May

ANNOUNCEMENTS:

5/3 Weekend lap swim hours change, waterpark hours begin!

5/26: Alternate hours due to holiday



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	2 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	3* Lap Swim, Waterpark, & Gym: 1—5:30 p.m.
4 Lap Swim, Waterpark, & Gym: 1—5:30 p.m.	5 Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m. Gym: 6 a.m.—8 p.m.	6 Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	7 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	8 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	9 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim, Waterpark, & Gym: 1—5:30 p.m.
Lap Swim, Waterpark, & Gym: 1—5:30 p.m.	12 Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	13 Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	14 Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	15 Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	16 Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	17 Lap Swim, Waterpark, & Gym: 1—5:30 p.m.
Lap Swim, Waterpark, & Gym: 1—5:30 p.m.	19 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.—8 p.m.	20 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	21 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	22 Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m. Gym: 6 a.m.—8 p.m.	23 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	24 Lap Swim, Waterpark, & Gym: 1—5:30 p.m.
25 Lap Swim, Waterpark, & Gym: 1—5:30 p.m.	26* Lap Swim, Waterpark, & Gym: 1—5:30 p.m.	27 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	28 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	29 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	30 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim, Waterpark, & Gym: 1—5:30 p.m.



McDowell Mountain Ranch Aquatic & Fitness Center



June

ANNOUNCEMENTS:

- 6/1 Waterpark Hours begin every day
- 6/13 Glow Up Event 6-9 p.m.
- 6/19 Alternate Hours for holiday



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Lap Swim, Waterpark, & Gym: 1 -5:30 p.m.	2 Lap Swim: 6-8 a.m. & 12-8p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	3 Lap Swim: 6-8 a.m. & 12-8p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	4 Lap Swim: 6-8 a.m. & 12-8p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	5 Lap Swim: 6-8 a.m. & 12-8p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	6 Lap Swim: 6-8 a.m. & 12-8p.m. Waterpark: 1 -5:30p.m. Gym: 6 a.m8 p.m.	7 Lap Swim, Waterpark, & Gym: 1 -5:30 p.m.
8 Lap Swim, Waterpark, & Gym: 1 -5:30 p.m.	9 Lap Swim: 6-8 a.m. & 12-8p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	10 Lap Swim: 6-8 a.m. & 12-8p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	11 Lap Swim: 6-8 a.m. & 12-8p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	12 Lap Swim: 6-8 a.m. & 12-8p.m. Waterpark: 1-5 p.m. Gym: 6 a.m8 p.m.	13* Lap Swim: 6-8 a.m. & 12-8p.m. Waterpark: 1-9 p.m. Gym: 6 a.m8 p.m.	Lap Swim, Waterpark, & Gym: 1 -5:30 p.m.
Lap Swim, Waterpark, & Gym: 1 -5:30 p.m.	16 Lap Swim: 6-8 a.m. & 12-8p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	17 Lap Swim: 6-8 a.m. & 12-8p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	18 Lap Swim: 6-8 a.m. & 12-8p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	19* Lap Swim, Waterpark, & Gym: 1 -5:30 p.m.	20 Lap Swim: 6-8 a.m. & 12-8p.m. Waterpark: 1 –5:30p.m. Gym: 6 a.m8 p.m.	Lap Swim, Waterpark, & Gym: 1 -5:30 p.m.
Lap Swim, Waterpark, & Gym: 1 -5:30 p.m.	23 Lap Swim: 6-8 a.m. & 12-8p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	24 Lap Swim: 6-8 a.m. & 12-8p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	25 Lap Swim: 6-8 a.m. & 12-8p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	26 Lap Swim: 6-8 a.m. & 12- 8p.m. Waterpark: 1-5 p.m. Gym: 6 a.m8 p.m.	27 Lap Swim: 6-8 a.m. & 12-8p.m. Waterpark: 1 –5:30p.m. Gym: 6 a.m8 p.m.	Lap Swim, Waterpark, & Gym: 1 -5:30 p.m.
29 Lap Swim, Waterpark, & Gym: 1 -5:30 p.m.	30 Lap Swim: 6-8 a.m. & 12-8p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.					



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