YOUR GUIDE TO SCOTTSDALE’S COMMUNITY SERVICES

SPRING 2024
APRIL | MAY

play
read
seniors
serve
explore

Parks & Recreation Activities
Library Programs & Info
Senior Centers & Services
Human Services & Resources

McDowell Sonoran Preserve

View this guide online!
Go to ScottsdaleAZ.gov, search “Activity Guide”
COMMUNITY SERVICES
BOARDS & COMMISSIONS
ScottsdaleAZ.gov/boards

These volunteer citizen advisory committees advise City Council on Community Services activities.

PARKS & RECREATION COMMISSION MEMBERS:
Kristen Parrish – Chair
Teresa Kim Quale – Vice Chair
Eric Kurland
Eric Maschhaupt
Susan McGarry
Michael Vreeland

LIBRARY BOARD MEMBERS:
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Enid Seiden – Vice Chair
Sam Campana
Natalee Esposito
George Hartz
Janet Smigielski
Leslie Totten

HUMAN SERVICES COMMISSION MEMBERS:
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Mary Jung – Vice Chair
Patrick Dodds
Jeff Jameson
Roger Lurie
Tricia Serlin
Stuart Turgel

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Marsha Lipps – Vice Chair
Stephen Coluccio
Savannah Engelking
Mark Hackbarth
Kerry Olsson
Jeffrey Smith

SCOTTSDALE HOUSING AGENCY GOVERNING BOARD:
Neal Shearer – Chair
Mary Jung – Vice Chair
Leslie Brownell
Patrick Dodds
Jeff Jameson
Roger Lurie
Tricia Serlin
Stuart Turgel
Whether it’s exploring the McDowell Sonoran Preserve, spending a day at the park, discovering a new book at the library, spending time with others at a senior center, taking a bike ride on the green belt or volunteering your time to help neighbors in need – it’s all a part of Scottsdale LIFE. Our city is bustling with activity, and this magazine is your guide to it all.

Scottsdale Community Services (consisting of Parks and Recreation, Libraries, Human Services, the Preserve and WestWorld) created Scottsdale LIFE to share what’s happening in your community, collaboratively.

You’re invited to browse and discover something that interests you.

FOR QUESTIONS:
SCOTTSDALE LIFE PUBLICATION, CONTACT ALEX SANCHEZ ........... 480-312-7021
PARKS AND RECREATION PROGRAMS ........................................... 480-312-7957
SCOTTSDALE PUBLIC LIBRARY ..................................................... 480-312-7323
SENIOR CENTERS ........................................................................... 480-312-1700
HELP US SHAPE SCOTTSDALE PARKS
SHAPESCOTTSDALEPARKS.COM

Scan the QR code to provide feedback!
Don’t miss our NEW Adult fitness, yoga, language, art classes and more!
See pg. 12 for details

PARKS AND RECREATION MASTER PLAN
Go to ShapeScottsdaleParks.com to share your input and ideas.

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SPRING REGISTRATION: RESIDENTS, FEB. 26 AT 8 A.M. / NON-RESIDENTS FEB. 29 AT 8 A.M.
REGISTRATION

REGISTRATION INFORMATION

REGISTRATION STARTS AT 8 A.M.

REGISTER ONLINE
Recreation.ScottsdaleAZ.gov
(Quickest way to register)

REGISTER BY PHONE
480-312-7957
(Expect delays on registration days)

PAYMENT
must be made at the time of registration
WE ACCEPT
American Express, Visa, MasterCard and Discover

GENERAL INFORMATION

Refund Policy – Unless otherwise stated, all program refunds shall be prorated, less a $10 processing fee, up to and including the 2nd class. No refunds after the 2nd class date. Classes priced at $10 or less are nonrefundable.

Corrections & Updates – Staff makes every effort to ensure each issue of the Scottsdale LIFE is free from errors, there are times when errors or revisions in dates, times, fees, or instructors do occur. Check the city’s website for up-to-date information.

Fee Assistance Program – Community Services offers a fee assistance program to aid economically disadvantaged individuals and families residing within the city of Scottsdale’s corporate boundaries. Qualified applicants have an opportunity to participate in approved recreational programs, camps and classes for a decreased cost. Visit ScottsdaleAZ.gov/parks/fee-assistance or call 480-312-7957.

Resident? – Residents are citizens who live in or own property within the city of Scottsdale’s Corporate City Boundaries, and pay taxes to the city of Scottsdale.

REGISTRATION QUESTIONS?
Call us before Feb. 23 so we can guide you through the process, making registration a breeze! 480-312-7957

AMERICANS WITH DISABILITIES ACT – The City of Scottsdale fully supports the provision of the Americans with Disabilities Act and is committed to supporting the full inclusion of persons with disabilities into programs, classes, services and public facilities so that full participation may be enjoyed by all. Persons with a disability may request a reasonable accommodation to participate with the City of Scottsdale by contacting the Adaptive Services Center at 480-312-2234. All requests must be made a minimum of 14 days prior to the starting date of the program/service.

FACILITY CODES

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<th>CODE</th>
<th>FACILITY NAME</th>
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<td>George <em>DOC</em> Cavallier Park</td>
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<td>McDowell Mtn Ranch Aquatics</td>
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<td>Paiute Neighborhood Center</td>
<td>6535 E. Osborn Road</td>
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<td>PPEC</td>
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<td>PPKK</td>
<td>Pinnacle Park</td>
<td>26802 N. 102nd Way</td>
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<td>Rio Montaña Park</td>
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RECREATION.SCOTTSDALEAZ.GOV – RESIDENT REGISTRATION BEGINS FEB. 26 / NON-RESIDENT BEGINS FEB. 29
TOT CLASS GUIDELINES

- For your child’s safety, accompany them to and from the classroom.
- Classes are designed for the ages listed. Children must meet the age requirement by the first class date.
- Children must be able to participate independently except in specified parent/child classes.
- Observers and non-registered individuals, including siblings, are not permitted in classes. Only children that are registered are permitted in class.
- Parents or guardians must participate in parent/child classes if required.

ART

NEW YOUNG REMBRANDTS - CARTOON DINOSAUR EXPRESSIONS
(5-7yrs) 8-Day workshop – Learn to draw dinosaur expressions. Students will learn how to manipulate the facial features of our characters to convey the emotions that dinosaurs are feeling. The dinosaurs do not have to be colored realistically, we will be encouraged to do bright, fun, imaginative color schemes. All new this season, sign up today!

Sa 10:30-11:30 am 4/6(8classes) HRZN $84(R)/$126(N) Young Rembrandts 41766

DANCE

CREATIVE MOVEMENT
(1-3yrs and parent/caregiver) Students will be dancing to their favorite nursery rhymes using basic dance concepts. This program develops motor skills, sociability and gives kids a fun hands on introduction to the world of dance.

Tu 9:15-10 am 4/4(7classes) MTNV $86(R)/$129(N) Dance Sequins Studio 41622

DANCE COMBO
Designed to introduce music and movement through interactive and creative activities. On the last day of class, they will perform a special dance routine and skills they have learned throughout the session.

(3-5yrs)
Tu 4:30-5:15 pm 4/2(8classes) CACT $97(R)/$146(N) Dance Sequins Studio 41626
Th 10:05-10:50 am 4/4(7classes) MTNV $86(R)/$129(N) Dance Sequins Studio 41627
(3-6yrs)
M 5-5:45 pm 4/1(8classes) CACT $97(R)/$146(N) Dance Sequins Studio 41625

BALLET
(4-6yrs) Classes incorporate basic ballet steps with games and songs to ensure your child learns while having fun. This nurturing environment and instruction will help build coordination and promote self-esteem. At the end of the session you will be invited to see the children’s progress and new skills.

Tu 3:35-4:40 pm 4/2(8classes) MMRA $60(R)/$90(N) Martin 41734

DANCE STARS
(2-5yrs) Our dancers learn the fundamentals of ballet, jazz and hip-hop while developing grace, coordination, balance and poise.

Tu 9:30-10:15 am 4/2(8classes) HRZN $74(R)/$111(N) Stretch-n-Grow 41735
Th 3:30-4:15 pm 4/4(8classes) MMRA $74(R)/$111(N) Stretch-n-Grow 41736

SPORTS

3-SPORT MULTI-SPORT
(3-5yrs) We will teach your player how to kick and control a soccer ball, how to hit, catch, throw, and run the bases and shoot and dribble a basketball. Each participant will need to bring their own, age-appropriate soccer ball for the first week of class, as well as their own tee/bat, and basketball for later in the session.

F 3:45-4:30 pm 4/5(4classes) CACT $66(R)/$99(N) B.E.S.T. Sports 41567
F 3:45-5:20 pm 4/5(4classes) CACT $66(R)/$99(N) B.E.S.T. Sports 41588

BASKETBALL SKILLS & DRILLS
(3-5yrs) Our basketball skills and drills clinics introduce and advance your player’s ability for ball handling, dribbling, defense, jumping, passing, shooting and the triple threat position.

F 4:35-5:20 pm 4/5(4classes) CACT $66(R)/$99(N) B.E.S.T. Sports 41588
F 4:35-5:20 pm 5/3(4classes) CACT $66(R)/$99(N) B.E.S.T. Sports 42639

GYMNASTICS
(4-5yrs) Gymnastics develops strength, flexibility, confidence, self-discipline, and body control. Class starts with warm-ups that include tuck, straddle, and pike jumps. The gymnastics class includes front and back rolls, cartwheels, handstands, walk-overs, bar strengthening, stretches, and conditioning. This program is designed for each student to achieve the best of their ability and become champions in life.

Sa 1-1:45 pm 4/6(6classes) CACT $42(R)/$63(N) Schaffer 41643

MULTI-SPORT & FITNESS FUN
(3-6yrs) Children will be introduced to anything from soccer, tee ball, tennis, hockey and golf to fun fitness activities such as parachute, crazy races, limbo, cardi dance and much more.

Th 6:05-6:50 pm 4/4(4classes) CHAP $79(R)/$119(N) JumpBunch 41588
Th 6:05-6:50 pm 5/2(4classes) CHAP $79(R)/$119(N) JumpBunch 41896
MULTI-SPORT & FITNESS FUN JR
Children will be introduced to anything from soccer, tee ball, tennis, hockey and golf to fun fitness activities such as parachute, crazy races, limbo, cardio dance and much more.

(1-2yrs and parent/caregiver)
- M 9:15-9:55 am 4/1(4classes) MTNV $79(R)/$119(N) JumpBunch 41659
- M 10-10:40 am 4/1(4classes) MTNV $79(R)/$119(N) JumpBunch 41660
- M 9:15-9:55 am 4/29(4classes) MTNV $79(R)/$119(N) JumpBunch 41898
- M 10-10:40 am 4/29(4classes) MTNV $79(R)/$119(N) JumpBunch 41899

OUTDOOR SOCCER
Taught by a former professional soccer player, this class will introduce children to stretching, passing, dribbling and basic elements of team spirit. Children play non-competitive games.

(2-3yrs)
- Tu 4:15-5 pm 4/2(7classes) CRPG $94(R)/$141(N) Hatfield 41686
- F 9-9:45 am 4/5(7classes) MTNV $94(R)/$141(N) Hatfield 41685

(3-4yrs)
- Tu 10-10:45 am 4/2(7classes) HRZN $94(R)/$141(N) Hatfield 41682
- Th 4:15-5 pm 4/7(7classes) CPRG $94(R)/$141(N) Hatfield 41684

(3-5yrs)
- M 3-3:45 pm 4/1(7classes) CACT $94(R)/$141(N) Hatfield 41680

(4-6yrs)
- W 4:15-5 pm 4/3(7classes) MMRA $94(R)/$141(N) Hatfield 41683

(5-7yrs)
- M 4-4:45 pm 4/1(7classes) CACT $94(R)/$141(N) Hatfield 41681

PRESCHOOL SUPER SOCCER STARS
(3-5yrs) Each week we will teach the fundamentals of soccer including shooting, dribbling, ball control, passing and throw-ins. Classes are taught in an age-appropriate, and positive manner.

- Tu 5:15-6 pm 4/2(4classes) ELDO $79(R)/$119(N) JumpBunch 41880

YOGA STARS
Yoga Stars helps kids channel positive energy by creating a space to practice mindfulness, strength and breathing techniques. With our engaging weekly sessions, our stars explore simple yoga poses with songs, props, and stories.

(18mo-3ys parent/caregiver)
- F 9-9:55 am 4/10(7classes) CHAP $55(R)/$80(N) Stretch-n-Grow 41710

HOBBIES & INTERESTS

CARS, TRUCKS AND THINGS THAT GO VROOOOM! TRIP
(2-5yrs and parent/caregiver) Is your child thrilled at the sight of trash trucks, police cars and fire trucks? Register to get an up close look at some of the city’s most exciting and important vehicles. One child per parent permitted.

- F 9-9:55 am 4/12(1class) NCYD $15(R)/$20(N) Leisure Education 42690
- F 10:30-11:25 am 4/12(1class) NCYD $15(R)/$20(N) Leisure Education 42691

TRAIN TRIP
(2-5yrs old and parent/caregiver) Come behind the scenes at the Paradise & Pacific Railroad. You and your child will first learn about diesel engines and steam locomotives during a tour of the train shed at McCormick-Stillman Railroad Park. We will board the train for a ride over the trestles and around the park. One child per parent permitted.

- Tu 9:30-10:30 am 4/9(1class) MCRR $11(R)/$17(N) Leisure Education 41738

XERISCAPE GARDEN TOUR AND NATURE DISCOVERY
(2-5yrs and parent/caregiver) Discover the beauty of saving water at the Scottsdale Xeriscape Garden at Chaparral Park. See amazing desert plants and learn how they survive in an arid desert. We will take a short tour of the garden and do a fun, nature discovery activity in one of our outdoor classrooms. One child per parent permitted.

- F 9:30-10:30 am 5/3(1class) CHAP $5(R)/$8(N) Leisure Education 41743

Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.
ART

NEW YOUNG REMBRANDTS - CARTOON SEASON
(8-13yrs) 7-Day workshop - Learn to do sequential drawings. Students will discuss the concept of a sequence. Explaining how a sequence is comprised of related images that tell a story. Presenting the sequence to the class. Briefly explain the story, while analyzing each drawing. Students will point out the key features, such as the word balloons and dialogue. Students will stress good composition and balance each class! All new this season, sign up today!

Tu 5:15-6:15 pm 4/2(8classes) CHAP $84(R)/$126(N) Young Rembrandts 41765

DANCE

DANCE AND CHEER
(5-9yrs) This is an upbeat dance and cheer course for youth teaching the fundamentals of dance and cheer, including cheer chant, basic stunts, cheer arm positions, dance technique, and a dance routine. Boys and girls will dance to popular music they love while increasing self-confidence and coordination. All music and movements is age appropriate. A special showcase will be held on the last day of class for family and friends.

Tu 5:20-6:05 pm 4/2(8classes) CACT $97(R)/$146(N) Dance Sequins Studio 41624

DANCE FUSION
(6-13yrs) Learn upbeat dances to warm up, dance along, perform, along with learning to count music, learning basic hip hop moves, and across the floor jazz technique. Students will dance to popular music they love while getting a full body workout that develops strength, musicality, coordination, and building confidence. A special showcase will be held on the last day of class for family and friends.

M 5:50-6:35 pm 4/1(8classes) CACT $97(R)/$146(N) Dance Sequins Studio 41628

DANCE STARS
(5-8yrs) Our dancers learn the fundamentals of ballet, jazz and hip-hop while developing grace, coordination, balance and poise. By inspiring a passion for dance, our imaginative and engaging classes will create twirling, self-expressive machines!

Th 4:30-5:15 pm 4/4(8classes) MMRA $74(R)/$111(N) Stretch-n-Grow 41767

SPORTS

3-SPORT MULTI-SPORT
(6-9yrs) Sports: Soccer, Baseball/Softball, and Basketball. Players learn how to kick and control a soccer ball, how to hit, catch, throw, and run the bases shoot and dribble a basketball and build strength + endurance. Each participant will need to bring their own, age-appropriate soccer ball for the first week, as well as their own tee/bat, and basketball for later in the session.

F 5:25-6:10 pm 4/5(4classes) CACT $66(R)/$99(N) B.E.S.T. Sports 41568

3-SPORT MULTI-SPORT
(6-9yrs) Sports: Soccer, Baseball/Softball, and Basketball. Players learn how to kick and control a soccer ball, how to hit, catch, throw, and run the bases shoot and dribble a basketball and build strength + endurance. Each participant will need to bring their own, age-appropriate soccer ball for the first week, as well as their own tee/bat, and basketball for later in the session.

F 5:25-6:10 pm 5/3(4classes) CACT $66(R)/$99(N) B.E.S.T. Sports 42638

BASKETBALL SKILLS & DRILLS
(6-9yrs) Our basketball skills and drills clinics introduce and advance your player's ability for ball handling, dribbling, defense, jumping, passing, shooting, and the triple threat position. This is an extremely active, endurance-based class. Please bring your child's favorite basketball with their name on it.

F 6:15-7 pm 4/5(4classes) CACT $66(R)/$99(N) B.E.S.T. Sports 41589

F 6:15-7 pm 5/3(4classes) CACT $66(R)/$99(N) B.E.S.T. Sports 42640

GYMNASTICS
(6-9yrs) Class starts with warm-ups that include tuck, straddle, and pike jumps. The gymnastics class includes front and back rolls, cartwheels, handstands, walk-overs, and also included is bar strengthening, stretches and conditioning.

Sa 2-3 pm 4/6(6classes) CACT $42(R)/$63(N) Schaffer 41642
## YOUTH (5-17 YEARS)

### KOKIKAI KIDS - MARTIAL ARTS

(8-13yrs) Introductory martial arts class. Students will engage in activities such as stretching, rolling, conditioning exercises, and movement for self-defense. Youth may come away from this class with increased confidence, mind-body awareness, and an appreciation for traditional martial arts.

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<th>Class</th>
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### SCHOOL AGE SUPER SOCCER STARS

(6-8yrs) All soccer skill levels are welcome. Our Soccer Stars coaches will assess each child to make sure they are learning at their own pace. Some of the soccer specific drills we teach are based around dribbling, kicking, passing and shooting. We will play several games to help enhance children's soccer skills, while also building a sense of teamwork in a fun and safe environment.

<table>
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<th>Time</th>
<th>Class</th>
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### YOGA STARS

(7-10yrs) Yoga Stars helps kids channel positive energy by creating a space to practice mindfulness, strength, and breathing techniques. Our stars explore simple yoga poses with songs, props and stories. Our creative curriculum will have your yoga stars increasing their endurance, concentration and confidence!

<table>
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<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
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### MUSIC

### PIANO/KEYBOARDING

(5-12yrs) Elements is an innovative piano program designed to give your child the best opportunity for a successful start on the piano keyboard. Elements is a musical adventure that includes the fundamentals that are key to learning the piano; note reading, music theory, rhythm, chords, piano technique and all the skills needed to play the music from class. Keyboards are provided for students class use; recital held for family and friends on the last day of class.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Fee (R)</th>
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<td>Elements Music</td>
<td>41691</td>
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**Looking for a summer job?**

Join the City of Scottsdale’s team of camp leaders!

- **GROUP LEADER**
- **INSTRUCTOR**
- **TEEN PROGRAMMER**

Recreation leaders facilitate sports, crafts, science activities, and more for participants in 1st-8th grades.

Go to ScottsdaleAZ.gov, and search “Recreation Leader I” or “Recreation Leader II” to learn more and apply.
AFTER-SCHOOL PROGRAMS

NOW THROUGH MAY 2024  |  Cost is $65 a month
After-School programming is provided in collaboration with Scottsdale Unified School District for the students attending specific Title One schools. Title One elementary after-school programs are for students in grades K-5 as of fall 2023. Snack will be provided by Scottsdale Unified School District.

COMMUNITY CENTER PROGRAMS

Horizon Community Center
15444 N. 100th St. | 480-312-2650
M-F School release-6pm  Grades 1-6  $65/mo  41065

Mountain View Community Center
8625 E. Mountain View Road | 480-312-2584
M-F School release-6pm  Grades 1-6  $65/mo  41031

SCHOOL COLLABORATION
AFTER-SCHOOL PROGRAMS - 480-312-2329
After-School programming is provided in collaboration with Scottsdale Unified School District for the students attending specific Title One schools. Title One elementary after-school programs are for students in grades K-5 as of fall 2023. Snack will be provided by Scottsdale Unified School District.

Hohokam  | 8451 E. Oak Street
M-F School release-6pm  Grades K-5  $65/mo  41030

Navajo  | 4525 N. Granite Reef Road
M-F School release-6pm  Grades K-5  $65/mo  41032

Echo Canyon  | 4330 N. 62nd St.
M-F School release-6pm  Grades K-5  $65/mo  41029

Yavapai  | 701 N. Miller Road
M-F School release-6pm  Grades K-5  $65/mo  41033

Scottsdale After-School Programs are not licensed childcare under ARS section 23-882. To ensure a clear understanding of how the City of Scottsdale After-School Programs operate, caregivers are required to attend a mandatory parent information session before youth can attend program.

Register at Recreation.ScottsdaleAZ.gov and search "After-School Programs."

SCOTTSDALE SUMMER CAMPS

MARK YOUR CALENDARS!

JUNE 3 – AUGUST 2

Scottsdale Summer Camps offer dynamic, enriching recreational opportunities for youth of Scottsdale that address the changing lifestyles and needs of families. Our goal is to provide children a safe, comfortable and enriching place to play and engage others during the summer.

Online registration opens April 22 for residents of Scottsdale, and April 23 for everyone else.

Go to ScottsdaleAZ.gov, search “Summer Camps”

REGISTRATION QUESTIONS? 480-312-7957
Call us before Feb. 23 so we can guide you through the process, making registration a breeze!
ADULT (14+ YEARS)

ARTS & CRAFTS

To view the supply list for classes, go to ScottsdaleAZ.gov and search "Art Supply."

ADVANCED OIL PAINTING
(18+) For those serious artists who have painted in oil continuously, and have completed at least 3 or more paintings in the past year. We will explore self-portraits, portraiture, figurative, pet portraits, and special effect painting, including challenging elements; such as hair, fur, ice cubes, glass/reflections and more.

M 4:45-7:45 pm 4/1(8classes) VLSC $87(R)/$131(N) Fried 41579

OIL PAINTING
(18+) This class is geared to those who have taken at least one session of Beginners Oil, or have basic knowledge and some experience in the media. You may have painted with oil in the past, and have the supplies, but need a class to refresh your skills. You will provide a picture, or I will suggest some I have collected. Individual help will be given at your easel, as requested. Grow as an artist in a relaxed friendly environment.

W 4:45-7:45 pm 4/3(8classes) VLSC $87(R)/$131(N) Fried 41594

DRAW/PAINT
Have the freedom to use any medium you choose, pencil, colored pencils, pastels, watercolor, oil and acrylic. Teacher emphasis is on individual attention and projects. $1 nonrefundable cash supply fee is due to instructor on first day of class. Must be present at first class for orientation and demonstrations.

(15+)
Tu 6:30-9:30 pm 4/2(7classes) ELSO $101(R)/$152(N) Chestney 41633
W 9:30 am-12:30 pm 4/3(7classes) ELSO $101(R)/$152(N) Chestney 41634
W 1-4 pm 4/3(7classes) ELSO $101(R)/$152(N) Chestney 41637
Th 9:30 am-12:30 pm 4/4(7classes) ELSO $101(R)/$152(N) Chestney 41635
Th 1-4 pm 4/4(7classes) ELSO $101(R)/$152(N) Chestney 41638

DRAWING
(18+) Focus on the basic fundamentals of drawing, learning various techniques including perspective, shading, proportion, and composition. Enjoy using pencil, colored pencils and charcoal.

M 9:15 am-12:15 pm 4/1(8classes) HRZN $110(R)/$165(N) Milman 41665

DRAWING STUDIO
(18+) Welcome beginners, intermediate, and advanced artists. Focus on the basic fundamentals of drawing; learning various techniques including perspective, shading, proportion, and composition. Enjoy using pencil, colored pencils, and charcoal.

Tu 1-4 pm 4/2(8classes) VLSC $119(R)/$179(N) Consalvo 41639

INT./ADV. WATERCOLOR
(18+) Learning watercolor composition using images of landscapes, still lifes and portraits. Emphasis on learning to see as the artist does and not just copying an image.

M 1-4 pm 4/1(7classes) GRSC $117(R)/$176(N) Amsellem 41644

INTRO TO ART
(18+) Get comfortable with the core concepts of creating visual art. Play, explore and try a variety of mediums along the way! Great for curious beginners or getting back into creating. Lessons explore color, composition, patterns, perspectives, style, and brief art history. All art materials and paper will be provided.

Th 5-7:30 pm 4/20(6classes) VLSC $73(R)/$110(N) Dugie 41792

NEW GUIDED PAINTING: ABSTRACT MONOGRAMS
(18+) Paint along with a guided tutorial of colorful abstract techniques as a personal monogram, creating a memorable art piece to take home for you! All materials will be provided.

Tu 9:30 am-12 pm 4/9(1class) HRZN $22(R)/$33(N) Dugie 41663

NEW INTRODUCTION TO GEL PRINTING
(18+) This is a hands-on course to learn the basics of creating stunning prints on paper. Gel printing technique uses flexible printing plates to create textures and layers of color. We’ll review the basic gel plate tools and explore various printing techniques to create amazing prints on paper and you’ll experience a delightful surprise when “pulling” prints from the plate. A $5.00 kit fee will be collected for materials used in class. See supply list for basic items to bring.

Sa 10 am-1 pm 4/20(1class) HRZN $22(R)/$33(N) Busch 42670

NEW SARAPE SUNRISE
(18+) Paint along with a guided tutorial inspired by a Sarape blanket with colorful stripes, creating a memorable art piece to take home with you! All materials will be provided.

Th 5-7:30 pm 5/16(1class) VLSC $22(R)/$33(N) Dugie 41667
**OIL AND ACRYLIC PAINTING**  
(18+) New and continuing students will focus on developing basic skills, exploring color, style, and various techniques in a relaxed environment. Learn techniques using acrylic or oil paints. Learn to develop a portrait, landscape, floral, abstract, or non-representational forms.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Classes</th>
<th>Location</th>
<th>Instructor</th>
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<tr>
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<td>4/5</td>
<td>VLSC</td>
<td>$119(R)/$179(N)</td>
<td>Consalvo 41676</td>
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</tbody>
</table>

**PAINT STUDIO FOR CONTINUING OIL PAINTERS**  
(18+) For those who have some painting experience and want to grow in their ability and confidence to produce better paintings. You will provide your own reference photos, and will get individual attention as needed to grow in your skills in a friendly and encouraging environment.

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<tr>
<th>Day</th>
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<th>Instructor</th>
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<tr>
<td>W</td>
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<td>VLSC</td>
<td>$87(R)/$131(N)</td>
<td>Fried 41679</td>
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</table>

**PAINT STUDIO**  
(18+) Welcome beginners, intermediate and advanced artists. Focus on the media of your choice: oils, acrylics, watercolors, or mixed media. Enjoy exploring art making and expanding your skills.

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<tr>
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<td>4/1</td>
<td>VLSC</td>
<td>$87(R)/$131(N)</td>
<td>Khamis 41687</td>
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</table>

**PASTELS**  
(18+) New and continuing students will learn techniques using pastels. Learn to develop a portrait, landscape, floral, abstract, or a nonrepresentational form with ease. Color is the magical element that gives feeling and emotion to art. Once you understand the meaning of color, it will help you determine the palette to evoke strong emotional response in your paintings.

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<th>Day</th>
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<td>VLSC</td>
<td>$115(R)/$173(N)</td>
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**WATERCOLOR**  
(18+) Transparent watercolor for the beginning, as well as intermediate student will include basic techniques, color and composition using landscape, still life, and portrait. Individual attention with emphasis on learning to see as the artist does.

<table>
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<tr>
<th>Day</th>
<th>Time</th>
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<td>VLSC</td>
<td>$117(R)/$176(N)</td>
<td>Amsellem 41741</td>
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**WATERCOLOR FLORALS WORKSHOP**  
(18+) A fun 2 class workshop doing loose abstract and realistic florals. Students can either have their own floral subject or use the ones I present and demo from. Workshop is for any level.

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<th>Instructor</th>
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<tr>
<td>Tu</td>
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<td>4/2</td>
<td>VLSC</td>
<td>$31(R)/$47(N)</td>
<td>Godwin 42655</td>
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</table>

**CERAMICS - HOME ACCENTS**  
(18+) Rev up your house and patio with fireplace sculptures, bookshelf decorations, lamps, flower pots, bonsai dishes and more! Students will explore hand building, wheel throwing, texture, decoration, glazing and firing with an emphasis on design and form. Supplies to bring to class: 25lbs Cone 5 clay, basic pottery tools, wood knife, pin tool, cutting wire, rib, sponge, brushes, apron and small bucket.

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<th>Day</th>
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<td>4/6</td>
<td>VLSC</td>
<td>$113(R)/$200(N)</td>
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**CERAMICS - INTRODUCTION TO CLAY**  
Introduction to basic clay techniques including coil, pinch, slab, wheel and glazing. Students will explore hand building, wheel throwing, texture, decoration, glazing and firing with an emphasis on design and form, as time allows. Bring basic ceramics tools (cutting wire, brushes, sponge, needle tool) and 25 lbs Cone 5/6 clay to first class.

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<tr>
<th>Day</th>
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<td>Th</td>
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<td>ELDO</td>
<td>$133(R)/$200(N)</td>
<td>Bogan 41612</td>
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**CERAMICS - OPEN STUDIO**  
(18+) Studio time for working on your clay projects independently. Equipment available includes electric wheels, slab roller and staff-fired Cone 5/6 electric kiln, plus slips, glazes and more. NO INSTRUCTION: Proficiency in hand-building or wheel-throwing at an intermediate level or above required. You must be able to design, carry out and complete a project from wet clay to glazing without assistance. Pieces created at Eldorado clay studio are eligible for firing in the studio kilns.

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<td>ELDO</td>
<td>$133(R)/$200(N)</td>
<td>Bogan 41611</td>
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DIGITAL PHOTOGRAPHY

DIGITAL PHOTOGRAPHY - BEGINNING
(15+) Learn the basics of photography, how to use your camera and discover what all those buttons really do. Then begin the process to really “see” your subject before clicking the shutter. Mix in weekly photo assignments to apply what you learn and you will leave this class feeling good about your photography while having fun. This class is taught using DSLR cameras. Bring your DSLR camera to each class.

M 6-7:30 pm 4/15(6classes) VLSC $47(R)/$71(N) Bochenek 41630

DIGITAL PHOTOGRAPHY - INT/ADV
(15+) This course is for passionate photographers who understand the basics like f/stop and shutter speed and are looking to take more eye-catching photos. We will explore different composition and framing techniques that will draw the viewer in to your photos. We’ll expand on topics like the use of light, what makes an image impactful, and ideas for more artistic images.

M 6-7:30 pm 4/15(6classes) VLSC $47(R)/$71(N) Bochenek 41630

COMMUNICATION & LANGUAGE

FRENCH - CONTINUING
(18+) Designed for continuing students wanting to increase their current knowledge in developing conversational skills, practicing pronunciation and learning essential grammatical facts in a supportive and fun environment.

Tu 5:30-7:30 pm 4/2(8classes) HRZN $116(R)/$174(N) Gabor 41640

INTRODUCTION TO FRENCH AND FRENCH CULTURE
(18+) A fun and engaging course for beginners who are new to French and want to learn the conversational basics with the dream of one day using it in practice and travel. We will also learn about French culture. This class is NOT for fluent speakers due to its beginning level.

Tu 6-7:15 pm 4/15(6classes) VLSC $58(R)/$87(N) Philipp 41645

ITALIAN - LEVEL 1
(14+) Learn Italian for travel purposes! This is an introductory class to the Italian language designed for students seeking speaking and listening abilities with minimal emphasis on grammar. In this course you will be introduced to the Italian alphabet, correct pronunciation of the individual letters and selected letter groups. Students will develop basic speaking, listening, reading, writing, comprehension and cultural awareness skills.

W 6:15-7:45 pm 4/3(6classes) HRZN $79(R)/$119(N) Orso 41647

ITALIAN - LEVEL 2
(14+) This intermediate Italian course is designed for students who have a basic understanding of the Italian language. If you already have knowledge of singular and plural nouns, gender differences, and the verbs “essere,” “stare,” and “avere,” this course is the next step for you. Develop your language skills and gain the tools and strategies to continue your independent study for further improvement. This course serves as a bridge between the basics and more advanced levels, preparing you for further linguistic growth in the Italian language.

Th 6:15-7:45 pm 4/4(8classes) HRZN $79(R)/$119(N) Orso 41648

SPANISH - LEVEL I
(14+) Always wanted to speak Spanish but didn’t keep it up after schooling? This class is for YOU! We will begin with a focus on conversation, no prior knowledge required but helpful. You will be introduced to typical high school level one listening, reading and speaking grammar concepts including present tense verb conjugation, nouns, adjectives & gender and vocabulary acquisition. Emphasis is placed on conversation practice. Travel and cultural enrichment is included.

W 4:30-5:30 pm 5/1(5classes) VLSC $43(R)/$65(N) Philipp 41867

SPANISH - LEVEL II
(14+) This class is a continuation from Spanish I. Maintaining the learning focus on conversation while expanding into writing as well as listening and reading. As we continue our focus on present tense grammar and vocabulary, additional useful tenses will be introduced. The scope & sequence will adjust according to class makeup. Travel and cultural enrichment are included.

W 5:40-6:40 pm 5/1(5classes) VLSC $43(R)/$65(N) Philipp 41868
ONLINE SPANISH: STEP 1
(14+) If you know just a little of the basics in Spanish (masculine/feminine gender info, present tense verbs), this class gives you practice to converse, listen, and reviewing simple vocabulary, grammar, and sentence structure. This is the class to take after “Beginner Spanish Step 1” or if you took high school Spanish long ago and want to jump start your experience. Conversation practice uses mainly easier present tense structures.

M 9:30-11 am 4/1(7classes) ONLINE $66(R)/$99(N) Buettner 41591

ONLINE SPANISH: STEP 2
(14+) If you are comfortable using simple sentences in Spanish, but you want to improve fluency and mix use of the present and past, this class gives you more challenging practice. We work to improve your listening/speaking/reading abilities.

W 6-7:30 pm 4/3(7classes) ONLINE $66(R)/$99(N) Buettner 41706
W 10-11:30 am 4/3(7classes) ONLINE $66(R)/$99(N) Buettner 41707

DANCE

BALLET - BEGINNING
(18+) This class is designed for the beginning student or those with less than two years of ballet training. This casual and fun class will offer a great workout while learning ballet basics, technique, terminology and ballet combinations.

Tu 2-3 pm 4/2(8classes) GRSC $44(R)/$66(N) Moore 41581

BALLROOM DANCE - BASICS I
(18+) Learn and improve the dances you need to feel comfortable in any social situation. Dances may include: foxtrot, waltz, cha-cha, tango, rumba, swing, and much more. No partner required, however, we cannot guarantee there will be enough partners to share during class.

M 6-6:55 pm 4/3(8classes) VLSC $48(R)/$72(N) Dale 41583

BALLROOM DANCE - BASICS II
(18+) After completing 2-3 sessions of the Basics I class, this level will continue with introducing step patterns and technique in basic levels of social dancing. Dances may include foxtrot, waltz, cha-cha, tango, rumba, swing and more.

Tu 5:45-6:45 pm 4/2(8classes) FENP $48(R)/$72(N) Dale 41584

NEW BALLROOM DANCE - BASICS III
(18+) After completing 4-5 sessions of the Basics I AND Basics II level classes, this level will continue with introducing step patterns and technique in basic levels of social dancing. Dances may include foxtrot, waltz, cha-cha, tango, rumba, swing and more. No partner required; however we cannot guarantee there will be enough partners to share during class. This is NOT a Beginner’s class. Must have taken at least two Basics classes before enrolling into Basics III.

Tu 6:45-7:40 pm 4/2(8classes) FENP $48(R)/$72(N) Dale 41582

BALLROOM DANCE - BEYOND THE BASICS
(18+) Here’s a chance for the student who has taken 4-5 sessions of the beginner’s class to learn more about the basic and beginning level social dances. The focus will be to add onto the students existing step patterns and technique to help improve movement on the dance floor.

W 5:50-6:45 pm 4/3(8classes) VLSC $48(R)/$72(N) Dale 41585

BALLROOM DANCE - INTERMEDIATE SMOOTH & RHYTHM
(18+) This class will focus on higher-level patterns and techniques in dances such as foxtrot, waltz, tango, rumba, cha-cha, swing, salsa, and more! A fun continuation for the student who has had at least 5 or 6 sessions of ballroom dance and who have learned 7 to 8 patterns in each of the social ballroom dances.

W 6:50-7:45 pm 4/3(8classes) VLSC $48(R)/$72(N) Dale 41583

NEW LINE DANCING: BEGINNERS
(18+) Exercise your mind and body while dancing. Everyone is welcome to join this fun and energizing line dance class. Learn steps and line dances for country, latin, waltzes, old standbys and newer dances. No partner is required to enjoy this class. Some dance experience would be helpful.

Tu 10:35-11:35 am 4/2(8classes) VLSC $62(R)/$93(N) Chapman 41652

LINE DANCING: HIGH BEGINNER/LOW INTERMEDIATE
(18+) This is a high beginner low intermediate class and it does require a full knowledge of all the basic dance moves and terminology you learned in the beginning classes. This is a much faster paced class than the beginner class. You will be learning new more intricate dance moves as we progress through the class.

Tu 9:20-10:20 am 4/2(8classes) VLSC $62(R)/$93(N) Chapman 41653
## TAP - INTERMEDIATE
*(18+)* This fast-paced intermediate class is for the fun of tapping to a variety of music and styles. Choreography for dances will be taught while learning and building on basic techniques of both rhythm and Hollywood styles. Tap shoes required.

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<th>Day</th>
<th>Time</th>
<th>Class Type</th>
<th>Cost</th>
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<td>MTNV $49(R)/$74(N)</td>
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## TAP - SENIOR BEGINNING TECHNIQUES
*(18+)* Learn the basics of different dance steps and combinations while improving your memory and having fun.

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<tr>
<td>Th</td>
<td>2:45-3:45 pm</td>
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<td>GRSC $49(R)/$74(N)</td>
<td>Campi 41729</td>
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## TAP - SENIOR INTERMEDIATE LEVEL I
*(18+)* Learn the basics of dance routines while improving your memory and having fun. If you are not at the appropriate skill level, you will be asked to withdraw and staff will do their best to locate a class at the correct level.

<table>
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<th>Class Number</th>
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<tbody>
<tr>
<td>Th</td>
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<td>4/4(8 classes)</td>
<td>GRSC $49(R)/$74(N)</td>
<td>Campi 41730</td>
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</table>

## TAP - SENIOR INTERMEDIATE LEVEL II
*(18+)* Learn more challenging dance routines while improving your memory and having fun. Please note, if you are not at the appropriate skill level, you will be asked to withdraw, and staff will do their best to locate a class at the correct level.

<table>
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<th>Cost</th>
<th>Location</th>
<th>Class Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Th</td>
<td>5-6 pm</td>
<td>4/4(8 classes)</td>
<td>GRSC $49(R)/$74(N)</td>
<td>Campi 41731</td>
<td></td>
</tr>
</tbody>
</table>

## FITNESS & HEALTH

### 30/30/30
*(14+)* This 90-minute class is for those of you who like it all! The class will start off with 30 minutes of Aerobics, followed by 30 minutes of Strength Training and finishing up with 30 minutes of Pilates, stretch and meditation.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class Type</th>
<th>Cost</th>
<th>Location</th>
<th>Class Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>W</td>
<td>5:30-7 pm</td>
<td>4/3(8 classes)</td>
<td>CACT $67(R)/$101(N)</td>
<td>Alfraid 41852</td>
<td></td>
</tr>
</tbody>
</table>

### AEROBICS
*(18+)* Start your day off right with this ‘work at your own pace’ cardio class! Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning and stretching exercises are all included. Modifications are provided.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class Type</th>
<th>Cost</th>
<th>Location</th>
<th>Class Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>8:15-9 am</td>
<td>4/1(8 classes)</td>
<td>GRSC $45(R)/$68(N)</td>
<td>Alfraid 41580</td>
<td></td>
</tr>
<tr>
<td>Sa</td>
<td>8:05-8:55 am</td>
<td>4/6(8 classes)</td>
<td>VLSC $45(R)/$68(N)</td>
<td>Alfraid 41714</td>
<td></td>
</tr>
</tbody>
</table>

### BARRE EXPRESS
*(14+)* Barre Express is one of the most effective ways to change the shape of your body for a total body workout. This sculpting class blends ballet, strength training, yoga, and Pilates to create long and lean muscles to reshape your body. Light weights, small ball and glides will be used as props. No experience necessary.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class Type</th>
<th>Cost</th>
<th>Location</th>
<th>Class Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>5:45-6:35 pm</td>
<td>4/1(7 classes)</td>
<td>MMRA $68(R)/$102(N)</td>
<td>Spencer 41586</td>
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</tr>
<tr>
<td>MF</td>
<td>6:10-7 am</td>
<td>4/1(14 classes)</td>
<td>MMRA $125(R)/$188(N)</td>
<td>Spencer 41587</td>
<td></td>
</tr>
</tbody>
</table>

### BEGINNER TO INTERMEDIATE MAT PILATES
*(14+)* Pilates is for everyone! Pilates strengthens your core and therefore your overall strength and stability. It sculpts long lean muscles and increases flexibility. This beginner to intermediate class will focus on the core principles, movements and breath of classic Pilates. The class is structured to challenge you to progress to higher levels of the Pilates practice. All levels are welcome. Class is performed standing and on the mat.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class Type</th>
<th>Cost</th>
<th>Location</th>
<th>Class Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sa</td>
<td>9-10 am</td>
<td>4/6(8 classes)</td>
<td>GRSC $56(R)/$84(N)</td>
<td>Dorsey 41902</td>
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</tr>
</tbody>
</table>

### BETTER BALANCE FOR SENIORS
*(18+)* While much of the focus will be on strengthening the core and maintaining core strength, this class will also offer exercises to help seniors to walk better and prevent falls. The class will also offer exercises and strategies to help you get back up in case you do fall. This class will be done sitting or using the chair as a prop for standing exercises.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class Type</th>
<th>Cost</th>
<th>Location</th>
<th>Class Number</th>
</tr>
</thead>
<tbody>
<tr>
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<td>Yancy 42646</td>
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<tr>
<td>W</td>
<td>11:15-12:05 am</td>
<td>4/3(8 classes)</td>
<td>VLSC $93(R)/$140(N)</td>
<td>Yancy 41995</td>
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</tr>
<tr>
<td>Th</td>
<td>10:15-11:05 am</td>
<td>4/4(8 classes)</td>
<td>VLSC $93(R)/$140(N)</td>
<td>Yancy 41996</td>
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</tr>
</tbody>
</table>

### BODY AND MIND
*(18+)* Whip your heart, mind, and body into shape while having a great time. This course combines aerobics with yoga & Pilates providing a full body workout including cardio, strengthening and flexibility.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class Type</th>
<th>Cost</th>
<th>Location</th>
<th>Class Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>M W</td>
<td>9:15-10:15 am</td>
<td>4/1(16 classes)</td>
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<tr>
<td>F</td>
<td>11:15 am-12:15 pm</td>
<td>4/5(8 classes)</td>
<td>VLSC $45(R)/$68(N)</td>
<td>Alfraid 41597</td>
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</tbody>
</table>

### BODY CONDITIONING
*(18+)* Exercise class concentrating on enhancing body tone, strengthening and stretching. This will include an educational aspect on fitness and wellness to incorporate fitness into everyday life.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class Type</th>
<th>Cost</th>
<th>Location</th>
<th>Class Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>W</td>
<td>8:15-9 am</td>
<td>4/3(8 classes)</td>
<td>GRSC $45(R)/$68(N)</td>
<td>Alfraid 41599</td>
<td></td>
</tr>
</tbody>
</table>
BOLLYX - THE BOLLYWOOD WORKOUT!
(14+). BollyX is a Bollywood-inspired dance-fitness program that combines dynamic choreography with the hottest music from around the world. 50-minute cardio workout cycles between higher and lower-intensity dance sequences to get you moving, sweating, and smiling.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Instructor</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>6:45-7:45 pm</td>
<td>4/3</td>
<td>HRZN</td>
<td>Patel</td>
<td>$58(R)/$102(N)</td>
</tr>
</tbody>
</table>

CARDIO-CORE FITNESS
(18+). A fusion of music provides a great cardio workout and lots of fun. Reduce stress, tone your body, strengthen your muscles, increase flexibility and build core strength. Foot movements are modified as needed and everyone is encouraged to work at their own pace. All levels are welcome.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Instructor</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tu</td>
<td>8:15-9:05 am</td>
<td>4/2</td>
<td>VLSC</td>
<td>Robertson</td>
<td>$43(R)/$65(N)</td>
</tr>
</tbody>
</table>

CHAIR PILATES
(18+). This class is designed for those who have difficulty getting up off of and down onto the floor. This active Pilates fusion style class uses exercises and sequences that are specifically designed for those who want to stay healthy, keep moving, and maintain their independence as they age. We will be using the chair in sitting exercises to help warm up, stretch and lengthen the body. No Pilates experience is needed. Students must be able to stand and walk independently, without the support of a walker or cane.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Instructor</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tu</td>
<td>8:15-9:05 am</td>
<td>4/2</td>
<td>VLSC</td>
<td>Yancy</td>
<td>$93(R)/$140(N)</td>
</tr>
<tr>
<td>F</td>
<td>8:15-9:05 am</td>
<td>4/2</td>
<td>VLSC</td>
<td>Yancy</td>
<td>$93(R)/$140(N)</td>
</tr>
</tbody>
</table>

CORE AND MORE
(14+). Structured to accommodate all goals and fitness levels, this full body circuit training format, which incorporates cardio activity alongside weight training, is designed to strengthen your entire body. Get your heart rate up and burn calories as you jump from exercise to exercise working your way through each muscle group, with an emphasis on the core muscles (abs, lower back, hips, and butt).

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Instructor</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Th</td>
<td>5:30-6:30 pm</td>
<td>4/4</td>
<td>MMRA</td>
<td>Teisch</td>
<td>$46(R)/$69(N)</td>
</tr>
</tbody>
</table>

GENTLE CHAIR PILATES
(18+). Do your Pilates using a chair instead of a mat! This class is designed for those who have difficulty getting up off of and down onto the floor. This gentle Pilates fusion style class uses exercises and sequences that are specifically designed for those who want to stay healthy, keep moving, and maintain their independence as they age but with a slower paced, gentler approach to Pilates. The class will offer exercises targeting a stronger core, healthier back, shoulders, pelvis and knees, as well as better balance… with a little fun mixed in! The class also includes plenty of stretches in between the exercises to maintain and improve joint range of motion. Please note that exercises will be done both while sitting and standing (using the chair for support) and students must be able to stand independently, without the support of a walker or cane. No Pilates experience is needed and beginners are welcome.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Instructor</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tu</td>
<td>9:15-10:05 am</td>
<td>4/2</td>
<td>VLSC</td>
<td>Yancy</td>
<td>$93(R)/$140(N)</td>
</tr>
<tr>
<td>W</td>
<td>9-9:50 am</td>
<td>4/3</td>
<td>VLSC</td>
<td>Yancy</td>
<td>$93(R)/$140(N)</td>
</tr>
</tbody>
</table>

PILATES
(14+). This beginning Pilates class will focus on strengthening your body core, stability and balance. All levels of athletic ability are encouraged to attend. *Due to consideration of people with allergies to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Instructor</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>10-11 am</td>
<td>4/1</td>
<td>MMRA</td>
<td>Nicholas</td>
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</tr>
<tr>
<td>W</td>
<td>6:30-7:30 pm</td>
<td>4/3</td>
<td>HRZN</td>
<td>Martin</td>
<td>$62(R)/$93(N)</td>
</tr>
<tr>
<td>Tu</td>
<td>1:30-2:30 pm</td>
<td>4/2</td>
<td>VLSC</td>
<td>Yancy</td>
<td>$73(R)/$110(N)</td>
</tr>
<tr>
<td>W</td>
<td>8:05-8:55 am</td>
<td>4/3</td>
<td>VLSC</td>
<td>Yancy</td>
<td>$73(R)/$110(N)</td>
</tr>
<tr>
<td>Th</td>
<td>1:30-2:30 pm</td>
<td>4/4</td>
<td>VLSC</td>
<td>Yancy</td>
<td>$73(R)/$110(N)</td>
</tr>
</tbody>
</table>

PILATES - GOLF CONDITIONING
(14+). This conditioning program can significantly enhance your golfing experience while extending your years of play. Increasing strength and flexibility and decrease your risk for injury. Building better bodies and minds is the original purpose of Pilates.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Instructor</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tu</td>
<td>4:45-5:35 pm</td>
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<td>MMRA</td>
<td>Martin</td>
<td>$62(R)/$93(N)</td>
</tr>
<tr>
<td>Th</td>
<td>4:45-5:35 pm</td>
<td>4/4</td>
<td>VLSC</td>
<td>Martin</td>
<td>$62(R)/$93(N)</td>
</tr>
</tbody>
</table>

PILATES GENTLE
(18+). This Pilates class contains all the benefits to a traditional Pilates class, however this style is slower and a more gentle approach.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Instructor</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>W</td>
<td>10:30-11:30 am</td>
<td>4/3</td>
<td>GRSC</td>
<td>Alfraid</td>
<td>$50(R)/$75(N)</td>
</tr>
</tbody>
</table>

Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.
ADULT [14+ YEARS]

PILATES INTERMEDIATE/ADVANCED
(14+) This class will focus on strengthening your body core, stability and balance. All levels of athletic ability are encouraged to attend. Three months of Pilates experience suggested. *Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

W 10-11 am 4/3(8classes) MMRA $86(R)/$129(N) Nicholas 41700

SENIOR CIRCUIT - CARDIO, STRETCH AND STRENGTH TRAINING
(18+) A one hour class including cardio and strength training portions. Each class will be broken down into five segments: warm Up (including stretch), work, cool-down, final stretch and relaxation. Within the work segment, alternate cardio and strength training blocks will be offered. Each segment will offer varying levels of exertion, to permit those just starting out through those looking for a more vigorous session to experience the appropriate challenge.

M Th 1-2 pm 4/1(16classes) GRSC $91(R)/$137(N) Herriot 41903

SENIOR STRENGTH TRAINING
(18+) Resistance and strength training can enable senior citizens to regain muscle mass and strength at any age. You’re never too old to build a little muscle and fight conditions like osteoporosis. Many of the degenerative diseases experienced in the aging process are related to loss of muscle mass and strength. Focus will be geared to those issues related to senior citizens. This class will utilize basic exercises on machines and with free weights.

M W 5:45-6:45 pm 4/1(16classes) VLSC $92(R)/$138(N) Teisch 41668
M W 11 am-12 pm 4/1(16classes) VLSC $132(R)/$196(N) Smith 41701
Tu Th 10-11 am 4/1(16classes) VLSC $125(R)/$188(N) Brancati 41702
Tu Th 11:30 am-12:30 pm 4/2(16classes) GRSC $125(R)/$188(N) Brancati 41704

SHIFT YOUR SHAPE
(18+) Get ready to take on the afternoon after this full body stretch and tone workout! Buttocks, back, thighs, and abdominals are strengthened; exercising at your own pace is encouraged. There is emphasis on increasing flexibility, through various yoga poses and traditional stretches. Most of the exercises are on the mat.

Tu Th 11:15 am-12 pm 4/2(16classes) ELDO $38(R)/$57(N) Reznikoff 41705

STEP AEROBICS
(14+) This class provides the ideal workout for those students who want a challenge and results. It will improve strength, muscle endurance, flexibility and balance. Steps can be adjusted for beginners and advance levels.

Tu 6-7 pm 4/2(8classes) HRZN $62(R)/$93(N) Martin 41709
Th 6-7 pm 4/4(8classes) HRZN $62(R)/$93(N) Martin 41710

STEP AND STRENGTHEN
(14+) Have a great time getting in shape while following basic step movements and being instructed on strengthening exercises. Basics are covered for those that are new to stepping and modifications are given when needed. Strengthen your legs, upper body and core with low intensity training.

Sa 9:15-10:15 am 4/6(7classes) HRZN $41(R)/$62(N) Alfraid 43711

STRENGTH TRAINING
(18+) This class incorporates resistance and weight bearing exercises set to upbeat, energizing music. Improving and increasing aerobic capacity is an additional goal while building stamina, endurance and balance capacity. Throughout the duration of the session repetitions will increase to progress our capacity to further grow and develop overall strength.

M Th 9-10 am 4/1(16classes) MMRA $132(R)/$198(N) Smith 41703
Advanced
W F 8-8:55 am 4/3(16classes) MMRA $132(R)/$198(N) Smith 41910

STRETCH IT OUT!
(18+) This class is designed to loosen tight muscles and joints at a slow and gentle pace. Perfect for those suffering from lower back pain due to limited range of motion. Assists in greater range of motion and flexibility.

W 12-1 pm 4/3(8classes) VLSC $50(R)/$75(N) Alfraid 43712

RECREATION.SCOTTSDALEAZ.GOV – RESIDENT REGISTRATION BEGINS FEB. 26 / NON-RESIDENT BEGINS FEB. 29
Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.
**TAI CHI**
(18+) Learn the Yang Style Long Form, a slow, graceful, rhythmic exercise, which promotes good health and improves balance, memory and concentration. The Yang Style Long Form is a series of postures which are broken into three sections.

Beginning – will cover positions from the first section

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Fees (Residents)</th>
<th>Fees (Non-Residents)</th>
<th>Instructor</th>
<th>CRN</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
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<td>$55(R)/$83(N)</td>
<td>Isaacson 41726</td>
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<tr>
<td>Tu</td>
<td>6-7 pm</td>
<td>MTNV</td>
<td>$34(R)/$55(N)</td>
<td>Oestreich 41907</td>
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<tr>
<td>W</td>
<td>9:30-10:30 am</td>
<td>VLSC</td>
<td>$40(R)/$60(N)</td>
<td>Navarro 41721</td>
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<tr>
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<td>VLSC</td>
<td>$40(R)/$60(N)</td>
<td>Isaacson 41720</td>
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<tr>
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<td>5:30-7 pm</td>
<td>GRSC</td>
<td>$55(R)/$83(N)</td>
<td>Isaacson 41719</td>
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<td></td>
</tr>
<tr>
<td>Th</td>
<td>9-10:30 am</td>
<td>GRSC</td>
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<td>Isaacson 41724</td>
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<tr>
<td>Th</td>
<td>11:15 am-12:45 pm</td>
<td>VLSC</td>
<td>$55(R)/$83(N)</td>
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<tr>
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<td>VLSC</td>
<td>$40(R)/$60(N)</td>
<td>Navarro 41722</td>
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</tr>
<tr>
<td>Sa</td>
<td>9-10 am</td>
<td>GRSC</td>
<td>$40(R)/$60(N)</td>
<td>Isaacson 41723</td>
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</table>

Intermediate – Students must be proficient in positions from the first section.

<table>
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<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Fees (Residents)</th>
<th>Fees (Non-Residents)</th>
<th>Instructor</th>
<th>CRN</th>
</tr>
</thead>
<tbody>
<tr>
<td>W</td>
<td>10:45-11:45 am</td>
<td>VLSC</td>
<td>$49(R)/$74(N)</td>
<td>Navarro 41727</td>
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</table>

Advanced – Students must be proficient in the positions from the first and second section.

<table>
<thead>
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<th>Time</th>
<th>Location</th>
<th>Fees (Residents)</th>
<th>Fees (Non-Residents)</th>
<th>Instructor</th>
<th>CRN</th>
</tr>
</thead>
<tbody>
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<td>W</td>
<td>9:30-10:30 am</td>
<td>VLSC</td>
<td>$36(R)/$54(N)</td>
<td>Isaacson 41718</td>
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</tr>
<tr>
<td>F</td>
<td>9:30-10:15 am</td>
<td>VLSC</td>
<td>$49(R)/$74(N)</td>
<td>Isaacson 41716</td>
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<tr>
<td>Sa</td>
<td>10:15-11:45 am</td>
<td>GRSC</td>
<td>$49(R)/$74(N)</td>
<td>Isaacson 41717</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**TOTAL BODY WORKOUT**
(18+) Energize your body and mind with this total body workout. Improve your cardiovascular system with gentle aerobic exercise and muscular strength using light hand weights and your own body weight as resistance. Improve posture and balance. Cool down with gentle stretching and deep breathing. Working out in your comfort zone is encouraged.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Fees (Residents)</th>
<th>Fees (Non-Residents)</th>
<th>Instructor</th>
<th>CRN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Th</td>
<td>8:05-9 am</td>
<td>VLSC</td>
<td>$39(R)/$59(N)</td>
<td>Robertson 41909</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**TOTA LLY TONING**
(14+) Strengthen and tone your major muscle groups using weights, exercise balls, body bars and gravity. Learn proper form and technique to maximize results. Target problem areas and increase your metabolism with more muscle.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Fees (Residents)</th>
<th>Fees (Non-Residents)</th>
<th>Instructor</th>
<th>CRN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tu</td>
<td>5:30-6:30 pm</td>
<td>MMRA</td>
<td>$46(R)/$69(N)</td>
<td>Teisch 41737</td>
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</table>

**THE TOTAL WORKOUT**
(18+) Improve your cardiovascular system with gentle aerobic exercise and muscular strength using light hand weights and your own body weight as resistance. Improve posture and balance. Cool down with gentle stretching and deep breathing.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Fees (Residents)</th>
<th>Fees (Non-Residents)</th>
<th>Instructor</th>
<th>CRN</th>
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<tbody>
<tr>
<td>M</td>
<td>1-2 pm</td>
<td>VLSC</td>
<td>$63(R)/$95(N)</td>
<td>Kenrick 41674</td>
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<td>Tu</td>
<td>12-1 pm</td>
<td>VLSC</td>
<td>$55(R)/$75(N)</td>
<td>Scott 41770</td>
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<td>W</td>
<td>8-9:15 am</td>
<td>VLSC</td>
<td>$63(R)/$95(N)</td>
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<tr>
<td>F</td>
<td>8-9:15 am</td>
<td>VLSC</td>
<td>$63(R)/$95(N)</td>
<td>Kenrick 41773</td>
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**ZUMBA**
Zumba® is a fusion of Latin and International music & dance themes to create a dynamic, exciting and effective fitness system! It is this mixture of body sculpting movements in easy to follow dance steps and the principals of fitness interval and resistance training that allow Zumba participants to maximize their caloric and fat burning output for total body toning.

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<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Fees (Residents)</th>
<th>Fees (Non-Residents)</th>
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**ZUMBA GOLD**
(18+) Perfect for anyone who is looking for a modified Zumba® class that recreates the original moves you love at a lower-intensity. The design of the class introduces easy-to-follow Zumba® choreography that focuses on balance, range of motion and coordination. This class is ideal for beginners as well as individuals seeking a low-impact exercise program.

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<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Fees (Residents)</th>
<th>Fees (Non-Residents)</th>
<th>Instructor</th>
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<tr>
<td>M</td>
<td>1-2 pm</td>
<td>VLSC</td>
<td>$63(R)/$95(N)</td>
<td>Kenrick 41772</td>
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<td>Tu</td>
<td>12-1 pm</td>
<td>VLSC</td>
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<td>W</td>
<td>8-9:15 am</td>
<td>VLSC</td>
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<td>8-9:15 am</td>
<td>VLSC</td>
<td>$63(R)/$95(N)</td>
<td>Kenrick 41773</td>
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</table>
**ZUMBA TONING**
(18+) The addition of Zumba® Toning Sticks or light dumbbells (1 to 2.5 lbs) turns up the fun and fitness at this dance party! Zumba® Toning is a circuit training that benefits cardiovascular health as well as muscle conditioning and toning. This weighted workout targets muscle groups in the arms, core, and lower body and also increases a sense of rhythm and coordination.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class(s)</th>
<th>Venue</th>
<th>Price(R)/Price(N)</th>
<th>Instructor</th>
<th>Phone</th>
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<tbody>
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<td>CACT</td>
<td>$63(R)/$95(N)</td>
<td>Kenrick</td>
<td>41775</td>
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</table>

**YOGA & MEDITATION**

**MEDITATION FOR EVERYONE**
(18+) Meditation calms the body and soothes the mind. It is also a great way to relieve stress and improve overall health and well-being. Join us and learn the basics of meditation to set up your own home practice. We will also explore various forms of meditation and relaxation methods.

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<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class(s)</th>
<th>Venue</th>
<th>Price(R)/Price(N)</th>
<th>Instructor</th>
<th>Phone</th>
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<tbody>
<tr>
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<td>VLSC</td>
<td>$66(R)/$99(N)</td>
<td>Yancy</td>
<td>41571</td>
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</tbody>
</table>

**CHAIR YOGA - INTERMEDIATE**
(18+) This class is designed for those with previous yoga or chair yoga experience and who want to take a challenging yoga class but have difficulty getting up off of and down onto the floor. This quicker paced, flow style, chair yoga class will use the chair in sitting postures to help stretch and warm up the body followed by a series of standing and balance poses, using the chair for support when needed. Previous yoga or chair yoga experience is needed and students must be able to stand and walk independently, without the support of a walker or cane.

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<th>Day</th>
<th>Time</th>
<th>Class(s)</th>
<th>Venue</th>
<th>Price(R)/Price(N)</th>
<th>Instructor</th>
<th>Phone</th>
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<tbody>
<tr>
<td>M</td>
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<td>8 classes</td>
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<td>$999(R)/$110(N)</td>
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<tr>
<td>Th</td>
<td>8:15-9:30 am</td>
<td>4 classes</td>
<td>VLSC</td>
<td>$66(R)/$99(N)</td>
<td>Jenkins</td>
<td>41571</td>
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</table>

**CHAIR REIKI I AND CHAIR REIKI II COMBO**
(18+) Reiki is a gentle healing energy that you direct with your hands and is used in many local hospitals in conjunction with traditional medicine to increase mental, physical, and emotional healing. It treats the whole person, body, mind, and spirit and increases feelings of well-being and relaxation. It is a deeply moving experience for many students. In this class you will learn Reiki 1, which teaches the student self-healing techniques through guided meditations and classroom exercises. You will also learn Reiki 2 techniques which empower the student to send this warm healing energy to family, friends, pets, and others at any distance. Reiki is always taught by a Reiki Master and there is no touching necessary.

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<th>Day</th>
<th>Time</th>
<th>Class(s)</th>
<th>Venue</th>
<th>Price(R)/Price(N)</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>M</td>
<td>9:30-11 am</td>
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<td>VLSC</td>
<td>$45(R)/$68(N)</td>
<td>Jenkins</td>
<td>41565</td>
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**ALL LEVELS CHAIR YOGA**
(18+) Practice yoga using a chair instead of a mat! This class is designed for those who want to take a yoga class, but have difficulty getting up off of and down onto the floor. The chair is used in sitting postures to help stretch and warm up the body and open the shoulders and neck. This is followed by a series of standing poses, using the chair for support in standing and balancing when needed. The exercises are specifically designed and sequenced for those who want to stay healthy, keep moving and maintain their independence as they age, as well as for those with limited mobility or movement disorders. These exercises will safely improve flexibility, strength and balance and will help to maintain mobility, without the impact and stress of traditional exercises. Beginners are welcome and no previous yoga experience is needed.

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<tr>
<th>Day</th>
<th>Time</th>
<th>Class(s)</th>
<th>Venue</th>
<th>Price(R)/Price(N)</th>
<th>Instructor</th>
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<tr>
<td>M</td>
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<tr>
<td>W</td>
<td>10:15-10:10 am</td>
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<td>VLSC</td>
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<tr>
<td>Th</td>
<td>9:30-10:30 am</td>
<td>4 classes</td>
<td>VLSC</td>
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<td>Th</td>
<td>9:15-10:10 am</td>
<td>4 classes</td>
<td>VLSC</td>
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<tr>
<td>F</td>
<td>11:15 am-12:10 pm</td>
<td>5 classes</td>
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<td>F</td>
<td>9:15-10:10 am</td>
<td>5 classes</td>
<td>VLSC</td>
<td>$73(R)/$110(N)</td>
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**GENTLE CHAIR YOGA**
(18+) Practice yoga using a chair instead of a mat! This Gentle Chair Yoga Class is designed for those with limited mobility who want to practice yoga but have difficulty standing for long periods. It is also for anyone looking for a more gentle and relaxing Chair Yoga practice. Each class includes gentle stretching to release tension, stiffness and stress from tight muscles and joints, followed by gentler variations of yoga poses for strength and posture, all done seated in a chair. Approximately 15 minutes of each class will be done standing, working to improving balance and mobility.

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<th>Day</th>
<th>Time</th>
<th>Class(s)</th>
<th>Venue</th>
<th>Price(R)/Price(N)</th>
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<tr>
<td>M</td>
<td>9:15-10:10 am</td>
<td>4 classes</td>
<td>VLSC</td>
<td>$73(R)/$110(N)</td>
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**HATHA YOGA**
(14+) The benefits of Hatha yoga include better sleep, strengthening core muscles, improving depression symptoms, and helping with stress management, as well as an effective way to lose weight. Hatha yoga is a type of yoga that emphasizes holding poses. It is made up of three main practices: body postures, breathing techniques, and meditation. You are guaranteed to walk out this type of yoga in a better mood and feeling happier while your body is more flexible. All levels welcome.

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<tr>
<th>Day</th>
<th>Time</th>
<th>Class(s)</th>
<th>Venue</th>
<th>Price(R)/Price(N)</th>
<th>Instructor</th>
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<tr>
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<td>6-7 pm</td>
<td>4 classes</td>
<td>MMRA</td>
<td>$45(R)/$68(N)</td>
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**ZUMBA TONING**
(18+) The addition of Zumba® Toning Sticks or light dumbbells (1 to 2.5 lbs) turns up the fun and fitness at this dance party! Zumba® Toning is a circuit training that benefits cardiovascular health as well as muscle conditioning and toning. This weighted workout targets muscle groups in the arms, core, and lower body and also increases a sense of rhythm and coordination.
JOURNEY INTO YOGA
(18+) Take a journey into your yoga practice! Explore the fundamentals of yoga based on breathwork, mindfulness, alignment, building strength and increasing flexibility. Beginner friendly and perfect for continuing students. Discover the joy in your yoga journey through foundational yoga postures while stimulate, rejuvenate, and nurture your body and mind connection.

Th 9:10-10:15 am 4/6(8 classes) GRSC $68(R)/$102(N) Urata 41649

MYOFASCIA RELEASE AND RESTORATIVE
(18+) Release your fascia that may be causing pain or limited range of mobility. Do you suffer from tight muscles, joint, foot, hip, neck, shoulder, or back pain, feeling stressed or anxious? Myofascial release aims to relax tense, constricted fascia surrounding soft tissue. This is a heavily restorative, low intensity, no impact class that uses several healing modalities (myofascia release, yoga, ancient Chinese meridian point, etc) to soften connective tissue restrictions/adhesion, release tension, stress, anxiety, and trapped energy- restoring harmony and balance within.

Th 10:30-11:45 am 4/6(8 classes) GRSC $68(R)/$102(N) Urata 41661

NEW FLOW INTO SOUND HEALING
(18+) Enjoy guided breathwork and stretching before moving your body through a flow of yoga poses to increase strength, balance and flexibility. Through the sequence, you will blissfully connect mind, body and soul on your mat. All levels are welcome as modifications will be offered and going deeper into the postures is also encouraged. The class will close with meditation and savasana comfortably laying on your mat with your knees slightly elevated onto a bolster where you will be bathed in a sound healing session with elements such as sound bowls, gong, tuning forks, chimes and solfeggio sound frequencies. Get ready for the perfect balance of movement (asana) and relaxation.

Sa 9:15-10:30 am 4/6(6 classes) VLSC $54(R)/$83(N) Scorza 42672

YOGA - ALL LEVELS - OUTDOORS
(18+) Find balance for your body, mind and spirit! The physical, all levels yoga practice uses a variety of sequenced standing poses which both strengthen the body and improve flexibility. Detailed instruction will offer the poses for various levels of fitness and ability, along with important alignment cues to practice safely and in such a way that you feel better at the end of practice than when you started. Join us to release tension, restore vitality and improve back health and posture! All levels welcome.

W 8:30-9:45 am 4/6(5 classes) VLSC $53(R)/$80(N) Parrow 41672

YOGA BASICS
(18+) Focus on essentials of the yoga practice with a gentle approach based on skillful alignment, breath, building core strength and increasing flexibility. Beginner friendly; also perfect for continuing students. Deepen your work in foundational yoga postures while linking breath, awareness, and movement from a place of stability.

W 11 am-12 pm 4/6(3 classes) MMRA $56(R)/$84(N) Stewart 41757

YOGA - GENTLE/RESTORATIVE
(18+) This slower paced, restorative class is designed to focus on breathing, relaxation and gentle stretching and balance within your body, mind and spirit. The physical practice uses poses which both stretch and strengthen the body. Release tension restore vitality and improve posture. This time is used to find ways to relax, release stress and create a better awareness of the body.

Th 2:30-3:55 pm 4/6(9 classes) VLSC $104(R)/$156(N) Parrow 41761
Tu 10:10-11:35 am 4/6(9 classes) VLSC $104(R)/$156(N) Parrow 41762

YOGA
(18+) Find balance for your body, mind and spirit! The physical, all levels yoga practice uses a variety of sequenced standing poses which both strengthen the body and improve flexibility. Detailed instruction will offer the poses for various levels of fitness and ability, along with important alignment cues to practice safely and in such a way that you feel better at the end of practice than when you started. Join us to release tension, restore vitality and improve back health and posture! All levels welcome.

All Levels (14+)

W 6:30-7:45 pm 4/6(3 classes) MMRA $54(R)/$81(N) Malaekheh 41906

All Levels (18+)

W 9:30-10:45 am 4/6(3 classes) MMRA $68(R)/$102(N) Stewart 41756

Beginning (18+)

W 10:30 am-12 pm 4/6(3 classes) CACT $76(R)/$114(N) Sikes 41746
Th 10:45 am-12:15 pm 4/6(4 classes) VLSC $73(R)/$110(N) Parrow 41747

Intermediate (18+)

M 9:30-10:45 am 4/6(2 classes) VLSC $68(R)/$102(N) Rothman 41753
Th 9:15-10:30 am 4/6(4 classes) VLSC $63(R)/$95(N) Parrow 41754

ONLINE YIN YOGA
(14+) Yin Yoga is a deliberate and unhurried practice that deepens your stretches and enhances your flexibility. Most poses are performed on the floor, either from a seated position or lying on your back, making it accessible to individuals of all fitness levels. We offer alternative poses to ensure a comfortable and inclusive experience for those facing knee or ankle challenges. To fully embrace your Yin Yoga journey, please have the following props: a yoga mat, one to two yoga blankets, two blocks, and a yoga strap. However, don’t worry if you don’t have these specific props on hand, substitutes are more than acceptable.

Sa 9-10 am 4/6(8 classes) ONLINE $56(R)/$84(N) Jarvie 41904

REGISTRATION QUESTIONS?
480-312-7957
Call us before Feb. 23 so we can guide you through the process, making registration a breeze!
**YOGA - GENTLE**
(18+) Discover the joy of unifying body, mind and spirit in this slower-paced class designed to relax, stretch and strengthen your body with gentle yoga poses, movement, and centered breathing. This “low and slow” class takes place primarily on the floor but also includes standing poses and movement to improve posture, balance, and breath. All levels welcome.

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<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Instructor</th>
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<tr>
<td>M</td>
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<tr>
<td>M</td>
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<td>Tu</td>
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<td>F</td>
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<td>F</td>
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<td>4(5 classes)</td>
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**YOGA - RESTORATIVE**
(18+) Counteract a fast-paced, stressed-out life off the mat with restorative yoga. Yogis of all levels can enjoy this gentle, slow, still style of yoga involving long, passive holds in a series of 4-6 restful poses. Supported by props, the body releases tension and achieves physical, mental and emotional relaxation.

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<th>Day</th>
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<th>Class</th>
<th>Location</th>
<th>Instructor</th>
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**YOGA FOR STRONG BONES - ALL LEVELS**
(18+) This gentle class emphasizing safe and proper alignment is for anyone wanting to improve bone density and strength, posture, balance, and muscular strength. Everyone with osteopenia and osteoporosis is welcome but you must be able to get up from your mat without assistance. If you have serious osteoporosis, check with your doctor to be sure that a yoga class is appropriate for you.

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<th>Instructor</th>
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**YOGA IN THE PARK - GENTLE**
(18+) Enjoy our fabulous weather while discovering the joy of unifying body, mind and spirit in this slower-paced class designed to relax, stretch and strengthen your body with gentle yoga poses, movement, and centered breathing. This “low and slow” class takes place primarily on the ground but often includes easy standing poses to improve posture, balance, and breath. Bring your mat, a blanket or large towel, and (optional) blocks.

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<th>Day</th>
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<th>Class</th>
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<th>Instructor</th>
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**YOGA IN THE PRESERVE**
(14+) Embrace the outdoors and join us for an all levels yoga class at the Gateway Trailhead in Scottsdale’s beautiful McDowell Sonoran Preserve. Our open air, outdoor classroom is just a short walk north of the trailhead building, in a quiet spot on the Desert Parks Trail. Enjoy your yoga practice surrounded by the sights and sounds of the Sonoran desert and with a view of the most prominent peaks and Tom’s Thumb! All levels of experience are welcome. Bring your mat, sun protection, and water.

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<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Instructor</th>
<th>Phone</th>
<th>Code</th>
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<tr>
<td>Su</td>
<td>7-8 am</td>
<td>4(7 classes)</td>
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<td>Yancy</td>
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<td>Su</td>
<td>8:05-9:05 am</td>
<td>4(7 classes)</td>
<td>GWTH</td>
<td>Yancy</td>
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**MUSIC**

**BEGINNING GUITAR 1 & 2**
(11+) 1.) Purchase guitar book before first class: “Alfred’s Basic Guitar Method Book 1” - 3rd Edition by Morty and Ron Manus 00-33304 book only - No CD or DVD needed. Approx. $6.99 2.) Students must have a guitar of their own and bring it to class. Acoustic or electric 6 string guitars welcome, small amplifiers can be used. 3.) Bring a 3-ring binder to first class. Beginner 1 students will cover notes on the first three strings and then we add 6 - 8 chords to songs. Beginner 2 students will cover reading music, notes on all 6 strings and 11 - 15 chords. Emphasis will be on smooth chord transitions and strumming and picking techniques.

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<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Instructor</th>
<th>Phone</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>6-6:45 pm</td>
<td>4(1 classes)</td>
<td>CHAP</td>
<td>Fahy</td>
<td>41593</td>
<td></td>
</tr>
</tbody>
</table>

**PIANO/KEYBOARD TEEN/ADULT**
(13+) This unique award-winning method teaches keyboard skills on real songs you know! Learn to read music on the treble clef in a lead sheet format and play chords using our exclusive chordometer. Keyboards are provided for each student for classroom use; and all music materials are included.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Instructor</th>
<th>Phone</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>W</td>
<td>6:30-7:30 pm</td>
<td>4(6 classes)</td>
<td>HRZN</td>
<td>Elements Music</td>
<td>41690</td>
<td></td>
</tr>
</tbody>
</table>

**THE JOY OF PLAYING THE RECORDER**
(18+) Played by professional musicians for centuries, the recorder is actually an ancient instrument known worldwide. It is perfect for amateurs who enjoy music and appreciate a rewarding brain workout. Whether you have never played a note of music in your life, or have music experience from earlier years, this class will provide a fun and joyful way to discover or rediscover your musical self!

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Instructor</th>
<th>Phone</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>2:30-3:20 pm</td>
<td>4(1 classes)</td>
<td>VLAST</td>
<td>Koenig</td>
<td>41669</td>
<td></td>
</tr>
</tbody>
</table>
HOBBIES & INTERESTS

BRIDGE - BEGINNING
(18+) This class starts with the basic terminology, seating, dealing, sorting suits, scoring, etc. You will learn the importance of counting high card and distributional points. We’ll cover opening bids and responses, no trump calls, overcalls, preempt calls, etc. Most important, there will be a great deal of hand play. Weekly review and open discussion help players develop communications skills with their partners.

W 9:30-11:30 am 4/3 (7 classes) VLSC $64 (R)/$96 (N) Bigham 41603

BRIDGE - INTERMEDIATE
(18+) This class is a continuation of the beginning class dealing with the play of the hand as declarer and as defender as well as further instruction in bidding. The most common conventions, e.g. Stayman, Blackwood limit raises; 4 types of doubles; forcing bids; bidding hands of exceptional strength, weakness or shape; slam bidding; requirements for gamb bidding; responsibility for continuing or ending the bidding; and other techniques as requested will be explained. Much of the class time will be spent on supervised practice. Please note, if you are not at the appropriate skill level, you will be asked to withdraw and staff will do their best to locate a class at the correct level.

Tu 9:30-11:30 am 4/2 (7 classes) VLSC $64 (R)/$96 (N) Bigham 41601
Th 9:30-11:30 am 4/4 (7 classes) VLSC $64 (R)/$96 (N) Bigham 41602

NEW CANASTA FOR BEGINNERS
(18+) Learn (or refresh) the basics of this stimulating and fun game. Modern American Canasta rules will be the foundation for this class which will combine teacher-led presentations and instructions with open hand play that will culminate with practice games. This game helps strengthen one’s cognitive skills and provides students with a socially rewarding experience. Handouts will be provided.

Th 9:30-11:30 am 4/11 (6 classes) VLSC $42 (R)/$63 (N) Bellet 42813

CHESS
(18+) Learn the fundamentals of Chess. Have you ever wondered about opening theories, pins, forks, castles and endgames? How about Chess piece names, values and pawn promotions? Each class is designed to expand your knowledge of chess from the board up. You’ll practice new tactics and strategies in a fun and inclusive environment.

F 9-11 am 4/5 (7 classes) VLSC $64 (R)/$96 (N) Bigham 41619

CREATIVE WRITING I
(18+) Creative writing class will focus on craft. This will include creative writing prompts, plot/character development, help with revision and constructive feedback. All levels and creative writing forms are welcome.

W 12-2 pm 4/3 (7 classes) VLSC $76 (R)/$114 (N) Robertson 41523

NEW CREATIVE WRITING II
(18+) In this class we will continue to hone our writing craft and prepare our writing for submission. Creative Writing I is a prerequisite for this class.

W 2:30-4:30 pm 4/1 (5 classes) VLSC $52 (R)/$114 (N) Robertson 42652

DOG OBEDIENCE - TEACH FIDO MANNERS
(16+) Do you want your furry family member to have manners at home, with guests and out in public? Learn simple methods to teach your dog manners within your life. Training can begin at 20 weeks to senior age. You’ll have tail waggin’ good time! Reactive or aggressive dogs are better suited for private sessions and not permitted in the class setting. No retractable leashes.

Th 5:45-7 pm 4/11 (1 class) ELDO $31 (R)/$47 (N) Strauss 41632

ONLINE INTRODUCTION TO VOICE OVER
(18+) This course will introduce members of the community to an exciting and fulfilling part-time hobby or full-time career option. Instructor, Justine Reiss, is affiliated with a professional voice-over training company called Such A Voice. At the end of the 2-hour course, Justine lets students know if this is something they want to pursue, they can get a free voice evaluation where she will provide necessary feedback.

M 6-8 pm 4/29 (1 class) ONLINE $24 (R)/$36 (N) Reiss 41646

RECREATION.SCOTTSDALEAZ.GOV – RESIDENT REGISTRATION BEGINS FEB. 26 / NON-RESIDENT BEGINS FEB. 29
Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.
**LETS PLAY TABLE TENNIS**
(16+) In this class, we will practice improving our strokes and drills, improve your serve and how to read spin better. We will mix in some footwork too, and doubles play. We will work in some game strategies to use, and there will be time for practice and open play, and match play too!

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Fee</th>
<th>Instructor</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Th</td>
<td>4:30-6 pm</td>
<td>4/4(4classes)</td>
<td>VLSC</td>
<td>$54(R)/$81(N)</td>
<td>Mack</td>
<td>41651</td>
</tr>
</tbody>
</table>

**LETS PLAY TABLE TENNIS - INTERMEDIATE**
(15+) Ready to ramp up your game? In this class, we will practice as though you are going to play in a tournament! Strokes, spin, power and placement. We will practice more shots - the loop, block, drop shot, heavy push, smash, and how about a lob or chop? Footwork drills, more advanced service drills/motions, and third ball attack - all chances to refresh or add to your skill set!

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Fee</th>
<th>Instructor</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Th</td>
<td>4:30-6 pm</td>
<td>5/2(4classes)</td>
<td>VLSC</td>
<td>$54(R)/$81(N)</td>
<td>Mack</td>
<td>41905</td>
</tr>
</tbody>
</table>

**MAH JONGG - BEGINNING**
(18+) Learn the American version of an ancient Chinese game that challenges memory skills and expands social networks. Game fundamentals are taught in short presentations followed by tile exercises and practice games.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Fee</th>
<th>Instructor</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>12:30-2:30 pm</td>
<td>4/1(8classes)</td>
<td>VLSC</td>
<td>$89(R)/$134(N)</td>
<td>Weiner</td>
<td>41654</td>
</tr>
</tbody>
</table>

**MAH JONGG INTERMEDIATE - ADVANCED**
(18+) Classes will expand the skills of the basic Mah Jongg player by focusing on the strategic and competitive elements of the game, including preparation for tournament play. This class is for people who have played Mah Jongg American Version continuously for at least 6 months. A fun “mini-tournament” will be held at the final class of the session.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Fee</th>
<th>Instructor</th>
<th>Code</th>
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</thead>
<tbody>
<tr>
<td>M</td>
<td>2:45-4:45 pm</td>
<td>4/1(8classes)</td>
<td>VLSC</td>
<td>$89(R)/$134(N)</td>
<td>Weiner</td>
<td>41655</td>
</tr>
</tbody>
</table>

**NEW AZ RESIDENTS - TAX AND TRUST LAWS**
(21+) You need to attend this class if you are a new Arizona resident or have not updated your estate plans since you moved to Arizona. Explore Arizona community property, trusts, wills, powers of attorney, estate & gift taxes, and how title to your assets affects your estate plans.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Fee</th>
<th>Instructor</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tu</td>
<td>6:15-7:45 pm</td>
<td>5/7(2classes)</td>
<td>HRZN</td>
<td>$21(R)/$32(N)</td>
<td>Shellander</td>
<td>41662</td>
</tr>
</tbody>
</table>

**SUDOKU FOR BEGINNERS**
(18+) Welcome to the exciting world of Sudoku. In this class you’ll learn the fundamentals and basics of gameplay. We will learn several strategies such as naked pairs, hidden pairs, pointed pairs, crosshatching and intersection removal strategy. This is a fun and rewarding game.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Fee</th>
<th>Instructor</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>F</td>
<td>11:15 am-1:15 pm</td>
<td>4/5(7classes)</td>
<td>VLSC</td>
<td>$64(R)/$96(N)</td>
<td>Bigham</td>
<td>41713</td>
</tr>
</tbody>
</table>

**TRUSTS, WILLS AND ESTATE PLANNING**
(21+) Unravel the mystery surrounding trusts, wills, powers of attorney and other estate planning instruments. Learn how title to your assets and how community property can save on income taxes. Discover what only an Attorney and CPA with over 30 years of experience in estate planning can tell you about estate planning and common mistakes to avoid.

<table>
<thead>
<tr>
<th>Day</th>
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<th>Class</th>
<th>Location</th>
<th>Fee</th>
<th>Instructor</th>
<th>Code</th>
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</thead>
<tbody>
<tr>
<td>Th</td>
<td>6:15-7:45 pm</td>
<td>5/9(2classes)</td>
<td>HRZN</td>
<td>$21(R)/$32(N)</td>
<td>Shellander</td>
<td>41739</td>
</tr>
</tbody>
</table>

**FIRST AID & SAFETY**

**DESERT HIKING FIRST AID**
(18+) The Desert Hiking First Aid course is designed to enhance the natural Sonoran Desert experience and improve the overall safety of all visitors to the Scottsdale McDowell Sonoran Preserve and other urban hiking areas. This course will provide students with knowledge to improve the level of preparedness and safety of the recreational hiker/Preserve visitors. In addition, this course will provide instruction on basic treatments to manage medical emergencies that may be encountered while enjoying hikes that are expected to be less than 8 hours long. All course objectives are based on National Emergency Medical Services Education Competency Standards, as well as the National Park Service Guidelines for Emergency Medical Care.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Fee</th>
<th>Instructor</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sa</td>
<td>9 am-3 pm</td>
<td>4/6(2class)</td>
<td>FENP</td>
<td>$75(R)/$75(N)</td>
<td>Scottsdale Fire Department</td>
<td>41912</td>
</tr>
</tbody>
</table>

**PET CPR & FIRST AID - BE READY!**
(14+) In this one day workshop learn to assess Pet’s Vitals, Bleeding & Shock Management, Choking Management, Heat Emergencies, Pets & Disaster Safety Checklist, Bites & Stings, Restraining & Muzzling, Primary Assessment (know what actions to take in the first 15-25 seconds), Rescue Breathing & CPR. No pets allowed.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Fee</th>
<th>Instructor</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sa</td>
<td>11 am-2 pm</td>
<td>4/20(1class)</td>
<td>HRZN</td>
<td>$45(R)/$68(N)</td>
<td>American Emergency Response</td>
<td>41698</td>
</tr>
</tbody>
</table>
SCOTTSDALE AQUATICS OFFERS:

For more information, go to ScottsdaleAZ.gov and search "Aquatics."

POOL LOCATIONS:

CACTUS AQUATIC & FITNESS CENTER (CACT)
7202 E. Cactus Road | 480-312-7665

CHAPARRAL AQUATIC CENTER (CHAA)
5445 N. Hayden Road | 480-312-2361

ELDORADO AQUATIC & FITNESS CENTER (ELDA)
2301 N. Miller Road | 480-312-2484

MCDOWELL MOUNTAIN RANCH AQUATIC & FITNESS CENTER (MMRA)
15525 N. Thompson Peak Parkway | 480-312-6677

SPRING POOL HOURS:
Visit ScottsdaleAZ.gov and search 'Aquatic' for specific hours of operation and entrance fees.

LAP SWIM RATES

<table>
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<tr>
<th></th>
<th>CACT</th>
<th>ELDA</th>
<th>MMRA</th>
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</thead>
<tbody>
<tr>
<td>Adult (R) $4 / Adult (N) $6</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Child (R) $3 / Child (N) $4</td>
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</tbody>
</table>

FREE SWIM LESSON ASSESSMENTS

Not sure which class to register for? Call our aquatic centers to schedule a swim lesson assessment, or visit ScottsdaleAZ.gov and search 'swim lessons' to take our online skills quiz.

AQUATIC INCLEMENT WEATHER POLICY – The Aquatic facilities will be closed during electrical storms and other inclement weather. If the pool is closed & lessons are cancelled, lessons will not be made up. If 4 or more days in a session are missed due to weather, a credit can be issued for each day missed, starting on the fourth day. The credit must be requested and is good for future programs. Always call ahead to verify pool closures.
YOUTH SWIM LESSONS

Use the age guidelines and the class descriptions to help determine the appropriate level for your child. Free swim lesson assessments are offered by the staff to help determine the best class for the child. Please call the aquatic centers directly, if you have questions.

Classes are 30 minutes.

SPRING SESSION DATES: April 29 - May 23 | M/W and T/Th for 4 weeks

NEW! Check out the updates to our swim lesson classes and curriculum.

SEA BABIES
(6mo-3yrs / 1:8 ratio)
- Water acclimation class
- Water safety concepts for caregivers and students
- Introduction to swimming skills
- Swim benchmarks in swim wear and regular clothes

TADPOLES
(2.5-5yrs / 1:4 ratio)
- Students participate without caregiver presence
- Basic water safety skills (asking permission, putting on life jackets)
- Blowing bubbles, underwater exploration, assisted and unassisted submersion
- Assisted front & back floats, tuck & stand
- Swim benchmarks in swim wear and regular clothes

GUPPIES
(3-6yrs / 1:4 ratio)
- Basic water safety skills (responding to cueing, boundaries based on swimming abilities, putting on a life jacket and kick 10 ft, and treading water)
- Front and back floats and tuck & stand
- Bobbing
- Jump or rolling in and recovering on back to breathe
- Assisted beginner stroke on the front and back with direction changing and rolling onto back to breathe
- Swim benchmarks in swim wear and regular clothes

SEA TURTLES
(4-7yrs / 1:4 ratio)
- Students must be comfortable moving independently in water 4 feet deep
- Variations of side glide and streamline assisted and unassisted
- Jump in and move independently towards the wall
- Treading water
- Swim benchmarks in swim wear and regular clothes

OTTERS
(5yrs+ / 1:6 ratio)
- Students must be comfortable in deep water
- Survival float and treading water
- Head first entries
- Freestyle stroke concepts
- Backstroke concepts

DOLPHINS
(5yrs+ / 1:6 ratio)
- Students must be comfortable in deep water
- Breaststroke & Butterfly stroke concepts
- Endurance building

ORCAS
(6yrs+ / 1:6 ratio)
- Students must be comfortable in deep water
- Water safety skills (emergency scenarios and Reach or Throw and putting on a life jacket and kick 30 ft in water)
- Elementary backstroke concepts
- Sidestroke concepts
- Introduction to butterfly

TADPOLES/GUPPIES
(6yrs / 1:4 ratio)
- Basic water safety skills meant for older non swimmers (Putting on a life jacket & kick 20 ft)
- Assisted and unassisted submersion
- Assisted and unassisted front & back floats
- Jump in, submerge and recover for air assisted and unassisted
- Assisted and unassisted streamline, unassisted front and back floats
- Assisted and unassisted forward movement (kicking and pulling) on front and back
- Swim benchmarks in swim wear and regular clothes

SHARKS
(6yrs+ / 1:6 ratio)
- Students must be comfortable in deep water
- Survival floating and treading water for longer durations
- Refinement of all four competitive strokes
- Racing starts and endurance building

FIND SWIM LESSON AND CLASS INFORMATION ONLINE!

Search for swim lessons by class name or by location at: Recreation.ScottsdaleAZ.gov

NEW! Check out the updates to our swim lesson classes and curriculum.
LEARN TO SWIM LESSONS
All City of Scottsdale Instructors are certified by the StarFish Aquatic Institute. The water and safety program teaches swimming and safety skills in a logical progression. It is important for the student to be registered in the proper level. Please use the age guidelines and the class descriptions to help determine the appropriate level for your child. Detailed information can be provided by the aquatic staff. Swim Lesson Assessments are also offered by the staff to help determine the child’s current level. Please call if you have questions.

• Please note: If your child’s skill level is not within the advertised age range, please contact the aquatic facility to discuss age override options.

• Each class is 30 minutes in length.

Classes must meet minimum enrollment levels. Classes will be cancelled one week prior to the start date if the minimum enrollment level is not met.

Aquatics Waitlist Policy: Waitlisted participants will be called and will have 24 hours to respond if there is an opening in a class. Waitlisted participants will be removed if they do not respond. Waitlists will not be managed after the 3rd class.

ADULT SPECIALTY CLASSES
All classes are 50 minutes in length unless otherwise noted.

Please note: Classes must meet minimum enrollment levels. Classes will be canceled one week prior to the start date if the minimum enrollment level is not met.

Fees: Check online, monthly pre-registration is recommended.

Drop-in Information:
• Fee: $5 Resident / $8 Non-Resident, space permitting
• Participation is limited due to class size
• May not be accommodated if class registration is full

ACHE AWAY EXERCISE
(13yrs+) BackAche? Joints hurt? Have arthritis? Try this specially designed class for anyone who needs gentler, slower paced water exercise. Emphasizes stretching and toning.

ADULT LEARN TO SWIM
(13yrs+) It is never too late to learn to swim or improve your strokes! This class is geared toward adults who want to learn the basics and/or want to improve their swimming techniques.

ADULT STROKE REFINEMENT
(13yrs+) This class is for adults who would like coaching to improve their swimming and stroke technique. This class will also introduce swimming for fitness.

DEEP WATER EXERCISE
(13yrs+) Challenge yourself to the next level of physical fitness! This class is performed in the deep end of the pool features aerobic exercise, treading water, and activities that improve swimming technique and fitness. A variety of water equipment is used for conditioning and total body toning.

RECREATIONAL SWIM TEAM
(5-17yrs) This program focuses on enhancing and improving swimming stroke in a recreational environment. Participants must be able to swim 25 yards across the pool in all of the four competitive strokes. Spring recreational swim meet will be held on Saturday May 25 at McDowell Mountain Ranch Aquatic Center.

SHALLOW WATER EXERCISE
(13yrs+) Walking, running, jumping and a variety of aerobic movements are preformed in the shallow end of the pool to increase heart rate and provide a cardiovascular and strength training workout. A variety of water equipment is used for conditioning and total body toning. Includes stretching, warm-up, cardio, toning, and cool-down.

TONE AND TAI CHI
(13yrs+) This class combines water exercises with Tai Chi moves. It benefits students of all ages and abilities by using the water to increase strength, flexibility, balance and energy. A great way to start your day or prepare yourself for water exercise or lap swim.

Go to Recreation.ScottsdaleAZ.gov to search for times and locations.
The City of Scottsdale’s Adaptive Services goal is to provide fun, safe and meaningful social and recreational opportunities for participants with neuro and physical diversities. Using art, dance, music, life skills, recreation and sports, we provide opportunities to grow physically, emotionally, cognitively and socially.

Please contact Adaptive Services if you need an accommodation for any program listed within the Scottsdale Leisure Education Guide.

**SOCIAL OPPORTUNITIES**

(15+) Explore recreation and leisure interests through a variety of activities while engaging with peers.

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
<th>Contact Info</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>APRIL CRAFT NIGHT</strong></td>
<td>4/11</td>
<td>6-7:30pm</td>
<td>ADSC</td>
<td>FREE</td>
<td>42805</td>
</tr>
<tr>
<td><strong>APRIL GUYS NIGHT</strong></td>
<td>4/16</td>
<td>6-7:30pm</td>
<td>ADSC</td>
<td>FREE</td>
<td>42807</td>
</tr>
<tr>
<td><strong>KARAOKE</strong></td>
<td>4/19</td>
<td>6-7:30pm</td>
<td>ADSC</td>
<td>FREE</td>
<td>42808</td>
</tr>
<tr>
<td><strong>APRIL INTRO TO YOGA</strong></td>
<td>4/25</td>
<td>6-7:30pm</td>
<td>ADSC</td>
<td>FREE</td>
<td>43281</td>
</tr>
<tr>
<td><strong>MAY CRAFT NIGHT</strong></td>
<td>5/9</td>
<td>6-7:30pm</td>
<td>ADSC</td>
<td>FREE</td>
<td>42806</td>
</tr>
<tr>
<td><strong>MAY GIRLS NIGHT</strong></td>
<td>5/14</td>
<td>6-7:30pm</td>
<td>ADSC</td>
<td>FREE</td>
<td>42809</td>
</tr>
<tr>
<td><strong>BINGO</strong></td>
<td>5/17</td>
<td>6-7:30pm</td>
<td>ADSC</td>
<td>FREE</td>
<td>42810</td>
</tr>
<tr>
<td><strong>LIBRARY DAY</strong></td>
<td>5/18</td>
<td>2-3:30pm</td>
<td>CCLB</td>
<td>FREE</td>
<td>42811</td>
</tr>
<tr>
<td><strong>MAY INTRO TO YOGA</strong></td>
<td>5/23</td>
<td>6-7:30pm</td>
<td>ADSC</td>
<td>FREE</td>
<td>43282</td>
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</table>

**COMMUNITY OUTINGS**

(15+) Admission fees for these unique opportunities are funded through a partnership with Maricopa County Department of Public Health.

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
<th>Contact Info</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PHOENIX ZOO</strong></td>
<td>4/3</td>
<td>10am-1pm</td>
<td>Phoenix Zoo</td>
<td>$10(R)/$15(NR)</td>
<td>43270</td>
</tr>
<tr>
<td><strong>INDOOR CLIMBING</strong></td>
<td>5/22</td>
<td>6-7:30pm</td>
<td>Ability360 Sports &amp; Fitness Center</td>
<td>FREE</td>
<td>43268</td>
</tr>
<tr>
<td><strong>KIDS THAT RIP (KTR)</strong></td>
<td>4/17</td>
<td>6-7:30pm</td>
<td>KTR Scottsdale</td>
<td>$5(R)/$7(NR)</td>
<td>43284</td>
</tr>
<tr>
<td><strong>PRIVATE MOVIE SHOWING</strong></td>
<td>5/1</td>
<td>5:30-8:30pm</td>
<td>Harkins Theatres, Camelview</td>
<td>$10(R)/$15(NR)</td>
<td>43283</td>
</tr>
</tbody>
</table>
SPECIAL OLYMPICS (SOAZ)

The Scottsdale Bobcats is the Special Olympics Team representing Scottsdale Adaptive Services. Enjoy fun and camaraderie, and learn valuable skills when you join a team!

SOAZ SEASONS

FALL SPORTS
- Swim: August – October
- Bocce Ball: August – October
- Bowling: August – October
- Golf: September – December
- Soccer: October – December

WINTER SPORTS
- Basketball: January – March
- Flag Football: January – March

SPRING SPORTS
- Powerlifting: March – April
- Track & Field: February – April

DANCES

(16+) Bust a move to your favorite hits! Our monthly dances feature a live DJ and light refreshments. Advanced, online registration required.

GLOW PARTY DANCE
- Sa 4/6
- 6-8pm
- ADSC
- $5(R)/$7(NR)
- 42803

STAR WARS DANCE
- Sa 5/4
- 6-8pm
- ADSC
- $5(R)/$7(NR)
- 42804

Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.
Offering:
- Basketball
- Flag Football
- Kickball
- Coed Softball
- Men’s Softball
- Indoor Volleyball
- Sand Volleyball

Go to ScottsdaleAZ.gov and search "Adult Sports" to learn more!

Spring Registration
- Registration Opens: 2/5 (R) | 2/6 (N) at 8am
- Early Registration Ends: 2/18
- Last Day to Register: 3/3

Summer Registration
- Registration Opens: 4/22 (R) | 4/23 (N) at 8am
- Early Registration Ends: 5/5
- Last Day to Register: 5/12

Pickleball
Did you know Scottsdale has 21 Pickleball courts?
- 10 courts at Horizon Park
- 8 courts at Cholla Park
- 3 courts at Thompson Peak Park

Go to ScottsdaleAZ.gov and search "Pickleball" for more information about courts and lessons.

For over 25 years, Scottsdale Parks and Recreation has been accredited by the Commission for Accreditation of Park and Recreation Agencies (CAPRA). Being an accredited department is a distinguishing mark of excellence that affords external recognition of an organization’s commitment to quality and improvement. CAPRA is the only national accreditation of park and recreation agencies and is a valuable measure of an agency’s overall quality of operation, management, and service to the community.

Learn more at: ScottsdaleAZ.gov/Parks

ADULT SPORTS [18+ YEARS]
5401 N. Hayden Road | 480-312-0227 | AdultSports@ScottsdaleAZ.gov
TENNIS CENTER LOCATIONS

INDIAN SCHOOL PARK (ISPK)
4829 N. Hayden Road
480-312-2740
ISPLeagues@ScottsdaleAZ.gov

SCOTTSDALE RANCH PARK (SRPK)
10400 E. Via Linda
480-312-7774
SRPLeagues@ScottsdaleAZ.gov

SPRING HOURS OF OPERATION
Feb. 19 - May 27 (President’s Day – Memorial day)
Mon. – Fri. .......... 7:30 am – 9 pm
Sat. – Sun. .......... 7:30 am – 7 pm

ADULT LESSONS & LEAGUES
Complete tennis programs, activity numbers, instructors, locations and more are listed online at Recreation.ScottsdaleAZ.gov.

ADULT & SENIOR TENNIS LESSONS
(18yrs+) Scottsdale tennis centers offer programs for all ability levels and ages. Lessons are offered using the USTA’s National Tennis Rating Program (NTRP). Rating levels are required and verified for all registrants, however adult beginners (1.0-1.9) do not require a rating.

TENNIS LESSONS
| Session 1 | (6 weeks) | 4/15 - 5/25 |

ADULT TENNIS LEAGUES
League levels offered begin at the 2.5 level and up to the 4.5 level. Men’s and women’s singles, men’s and women’s doubles, round-robin doubles, and mixed doubles are offered. Leagues are offered using the USTA’s National Tennis Rating Program (NTRP).

LEAGUE REGISTRATION INFORMATION
Spring tennis leagues begin the week of 3/18

Early registration period 2/12/24 - 2/25/24
Late registration period 2/26/24 - 3/10/24

RATINGS
All participants must have an NTRP rating to register. Need a rating? Attend one of the FREE rating sessions offered at our tennis centers. Rating appointments take 20 min. Please call SRPK or ISPK for an appointment. For the tennis rating schedule, go to ScottsdaleAZ.gov and search "Tennis."

JUNIOR TENNIS

JUNIOR TENNIS LESSONS
(5-17yrs) Scottsdale tennis centers offer programs for all ability levels. Juniors are registered by age. SRPK offers the Net Generation program. Juniors are grouped by ability with the program ages of 5-10yrs, 9-12yrs, & 11-17yrs. At ISPK, juniors are grouped by age; 5-8yrs and 9-12yrs.

JUNIOR MATCH PLAY
(10-17yrs) Scottsdale Ranch Park offers junior match play designed to prepare players for tournament style play in a fun and social environment. Participants must be able to serve, rally and keep score. Registration is required.

JUNIOR LESSONS

TENNIS LESSONS
| Session 1 | (6 weeks) | 4/12 - 5/25 |

See our adult fitness, yoga, language classes and more. See pgs. 12-24 for all adult classes!

For a full list of tennis lessons, go to Recreation.ScottsdaleAZ.gov and search "Tennis."
FITNESS CENTERS

SENIOR CENTER
FITNESS FACILITIES
A variety of cardiovascular equipment, treadmills, bikes, elliptical, weight stations and free weights are available at each center.

GRANITE REEF SENIOR CENTER (GRSC)
1700 N. Granite Reef Road | 480-312-1700
Hours: M-Th: 8am - 8pm | Fri 8am - 5pm

VIA LINDA SENIOR CENTER (VLSC)
10440 E. Via Linda | 480-312-5810
Hours: M-Th 8am - 8pm | Fri 8am - 5pm

AQUATIC CENTER
FITNESS FACILITIES
Each fitness center includes a complete line of free weights, treadmills, bikes, elliptical and single station weight machines. No one under 14 is permitted in the Fitness Center at any time. *Ages 14-17 must have a waiver signed by a parent or guardian.*

COURT WATER POLO
10440 E. Via Linda | 480-312-5810
Hours: M-Th: 8am - 8pm | Fri 8am - 5pm

CLUB SAR FEES AND MEMBERSHIP OPTIONS
All classes are included with membership or daily fee.

<table>
<thead>
<tr>
<th>Membership</th>
<th>Adult (R)</th>
<th>Youth (R)</th>
<th>Adult (N)</th>
<th>Youth (N)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Year</td>
<td>$99</td>
<td>$50</td>
<td>$150</td>
<td>$75</td>
</tr>
<tr>
<td>3 Month</td>
<td>$50</td>
<td>$25</td>
<td>$75</td>
<td>$38</td>
</tr>
<tr>
<td>1 Month</td>
<td>$20</td>
<td>$10</td>
<td>$30</td>
<td>$15</td>
</tr>
<tr>
<td>Daily Drop-In</td>
<td>$4</td>
<td>$4</td>
<td>$6</td>
<td>$6</td>
</tr>
</tbody>
</table>

CLUB SAR CLASSES
Subject to change, instructors may vary

- **Barre Workout**: M & W 5:30-6:30pm
- **Kick boxing**: Tu & Th 5:30-6:30pm
- **Spin**: M & W 5:30pm
- **Rowing / Boot Camp**: Tu & Th 5:30pm
- **Yoga**: W 6:15-7:15am
- **Yoga**: M & Th 6:45-7:45pm
- **Yoga**: Sat 10:30-11:30am

Personal Training Available On Request (additional fees)

Go to ScottsdaleAZ.gov and search "Aquatics" for hours of operation. See pg. 24 for more information!
LEARN MORE ABOUT LIBRARY PROGRAMS AT SCOTTSDALELIBRARY.ORG OR CALL 480-312-READ (7323)

SCOTTSDALE LIBRARIES
APR | MAY 2024
Calendar of Events

Connect
ScottsdalePublicLibrary
@ScottsdalePublicLibrary
ScottsdalePublicLibrary
ScottsdaleLibrary

HOLIDAY CLOSURES
Monday, May 27 ................. Memorial Day Holiday

CONTACT US
480-312-7323 (READ)
480-312-2133 (Español)

LIBRARY HELP LINE HOURS
Monday – Saturday ............. 10 am – 5 pm
Sunday ................................ closed

Library Checkout Limits

NEW ITEMS CHECK OUT
DVDs ........................................ 1 week
Books ...................................... 2 weeks
CDs ......................................... 3 weeks

MOST WANTED CHECK OUT
DVDs ........................................ 3 days
Books & TV Series ................ 14 days

EVERYTHING ELSE
3 weeks

We are a fine-free library!
Most items are eligible to be auto-renewed. Details about your account can be found by logging into "MYACCOUNT" at ScottsdaleLibrary.org. You can also renew items in person at the library or by calling 480-312-7323.

LOCATIONS & HOURS
ScottsdaleLibrary.org/locations
480-312-READ (7323)
480-312-2133 (Español)

APPALOOSA – 7377 E. Silverstone Drive
ARABIAN – 10215 E. McDowell Mtn. Ranch Rd.
CIVIC CENTER – 3839 N. Drinkwater Blvd.
MUSTANG – 10101 N. 90th Street

BRANCH HOURS FOR ALL LOCATIONS
Monday – Thursday ...................... 10am – 7pm
Friday & Saturday ...................... 10am – 5pm
Sunday ..................................... 1 – 5pm

DRIVE-THRU AND CURBSIDE HOURS
Monday – Thursday ...................... 10am – 6pm
Friday & Saturday ...................... 10am – 5pm
Sunday ..................................... 1 – 5pm

PONY EXPRESS @ APPALOOSA HOURS
Monday – Saturday ...................... 8 – 10am
Sunday ..................................... 8am – 1pm

PONY EXPRESS @ GRANITE REEF SENIOR CENTER
24/7 Hold Pickup

= Space is limited / Pick up Ticket 30 mins before event  = Registration Required  = all programs subject to change
**YOUTH STORYTIMES**

**BABY CUDDLES STORYTIME**
(ages 0-24 months / 20 min / space is limited) This program develops babies’ literacy and learning skills as they interact with their caregivers using songs, rhymes, movement and board books.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Date Range</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>M</td>
<td>10:30am</td>
<td>4/1-5/13</td>
<td>Appaloosa</td>
</tr>
<tr>
<td>Tu</td>
<td>10:30am</td>
<td>4/2-5/14</td>
<td>Civic Center</td>
</tr>
<tr>
<td>W</td>
<td>10:30am</td>
<td>4/3-5/15</td>
<td>Mustang</td>
</tr>
<tr>
<td>Th</td>
<td>10:15 &amp; 11am</td>
<td>4/4-5/16</td>
<td>Mustang</td>
</tr>
</tbody>
</table>

**TWOS & THREES TOGETHER**
(ages 2-3 / 30 min / space is limited) This fun and interactive program uses short stories, fingerplays and action rhymes to engage children and develop their literacy and learning skills.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Date Range</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>M</td>
<td>10:30am</td>
<td>4/1-5/13</td>
<td>Civic Center</td>
</tr>
<tr>
<td>Tu</td>
<td>10:15 &amp; 11am</td>
<td>4/2-5/14</td>
<td>Arabian</td>
</tr>
</tbody>
</table>

**BOOKS 2 BOOGIE**
(ages 0-5 / 30 min / space is limited) Share the joy of playful learning together! Children and their caregivers participate in music, movement and song in this program that promotes bonding and highlights the natural rhythms in language.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Date Range</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Tu</td>
<td>10:30am</td>
<td>4/2-5/14</td>
<td>Mustang</td>
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<tr>
<td>W</td>
<td>10:30am</td>
<td>4/3-5/15</td>
<td>Appaloosa</td>
</tr>
<tr>
<td>Th</td>
<td>10:30am</td>
<td>4/4-5/16</td>
<td>Civic Center</td>
</tr>
<tr>
<td>Sa</td>
<td>10:15am</td>
<td>4/20 &amp; 5/11</td>
<td>Arabian</td>
</tr>
</tbody>
</table>

**FAMILY STORYTIME**
(ages 0-5 / 30 min / space is limited) Listen to stories and participate in fingerplays, music and rhyming activities.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Date Range</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>6:15pm</td>
<td>4/1-5/13</td>
<td>Arabian</td>
</tr>
<tr>
<td>Sa</td>
<td>10:30am</td>
<td>4/6-5/11</td>
<td>Appaloosa</td>
</tr>
<tr>
<td>Sa</td>
<td>10:30am</td>
<td>4/13 &amp; 5/11</td>
<td>Civic Center</td>
</tr>
</tbody>
</table>

**SCOTTSDALE FOR ALL STORYTIME**
(ages 0-5 / 30 min / space is limited) Listen to stories and participate in fingerplays, music and rhyming activities designed to promote diversity, equity and inclusion.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Date Range</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sa</td>
<td>10:30am</td>
<td>4/27</td>
<td>Little Libros</td>
</tr>
</tbody>
</table>

**CRAFTY STORYTIME**
(ages 3-8 / 45 min / space is limited) Listen to stories and participate in fingerplays, music and rhyming activities followed by a craft activity.

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<tr>
<th>Day</th>
<th>Time</th>
<th>Date Range</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Sa</td>
<td>10:30am</td>
<td>4/27</td>
<td>Mustang</td>
</tr>
</tbody>
</table>

**NIGHT, NIGHT STORYTIME**
(ages 0-5 / 30 min / space is limited) Grab your stuffed animal and wear your favorite pjs for a night of bedtime stretches positive affirmations, stories, and rhymes!

<table>
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<tr>
<th>Day</th>
<th>Time</th>
<th>Date Range</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tu</td>
<td>6pm</td>
<td>5/7</td>
<td>FREE</td>
</tr>
</tbody>
</table>

**WEBOP**
(ages 8mo–5 years / 45 min / 8-week series) Phoenix Conservatory of Music proudly presents WeBop, an award-winning early childhood jazz education program for little ones and their parents or caregivers. Registrants are expected to attend all eight weeks.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Date Range</th>
<th>Location</th>
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<tbody>
<tr>
<td>F</td>
<td>11am</td>
<td>3/22-5/10</td>
<td>FREE</td>
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</tbody>
</table>

**BOOKS CAN...©**
(ages 0-3 / 45 min / 6-week series) Books Can...© is a unique program based on Arizona’s Infant & Toddler Guidelines and Arizona’s Early Learning Standards that uses popular picture books, rhymes, songs and interactive activities to promote children’s social and emotional development. Registrants are expected to attend all six weeks.

<table>
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<th>Location</th>
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<tbody>
<tr>
<td>Th</td>
<td>10:30am</td>
<td>3/21-4/25</td>
<td>FREE</td>
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</table>

**LITTLEST SCIENTISTS**
(ages 2-5 / 90 min / space is limited) Think like a scientist while engaging in playful exploration. Each week of the program brings new challenges.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Date Range</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tu</td>
<td>10am</td>
<td>4/23-5/28</td>
<td>FREE</td>
</tr>
</tbody>
</table>

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**Knowing & Growing!**

**BOOKS CAN...©**
(ages 0-3 / 45 min / 6-week series) Books Can...© is a unique program based on Arizona’s Infant & Toddler Guidelines and Arizona’s Early Learning Standards that uses popular picture books, rhymes, songs and interactive activities to promote children’s social and emotional development. Registrants are expected to attend all six weeks.

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<tr>
<td>Th</td>
<td>10:30am</td>
<td>3/21-4/25</td>
<td>FREE</td>
</tr>
</tbody>
</table>

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(ages 2-5 / 90 min / space is limited) Think like a scientist while engaging in playful exploration. Each week of the program brings new challenges.

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<th>Day</th>
<th>Time</th>
<th>Date Range</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tu</td>
<td>10am</td>
<td>4/23-5/28</td>
<td>FREE</td>
</tr>
</tbody>
</table>
YOUTH Programs

Rocket Ship Yoga
(ages 3-6 / 30 min / space is limited) Blast off with us as we stretch and read together! We will celebrate our amazing universe and the solar eclipse through movement, mindfulness, and make-believe. Remember to wear comfy clothes! Yoga mats provided or bring your own.

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<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
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<tbody>
<tr>
<td>W</td>
<td>6pm</td>
<td>4/3</td>
<td>FREE Mustang</td>
</tr>
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</table>

Tail Waggin’ Tales
(ages 6-10) Certified therapy dogs love listening to kids practice their reading skills at the library. Beginning readers welcome!

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Su</td>
<td>3pm</td>
<td>4/7 &amp; 5/5</td>
<td>FREE Civic Center</td>
</tr>
<tr>
<td>Tu</td>
<td>4pm</td>
<td>4/16 &amp; 5/14</td>
<td>FREE Civic Center</td>
</tr>
<tr>
<td>W</td>
<td>4pm</td>
<td>4/10 &amp; 5/3</td>
<td>FREE Mustang</td>
</tr>
<tr>
<td>Th</td>
<td>3:30pm</td>
<td>4/11 &amp; 5/9</td>
<td>FREE Arabian</td>
</tr>
</tbody>
</table>

Animal Community Helpers
(ages 0-5 / 30 min) Join us for an exciting meet-and-greet with surprise 4-legged guests who help our community in unique ways!

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tu</td>
<td>10:30am</td>
<td>4/9</td>
<td>FREE Appaloosa</td>
</tr>
</tbody>
</table>

Time Travel Club
(ages 8-12 / 60 minutes / space is limited) Ever wish you could travel through time? Come learn about Ancient Greece through hands-on activities, science projects, arts and crafts, stories, and more!

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Sa</td>
<td>2pm</td>
<td>4/20</td>
<td>FREE Civic Center</td>
</tr>
<tr>
<td>Tu</td>
<td>3:30pm</td>
<td>4/23</td>
<td>FREE Appaloosa</td>
</tr>
</tbody>
</table>

Tender Little Hearts Mini Tales
(ages 5-18 / 60 min / space is limited) Join us for a turn reading to a miniature horse or donkey! Tender Little Hearts Mini Tales brings reading opportunities by using miniature therapy horses and donkeys to encourage readers and to spur on literacy growth. Multiple therapy animals will be available. This program is designed for readers who already have a literacy foundation and are familiar with letter sounds—we will work on building confidence with reading!

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tu</td>
<td>4pm</td>
<td>4/30</td>
<td>FREE Civic Center</td>
</tr>
</tbody>
</table>

MAY THE 4TH BE WITH YOU
(ages 3-8 / 60 min) Calling all Jedi and Padawans! Feel the force with stories, activities, and a craft with a Star Wars twist!

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sa</td>
<td>10:30am</td>
<td>5/4</td>
<td>FREE Mustang</td>
</tr>
</tbody>
</table>

Mother’s Day Craft
(ages 0-5 / 45 min / space is limited) Meet us at the Mustang library for a Mother’s Day story time and craft! We will read a themed book together then bust out the paint as we create handprint flowers!

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>F</td>
<td>10:30am</td>
<td>5/10</td>
<td>FREE Mustang</td>
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</tbody>
</table>

Full STEAM Ahead
Science, Technology, Engineering, Art, and Math
Supporting education that helps children develop the skills to become creators and inventors.

Slime Lab
(ages 5 and up / 45 min) Did you know that slime is a non-Newtonian fluid? We will cover the science of slime, develop hypotheses, conduct experiments, and of course—create slime that you can take home!

<table>
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<tr>
<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Tu</td>
<td>3:30pm</td>
<td>4/2</td>
<td>FREE Appaloosa</td>
</tr>
<tr>
<td>F</td>
<td>4pm</td>
<td>4/19</td>
<td>FREE Mustang</td>
</tr>
<tr>
<td>W</td>
<td>3:30pm</td>
<td>4/24</td>
<td>FREE Arabian</td>
</tr>
</tbody>
</table>

Lego Masters
(ages 6-11 / 45 min) Are you a LEGO Master? Join us for some build time while you complete our weekly challenge by yourself or with some friends. We’ll finish each week with an opportunity to present your build to the group.

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<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>W</td>
<td>4pm</td>
<td>4/3, 4/17, 5/1 &amp; 5/15</td>
<td>FREE Civic Center</td>
</tr>
<tr>
<td>W</td>
<td>4pm</td>
<td>5/15</td>
<td>FREE Appaloosa</td>
</tr>
</tbody>
</table>

Register for these programs at ScottsdaleLibrary.org or Call 480-312-READ (7323)
= Space is limited / Pick up Ticket 30 mins before event  = Registration Required  *all programs subject to change
## YOUTH (0-12 YEARS)

### SOLAR SPRING
(ages 7 and up / 45 min) This 2-part program will explore some solar science in honor of the Annular Eclipse on April 8th. In Part 1, we will learn about the science behind eclipses. In Part 2, we will explore how the sun is studied and why the sun is so important to earth.

<table>
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<th>Time</th>
<th>Date</th>
<th>Location</th>
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<tbody>
<tr>
<td>Th</td>
<td>4:30pm</td>
<td>4/4 &amp; 4/11</td>
<td>FREE Mustang</td>
</tr>
</tbody>
</table>

### SEED BOMBS!
(ages 6-11 / 45 min) Let’s brighten up Scottsdale by making wildflower seed bombs! Create your very own seed bomb to plant in your backyard or community to attract helpful pollinators.

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<tr>
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<th>Time</th>
<th>Date</th>
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<tbody>
<tr>
<td>W</td>
<td>4pm</td>
<td>4/10</td>
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### ANTI-TRASH ROBOTS
(ages 6-11 / 45 min) For Earth Month, let’s make robots out of collected recyclable materials and have a conversation about recycling!

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<th>Day</th>
<th>Time</th>
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<tbody>
<tr>
<td>W</td>
<td>4pm</td>
<td>4/24</td>
<td>FREE Civic Center</td>
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</tbody>
</table>

### MARBLE MADNESS
(ages 6-12 / 45 min) Combine art and science in this fun activity and create some beautiful marbled cards!

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<tbody>
<tr>
<td>W</td>
<td>4pm</td>
<td>5/8</td>
<td>FREE Civic Center</td>
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</tbody>
</table>

### CALM JARS
(ages 6 and up / 45 min) Find your inner zen as we make glitter jars that help promote peace and a sense of calm. Everyone will leave with their own calming jar.

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<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Tu</td>
<td>3:30pm</td>
<td>5/14</td>
<td>FREE Arabian</td>
</tr>
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</table>

### PROPELLER CARS
(ages 6 and up / 45 min) We will make a propeller-powered toy car and learn about electricity, circuits, aerodynamics, and making your own toys. Bring your budding engineers!

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<th>Location</th>
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<tbody>
<tr>
<td>Th</td>
<td>4pm</td>
<td>5/16</td>
<td>FREE Mustang</td>
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</tbody>
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## SCOTTSDALE READS

Check out our Youth activities offered through Scottsdale Parks and Recreation! See pgs. 7-11 for more information!

## TWEEN & TEEN (10-18 YEARS)

### TWEEN & TEEN PROGRAMS

#### CUBE CLUB
(ages 10-18 / 60 min) Monthly gathering for teens & tweens interested in solving the Rubik’s Cube, learning new tips and tricks, practicing with a speedcubing timer, trying different twisty-puzzles, and making mosaic art out of multiple cubes. Bring your own Rubik’s Cube(s) or we’ll have some to borrow. Open to beginning and advanced Cubers.

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<tr>
<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>W</td>
<td>3:30pm</td>
<td>4/3 &amp; 5/1</td>
<td>FREE Arabian Library</td>
</tr>
<tr>
<td>F</td>
<td>12:30pm</td>
<td>4/12 &amp; 5/10</td>
<td>FREE Arabian Library</td>
</tr>
</tbody>
</table>

#### SCOTTSDALE ARTISTS’ SCHOOL PROGRAMS
(ages 8-12 / 75 min / space is limited) Local artists from Scottsdale Artist School will lead you in exploring different mediums related to fun themes.

- **Animation**
  - Sa 1pm 4/14 FREE Civic Center

- **Anatomy Drawing**
  - Sa 1pm 4/14 FREE Civic Center

### SCOTTSDALE ARTISTS’ SCHOOL PROGRAMS
(ages 12 and up / 75 min / space is limited) Local artists from Scottsdale Artist School will lead you in exploring different mediums related to fun themes. This program is also open to adults.

- **Animation**
  - Sa 2:30pm 4/14 FREE Civic Center

### TEEN SUMMER VOLUNTEERS NEEDED!

The library is looking for friendly, energetic, and responsible teens between the ages of 14-17 to assist with the 2024 Summer Reading Program and other special library projects.

**Applications available and accepted April 1-30**

Earn volunteer credits and valuable work experience. Complete a volunteer application online at [ScottsdaleLibrary.org/teen/volunteers](http://ScottsdaleLibrary.org/teen/volunteers)

---

REGISTER FOR THESE PROGRAMS AT SCOTTSDALELIBRARY.ORG OR CALL 480-312-READ (7323)

- = Space is limited / Pick up Ticket 30 mins before event
- ✓ = Registration Required
- * = all programs subject to change
KNOWASIS D&D
(ages 12-18 / 60 min / space is limited) The hardest part of Dungeons & Dragons is settling on a time and place for everyone to meet. We’ll make it easy for you! Come run your campaign, start a new one or learn how to play. All experience levels welcome!

Tu 5pm 4/9 & 5/7 FREE Civic Center

TEENS CELEBRATE EARTH MONTH!
(ages 12-18 / 60 min / space is limited) In the spirit of Earth Month, teens will have the opportunity to plant their own seeds, create pendants out of pine needles and give new life to single use bags. Visit the library’s online calendar for more information about each program.

Th 5pm 4/11 Teens in the Garden! FREE Civic Center
Th 5pm 4/18 Pine Pendants FREE Civic Center
Th 5pm 4/25 Plastic Bag Weaving FREE Civic Center

LAND THAT JOB!
(ages 12-18 / 2 hours) Hands-on workshop for all you should know to land a summer job, internship or build volunteer experience. Teens will learn how to fill out applications, dress for success, practice interview skills and get personalized feedback.

Sa 11am 4/13 FREE Appaloosa

TEEN BOOK CLUB
(ages 13-18 / 60 min) Join us on the third Monday of each month for lively conversation on book titles selected by teens within a variety of genres.

M 5pm 4/15 & 5/20 FREE Mustang

MAY THE 4TH BE WITH YOU: STAR WARS KAHootS! TRIVIA
(ages 10-18 / 60 min) Calling all Jedi Knights, Resistance Fighters, or those of the Sith Order: grab your lightsabers and test your legendary skills with Star Wars trivia.

Sa 2pm 5/4 FREE Mustang

WATERCOLOR WORKSHOP
(ages 10-18 / 60 min) Enjoy a free watercolor workshop presented by Scottsdale Artists’ School. All materials provided.

W 3pm 5/8 FREE Arabian

GET A CLUE
(ages 12-18 / 60 minutes / space is limited) Join us for a Star Wars themed murder mystery.

Th 5pm 5/9 FREE Civic Center

TEEN ADVISORY BOARD (TAB)
Teen Advisory Board volunteers meet monthly to focus on what the library can do for teens by brainstorming teen programs and collections. TAB members receive service hours credit for meetings and projects.

M 5pm 4/1 & 5/6 FREE Mustang
Th 4pm 4/4 & 5/2 FREE Civic Center
Th 5pm 4/4 & 5/2 FREE Arabian
Tu 5pm 4/9 & 5/7 FREE Appaloosa

Game on!
Drop in to visit Knowasis at Civic Center Library for gaming with our PS5, Xbox, Nintendo Switch, and board games!
Open ANYTIME to teens ages 12-18!

REGISTER FOR THESE PROGRAMS AT SCOTTSDALELIBRARY.ORG OR CALL 480-312-READ (7323)
= Space is limited / Pick up Ticket 30 mins before event  ❖ = Registration Required  *all programs subject to change
POETRY WORKSHOPS WITH AUSTIN DAVIS
Local poet and AZ Hugs for the Homeless founder Austin Davis returns to lead two new poetry workshops. No previous writing experience required. Registration encouraged.

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<th>Date</th>
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<th>Event</th>
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<tbody>
<tr>
<td>Th 3pm</td>
<td>4/4</td>
<td>FREE</td>
<td>Civic Center</td>
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<tr>
<td>Th 3pm</td>
<td>5/2</td>
<td>FREE</td>
<td>Civic Center</td>
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✓ INTRODUCTION TO BIRDING
Join us for a 4-part series of classes on Birding. Learn the fundamentals of birding and nature study from the retired President of the Maricopa Audubon Society, Mark Larson.

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<th>Event</th>
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<tbody>
<tr>
<td>Th 5pm</td>
<td>4/4-4/25</td>
<td>FREE</td>
<td>Mustang</td>
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✓ COFFEE AND CONVERSATION
Talk about topics that build unity and foster community. This program is intended to assist people experiencing homelessness but is open to all patrons. Free coffee and refreshments will be provided.

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<th>Event</th>
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<tbody>
<tr>
<td>W 10:30am</td>
<td>4/10 &amp; 5/8</td>
<td>FREE</td>
<td>Vista del Camino</td>
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</table>

✓ CUBE CLUB
Monthly gathering for those interested in solving the Rubik’s Cube, learning new tips and tricks, practicing with a speedcubing timer, trying different twisty-puzzles, and making mosaic art out of multiple cubes. Bring your own Rubik’s Cube(s) or we’ll have some to borrow. Open to beginning and advanced Cubers.

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<tbody>
<tr>
<td>F 12:30pm</td>
<td>4/12 &amp; 5/10</td>
<td>FREE</td>
<td>Arabian</td>
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✓ ADULT SPELLING BEE
Compete in Scottsdale Public Library’s first adult spelling bee! Participate individually or grab some friends and join in teams of up to four. There will be prizes! Registration is required. Spectators are welcome.

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<tbody>
<tr>
<td>Tu 5:30pm</td>
<td>4/16</td>
<td>FREE</td>
<td>Arabian</td>
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✓ CRAFT CHOCOLATE
It all starts with a bean! Dive into the world of Craft Chocolate and see what it takes to make everyone’s favorite sweets. Presented by Zak’s Chocolate.

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<th>Event</th>
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<tbody>
<tr>
<td>Tu 5:30pm</td>
<td>4/23</td>
<td>FREE</td>
<td>Arabian</td>
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</table>

✓ RX MATTERS
Learn about prescription medication misuse and abuse, how to talk to your doctor and pharmacist, how to talk to your doctor about pain and management expectations, inexpensive medication options, and safe storage and disposal of RX medications. Program presented by the Maricopa Elder Behavioral Health Advocacy Coalition (MEBHAC).

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<th>Event</th>
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<tbody>
<tr>
<td>Th 2pm</td>
<td>4/25</td>
<td>FREE</td>
<td>Civic Center</td>
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</tbody>
</table>

✓ TEA TIME
Ever wonder about the differences between white, green, oolong, and black teas, or loose tea vs tea bags? Come learn the basics of tea from the people at Scottsdale’s Spice & Tea Exchange.

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<tbody>
<tr>
<td>Tu 5:30pm</td>
<td>5/21</td>
<td>FREE</td>
<td>Arabian</td>
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LOCAL FOCUS

✓ IS YOUR GARDEN HYDRATED?
Join us to discuss tips and tricks on how to properly water your garden. We’ll also touch on plant selection, harvesting techniques, and proper sun exposure for your garden.

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<th>Location</th>
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<tbody>
<tr>
<td>W 12:30pm</td>
<td>4/10</td>
<td>FREE</td>
<td>Arabian</td>
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</table>

✓ ARCHITECTURE TOUR OF ARABIAN LIBRARY
Arabian Library was built as a tribute to the desert slot canyons of northern Arizona and Monument Valley. Architects from Richard Kennedy will lead an enlightening and visually stunning architectural tour, where tradition meets innovation, and every corner is a testament to the power of thoughtful design.

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<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>Th 5:30pm</td>
<td>4/18</td>
<td>FREE</td>
<td>Arabian</td>
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</table>

✓ XERISCAPE LANDSCAPE IDEAS
Master Gardener Jo Miller will present landscape design ideas using plants that thrive in our climate.

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<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>W 1pm</td>
<td>4/24</td>
<td>FREE</td>
<td>Appaloosa</td>
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</tbody>
</table>

HOMETOWN HAPPY HOUR: HOW THE ARIZONA CRAFTSMEN LAUNCHED SCOTTSDALE’S POST-WORLD WAR II CULTURAL CACHET
Enjoy a photo-rich presentation by Scottsdale community historian Joan Fudala, highlighting the artists, crafts people, fashion designers and entrepreneurs who turned farm town Scottsdale into a world-renowned art and cultural center beginning in 1946.

<table>
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<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>M 5:30pm</td>
<td>4/29</td>
<td>FREE</td>
<td>Mustang</td>
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</table>

MCDOWELL SONORAN CONSERVANCY PROGRAMS
 Talks feature a variety of topics presented by the gifted and knowledgeable instructors from the McDowell Sonoran Conservancy. For more information on the topics, please visit the online calendar.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Tu 5pm</td>
<td>4/9</td>
<td>Photographing Nature in the Desert</td>
<td>FREE</td>
</tr>
<tr>
<td>Sa 2:30pm</td>
<td>5/11</td>
<td>FIREWISE: Protecting Your Home from Wildfires</td>
<td>FREE</td>
</tr>
</tbody>
</table>
LIBRARY + PUBLIC ART EXHIBITION

FLIRTING WITH THE DESERT: KORYN WOODWARD WASSON
Arizona native Koryn Woodward Wasson’s watercolors detail the beauty of the urban Phoenix desert. Her artwork is a visual conversation about grief, love, and actively enjoying this life.

April 8 – July 1, 2024
Civic Center Public Gallery

FLIRTING WITH THE DESERT RECEPTION
Join us for an opening reception of the Flirting with the Desert exhibit.

Th 4pm
4/11
FREE
Civic Center

LIBRARY CREATIVES WORKSHOPS

DRAW WHAT YOU SEE: DRAWING FROM LIFE, WATERCOLOR AND INK WITH KORYN WOODWARD WASSON
Join Flirting with the Desert artist on Earth Day for an outdoor exploration of the beautiful plants and structures outside the Scottsdale Civic Center Library’s walls. Learn basic techniques for drawing from observation in watercolor and embellishment in ink. Please bring sun protection and meet at the LOVE sculpture in the Scottsdale Civic Center. All art materials provided.

M 4:30pm
4/22
FREE
Scottsdale Civic Center

IN THE ROUND: SOFT FELT SCULPTURES WITH KORYN WOODWARD WASSON
Turn photographic source material into 3-dimensional soft sculptures with Flirting with the Desert artist by creating some of our own soft felt sculptures. We will learn techniques for turning our photos into 3-dimensional forms, experiment with felt building techniques, and challenge your mind to see “in the round”. Please bring a printed color image of botanicals you would like to turn into sculptural form. All other art materials provided.

Th 4:30pm
5/30
FREE
Civic Center

ARTS AND CRAFTS

PHOENIX ART MUSEUM DOCENTS PRESENT: ART ALL AROUND US
Experience a new perspective on art through this presentation and conversation series by Phoenix Art Museum Docents. Visit our online calendar or call 480-312-READ (7323) for topics and details.

<table>
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<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Location</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Th</td>
<td>1pm</td>
<td>4/4</td>
<td>Buenos Aires, Tango AND Impression</td>
<td>FREE Mustang</td>
</tr>
<tr>
<td>M</td>
<td>1pm</td>
<td>4/22</td>
<td>Stolen</td>
<td>FREE Appaloosa</td>
</tr>
<tr>
<td>Th</td>
<td>1pm</td>
<td>5/2</td>
<td>The Global Influence of Chinese Porcelain</td>
<td>FREE Mustang</td>
</tr>
<tr>
<td>M</td>
<td>1pm</td>
<td>5/20</td>
<td>The Voyage of Life</td>
<td>FREE Appaloosa</td>
</tr>
</tbody>
</table>

SCOTTSDALE ARTISTS’ SCHOOL PROGRAMS
Gather your inspiration and let the canvas of possibilities unfold. Participate in this creative workshop as instructors from Scottsdale Artists’ School present different mediums and techniques each month. Perfect for the beginner or those wanting to refresh and refine their skills. All materials are provided.

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<tbody>
<tr>
<td>W</td>
<td>1pm</td>
<td>4/10</td>
<td>Clay Creations</td>
<td>FREE Appaloosa</td>
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<tr>
<td>Sa</td>
<td>11am</td>
<td>4/13</td>
<td>Drawing</td>
<td>FREE Mustang</td>
</tr>
<tr>
<td>Sa</td>
<td>11am</td>
<td>5/11</td>
<td>Pastels</td>
<td>FREE Mustang</td>
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</table>

For more details, visit ScottsdaleLibrary.org/services/max

INTRODUCING MAX – A COUNTYWIDE BOOK SHARING SERVICE
Scottsdale Public Library is now a member of MAX, a countywide book sharing service for participating library systems in Maricopa County. With your Scottsdale Public Library card, you can search the MAX catalog for titles not available through Scottsdale.

For more details, visit ScottsdaleLibrary.org/services/max

Check out our art classes offered through Scottsdale Parks and Recreation! See pgs. 12-13 for more information!
FILM
Visit our online calendar for full details on film titles or call 480-312-READ (7323).

MUSTANG FILM SERIES

<table>
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<tr>
<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
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<tbody>
<tr>
<td>Tu</td>
<td>1:30pm</td>
<td>4/9-5/28</td>
<td>FREE Mustang</td>
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ITALIAN FILM SERIES
Dive deep into Italian film history with Arizona State University lecturer Enrico Minardi. Two films will be shown that display the mastery of Italian filmmaking, with genres ranging from the iconic Neorealism to the country’s imitable horror offerings.

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<tr>
<td>Sa</td>
<td>12pm</td>
<td>4/13</td>
<td>FREE Civic Center</td>
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DISCUSSION GROUPS

ARABIAN NIGHTS BOOK DISCUSSION
Join us for an informal discussion.
Meetings Tuesdays at Arabian Library at 5pm
4/2 - *The Giver of Stars* by Jojo Moyes
5/7 - *The Measure* by Nikki Erlick

WELL-READ WELLNESS
Join us quarterly for an informal conversation on books featuring health issues and medical conditions. Pair with the Mayo Clinic Read. Talk. Grow. podcast hosted by Denise Millstine, MD, who will lead our discussions. Read or listen, join and discuss. This quarter’s topic will be on caring for a friend in hospice.
Meetings on Mondays at Civic Center at 5:30 pm
4/8 – *We All Want Impossible Things* by Catherine Newman

CAUGHT READ-HANDED
Join us for a fascinating discussion on true crime topics, including white collar, cults, kidnapping and of course, murder.
Meetings Wednesdays at Civic Center at 1 pm
4/10 - *18 Tiny Deaths* by Bruce Goldfarb

SCOTTSDALE BAKES
Scottsdale Bakes is an informal virtual baking club. We will discuss your favorite cookbooks, recipes and any tips and tricks you may have regarding baking savory or sweet.
Meetings Fridays at 10:30am
4/19 - *Cookbook Swap* (in person)
5/17 - *Literary Bakes* (online)

STAFF PICKS BOOK DISCUSSION GROUP
Join us each month for a lively conversation centered on titles selected by staff within a variety of genres.
Meetings Mondays at Mustang at 2 pm
4/15 - *Cassandra in Reverse* by Holly Smale
5/20 - *Everyone in This Room Will Someday Be Dead* by Emily Austin
Meetings Tuesdays at Appaloosa at 1 pm
4/9 - *One Summer in Savannah* by Terah Shelton Harris
5/14 - *Atalanta* by Jennifer Saint
Meetings Wednesdays at Civic Center at 1 pm
4/17 - *Orphan Train* by Christina Baker Kline
5/15 - *You Made a Fool of Death With Your Beauty* by Akwaeke Emezi

COLLECTANEA: A SHORT STORY DISCUSSION GROUP
Collectanea means collected writings. Want to participate in engaging literary discussion but don’t have the time to devote to a book club? Enjoy a reading of three short stories followed by a casual discussion with your peers. No reading ahead required!
Meetings Wednesdays at Civic Center at 1 pm
4/10 - *18 Tiny Deaths* by Bruce Goldfarb

BRING YOUR OWN BOOK CLUB
Join us for an informal conversation and discuss what you are currently reading, watching and listening. Library staff will be available to answer questions about library services.
Meetings Tuesdays at Appaloosa at 1 pm
4/9 - *One Summer in Savannah* by Terah Shelton Harris
5/14 - *Atalanta* by Jennifer Saint

REGISTER FOR THESE PROGRAMS AT SCOTTSDALELIBRARY.ORG OR CALL 480-312-READ (7323)
= Space is limited / Pick up Ticket 30 mins before event = Registration Required *all programs subject to change
MONEY MATTERS

FINANCIAL AWARENESS PROGRAMS
Programs are presented without bias or sales by trusted professionals with non-profit, Foundation for Personal Financial Education.

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<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>Th 4/11</td>
<td>10:30am</td>
<td>Today’s World of Safe Investing</td>
<td>Mustang</td>
<td>FREE</td>
</tr>
<tr>
<td>Th 5/9</td>
<td>10:30am</td>
<td>Producing Income in Retirement</td>
<td>Mustang</td>
<td>FREE</td>
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</table>

HOW TO AVOID THE TOP FIVE MEDICARE MISTAKES
This educational seminar will bring clarity to the fundamentals of Medicare and enable you to make informed decisions associated with when to enroll in Medicare, how to evaluate coverage and how to ensure cost efficiencies going forward after you’ve enrolled.

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<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>Tu 4/16</td>
<td>1pm</td>
<td>How to Avoid the Top Five Medicare Mistakes</td>
<td>Appaloosa</td>
<td>FREE</td>
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GETTING LONG-TERM CARE PLANNING RIGHT
When it comes to planning a safe and secure retirement, long-term care (LTC) remains a confusing and unaddressed challenge to many people’s financial security. This workshop, presented by Katrina C. Lessard, CFP®, AEP®, will cover 9 flexible approaches people should consider when creating their own LTC plan.

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<tbody>
<tr>
<td>Tu 5/21</td>
<td>1pm</td>
<td>Getting Long-Term Care Planning Right</td>
<td>Appaloosa</td>
<td>FREE</td>
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</table>

FINANCIAL PLANNING
Are you prepared? Come and meet Lisa Dickholtz, CFP, member of FINRA/SIPC and advisory services through American Security Advisors, INC, for a frank conversation to ensure you have a strong foundation to survive today’s unpredictable financial environment.

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<tbody>
<tr>
<td>Tu 4/30</td>
<td>5:30pm</td>
<td>Financial Planning</td>
<td>Arabian</td>
<td>FREE</td>
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<tr>
<td>Tu 5/15</td>
<td>5:30pm</td>
<td>Financial Planning</td>
<td>Arabian</td>
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</table>

ESOL (ENGLISH FOR SPEAKERS OF OTHER LANGUAGES)
Learning English as a second or third language can be tough, so the library is here to help. Classes are offered at several skill levels at multiple locations.

BEGINNING CONVERSATION CLASS
<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Location</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tu 4/2</td>
<td>10:30am</td>
<td>Beginning Conversation Class</td>
<td>Mustang</td>
<td>FREE</td>
</tr>
<tr>
<td>Th 4/13</td>
<td>10:30am</td>
<td>Beginning Conversation Class</td>
<td>Mustang</td>
<td>FREE</td>
</tr>
</tbody>
</table>

INTERMEDIATE CONVERSATION CLASS
<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Location</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>M 4/15</td>
<td>10:30am</td>
<td>Intermediate Conversation Class</td>
<td>Mustang</td>
<td>FREE</td>
</tr>
<tr>
<td>Th 4/16</td>
<td>4pm</td>
<td>Intermediate Conversation Class</td>
<td>Arabian</td>
<td>FREE</td>
</tr>
</tbody>
</table>

BASIC GRAMMAR CLASS
<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Location</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>W 4/15</td>
<td>11:30am</td>
<td>Basic Grammar Class</td>
<td>Mustang</td>
<td>FREE</td>
</tr>
</tbody>
</table>

CAREER CLASSES
Learn to navigate the current job market with new skills and effective strategies. Programs provided by City of Scottsdale Career Services.

THE BACK TO WORKSHOP!
Learn new strategies to prepare for this new job: resumes, online applications, digital interviews and more.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Location</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Th 4/18</td>
<td>10:30am</td>
<td>The Back to Workshop!</td>
<td>Civic Center</td>
<td>FREE</td>
</tr>
<tr>
<td>Th 5/16</td>
<td>10:30am</td>
<td>The Back to Workshop!</td>
<td>Civic Center</td>
<td>FREE</td>
</tr>
</tbody>
</table>

INTERVIEW TECHNIQUES
Learn the latest interview techniques and how to answer interview questions confidently and effectively.

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<th>Time</th>
<th>Event</th>
<th>Location</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Th 4/25</td>
<td>10:30am</td>
<td>Interview Techniques</td>
<td>Civic Center</td>
<td>FREE</td>
</tr>
</tbody>
</table>

TECH HELP
ASK THE EXPERTS
Get free help with your computer, tablet, or smartphone from the Library Computer Learning Group’s team of volunteers. Bring your device and any associated passwords for a 15-30 minute consultation. Help will be first come, first served. Please visit our online calendar for dates, times and locations.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Location</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Th 4/4</td>
<td>2pm</td>
<td>Tech Help</td>
<td>Mustang</td>
<td>FREE</td>
</tr>
<tr>
<td>Th 4/18</td>
<td>11am</td>
<td>Tech Help</td>
<td>Civic Center</td>
<td>FREE</td>
</tr>
</tbody>
</table>

DROP-IN EMEDIA SESSION
Get one-on-one help with learning how to access library digital materials on your eReader, tablet or smartphone. Library digital materials ranges from ebooks, audiobooks, music, streaming films, newspapers and kids’ read-alongs. This program is intended for patrons already comfortable navigating their devices and ready to use our virtual services.

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<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Location</th>
<th>Fee</th>
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</thead>
<tbody>
<tr>
<td>Th 4/4</td>
<td>2pm</td>
<td>Drop-In Emedia Session</td>
<td>Mustang</td>
<td>FREE</td>
</tr>
<tr>
<td>Th 4/18</td>
<td>11am</td>
<td>Drop-In Emedia Session</td>
<td>Civic Center</td>
<td>FREE</td>
</tr>
</tbody>
</table>

REGISTER FOR THESE PROGRAMS AT SCOTTSDALELIBRARY.ORG OR CALL 480-312-READ (7323)
= Space is limited / Pick up Ticket 30 mins before event = Registration Required = all programs subject to change
**ADULT (18+ YEARS)**

**LIBRARY CALENDAR OF EVENTS**

**SCOTTSDALE READS**

**INTRODUCTION TO THE INTERNET**
Learn how to navigate the internet, use search engines to find information and bookmark web pages so you can find them again easily. Look at websites concerning computer security, news, travel and more. Prerequisite: Proficiency in the use of computer/mouse.

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<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Notes</th>
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</thead>
<tbody>
<tr>
<td>M &amp; W</td>
<td>1:30pm</td>
<td>4/1-5/10 (4 classes)</td>
<td><strong>FREE</strong> Mustang</td>
</tr>
</tbody>
</table>

**IPHONE/IPAD**
Learn the basics of operating and getting the most out of your iPad by installing and managing apps, contacts, browsing with Safari, sending mail and messages, personalizing your device using settings and security.

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<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Notes</th>
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</thead>
<tbody>
<tr>
<td>M &amp; W</td>
<td>10:30am</td>
<td>4/15-4/17 (2 classes)</td>
<td><strong>FREE</strong> Appaloosa</td>
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</table>

**BACKING UP YOUR DATA**
Learn the best techniques to back up your digital information, including photos, music, videos, documents and downloads from your PC, phone and tablet. This course covers the use of external hard drives, flash drives and various cloud services.

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<th>Time</th>
<th>Date</th>
<th>Notes</th>
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</thead>
<tbody>
<tr>
<td>M</td>
<td>5pm</td>
<td>4/22</td>
<td><strong>FREE</strong> Mustang</td>
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</table>

**PROTECTING YOUR DIGITAL LIFE**
Be safer in today’s digital world. Topics include how to detect bad websites, recognize email scams and create strong passwords. This course is taught in the Windows environment and covers secure use of Smart TV and other devices such as Echo Dot.

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<thead>
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<th>Time</th>
<th>Date</th>
<th>Notes</th>
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</thead>
<tbody>
<tr>
<td>Tu</td>
<td>5pm</td>
<td>5/7</td>
<td><strong>FREE</strong> Mustang</td>
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**FILE MANAGEMENT**
Learn basic definitions, an overview of how files and folders are organized and strategies and how-to tips.

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<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Notes</th>
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<tbody>
<tr>
<td>Tu</td>
<td>5pm</td>
<td>5/21</td>
<td><strong>FREE</strong> Mustang</td>
</tr>
</tbody>
</table>

**INTRODUCTION TO WINDOWS 11**
This is an overview of the latest operating system from Microsoft, highlighting its enhanced features, modern design and improved user experience. Participants will gain insights into the key advancements, innovative tools and the seamless integration of productivity features that Windows 11 offers, helping them to better explore its functionalities.

<table>
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<tr>
<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Notes</th>
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<tbody>
<tr>
<td>Tu</td>
<td>5pm</td>
<td>5/28</td>
<td><strong>FREE</strong> Mustang</td>
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</tbody>
</table>

**THE WALL STREET JOURNAL**

Wall Street Journal is considered the definitive source of news and information presented through the lens of business, finances and international news. Get daily digital access to news articles, podcasts, opinions and a full archive going back to 1998 – all with your library card!

Enjoy free world-class journalism anytime, anywhere at ScottsdaleLibrary.org/magazines

---

**NoveList Plus**

Baffled by book recommendations from online sites? Exhausted your streaming queue? Ready for something new?

NoveList Plus has you covered! No matter which genre you’re in the mood for, the Recommended Reads lists will keep your to-be-read pile filled.

**Happy Reading!**

---

**REGISTER FOR THESE PROGRAMS AT SCOTTSDALELIBRARY.ORG OR CALL 480-312-READ (7323)**

📍 = Space is limited / Pick up Ticket 30 mins before event  
☑️ = Registration Required  
* = all programs subject to change
**Come join us!**

The Scottsdale senior centers are free and open to the public, with no membership or residency requirements. Adults ages 18 and older are welcome, though most programs are geared towards the 50+ community.

**HOLIDAY CLOSURES**

Memorial Day........................................... Monday, May 27

**LOCATIONS**

**GRANITE REEF SENIOR CENTER**

1700 N. Granite Reef Road
Scottsdale, AZ 85257
480-312-1700

**VIA LINDA SENIOR CENTER**

10440 E. Via Linda
Scottsdale, AZ 85258
480-312-5810

**HOURS**

Mon - Thurs ............8 am-8 pm
Friday ....................8 am-5 pm
Saturday ..................8 am-Noon
Sunday .....................closed
General Information

**FACILITY RESERVATIONS**
The senior centers offer a range of rooms and outdoor spaces that accommodate anywhere from eight to 300+ people. Facility reservations are available Monday through Saturday.

**FITNESS CENTERS**
The senior centers offer state-of-the-art fitness with an extensive variety of exercise equipment that include treadmills, ellipticals, stationary bikes, cardio equipment, and free weights.

- **Fitness Center Closed for Senior Strength Training Classes**
  - Monday & Wednesday 11 am – noon & 5:45-6:45 pm VLSC
  - Tuesday & Thursday 10 – 11 am VLSC
  - Tuesday & Thursday 11:30 am – 12:30 pm GRSC

  Daily Drop-in:
  - Daily Drop-in $3(R) / $5(NR) | 1 Month $15(R) / $25(NR)
  - 3 Month $40(R) / $60(NR) | Annual $130(R) / $195(NR)

**LUNCH PROGRAM**
Delicious and nutritious lunches are served at both Centers! To participate in our lunch program, please call to make a lunch reservation. Monthly menus can be provided.

- M-F 11:30 am $4 ages 50+ / $7 under 50 years old GRSC
- Tu & Th 11:30 am $4 ages 50+ / $6 under 50 years old VLSC

**SOCIAL WORKERS**
The senior centers provide social services to seniors, adults with disabilities, and their families. Master level social workers are available by appointment Monday through Friday from 8am-5pm to provide support, education, and resources – free of charge.

**Transportation/Field Trips**

**AARP DRIVER SAFETY COURSE**
Driver Safety class open to anyone & could get a discount on car insurance. AARP members $20.00 & Non-Members $25.00. Payment will be collected by AARP on class date.

- 1st W 9 am-1 pm $20 (AARP)/$25 (non-member) GRSC
- 2nd Th 12:30- 4:30 pm $20 (AARP)/$25 (non-member) VLSC

**MATTER OF BALANCE**
A.T Stills University created this eight-week program is designed to manage falls and increase activity levels. Set goals for increasing activity, reduce fall risks at home and promote exercise to increase strength and balance. 75% of the class is lecture & 25% exercise.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
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<th>Location</th>
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<tbody>
<tr>
<td>F</td>
<td>1:30 pm</td>
<td>3/29-5/17</td>
<td>FREE VLSC</td>
<td>40890</td>
</tr>
<tr>
<td>F</td>
<td>1:30 pm</td>
<td>3/29-5/17</td>
<td>FREE GRSC</td>
<td>40891</td>
</tr>
</tbody>
</table>

Events

**MOTHER'S DAY Luncheon!**
Celebrating mothers and mother figures with a luncheon at Via Linda Senior Center.

$10 for residents / $13 for nonresidents

Come join us for a

**Monday, May 9**
Doors open at noon

#42074

Via Linda Senior Center
10440 E. Via Linda Scottsdale
480-312-5810

REGISTRATION QUESTIONS?
480-312-7957
Call us before Feb. 23 so we can guide you through the process, making registration a breeze!
Enrichment Programs

LINE DANCING
This volunteer facilitated drop-in group is coordinated through Senior Services. Line dancing is free, with no advance registration.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>F</td>
<td>Doors open at 11 am</td>
<td>FREE</td>
<td>GRSC</td>
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</tbody>
</table>

BALLROOM DANCING
Join us for ballroom dance. No advance registration needed.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Fee</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>2nd &amp; 4th Th</td>
<td>noon-2:30 pm</td>
<td>$8 drop-in</td>
<td>GRSC</td>
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</tbody>
</table>

WALKING CLUB (OCT.-MAY)
Come walk with Scottsdale Police Crime Prevention Team. Meet outside the entrance and walk the park/desert garden.

<table>
<thead>
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<th>Day</th>
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<th>Fee</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Tu</td>
<td>8 am</td>
<td>FREE</td>
<td>VLSC</td>
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</table>

WALKING CLUB (APRIL-MID MAY)
Come walk with Scottsdale’s employee team. Meet outside of Eldorado Community Center by the Trolley stop.

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<th>Day</th>
<th>Time</th>
<th>Fee</th>
<th>Location</th>
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<tbody>
<tr>
<td>Tu</td>
<td>9-10 am</td>
<td>FREE</td>
<td>GRSC</td>
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</table>

NATURE & BIRDING WALK (OCT.-MAY)
Bring binoculars, hat and wear comfortable walking shoes. Meet outside the main entrance at Via Linda Senior Center. Please contact Via Linda front desk.

<table>
<thead>
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<th>Day</th>
<th>Time</th>
<th>Fee</th>
<th>Location</th>
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<tbody>
<tr>
<td>W</td>
<td>8 am</td>
<td>FREE</td>
<td>VLSC</td>
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</table>

KARAOKE
Join us for a free afternoon of singing. No registration is required.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Fee</th>
<th>Location</th>
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<tbody>
<tr>
<td>2nd &amp; 4th Th</td>
<td>2-5 pm</td>
<td>FREE</td>
<td>GRSC</td>
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</table>

OPEN ART STUDIO
During this time, the art room will be made available for you to explore your creative side. This is a self-led program open to painters, illustrators, and crafters alike.

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<tr>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
<th>Location</th>
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<tbody>
<tr>
<td>W</td>
<td>9 am-noon</td>
<td>FREE</td>
<td>GRSC</td>
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</table>

Open Arts & Crafts

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<th>Day</th>
<th>Time</th>
<th>Fee</th>
<th>Location</th>
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<tbody>
<tr>
<td>M</td>
<td>9 am-noon</td>
<td>FREE</td>
<td>GRSC</td>
</tr>
<tr>
<td>W</td>
<td>12:30-4 pm</td>
<td>FREE</td>
<td>VLSC</td>
</tr>
<tr>
<td>Th</td>
<td>1-4 pm</td>
<td>FREE</td>
<td>GRSC</td>
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Open Knitting/Crocheting/Sewing

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
<th>Location</th>
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<tbody>
<tr>
<td>M</td>
<td>1:30-3:30 pm</td>
<td>FREE</td>
<td>VLSC</td>
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</table>

Knitting/Crocheting (Flying Needles)

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<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
<th>Location</th>
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<tbody>
<tr>
<td>2nd W</td>
<td>4-7:45 pm</td>
<td>FREE</td>
<td>VLSC</td>
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</table>

SCOTTSDALE STRUMMERS
Drop-in ukulele group that meets at Granite Reef Senior Center. There is no cost to this program, and all levels are welcome.

<table>
<thead>
<tr>
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<th>Time</th>
<th>Fee</th>
<th>Location</th>
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<tbody>
<tr>
<td>F</td>
<td>10 am-noon</td>
<td>FREE</td>
<td>GRSC</td>
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</table>

Beginners

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
<th>Location</th>
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<tbody>
<tr>
<td>M</td>
<td>1-2 pm</td>
<td>FREE</td>
<td>GRSC</td>
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FRIDAY MOVIE MATINEE
Free movie at Granite Reef and Via Linda Senior Center. No registration required. Check with the senior centers for update showings.

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<th>Day</th>
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<th>Fee</th>
<th>Location</th>
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<tbody>
<tr>
<td>F</td>
<td>1-4 pm</td>
<td>FREE</td>
<td>GRSC</td>
</tr>
<tr>
<td>F</td>
<td>1-4 pm</td>
<td>FREE</td>
<td>VLSC</td>
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Technology

TECH TIME WITH MARK
Ask your questions about smart phones, tablets, laptops & other technology. Individualized tutoring. No registration requires.

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<th>Day</th>
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<th>Location</th>
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<tbody>
<tr>
<td>2nd Th</td>
<td>9-11am</td>
<td>FREE</td>
<td>VLSC</td>
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</table>

TECH TUTORS
Do you find it challenging to use technology? Scottsdale Basis students will help/teach you to use your smart phone, tablet, or computer.

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<th>Location</th>
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<tbody>
<tr>
<td>3rd Sa</td>
<td>9-11:30am</td>
<td>FREE</td>
<td>VLSC</td>
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</table>
## Fun & Games
### BRIDGE
<table>
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<th>Fee</th>
<th>Location</th>
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<tbody>
<tr>
<td>M</td>
<td>12:45-4 pm</td>
<td>FREE</td>
<td>GRSC</td>
</tr>
<tr>
<td>F</td>
<td>12:45-4 pm</td>
<td>FREE</td>
<td>GRSC</td>
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</table>

**Duplicate Bridge**
- **Tu**: 12:45-4 pm | FREE | GRSC

**Duplicate Sanction Bridge (OCT. – MAY)**
Sanctioned Duplicate Bridge games are scheduled weekly. If you would like emails concerning the schedule and results, contact our director at bridgebum@hotmail.com.
- **W**: 12:30 pm | $10.00 | VLSC

**Fast Play Bridge (Intermediate Players)**
- **Tu**: noon-3:30 pm | FREE | VLSC

**Prickly Pair Bridge (a partner is required)**
- **W**: 12:45-4 pm | FREE | GRSC

**Speedy Bridge (Intermediate Players)**
- **Th**: noon-3:30 pm | FREE | VLSC

### DROP-IN PLAY
The senior centers provide space on a first come, first served basis for social cards and games. Rooms are shared use, with multiple groups playing different games at once, unless otherwise scheduled.

#### Open Card Play
<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>M</td>
<td>8 am-5 pm</td>
<td>FREE</td>
<td>GRSC</td>
</tr>
<tr>
<td>M, W &amp; F</td>
<td>8 am-5 pm</td>
<td>FREE</td>
<td>VLSC</td>
</tr>
<tr>
<td>Tu &amp; Th</td>
<td>1-5 pm</td>
<td>FREE</td>
<td>VLSC</td>
</tr>
</tbody>
</table>

**Canasta Newcomers**
- **Th**: 11 am-4 pm | FREE | GRSC    |

**Canasta**
- **Th**: 1-4 pm | FREE | GRSC    |
- **Th**: noon-4 pm | FREE | GRSC    |

**Hand, Knee, Foot & Samba**
- **M**: 9 am-1 pm | FREE | VLSC    |

**Rummikub**
- **W**: 10 am-1 pm | FREE | VLSC    |

### Open Chess
- **Th**: 11 am-3 pm | FREE | GRSC    |

**Mah Jongg**
- **M**: 10:30-2:30 pm | FREE | GRSC    |
- **Th**: 1-4 pm | FREE | VLSC    |

**International Mah Jongg**
- **F**: noon-5 pm | FREE | GRSC    |

**Mexican Train Dominoes**
- **M**: 12:30-4 pm | FREE | GRSC    |

**Pinochle**
- **W**: 10 am-3 pm | FREE | GRSC    |

**Double Deck Pinochle**
- **Th**: 10 am-3 pm | FREE | GRSC    |

### Recreation
#### BILLIARDS
Both the Granite Reef Senior Center and Via Linda Senior Center have phenomenal billiards rooms with 9-ft Gold Crown tables. Drop-in play is free and open to the public during normal hours of operation at each facility.

#### CHAIR EXERCISE
Drop-in chair exercise class open to participants who want to improve their strength and balance. No registration is required for this free class.
- **Tu & Th**: 10-11 am | FREE | GRSC    |

#### TABLE TENNIS
Open table tennis is available at both Granite Reef Senior Center and Via Linda Senior Center at various times throughout the week. There is a $2 activity fee for each use, and all levels are welcome.
- **Tu**: 3:30-7:30 pm | $2 drop-in | VLSC    |
- **W**: 1-4 pm | $2 drop-in | GRSC    |
- **F**: 1-4:30 pm | $2 drop-in | VLSC    |

### PICKLEBALL
Did you know Scottsdale has 21 Pickleball courts?
Go to ScottsdaleAZ.gov and search "Pickleball" for more information about courts and lessons.
Support Groups

A wide variety of support groups are offered at both the Senior Centers. The groups are free of charge, are designed to meet the evolving needs of Scottsdale’s aging population. Support groups are facilitated by non-profit organizations, social workers, volunteers and industry professionals.

**ALZHEIMER’S SUPPORT GROUP**
1st M 1:30 pm  FREE  GRSC

**DUET CAREGIVER’S SUPPORT GROUP**
1st & 3rd Th 10 am  FREE  VLSC

**GRIEF AND LOSS SUPPORT GROUP**
1st & 3rd M 1 pm  FREE  GRSC

**MENDED HEARTS SUPPORT GROUP**
2nd T 6 pm  FREE  VLSC

**MULTIPLE SCLEROSIS SUPPORT GROUP**
2nd T 4:30 pm  FREE  VLSC

**TREMBLE CLEFS (PARKINSON’S SUPPORT GROUP)**
Th 3 pm  FREE  GRSC

**LOW VISION SUPPORT GROUP**
2nd W 10:30 am-noon  FREE  VLSC
2nd Th 2:30-4:30 pm  FREE  GRSC

**MINDFUL ART**
Come enjoy an engaging, creative session for you and your family member. Designed for those experiencing dementia or low vision. We will sing, tell stories, and create art together on seasonal themes. You'll go home with an original piece of artwork, and materials to support you as a caregiver.
2nd & 4th Tu 10 am  FREE  VLSC

Social Groups

**BOOK DISCUSSION GROUP**
Join us for our free book discussion group. Contact our front desk for upcoming monthly book discussion titles. All books are available in the Scottsdale Public Library.

<table>
<thead>
<tr>
<th>Date</th>
<th>Book Title</th>
<th>Author</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 14</td>
<td>Outlawed</td>
<td>Anna North</td>
</tr>
<tr>
<td>April 11</td>
<td>Finding Me</td>
<td>Viola Davis</td>
</tr>
<tr>
<td>May 9</td>
<td>The Homegoing</td>
<td>Yaa Gyasi</td>
</tr>
<tr>
<td>June 13</td>
<td>Demon Copperhead</td>
<td>Barbara Kingsolver</td>
</tr>
</tbody>
</table>

**CURRENT EVENTS**
Discuss current events, public policy, and both local and national issues in a spirited, yet respectful, environment.

W 10:30 am-noon  FREE  GRSC
W 2:30-3:30 pm  FREE  VLSC
Th noon-2 pm  FREE  GRSC

**FRIENDSHIP DISCUSSION GROUP**
Fun and light-hearted group designed to make new friends while sharing stories, jokes, information, and memories.
Tu 10 am  FREE  GRSC

**MEN’S DISCUSSION GROUP**
Informal peer led discussion group for men.
Tu 2:30-3:30 pm  FREE  VLSC

**WHAT’S ON YOUR MIND?**
General discussion group that talks about anything and everything except politics.
2nd & 4th Tu 1:30-3 pm  FREE  VLSC

**ART ALL AROUND US (DOCENT ART TALKS)**
Come appreciate art in an intimate setting through a free visual lecture series presented by Phoenix Art Museum Docents.

**A Virtual Tour of the Contemporary Art**
M 4/8 10 am  FREE  GRSC

Mexicanidad
Th 4/25 1 pm  FREE  VLSC
Community Resources

**BENEFITS ASSISTANCE**
The state health insurance assistance program provides objective information regarding original Medicare. Trained Area Agency on Aging volunteers provide free personalized assistance with the preparation of Medicare and supplemental claims forms, appeals, applying for Medicare and more. To schedule a free appointment, please call the Granite Reef or Via Linda senior centers.

**BROWN BAG PROGRAM**
The Brown Bag Program offers qualified seniors and people with disabilities food supplements including; fresh fruit & vegetables, canned goods and bakery items on a bi-monthly basis at both Senior Centers. For more information please call Granite Reef Senior Center at 480-312-1700.

**CAB CONNECTION**
This taxi voucher subsidy program is available to city of Scottsdale residents who are disabled or senior citizens (65+). The program serves full city limits. Vouchers pay 80% of the fare (up to $10). Participants may request up to 20 one-way vouchers per month. Please call the Cab Connection office at 480-312-8747 for additional information.

**DUET**
Volunteers serve homebound and/or disabled individuals, 18 years of age and older. There is no financial eligibility. Service area includes Scottsdale city limits south of Frank Lloyd Wright Blvd. Services include grocery shopping, rides to medical appointments, paperwork or computer assistance, minor home repairs, visiting, phoning or respite. Please call 602-274-5022 to register or request assistance.

**FOOTHILLS CARING CORPS**
Volunteers serve homebound and/or disabled individuals, 18 years of age and older. There is no financial eligibility. Service area includes Scottsdale city limits north of Bell Road and the towns of Carefree and Cave Creek. Transportation services include mobile meals, van pooling, medical transportation and grocery shopping. Please call 480-488-1105 for additional information.

**HOME DELIVERED MEALS**
The City of Scottsdale partners with local non-profits to provide nutritious, hot meals to qualified homebound seniors. The service also provides a daily check on the individual’s condition and safety. For more information on programs in your area, please call the Area Agency on Aging at 602-264-4357.

**HOME SAFE HOME**
Trained Scottsdale Fire Department volunteers visit seniors in their homes and point out potential tripping and falling hazards. Volunteers can replace smoke alarm batteries or install a new alarm and give free night lights to ensure you can see well at night. Please call 480-312-1817 to request your free visit.

**LOCKBOXES FOR SENIORS**
The Scottsdale Area Association of REALTORS, the Scottsdale Police and Fire Departments and the Maricopa County Sheriff's Office offer free emergency lockboxes to seniors whose annual income is less than $25,000 and at a charge of $25 for all others. The service is available to Scottsdale and Fountain Hills residents only. For additional information or to arrange delivery, please call 877-229-5042 (toll free).

**MEDILOAN PROGRAM**
The senior centers provide Scottsdale residents with medical equipment such as canes, walkers, wheelchairs and shower benches.

**OPERATION FIX IT**
Operation Fix-It (OFI) works in the community with dedicated volunteers and city staff to assist qualified Scottsdale homeowners. The program helps qualified applicants with code enforcement referrals and issues related to health and safety on the property. To apply for the program or learn about volunteer opportunities, please call 480-312-8703 or go to ScottsdaleAZ.gov and search "Operation Fix It."

**VALLEY METRO PARATRANSIT**
East Valley Dial-a-Ride has a new name: Valley Metro Paratransit. A fleet of brand new accessible vans and minivans will now service you with Valley Metro signage and colors. They have also partnered with AAA Transportation (Yellow Cab) to provide additional service to the east valley. Request a trip, check on an existing trip, or make changes to one by calling 602-716-2200 or via TTY at 602-716-2118.
LIVE LIFE TO THE FULLEST

Living at our award-winning senior living community gives you the chance to write the next chapter of your life focusing on the things that bring you joy. When you take away the stresses of taking care of a home by yourself, the possibilities of how you can spend your time open up more than you ever imagined. Picture living in a well-appointed apartment home — with the privacy to retreat to your own oasis whenever you please — but with a wealth of services and support, engaging activities and wellness programs, and top-notch amenities right at your fingertips.

Tour our community today and receive a complimentary lunch in our Four Peaks Restaurant!

McDowell Village
MBK SENIOR LIVING

8300 East McDowell Road, Scottsdale, AZ 85257  •  McDowellVillage.com
INDEPENDENT & ASSISTED LIVING

Contact us at
McDowellVillage@mbk.com
or (480) 400-8510
The Career Center is a space for job seekers to access computers to apply for jobs, update resumes and explore job opportunities—all for free. The Career Center maintains job and career fair information. With an appointment, you can meet with a skilled Career Coach for guidance on your career journey.

Sign Up With A Career Coach!
Career Coaches are available, virtually or in-person, to assist job seekers with essential employment strategies including:

- Resume development
- LinkedIn consultation
- Interview preparation

ADDITIONAL EMPLOYMENT SERVICES:
- Employment Referrals
- Webcam for digital interviews
- Career Closet

Download our Career Center Events Calendar!
Get the most up-to-date information and view our upcoming career help programs.

Go to ScottsdaleAZ.gov, search "Career Center"

CAREER CLASSES
Learn to navigate the current job market with new skills and effective strategies. Programs provided by City of Scottsdale Career Services.

THE BACK TO WORKSHOP!
Learn new strategies to prepare for this new job market: resumes, online applications, digital interviews and more.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
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<tbody>
<tr>
<td>Th 4/18</td>
<td>10:30am</td>
<td>Civic Center Library</td>
</tr>
<tr>
<td>Th 5/16</td>
<td>10:30am</td>
<td>Civic Center Library</td>
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</tbody>
</table>

INTERVIEW TECHNIQUES
Learn the latest interview techniques and how to answer interview questions confidently and effectively.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
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<tbody>
<tr>
<td>Tu 4/16</td>
<td>10:00am</td>
<td>Vista Career Center</td>
</tr>
<tr>
<td>Th 4/25</td>
<td>10:30am</td>
<td>Civic Center Library</td>
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JOB SEARCH STRATEGIES
Explore effective strategies for job search and the tips and tricks to the next step.

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<th>Location</th>
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<tbody>
<tr>
<td>Tu 4/9</td>
<td>10am</td>
<td>Vista Career Center</td>
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<tr>
<td>Tu 5/14</td>
<td>10am</td>
<td>Vista Career Center</td>
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RESUME RESCUE
Learn the essentials to writing an effective resume, followed by a lab with formatting guidance.

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<th>Time</th>
<th>Location</th>
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<tbody>
<tr>
<td>Tu 4/2</td>
<td>10am</td>
<td>Vista Career Center</td>
</tr>
<tr>
<td>Tu 5/7</td>
<td>10am</td>
<td>Vista Career Center</td>
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</table>

STAY CONNECTED!
Scottsdale Vista Career Center
Scottsdale Family Resource Center

Services that support families, parents, caregivers, expectant parents and their young children ages birth through age five. All programs and events are free, interactive and fun for both caregiver and child!

- Early literacy programs
- Family Play Time
- Parenting workshops
- Parent support groups
- Referrals to community resources
- Referrals for emergency assistance: food, utility & rental assistance

¡Se habla Español!

Stay updated on events and children's literacy programs by downloading our Community Calendar!

Go to ScottsdaleAZ.gov, search "Scottsdale Family Resource Center" or call 480-312-0038.

SOCIAL SERVICES

Scottsdale offers a variety of social service programs from helping with housing to family assistance and back-to-school preparation. For more information on these services, go to ScottsdaleAZ.gov and search "Vista del Camino."

- Back-to-School
  Ensuring every student has everything they need to succeed in school.
- Food Bank
  Food boxes and other services to those who need it.
- Adopt-A-Family
  Every family deserves a holiday season full of celebration.
- Utility Assistance
  Eligible Scottsdale residents can apply and receive assistance.
- Emergency Rent & Mortgage Assistance
  One-time support for families facing unexpected challenges paying their rent or mortgage.
- Eviction Prevention
  We have the resources for support when needed.

Supported by

First Things First

Accessibility services may be available. See page 28 for details.
PAIUTE NEIGHBORHOOD CENTER
6535 E. Osborn Road, Scottsdale, AZ 85251
480-312-2529

Monday - Friday ..................... 8 a.m. – 5 p.m.

Paiute Neighborhood Center provides a safe and diverse environment where our neighbors can come together to create a spirit of community by providing social, recreational, cultural and educational programs and services.

RESOURCES:
- Family Resource Center
- Community Resources and Workshops
- WIC
- Food Pantry
- Community Assistance Office (housing)
- Head Start, Hirsch Academy and SARRC

VISTA DEL CAMINO COMMUNITY CENTER
7700 E. Roosevelt St., Scottsdale, AZ 85257
480-312-2323

Monday through Friday ............ 8 a.m. – 5 p.m.

Vista del Camino is Scottsdale’s Community Action Program (CAP), providing a variety of services to residents to prevent homelessness, meet the basic needs of individuals and families in crisis, relieve economic and emotional stress, and maintain self-sufficiency.

SERVICES LIKE:
- Food Bank
- Utility Assistance
- Career Center
- Community Support Programs
- STEP (Teen Employment Program)
- Rent & Mortgage Assistance

Accessibility services may be available. See page 28 for details.
The Community Assistance Office (CAO) administers the city’s affordable housing programs and collaborates with non-profit agencies as well as other city departments to address and meet basic and critical human needs.

- **Federal Housing Choice Voucher (HCV) Program**
- **Housing Rehabilitation Programs:**
  - **Green Housing Rehabilitation Program** offers an interest-free deferred loan to qualified low and moderate income homeowners to finance a contract for home repairs between a homeowner and a contractor.
  - **Roof Repair and Replacement Program** provides assistance to repair or replace deteriorated roofing systems that pose a serious threat to the health, safety or welfare of a household.
  - **Emergency Repair Program** provides assistance through a grant to address household repairs that affect the immediate livability of the home. Repairs are limited and assistance is based on priority of emergency.

Do you have a rental property in Scottsdale?
Consider partnering with the Housing programs as a landlord
- Timely and dependable rent payments each month
- Contract signing incentive payment
- Support and Assistance with cost of damages
- List your Unit Free
- Direct Deposit payments

For more information, call Scottsdale Housing Agency at 480-312-7156

Foster Youth to Independence
When transitioning from foster care, youth aged 18-25 need all the help they can get. The Scottsdale Housing Agency in partnership with the DCS Office of Prevention has a housing voucher program available that can assist with rent while allowing youth to concentrate on continued education, developing household and budget management skills, and finding stable employment.

For more information about the Foster Youth to Independence program, email: FYITPV@azdcs.gov or ScottsdaleHousingInfo@ScottsdaleAZ.gov

Community Assistance Office
6535 E. Osborn Road – Bldg. 8
Scottsdale, AZ 85251
Phone: 480-312-7156
TDD: 480-312-7411 or AZ Relay 7-1-1
Contact:
ScottsdaleHousingInfo@ScottsdaleAZ.gov
Go to ScottsdaleAZ.gov, search “CAO”
SPRING IS A GREAT TIME TO ENJOY THE PRESERVE!

Scottsdale’s McDowell Sonoran Preserve encompasses over 30,500 acres of permanently protected Sonoran Desert and mountains. It is home to a magnificent array of desert adapted plants and animals, and affords stunning views of the McDowell Mountains.

The Scottsdale Preserve also boasts an interconnected network of over 225 miles of trails for hiking, mountain biking and horseback riding. The trails can be accessed from one of eight major trail head facilities, and are open sunrise to sundown. Amenities vary at each trail head; visit the City’s website for more details. Trail maps are available free of charge at all major trail heads, and can also be downloaded by visiting ScottsdaleAZ.gov and searching “Preserve Maps.”

The Preserve is divided into two primary regions – the Southern and Northern.

- **The Southern Region** is home to the McDowell Mountains, and contains some of the steeper and more challenging trails of the Preserve. The trails of the southern region are very rocky, so be sure to wear sturdy footwear.
  
  **Trailheads:** Sunrise, Lost Dog Wash, Gateway, and Tom’s Thumb.

- **The terrain of the Northern Region** is comprised mainly of rolling desert topography, punctuated by a series of smaller mountains. The trails are much smoother than the south, with dramatically less rock. Because of these characteristics, the Northern Region is very popular with mountain bikers and equestrians.

  **Trailheads:** Pima Dynamite, Brown’s Ranch, Fraesfield and Granite Mountain.

PINNACLE PEAK PARK

Pinnacle Peak Park | 26805 N. 102nd Way

Pinnacle Peak Park features a moderate out-and-back trail through the pristine Sonoran Desert environment. The park is a total of 150 acres, and the trail length is 2 miles, one way. It’s a great hike for all ages and activity levels – with fantastic views!

Visit ScottsdaleAZ.gov and search “Pinnacle Peak Park” for more information about the park, trail information, hours and more.

*Dogs are not allowed on the Pinnacle Peak Park trail.

PINNACLE PEAK PARK EVENTS

**SUNSET & FULL MOON HIKES**

These cool evening hikes to the Grandview Overlook allow visitors to experience the park after hours at their own pace. These 90 minute, 1.5 mile hikes are safe and fun for the whole family! Staff and volunteers will be on the trail to assist visitors and answer questions. No fee but registration is required.

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<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>Sa</td>
<td>4/13</td>
<td>6:45-8:15 pm</td>
<td>Sunset</td>
</tr>
<tr>
<td>Tu</td>
<td>4/25</td>
<td>6:30-8:30 pm</td>
<td>Full Moon</td>
</tr>
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**ASTRONOMY EVENINGS**

NASA Solar System Ambassador Mark Johnston will highlight that evening’s visible objects, including planets, multiple star systems, globular clusters and nebulae through a high end refractor telescope. Beginners are welcome and no hiking is required. Participants are encouraged to bring binoculars and a small penlight flashlight.

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<th>Day</th>
<th>Date</th>
<th>Time</th>
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<tr>
<td>F</td>
<td>4/12</td>
<td>7:15 pm</td>
</tr>
<tr>
<td>Sa</td>
<td>5/18</td>
<td>7:45 pm</td>
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**WILDLIFE DISCOVERY**

Local non-profit wildlife rescue, rehabilitation, and education organizations will be near the Ramada exhibiting live animals. This education opportunity is free for visitors of all ages.

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<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Sa</td>
<td>4/6</td>
<td>10 am-noon</td>
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</table>

For all event information, visit ScottsdaleAZ.gov/parks/pinnacle-peak-park/tours-and-events
An unforgettable, hands-on, educational experience that’s fun for the entire family! Learn about your favorite desert wildlife, and explore the wonder of our Sonoran Desert!

BROUGHT TO YOU BY:

June 29, 2024 • 9 a.m. - 3 p.m. • Westworld
16601 N Pima Rd. Scottsdale, AZ 85260

ADMISSION IS FREE! PARKING $5.00
To stay updated, follow us on Facebook @ AZ Children’s Learning and Play Festival
WestWorld of Scottsdale is a premier, nationally recognized, multi-use events facility serving the Scottsdale community and visitors. Located at 16601 N. Pima Road, this city-owned facility hosts a wide array of events each year, enjoyed by hundreds of thousands of people.

Learn more about these events at WestWorldAZ.com.
Scottsdale Community Services

44 PARKS

982 TOTAL ACRES

37 PLAYGROUNDS

30,500 ACRES OF PRESERVE LAND

11 TRAILHEADS AND 232 MILES OF NON-MOTORIZED TRAILS IN THE PRESERVE

5 URBAN LAKES

1 RAILROAD PARK

35 VOLLEYBALL COURTS

39 BASKETBALL COURTS

3 OFF-LEASH AREAS

35 VOLLEYBALL COURTS

39 BASKETBALL COURTS

3 OFF-LEASH AREAS

1 BASEBALL STADIUM

110 TRAILHEADS AND 232 MILES OF NON-MOTORIZED TRAILS IN THE PRESERVE

123 MILES OF PAVED PATHWAYS, 156 UNPAVED

4 PUBLIC LIBRARIES

2 SENIOR CENTERS

5 COMMUNITY CENTERS

376 DAYS OF SPECIAL EVENTS AT WESTWORLD

123 MILES OF PAVED PATHWAYS, 156 UNPAVED

376 DAYS OF SPECIAL EVENTS AT WESTWORLD
For more information on these locations, use the search term listed below at:

ScottsdaleAZ.gov

- For Senior Centers: “Seniors”
- For Tennis Centers: “Tennis”
- For Preserve trail maps: “Preserve”
- For the Greenbelt Path: “Green belt”
- For Parks, Community Centers, Human Services, Pools, and Specialty Facilities search the location title.

For the Scottsdale Public Libraries visit:
ScottsdaleLibrary.org

Notice: This document is provided for general information purposes only. The city of Scottsdale does not warrant its accuracy, completeness, or suitability for any particular purpose. It should not be relied upon without field verification.
Hiking Trails
1) Pinnacle Peak Park 26802 N. 102nd Way
2) Tom's Thumb 23015 N. 128th St.
3) Gateway 18333 N. Thompson Peak Pkwy.
4) WestWorld 15939 N. 98th St.
5) Quartz 10215 McDowell Mnt. Ranch Road
6) Lost Dog Wash 12601 N. 124th St.
7) Ringtail 12600 block of N. 128th St.
8) Sunrise 12101 N. 145th Way

Senior Centers
13) Via Linda Senior Center 10440 E. Via Linda
14) Granite Reef Senior Center 17000 N. Granite Reef Road

Tennis Centers
15) Scottsdale Ranch Park & Tennis Center 10400 E. Via Linda
16) Indian School Park & Tennis Center 4289 N. Hayden Road

Specialty Facilities
17) Scottsdale Sports Complex 8081 E. Princess Dr.
18) Bell94 Sports Complex 9390 E. Bell Road
19) McCormick-Stillman Railroad Park 7301 E. Indian Bend Road
20) Adapted Services Center 8102 E. Jackrabbit Road
21) Club SAR Fitness Center 8055 E. Camelback Road
22) Scottsdale Stadium 7408 E. Osborn Road

Parks
1) Pinnacle Peak Park 26802 N. 102nd Way
2) Tom's Thumb 23015 N. 128th St.
3) Gateway 18333 N. Thompson Peak Pkwy.
4) WestWorld 15939 N. 98th St.
5) Quartz 10215 McDowell Mnt. Ranch Road
6) Lost Dog Wash 12601 N. 124th St.
7) Ringtail 12600 block of N. 128th St.
8) Sunrise 12101 N. 145th Way
9) Appaloosa Library 7377 E. Silverstone Dr.
10) Arabian Library 10215 E. McDowell Mnt. Ranch Road
11) Mustang Library 10101 N. 90th St.
12) Civic Center Library 3839 N. Drinkwater Blvd.

Public Libraries
9) Appaloosa Library 7377 E. Silverstone Dr.
10) Arabian Library 10215 E. McDowell Mnt. Ranch Road
11) Mustang Library 10101 N. 90th St.
12) Civic Center Library 3839 N. Drinkwater Blvd.
13) Via Linda Senior Center 10440 E. Via Linda
14) Granite Reef Senior Center 17000 N. Granite Reef Road
15) Scottsdale Ranch Park & Tennis Center 10400 E. Via Linda
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20) Adapted Services Center 8102 E. Jackrabbit Road
21) Club SAR Fitness Center 8055 E. Camelback Road
22) Scottsdale Stadium 7408 E. Osborn Road
23) Horizon Park & Community Center 15444 N. 100th St.
24) McDowell Mountain Ranch Park & Aquatic Center 15525 N. Thompson Peak Pkwy.
25) Cactus Park & Aquatic Center 7202 E. Cactus Road
26) Mountain View Park & Community Center 8625 E. Mountain View Road
27) Chaparral Park, Aquatic & Community Center 5401 N. Hayden Road
28) Paiute Neighborhood Center 6535 E. Osborn Road
29) Eldorado Park, Aquatic & Community Center 23111 N. Miller Road
30) Vista Del Camino Park & Community Center 7700 E. Roosevelt St.

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Spring Community Events

**APRIL**

- **Wildlife Discovery**
  - McCormick-Stillman Railroad Park
  - 10 a.m. – noon
  - Therailroadpark.com/events
  - See page 54 for details

- **Tents by the Tracks**
  - McCormick-Stillman Railroad Park
  - 3 p.m. – 10 a.m.
  - Therailroadpark.com/events
  - 6-7

- **Xeriscape Lanscape Ideas**
  - Appaloosa Library
  - 1 p.m.
  - See page 38 for details
  - 24

- **Adult Spelling Bee**
  - Arabian Library
  - 5:30 p.m.
  - See page 38 for details
  - 16

- **Summer Concert Series**
  - McCormick-Stillman Railroad Park
  - 7 – 8:30 p.m.
  - Therailroadpark.com/events
  - 28-23

**MAY**

- **Playground Jam Fest**
  - Indian School Park
  - 6 – 8 p.m.
  - Go to ScottsdaleAZ.gov, search “Jam Fest”
  - 4

- **Mother’s Day Luncheon**
  - Via Linda Senior Center
  - Doors open at noon
  - See page 44 for details
  - 9

- **Astronomy Evenings**
  - Pinnacle Peak Park
  - 7:45 p.m.
  - See page 54 for details
  - 18

- **Paws in the Park**
  - Chaparral Park
  - 8 – 10 a.m.
  - Go to ScottsdaleAZ.gov, search “Paws in the Park”
  - 19

- **Dive In Movie**
  - Eldorado Aquatic & Fitness Center
  - 7 – 9 p.m.
  - See page 25 for details
  - 25

Check online for more information!
ScottsdaleAZ.gov | ScottsdaleLibrary.org