### **August**

#### **ANNOUNCEMENTS:**

• 8/4: Facility hours change

• 8/4: Fall weekday lessons begin



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Lap Swim: 6-8 a.m. & 12-8 p.m. Waterpark: 1 -5:30 p.m. Gym: 6 a.m8 p.m.	2 Lap Swim, Waterpark, & Gym: 15:30 p.m.
3	4	5	6	7	8	9
Lap Swim, Waterpark, & Gym: 15:30 p.m.	Lap Swim: 6 a.m. –1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	Lap Swim: 6 a.m1 p.m. & 6-8 p.m.  Gym: 6 a.m8 p.m.	Lap Swim: 6 a.m. –1 p.m. & 6-8 p.m.  Gym: 6 a.m8 p.m.	Lap Swim: 6 a.m. –1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	Lap Swim: 6 a.m1 p.m. & 6-8 p.m.  Gym: 6 a.m8 p.m.	Lap Swim, Waterpark, & Gym: 15:30 p.m.
Lap Swim, Waterpark, & Gym: 15:30 p.m.	11  Lap Swim: 6 a.m. –1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	12 Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	13  Lap Swim: 6 a.m. –1 p.m. & 6-8 p.m.  Gym: 6 a.m8 p.m.	14  Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	15 Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	Lap Swim, Waterpark, & Gym: 15:30 p.m.
Lap Swim, Waterpark, & Gym: 15:30 p.m.	18  Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	19 Lap Swim: 6 a.m. –1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	20 Lap Swim: 6 a.m. –1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	21 Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	22 Lap Swim: 6 a.m. –1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	23 Lap Swim, Waterpark, & Gym: 15:30 p.m.
24/31  Lap Swim,  Waterpark, &  Gym: 15:30 p.m.	25 Lap Swim: 6 a.m. –1 p.m. & 6-8 p.m. Gym:	26 Lap Swim: 6 a.m. –1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	27 Lap Swim: 6 a.m. –1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	28 Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym:	29 Lap Swim: 6 a.m. –1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	30 Lap Swim, Waterpark, & Gym: 15:30 p.m.



# McDowell Mountain Ranch Aquatic & Fitness Center



## **September**

#### **ANNOUNCEMENTS:**

- 9/1 Alternate hours due to holiday
- 9/6 September Saturday swim lessons start
- 9/6 Weekend facility hours change
- 9/8 September Mon/Wed Lessons start



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1* Lap Swim, Waterpark & Gym 1—5:30 p.m.	2 Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	3 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	4  Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m.  Gym: 6 a.m.–8 p.m.	5 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 6–8 p.m. <b>Gym:</b> 6 a.m.–8 p.m.	6** Lap Swim & Gym 8 a.m.—2 p.m.
7 Closed	8  Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m.  Gym: 6 a.m.—8 p.m.	9 Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	10 Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m. Gym: 6 a.m.—8 p.m.	11 Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m. Gym: 6 a.m.—8 p.m.	12 Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m. Gym: 6 a.m.—8 p.m.	Lap Swim & Gym 8 a.m.—2 p.m.
14 Closed	15 Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m. Gym: 6 a.m.—8 p.m.	16 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	17 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	18 Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m. Gym: 6 a.m.—8 p.m.	19 Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m. Gym: 6 a.m.—8 p.m.	20 Lap Swim & Gym 8 a.m.—2 p.m.
21 Closed	22 Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m. Gym: 6 a.m.—8 p.m.	23 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	24 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	25 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	26 Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m. Gym: 6 a.m.—8 p.m.	27 Lap Swim & Gym 8 a.m.—2 p.m.
28 Closed	29  Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m.  Gym: 6 a.m.—8 p.m.	30 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.				



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