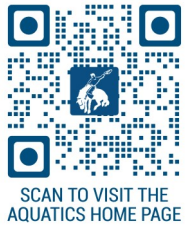


January

ANNOUNCEMENTS:

- 1/1: Closed For Holiday
- 1/6: January H20X Begins
- 1/20: Alternate hours for holiday-no H20x classes
- 1/26: Alternate Hours due to meet at Cactus Pool



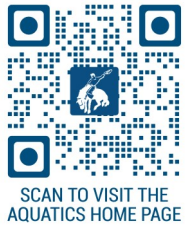
Sunday Monday Tuesday Wednesday Thursday Friday Saturday

			1* Closed	2 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	3 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	4 Lap Swim & Gym 8 a.m.–2 p.m.
5 Closed	6* Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	7 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	8 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	9 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	10 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	11 Lap Swim & Gym 8 a.m.–2 p.m.
12 Closed	13 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	14 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	15 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	16 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	17 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	18 Lap Swim & Gym 8 a.m.–2 p.m.
19 Closed	20* Lap Swim & Gym 8 a.m.–1p.m.	21 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	22 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	23 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	24 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	25 Lap Swim & Gym 8 a.m.–2 p.m.
26* Lap Swim & Gym 9 a.m.–1 p.m.	27 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	28 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	29 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	30 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	31 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	

February

ANNOUNCEMENTS:

- 2/3 February H2O Starts
- 2/17 Alternate Hours due to Holiday
- 2/23 Alternate Hours Due to meet at Cactus Pool



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

						1 Lap Swim & Gym 8 a.m.—2 p.m.
2 Closed	3* Lap Swim: 6 a.m.—1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	4 Lap Swim: 6 a.m.—1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	5 Lap Swim: 6 a.m.—1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	6 Lap Swim: 6 a.m.—1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	7 Lap Swim: 6 a.m.—1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	8 Lap Swim & Gym 8 a.m.—2 p.m.
9 Closed	10 Lap Swim: 6 a.m.—1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	11 Lap Swim: 6 a.m.—1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	12 Lap Swim: 6 a.m.—1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	13 Lap Swim: 6 a.m.—1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	14 Lap Swim: 6 a.m.—1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	15 Lap Swim & Gym 8 a.m.—2 p.m.
16 Closed	17* Lap Swim & Gym 8 a.m.—1p.m.	18 Lap Swim: 6 a.m.—1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	19 Lap Swim: 6 a.m.—1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	20 Lap Swim: 6 a.m.—1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	21 Lap Swim: 6 a.m.—1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	22 Lap Swim & Gym 8 a.m.—2 p.m.
23* Lap Swim & Gym 9 a.m.—1 p.m.	24 Lap Swim: 6 a.m.—1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	25 Lap Swim: 6 a.m.—1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	26 Lap Swim: 6 a.m.—1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	27 Lap Swim: 6 a.m.—1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	28 Lap Swim: 6 a.m.—1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	

McDowell Mountain Ranch Aquatic & Fitness Center

15525 N Thompson Peak Parkway, Scottsdale, AZ 85260
480-312-6677

