

#### **SERVICES LIKE:**

- Food Bank
- Utility Assistance
- Career Center
- · Community Support Programs
- STEP (Teen Employment Program)
- Rent & Mortgage Assistance

#### **COMMUNITY ENGAGEMENT PROGRAMS:**

- Family Recreation Program
- Leisure Education Classes

# FALL FAMILY RECREATION PROGRAMS [ALL AGES]

This City of Scottsdale program at the Vista del Camino Community Center offers dynamic recreational opportunities for families to engage in safe, enriching, fun activities to include arts, crafts, games and light refreshments. The program is FREE to the community. Participants are expected to attend all sessions they registered for. Register and learn more at Recreation. Scottsdale AZ.gov, search "Fall Family".

Este programa de la Ciudad de Scottsdale en el Centro Comunitario Vista del Camino ofrece oportunidades recreativas dinámicas para que las familias participen en actividades seguras, enriquecedoras y divertidas que incluyen artes, manualidades, juegos y refrigerios ligeros. El programa es GRATIS para la comunidad. Se espera que los inscritos asistan a todas las sesiones para las que se hayan inscrito. Regístrese y obtenga más información en Recreation. Scottsdale AZ.gov, busque "Fall Family"

These programs offer diverse activities that promote community engagement and family enrichment for all ages.

Este programa ofrece diversas actividades que promueven la participación comunitaria y el enriquecimiento familiar para todas las edades.

## SEPTEMBER/SEPTIEMBRE

#### WEIRD SCIENCE/CIENCIA EXTRAÑA

(ages all, edades todas / 120 min / space is limited, cupo limitado)

F 5:30 pm 9/12 FREE/GRATIS VDC 49940

#### **DOWN AT THE FARM/EN LA GRANJA**

(ages all, edades todas / 120 min / space is limited, cupo limitado)

F 5:30 pm 9/26 FREE/GRATIS VDC 49941

## OCTOBER/OCTUBRE

#### FALL CRAFT NIGHT/NOCHE DE ARTESANÍAS DE OTOÑO

(ages all, edades todas / 120 min / space is limited, cupo limitado)

F 5:30 pm 10/10 FREE/GRATIS VDC 49942

#### PUMPKIN CREATION/CREACIÓN DE CALABAZA

(ages all, edades todas / 120 min / space is limited, cupo limitado)

F 5:30 pm 10/24 FREE/GRATIS VDC 49944

#### NOVEMBER/NOVIEMBRE

#### FALL: OPEN RECREATION/OTOÑO: RECREACIÓN ABIERTA

(ages all, edades todas / 120 min / space is limited, cupo limitado)

F 5:30 pm 11/7 FREE/GRATIS VDC 49945

#### SLIME NIGHT/NOCHE DE SLIME

(ages all, edades todas / 120 min / space is limited, cupo limitado)

F 5:30 pm 11/21 FREE/GRATIS VDC 49946

# **DECEMBER/ DICIEMBRE**

#### GINGERBREAD HOUSES/CASAS DE JENGIBRE

(ages all, edades todas / 120 min / space is limited, cupo limitado)

F 5:30 pm 12/5 FREE/GRATIS VDC 50092



# HOUSING & COMMUNITY ASSISTANCE

Federally and locally supported programs that improve the quality of life for low to moderate-income families and assist in the stabilization of Scottsdale neighborhoods.

Housing and Community Assistance Office administers the city's affordable housing programs and collaborates with non-profit agencies as well as other city departments to address and meet basic and critical human needs.

#### Housing Rehabilitation Programs:

- Major Housing Rehabilitation Program offers an interest-free deferred loan to qualified low and moderate income homeowners to finance a contract for home repairs between a homeowner and a contractor.
- Roof Repair and Replacement Program provides assistance to repair or replace deteriorated roofing systems that pose a serious threat to the health, safety or welfare of a household.
- <u>Emergency Repair Program</u> provides assistance through a grant to address household repairs that affect the immediate livability of the home. Repairs are limited and assistance is based on priority of emergency.
- Operation Fix It (OFI) program provides assistance to address code enforcement referrals and issues related to health and safety on the property. OFI works in the community with dedicated volunteers and city staff to assist Scottsdale homeowners.

# **Rental Assistance Programs**

Housing Choice Voucher Program - The HUD housing choice voucher program (HCV) is the federal government's major program for assisting very low-income families, the elderly, and the disabled to afford decent, safe, and sanitary housing in the private market. Since housing assistance is provided on behalf of the family or individual, participants are able to find their own housing, including single-family homes, townhouses and apartments.

**Veterans Affairs Supportive Housing** - The HUD-Veterans Affairs Supportive Housing (HUD-VASH) program combines HUD's Housing Choice Voucher (HCV) rental assistance for homeless Veterans with case management and clinical services provided by the Department of Veterans Affairs (VA).

**Foster Youth to Independence** - HUD Foster Youth to Independence (FYI) vouchers are Housing Choice Vouchers designated for child welfare involved individuals. They provide dedicated rental assistance to support youth who are exiting foster care and are at risk of homelessness, or who have become homeless after having been in foster care.

**Family Self Sufficiency** - The HUD Family Self Sufficiency (FSS) is a program that enables HUD-assisted families to increase their earned income and reduce their dependency on welfare assistance and rental subsidies.



# Wednesday | Oct. 15 9-10:30 am

Paiute Neighborhood Center 6535 E. Osborn Road | Bldg. 9

Join Scottsdale's Housing and Community Assistance Office for an informational presentation about the housing programs we offer. Learn about resources, services, and benefits available to landlords, as well as a Q & A session with staff. We are eager to make this partnership a success.

Contact information 480-312-7717 or email: ScottsdaleHousingInfo@ScottsdaleAZ.gov

# Housing and Community Assistance

6535 E. Osborn Road | Bldg. 8 Scottsdale, AZ 85251

Phone: 480-312-7156

TDD: 480-312-7411 or AZ Relay 7-1-1

#### Contact:

ScottsdaleHousingInfo@ScottsdaleAZ.gov

Go to ScottsdaleAZ.gov, search "HCA"

# SCOTTSDALE

explores

FALL 2025 - SEPT | OCT | NOV | DEC

## FALL IS A GREAT TIME TO ENJOY THE PRESERVE!

Scottsdale's McDowell Sonoran Preserve encompasses over 30,500 acres of permanently protected Sonoran Desert and mountains. It is home to a magnificent array of desert adapted plants and animals, and affords stunning views of the McDowell Mountains.

The Scottsdale Preserve also boasts an interconnected network of over 225 miles of trails for hiking, mountain biking and horseback riding. The trails can be accessed from one of eight major trail head facilities, and are open sunrise to sundown. Amenities vary at each trail head; visit the City's website for more details. Trail maps are available free of charge at all major trail heads, and can also be downloaded by visiting ScottsdaleAZ.gov and searching 'Preserve Maps.'

The Preserve is divided into two primary regions – the Southern and Northern.

• The Southern Region is home to the McDowell Mountains, and contains some of the steeper and more challenging trails of the Preserve. The trails of the southern region are very rocky, so be sure to wear sturdy footwear.

#### Trailheads: Sunrise, Lost Dog Wash, Gateway, Tom's Thumb

• The terrain of the **Northern Region** is comprised mainly of rolling desert topography, punctuated by a series of smaller mountains. The trails are much smoother than the south, with dramatically less rock. Because of these characteristics, the Northern Region is very popular with mountain bikers and equestrians.

Trailheads: Our new Pima Dynamite trailhead, Brown's Ranch, Fraesfield and Granite **Mountain Trailheads** 

# PINNACLE PEAK PARK



#### Pinnacle Peak Park | 26805 N. 102nd Way

Pinnacle Peak Park features a moderate out-and-back trail through the pristine Sonoran Desert environment. The park is a total of 150 acres, and the trail length is 2 miles, one way. It's a great hike for all ages and activity levels - with fantastic views!

Visit Scottsdale AZ.gov and search 'Pinnacle Peak Park' for more information about the park, events, trail information, and hours.

\*Dogs are not allowed on the Pinnacle Peak Park trail.



# PINNACLE PEAK PARK **EVENTS**

#### **FULL MOON HIKES**

These cool evening hikes to the Grandview Overlook allow visitors to experience the park after hours at their own pace. These 90 minute, 1.5 mile hikes are safe and fun for the whole family! Staff and volunteers will be on the trail to assist visitors and answer questions. No fee but registration is required.

Su	9/7	6 pm
	,	
М	10/6	5 pm
W	11/5	4:45 pm
Th	12/4	4:10 pm

#### **ASTRONOMY EVENINGS**

NASA Solar System Ambassador Mark Johnston will highlight that evening's visible objects, including planets, multiple star systems, globular clusters and nebulae through a high end refractor telescope,

Beginners are welcome and no hiking is required. Participants are encouraged to bring binoculars and a small penlight flashlight.

F	9/12	7:15 pm	
F	10/10	6:30 pm	
F	11/7	6 pm	
F	12/12	6 pm	

## **COMMON MAMMALS YOU** MAY SEE AT THE PRESERVE:







Desert Mule Deer



conservancy women

# Learn. Support. Connect. Join Conservancy Women Today!



**Conservancy Women** is a friend-raising and fund-raising group of philanthropically minded individuals interested in learning more about the Sonoran Desert.

Members of **Conservancy Women** make an annual donation of \$200 to the McDowell Sonoran Conservancy.

In addition to fun educational and cultural events, Conservancy Women offers:
• Book Club • Movie Group • Hiking Group • Walking Group • And More!









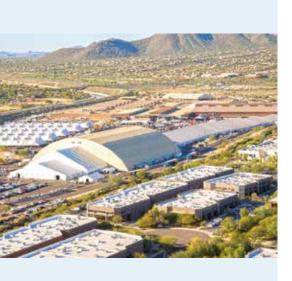


Scan to sign up now!



Support the Conservancy, make new friends, and learn about the desert in which you live!

Sign up today at: mcdowellsonoran.org/conservancywomen



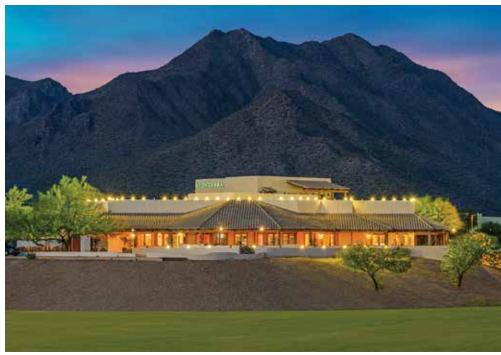






WestWorld of Scottsdale is a premier, nationally recognized, multi-use events facility serving the Scottsdale community and visitors. Located at 16601 N. Pima Road, this city-owned facility hosts a wide array of events each year, enjoyed by hundreds of thousands of people.

Learn more about these events at WestWorldAZ.com.



# FALL COMMUNITY EVENTS

SEPT Sept. 12 | Astronomy Evenings Pinnacle Peak Park | 7:15 p.m.
See page 56 for more details

Sept. 13 | Parks and Recreation Rewind: 90s Night Scottsdale Civic Center | 6 - 9 p.m. Visit Scottsdale AZ.gov, search "Rewind"

OCT Oct. 10 - 31 | Halloween Spook-Track-Ula McCormick-Stillman Railroad Park 6 - 9:30 p.m. nightly TheRailroadPark.com/events

> Oct. 13 -17 | Fall Break Camps Various Locations | 8 a.m. - 5 p.m.
> See page 12 for more details

NOV Nov. 1 | 40th Annual Arts & Crafts Fair Granite Reef Senior Center | 9 a.m. - 2 p.m. See page 45 for more details

> Nov. 28 - Dec. 30 | Holiday Lights McCormick-Stillman Railroad Park | 6 - 9:30 p.m. nightly TheRailroadPark.com/events

DEC Dec. 6 | Ultimate Family Play Date Scottsdale Civic Center | 9 a.m. - 1 p.m. Visit Scottsdalelibrary.org/events

Dec. 13 | Playground Jam Fest Location: TBD | 5 - 7 p.m.

Visit ScottsdaleAZ.gov, search "Playground"

# View this guide online!

Visit: ScottsdaleAZ.gov search "Activity Guide"