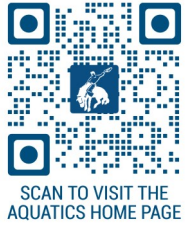


# July

## ANNOUNCEMENTS:

- Mon-Fri, 6-7 a.m.: Extremely Limited Lap Lanes
- Long Course Friday Swim (LC) 11 a.m.–7 p.m.
- 7/31: Last Long Course Friday
- **7/4:-** Alternate Hours 8 a.m.– 12 p.m.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <b>Lap Swim:</b> 6 a.m.-4 p.m. 7-8 p.m. <b>Open Swim:</b> 12-3 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	2 <b>Lap Swim:</b> 6 a.m.-4 p.m. 7-8 p.m. <b>Open Swim:</b> 12-3 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	3 <b>Lap Swim:</b> 6-8 a.m. <b>Long Course:</b> 11 a.m.-7 p.m. <b>Gym:</b> 6 a.m.-7 p.m.	4* <b>Alternate Hours</b> <b>Lap Swim, Open Swim &amp; Gym:</b> <b>8 a.m.-12 p.m.</b>
5 <b>Lap Swim, Open Swim &amp; Gym:</b> 9 a.m.-1 p.m.	6 <b>Lap Swim:</b> 6 a.m.-4 p.m. 7-8 p.m. <b>Open Swim:</b> 12-3 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	7 <b>Lap Swim:</b> 6 a.m.-4 p.m. 7-8 p.m. <b>Open Swim:</b> 12-3 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	8 <b>Lap Swim:</b> 6 a.m.-4 p.m. 7-8 p.m. <b>Open Swim:</b> 12-3 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	9 <b>Lap Swim:</b> 6 a.m.-4 p.m. 7-8 p.m. <b>Open Swim:</b> 12-3 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	10 <b>Lap Swim:</b> 6-8 a.m. <b>Long Course:</b> 11 a.m.-7 p.m. <b>Gym:</b> 6 a.m.-7 p.m.	11 <b>Lap Swim, Open Swim &amp; Gym:</b> 1-5 p.m.
12 <b>Lap Swim, Open Swim &amp; Gym:</b> 9 a.m.-1 p.m.	13 <b>Lap Swim:</b> 6 a.m.-4 p.m. 7-8 p.m. <b>Open Swim:</b> 12-3 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	14 <b>Lap Swim:</b> 6 a.m.-4 p.m. 7-8 p.m. <b>Open Swim:</b> 12-3 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	15 <b>Lap Swim:</b> 6 a.m.-4 p.m. 7-8 p.m. <b>Open Swim:</b> 12-3 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	16 <b>Lap Swim:</b> 6 a.m.-4 p.m. 7-8 p.m. <b>Open Swim:</b> 12-3 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	17 <b>Lap Swim:</b> 6-8 a.m. <b>Long Course:</b> 11 a.m.-7 p.m. <b>Gym:</b> 6 a.m.-7 p.m.	18 <b>Lap Swim, Open Swim &amp; Gym:</b> 1-5 p.m.
19 <b>Lap Swim, Open Swim &amp; Gym:</b> 9 a.m.-1 p.m.	20 <b>Lap Swim:</b> 6 a.m.-4 p.m. 7-8 p.m. <b>Open Swim:</b> 12-3 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	21 <b>Lap Swim:</b> 6 a.m.-4 p.m. 7-8 p.m. <b>Open Swim:</b> 12-3 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	22 <b>Lap Swim:</b> 6 a.m.-4 p.m. 7-8 p.m. <b>Open Swim:</b> 12-3 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	23 <b>Lap Swim:</b> 6 a.m.-4 p.m. 7-8 p.m. <b>Open Swim:</b> 12-3 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	24 <b>Lap Swim:</b> 6-8 a.m. <b>Long Course:</b> 11 a.m.-7 p.m. <b>Gym:</b> 6 a.m.-7 p.m.	25 <b>Lap Swim, Open Swim &amp; Gym:</b> 1-5 p.m.
26 <b>Lap Swim, Open Swim &amp; Gym:</b> 9 a.m.-1 p.m.	27 <b>Lap Swim:</b> 6 a.m.-4 p.m. 7-8 p.m. <b>Open Swim:</b> 12-3 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	28 <b>Lap Swim:</b> 6 a.m.-4 p.m. 7-8 p.m. <b>Open Swim:</b> 12-3 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	29 <b>Lap Swim:</b> 6 a.m.-4 p.m. 7-8 p.m. <b>Open Swim:</b> 12-3 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	30 <b>Lap Swim:</b> 6 a.m.-4 p.m. 7-8 p.m. <b>Open Swim:</b> 12-3 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	31 <b>Lap Swim:</b> 6-8 a.m. <b>Long Course:</b> 11 a.m.-7 p.m. <b>Gym:</b> 6 a.m.-7 p.m.	



## Cactus Park & Aquatic Center

7202 E. Cactus Road, Scottsdale, AZ 85260

480-312-7665



# August

## ANNOUNCEMENTS:

- Mon-Fri, 6-7 a.m.: Extremely Limited Lap Lanes
- **8/3:** Fall Hours begin– No open swim available
- 8/3: August Mon/Wed lessons begin
- No Long Course Swim available
- 8/9: Dive hour returns



**Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday**

						1 <b>Lap Swim, Open Swim &amp; Gym:</b> 1-5 p.m.
2 <b>Lap Swim, Open Swim &amp; Gym:</b> 9 a.m.-1 p.m.	3 <b>Lap Swim:</b> 6 a.m.-1 p.m. 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	4 <b>Lap Swim:</b> 6 a.m.-1 p.m. 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	5 <b>Lap Swim:</b> 6 a.m.-1 p.m. 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	6 <b>Lap Swim:</b> 6 a.m.-1 p.m. 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	7 <b>Lap Swim:</b> 6 a.m.-1 p.m. 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	8 <b>Lap Swim &amp; Gym:</b> 1-5 p.m.
9 <b>Lap Swim &amp; Gym:</b> 9 a.m.-1 p.m. <b>Dive Hour:</b> Noon-1 p.m.	10 <b>Lap Swim:</b> 6 a.m.-1 p.m. 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	11 <b>Lap Swim:</b> 6 a.m.-1 p.m. 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	12 <b>Lap Swim:</b> 6 a.m.-1 p.m. 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	13 <b>Lap Swim:</b> 6 a.m.-1 p.m. 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	14 <b>Lap Swim:</b> 6 a.m.-1 p.m. 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	15 <b>Lap Swim &amp; Gym:</b> 1-5 p.m.
16 <b>Lap Swim &amp; Gym:</b> 9 a.m.-1 p.m. <b>Dive Hour:</b> Noon-1 p.m.	17 <b>Lap Swim:</b> 6 a.m.-1 p.m. 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	18 <b>Lap Swim:</b> 6 a.m.-1 p.m. 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	19 <b>Lap Swim:</b> 6 a.m.-1 p.m. 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	20 <b>Lap Swim:</b> 6 a.m.-1 p.m. 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	21 <b>Lap Swim:</b> 6 a.m.-1 p.m. 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	22 <b>Lap Swim &amp; Gym:</b> 1-5 p.m.
23/30 <b>Lap Swim &amp; Gym:</b> 9 a.m.-1 p.m. <b>Dive Hour:</b> Noon-1 p.m.	24/31 <b>Lap Swim:</b> 6 a.m.-1 p.m. 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	25 <b>Lap Swim:</b> 6 a.m.-1 p.m. 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	26 <b>Lap Swim:</b> 6 a.m.-1 p.m. 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	27 <b>Lap Swim:</b> 6 a.m.-1 p.m. 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	28 <b>Lap Swim:</b> 6 a.m.-1 p.m. 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	29 <b>Lap Swim &amp; Gym:</b> 1-5 p.m.