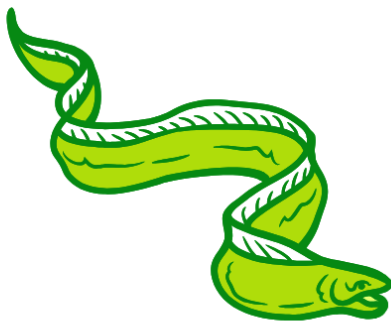


2026 Recreational Dive Team



ELDORADO EELS



CACTUS CROCS



**MCDOWELL MOUNTAIN
MARLINS**



Hello and welcome to the 2026 City of Scottsdale Summer Recreational Dive Team! We are looking forward to an exciting summer of diving and fun! We have a great season planned and, with your involvement, it can only get better.

Daily practices, weekly dive meets, and special events are just some of the aspects of being a member of our teams. The 2026 season is packed with fun activities, and we hope you and your family will take advantage of them. Besides our optional (but highly encouraged) Saturday meets, there will be team building activities, team photo day, a 3-meter dive meet, and an end of summer celebration meet.

Ski Pro will be on-site during the first week of practice to assist you with team suit fitting and orders. Swim accessories such as dive shammies will also be available for purchase during this time.

Good luck this summer and we look forward to meeting you and your family!

-City of Scottsdale Aquatic Management Team



Welcome to Recreational Diving

The City of Scottsdale Summer Recreational Dive Team is organized to serve the recreational needs and develop the potential of young athletes who are interested in furthering their diving abilities. Divers will enhance physical coordination and fitness through consistent practice and training while developing proper diving skills. Practicing with the same group of divers everyday will encourage team spirit and gradual improvement will inspire higher self-esteem with each individual member.

Recreational teams are designed to be faster paced and have a larger number of participants than our learn-to-dive lessons. The Recreational Dive Team program is not intended to take the place of dive lessons but rather build on those skills already learned in classes.

Family participation is highly encouraged and always appreciated at meets and is an integral part of the Recreational Dive Team experience. Family members may become supportive spectators, volunteer to help score, or help conduct various activities with the assistance of the dive coordinator.

Our Goal

It is the goal of the Recreational Dive Team program to enhance present abilities and encourage young athletes to gain additional skills throughout the course of the summer. Each diver will be taught the basics of recreational diving while participating in rigorous and organized practices. The participants will also learn sportsmanship, self-discipline, and fitness from regular training and competitions. Each diver will gain a skill that has life-long benefits such as obtaining an understanding of the pride that comes with accomplishment and learning the value of being part of a team.

Safety Protocols

Divers must be able to demonstrate a three-step forward approach and hurdle, a back jump, and both a front and back fall in from the 1m diving board. Participants must be able to swim in deep water (up to 14 ft) safely. In the event that a participant does not meet the safety requirements on the first day of practice, the participant will be removed from the team. If space is available, pool staff can help finding an appropriate swim lesson for the participant. Per the City of Scottsdale's refund policy, there will be no refunds after the 2nd class date.

What you'll need

It is not mandatory to buy a team suit, but your diver should be able to work out comfortably in an appropriate suit. Sunscreen, towel, and water should be brought to practice daily.

Suit Fitting

Cactus – June 2 - 8:30am –11:30am & 5:00pm-7:00pm

Eldorado - June 3 – 8:00am -10:30am

McDowell Mountain Ranch – June 4 - 8:00am - 11:30am & 5:00pm - 7:00pm

Online swimsuit order form: <https://scottsdaleswim26.itemorder.com/>

Questions about suits? Contact Susan at swim@skipro.com



Practice times

Eldorado Pool: 11:00am

Cactus Pool: 8:30am

McDowell Mountain Ranch: 8:00am & 9:00am

Dive Meets

Dive meets will be hosted on Saturday mornings and will be a variety of home and away meets. See attached meet schedule at the end of the manual. Each diver will be scored on the dives that were focused on during that week's practice.

3 Meter Meets:

These meets are **only for the 10-11 age group and 12 and over age group**. The same rules apply for the 3 Meter meet as the dual meets and inter-squad meets.

Scottsdale City Championship Meet and End of Summer Party

All divers will compete on Saturday, July 25, 2026, at McDowell Mountain Ranch Aquatic Center (15525 N Thompson Peak Parkway).

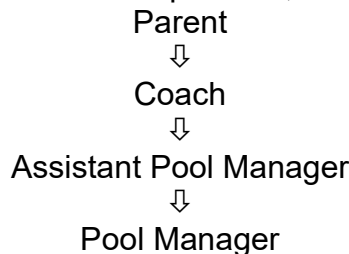
NEW this year: Registration for this event will be done online at recreation.scottsdaleaz.gov, search "City Champs".

- Diver arrival & Check-In: 8 a.m.
- Warm-Ups Begin: 8:15 a.m.
- Meet start time: 9 a.m.
- *Online* Registration deadline: July 20, 2026 (no late entries will be accepted)

This exciting event brings together swimmers and divers from all Scottsdale recreational teams for a day of friendly competition, team spirit, and community celebration. The Championship Meet will follow a standard swim meet format. At the conclusion of the swim meet, the celebration continues! Families and friends are encouraged to bring their swimsuits and stay for our End of Summer Party. Enjoy access to the waterpark, pizza, and snacks, as we recognize our swimmers' accomplishments and close out another great season with the recreational swim program. More detailed meet information will be provided prior to the event.

Communication & Questions...

If there is a pool specific team question and/or problem, the chain of communication is:



If you have any questions or concerns about the program or meets you can contact us at aquatics@scottsdaleaz.gov

A special thanks to CDS for assisting with for assisting in coaching, training, and hosting the annual City Championship Swim Meet.

Clavadistas del Sol (CDS) is a non-profit amateur diving program. Divers compete at the local, regional, national, and international level. Your (child's) level will be determined at tryouts. CDS strives to empower young athletes with the skills necessary to develop athletic discipline, strong work ethics, and life and leadership skills in our community.

CDS conducts practices at Cactus Aquatic and Fitness center on a year-round basis.

Contacts:

Head Coach: Josh Rusboldt

E-mail: [cgsdiving@yahoo.com](mailto:cdsdiving@yahoo.com)

Website: www.cgsdiving.org



**City of Scottsdale
DIVING SCHEDULE 2026**

DATE	TIME	DIVES	HOST POOL
June 17	6-6:30pm Clinic 6:30pm Meet	CLINIC* Front Jump Optional Optional	Cactus 7202 E. Cactus Rd
June 24	During Practice	Front Fall In Optional Optional	Intersquad at Home Pool
July 1	6:30pm	Back Jump Optional Optional	MMR 15525 N Thompson Peak Parkway
July 8	6-6:30pm Clinic 6:30pm Meet	CLINIC* Back Fall In Optional Optional Optional	Cactus 7202 E. Cactus Rd
July 15	During Practice	Optional Optional Optional	**3 Meter Meet** Intersquad at Home Pool
July 25	8am Check- In/Warm-Up 8:30am Meet Start	Front Dive Optional Optional Optional	Championships*** MMR Pool 15525 N Thompson Peak Parkway

ALL MEETS WILL UTILIZE THE FOLLOWING AGE GROUP DIVING SCHEDULE

6:30pm warm-ups

6:45pm event begins

* Optional Clinics will be offered 30 minutes prior to the dive meet. Clinics will be led by USA Diving certified coaches from Clavadistas Del Sol Diving Club.

**3 Meter Meet (July 15): for age group 10 and over or up to coach's discretion

***City Championships (July 25): 8am check in & warm up and event starts at 8:30am but expect a slightly larger meet time.