



# Vaping Questionnaire

**Start Date :** Aug 2, 2023

**Responses :** 73

Community members were asked to share their thoughts on "Vaping Questionnaire".

## REPORT SUMMARY

**73 participants completed this questionnaire, demographics of respondents can be found at the end of the report. NOTE: This was a small sample size, results and recommendations are not conclusive and themes that emerged should be further explored/validated. As this questionnaire was focused on child vaping in schools, it's important to mention that 77% of respondents indicated they do not have children or grandchildren in elementary, middle, or high school.**

Most participants viewed vaping as a problem in middle and high school and when asked to think about consequences for vaping on campus - required education and health programs would be the best course of action.

In terms of prevention, participants see value in educating kids on the health risks and introducing age-appropriate content to children in elementary school. Educating children at a young age is perceived as an opportunity to counteract misinformation seen online and provide facts before they are faced with peer pressure.

While schools are viewed as an important component, participants believe education begins at home, and parents should play a big role in communicating the risks. It was mentioned schools could provide education opportunities and information to parents so they fully understand the problem and have the resources to communicate risks to their kids.

Overall, participants felt that the best approach to managing childhood vaping is to help kids understand how vaping impacts health and wellbeing, so kids have the knowledge and resources to make informed decisions as they get older. An effective approach may involve parents and schools supporting each other in communicating risks and preventing use.

### Q#1 (73 respondents)

Respondents were asked, "On a scale of 1 to 5, how much of a problem do you believe vaping is in middle and high school? 1 is not a problem, 5 is a big problem" 69.9% of respondents rated the concept 4 or 5. While 9.6% of respondents rated the concept 1 or 2. The average rating was 3.97.

### Q#2 (73 respondents)

Respondents were asked, "Do you have a child or grandchild who is currently in elementary, middle, or high school? Select all that apply"

Label	Percent
No, I do not have children or grandchildren in elementary, middle, or high school	76.7%
High school	13.7%
Elementary school	9.6%
Middle school	6.8%

The vast majority of respondents selected *No, I do not have children or grandchildren in elementary, middle, or high school* (76.7%) and a few respondents selected *High school* (13.7%). While a few respondents selected *Elementary school* (9.6%) and a few respondents selected *Middle school* (6.8%).

### Q#3 (73 respondents)

Respondents were asked, "What consequence do you believe a student should face if they are caught with a vape - vaping on school campus? Select all that apply"

Label	Percent
Required education program	67.1%
A warning	46.6%
Suspension	32.9%
Other, please specify	15.1%
I'm not sure	11.0%
Police citation	9.6%

The clear majority of respondents selected *Required education program* (67.1%) and many respondents selected *A warning* (46.6%). While many respondents selected *Suspension* (32.9%) and several respondents selected *Other, please specify* (15.1%). Additionally, there were a few respondents that selected *I'm not sure* (11.0%) and a few respondents that selected *Police citation* (9.6%).

OTHER RESPONSES: Those that selected "Other" overall wanted to emphasize the importance of education programs focused on articulating health impacts and perhaps an escalation of consequences if caught vaping in schools.

### Q#4 (73 respondents)

Respondents were asked, "What prevention methods do you think are effective at helping kids not start or to quit nicotine?" Open ended responses fell under the following themes:

#### Nicotine Prevention Feedback

- Education and health programs - providing resources for children and parents (37)
- Parental Involvement - Set examples, communicate dangers (15)
- Visualize and articulate physical harm and health risks (13)
- Provide consequences or penalties (6)
- Peer-to-Peer conversations and education (5)

### Q#5 (73 respondents)

Respondents were asked, "On a scale of 1 to 5, how important do you think tobacco-drug use curriculum is for students in elementary schools? 1 is very unimportant, and 5 is very important"

76.7% of respondents rated the concept 4 or 5. While 12.3% of respondents rated the concept 1 or 2. The average rating was 4.11.

### Q#6 (73 respondents)

Respondents were asked, "Can you please expand on why you feel that way about drug curriculum in elementary schools?" Open ended responses fell under the following themes:

#### Early Education Has an Impact

- Sooner the better - Educate risks of nicotine before being exposed to peer pressure (48)
- Avoid the spread of misinformation (16)

#### Early Education Should Focus on Other Areas

- School should focus on other types of education (6)
- Elementary is too young for vape introduction (5)
- Parents should play a bigger role (4)
- Drug education in schools are ineffective (4)
- No opinion, unfamiliar with the problem (2)

**Q#7 (73 respondents)**

Respondents were asked, "What age do you feel is appropriate to begin talking about and educating children on tobacco-nicotine?"

- 5 - 6 (37.0%)
- 11 - 12 (20.5%)
- 9 - 10 (19.2%)
- 7 - 8 (19.2%)
- 13 or older (4.1%)

**Q#8 (73 respondents)**

Respondents were asked, "On a scale of 1 to 5, how involved do you believe parents-caregivers should be in reducing vape use by middle and high school students? 1 is not necessary, 5 is very involved"

98.6% of respondents rated the concept 4 or 5. While 1.4% of respondents rated the concept 1 or 2. The average rating was 4.90.

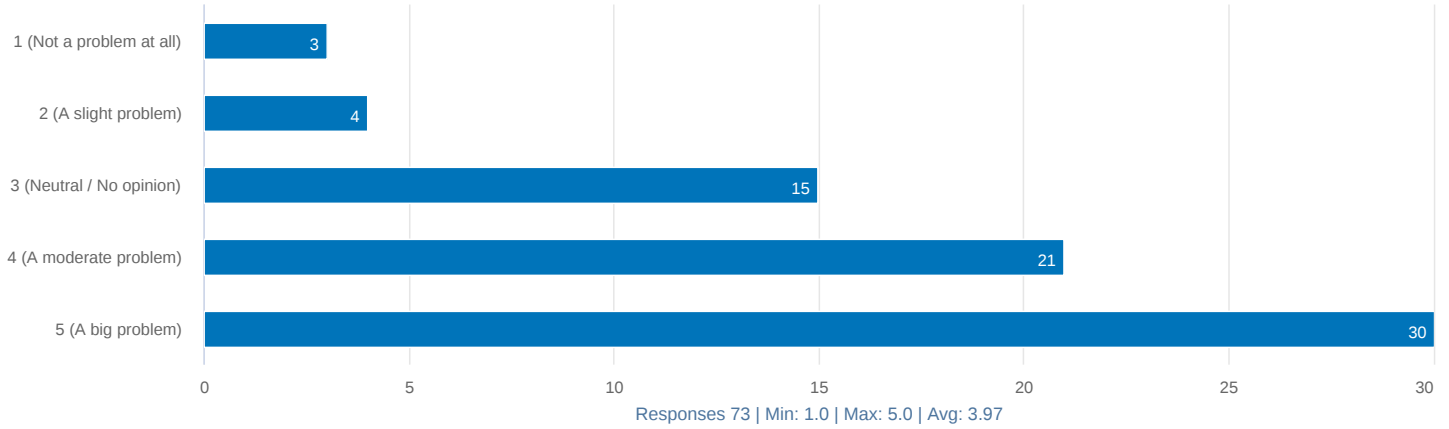
**Q#9 (73 respondents)**

Respondents were asked, "Can you please expand on what that involvement looks like to you?"

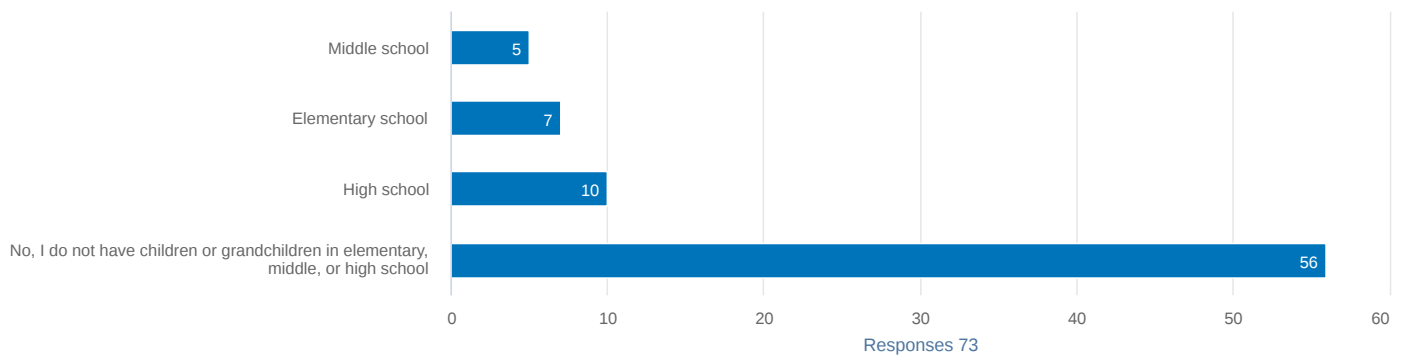
**Feedback on Parental/Caregiver Involvement**

- Education begins at home - parents need to play an active role in education and prevention (41)
- Schools should educate parents + Parents should support schools (13)
- Parents have ability to set rules and consequences (12)
- No opinion (7)
- Parents are role models (6)

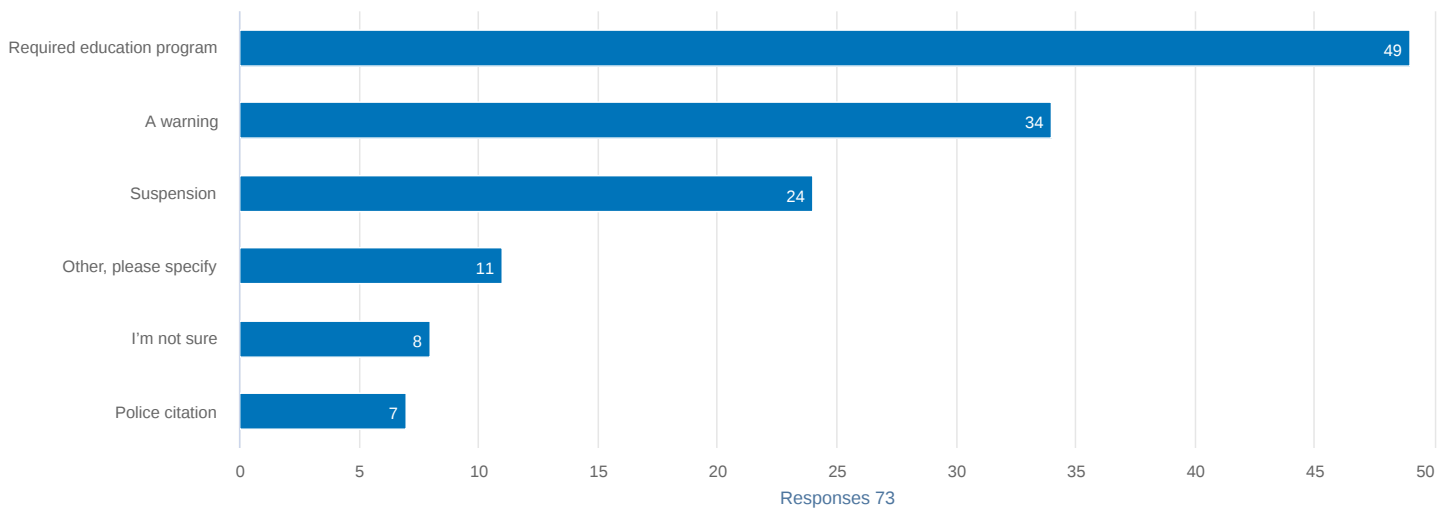
On a scale of 1 to 5, how much of a problem do you believe vaping is in middle and high school? 1 is not a problem, 5 is a big problem



Do you have a child or grandchild who is currently in elementary, middle, or high school? Select all that apply



What consequence do you believe a student should face if they are caught with a vape - vaping on school campus? Select all that apply

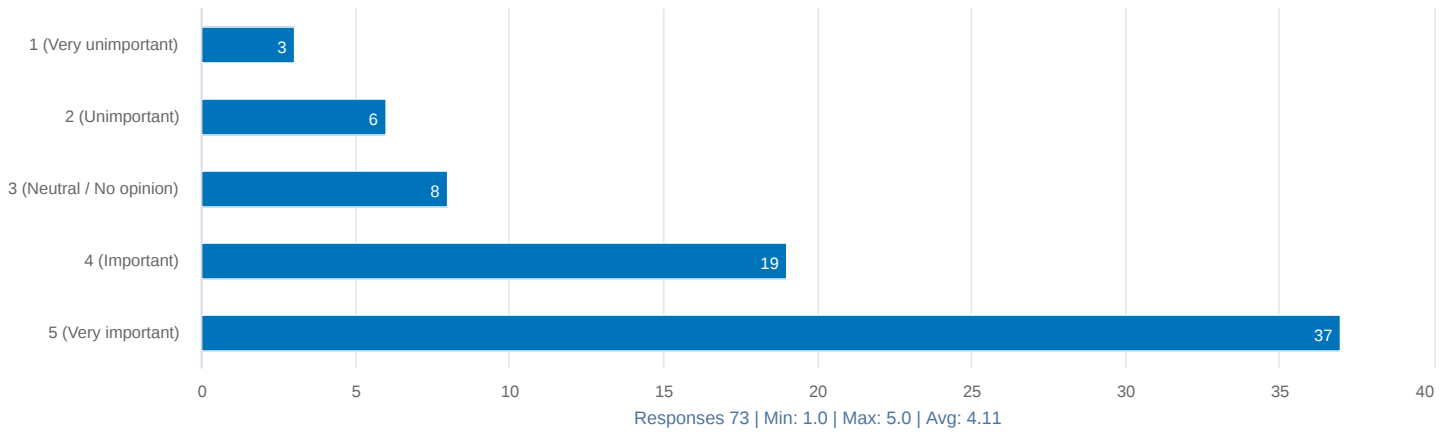


What prevention methods do you think are effective at helping kids not start or to quit nicotine?

Bucket	Count
Education and health programs - providing resources for children and parents	37
Parental Involvement - Set examples, communicate dangers	15
Visualize and articulate physical harm and health risks	13
Peer-to-Peer conversations and education	5
Provide consequences or penalties	6
Unsure	4

Total 73

On a scale of 1 to 5, how important do you think tobacco-drug use curriculum is for students in elementary schools? 1 is very unimportant, and 5 is very important

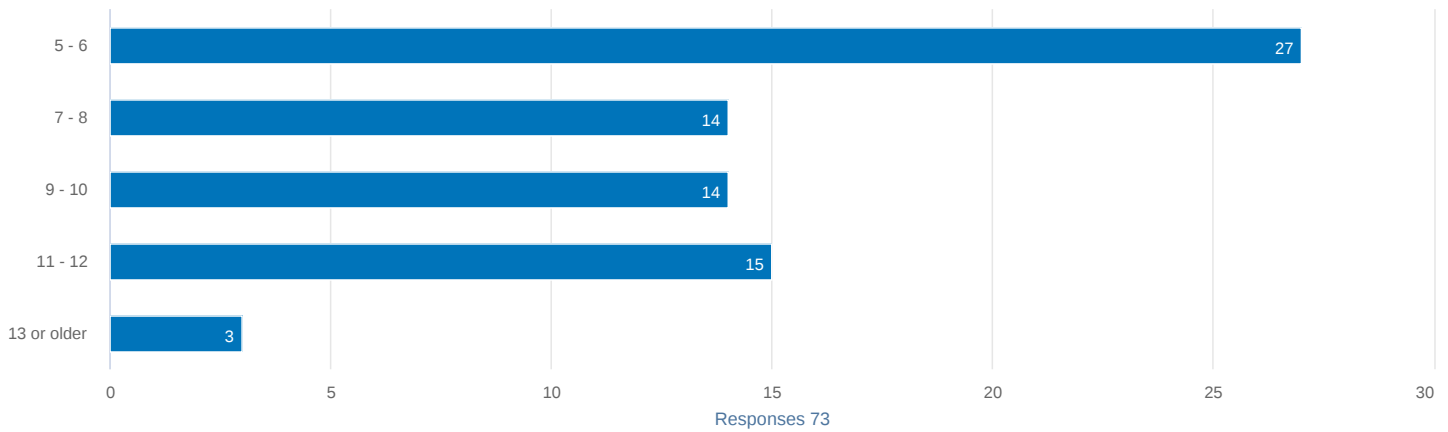


Can you please expand on why you feel that way about drug curriculum in elementary schools?

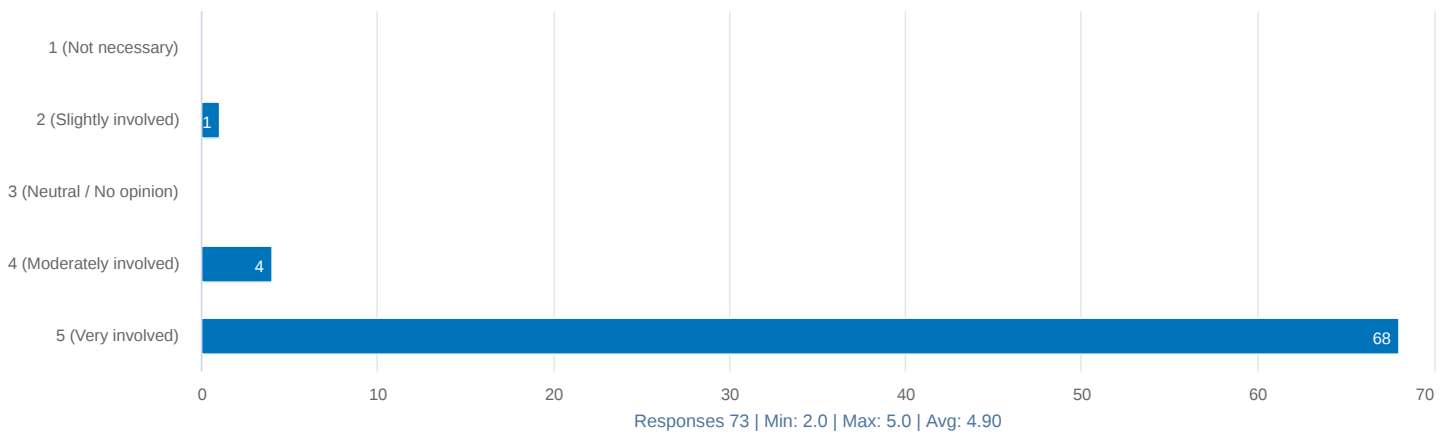
Bucket	Count
Sooner the better - Educate risks of nicotine before being exposed to peer pressure	48
Avoid the spread of misinformation	16
School should focus on other types of education	6
Elementary is too young for vape introduction	5
Drug education in schools are ineffective	4
Parents should play a bigger role	4
No opinion, unfamiliar with the problem	2

Total 73

What age do you feel is appropriate to begin talking about and educating children on tobacco-nicotine?



On a scale of 1 to 5, how involved do you believe parents-caregivers should be in reducing vape use by middle and high school students? 1 is not necessary, 5 is very involved



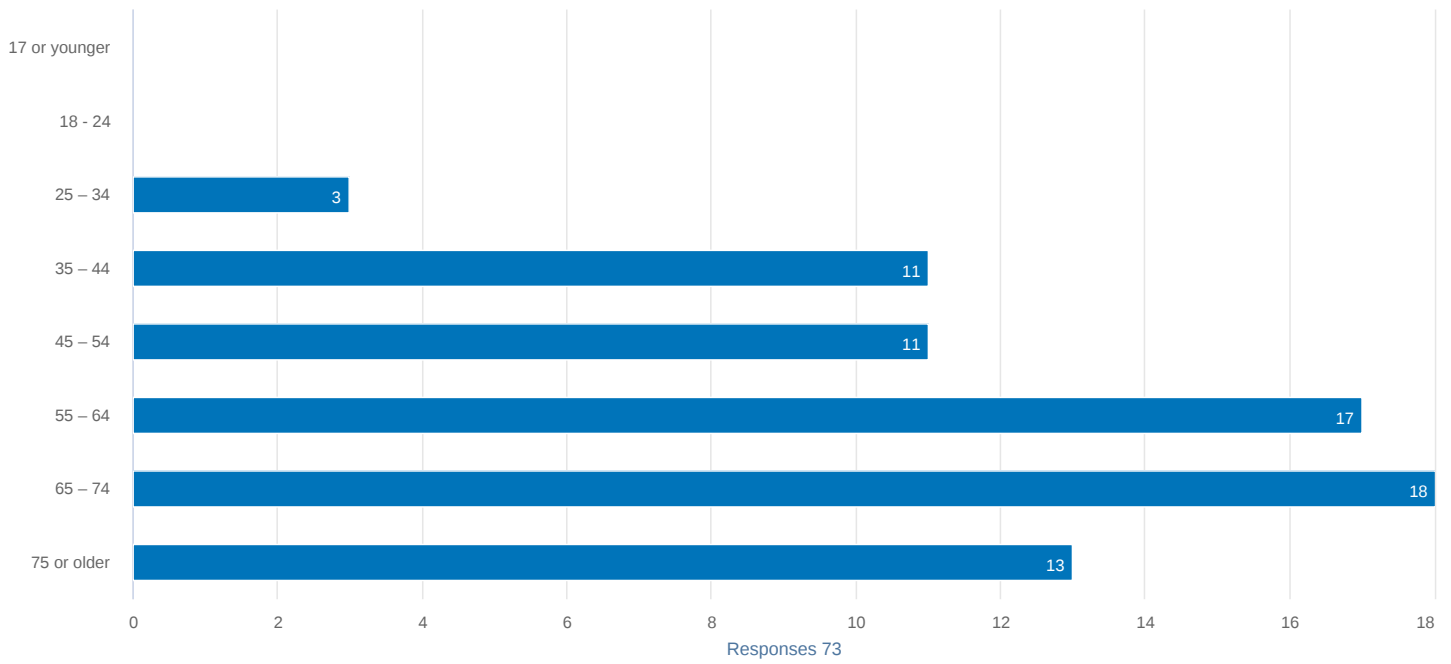
Can you please expand on what that involvement looks like to you?

Bucket	Count
Education begins at home - parents need to play an active role in education and prevention	41
Schools should educate parents + Parents should support schools	13
Parents have ability to set rules and consequences	12
Parents are role models	6
No opinion	7

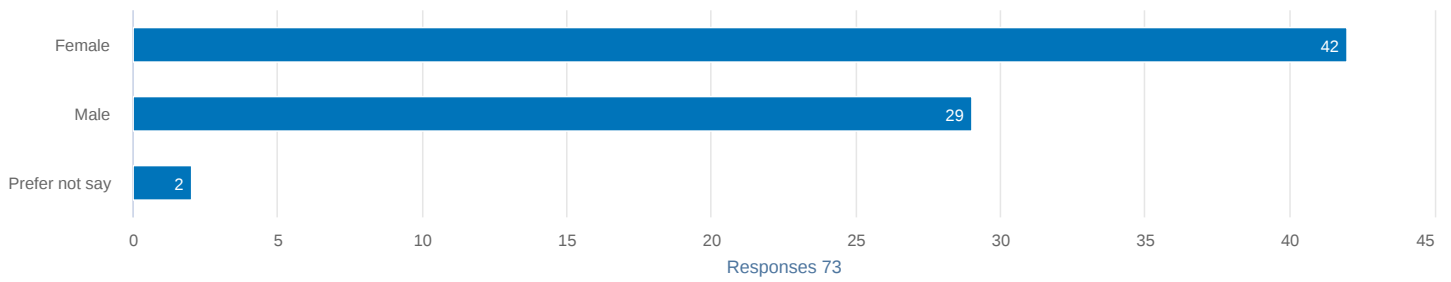
Total 73

Demographic Appendix

Age



Gender



Race/Ethnicity

