EXPLORING IN Scottsdale

Welcome! Scottsdale offers amazing recreational opportunities. Miles of trails within a beautiful, but sometimes harsh desert environment, can put visitors at risk. Here are some helpful reminders to keep you safer as you hit the trails.

PREPARE Yourself

Protect yourself from the sun and elements with hats, clothing and sunscreen.

Pre-hydrate and bring enough water along including extra for pets and if you get delayed.

Bring your cell phone and first aid supplies.

Carry or download a map.

Choose loose fitting, light colored clothing and footwear with good tread.

PLAN YOUR *path*

Find the right route for your hike! Take these into consideration when choosing a hike for you, your group and/or your pet:

- *The fitness level of everyone including your pet*
- *Elevation change/steepness of the trail*
- *The full distance out and back to your destination and the time and energy that will be required*
- *The current temperature and weather conditions and forecast for the day*

Notify someone where you are going and when to expect you back.

DURING YOUR *Adventure*

- Hydrate regularly and stay fueled! When your water is half gone, start your trip back.
- Reapply sunscreen as needed.
- Pay attention to trail signs with emergency markers. These have information that rescuers will need to help locate where you are.
- For your safety, stay on the trails. The Preserve is home to many adversities that bite, sting and poke!
- Be mindful and monitor you, your group and dogs for signs of heat stress.

MORE *Information*

For more information and maps for our hiking trails and safety considerations, visit ScottsdaleAZ.gov and search "hiking trails" "Preserve" and "Pinnacle Peak Park"

CITY OF SCOTTSDALE

SCOTTSDALE FIRE DEPT