YOUR GUIDE TO SCOTTSDALE’S COMMUNITY SERVICES

FALL 2023
SEPT | OCT | NOV | DEC

play read seniors serve explore

Parks & Recreation Activities pg. 5
Library Programs & Info pg. 32
Senior Centers & Services pg. 44
Human Services & Resources pg. 50
McDowell Sonoran Preserve pg. 54

View this guide online!
Go to ScottsdaleAZ.gov, search “Activity Guide”
**COMMUNITY SERVICES**

**BOARDS & COMMISSIONS**

[ScottsdaleAZ.gov/boards](http://ScottsdaleAZ.gov/boards)

These volunteer citizen advisory committees advise City Council on Community Services activities.

**PARKS & RECREATION COMMISSION MEMBERS:**
- Kurt Jones
- Eric Kurland
- Eric Maschhaupt
- Maryann McAllen
- Susan McGarry
- Kristen Parrish – Chair
- Teresa Kim Quale – Vice Chair

**LIBRARY BOARD MEMBERS:**
- Sam Campana
- Natalee Esposito
- Freda Hartman – Vice Chair
- Greg Hartz
- Enid Seiden
- Janet Smigielski – Chair
- Vacant

**HUMAN SERVICES COMMISSION MEMBERS:**
- Patrick Dodds
- Jeff Jameson
- Mary Jung
- Roger Lurie
- Tricia Serlin – Vice Chair
- Neal Shearer – Chair
- Stuart Turgel

**MCDOWELL SONORAN PRESERVE COMMISSION MEMBERS:**
- Stephen Coluccio
- Savannah Engelking
- Mark Hackbarth
- Laurie LaPat-Polasko – Chair
- Marsha Lipps – Vice Chair
- Kerry Olsson
- Jeffrey Smith

**SCOTTSDALE HOUSING AGENCY GOVERNING BOARD:**
- Patrick Dodds
- Jeff Jameson
- Mary Jung
- Roger Lurie
- Tricia Serlin – Vice Chair
- Neal Shearer – Chair
- Stuart Turgel
- Vacant

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**MAJOR AND COUNCIL**

[ScottsdaleAZ.gov/council](http://ScottsdaleAZ.gov/council)

**MAYOR**
- David D. Ortega

**CITY COUNCIL**

**VICE MAYOR**
- Kathy Littlefield

**COUNCILWOMAN**
- Betty Janik

**COUNCILMEMBER**
- Tom Durham

**COUNCILWOMAN**
- Solange Whitehead

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**Speak Up Scottsdale**

A new online community will connect residents to discuss city issues and gather feedback on programs, services, and projects.

If you are ready to engage in discussions about Scottsdale, join Speak Up Scottsdale.

Visit ScottsdaleAZ.gov, and search “get involved.”
Whether it’s exploring the McDowell Sonoran Preserve, spending a day at the park, discovering a new book at the library, spending time with others at a senior center, taking a bike ride on the green belt or volunteering your time to help neighbors in need – it’s all a part of Scottsdale LIFE. Our city is bustling with activity, and this magazine is your guide to it all.

Scottsdale Community Services (consisting of Parks and Recreation, Libraries, Human Services, the Preserve and WestWorld) created Scottsdale LIFE to share what’s happening in your community, collaboratively.

You’re invited to browse and discover something that interests you.
Scottsdale is the place for you!

We are hiring.

If you are looking for a job where you:

• make an impact
• have flexible work hours
• can advance and grow

Then the city of Scottsdale is where you should be!

Go to ScottsdaleAZ.gov and search “jobs” to learn more!
FALL REGISTRATION: RESIDENTS, JULY 24 AT 8 A.M. / NON-RESIDENTS JULY 25 AT 8 A.M.

Don’t miss our NEW Adult fitness, yoga, language, art classes and more!
See pg. 12 for details

PARKS AND RECREATION MASTER PLAN
Go to ShapeScottsdaleParks.com to share your input and ideas.

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REGISTRATION

REGISTRATION INFORMATION

REGISTRATION STARTS AT 8 A.M.

REGISTER ONLINE
Recreation.ScottsdaleAZ.gov
(Quickest way to register)

REGISTER BY PHONE
480-312-7957
(Expect delays on registration days)

PAYMENT
must be made at the time of registration

WE ACCEPT
American Express, Visa, MasterCard and Discover

GENERAL INFORMATION

Refund Policy – Unless otherwise stated, all program refunds shall be prorated, less a $10 processing fee, up to and including the 2nd class. No refunds after the 2nd class date. Classes priced at $10 or less are nonrefundable.

Corrections & Updates – Staff makes every effort to ensure each issue of the Scottsdale LIFE is free from errors, there are times when errors or revisions in dates, times, fees, or instructors do occur. Check the city’s website for up-to-date information.

Fee Assistance Program – Community Services offers a fee assistance program to aid economically disadvantaged individuals and families residing within the city of Scottsdale’s corporate boundaries. Qualified applicants have an opportunity to participate in approved recreational programs, camps and classes for a decreased cost. Visit ScottsdaleAZ.gov/parks/fee-assistance or call 480-312-7957.

Resident? – Residents are citizens who live in or own property within the city of Scottsdale’s Corporate City Boundaries, and pay taxes to the city of Scottsdale.

REGISTRATION QUESTIONS?
Call us before July 21 so we can guide you through the process, making registration a breeze!
480-312-7957

AMERICANS WITH DISABILITIES ACT – The City of Scottsdale fully supports the provision of the Americans with Disabilities Act and is committed to supporting the full inclusion of persons with disabilities into programs, classes, services and public facilities so that full participation may be enjoyed by all. Persons with a disability may request a reasonable accommodation to participate with the City of Scottsdale by contacting the Adaptive Services Center at 480-312-2234. All requests must be made a minimum of 14 days prior to the starting date of the program/service.

FACILITY CODES

<table>
<thead>
<tr>
<th>CODE</th>
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<tr>
<td>CACT</td>
<td>Cactus Park &amp; Aquatic Center</td>
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<td>Civic Center Library</td>
<td>3939 N. Drinkwater Blvd.</td>
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<td>Chaparral Aquatic Center</td>
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<tr>
<td>CSAR</td>
<td>Club SAR</td>
<td>8055 E. Camelback Road</td>
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<td>8950 E. Pinnacle Peak</td>
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<td>George “DOC” Cavallier Park</td>
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<td>McCormick Stillman Railroad Park</td>
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ART

NEW YOUNG REMBRANDTS - DRAWING WORKSHOP
(5-7yrs) Our students will learn how to draw dynamic characters as they draw kid's facial expressions. Inanimate objects will come to life as we personify and transform dinner food into silly characters.

Sa 10:30-11:30 am 9/30(6classes) HRZN $66(R)/$99(N) Young Rembrandts 39032

DANCE

CREATIVE MOVEMENT
(1-3yrs and parent/caregiver) Designed to introduce music and movement through interaction and creative activities. This program develops motor skills, sociability, and gives kids a fun hands on introduction to the world of dance.

Th 9:15-10 am 9/14(7classes) MTNV $86(R)/$129(N) Dance Sequins Studio 38932
Th 9:15-10 am 11/2(6classes) MTNV $75(R)/$113(N) Dance Sequins Studio 38933

DANCE COMBO
Students will be introduced to the joy of dance as a recreational activity through studio quality classes. Basic tap and ballet movement promotes coordination, rhythm, and memory skills. On the last day of class, they will perform a special dance routine and skills they have learned throughout the session.

(3-5yrs)
Tu 4:30-5:15 pm 9/12(6classes) CACT $75(R)/$113(N) Dance Sequins Studio 38941
Tu 10:05-10:50 am 11/2(6classes) MTNV $75(R)/$113(N) Dance Sequins Studio 38942

(3-6yrs)
M 5-5:45 pm 9/11(7classes) CACT $86(R)/$129(N) Dance Sequins Studio 38937
M 5-5:45 pm 11/6(8classes) CACT $75(R)/$113(N) Dance Sequins Studio 38940

DANCE STARS
(2-5yrs) With Tot Dance Stars, our dancers learn the fundamentals of ballet, jazz, and hip-hop while developing grace, coordination, balance, and poise.

Tu 9:30-10:15 am 9/12(6classes) HRZN $58(R)/$87(N) Stretch-n-Grow 39139
Th 3:30-4:15 pm 9/14(7classes) MMRA $66(R)/$99(N) Stretch-n-Grow 39140
Tu 9:30-10:15 am 10/31(6classes) HRZN $58(R)/$87(N) Stretch-n-Grow 39141
Th 3:30-4:15 pm 11/2(6classes) MMRA $58(R)/$87(N) Stretch-n-Grow 39142

BALLETT
Classes incorporate basic ballet steps with games and songs to ensure your child learns while having fun. The instructor requests that parents/caregiver do not stay in the room while the class is in session. At the end of the session you will be invited to see the children’s progress and new skills.

(3-5yrs)
Tu 3:05-3:50 pm 9/12(7classes) MMRA $53(R)/$80(N) Martin 39136
Tu 3:05-3:50 pm 10/31(7classes) MMRA $53(R)/$80(N) Martin 39138

(4-6yrs)
Tu 3:55-4:40 pm 9/12(7classes) MMRA $53(R)/$80(N) Martin 39135
Tu 3:55-4:40 pm 10/31(7classes) MMRA $53(R)/$80(N) Martin 39137

SPORTS

3-SPORT MULTI-SPORT
(3-5yrs) Join us for three fantastic sports: Soccer, Baseball/Softball, and Basketball. Your player will learn how to kick and control a soccer ball, how to hit, catch, throw and run the bases, shoot and dribble a basketball. Our goal is to maintain an energetic & highly active program that will teach, encourage and advance your young players regardless of their skill level.

F 3:45-4:30 pm 9/15(5classes) CACT $79(R)/$119(N) B.E.S.T. Sports 39243
F 3:45-4:30 pm 11/3(4classes) CACT $66(R)/$99(N) B.E.S.T. Sports 39245

BASKETBALL SKILLS & DRILLS
(3-5yrs) Basketball skills and drills clinics introduce and advance your player’s ability for ball handling, dribbling, defense, jumping, passing, shooting, and the triple threat position.

F 4:35-5:20 pm 9/15(5classes) CACT $79(R)/$119(N) B.E.S.T. Sports 39243
F 4:35-5:20 pm 11/3(4classes) CACT $66(R)/$99(N) B.E.S.T. Sports 39250

GYMNASTICS
(4-5yrs) Gymnastics develops strength, flexibility, confidence, self-discipline and body control. Class starts with warm-ups that include tuck, straddle and pike jumps. The gymnastics class includes front and back rolls, cartwheels, handstands and walk-overs.

Sa 1-1:45 pm 9/16(5classes) CACT $37(R)/$56(N) Schaffer 38973
Sa 1-1:45 pm 11/4(6classes) CACT $42(R)/$63(N) Schaffer 38974

Check out our Youth programs offered through Scottsdale Public Libraries! See pg. 33 for more information!
MULTI-SPORT & FITNESS FUN

This fun and lively class features age-appropriate warm-ups along with a new sport or fitness activity each week. Children will be introduced to anything from popular sports such as soccer, tee ball, tennis, hockey and golf to fun fitness activities such as parachute, crazy races, limbo, cardio dance, and much more. Classes will get children moving while helping to develop eye/hand coordination, fine and gross motor skills, and balance.

(1-2yrs and parent/caregiver)

<table>
<thead>
<tr>
<th>Week</th>
<th>Days</th>
<th>Time</th>
<th>Ages</th>
<th>Location</th>
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<th>Fees</th>
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(3-6yrs)

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OUTDOOR SOCCER FOR KIDS

Taught by a former professional soccer player. This class will introduce children to stretching, passing, dribbling and basic elements of team spirit. Children play non-competitive games.

(2-3yrs)

<table>
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<td>4:15-5 pm</td>
<td>9/12 (6 classes)</td>
<td>2-3 yrs</td>
<td>CPRG</td>
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<td>2-3 yrs</td>
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(3-4yrs)

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(3-5yrs)

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(4-6yrs)

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<tbody>
<tr>
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<td>4-6 yrs</td>
<td>CPRG</td>
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(5-7yrs)

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<tbody>
<tr>
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<td>9/11 (6 classes)</td>
<td>5-7 yrs</td>
<td>CACT</td>
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(7-9yrs)

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<tbody>
<tr>
<td>Th</td>
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<td>7-9 yrs</td>
<td>CPRG</td>
<td>$82(R)/$123(N) Hatfield</td>
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<tr>
<td>Th</td>
<td>4:15-5 pm</td>
<td>10/26 (6 classes)</td>
<td>7-9 yrs</td>
<td>CPRG</td>
<td>$82(R)/$123(N) Hatfield</td>
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NEW  YOGA STARS

Yoga Stars helps kids channel positive energy by creating a space to practice mindfulness, strength, and breathing techniques. With our engaging weekly sessions, our Stars explore simple yoga poses with songs, props, and stories.

(18mo-3yrs and parent/caregiver)

<table>
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<tr>
<th>Week</th>
<th>Days</th>
<th>Time</th>
<th>Ages</th>
<th>Location</th>
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<td>9/15 (6 classes)</td>
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<td>11/3 (4 classes)</td>
<td>18mo-3 yrs</td>
<td>CACT</td>
<td>$42(R)/$63(N) Stretch-n-Grow</td>
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SUPERHERO TRAINING

(3-6yrs) To be a superhero means having strength, agility, balance, and speed. We focus on learning special superhero training skills through fun games and activities such as jumping over hot lava, dodging fireballs, light saber training, scooter flying, ghostbuster tag and so much more!

OUTDOOR SOCCER FOR KIDS

<table>
<thead>
<tr>
<th>Week</th>
<th>Days</th>
<th>Time</th>
<th>Ages</th>
<th>Location</th>
<th>Reg. No reservations</th>
<th>Fees</th>
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<tbody>
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<td>9/14 (6 classes)</td>
<td>3-6 yrs</td>
<td>ELDO</td>
<td>$114(R)/$171(N) JumpBunch</td>
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HOBBIES & INTERESTS

TRAIN TRIP

(2-5yrs and parent/caregiver) Come behind the scenes at the Paradise & Pacific Railroad. You and your child will first learn about diesel engines and steam locomotives during a tour of the train shed at McCormick Railroad Park and then we will board the train for a ride over the trestles and around the park. One child per parent permitted.

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<thead>
<tr>
<th>Week</th>
<th>Days</th>
<th>Time</th>
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<th>Location</th>
<th>Reg. No reservations</th>
<th>Fees</th>
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<tbody>
<tr>
<td>Tu</td>
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<td>9/19 (1 class)</td>
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<td>MCRR</td>
<td>$11(R)/$17(N) Leisure Education</td>
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<tr>
<td>Tu</td>
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<td>11/24 (1 class)</td>
<td>2-5 yrs</td>
<td>MCRR</td>
<td>$11(R)/$17(N) Leisure Education</td>
<td>39144</td>
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</table>

TRASH TRUCK TRIP

(2-5yrs and parent/caregiver) Is your child thrilled at seeing a garbage truck picking up trash cans? Register to get a behind-the-scenes tour of the Trash Transfer Station. See what happens to your trash, and look closely at the excellent garbage truck! One child per parent permitted.

<table>
<thead>
<tr>
<th>Week</th>
<th>Days</th>
<th>Time</th>
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<th>Location</th>
<th>Reg. No reservations</th>
<th>Fees</th>
<th>Tuition Code</th>
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<tbody>
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<td>SWTS</td>
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<td>12/15 (1 class)</td>
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<td>SWTS</td>
<td>$13(R)/$17(N) Leisure Education</td>
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<tr>
<td>F</td>
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<td>12/15 (1 class)</td>
<td>2-5 yrs</td>
<td>SWTS</td>
<td>$13(R)/$17(N) Leisure Education</td>
<td>40538</td>
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XERISCAPE GARDEN TOUR AND NATURE DISCOVERY

(2-5yrs and parent/caregiver) Discover the beauty of saving water at the Scottsdale Xeriscape Garden at Chaparral Park. See amazing desert plants and learn how they survive in an arid desert. We will take a short tour of the garden and do a fun, nature discovery activity in one of our outdoor classrooms. One child per parent permitted.

<table>
<thead>
<tr>
<th>Week</th>
<th>Days</th>
<th>Time</th>
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<th>Location</th>
<th>Reg. No reservations</th>
<th>Fees</th>
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<tbody>
<tr>
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<td>11/7 (1 class)</td>
<td>2-5 yrs</td>
<td>SWTS</td>
<td>$5(R)/$8(N) Leisure Education</td>
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ART

NEW YOUNG REMBRANDTS - CARTOON SESSION

(8-13yrs) We will be drawing up ice cream characters and lively lunches and it doesn’t stop there; our lively cartoon class is packed with hilarious and silly characters and scenes your cartoonist won’t want to miss - all new this season, sign up today!

Tu 5:15-6:15 pm  9/26(7classes)  CHAP  $75(R)/$113(N)  Young Rembrandts  39031

DANCE

DANCE AND CHEER

(5-9yrs) This is an upbeat dance and cheer course for youth. Learn the fundamentals of dance and cheer, including cheer chant, basic stunts, cheer arm positions, dance technique and a dance routine. A special showcase will be held on the last day of class for family and friends.

Tu 5:20-6:05 pm  9/12(6classes)  CACT  $75(R)/$113(N)  Dance Sequins Studio  38935
Tu 5:20-6:05 pm  11/7(6classes)  CACT  $75(R)/$113(N)  Dance Sequins Studio  38936

DANCE FUSION

(6-13yrs) Learn upbeat dances to warm up, dance along, perform, along with learning to count music, learning basic hip hop moves and across the floor jazz technique. Students will dance to popular music they love while getting a full body workout that develops strength, musicality, coordination, and building confidence.

M 5:50-6:35 pm  9/11(6classes)  CACT  $86(R)/$129(N)  Dance Sequins Studio  38943
M 5:50-6:35 pm  11/6(6classes)  CACT  $75(R)/$113(N)  Dance Sequins Studio  38944

DANCE STARS

(5-8yrs) Our dancers learn the fundamentals of ballet, jazz and hip-hop while developing grace, coordination, balance and poise. By inspiring a passion for dance our imaginative and engaging classes will create twirling, self-expressive machines!

Th 4:30-5:15 pm  9/14(7classes)  MMRA  $66(R)/$99(N)  Stretch-n-Grow  39192
Th 4:30-5:15 pm  11/2(6classes)  MMRA  $56(R)/$87(N)  Stretch-n-Grow  39194

SPORTS

3-SPORT MULTI-SPORT

(6-9yrs) Our 3-Sport program brings you multiple weeks of three fantastic sports: Soccer, Baseball/Softball, and Basketball. We will teach your player how to kick and control a soccer ball, how to hit, catch, throw and run the bases, shoot and dribble a basketball, and build strength + endurance. Our goal and focus are to maintain an energetic & highly active program that will teach, encourage and advance your young players regardless of their skill level.

F 5:25-6:10 pm  9/15(5classes)  CACT  $79(R)/$119(N)  B.E.S.T. Sports  39242
F 5:25-6:10 pm  11/3(4classes)  CACT  $66(R)/$99(N)  B.E.S.T. Sports  39248

BASKETBALL SKILLS & DRILLS

(6-9yrs) Our basketball skills and drills clinics introduce and advance your player’s ability for ball handling, dribbling, defense, jumping, passing, shooting, and the triple threat position... This is an extremely active, endurance-based class.

F 6:15-7 pm  9/15(5classes)  CACT  $79(R)/$119(N)  B.E.S.T. Sports  39244
F 6:15-7 pm  11/3(4classes)  CACT  $66(R)/$99(N)  B.E.S.T. Sports  39252

GYMNASTICS

(6-9yrs) Gymnastics develops strength, flexibility, confidence, self-discipline and body control. Class starts with warm-ups that include tuck, straddle and pike jumps. The gymnastics class includes front and back rolls, cartwheels, handstands, walk-overs, and also included is balance strengthening, stretches and conditioning.

Sa 2-3 pm  9/16(5classes)  CACT  $37(R)/$56(N)  Schaffer  38967
Sa 2-3 pm  11/4(6classes)  CACT  $42(R)/$63(N)  Schaffer  38969

KOKIKAI KIDS - MARTIAL ARTS

(8-13yrs) Kokikai Kids is an introductory martial arts class. Students will engage in activities such as stretching, rolling, conditioning exercises, and movement for self-defense. Youth may come away from this class with increased confidence, mind-body awareness, and an appreciation for traditional martial arts.

W 6-6:50 pm  9/13(7classes)  MTNV  $44(R)/$66(N)  Barker  38979
W 6-6:50 pm  11/1(6classes)  MTNV  $39(R)/$59(N)  Barker  38980
OUTDOOR SOCCER FOR KIDS  
(7-9yrs) This class will introduce children to stretching, passing, dribbling and basic elements of team spirit. Children will have fun exercising, making new friends and learning basic soccer skills. Children play non-competitive games.

Th 4:15-5 pm  9/14(6classes) CPRG $82(R)/$123(N) Hatfield 39055
Th 4:15-5 pm  10/26(6classes) CPRG $82(R)/$123(N) Hatfield 39056

SCHOOL AGE SUPER SOCCER STARS  
(6-10yrs) This clinic is a great way for children to prepare for the upcoming soccer season or to improve and build their individual soccer skills. All soccer skill levels are welcome. Some of the soccer specific drills we teach are based around dribbling, kicking, passing, and shooting.

Tu 6:05-6:50 pm  10/24(6classes) CLYF $85(R)/$126(N) JumpBunch 39268

NEW  YOGA AND MINDFULNESS FOR KIDS  
(11-14) Teaching mindfulness, yoga, and breathing techniques to youth can create calm, reduces anxiety, and helps causing level headed future leaders, while they are having fun practicing it. Through this camp, kids get to practice different methods of breathing, exercise yoga poses, visualization and relaxation activities while they are playing games.

M W F  3:30-4:30 pm  10/9(3classes) MMRA $23(R)/$35(N) Malaekeh 40354

NEW  YOGA STARS  
(7-10yrs) Yoga Stars helps kids channel positive energy by creating a space to practice mindfulness, strength, and breathing techniques. With our engaging weekly sessions, our Stars explore simple yoga poses with songs, props, and stories.

(7-10yrs)

W  4:30-5:15 pm  9/13(3classes) MMRA $66(R)/$99(N) Stretch-n-Grow 40106
W  4:30-5:15 pm  11/1(6classes) MMRA $58(R)/$87(N) Stretch-n-Grow 40107

MUSIC  
PIANO/KEYBOARDING  
(5-12yrs) Your child will learn to play favorite songs in the first few lessons! Whether it's Star Wars or JS Bach, SpongeBob or Disney, Taylor Swift or Mozart, Elements has it covered! Elements includes the fundamentals that are key to learning the piano; note reading, music theory, rhythm, chords, piano technique, and all the skills needed to play the music from class. Keyboards are provided for student’s class use. Recital held for family and friends on the last day of class.

Sa  9:15-10:15 am  9/10(6classes) HRZN $124(R)/$186(N) Elements Music 39069
Sa  9:15-10:15 am  11/4(5classes) HRZN $105(R)/$158(N) Elements Music 39070

NEW  STEAM ACROSS THE UNIVERSE CAMP  
(6-11yrs) 3...2...1 Blastoff! You and a STEam Team of astronaut friends will create your own Mission Control Station and soar through the universe. You’ll learn the spectacular science of space while taking on a galaxy of cosmosically cool challenges - from Rocket Launch Day to Moon Day to Intergalactic Day to Alien Day.

M Tu W Th F  9:30 am-12:30 pm  10/9(5classes) CHES $145(R)/$218(N) Nathan 39024

NEW  YOGA AND MINDFULNESS FOR KIDS  
(11-14) Teaching mindfulness, yoga, and breathing techniques to youth can create calm, reduces anxiety, and helps causing level headed future leaders, while they are having fun practicing it. Through this camp, kids get to practice different methods of breathing, exercise yoga poses, visualization and relaxation activities while they are playing games.

M W F  3:30-4:30 pm  10/9(3classes) MMRA $23(R)/$35(N) Malaekeh 40354

NEW  YOGA STARS  
(7-10yrs) Yoga Stars helps kids channel positive energy by creating a space to practice mindfulness, strength, and breathing techniques. With our engaging weekly sessions, our Stars explore simple yoga poses with songs, props, and stories.

(7-10yrs)

W  4:30-5:15 pm  9/13(3classes) MMRA $66(R)/$99(N) Stretch-n-Grow 40106
W  4:30-5:15 pm  11/1(6classes) MMRA $58(R)/$87(N) Stretch-n-Grow 40107

RECREATION.SCOTTSDALEAZ.GOV – RESIDENT REGISTRATION BEGINS JULY 24 / NON-RESIDENT BEGINS JULY 25

Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.
FALL BREAK CAMPS – 1ST - 5TH GRADES
Don’t sit home bored during fall break! Participate in fun and exciting recreational activities including crafts, sports, games, and much more. A morning and afternoon snack will be provided daily. A lunch with drink is required for all participants. Cost is $150 for the week.

HORIZON COMMUNITY CENTER - 41034
15444 N. 100th Street | 480-312-2650
M-F 8am-4pm 10/9-10/13 $150 Horizon

MOUNTAIN VIEW COMMUNITY CENTER - 41035
8625 E Mountain View Road | 480-312-2584
M-F 8am-4pm 10/9-10/13 $150 Mountain View

AFTER-SCHOOL PROGRAMS

ELEMENTARY AFTER-SCHOOL PROGRAMS - $650
For students in grades 1-6 as of fall 2023. Trained Recreation professionals will provide structured, engaging recreational and educational activities that include arts & crafts, games, sports, fitness and specialty programs.

<table>
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<th>M-F</th>
<th>School Release - 6pm</th>
<th>$650</th>
<th>8/7/23 - 5/23/24</th>
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COMMUNITY CENTER PROGRAMS

Horizon Community Center
15444 N. 100th St. | 480-312-2650
1st thru 6th Grade
41065

Mountain View Community Center
8625 E. Mountain View Road | 480-312-2584
1st thru 6th Grade
41031

SCHOOL COLLABORATION AFTER-SCHOOL PROGRAMS - 480-312-2329

After-School programming is provided in collaboration with Scottsdale Unified School District for the students attending specific Title One schools. Title One elementary after-school programs are for students in grades K-5 as of fall 2023. Snack will be provided by Scottsdale Unified School District.

Hohokam | 8451 E. Oak Street
K thru 5th Grade
41030

Navajo | 4525 N. Granite Reef Road
K thru 5th Grade
41032

Echo Canyon | 4330 N. 62nd St.
K thru 5th Grade
41029

Yavapai | 701 N. Miller Road
K thru 5th Grade
41033

City of Scottsdale After-School Programs are not licensed childcare under ARS section 23-882. To ensure a clear understanding of how the City of Scottsdale After-School Programs operate, caregivers are required to attend a mandatory Parent Information session before youth can attend program.

Register at Recreation.ScottsdaleAZ.gov and search "After-School Programs."

Parent’s Night Out
The Great Elf Escape
Horizon Community Center
Dec. 8 • 6-10 p.m.
Your child is invited to spend an evening at the Horizon Community Center for supervised activities including reindeer games, merry-little crafts, an ugly sweater contest and pizza. Sign up early, as registration is limited. For youth in Grades 1-5.

COURSE # 40873
ADULT (14+ YEARS)

ARTS & CRAFTS

To view the supply list for classes, go to ScottsdaleAZ.gov and search "Art Supply."

ADVANCED OIL PAINTING
(18+) For those serious artists who have painted in oil continuously, and have completed at least 3 or more paintings in the past year. We will explore self-portraits, portraiture, figurative, pet portraits, and special effect painting, including challenging elements, such as hair, fur, ice cubes, glass/reflections, and more.

| M 4:45-7:45 pm  | 9/11(7classes) | VLSC | $78(R)/$117(N) | Fried | 38872
| M 4:45-7:45 pm  | 10/30(7classes) | VLSC | $78(R)/$117(N) | Fried | 38873

DRAWING
(18+) Focus on the fundamentals of drawing, learning various techniques including perspective, shading, proportion and composition. Enjoy using pencil, colored pencils and charcoal.

| W 9:15 am-12:15 pm  | 9/20(4classes) | HRZN | $61(R)/$92(N) | Milman | 38959
| W 9:15 am-12:15 pm  | 11/18(6classes) | HRZN | $85(R)/$128(N) | Milman | 38960

DRAWING STUDIO
Welcome beginners, intermediate, and advanced artists. Focus on the basic fundamentals of drawing, learning various techniques including: perspective, shading, proportion, and composition. Enjoy using pencil, colored pencils and charcoal.

| Tu 1-4pm  | 9/12(6classes) | VLSC | $92(R)/$138(N) | Consalvo | 38958
| Tu 1-4pm  | 10/31(6classes) | VLSC | $92(R)/$138(N) | Consalvo | 38961

NEW GUIDED PAINTING: INSPIRED BY MONDRIAN SQUARES
(18+) Paint along with a guided tutorial of modern art inspired by the artist Piet Mondrian, creating a memorable art piece to take home with you!

| Tu 5-7 pm  | 9/19(1class) | VLSC | $20(R)/$30(N) | Dugie | 40355

NEW GUIDED PAINTING: PUMPKIN POP ART
(18+) Paint along with a guided tutorial of fall art inspired by the artist Andy Warhol, creating a memorable art piece to take home with you!

| Th 5-7 pm  | 10/26(1class) | VLSC | $20(R)/$30(N) | Dugie | 40357

NEW GIFT WRAPPING 101
(18+) Elevate your gift-wrapping skills with this course on gift wrapping for all occasions. Learn the basics from ribbon and paper selection, making beautiful bows, and how to embellish your packages to make them stand out.

| W 10-11 am  | 9/13(4classes) | CHAP | $30(R)/$45(N) | DuPuis | 40417

NEW HOLIDAY GIFT WRAPPING 101...
(18+) This demonstration class will focus on wrapping holiday gifts and will cover all the basics from selecting coordinating papers and ribbons, “speed wrapping” and more advanced, elaborate wrapping techniques for those very special gifts.

| Tu 10-11 am  | 11/28(3classes) | HRZN | $25(R)/$38(N) | DuPuis | 40418

NEW HOLIDAY CARD CRAFTING
(18+) Start the festive season off with an open crafting session to create holiday cards for your loved ones. Enjoy music, hot cocoa and cookies while we create together! Basic crafting supplies will be provided like cards, glue, stickers etc.

| Sa 10 am-12 pm  | 12/16(1class) | HRZN | $20(R)/$30(N) | Dugie | 40358

NEW INTRO TO ART
(18+) Play, explore and try a variety of mediums along the way! Great for curious beginners or getting back into creating. Lessons explore color, composition, patterns, perspectives, style and brief art history.

| Th 10 am-12 pm  | 11/2(3classes) | HRZN | $36(R)/$54(N) | Dugie | 40356

Notes:
- Registration begins July 24 for residents, July 25 for non-residents.
- Accessibility services may be available. See page 28 for details.

Questions? Call 480-312-7957
BEGINNING OIL OR ACRYLIC PAINTING
(18+) For new painters who want to explore the wonderful world of painting, using oils (preferred) or acrylic paints. You will all start out with a simple painting. The subject matter will vary from still life to landscape. This class is designed to give everyone new to painting a level playing field and quickly grow in a hobby that may become a passion!

<table>
<thead>
<tr>
<th>Time</th>
<th>Days</th>
<th>Class</th>
<th>Lab Fee</th>
<th>Instructor</th>
<th>Location</th>
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<tbody>
<tr>
<td>W 4:45-7:45 pm</td>
<td>5/13</td>
<td>VLSC</td>
<td>$68(R)/$102(N)</td>
<td>Fried</td>
<td>39049</td>
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<tr>
<td>W 4:45-7:45 pm</td>
<td>5/13</td>
<td>VLSC</td>
<td>$68(R)/$102(N)</td>
<td>Fried</td>
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</table>

OIL AND ACRYLIC PAINTING
(18+) New and continuing students will focus on developing basic skills, exploring color, style and various techniques in a relaxed environment. Learn techniques using acrylic or oil paints. Learn to develop a portrait, landscape, floral, abstract, or non-representational forms.

<table>
<thead>
<tr>
<th>Time</th>
<th>Days</th>
<th>Class</th>
<th>Lab Fee</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>M 9 am-12 pm</td>
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<td>VLSC</td>
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<tr>
<td>Tu 9 am-12 pm</td>
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<td>W 1-4 pm</td>
<td>9/13</td>
<td>VLSC</td>
<td>$68(R)/$102(N)</td>
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<td>F 1-4 pm</td>
<td>9/15</td>
<td>VLSC</td>
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<td>Consalvo</td>
<td>39039</td>
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<tr>
<td>M 9 am-12 pm</td>
<td>10/30</td>
<td>VLSC</td>
<td>$111(R)/$167(N)</td>
<td>Taylor</td>
<td>39044</td>
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<tr>
<td>Tu 9 am-12 pm</td>
<td>10/30</td>
<td>VLSC</td>
<td>$122(R)/$183(N)</td>
<td>Roberts</td>
<td>39046</td>
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<tr>
<td>Tu 1-4 pm</td>
<td>10/30</td>
<td>VLSC</td>
<td>$111(R)/$167(N)</td>
<td>Taylor</td>
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<tr>
<td>W 1-4 pm</td>
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<td>$87(R)/$131(N)</td>
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<tr>
<td>F 1-4 pm</td>
<td>10/27</td>
<td>VLSC</td>
<td>$92(R)/$138(N)</td>
<td>Consalvo</td>
<td>39045</td>
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PAINT STUDIO
(18+) Welcome beginners, intermediate and advanced artists. Focus on the media of your choice: oils, acrylics, watercolors, or mixed media.

<table>
<thead>
<tr>
<th>Time</th>
<th>Days</th>
<th>Class</th>
<th>Lab Fee</th>
<th>Instructor</th>
<th>Location</th>
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<tbody>
<tr>
<td>M 1-4 pm</td>
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<td>VLSC</td>
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<tr>
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<td>10/30</td>
<td>VLSC</td>
<td>$78(R)/$117(N)</td>
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<td>39063</td>
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</table>

PASTELS
(18+) New and continuing students will learn techniques using Pastels. Learn to develop a portrait, landscape, floral, abstract, or a nonrepresentational form with ease. Color is the magical element that gives feeling & emotion to art.

<table>
<thead>
<tr>
<th>Time</th>
<th>Days</th>
<th>Class</th>
<th>Lab Fee</th>
<th>Instructor</th>
<th>Location</th>
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<tbody>
<tr>
<td>Th 1-4 pm</td>
<td>9/14</td>
<td>VLSC</td>
<td>$102(R)/$153(N)</td>
<td>Schneider</td>
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<tr>
<td>Th 1-4 pm</td>
<td>11/2</td>
<td>VLSC</td>
<td>$102(R)/$153(N)</td>
<td>Schneider</td>
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WATERCOLOR...
(18+) Transparent watercolor for the beginning as well as intermediate student will include basic techniques, color and composition using landscape, still life and portrait. Individual attention with emphasis on learning to see as the artist does.

<table>
<thead>
<tr>
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<th>Instructor</th>
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<tr>
<td>W 9 am-12 pm</td>
<td>9/13</td>
<td>VLSC</td>
<td>$102(R)/$153(N)</td>
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<tr>
<td>F 9 am-12 pm</td>
<td>9/15</td>
<td>VLSC</td>
<td>$102(R)/$153(N)</td>
<td>Godwin</td>
<td>38875</td>
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<tr>
<td>F 9 am-12 pm</td>
<td>9/15</td>
<td>BGPB</td>
<td>$80(R)/$120(N)</td>
<td>Amselfel</td>
<td>39151</td>
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<tr>
<td>W 9 am-12 pm</td>
<td>11/1</td>
<td>VLSC</td>
<td>$117(R)/$176(N)</td>
<td>Godwin</td>
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<tr>
<td>F 9 am-12 pm</td>
<td>10/27</td>
<td>BGPB</td>
<td>$67(R)/$101(N)</td>
<td>Amselfel</td>
<td>39155</td>
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<tr>
<td>F 9 am-12 pm</td>
<td>11/3</td>
<td>VLSC</td>
<td>$72(R)/$108(N)</td>
<td>Godwin</td>
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INTERMEDIATE/ADVANCED WATERCOLOR
(18+) Watercolor learning composition using images of landscape, still life and portrait. Attention with emphasis on learning to see as the artist does and not just copying an image.

<table>
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<tr>
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<th>Instructor</th>
<th>Location</th>
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<tbody>
<tr>
<td>M 1-4 pm</td>
<td>9/11</td>
<td>VLSC</td>
<td>$111(R)/$167(N)</td>
<td>Taylor</td>
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<tr>
<td>M 1-4 pm</td>
<td>10/30</td>
<td>VLSC</td>
<td>$111(R)/$167(N)</td>
<td>Taylor</td>
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CERAMICS

ADVANCED CLAY STUDIO
(18+) NO INSTRUCTION: Proficiency in hand-building or wheel-throwing at an intermediate level or above required. Studio time for working on your clay projects independently. Available equipment includes electric wheels, slab roller, and staff-fired Cone 5/6 electric kiln, plus slips, glazes, and more. You must be able to design, carry out, and complete a project from wet clay to glazing without assistance.

<table>
<thead>
<tr>
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<th>Instructor</th>
<th>Location</th>
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<tbody>
<tr>
<td>Tu 12:30-3:30 pm</td>
<td>9/12</td>
<td>ELDO</td>
<td>$122(R)/$183(N)</td>
<td>Bogan</td>
<td>38908</td>
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<tr>
<td>Th 12:30-3:30 pm</td>
<td>9/12</td>
<td>ELDO</td>
<td>$192(R)/$288(N)</td>
<td>Bogan</td>
<td>38909</td>
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</table>

HOME ACCENTS
(18+) Rev up your house and patio with fireplace sculptures, bookshelf decorations, lamps, flower pots, bonsai dishes and more! Students will explore hand building, wheel throwing, texture, decoration, glazing and firing with an emphasis on design and form.

<table>
<thead>
<tr>
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<th>Days</th>
<th>Class</th>
<th>Lab Fee</th>
<th>Instructor</th>
<th>Location</th>
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<tbody>
<tr>
<td>Sa 9:30 am-12:30 pm</td>
<td>9/16</td>
<td>ELDO</td>
<td>$207(R)/$311(N)</td>
<td>Peterson</td>
<td>38910</td>
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<tr>
<td>Sa 1-4 pm</td>
<td>9/16</td>
<td>ELDO</td>
<td>$207(R)/$311(N)</td>
<td>Peterson</td>
<td>38911</td>
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INTRODUCTION TO CLAY
(14+) Introduction to basic clay techniques including coil, pinch, slab, wheel and glazing. Students will explore hand building, wheel throwing, texture, decoration, glazing and firing with an emphasis on design and form, as time allows.

<table>
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<tr>
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<th>Days</th>
<th>Class</th>
<th>Lab Fee</th>
<th>Instructor</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>M 5-7:45 pm</td>
<td>9/11</td>
<td>GRSC</td>
<td>$111(R)/$167(N)</td>
<td>Peterson</td>
<td>38914</td>
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<tr>
<td>Th 9 am-12 pm</td>
<td>9/12</td>
<td>ELDO</td>
<td>$122(R)/$183(N)</td>
<td>Bogan</td>
<td>38912</td>
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<tr>
<td>Th 9 am-12 pm</td>
<td>9/14</td>
<td>ELDO</td>
<td>$192(R)/$288(N)</td>
<td>Bogan</td>
<td>38913</td>
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## DIGITAL PHOTOGRAPHY

### BEGINNING

(15+) Learn the basics of photography, how to use your camera and discover what all those buttons really do. Mix in weekly photo assignments to apply what you learn, and you will leave this class feeling good about your photography while having fun. Bring your DSLR camera to each class.

| M 6-7:30 pm | 9/25(6classes) | VLSC | $47(R)/$71(N) | Bochenek | 38946 |
| M 6-7:30 pm | 11/6(5classes) | VLSC | $41(R)/$62(N) | Bochenek | 38947 |

### INTERMEDIATE/ADVANCED

(15+) This course is for passionate photographers who understand the basics like f/stop and shutter speed and are looking to take more eye-catching photos. We will explore different composition and framing techniques that will draw the viewer into your photos.

| M 6-7:30 pm | 9/11(5classes) | HRZN | $43(R)/$65(N) | Marple | 38948 |

## COMMUNICATION & LANGUAGE

### ONLINE BEGINNER SPANISH

(14+) This class is for students who have no prior background in Spanish. Learn pronunciation, essential vocabulary, and basic grammar to communicate simple ideas. Practice listening comprehension and speaking to convey basic ideas including numbers, nouns, adjectives, and frequently used verbs.

| Tu 9:30-11 am | 9/12(14classes) | ONLINE | $121(R)/$182(N) | Buettner | 38884 |

### SPANISH I

(14+) Always wanted to speak Spanish but didn't keep it up after schooling? This class is for YOU! We will begin with a focus on conversation, no prior knowledge required but helpful. You will be introduced to typical high school level one listening, reading, and speaking grammar concepts including present tense verb conjugation, nouns, adjectives & gender and vocabulary acquisition.

| W 4:30-5:30 pm | 9/13(4classes) | VLSC | $37(R)/$56(N) | Philipp | 39094 |
| W 4:30-5:30 pm | 11/1(4classes) | VLSC | $43(R)/$65(N) | Philipp | 39234 |

### SPANISH II

(14+) This class is a continuation from "SPANISH I" maintaining the learning focus on conversation while expanding into writing as well as listening and reading. As we continue our focus on present tense grammar and vocabulary, additional useful tenses will be introduced. The scope & sequence will adjust according to class makeup.

| W 5:40-6:40 pm | 9/13(4classes) | VLSC | $37(R)/$56(N) | Philipp | 39095 |
| W 5:40-6:40 pm | 11/1(4classes) | VLSC | $43(R)/$65(N) | Philipp | 39235 |

### ONLINE SPANISH: STEP 1

(14+) If you know just a little of the basics in Spanish (masculine/feminine gender info, present tense verbs), this class gives you practice conversing, listening, and reviewing simple vocabulary, grammar and sentence structure. This is the class to take after "Beginner Spanish Step 1" or if you took high school Spanish.

| M 9:30-11 am | 9/11(5classes) | ONLINE | $73(R)/$110(N) | Buettner | 38885 |
| M 9:30-11 am | 11/6(6classes) | ONLINE | $58(R)/$87(N) | Philipp | 39094 |

### ONLINE SPANISH: STEP 2

(14+) If you are comfortable using simple sentences in Spanish, but you want to improve fluency and mix use of the present and past, this class gives you more challenging practice. We work to improve your listening/speaking/reading abilities.

| W 10-11:30 am | 9/13(5classes) | ONLINE | $66(R)/$99(N) | Buettner | 40109 |
| W 6-7:30 pm | 9/13(5classes) | ONLINE | $66(R)/$99(N) | Buettner | 39094 |
| W 10-11:30 am | 11/13(6classes) | ONLINE | $66(R)/$99(N) | Buettner | 39094 |
| W 6-7:30 pm | 11/13(6classes) | ONLINE | $58(R)/$87(N) | Buettner | 39097 |

### FRENCH - CONTINUING

(15+) Designed for continuing students wanting to increase their current knowledge in developing conversational skills, practicing pronunciation, and learning essential grammatical facts in a supportive and fun environment.

| Tu 5:30-7:30 pm | 9/19(13classes) | HRZN | $181(R)/$272(N) | Gabor | 38963 |

### INTRODUCTION TO FRENCH AND FRENCH CULTURE

(18+) A fun and engaging course for beginners who are new to French and want to learn the conversational basics with the dream of one day using it in practice and travel. We will also learn about French culture.

| Tu 6-7:15 pm | 11/14(6classes) | CHAP | $68(R)/$102(N) | Philipp | 38975 |

### ITALIAN - LEVEL 1

(14+) Learn Italian for travel purposes in this introductory course. Designed for travelers, you will focus on speaking and listening skills, with practical communication as the priority. By the end of the course, you will have the confidence to communicate effectively during your travels and connect with the Italian culture.

| W 6:15-7:45 pm | 9/13(6classes) | HRZN | $62(R)/$93(N) | Orso | 39246 |
| W 6:15-7:45 pm | 10/25(7classes) | HRZN | $71(R)/$107(N) | Orso | 39249 |
ITALIAN - LEVEL 2
(14+) This intermediate Italian course is designed for students who have a basic understanding of the Italian language. If you already have knowledge of singular and plural nouns, gender differences, and the verbs “essere,” “stare,” and “avere,” this course is the next step for you. It focuses on developing your language skills and providing you with the tools and strategies to continue your independent study for further improvement.

Th 6:15-7:45 pm 9/14(6classes) HRZN $62(R)/$93(N) Orso 39247
Th 6:15-7:45 pm 10/26(7classes) HRZN $71(R)/$107(N) Orso 39251

DANCE

BALLET - BEGINNING
(18+) This class is designed for the beginning student or those with less than two years of ballet training. This casual and fun class will offer a great workout while learning ballet basics, technique, terminology and ballet combinations.

Tu 2-2:50 pm 9/12(14classes) GRSC $70(R)/$105(N) Moore 38877

BALLROOM DANCE - BASICS I
(18+) Learn and improve the dances you need to feel comfortable in any social situation. Dances may include: foxtrot, waltz, cha-cha, tango, rumba, swing and much more. No partner required; however, we cannot guarantee there will be enough partners to share during class.

Tu 5:45-6:40 pm 9/12(12classes) FENP $67(R)/$101(N) Dale 39236

BALLROOM DANCE - BASICS II
(18+) After completing 2-3 sessions of the Basics I class, this level will continue with introducing step patterns and technique in basic levels of social dancing. Dances may include foxtrot, waltz, cha-cha, tango, rumba, swing, and more.

Tu 6:45-7:40 pm 9/12(12classes) FENP $67(R)/$101(N) Dale 39237

BALLROOM DANCE - BEYOND THE BASICS
(18+) Here’s a chance for the student who has taken 4-5 sessions of the beginner’s class to learn more about the basic and beginning level social dances. The focus will be to add onto the students existing step patterns and technique to help improve movement on the dance floor.

W 5:50-6:45 pm 9/13(12classes) VLSC $67(R)/$101(N) Dale 39238

BALLROOM DANCE - INTERMEDIATE SMOOTH & RHYTHM
(18+) This class will focus on higher-level patterns and techniques in dances such as foxtrot, waltz, tango, rumba, cha-cha, swing, salsa, and more! A fun continuation for the student who has had at least 5 or 6 sessions of ballroom dance and who have learned 7 to 8 patterns in each of the social ballroom dances.

W 6:50-7:45 pm 9/13(12classes) VLSC $67(R)/$101(N) Dale 39239

DANCING DELIGHTS - DANCING FOR FUN!
(18+) Experience, understand, and acquire the knowledge, how dance steps, movements and combinations make up dance routines. Also, learn many new dance styles while working on showmanship and enjoying dancing for fun.

W 2-3 pm 9/13(14classes) GRSC $79(R)/$119(N) Goss 38945

LINE DANCING: BEGINNERS
(18+) Exercise your mind and body while dancing. Everyone is welcome to join this fun and energizing line dance class. Learn steps and line dances for Country, Latin, waltzes, old standbys and newer dances.

Tu 10:35-11:35 am 9/12(11classes) VLSC $74(R)/$111(N) Chapman 38983

LINE DANCING: HIGH BEGINNER/LOW INTERMEDIATE
(18+) This is a high beginner low intermediate class and it does require a full knowledge of all the basic dance moves and terminology you learned in the beginning classes. This is a much faster paced class than the beginner class.

Tu 9:20-10:20 am 9/12(11classes) VLSC $74(R)/$111(N) Chapman 38985

TAP - INTERMEDIATE
(18+) This fast-paced intermediate class is for the fun of tapping to a variety of music and styles. Choreography for dances will be taught while learning and building on basic techniques of both Rhythm and Hollywood styles. Tap shoes required.

Tu 6:15-7:15 pm 10/3(10classes) MTNV $58(R)/$87(N) Campi 39130

TAP - SENIOR BEGINNING TECHNIQUES
(18+) Learn the basics of different dance steps and combinations while improving your memory and having fun.

Th 2:45-3:45 pm 10/5(10classes) GRSC $58(R)/$87(N) Campi 39131

TAP - SENIOR INTERMEDIATE LEVEL I
(18+) Learn the basics of dance routines while improving your memory and having fun.

Th 4-5 pm 10/5(10classes) GRSC $58(R)/$87(N) Campi 39132

TAP - SENIOR INTERMEDIATE LEVEL II
(18+) Learn more challenging dance routines while improving your memory and having fun.

Th 5-6 pm 10/5(10classes) GRSC $58(R)/$87(N) Campi 39030
ADULT (14+ YEARS)

FITNESS & HEALTH

AEROBIICS
(18+) Start your day off right with this ‘work at your own pace’ cardio class! Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning and stretching exercises are all included.

M 8:15-9:15 am 9/11(14classes) GRSC $71(R)/$107(N) Alfraid 38874

BARRE EXPRESS
(14+) Barre Express is one of the most effective ways to change the shape of your body for a total body workout. This sculpting class blends ballet, strength training, yoga, and Pilates to create long and lean muscles to reshape your body. Light weights, small ball, and glides will be used as props.

M 5:45-6:35 pm 9/11(13classes) NMRA $117(R)/$176(N) Spencer 38882
M F 6:10-7 am 9/18(23classes) NMRA $200(R)/$299(N) Spencer 38883

BETTER BALANCE FOR SENIORS
(18+) Join us for exercises to maintain independence and prevent falls! While much of the focus will be on strengthening the core and maintaining core strength, this class will also offer exercises to help seniors to walk better and prevent falls. The class will also offer exercises and strategies to help you get back up, in case you do fall. This class will be done sitting or using the chair as a prop for standing exercises.

M 11:15 am-12:05 pm 9/11(13classes) BGPB $127(R)/$191(N) Yancy 40116
W 11-11:50 am 9/13(15classes) VLSC $145(R)/$218(N) Yancy 38891
Th 10:15-11:05 am 9/14(14classes) VLSC $136(R)/$204(N) Yancy 38892

BODY AND MIND
(18+) Whip your heart, mind, and body into shape while having a great time. This course combines aerobics with yoga, and Pilates providing a full body workout including cardio, strengthening and flexibility.

M W 9:15-10:15 am 9/11(28classes) GRSC $131(R)/$197(N) Alfraid 38894
F 11:15-12:15 pm 9/15(10classes) VLSC $54(R)/$81(N) Alfraid 38893

BODY CONDITIONING
(18+) Exercise class concentrating on enhancing body tone, strengthening and stretching. This will include an educational aspect on fitness and wellness to incorporate fitness into everyday life.

W 8:15-9 am 9/13(14classes) GRSC $71(R)/$107(N) Alfraid 38895

BOLLYX - THE BOLLYWOOD WORKOUT!
(14+) BollyX is a Bollywood-inspired dance-fitness program that combines dynamic choreography with the hottest music from around the world. Its 50-minute cardio workout cycles between higher and lower-intensity dance sequences to get you moving, sweating, and smiling.

M 6:45-7:45 pm 9/11(13classes) HRZN $104(R)/$156(N) Patel 38896

CARDIO-CORE FITNESS
(18+) A fusion of music provides a great cardio workout and lots of fun. Reduce stress, tone your body, strengthen your muscles, increase flexibility and build core strength. Foot movements are modified as needed and everyone is encouraged to work at their own pace. All levels are welcome.

Tu 8:15-9:05 am 9/12(12classes) VLSC $60(R)/$90(N) Robertson 38903

CORE AND MORE
(14+) Improve your balance and stability while increasing your stamina. Structured to accommodate all goals and fitness levels, this full body circuit training format, which incorporates cardio activity alongside weight training, is designed to strengthen your entire body. Get your heart rate up and burn calories as you jump from exercise to exercise working your way through each muscle group, with an emphasis on the core muscles (abs, lower back, hips, and butt).

Th 5:30-6:30 pm 9/14(13classes) NMRA $66(R)/$102(N) Teisch 38931
The City of Scottsdale fully supports the provision of the Americans with Disabilities Act and is committed to supporting the full inclusion of persons with disabilities into programs, classes, services, and public facilities so that the full participation may be enjoyed by all. See page 6 for details.

**CHAIR PILATES**

(18+) This class is designed for those who have difficulty getting up off of and down onto the floor. This active Pilates fusion style class uses exercises and sequences that are specifically designed for those who want to stay healthy, keep moving and maintain their independence as they age. We will be using the chair in sitting exercises to help warm up, stretch and lengthen the body. No Pilates experience is needed! Students must be able to stand and walk independently, without the support of a walker or cane.

**GENTLE CHAIR PILATES**

(18+) This class is designed for those who want to take a yoga class, but have difficulty getting up off of and down onto the floor. The chair is used in sitting postures to help stretch and warm up the body and open the shoulders and neck. This is followed by a series of standing poses, using the chair for support in standing and balancing, when needed.

**NEW PILATES**

(18+) This all-levels Pilates class focuses on strengthening your body core, stability and balance. Using both classical Pilates exercises and a fusion of Pilates and Yoga and Pilates and Barre, the upbeat class will help you to feel stronger, taller and experience more freedom of movement in your body. Exercises are done both on the floor and standing on a mat. All levels of athletic ability are encouraged to attend.

**PILATES GENTLE**

(18+) This Pilates class contains all the benefits to a traditional Pilates class, however the style is slower and a more gentle approach. All levels of athletic ability are encouraged to attend.

**PILATES - GOLF CONDITIONING**

(14+) This conditioning program can significantly enhance your golfing experience while extending your years of play. Increasing strength and flexibility and decrease your risk for injury. Building better bodies and minds is the original purpose of Pilates.

**PILATES INTERMEDIATE/ADVANCED**

(14+) This class will focus on strengthening your body core, stability and balance. All levels of athletic ability are encouraged to attend. Three months of Pilates experience suggested.

**NEW MAKE HEALTH YOUR HOBBY**

(18+) Learn how to optimize your health with proper nutrition and simple lifestyle hacks such as reading food labels, how to incorporate more protein + fiber into diet and ditch refined sugars.

**NEW SENIOR CIRCUIT - CARDIO, STRETCH AND STRENGTH TRAINING**

(18+) A one hour class including Cardio and Strength Training portions. Each class will be broken down into five segments: Warm Up (including stretch), Work, Cool-Down, Final Stretch and Relaxation. Within the Work segment, alternate cardio and strength training blocks will be offered.

**SENIOR STRENGTH TRAINING - BEGINNER**

(18+) Resistance and strength training can enable senior citizens to regain muscle mass and strength at any age. You’re never too old to build a little muscle and fight conditions like osteoporosis. Many of the degenerative diseases experienced in the aging process are related to loss of muscle mass and strength. Focus will be geared to those issues related to senior citizens.

Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.
SENIOR STRENGTH TRAINING
(18+) Resistance and strength training can enable senior citizens to regain muscle mass and strength at any age. You’re never too old to build a little muscle and fight conditions like osteoporosis. Many of the degenerative diseases experienced in the aging process are related to loss of muscle mass and strength. Focus will be geared to those issues related to senior citizens.
This class will utilize basic exercises on machines and with free weights.

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NEW SENIOR STRENGTH TRAINING - ADVANCED
(18+) Resistance and strength training can enable senior citizens to regain muscle mass and strength at any age. You’re never too old to build a little muscle and fight conditions like osteoporosis. Many of the degenerative diseases experienced in the aging process are related to loss of muscle mass and strength. Focus will be geared to those issues related to senior citizens.

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SHIFT YOUR SHAPE
(18+) Balance and muscular endurance are promoted. Buttocks, back, thighs, and abdominals are strengthened; exercising at your own pace is encouraged. There is emphasis on increasing flexibility, through various yoga poses and traditional stretches. Most of the exercises are on the mat.

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STEP AEROBICS
(14+) This class provides the ideal workout for those students who want a challenge and results. It will improve strength, muscle endurance, flexibility and balance.

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STEP AND STRENGTHEN
(14+) Have a great time getting in shape while following basic step movements and being instructed on strengthening exercises. Basics are covered for those that are new to stepping and modifications are given when needed. Strengthen your legs, upper body and core with low intensity training.

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STRETCH IT OUT!
(18+) This class is designed to loosen tight muscles and joints at a slow and gentle pace. Perfect for those suffering from lower back pain due to limited range of motion.

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SUPER CIRCUIT
(14+) Stations set up to alternate between aerobic training and strength training. Class will start with a warmup and end with a cool down stretch.

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TAI CHI
(18+) Learn the Yang Style Long Form, a slow, graceful, rhythmic exercise, which promotes good health and improves balance, memory and concentration.

Beginning - will cover positions from the first section.

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Intermediate - Students must be proficient in positions from the first section.

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Advanced - Students must be proficient in the positions from the first and second section.

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THE TOTAL WORKOUT
(18+) Improve your cardiovascular system with gentle aerobic exercise and muscular strength using light hand weights and your own body weight as resistance. Improve posture and balance.

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TONE AND STRETCH
(18+) Start your day off right with this ‘work at your own pace’ cardio and toning class! Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning, stretching and mat work exercises are all included in this total body workout.

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TOTALLY TONING
(14+) Strengthen and tone your major muscle groups using weights, exercise balls, body bars, and gravity. Learn proper form and technique to maximize results.

Tu 5:30-6:30 pm 9/12(14 classes) MMRA $73(R)/$110(N) Teisch 39830

ZUMBA
(18+) Zumba® fuses song styles, tempos, rhythms, and dance themes from around the world to create a dynamic and effective fitness system that feels more like a party than a workout! The fun and exciting combination of dance choreography and fitness moves work the entire body, targeting major muscle groups and providing a beneficial cardio workout. The steps are easy to follow and incorporate elements of Latin dance, Swing, Hip Hop, Disco, Belly Dance, Folk Dance, and more.

Tu 9:15-10:15 am 9/12(14 classes) MMRA $102(R)/$153(N) Kenrick 39866
Th 6:15-7:15 pm 9/14(13 classes) CACT $96(R)/$144(N) Kenrick 39033

ZUMBA GOLD
(18+) Like Zumba, this class is a dance party! Zumba Gold is geared for active older adults, newcomers to a fitness routine, and anybody looking for a lower impact workout. The fusion of Latin, international, and popular music and various dance themes creates a fun, exciting, and effective fitness program. The choreography is easy to follow and focuses on balance, range of motion, and coordination.

M 1:15-5 pm 9/11(12 classes) VLSC $89(R)/$134(N) Kenrick 39198
Tu 12-1 pm 9/12(12 classes) VLSC $65(R)/$98(N) Scott 39196
W 8:15-9:10 am 9/13(12 classes) VLSC $89(R)/$134(N) Kenrick 39197
F 8:15-9:10 am 9/15(10 classes) VLSC $76(R)/$114(N) Kenrick 39036

YOGA AND MEDITATION

MEDITATION FOR EVERYONE
(18+) These meditations will help you to relax, find peace, feel ease and live calmly. Learn meditation styles and techniques that you can use both in class and at home to feel better, less stressed and more centered.

Tu 10:45-11:35 am 9/12(13 classes) VLSC $112(R)/$168(N) Yancy 38994
F 12:15-1:05 pm 9/15(13 classes) VLSC $98(R)/$147(N) Yancy 39271

CHAIR REIKI I - SELF HEALING WORKSHOP
(18+) energy is universal life force that you direct with your hands. It is a simple, natural and safe method of healing that everyone can use. It is effective in treating emotional and physical ailments and works in conjunction with traditional medicine to promote recovery and is offered in many hospitals. Reiki treats the whole person, body, mind and spirit, creating beneficial effects that include relaxation and feelings of well being.

M 11:15 am-12:45 pm 10/23(3 classes) VLSC $36(R)/$54(N) Jenkins 38918
M 11:15 am-12:45 pm 11/27(3 classes) VLSC $36(R)/$54(N) Jenkins 38919

CHAIR REIKI II - SELF HEALING WORKSHOP
(18+) Become an instrument of healing by learning to send healing energy to friends and family both near and at a distance. No touching required. (Prerequisite of Reiki II, is having Reiki I experience).

M 1:30 pm 10/23(3 classes) VLSC $36(R)/$54(N) Jenkins 38916
M 1:30 pm 11/27(3 classes) VLSC $36(R)/$54(N) Jenkins 41176

ACTIVE CHAIR YOGA
(18+) This class is designed for those who want to take a yoga class but have difficulty getting up off and down onto the floor. The chair is used in sitting postures to help stretch and warm up the body and open the shoulders and neck. This is followed by a series of standing poses, using the chair for support in standing and balancing, when needed. The exercises are specifically designed and sequenced for those who want to stay healthy, keep moving and maintain their independence as they age, as well as for those with limited mobility or movement disorders.

M 9:15-10:10 am 9/11(15 classes) VLSC $112(R)/$168(N) Yancy 38920
M 10:15-11:10 am 9/11(15 classes) VLSC $112(R)/$168(N) Yancy 38926
W 10-10:55 am 9/13(15 classes) VLSC $112(R)/$168(N) Yancy 38925
Th 9:15-10:10 am 9/14(14 classes) VLSC $105(R)/$158(N) Yancy 38924
F 9:15-10:10 am 9/15(13 classes) VLSC $98(R)/$147(N) Yancy 38922
F 11:15 am-12:10 pm 9/15(13 classes) VLSC $98(R)/$147(N) Yancy 38921
Th 9:30-10:30 am 10/5(10 classes) GRSC $76(R)/$114(N) Mullins Bulka 39001

NEW   GENTLE CHAIR YOGA
(18+) This Gentle Chair Yoga Class is designed for those with limited mobility who want to practice yoga, but have difficulty standing for long periods. Each class includes gentle stretching to release tension, stiffness and stress from tight muscles and joints, followed by gentler variations of yoga poses for strength and posture, all done seated in a chair. Approximately 15 minutes of each class will be done standing, working to improving balance and mobility.

F 10:15-11:10 am 9/15(13 classes) VLSC $98(R)/$147(N) Yancy 38923
### CHAIR YOGA - INTERMEDIATE

**(18+)** This class is designed for those with previous yoga or chair yoga experience and who want to take a challenging yoga class, but have difficulty getting up off and down onto the floor. This quicker paced, flow style, chair yoga class will use the chair in sitting postures to help stretch and warm up the body followed by a series of standing and balance poses, using the chair for support when needed. These yoga based exercises and sequences are specifically designed those who want to stay healthy, keep moving, maintain their independence as they age and have a little fun trying new variations on traditional yoga poses to improve strength, flexibility and balance.

<table>
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<tr>
<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
<th>Instructor</th>
<th>Phone</th>
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</thead>
<tbody>
<tr>
<td>M</td>
<td>8:15-9:30 am</td>
<td>9/11 (15 classes)</td>
<td>VLSC</td>
<td>$112 (R)/$168 (N)</td>
<td>Yancy</td>
</tr>
<tr>
<td>Th</td>
<td>8:15-9:30 am</td>
<td>9/14 (14 classes)</td>
<td>VLSC</td>
<td>$105 (R)/$158 (N)</td>
<td>Yancy</td>
</tr>
</tbody>
</table>

### ONLINE YIN YOGA

**[14+]** This slow, meditative practice is ideal for beginners or experienced students who want to feel more openness and flexibility in their joints, especially the hips and lower back. Most poses are done on the floor from a seated position or on the back. Alternate poses are offered for anyone who has a challenge with the knees or ankles.

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<th>Day</th>
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<th>Location</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>Sa</td>
<td>9-10 am</td>
<td>9/16 (14 classes)</td>
<td>ONLINE</td>
<td>$91 (R)/$137 (N)</td>
<td>Kanute</td>
</tr>
</tbody>
</table>

### YOGA - ALL LEVELS - OUTDOORS

**[18+]** The physical, all levels yoga practice uses a variety of sequenced standing poses which both strengthen the body and improve flexibility. Detailed instruction will offer the poses for various levels of fitness and ability, along with important alignment cues to practice safely and in such a way that you feel better at the end of practice than when you started. Join us to release tension, restore vitality and improve back health and posture!

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<tr>
<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
<th>Instructor</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>W</td>
<td>8:30-9:45 am</td>
<td>10/18 (5 classes)</td>
<td>VLSC</td>
<td>$53 (R)/$80 (N)</td>
<td>Parrow</td>
</tr>
</tbody>
</table>

### YOGA BASICS

**[18+]** Focus is on essentials of the yoga practice with a gentle approach based on skillful alignment, breath, building core strength and increasing flexibility. Beginner friendly; also perfect for continuing students. Deepen your work in foundational yoga postures while linking breath, awareness and movement from a place of stability.

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<tr>
<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
<th>Instructor</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>W</td>
<td>11 am-12 pm</td>
<td>9/13 (13 classes)</td>
<td>MMRA</td>
<td>$85 (R)/$128 (N)</td>
<td>Stewart</td>
</tr>
</tbody>
</table>

### GENTLE BEGINNING YOGA

**[18+]** This class is to help calm and heal the mind and body through principles of mindfulness meditation; gentle alignment-based yoga poses; and restorative yoga poses.

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<tr>
<th>Day</th>
<th>Time</th>
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<th>Location</th>
<th>Instructor</th>
<th>Phone</th>
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<tbody>
<tr>
<td>W</td>
<td>9:30-11 am</td>
<td>9/13 (13 classes)</td>
<td>CACT</td>
<td>$125 (R)/$188 (N)</td>
<td>Sikes</td>
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</table>

### YOGA

**The physical, all levels yoga practice uses a variety of sequenced standing poses which both strengthen the body and improve flexibility. Detailed instruction will offer the poses for various levels of fitness and ability, along with important alignment cues to practice safely and in such a way that you feel better at the end of practice than when you started.**

#### All Levels (14+)

<table>
<thead>
<tr>
<th>Day</th>
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<th>Location</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>W</td>
<td>9:30-10:45 am</td>
<td>9/13 (13 classes)</td>
<td>MMRA</td>
<td>$104 (R)/$156 (N)</td>
<td>Stewart</td>
</tr>
<tr>
<td>W</td>
<td>12:15 pm</td>
<td>9/13 (7 classes)</td>
<td>GRSC</td>
<td>$61 (R)/$92 (N)</td>
<td>Rothman</td>
</tr>
<tr>
<td>W</td>
<td>9:30 am</td>
<td>11/1 (7 classes)</td>
<td>GRSC</td>
<td>$46 (R)/$69 (N)</td>
<td>Orndorff</td>
</tr>
<tr>
<td>W</td>
<td>12:15 pm</td>
<td>11/1 (7 classes)</td>
<td>GRSC</td>
<td>$61 (R)/$92 (N)</td>
<td>Rothman</td>
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#### Beginning (18+)

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<tr>
<th>Day</th>
<th>Time</th>
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<th>Instructor</th>
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<tbody>
<tr>
<td>M</td>
<td>9:30-11 am</td>
<td>9/11 (14 classes)</td>
<td>GRSC</td>
<td>$125 (R)/$188 (N)</td>
<td>Sikes</td>
</tr>
<tr>
<td>Th</td>
<td>10:30-12 pm</td>
<td>9/14 (8 classes)</td>
<td>VLSC</td>
<td>$64 (R)/$96 (N)</td>
<td>Parrow</td>
</tr>
<tr>
<td>Th</td>
<td>10:30-12 pm</td>
<td>11/2 (5 classes)</td>
<td>VLSC</td>
<td>$53 (R)/$83 (N)</td>
<td>Parrow</td>
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</table>

### INTERMEDIATE (18+)

<table>
<thead>
<tr>
<th>Day</th>
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<th>Date</th>
<th>Location</th>
<th>Instructor</th>
<th>Phone</th>
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<tbody>
<tr>
<td>M</td>
<td>9:30-10:45 am</td>
<td>9/11 (12 classes)</td>
<td>VLSC</td>
<td>$61 (R)/$92 (N)</td>
<td>Rothman</td>
</tr>
<tr>
<td>Th</td>
<td>10:30-12 pm</td>
<td>9/14 (8 classes)</td>
<td>VLSC</td>
<td>$55 (R)/$83 (N)</td>
<td>Parrow</td>
</tr>
<tr>
<td>M</td>
<td>9:30-10:45 am</td>
<td>10/30 (5 classes)</td>
<td>VLSC</td>
<td>$46 (R)/$69 (N)</td>
<td>Rothman</td>
</tr>
<tr>
<td>Th</td>
<td>9:30-12 pm</td>
<td>11/2 (5 classes)</td>
<td>VLSC</td>
<td>$48 (R)/$72 (N)</td>
<td>Parrow</td>
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</table>

### NEW YOGA - ALL LEVELS

**[18+]** The physical, all levels yoga practice uses a variety of sequenced standing poses which both strengthen the body and improve flexibility. Detailed instruction will offer the poses for various levels of fitness and ability, along with important alignment cues to practice safely and in such a way that you feel better at the end of practice than when you started.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
<th>Instructor</th>
<th>Phone</th>
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</thead>
<tbody>
<tr>
<td>Th</td>
<td>9:30-10:45 am</td>
<td>9/14 (6 classes)</td>
<td>VLSC</td>
<td>$54 (R)/$81 (N)</td>
<td>Rothman</td>
</tr>
<tr>
<td>Th</td>
<td>9:30-10:45 am</td>
<td>11/2 (4 classes)</td>
<td>VRZN</td>
<td>$54 (R)/$81 (N)</td>
<td>Rothman</td>
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</table>

### YOGA - GENTLE

**[18+]** Discover the joy of unifying body, mind and spirit in this slower-paced class designed to relax, stretch and strengthen your body with gentle yoga poses, movement, and centered breathing. This “low and slow” class takes place primarily on the floor but also includes standing poses and movement to improve posture, balance, and breath.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
<th>Instructor</th>
<th>Phone</th>
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</thead>
<tbody>
<tr>
<td>M</td>
<td>11 am-12:15 pm</td>
<td>9/11 (7 classes)</td>
<td>VLSC</td>
<td>$61 (R)/$92 (N)</td>
<td>Rothman</td>
</tr>
<tr>
<td>Tu</td>
<td>9:15-10:45 am</td>
<td>9/12 (7 classes)</td>
<td>GRSC</td>
<td>$71 (R)/$107 (N)</td>
<td>Vershure</td>
</tr>
<tr>
<td>F</td>
<td>10:30-12 pm</td>
<td>9/15 (12 classes)</td>
<td>GRSC</td>
<td>$118 (R)/$177 (N)</td>
<td>Parrow</td>
</tr>
<tr>
<td>M</td>
<td>11 am-12:15 pm</td>
<td>10/30 (5 classes)</td>
<td>VLSC</td>
<td>$46 (R)/$69 (N)</td>
<td>Rothman</td>
</tr>
<tr>
<td>Tu</td>
<td>9:15-10:45 am</td>
<td>10/31 (3 classes)</td>
<td>GRSC</td>
<td>$71 (R)/$107 (N)</td>
<td>Vershure</td>
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Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.
SEPT | OCT | NOV | DEC 2023

YOGA - GENTLE/RESTORATIVE
(18+) This slower paced, restorative class is designed to focus on breathing, relaxation and gentle stretching and balance within your body, mind and spirit. The physical practice uses poses which both stretch and strengthen the body. Release tension, restore vitality and improve posture. This time is used to find ways to relax, release stress and create a better awareness of the body.

Tu 9:15-10:40 am  9/12(15classes)  VLSC  $162(R)/$243(N)  Yancy  39175
Th 2:30-3:55 pm  9/14(14classes)  VLSC  $152(R)/$168(N)  Yancy  39174

NEW  YOGA - RESTORATIVE
(18+) Counteract a fast-paced, stressed-out life off the mat with restorative yoga. Yogis of all levels can enjoy this gentle, slow, still style of yoga involving long, passive holds in a series of 4-6 restful poses. Supported by props, the body releases tension and achieves physical, mental, and emotional relaxation.

F  9-10:15 am  10/20(7classes)  GRSC  $63(R)/$95(N)  Parrow  40547

HATHA YOGA
(14+) The benefits of Hatha yoga include better sleep, strengthening core muscles, improving depression symptoms, and helping with stress management, as well as an effective way to lose weight. Hatha yoga is a type of yoga that emphasizes holding poses. It is made up of three main practices: body postures, breathing techniques, and meditation.

M  6-7 pm  9/11(24classes)  MMRA  $71(R)/$107(N)  Malaekheh  39207

JOURNEY INTO YOGA
(18+) Explore the fundamentals of yoga based on breath work, mindfulness, alignment, building strength and increasing flexibility. Beginner friendly and perfect for continuing students. Discover the joy in your yoga journey through foundational yoga postures while stimulate, rejuvenate, and nurture your body and mind connection.

Th  9-10:15 am  9/14(5classes)  GRSC  $46(R)/$69(N)  Urata  39022
Th  9-10:15 am  10/26(7classes)  GRSC  $61(R)/$92(N)  Urata  40549

REGISTRATION QUESTIONS?  480-312-7957
Call us before July 21 so we can guide you through the process, making registration a breeze!

MYOFASCIA RELEASE AND RESTORATIVE
(18+) Release your fascia that may be causing pain or limited range of mobility. Do you suffer from tight muscles, joint, foot, hip, neck, shoulder, or back pain, feeling stressed or anxious? Myofascial release aims to relax tense, constricted fascia surrounding soft tissue. Whether caused by overuse, inactivity or an underlying condition like trauma or disease, the constricted fascia can contribute to muscle tension, poor circulation and referred pain. This is a heavily restorative, low intensity, no impact class that uses several healing modalities to soften connective tissue restrictions/adhesion, release tension, stress, anxiety, and trapped energy - restoring harmony and balance within.

Th 10:30-11:45 am  9/14(5classes)  GRSC  $46(R)/$69(N)  Urata  39022
Th 10:30-11:45 am  10/26(7classes)  GRSC  $61(R)/$92(N)  Urata  40549

YOGA FOR STRONG BONES
(18+) This gentle class emphasizing safe and proper alignment is for anyone wanting to improve bone density and strength, posture, balance, and muscular strength. Everyone with osteopenia and mild osteoporosis is welcome but you must be able to get up from your mat without assistance.

Tu  11 am-12:15 pm  9/12(12classes)  GRSC  $63(R)/$92(N)  Vershure  40086
Tu  11 am-12:15 pm  10/31(7classes)  GRSC  $61(R)/$92(N)  Vershure  40087

YOGA IN THE PARK - GENTLE
(18+) Enjoy our fabulous weather while discovering the joy of unifying body, mind and spirit in this slower-paced class designed to relax, stretch and strengthen your body with gentle yoga poses, movement, and centered breathing. This “low and slow” class takes place primarily on the ground but often includes easy standing poses and movement to improve posture, balance, and breath.

W  9:15-10:45 am  9/20(6classes)  pmPK  $62(R)/$93(N)  Vershure  39183
W  10:30 am-12 pm  11/1(7classes)  pmPK  $71(R)/$107(N)  Vershure  39184

YOGA IN THE PRESERVE
(14+) Embrace the outdoors and join us for an all levels yoga class at the Gateway Trailhead in Scottsdale’s beautiful McDowell Sonoran Preserve. Our outdoor, open air classroom is just a short walk north of the trailhead building, in a quiet spot on the Desert Parks Trail. Enjoy your yoga practice surrounded by the sights and sounds of the Sonoran desert and with a view of the most prominent peaks and Tom’s Thumb!

Su  7:15-8:15 am  10/1(12classes)  GWTH  $118(R)/$177(N)  Yancy  39186
Su  8:30-9:30 am  10/1(12classes)  GWTH  $118(R)/$177(N)  Yancy  39185

RECREATION.SCOTTSDALEAZ.GOV  – RESIDENT REGISTRATION BEGINS JULY 24 / NON-RESIDENT BEGINS JULY 25
Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.
MUSIC

BEGINNING GUITAR 1 & 2
(14+) Students must bring their guitar to class - acoustic or electric 6 string guitars welcome, small amplifiers can be used. Beginner 1 students will cover notes on the first three strings and then we add 6-8 chords to songs. Beginner 2 students will cover reading music, notes on all 6 strings and 11-15 chords. Emphasis will be on smooth chord transitions and strumming and picking techniques.

W 6-6:45 pm 9/11(7classes) CHAP $57(R)/$86(N) Fahy 38889
M 6-6:45 pm 10/30(7classes) CHAP $57(R)/$86(N) Fahy 38890

THE JOY OF PLAYING THE RECORDER
(18+) Played by professional musicians for centuries, the recorder is an ancient instrument known worldwide. Called the "sweet flute" in many languages, it comes in a range of sizes, tiny to huge, that can be played alone or blending beautifully in a group. It is perfect for amateurs who enjoy music and appreciate a rewarding brain workout. This class will introduce you to the Alto Recorder. Whether you have never played a note of music in your life, or have music experience from earlier years, this class will provide a fun and joyful way to discover or rediscover your musical self!

Tu 9:30-10:20 am 10/24(8classes) VLSC $56(R)/$84(N) Koenig 39218

PIANO/KEYBOARD TEEN/ADULT
(13+) This unique award-winning method teaches keyboard skills on real songs you know and love! The program uses brilliantly conceived visual tools that show students how music works. Learn to read music on the treble clef in a lead sheet format and play chords using our exclusive chordometer. Keyboards are provided for each student for classroom use; and all music materials are included at no extra charge.

W 6:30-7:30 pm 9/20(6classes) HRZN $124(R)/$186(N) Elements Music 39067
W 6:30-7:30 pm 11/1(6classes) HRZN $124(R)/$186(N) Elements Music 39068

HOBBIES & INTERESTS

BRIDGE - BEGINNING
(18+) This class starts with the basic terminology, seating, dealing, sorting suits, scoring, etc. You will learn the importance of counting high card and distributional points. We'll cover opening bids and responses, no trump calls, overcalls, preempts, etc. There will be a great deal of hand play. Weekly review and open discussion will help players develop communications skills with their partners.

W 9:30-11:30 am 9/13(6classes) VLSC $56(R)/$84(N) Bigham 38898
W 9:30-11:30 am 11/1(6classes) VLSC $56(R)/$84(N) Bigham 38899

BRIDGE - INTERMEDIATE
(18+) This class is a continuation of the beginning class dealing with the play of the hand as declarer and as defender as well as further instruction in bidding. The most common conventions, e.g. Stayman, Blackwood limit raises; 4 types of doubles; forcing bids; bidding hands of exceptional strength, weakness or shape; slam bidding; requirements for game bid; responsibility for continuing or ending the bidding; and other techniques as requested will be explained.

Th 9:30-11:30 am 9/14(6classes) VLSC $56(R)/$84(N) Bigham 38900
Th 9:30-11:30 am 11/2(6classes) VLSC $56(R)/$84(N) Bigham 38901

CHESS
(18+) Learn the fundamentals of Chess. Have you ever wondered about opening theories, pins, forks, castles and endgames? How about Chess piece names, values and pawn promotions? Each class is designed to expand your knowledge of chess from the board up.

F 9-11 am 9/15(6classes) VLSC $56(R)/$84(N) Bigham 39232
F 9-11 am 11/3(6classes) VLSC $41(R)/$62(N) Bigham 39233

CREATIVE WRITING
(18+) Creative writing class will focus on craft. This will include creative writing prompts, plot/character development, help with revision and constructive feedback.

W 1-3 pm 9/13(7classes) VLSC $68(R)/$102(N) Robertson 39007
W 1-3 pm 11/1(7classes) VLSC $68(R)/$102(N) Robertson 39008
INTRODUCTION TO VOICE OVER
(18+) This course will introduce members of the community to an exciting and fulfilling part-time hobby or full-time career option.

M 5:45-7:45 pm 10/16(1class) HRZN $24(R)/$36(N) Reiss 38977

NEW LET’S PLAY TABLE TENNIS - BEGINNING
(15+) In this class, we will practice improving our strokes and drills, improve your serves and how to read spin better. We will mix in some footwork too, and doubles play. We will work in some game strategies to use, and there will be time for practice and open play, and match play, too.

Th 4:30-6 pm 9/14(5classes) VLSC $64(R)/$96(N) Mack 38981

NEW LET’S PLAY TABLE TENNIS - INTERMEDIATE
(15+) We will practice as though you are going to play in a tournament! More is required on strokes, spin, power, and placement. We will practice more shots - the loop, block, drop shot, heavy push, smash, and how about a lob or chop? Footwork drills, more advanced service drills/motions, and third ball attack - all chances to refresh or add to your skill set!

Th 4:30-6 pm 10/26(6classes) VLSC $75(R)/$113(N) Mack 38982

MAH JONGG - BEGINNING
(18+) Learn the American version of an ancient Chinese game that challenges memory skills and expands social networks. Game fundamentals are taught in short presentations followed by tile exercises and practice games.

M 12:30-2:30 pm 9/11(7classes) VLSC $79(R)/$119(N) Weiner 38987
M 12:30-2:30 pm 10/30(6classes) VLSC $69(R)/$104(N) Weiner 38988

MAH JONGG INTERMEDIATE - ADVANCED
(18+) Classes will expand the skills of the basic Mah Jongg player by focusing on the strategic and competitive elements of the game, including preparation for tournament play. This class is for people who have played Mah Jongg American Version continuously for at least 6 months. A fun “mini-tournament” will be held at the final class of the session.

M 2:45-4:45 pm 9/11(7classes) VLSC $79(R)/$119(N) Weiner 38989
M 2:45-4:45 pm 10/30(6classes) VLSC $69(R)/$104(N) Weiner 38990

NEW AZ RESIDENTS - TAX AND TRUST LAWS
(21+) You need to attend this class if you are a new Arizona resident or have not updated your estate plans since you moved to Arizona. Explore Arizona community property, trusts, wills, powers of attorney, estate & gift taxes, and how title to your assets affects your estate plans.

Th 6:15-7:45 pm 10/12(2classes) HRZN $221(R)/$322(N) Shellander 39000

TRUSTS, WILLS AND ESTATE PLANNING
(21+) Unravel the mystery surrounding trusts, wills, powers of attorney and other estate planning instruments. Learn how title to your assets and how community property can save on income taxes. Discover what only an Attorney and CPA with over 30 years of experience in estate planning can tell you about estate planning and common mistakes to avoid.

Tu 6:15-7:45 pm 10/17(2classes) HRZN $221(R)/$322(N) Shellander 39149

FIRST AID & SAFETY

DESERT HIKING FIRST AID
(18+) The Desert Hiking First Aid course is designed to enhance the natural Sonoran Desert experience and improve the overall safety of all visitors to the Scottsdale McDowell Sonoran Preserve and other urban hiking areas. In addition, this course will provide instruction on basic treatments to manage medical emergencies that may be encountered while enjoying hikes that are expected to be less than 8 hours long. All course objectives are based on National Emergency Medical Services Education Competency Standards, as well as the National Park Service Guidelines for Emergency Medical Care.

Sa 9 am-3 pm 9/23(1class) FENP $75(R)/$75(N) Scottsdale Fire Department 39009
Sa 9 am-3 pm 12/2(1class) FENP $75(R)/$75(N) Scottsdale Fire Department 39010
SCOTTSDALE AQUATICS OFFERS:

SWIM LESSONS FOR ALL AGES (YOUTH & ADULT)
WATER EXERCISE CLASSES
LIFEGUARD CERTIFICATION CLASSES

For more information, go to ScottsdaleAZ.gov and search "Aquatics."

POOL LOCATIONS:

**CACTUS AQUATIC & FITNESS CENTER (CACT)**
7202 E. Cactus Road | 480-312-7665

**ELDORADO AQUATIC & FITNESS CENTER (ELDO)**
2301 N. Miller Road | 480-312-2484

**MCDOWELL MOUNTAIN RANCH AQUATIC & FITNESS CENTER (MMRA)**
15525 N. Thompson Peak Parkway | 480-312-6677

FALL POOL HOURS:
Visit ScottsdaleAZ.gov and search 'Aquatic' for specific hours of operation and entrance fees.

**LAP SWIM RATES**
- Adult (R) $4 / Adult (N) $6
- Child (R) $3 / Child (N) $4

**LEARN TO SWIM WITH SCOTTSDALE AQUATICS!**
Our Swim Lessons are fun, engaging and effective. All Scottsdale Instructors are certified and love helping children become confident swimmers. See pg. 23 for details.

**FREE SWIM LESSON ASSESSMENTS**
Not sure which class to register for? Call our aquatic centers to schedule a swim lesson assessment, or visit ScottsdaleAZ.gov and search 'swim lessons' to take our online skills quiz.

DUNKIN' FOR PUMPKINS

Did you know that pumpkins can float?

Sunday, October 22
1 - 5:30 p.m.
Join us at the McDowell Mountain Ranch Aquatic Center for our floating pumpkin patch! The pool is heated and there will be stations for decoration and other activities after you have picked your pumpkin.

Cost is $15 per pumpkin, register now to reserve yours!

Call 480-312-6677 for more information, or register at Recreation.ScottsdaleAZ.gov
YOUTH SWIM LESSONS

Use the age guidelines and the class descriptions to help determine the appropriate level for your child. Free swim lesson assessments are offered by the staff to help determine the best class for the child. Please call the aquatic centers directly, if you have questions.

Classes are 30 minutes.

FALL SESSION DATES
Mondays & Wednesdays for 4 weeks / Saturdays for 8 weeks.

Session 1:
9/6 - 9/27 (no class 9/4)  CACT / ELDO / MMRA
Saturday Swim Lessons: 9/9 - 10/28

SEABABIES
(6mo-3yrs / 1:8 ratio)
- Water acclimation class
- Water safety concepts for caregivers and students
- Introduction to swimming skills

TADPOLES
(2.5-5yrs / 1:4 ratio)
- Students participate without caregiver presence
- Basic water safety skills (asking permission, putting on life jacket)
- Blowing bubbles, underwater exploration, assisted and unassisted submersion
- Assisted streamlines & rolling from back to front and front to back
- Swim benchmarks in swim wear and regular clothes

GUPPIES
(3-6yrs / 1:4 ratio)
- Basic water safety skills (putting on a life jacket & kick 20 ft)
- Jump in, submerge and recover for air assisted and unassisted
- Assisted and unassisted streamline, unassisted front and back floats
- Assisted and unassisted forward movement (kicking and pulling) on front and back
- Swim benchmarks in swim wear and regular clothes

SEA TURTLES
(4-7yrs / 1:4 ratio)
- Students must be comfortable moving independently in water 4 feet deep
- Variations of side glide and streamline assisted and unassisted
- Jump in and move independently towards the wall
- Treading water
- Swim benchmarks in swim wear and regular clothes

OTTERS
(5yrs+ / 1:6 ratio)
- Students must be comfortable in deep water
- Survival float and treading water
- Head first entries
- Freestyle stroke concepts
- Introduction to backstroke

DOLPHINS
(5yrs+ / 1:6 ratio)
- Students must be comfortable in deep water
- Water safety concepts and how to call 9-1-1
- Backstroke & butterfly concepts

ORCAS
(6yrs+ / 1:6 ratio)
- Students must be comfortable in deep water
- Breaststroke & side stroke concepts
- Endurance building

SHARKS
(6yrs+ / 1:6 ratio)
- Students must be comfortable in deep water
- Survival floating and treading water for longer durations
- Refinement of all four competitive strokes
- Racing starts and endurance building

OTTERS
(5yrs+ / 1:6 ratio)
- Students must be comfortable in deep water
- Survival float and treading water
- Head first entries
- Freestyle stroke concepts
- Introduction to backstroke

FIND SWIM LESSON AND CLASS INFORMATION ONLINE!
Search for swim lessons by class name or by location at: Recreation.ScottsdaleAZ.gov
ADULT LEARN TO SWIM
All classes are 50 minutes in length unless otherwise noted

Fees: Monthly pre-registration is recommended (fee varies, check online).

ADULT LEARN TO SWIM
(13yrs+) It is never too late to learn to swim or improve your strokes! This class is geared toward adults who want to learn the basics and/or want to improve their swimming techniques.

ADULT STROKE REFINEMENT
(13yrs+) This class is for adults who would like coaching to improve their swimming and stroke technique. This class will also introduce swimming for fitness.

ADULT SPECIALTY CLASSES
All classes are 50 minutes in length unless otherwise noted

Classes must meet minimum enrollment levels. Classes will be canceled one week prior to the start date if the minimum enrollment level is not met.

Fees: Monthly pre-registration is recommended (fee varies, check online).

Drop-in Information:
• Fee: $5 Resident / $8 Non-Resident, space permitting
• Participation is limited due to class size
• May not be accommodated if class registration is full

ACHE AWAY EXERCISE
(13yrs+) Back Ache? Joints hurt? Have arthritis? Try this specially designed class for any individual who needs gentler, slower paced water exercise. Emphasizes stretching & toning.

DEEP WATER EXERCISE
(13yrs+) Challenge yourself to the next level of physical fitness! This class is performed in the deep end of the pool and features aerobic exercise, treading water, and activities that improve swimming technique & fitness. A variety of water equipment is used for conditioning and total body toning.

SHALLOW WATER EXERCISE
(13yrs+) Walking, running, jumping, and a variety of aerobic movements are performed in the shallow end of the pool to increase heart rate and provide a cardiovascular and strength training workout. A variety of water equipment is used for conditioning and total body toning. Includes stretching, warm-up, cardio, toning, and cool-down.

TONE AND TAI CHI
(13yrs+) This class combines water exercises with Tai Chi moves. It benefits students of all ages and abilities by using the water to increase strength, flexibility, balance, and energy. A great way to start your day or prepare yourself for water exercise or lap swim.

REGISTRATION QUESTIONS? 480-312-7957
Call us before July 22 so we can guide you through the process, making registration a breeze!

Go to Recreation.ScottsdaleAZ.gov to search for times and locations.
Your next opportunity to join the Adult Sports fun is during the Winter 2023 season.

**Offering:**
- Basketball
- Flag Football
- Kickball
- Coed Softball
- Men’s Softball
- Indoor Volleyball
- Sand Volleyball

**Winter Registration**

Registration Opens: 11/6 (R) | 11/7 (N) at 8am

Early Registration Ends: 11/26

Last Day to Register: 12/10

Go to ScottsdaleAZ.gov and search "Adult Sports" to learn more!

**Pickleball**

Did you know Scottsdale has 21 Pickleball courts?

- 10 courts at Horizon Park
- 8 courts at Cholla Park
- 3 courts at Thompson Peak Park

Go to ScottsdaleAZ.gov and search "Pickleball" for more information about courts and lessons.

**Scottsdale Parks and Recreation has been accredited for over 25 years!**

For over 25 years, Scottsdale Parks and Recreation has been accredited by the Commission for Accreditation of Park and Recreation Agencies (CAPRA). Being an accredited department is a distinguishing mark of excellence that affords external recognition of an organization’s commitment to quality and improvement. CAPRA is the only national accreditation of park and recreation agencies and is a valuable measure of an agency’s overall quality of operation, management, and service to the community.

Learn more at: ScottsdaleAZ.gov/Parks
The City of Scottsdale’s Adaptive Services goal is to provide fun, safe and meaningful social and recreational opportunities for participants with neuro and physical diversities. Using art, dance, music, life skills, recreation and sports, we provide opportunities to grow physically, emotionally, cognitively and socially.

All program opportunities within the Scottsdale Leisure Education Guide may be available for accommodations by our Adaptive Services staff.

**SOCIAL OPPORTUNITIES**

(15+) Join us for fun activities as we promote socialization and life skills.

**MARTIAL ARTS FITNESS**

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**SEPTEMBER GIRLS NIGHT**

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**NOVEMBER GIRLS NIGHT**

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**OCTOBER GUYS NIGHT**

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**DECEMBER GUYS NIGHT**

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**SEPTEMBER CRAFT NIGHT**

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**NOVEMBER CRAFT NIGHT**

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**DECEMBER CRAFT NIGHT**

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**SEPTEMBER BINGO NIGHT**

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**NOVEMBER BINGO NIGHT**

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**OCTOBER KARAOKE NIGHT**

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**DECEMBER KARAOKE NIGHT**

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**NOVEMBER MOVIE NIGHT**

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**DECEMBER MOVIE NIGHT**

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**BAKING: CHOCOLATE CHIP BANANA MUFFINS**

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**BAKING: PUMPKIN BARS**

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**BAKING: HOLIDAY SUGAR COOKIES**

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**CHILI COOKOFF**

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<tbody>
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**FRIENDSGIVING**

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**Adaptive Services Night at Holiday Lights**

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<td>11/15</td>
<td>6-8pm</td>
<td>MSRP</td>
<td>FREE(R)/$5(NR)</td>
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**ADAPTIVE SERVICES**

8102 E. Jackrabbit Road (ADSC)
480-312-2234

CONTACT:
AdaptiveServices@ScottsdaleAZ.gov

Go to ScottsdaleAZ.gov, search "Adaptive Services"
SPECIAL OLYMPICS (SOAZ):
The Scottsdale Bobcats is the Special Olympics Team representing Scottsdale Adaptive Services. Becoming a Special Olympian and participating on a team is full of excitement and fun!

SOAZ SEASONS

FALL SPORTS
- Aquatics/Swim: August – October
- Bocce Ball: August – October
- Bowling: August – October
- Golf: September – December

WINTER SPORTS
- Basketball: November – March
- Flag Football: January – March
- Soccer: October – December

SPRING SPORTS
- Powerlifting: February – April
- Track & Field Athletics: February – April
- Volleyball: February – April

DANCES
(16+) Bust a move to your favorite hits! Our monthly dances feature a live DJ and light refreshments. Advanced, online registration required.

- SEPTEMBER "COUNTRY WESTERN DANCE"
  Sa 9/9  6-8pm  ADSC  $5(R)/$7(NR)  40846

- OCTOBER "MONSTER MASH DANCE"
  Sa 10/7  6-8pm  ADSC  $5(R)/$7(NR)  40827

- NOVEMBER "FALL FORMAL" DANCE
  Sa 11/4  6-8pm  CDS  $5(R)/$7(NR)  40846

- DECEMBER "HOLIDAY DANCE"
  Sa 12/2  6-8pm  ADSC  $5(R)/$7(NR)  40826
**TENNIS CENTER LOCATIONS**

**INDIAN SCHOOL PARK (ISPK)**
4829 N. Hayden Road
480-312-2740
ISPLeagues@ScottsdaleAZ.gov

**SCOTTSDALE RANCH PARK (SRPK)**
10400 E. Via Linda
480-312-7774
SRPLeagues@ScottsdaleAZ.gov

**FALL HOURS OF OPERATION**

| Sept. 4 – Nov. 26 | Mon. – Fri. ........ 7:30am – 9pm |
| Sat. – Sun. ........ 7:30am – 7pm |

*Subject to change. For most updated information, visit ScottsdaleAZ.gov, search “Tennis.”

**ADULT LESSONS & LEAGUES**

Complete tennis programs, activity numbers, instructors, locations and more are listed online at Recreation.ScottsdaleAZ.gov.

**TENNIS LESSONS**

- **Monday – Saturday lesson sessions**
  - Session 1 (6 weeks) – 9/11 to 10/21
  - Session 2 (6 weeks) – 10/30 to 12/16 (no activities 11/20-11/25)

**ADULT & SENIOR TENNIS LESSONS**

(18yrs+) Scottsdale tennis centers offer programs for all ability levels and ages. Lessons are offered using the USTA’s National Tennis Rating Program (NTRP). Rating levels are required and verified for all registrants, however adult beginners (Tennis 101 or 1.0-1.9) do not require a rating.

**ADULT TENNIS LEAGUES**

League levels offered begin at the 2.5 level and up to the 4.5 level. Men’s and women’s singles, men’s and women’s doubles, round-robin doubles, and mixed doubles are offered. Leagues are offered using the USTA’s National Tennis Rating Program (NTRP). Rating levels are required and verified for all registrants. NO MAKE-UPS permitted for tennis league matches (other than facility scheduled weather related make-ups).

**LESSON REGISTRATION DATES**

- **Monday**  7/24  8am  Residents
- **Tuesday**  7/25  8am  Non-Residents

**LEAGUE REGISTRATION INFORMATION**

Fall tennis leagues begin the week of 9/12

- Early registration period  7/24-8/13
- Late registration period  8/14-9/2

**RATINGS**

All participants must have an NTRP rating to register. Need a rating? Attend one of the FREE rating sessions offered at our tennis centers. Rating appointments take 20 min. Please call SRPK or ISPK for an appointment. For the tennis rating schedule, please visit ScottsdaleAZ.gov and search “Tennis.”

**DROP-IN PROGRAM**

No partner or registration required.

**SCOTTSDALE RANCH PARK TENNIS CENTER**

| Mixed Doubles  | M/F | 7:30am | (through 9/15) |
| Men’s & Women’s Doubles  | Tu/Th | 7:30am | (through 9/14) |
| 3.5+ Men’s & Women’s Doubles  | W | 7:30am | (through 9/13) |
| Mixed Doubles  | M/F | 12:30pm | (beginning 9/18) |
| Men’s & Women’s Doubles  | Tu/Th | 12:30pm | (beginning 9/19) |
| 3.5+ Men’s & Women’s Doubles  | W | 12:30pm | (beginning 9/20) |

$4 per person per visit (includes a can of balls per court)

**INDIAN SCHOOL PARK TENNIS CENTER**

| Doubles  | Tu/Th | 7:30am | (Sept – Oct) |
| Doubles  | Tu/Th | 9am | (Nov – Feb) |

$3 per person per visit

**JUNIOR TENNIS**

**JUNIOR TENNIS LESSONS**

(5-17yrs) Scottsdale tennis centers offer programs for all ability levels. Juniors are registered by age. SRPK offers the Net Generation program. Juniors are grouped by ability with the program ages of 5-10yrs, 9-12yrs, & 11-17yrs. At ISPK, juniors are grouped by age; 5-8yrs and 9-12yrs.

**JUNIOR MATCH PLAY**

(10-17yrs) Scottsdale Ranch Park offers junior match play designed to prepare players for tournament style play in a fun and social environment. Participants must be able to serve, rally and keep score. Registration is required.

**JUNIOR LESSONS**

**TENNIS LESSONS**

- **Session 1** (6 weeks) 9/11 to 10/21
- **Session 2** (6 weeks) 10/30 to 12/16 (no activities 11/20–11/25)

For a full list of tennis lessons, go to Recreation.ScottsdaleAZ.gov and search “Tennis.”
SENIOR CENTER
FITNESS FACILITIES
A variety of cardiovascular equipment, treadmills, bikes, elliptical, weight stations and free weights are available at each center.

GRANITE REEF SENIOR CENTER (GRSC)
1700 N. Granite Reef Road | 480-312-1700
Hours: M-Th: 8am - 8pm | Fri 8am - 5pm

VIA LINDA SENIOR CENTER (VLSC)
10440 E. Via Linda | 480-312-5810
Hours: M-Th 8am - 8pm | Fri 8am - 5pm

FITNESS CENTERS
A variety of cardiovascular equipment, treadmills, bikes, elliptical, weight stations and free weights are available at each center.

AQUATIC CENTER
FITNESS FACILITIES
Each fitness center includes a complete line of free weights, treadmills, bikes, elliptical and single station weight machines. No one under 14 is permitted in the Fitness Center at any time. Ages 14-17 must have a waiver signed by a parent or guardian.

CACTUS AQUATIC & FITNESS CENTER
7202 E. Cactus Road | 480-312-7665

ELDORADO AQUATIC & FITNESS CENTER
2301 N. Miller Road | 480-312-2484

MCDOWELL MOUNTAIN RANCH AQUATIC & FITNESS CENTER
15525 N. Thompson Peak Parkway | 480-312-6677

Fitness Center Fees:
Adult $4(R) / $6(N)
Youth $3(R) / $4(N)

Adult Swipe Cards:
10 visits $40(R) / $60(N)
30 visits $96(R) / $144(N)

Youth Swipe Cards:
10 visits $30(R) / $40(N)
30 visits $72(R) / $96(N)

Access to ScottsdaleAZ.gov – Resident registration begins July 24 / Non-resident begins July 25
Accessibility services may be available. See page 28 for details.
LEARN MORE ABOUT LIBRARY PROGRAMS AT SCOTTSDALELIBRARY.ORG OR CALL 480-312-READ (7323)

Calendar of Events

HOLIDAY CLOSURES
Monday, Sept. 4 ............................................ Labor Day
Monday, Oct. 9 ........................ Staff Development Day
Friday, Nov. 10 / Saturday, Nov. 11 ..... Veterans Day
Thursday, Nov. 23 / Friday, Nov. 24 ...... Thanksgiving
Monday, Dec. 25 ........................................... Christmas

CONTACT US
480-312-7323 (READ)
480-312-2133 (Español)

LIBRARY HELP LINE HOURS
Monday – Saturday ............................. 10 am – 5 pm
Sunday ............................................................. closed

Connect
ScottsdalePublicLibrary
@ScottsdalePublicLibrary
@ScottsdaleReads
ScottsdaleLibrary

Checkout Limits
We are a fine-free library!

NEW ITEMS CHECK OUT
DVDs 1 week
Books 2 weeks
CDs 3 weeks

MOST WANTED CHECK OUT
DVDs 3 days
Books & TV Series 14 days

EVERYTHING ELSE
3 weeks

LOCATIONS & HOURS
ScottsdaleLibrary.org/locations
480-312-READ (7323)
480-312-2133 (Español)

APPALOOSA – 7377 E. Silverstone Drive
ARABIAN – 10215 E. McDowell Mtn. Ranch Rd.
CIVIC CENTER – 3839 N. Drinkwater Blvd.
MUSTANG – 10101 N. 90th Street

BRANCH HOURS FOR ALL LOCATIONS
Monday – Thursday ............................... 10am – 7pm
Friday & Saturday ............................... 10am – 5pm
Sunday ............................................................. closed

DRIVE-THRU AND CURBSIDE HOURS
Monday – Thursday ............................... 10am – 6pm
Friday & Saturday ............................... 10am – 5pm
Sunday ............................................................. 1 – 5pm

PONY EXPRESS @ APPALOOSA HOURS
Monday – Saturday ............................. 8 – 10am
Sunday ............................................................. 8am – 1pm

PONY EXPRESS @ GRANITE REEF SENIOR CENTER
24/7 Hold Pickup

Most items are eligible to be auto-renewed. Details about your account can be found by logging into "MYACCOUNT" at ScottsdaleLibrary.org. You can also renew items in person at the library or by calling 480-312-7323.

= Space is limited / Pick up Ticket 30 mins before event
= Registration Required
*all programs subject to change

Register for these programs at SCOTTSDALELIBRARY.ORG or call 480-312-READ (7323)
YOUTH PROGRAMS

ANIMAL COMMUNITY HELPERS
(ages 0-5/30 min / space is limited) Join us for an exciting meet-and-greet with surprise 4-legged guests who help our community in unique ways! These programs are subject to change if our guests need to respond to an emergency.

Tu 10:30am 10/10 FREE Appaloosa
Th 10:30am 11/30 FREE Appaloosa

TOUCH-A-TRUCK!
(all ages / 45 min) Do your children love trucks and big machines? If so, join the Scottsdale Public Library and City of Scottsdale Fleet Services for a chance to get up close and learn about our trucks, ambulances, garbage trucks, and other city vehicles. Your children can interact and get their pictures taken with these awesome machines as well as learn about how these vehicles help support our Scottsdale community.

Th 10:30am 10/10 FREE Appaloosa

FIRE TRUCK
(all ages / 30 min) Bring the whole family to check out our fire truck and meet Scottsdale firefighters! This program is subject to change if our firefighters need to respond to an emergency.

Sa 10:30am 10/21 FREE Civic Center
Sa 10:30am 11/4 FREE Arabian

SCOTTSDALE FOR ALL STORYTIME
(ages 0-5 / 30 min / space is limited) Listen to stories and participate in fingerplays, music and rhyming activities designed to promote diversity, equity and inclusion.

Sa 10:30am 9/16, 10/21, 11/18 & 12/16 FREE Arabian

YOUTH STORYTIMES

BABY CUDDLES STORYTIME
(ages 0-24 months / 20 min / space is limited) This program develops babies' literacy and learning skills as they interact with their caregivers using songs, rhymes, movement and board books.

M 10:30am 9/11-12/11 FREE Appaloosa
Tu 10:30am 9/12-12/12 FREE Civic Center
Th 10:15 & 11am 9/14-12/14 FREE Arabian

BOOKS 2 BOOGIE
(ages 0-5 / 30 min / space is limited) Share the joy of playful learning together! Children and their caregivers participate in music, movement and song in this program that promotes bonding and highlights the natural rhythms in language.

Tu 10:30am 9/12-12/12 FREE Mustang
W 10:30am 9/13-12/13 FREE Appaloosa
Th 10:30am 9/14-12/14 FREE Civic Center
Sa 10:15am 9/16, 10/21, 11/18 & 12/16 FREE Arabian

FAMILY STORYTIME
(ages 0-5 / 30 min / space is limited) Listen to stories and participate in fingerplays, music and rhyming activities.

M 6:15pm 9/11-12/11 FREE Arabian
Sa 10:30am 9/16-12/16 FREE Appaloosa
Sa 10:30am 9/23, 10/21, 11/18 FREE Mustang
Sa 10:30am 10/14, 12/9 FREE Civic Center

TWOS & THREES TOGETHER
(ages 2-3 / 30 min / space is limited) This fun and interactive program uses short stories, fingerplays and action rhymes to engage children and develop their literacy and learning skills.

M 10:30am 9/11-12/11 FREE Civic Center
Tu 10:15 & 11am 9/12-12/12 FREE Arabian
W 10:30am 9/13-12/13 FREE Mustang

GOODNIGHT, YOGA
(ages 3-6 / 30 min / space is limited) Join us as we stretch, read and relax with some Yoga moves to help us get ready for bed. We will work on breathing techniques and explore books and movement together. Come in comfy clothes; or your PJs!

W 6pm 10/25 FREE Mustang

NIGHT, NIGHT STORYTIME
(ages 0-5 / 30 min / space is limited) Grab your stuffed animal and wear your favorite PJs for a night of bedtime stretches, positive affirmations, stories, and rhymes!

Th 6pm 9/7, 10/5, 11/9, 12/7 FREE Mustang

SCOTTSDALE FOR ALL STORYTIME
(ages 0-5 / 30 min / space is limited) Listen to stories and participate in fingerplays, music and rhyming activities designed to promote diversity, equity and inclusion.

Sa 10:30am 9/16 Little Libros FREE Civic Center

WINTER STORYTIME YOGA
(ages 3-6 / 30 min / space is limited) Come join us for our Winter Yoga program. We will be celebrating seasonal books with yoga stretches to wake up our bodies and minds! Please come in comfortable attire. Grown-ups, you will be doing yoga too!

Sa 10:30am 12/16 FREE Mustang

REGISTER FOR THESE PROGRAMS AT SCOTTSDALELIBRARY.ORG OR CALL 480-312-READ (7323)

= Space is limited / Pick up Ticket 30 mins before event  ✔️ = Registration Required  *all programs subject to change
**HALLOWEEN FAMILY FUN!**
(ages 0-8 / 45 min) Calling all ghosts, goblins, and other costumed characters! Stop by the library for family-friendly games and activities to celebrate the spooky season.

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**LIBRARY SNEAK PEEK**
(ages 0-5 / 30 min) Have you ever wondered how a library works? Join us for a special behind-the-scenes tour of Appaloosa Library!

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**CHALK THE WALK**
(ages 6 and up / 45 min) Join us as we make the sidewalk leading to the library beautiful! Participants will be given their own sidewalk canvas square and chalk to create community artwork.

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**SLIMEOLOGY**
(ages 6 and up / 45 min) Slime is defined as a moist, soft, and slippery substance, typically regarded as repulsive…basically a guaranteed blast! Join us as we explore the science of slime.

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**SPIROGRAPHS**
(ages 6 and up / 45 min) Create your own spirographs to take home using recycled materials. Explore some of the basic math terminology behind these mesmerizing artistic creations.

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**BOO BUBBLES**
(ages 6 and up / 30 min) Create fog-filled bubbles you can bounce in your hand.

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**Calm Jars**
(ages 6 and up / 45 min) Find your inner zen as we make glitter jars that help promote peace and a sense of calm. Everyone will leave with their own calming jar.

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**ARIZONA BIRDS OF PREY**
(ages 6 and up / 45 min) Come and meet some amazing birds of prey that are native to Arizona. Presenters from Liberty Wildlife will teach us about the history, habitat, preservation and safety of each animal.

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**3D Printers**
(ages 6 and up / 45 min) Learn about four different models of 3D printers in action and talk about how they work and the technological process. Participants will build a snap together 3D model to take with them.

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**Catapult Creator**
(ages 6 and up / 60 min) Create your own mini catapult and use snowballs (marshmallows) to knock down the yeti’s walls!

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YOUTH [0-12 YEARS]

Books Can…©

(ages 0-4 / 45 min / 6-week series) Books Can…© is a unique program based on Arizona’s Infant & Toddler Guidelines and Arizona’s Early Learning Standards that uses popular picture books, rhymes, songs and interactive activities to promote children’s social and emotional development. Registrants are expected to attend all six weeks.

- **STAY AND PLAY**
  - (ages 0-5 / 90 min / 6-week series / space is limited) This six-week series of play-based learning is for children up to 5 years old and their parents/caregivers. Your child will have opportunities to explore, create, and investigate this intentional play-based environment. Each session will also feature local resource professionals who address a variety of early childhood topics.

- **STEP UP TO LEARNING**
  - (ages 3-5 / 45 min / 6-week series / limit 15 children) This six-week series is designed to focus on children’s approaches to learning, both socially and academically. Each session uses books, songs and parent/child interactions to help develop one of the most important domains in child development – how to learn. Registrants are expected to attend all six weeks.

- **FUN WITH MATH AND SCIENCE ©**
  - (ages 3-5 / 45-60 min / 6-week series / limit 18 children) Join us as we explore math and science concepts in an interactive, playful way! Based on the Arizona Early Learning Standards for Math and Science, this six-week course explores concepts and introduces strategies you can use with your child to help build and strengthen their mathematical and scientific thinking skills. Registrants are expected to attend all six weeks.

- **LITTLEST SCIENTISTS**
  - (ages 2-5 / 90 min) Think like a scientist while engaging in playful exploration! Each day of the program brings new and exciting challenges for growing minds.


TWEEN & TEEN [10-18 YEARS]

#BANNEDBOOKSWEEK

OCTOBER 1-7

Let Freedom Read

TWEEN & TEEN PROGRAMS

- **BUTTON MAKING**
  - (ages 10-18 / 30 min) Make an eye-catching, funny or beautiful button.

- **ANIME WORKSHOP**
  - (ages 10-18 / 60 min) Enjoy a free anime workshop presented by Scottsdale Artists’ School. All materials provided.

- **LIBRARY CREATIVES WORKSHOP: ANTHOTYPES - PHOTOGRAPHY WITH EDIBLE PLANTS**
  - (ages 12-18 / 3 hrs) Using edible plants such as spinach, blueberries or beets, photographer and Kids in Focus mentor, Jimmy Fike, is going to teach how to create photosensitive prints with natural materials. Bring your favorite flowers or plant clippings to create a composition for a colorful print using sunlight!

- **SHRINKY DINK SHOELACES**
  - (ages 12-18 / 60 min) Take your own art and make it into personalized shoelace charms!

- **MONSTER MASH**
  - (ages 12-18 / 90 min) Get your fright on while we watch a scary movie and enjoy some monster munchies.

- **PRINT MAKING**
  - (ages 12-18 / 45 min) Learn the art of block printing and design your own carving to take home.

- **TEEN TERRARIUMS**
  - (ages 12-18 / 60 min) Come make a desktop terrarium to decorate your space. Pick mini succulents or seeds and add a painted rock you create.
**HOLIDAY GIFT CRAFT**
(ages 10-18 / 45 min) Make a gift to give to family or friend or to keep for yourself.

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**KNIT IT!**
(ages 12-18 / 2 hrs / space is limited) Try your hand at loom-knitting a new winter hat. Supplies provided or bring your favorite yarn. Please register to save your spot for this three-day workshop.

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**TWEEN SCOTTSDALE ARTISTS’ SCHOOL PROGRAMS**
(ages 8-12 / 75 min / space is limited) Local artists from Scottsdale Artist School will lead you in exploring different mediums related to unique themes.

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<td>Fashion Illustration</td>
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<td>Chalk Art</td>
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**KNOWASIS SCOTTSDALE ARTISTS’ SCHOOL PROGRAMS**
(ages 12-18 / 75 min / space is limited) Local artists from Scottsdale Artist School will lead you in exploring different mediums related to fun themes.

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<td>Chalk Art</td>
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**KNOWASIS WRITING CLUB**
(ages 12-18 / 60 min) Whether you’re working on college essays or creative projects, this writing club is for you! Bring your works in progress, your assignments, or just your imagination to this space of support and feedback.

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**KNOWASIS DEBATE CLUB**
(ages 12-18 / 60 min) Do you like to argue or wish you could be better at it? Come and improve your public speaking and logic skills while we debate hot topics in current events, ethics, culture, and politics!

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**KNOWASIS HOLIDAY GIFT CRAFT**
(ages 12-18 / 45 min) Make a gift to give to family or friend or to keep for yourself.

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Comics Plus is for everyone! Kids, teens, and adults will find their favorite graphic novels, digital comics, and manga from around the world. Visual reading from around the world makes it a special place to read old favorites and find new ones. Use the Library Pass app for always available titles that can be streamed or downloaded and binge to your heart's content.

*Learn more about all the great digital reading options at our Virtual Branch.*

**TEEN ADVISORY BOARD (TAB)**
Teen Advisory Board volunteers meet monthly to focus on what the library can do for teens by brainstorming teen programs and collections. TAB members receive service hours credit for meetings and projects.

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Register for these programs at scottsdalelibrary.org or call 480-312-READ (7323)

= Space is limited / Pick up Ticket 30 mins before event  ✓ = Registration Required  *all programs subject to change
ADULT PROGRAMS

SNAP CIRCUIT ROVERS
Would you like to play with simple circuits and make rovers roam around? Now’s your chance to have some easy fun creating your own circuit and making a rover perform using remote control. No science background needed!

W 1pm 9/6 FREE Appaloosa

BRILLIANT BIRDS
Join local instructor Cindy Marple as she examines three different families of birds. We will explore the unique characteristics of each family. Registration encouraged but not required.

Th 4pm 9/21 Birds of Prey FREE Civic Center
Th 4pm 10/12 Hummingbirds FREE Civic Center
Th 4pm 12/28 Penguins FREE Civic Center

CYBER SECURITY WITH SPD
The Scottsdale Police Department will discuss the importance of cyber security in the Scottsdale community. Learn about common threats, scams, and tactics to keep your information safe.

Tu 1pm 9/26 FREE Arabian

ALL ABOUT ARIZONA

A TALK ABOUT A WALK: READING THE DESERT LANDSCAPE
Take a virtual walk through the desert and learn to identify and understand patterns in nature that can be applied to your backyard. Learn about how desert plants survive, water movement, general plant selection tips, and ways to enhance your next hiking adventure. Following the program, attendees will be invited to check out seed packets from Appaloosa’s pop-up Seed Library while supplies last.

Th 1pm 9/7 FREE Appaloosa

MCDOWELL SONORAN CONSERVANCY
Explore the flora, fauna, geology, and human history of the Sonoran Desert presented by gifted and knowledgeable instructors from the McDowell Sonoran Conservancy. Talks feature a variety of topics such as pollinators, wildlife, and native and invasive plants. For topics and full details, please visit our online calendar.

Sa 2pm 9/9, 9/26 FREE Mustang
Tu 5:30pm 9/26, 10/24, 11/28 FREE Mustang
Tu 5pm 10/3, 11/14, 12/5 FREE Mustang

GET OUT AND EXPLORE YOUR NATIONAL PARK UNITS IN ARIZONA
Join guest presenters Darryl and Kathleen Toupkin to learn about the National Parks in Arizona and the many ways to enjoy them. These self-avowed national park lovers have visited all of America’s National Parks and National Park Units (wild & scenic rivers, national monuments, battlefields and more).

W 5:30pm 10/18 FREE Appaloosa

IS THE LIBRARY HAUNTED?
Sonoran Paranormal Investigations, Inc. discusses the scientific methods used to investigate paranormal activity and why they consider the Scottsdale Public libraries to be haunted.

Sa 1pm 10/28 FREE Arabian

HOMETOWN HAPPY HOUR SERIES
Here’s a chance to gain some insight into the arts, history, and culture of Scottsdale, your hometown. Please see our online calendar for more details about each program. Presentations begin at 5:30pm but stop in a few minutes early to enjoy light snacks and a cool beverage.

A ROUNDTABLE ON SCOTTSDALE ARCHITECTURE

Th 5:30pm 9/14 FREE Civic Center

THUNDERBIRD FIELDS: HOLLYWOOD’S FOUR WORLD WAR II PILOT TRAINING BASES IN METRO PHOENIX
Through photos and stories presented by community historian Joan Fudala, learn how a bit of Hollywood glamour and gumption helped thousands of U.S. and allied military pilots earn their wings in Scottsdale, Mesa, Phoenix and Glendale, 1941-1945. The four ‘Thunderbird Fields’ not only contributed to the war effort, but established the sites as key post-war aviation, education and employment centers.

M 5:30pm 12/11 FREE Mustang

LIFE AND WELL BEING

HOW TO ADULT
Navigating the adult world can be difficult. Join us each month to learn a variety of skills to help you be the best adult possible!

W 5:30pm 9/13, 10/4, 11/1 FREE Arabian

COFFEE AND CONVERSATION
Talk about topics that build unity and foster community. Program intended to assist people experiencing homelessness but open to all library patrons. Free coffee and refreshments provided.

W 10:30am 9/13, 10/11, 11/8, 12/13 FREE Civic Center

REGISTER FOR THESE PROGRAMS AT SCOTTSDALELIBRARY.ORG OR CALL 480-312-READ (7323)
= Space is limited / Pick up Ticket 30 mins before event  = Registration Required  = all programs subject to change
**ADULT (18+ YEARS)**

### A MATTER OF BALANCE
This evidenced based, award-winning program is designed to help older adults reduce the fear of falling and increase physical activity. The 8-week workshop will benefit anyone concerned about falling, who has had a fall in the past or restricted their activities due to the fear of falling.

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### DIABETES EMPOWERMENT EDUCATION PROGRAM (DEEP)
This education curriculum is designed to help people with pre-diabetes and diabetes, their relatives and caregivers gain a better understanding of diabetes self-care. This is a 6-week workshop with no class the week of Thanksgiving.

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### COMING UP CLOSE TO HOMELESSNESS
Explore how public perceptions affect those experiencing homelessness while encouraging a message of empathy and connection in this touching, personal and lively program. Cultural anthropologist Cathy Small and Ross Moore, a veteran experiencing homelessness, share their story that led to a co-authored book, “The Man in the Dog Park: Coming Up Close to Homelessness”. Participants will watch a short, animated documentary with poignant vignettes taken from their book. Discussion and Q&A will follow.

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### WRITING

**November is National Novel Writing Month (NaNoWriMo)**
Make November 2023 the month you write your novel—or any other writing you want to explore! Check our online calendar for writing workshops all through November.

### CIVIC CENTER WRITERS’ GROUP
Join us each month for a staff-lead informal writers’ group. We will investigate different aspects of craft in both poetry and fiction, explore writing prompts, share work if comfortable, and give constructive feedback. Patrons are encouraged to bring copies of what they are working on if they wish to share for feedback. All experience levels welcome. Registration encouraged but not required.

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**POETRY WORKSHOP WITH AUSTIN DAVIS**
Austin Davis, local poet and activist, will lead two poetry workshops. Austin is an alumnus from Arizona State University’s Creative Writing program and the author of Lotus & The Apocalypse and Compulsive Swim. Additionally, he is the Community Outreach Organizer for AZ Hugs for the Houseless. His work explores mental health, addiction, and activism in the community. All experience levels are welcome.

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<tr>
<td>Th</td>
<td>4pm</td>
<td>11/16</td>
<td>Civic Center</td>
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### SUNSHINE JOURNALING WRITING WORKSHOP
Manifest your best through journaling! Join us and learn techniques on how to journal effectively, create action plans, and discover what it is that truly makes you happy.

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<td>W</td>
<td>1pm</td>
<td>11/15</td>
<td>FREE Appaloosa</td>
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### ARTS AND CRAFTS

#### SCOTTSDALE ARTISTS’ SCHOOL FALL PROGRAMS
Explore different mediums each month during a free art workshop presented by Scottsdale Artists’ School. All materials provided.

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<tbody>
<tr>
<td>Sa</td>
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<td>9/9</td>
<td>Mustang</td>
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<td>Sa</td>
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Interested in crafting, but unsure of where to begin? Sample a different type of craft each month at Curious Crafter. Supplies are provided and no previous crafting experience is needed.

**Curious Crafter @ Appaloosa**

<table>
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<tr>
<th>Workshop</th>
<th>Day</th>
<th>Time</th>
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<th>Location</th>
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<tbody>
<tr>
<td>Cork Coaster Painting</td>
<td>Tu</td>
<td>5pm</td>
<td>9/12</td>
<td>FREE Arabian</td>
</tr>
<tr>
<td>Upcycled Books</td>
<td>Tu</td>
<td>5pm</td>
<td>10/10</td>
<td>FREE Arabian</td>
</tr>
<tr>
<td>Tray Painting</td>
<td>Tu</td>
<td>5pm</td>
<td>11/14</td>
<td>FREE Arabian</td>
</tr>
<tr>
<td>Frosted Snow Luminaries</td>
<td>Tu</td>
<td>5pm</td>
<td>12/12</td>
<td>FREE Arabian</td>
</tr>
<tr>
<td>Paper Bead Necklace</td>
<td>W</td>
<td>1pm</td>
<td>12/6</td>
<td>FREE Appaloosa</td>
</tr>
<tr>
<td>Old Sweater Pincushion</td>
<td>W</td>
<td>4pm</td>
<td>10/4</td>
<td>FREE Civic Center</td>
</tr>
<tr>
<td>Cardboard Weaving</td>
<td>W</td>
<td>4pm</td>
<td>11/8</td>
<td>FREE Civic Center</td>
</tr>
<tr>
<td>Paper Bag Snowflakes</td>
<td>M</td>
<td>4pm</td>
<td>12/4</td>
<td>FREE Mustang</td>
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**Curious Crafter @ Arabian**

**Curious Crafter @ Civic Center**

**Curious Crafter @ Mustang**

Check out our Adult activities offered through Scottsdale Parks and Recreation! See pg. 12 for more information!
LIBRARY + PUBLIC ART EXHIBITION

HOME-ING: JUDITH ANN MILLER AND DAVID DAUNCEY
Judith Ann Miller is a fifth-generation Arizonan from a family of migrant farmers and ranch workers. David Dauncey is a seventh-generation Brit from Bromsgrove, England. These full-time artists have made a home together here in Arizona for nearly 30 years and are considering relocating to Europe. Each of these artists references their personal and long ancestral histories in the work they produce. How will a continental change of residence affect what their artwork says and looks like?

October 9 - December 31, 2023  Civic Center Public Gallery

HOME-ING OPENING RECEPTION
Join us for an opening reception for the HOME-ING exhibit.
Th 4pm 10/12 FREE Civic Center

LIBRARY CREATIVES WORKSHOP

☐ PIECES OF HOME: A CONVERSATION WITH ARTIST COUPLE JUDITH ANN MILLER AND DAVID DAUNCEY
Originating from two different parts of the world and finding home in each other, HOME-ING artists Judith Ann Miller and David Dauncey reflect on their disparate places of birth and explore where they connect and overlap. Join the artist couple as they discuss their art-making practice and begin to embark on their next adventure.
W 5pm 10/18 FREE Civic Center

☐ GEL PLATE PRINTMAKING WITH HOME-ING ARTISTS
Participate in this hands-on workshop with HOME-ING artists Judith Ann Miller and David Dauncey as they teach about a printmaking process using gel plates. Participants should come prepared with 2-3 family images that will be collaged; all other materials provided.
Th 4:30pm 11/2 FREE Civic Center

☐ KEEPESAKE BOXES WITH ARTIST JUDITH ANN MILLER
No matter where we go in life, we all try to keep bits and pieces of home with us that we carry on to the next destination or generation. Rather than collect these invaluable items in a dusty shoe box, turn them into assemblage art that can be put on display or gifted to a loved one. Participants should come prepared with 3-5 small objects or images that can be altered or glued; all other materials provided.
W 4:30pm 12/6 FREE Civic Center

Stream films from every genre, for every mood, and from around the world with Kanopy. Criterion Collections, comedies, cult classics, kid’s PBS, documentaries, BBC series, and so much more are available freely with your library card. Films can be streamed on computers, mobile devices and most smart TVs. There is so much to experience through your library’s Virtual Branch.

FILM

Visit our online calendar for full details on film titles or call 480-312-READ (7323).

MUSTANG FILM SERIES
See recent releases, familiar favorites, or avant-garde art.
Tu 1:30pm 9/5-12/26 (no movie on 10/31) FREE Mustang

THE NEW FILM ON THE BLOCK FILM SERIES
Join us as we show recent and popular releases.
M 3pm 9/11, 10/2, 11/6, 12/4 FREE Civic Center

ITALIAN FILM SERIES
Dive deep into Italian film history with Arizona State University lecturer Enrico Minardi. Two films will be shown in each session that display the mastery of Italian filmmaking, with genres ranging from the iconic Neorealism to the country’s imitable horror offerings.
Sa 12pm 9/16, 10/14, 11/18, 12/16 FREE Civic Center

CLASSICS THROUGH THE DECADES FILM SERIES
Join us for a journey through the 60s, 70s, 80s, and 90s in this series of classic films.
M 3pm 9/18, 10/16, 11/20, 12/18 FREE Civic Center

THE NEW HOLLYWOOD, 1967 TO 1977
This free 8-session class will show a series of original, creative films from the Hollywood renaissance. Presenter Tom Samp will take participants through a look at how filmmaking evolved after relaxed censorship and rating systems gave filmmakers freedom to explore new subject matter and styles of cinematic expression. Discussions and screenings each week. All films are recommended for mature audiences.
Th 3pm 9/21-11/9 FREE Mustang

ARIZONA GOES TO THE MOVIES: A FILMMAKING HISTORY
The state of Arizona has always been a photogenic favorite for movie producers. From “Real to Reel,” see how Hollywood has affected popular views of Western settlement and continues to impact social interactions. This program presents information about the plots, players, and behind-the-scenes anecdotes in this history of Arizona-filmed movies. Presented by author and historian Jim Turner.
Sa 3pm 10/7 FREE Civic Center

JAPANESE FILM FESTIVAL
Immerse yourself in Japanese culture with showings of both anime and live action films during these two days of Japanese film.
F 11am 11/3 FREE Mustang
Sa 11am 11/4 FREE Mustang
MONEY MATTERS

CURRENT REAL ESTATE TRENDS
What are the latest real estate trends? Is it a buyer’s or seller’s market? Should I buy or rent? Are VRBO’s a good investment? Please join Realtor® Ulises M. Sandoval for this presentation and discussion to help get you informed about today’s real estate market. Seating is limited to the first 25 patrons.

Sa 12pm 9/2 FREE Mustang

HOW TO AVOID THE TOP FIVE MEDICARE MISTAKES
This seminar covers the different parts of Medicare, how and when to enroll, and how to avoid enrollment penalties. You will also learn the key characteristics of Medicare Supplements and Medicare Advantage Plans and how they differ.

Tu 1pm 9/19 FREE Appaloosa
Tu 1pm 11/7 FREE Appaloosa

THINGS YOU NEED TO KNOW TO BUY A HOME
Buying a home is both exciting and scary, especially if it is your first home. It marks a major financial commitment and powerful investment in your future. Where do you start? How do you approach it realistically without feeling overwhelmed? Jack Young, a certified real estate agent, will cover topics from determine the home you can afford to finding that home without breaking the bank.

Sa 10:30am 9/23 FREE Civic Center

FINANCIAL PLANNING
Are you prepared? Join Lisa Dickholtz, CFP, Member of FINRA/SIPC and advisory services through Security America Advisors, INC, for a frank conversation to ensure you have a strong foundation to survive today’s unpredictable financial environment.

T 5:30pm 9/26 FREE Arabian

WOMEN & WEALTH
Learn about the six steps women can take to help them pursue financial security, including taking control of their money, becoming more knowledgeable investors, advocating for themselves in the workplace, planning for retirement, protecting their income and assets, and creating an estate plan.

Th 1pm 10/5 FREE Appaloosa

ESTATE PLANNING
This seminar covers wills, trusts, life insurance, and why you need an estate plan. Learn key tax basics, including an overview of the federal gift tax, estate tax, and generation-skipping transfer tax.

Th 1pm 12/7 FREE Appaloosa

FINANCIAL AWARENESS
Programs are presented without bias or sales by trusted professionals with non-profit, Foundation for Personal Financial Education. Online and in-person sessions for your convenience.

How Investing Changes in Retirement

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Finding Unbiased Financial Advice

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Understanding Required Minimum Distributions

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Financial Planning for Volatile Markets

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CR Consumer Reports

Holiday shopping is fast approaching! Shop with confidence using the gold standard, Consumer Reports. With just your library card get full access to Consumer Reports ratings, articles, and their complete archive. Make purchases big and small with all the information you need to do smart shopping.

Check it out along with our other magazine and newspaper options at Magazines & Newspapers.
ESOL (ENGLISH FOR SPEAKERS OF OTHER LANGUAGES)
Learning English as a second or third language can be tough, so the library is here to help. Classes are offered at several skill levels at multiple locations.

BEGINNING CONVERSATION CLASS
- Tu 10:30am 9/12-12/12 FREE Mustang

INTERMEDIATE CONVERSATION CLASS
- M 10:30am 9/11-12/11 FREE Mustang
- Th 3:30pm 9/14-12/14 FREE Appaloosa
- Th 4pm 9/14-12/14 FREE Arabian

BASIC GRAMMAR CLASS
- W 11:30am 9/13-12/13 FREE Mustang

ADVANCED CONVERSATION & MORE!
- W 5pm 9/13-12/13 FREE Civic Center
- F 10:30am 9/15-12/15 FREE Mustang

DISCOVERY OF AMERICAN CULTURE AND CONVERSATION
- Th 10:30am 9/14-12/14 FREE Civic Center

COMPUTER CLASSES
ASK THE EXPERTS
Get free help with your computer, tablet, or smart phone from the Library Computer Learning Group’s team of volunteers. Bring your device and any associated passwords for a 15-30 minute consultation. Help will be first come, first served. Please visit our online calendar for dates, times, and locations.

DROP-IN EMEDIA SESSION
Drop-in help using the library’s eMedia digital services, get one-on-one help with your eReader or other mobile devices to access ebooks, audiobooks, music, streaming films, magazines, newspapers, and kid’s read-a-longs. For patrons already comfortable navigating their devices, and ready to use our virtual services.

WORD 1
Learn fonts, text entry, formatting, the use of Undo/Redo, Find/Replace, Bullets/Numbering, and Copy/Paste. Taught using Word 2016, but techniques learned work with earlier versions. Basic computer and mouse skills required.

WORD 2
Learn to make envelopes and labels for mailings, how to create and format tables, and much more. This course is taught using Word 2016, but techniques learned work with earlier versions. Basic computer and mouse skills required.

PHOTO BOOKS
Use Shutterfly (available free online) to create photobooks. Learn how to add captions, text, and embellishments, use themes and templates, make your own layouts, create special keepsakes, and share family history and photos. Computer and mouse skills required.

CAREER CLASSES
Learn to navigate the current job market with new skills and effective strategies. Programs provided by City of Scottsdale Career Services.

INTERVIEW TECHNIQUES
Learn the latest interview techniques and how to answer interview questions confidently and effectively.

FALL CAREER FAIR
Mark your calendar and join the Fall Career Fair! Meet local employers hiring for the season and beyond. Employers from various industries will be onsite, ready to hire. Walk-ins are welcome but RSVPs are encouraged. Email VistaCareerCenter@ScottsdaleAZ.gov to RSVP. For a list of employers, go to: ScottsdaleAZ.gov, search Career.

THE BACK TO WORKSHOP
Learn strategies to prepare for the current job market: prepping resumes, submitting online applications, handling digital interviews, and more.

Meet with a skilled Career Coach for guidance on your career journey! See pg. 50 for more information!
**FILE MANAGEMENT**
Provide basic definitions, an overview of how files and folders are organized and strategies and how-to tips.

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<td>Mustang</td>
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**COMPUTER FUNDAMENTALS 1**
Are you a computer novice who has a computer or access to one? Would you like to learn more? Learn to identify the main parts of the Windows operating system and use of the mouse and keyboard. This course is taught in the Windows 10 environment.

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<tbody>
<tr>
<td>M&amp;W</td>
<td>1:30pm</td>
<td>10/16-10/25 (4 classes)</td>
<td>FREE</td>
<td>Civic Center</td>
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**IPHONE/IPAD**
Learn the basics of operating and getting the most out of your iPad by installing and managing apps, contacts, browsing with Safari, sending mail and messages, personalizing your device using settings and security.

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<tbody>
<tr>
<td>T&amp;Th</td>
<td>10:30am</td>
<td>10/24 &amp; 10/26 (2 classes)</td>
<td>FREE</td>
<td>Arabian</td>
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**COMPUTER FUNDAMENTALS 2**

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<tbody>
<tr>
<td>T&amp;Th</td>
<td>1:30pm</td>
<td>11/7-11/16 (4 classes)</td>
<td>FREE</td>
<td>Civic Center</td>
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**BACKING UP YOUR DATA**
Learn the best techniques to back up your digital information, including photos, music, videos, documents, and downloads from your PC, phone and tablet. This course covers the use of external hard drives, flash drives and various cloud services.

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<td>5pm</td>
<td>11/27</td>
<td>FREE</td>
<td>Arabian</td>
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**EXCEL**
Learn basic spreadsheet functions, enter & format numbers, insert rows/columns, simple formulas, hide/un-hide sheets/rows and columns, and freeze panes, etc. This course is taught using Excel 2016, but techniques learned are applicable with earlier versions. Basic computer and mouse skills required.

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<td>11/27 &amp; 11/29 (2 classes)</td>
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**PROTECT YOUR DIGITAL LIFE**
Be safer in today’s digital world. Topics include how to detect bad websites, recognize email scams, and create strong passwords. This course is taught in the Windows environment and covers secure use of Smart TV and other devices such as Echo Dot.

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<td>11/30</td>
<td>FREE</td>
<td>Mustang</td>
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**GOOGLE SEARCH AND APPS**
Search the web like a pro. Learn how to use Google maps, Google Earth, and a wealth of free apps to help create documents, spreadsheets, translate foreign language, store data and images in the Cloud. Bring Google email and password to class.

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<tbody>
<tr>
<td>M</td>
<td>2pm</td>
<td>12/4 &amp; 12/11 (2 classes)</td>
<td>FREE</td>
<td>Civic Center</td>
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**POWERPOINT**
Learn the basic skills for creating great presentations. You will see how to use consistent formatting, insert objects (tables, pictures), and ensure proper timing of slide transitions and animations.

Basic MS Word understanding is a pre-requisite.

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**WI-FI**
Learn about Wi-Fi, what it can do, and many of its uses in the home with a particular emphasis on entertainment applications.

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REGISTER FOR THESE PROGRAMS AT SCOTTSDALELIBRARY.ORG OR CALL 480-312-READ (7323)

* = Space is limited / Pick up Ticket 30 mins before event  ✔ = Registration Required  *all programs subject to change
DISCUSSION GROUPS

ARABIAN NIGHTS BOOK DISCUSSION
Join us for an informal discussion.
Meets Tuesdays at Arabian Library at 5pm
9/5 - Sing, Unburied, Sing by Jesmyn Ward
10/3 - Klara and the Sun by Kazuo Ishiguro
11/7 - Undaunted Courage by Stephen Ambrose
12/5 - Tomorrow and Tomorrow and Tomorrow by Gabrielle Zevin

STAFF PICKS BOOK DISCUSSION
Join us each month for a lively conversation centered on titles selected by staff within a variety of genres.
Meets Mondays at Mustang at 5 pm
9/25 - Between Shades of Gray by Ruta Sepetys
10/23 - Homegoing by Yaa Gyasi
11/20 - A Thousand Splendid Suns by Khaled Hosseini
12/18 – Lady Tan's Circle of Women by Lisa See
Meets Tuesdays at Appaloosa Library at 1 pm
9/12 - Such a Fun Age by Kiley Reid
10/10 - Killers of a Certain Age by Deanna Raybourn
11/14 - Lie with Me by Philippe Besson
Meets Wednesdays at Civic Center at 1 pm
9/20 - Fever Dream by Samanta Schweblin
10/18 - Sapiens: A Brief History of Humankind by Yuval Noah Harari
11/15 - Recursion by Blake Crouch
12/20 - The Great Believers by Rebecca Makkai

SCOTTSDALE BAKES
Scottsdale Bakes is an informal virtual baking club. We will discuss your favorite cookbooks, recipes, and any tips and tricks you may have regarding baking savory or sweet. Register to receive a link to the virtual meeting.
Meets Fridays online at 10:30am
9/22 - Surprising Ingredients
10/20 - Retro Bakes
11/17 - Thanksgiving Appetizers or Sides
12/15 - Family Favorites

ARABIAN PODCAST CLUB
It’s like a book club, but for podcast lovers! Each month we will listen to a list of podcast episodes on a certain theme and then meet to discuss them. Register to receive a list of episodes to discuss.
W 5:30pm 9/27, 10/25, 12/27 FREE Arabian

BRING YOUR OWN BOOK CLUB
Join us for an informal conversation and discuss what you are currently reading, watching, and listening to.
Tu 1pm 12/12 FREE Appaloosa
**Come join us!**

The Scottsdale senior centers are free and open to the public, with no membership or residency requirements. Adults ages 18 and older are welcome, though most programs are geared towards the 50+ community.

**HOLIDAY CLOSURES**
- Labor Day: Monday, Sept. 4
- Veteran’s Day: Friday, Nov. 10
- Thanksgiving: Thursday, Nov. 23
- Christmas: Saturday, Dec 23

**LOCATIONS**
- **GRANITE REEF SENIOR CENTER**
  - 1700 N. Granite Reef Road
  - Scottsdale, AZ 85257
  - 480-312-1700
- **VIA LINDA SENIOR CENTER**
  - 10440 E. Via Linda
  - Scottsdale, AZ 85258
  - 480-312-5810

**HOURS**
- Mon - Thurs........8 am-8 pm
- Friday................8 am-5 pm
- Saturday.............8 am-Noon
- Sunday .................... closed
General Information

FACILITY RESERVATIONS
The senior centers offer a range of rooms and outdoor spaces that accommodate anywhere from eight to 300+ people. Facility reservations are available Monday through Saturday.

FITNESS CENTERS
The senior centers offer state-of-the-art fitness with an extensive variety of exercise equipment that include treadmills, ellipticals, stationary bikes, cardio equipment, and free weights.

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<tr>
<th>Fitness Center Closed for Senior Strength Training Classes</th>
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<td>Monday &amp; Wednesday</td>
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DAILY DROP-IN $3(R) / $5(NR) | 1 Month $15(R) / $25(NR) | 3 Month $40(R) / $60(NR) | Annual $130(R) / $195(NR)

LUNCH PROGRAM
Delicious and nutritious lunches are served at both Centers!
To participate in our lunch program, please call to make a lunch reservation. Monthly menus can be provided.

| M-F | 11:30 am | $4 ages 50+ / $6 under 50 years old | GRSC |
| Tu & Th | 11:30 am | $4 ages 50+ / $6 under 50 years old | VLSC |

SOCIAL WORKERS
The senior centers provide social services to seniors, adults with disabilities, and their families. Master level social workers are available by appointment Monday through Friday from 8am-5pm to provide support, education, and resources – free of charge.

Events

FALL LUAU
Please join us for some fun in the sun! Enjoy delicious food, entertainment and socialization friends. Doors open at noon.

| F | noon | 9/22 | FREE | GRSC 40546 |

OKTOBERFEST
Oktoberfest is the world’s largest Volksfest. Come enjoy some German food, root beer and socialization. Doors open at noon.

| Th | noon | 10/19 | $7(R)/$10(NR) | VLSC | 40870 |

MAH JONGG PARTY FRIENDLY TOURNAMENT
Come meet and play with new friends. Refreshments, raffle & place prizes.

| Sa | 12:30 pm | 10/14 | $30 per person | VLSC | 39299 |

BALLROOM DANCE NIGHT
Come and dance the night away. Dance instruction, Live Music, and refreshments.

| M | 6-8 pm | 10/23 | $10 | VLSC | 40551 |

THANKSGIVING LUNCHEON
Thanksgiving is the time to gather with friends, families, and community. This year we have planned one BIG Thanksgiving Luncheon for both senior centers. Please join us for a delicious traditional Thanksgiving meal, entertainment, raffle prizes and fellowship! Free transportation from Via Linda Senior Center leaving at 11 a.m.

| F | Doors open at noon | 11/17 | $7(R)/$10(NR) | GRSC | 40830 |

HOLIDAY ART SHOW
Come see all the artwork form Leisure Education Students. Free event, refreshments & live music.

| F | 6-8 pm | 12/8 | FREE | VLSC | N/A |

DECK THE HALLS HOLIDAY LUNCHEON
Deck the halls at the Granite Reef Senior Center’s annual holiday luncheon! Participate in fun activities, pose for a photo with Santa and enjoy a traditional holiday meal. Doors open at noon.

| F | noon | 12/15 | $7(R)/$10(NR) | GRSC | 40834 |

MATTER OF BALANCE
A.T Stills University created this eight-week program is designed to manage falls and increase activity levels. Set goals for increasing activity, reduce fall risks at home and promote exercise to increase strength and balance. 75% of the class is lecture & 25% exercise.

| F | 1:30pm | 9/1 | FREE | GRSC 40887 |
| F | 1:30pm | 9/1 | FREE | VLSC 40878 |

Educational Presentations

HOME CARE, PRESENTED BY COMFORCARE

| Tu | 11 am | 9/12 | FREE | VLSC |
| W | 1 pm | 9/20 | FREE | GRSC |

FALLS PREVENTION, PRESENTED BY A.T. STILLS UNIVERSITY

| Tu | 11 am | 10/10 | FREE | VLSC |
| W | 1 pm | 10/18 | FREE | GRSC |

LIBRARY RESOURCES, PRESENTED BY SCOTTSDALE LIBRARIES

| Tu | 11 am | 11/14 | FREE | VLSC |
| W | 1 pm | 11/15 | FREE | GRSC |

AVOIDING SCAMS & FRAUD, PRESENTED BY AZ ATTORNEY GENERAL’S OFFICE

| Tu | 11 am | 12/12 | FREE | VLSC |
| W | 1 pm | 12/13 | FREE | GRSC |

REGISTER FOR CLASSES AT RECREATION.SCOTTSDALEAZ.GOV
TO LEARN ABOUT SENIOR SERVICES, GO TO SCOTTSDALEAZ.GOV AND SEARCH “SENIORS.”
### Enrichment Programs

#### LINE DANCING
This volunteer facilitated drop-in group is coordinated through Senior Services. Line dancing is free, with no advance registration.

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<tr>
<td><strong>F</strong></td>
<td>Doors open at 11 am</td>
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#### BALLROOM DANCING (STARTING OCT. 2)
Join us for ballroom dance. No advance registration needed.

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<td><strong>2nd &amp; 4th Th</strong></td>
<td>noon-2:30 pm</td>
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#### WALKING CLUB (STARTING IN OCT.)
Come walk with Scottsdale Police Crime Prevention Team. Meet outside the entrance and walk the park/desert garden.

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#### NATURE & BIRDING WALK (STARTING IN OCT.)
Bring binoculars, hat and wear comfortable walking shoes. Meet outside the main entrance at Via Linda Senior Center.

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<td><strong>W</strong></td>
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#### KARAOKE
Join us for a free afternoon of singing. No registration is required.

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<td><strong>2nd &amp; 4th Th</strong></td>
<td>2-5 pm</td>
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#### OPEN ART STUDIO
During this time, the art room will be made available for you to explore your creative side. This is a self-led program open to painters, illustrators, and crafters alike.

- **Adult Art Studio**
  - **W** 9 am-noon **FREE** **GRSC**

- **Open Arts & Crafts**
  - **M** 9 am-noon **FREE** **GRSC**
  - **W** 12:30-4 pm **FREE** **VLSC**
  - **Th** 1:30-4 pm **FREE** **GRSC**

#### Knitting

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<td><strong>2nd &amp; 4th W</strong></td>
<td>4-7:45 pm</td>
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#### SCOTTSDALE STRUMMERS
Drop-in ukulele group that meets at Granite Reef Senior Center. There is no cost to this program, and all levels are welcome.

- **F** 10 am-noon **FREE** **GRSC**

#### FRIDAY MOVIE MATINEE
Free movie at Granite Reef and Via Linda Senior Center. No registration required. Check with the senior centers for update showings.

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<td><strong>F</strong></td>
<td>1-4 pm</td>
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### Fun & Games

#### BRIDGE

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<tbody>
<tr>
<td><strong>Duplicate Bridge</strong></td>
<td></td>
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</tr>
<tr>
<td><strong>Tu</strong></td>
<td>12:45-4 pm</td>
<td><strong>FREE</strong></td>
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<tbody>
<tr>
<td><strong>Duplicate Sanction Bridge (Starting in Sept.)</strong></td>
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<td><strong>W</strong></td>
<td>12:30 pm</td>
<td><strong>$10.00</strong></td>
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<tr>
<td><strong>Fast Play Bridge</strong></td>
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<tr>
<td><strong>Tu</strong></td>
<td>noon-3:30 pm</td>
<td><strong>FREE</strong></td>
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<tbody>
<tr>
<td><strong>Prickly Pair Bridge (a partner is required)</strong></td>
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<tr>
<td><strong>W</strong></td>
<td>12:45-4 pm</td>
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<tr>
<td><strong>Speedy Bridge</strong></td>
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<tr>
<td><strong>Th</strong></td>
<td>noon-3:30 pm</td>
<td><strong>FREE</strong></td>
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#### DROP-IN PLAY
The senior centers provide space on a first come, first served basis for social cards and games. Rooms are shared use, with multiple groups playing different games at once, unless otherwise scheduled.

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<tbody>
<tr>
<td><strong>Open Card Play</strong></td>
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<tr>
<td><strong>M-F</strong></td>
<td>8 am-5 pm</td>
<td><strong>FREE</strong></td>
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<tr>
<td><strong>M,W &amp; F</strong></td>
<td>8 am-5 pm</td>
<td><strong>FREE</strong></td>
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<tr>
<td><strong>Tu &amp; Th</strong></td>
<td>1-5 pm</td>
<td><strong>FREE</strong></td>
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<tbody>
<tr>
<td><strong>Canasta Newcomers</strong></td>
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<tr>
<td><strong>Th</strong></td>
<td>11 am-4 pm</td>
<td><strong>FREE</strong></td>
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<td><strong>Th</strong></td>
<td>12:30-4 pm</td>
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<tr>
<td><strong>Hand, Knee &amp; Foot- Variations of Canasta</strong></td>
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<tr>
<td><strong>M</strong></td>
<td>9 am-1 pm</td>
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<tr>
<td><strong>Rummikub</strong></td>
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<tr>
<td><strong>W</strong></td>
<td>10 am-1 pm</td>
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<tr>
<td><strong>Open Chess</strong></td>
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<td><strong>Th</strong></td>
<td>11 am-4 pm</td>
<td><strong>FREE</strong></td>
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<tr>
<td><strong>Mah Jongg</strong></td>
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<tr>
<td><strong>M</strong></td>
<td>10:30-2:30 pm</td>
<td><strong>FREE</strong></td>
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<td><strong>Th</strong></td>
<td>1-4 pm</td>
<td><strong>FREE</strong></td>
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<tr>
<td><strong>F</strong></td>
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<tbody>
<tr>
<td><strong>Mexican Train Dominoes</strong></td>
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<td><strong>M</strong></td>
<td>1-3 pm</td>
<td><strong>FREE</strong></td>
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<tr>
<td><strong>Pinochle</strong></td>
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<td><strong>W</strong></td>
<td>12:30-4 pm</td>
<td><strong>FREE</strong></td>
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<tr>
<td><strong>Th</strong></td>
<td>9 am-3 pm</td>
<td><strong>FREE</strong></td>
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Recreation

BILLIARDS
Both the Granite Reef Senior Center and Via Linda Senior Center have phenomenal billiards rooms with 9-ft Gold Crown tables. Drop-in play is free and open to the public during normal hours of operation at each facility.

CHAIR EXERCISE
Drop-in chair exercise class open to participants who want to improve their strength and balance. No registration is required for this free class.

FUNCTIONAL FITNESS
F 10 am-11 am FREE GRSC

TABLE TENNIS
Open table tennis is available at both Granite Reef Senior Center and Via Linda Senior Center at various time throughout the week. There is a $2 activity fee for each use, and all levels are welcome.

Tu 3:30-7:30 pm $2 drop-in VLSC
W 1-4 pm $2 drop-in GRSC
F 1-4:30 pm $2 drop-in VLSC

Support Groups

A wide variety of support groups are offered at both the Senior Centers. The groups are free of charge, are designed to meet the evolving needs of Scottsdale’s aging population. Support groups are facilitated by non-profit organizations, social workers, volunteers and industry professionals.

ALZHEIMER’S SUPPORT GROUP
1st M 1:30 pm FREE GRSC

DUET CAREGIVER’S SUPPORT GROUP
1st & 3rd Th 10 am FREE VLSC

GRIEF AND LOSS SUPPORT GROUP
1st & 3rd M 1 pm FREE GRSC

MENDED HEARTS SUPPORT GROUP
2nd T 6 pm FREE VLSC

MULTIPLE SCLEROSIS SUPPORT GROUP
2nd T 4:30 pm FREE VLSC

TREMBLE CLEFS (PARKINSON’S SUPPORT GROUP)
Th 3 pm FREE GRSC

LOW VISION SUPPORT GROUP
2nd W 10:30 am FREE VLSC

Social Groups

BOOK DISCUSSION GROUP
Join us for our free book discussion group. Contact our front desk for upcoming monthly book discussion titles. All books are available in the Scottsdale Public Library.

<table>
<thead>
<tr>
<th>Date</th>
<th>Book Title</th>
<th>Author</th>
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<tbody>
<tr>
<td>9/14</td>
<td>The Thread Collectors</td>
<td>Shaunna Edwards</td>
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<tr>
<td>10/12</td>
<td>Magnificent Lives of Marjorie Post</td>
<td>Allison Pataki</td>
</tr>
<tr>
<td>11/9</td>
<td>Year of Wonders*</td>
<td>Geraldine Brooks</td>
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<tr>
<td>12/14</td>
<td>Marmee: A Novel of Little Women</td>
<td>Sarah Miller</td>
</tr>
<tr>
<td>1/11</td>
<td>Black Cake</td>
<td>Charmaine Wilkerson</td>
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</table>

KOFFEE KLATCH
This is a peer led discussion group open to men and women.

Tu 10 am FREE GRSC

CURRENT EVENTS
Discuss current events, public policy, and both local and national issues in a spirited, yet respectful, environment.

W 10:30 am-noon FREE GRSC
W 2-3:30 pm FREE VLSC
Th noon-1:30 pm FREE GRSC

FRIENDSHIP DISCUSSION GROUP
Fun and light-hearted group designed to make new friends while sharing stories, jokes, information, and memories.

Tu 10 am FREE GRSC

MEN’S DISCUSSION GROUP
Informal peer led discussion group for men.

Tu 2-3:30 pm FREE VLSC

WHAT’S ON YOUR MIND?
General discussion group that talks about anything and everything except politics.

2nd & 4th Tu 1:30-3 pm FREE VLSC

ART ALL AROUND US (DOCENT ART TALKS)
Come appreciate art in an intimate setting through a free visual lecture series presented by Phoenix Art Museum Docents.

M 10/2, 11/13, 12/4 10 am FREE GRSC
Th 9/28, 10/26 1 pm FREE VLSC

REGISTER FOR CLASSES AT RECREATION.SCOTTSDALEAZ.GOV
TO LEARN ABOUT SENIOR SERVICES, GO TO SCOTTSDALEAZ.GOV AND SEARCH “SENIORS.”
TRANSPORTATION/FIELD TRIPS

AARP DRIVER SAFETY COURSE
Driver Safety class open to anyone & could get a discount on car insurance. AARP members $20.00 & Non-Members $25.00. Payment will be collected by AARP on class date.

1st W 9 am-1 pm $20 (AARP)/$25 (non-member) GRSC
2nd Th 12:30-4:30pm $20 (AARP)/$25 (non-member) VLSC

TRAVEL TRAINING WORKSHOP
Scottsdale Transportation department will provide classroom training & field training for public transportation in Scottsdale. This is free program; patrons pay for their own lunch.

Tu 10/3 10 am Training, Route 1 & Lunch FREE GRSC
M 10/9 10 am Training, Route 1 & Lunch FREE VLSC
Tu 11/7 10 am Training, Route 2 & Lunch FREE GRSC
M 11/13 10 am Training, Route 2 & Lunch FREE VLSC

COMMUNITY RESOURCES

BENEFITS ASSISTANCE
The state health insurance assistance program provides objective information regarding original Medicare. Trained Area Agency on Aging volunteers provide free personalized assistance with the preparation of Medicare and supplemental claims forms, appeals, applying for Medicare and more. To schedule a free appointment, please call the Granite Reef or Via Linda senior centers.

BROWN BAG PROGRAM
The Brown Bag Program offers qualified seniors and people with disabilities food supplements including fresh fruit & vegetables, canned goods and bakery items on a bi-monthly basis at both Senior Centers. For more information please call Granite Reef Senior Center at 480-312-1700.

CAB CONNECTION
This taxi voucher subsidy program is available to city of Scottsdale residents who are disabled or senior citizens (65+). The program serves all full city limits. Vouchers pay 80% of the fare (up to $10). Participants may request up to 20 one-way vouchers per month. Please call the Cab Connection office at 480-312-8747 for additional information.

DUET
Volunteers serve homebound and/or disabled individuals, 18 years of age and older. There is no financial eligibility. Service area includes Scottsdale city limits south of Frank Lloyd Wright Blvd. Services include grocery shopping, rides to medical appointments, paperwork or computer assistance, minor home repairs, visiting, phoning or respite. Please call 602-274-5022 to register or request assistance.

FOOTHILLS CARING CORPS
Volunteers serve homebound and/or disabled individuals, 18 years of age and older. There is no financial eligibility. Service area includes Scottsdale city limits north of Bell Road and the towns of Carefree and Cave Creek. Transportation services include mobile meals, van pooling, medical transportation and grocery shopping. Please call 480-488-1105 for additional information.

HOME DELIVERED MEALS
The City of Scottsdale partners with local non-profits to provide nutritious, hot meals to qualified homebound seniors. The service also provides a daily check on the individual’s condition and safety. For more information on programs in your area, please call the Area Agency on Aging at 602-264-4357.

HOME SAFE HOME
Trained Scottsdale Fire Department volunteers visit seniors in their homes and point out potential tripping and falling hazards. Volunteers can replace smoke alarm batteries or install new alarms and give free night lights to ensure you can see well at night. Please call 480-312-1817 to request your free visit.

LOCKBOXES FOR SENIORS
The Scottsdale Area Association of REALTORS, the Scottsdale Police and Fire Departments and the Maricopa County Sheriff’s Office offer free emergency lockboxes to seniors whose annual income is less than $25,000 and at a charge of $25 for all others. The service is available to Scottsdale and Fountain Hills residents only. For additional information or to arrange delivery, please call 877-229-5042 (toll free).

MEDILOAN PROGRAM
The senior centers provide Scottsdale residents with medical equipment such as canes, walkers, wheelchairs and shower benches.

OPERATION FIX IT
Operation Fix It provides assistance to Scottsdale home owners with exterior improvements to their properties when they are unable due to financial/physical constraints. Common types of assistance include: landscape maintenance and enhancements, installation of low-water usage landscape, house painting, handyman repairs, fence repairs and more. To apply for the program or learn about volunteer opportunities, please call 480-312-8703 or go to ScottsdaleAZ.gov and search "Operation Fix It."

VALLEY METRO PARATRANSIT
East Valley Dial-a-Ride has a new name: Valley Metro Paratransit. A fleet of brand new accessible vans and minivans will now serve you with Valley Metro signage and colors. They have also partnered with AAA Transportation (Yellow Cab) to provide additional service to the east valley. Request a trip, check on an existing trip, or make changes to one by calling 602-716-2200 or via TTY at 602-716-2118.

REGISTRATION QUESTIONS? 480-312-7957
Call us before July 21 so we can guide you through the process, making registration a breeze!

REGISTER FOR CLASSES AT RECREATION.SCOTTSDALEAZ.GOV
TO LEARN ABOUT SENIOR SERVICES, GO TO SCOTTSDALEAZ.GOV AND SEARCH “SENIORS.”
LIVE LIFE TO THE FULLEST

Living at our award-winning senior living community gives you the chance to write the next chapter of your life focusing on the things that bring you joy. When you take away the stresses of taking care of a home by yourself, the possibilities of how you can spend your time open up more than you ever imagined. Picture living in a well-appointed apartment home — with the privacy to retreat to your own oasis whenever you please — but with a wealth of services and support, engaging activities and wellness programs, and top-notch amenities right at your fingertips.

Tour our community today and receive a complimentary lunch in our Four Peaks Restaurant!

McDowell Village
MBK SENIOR LIVING

8300 East McDowell Road, Scottsdale, AZ 85257 • McDowellVillage.com
INDEPENDENT & ASSISTED LIVING

Contact us at McDowellVillage@mbk.com or (480) 400-8510
The Career Center is a space for job seekers to access computers to apply for jobs, update resumes and explore job opportunities—all for free. The Career Center maintains job and career fair information. With an appointment, you can meet with a skilled Career Coach for guidance on your career journey.

**Sign Up With A Career Coach!**

Career Coaches are available, virtually or in-person, to assist job seekers with essential employment strategies including:

- Resume development
- LinkedIn consultation
- Interview preparation

**ADDITIONAL EMPLOYMENT SERVICES:**

- Employment Referrals
- Webcam for digital interviews
- Career Closet

**Download our Career Center Events Calendar!**

Get the most up-to-date information and view our upcoming career help programs.

**CAREER SERVICES**

**Vista del Camino Community Center**

7700 E. Roosevelt St., Scottsdale, AZ 85257 | 480-312-2323

Go to ScottsdaleAZ.gov, search "Career Center"

**Career Center Hours:** Mon – Fri | 8 am – 5 pm | 480-312-0060

**CONTACT:**

Sheila Williams, 480-312-0058 | SWilliams@ScottsdaleAZ.gov

**CAREER CLASSES**

Learn to navigate the current job market with new skills and effective strategies. Programs provided by City of Scottsdale Career Services.

**THE BACK TO WORKSHOP!**

Learn new strategies to prepare for this new job market: resumes, online applications, digital interviews and more.

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<td>Tu 10:30am</td>
<td>9/12</td>
<td>Civic Center Library</td>
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**INTERVIEW TECHNIQUES**

Learn the latest interview techniques and how to answer interview questions confidently and effectively.

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<td>11/14</td>
<td>Civic Center Library</td>
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**CAREER SERVICES FALL FAIR**

Join the Fall Career Fair at Scottsdale Civic Center Library. Meet local employers hiring for the season and beyond. Employers from various industries will be onsite, ready to hire. Walk-ins welcome but RSVP's are encouraged. Email VistaCareerCenter@ScottsdaleAZ.gov to RSVP. For a list of employers, go to: ScottsdaleAZ.gov, search Career.

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<td>Civic Center Library</td>
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Go to ScottsdaleAZ.gov, search "Career Center"

**STAY CONNECTED!**

Scottsdale Vista Career Center

Connect with us!
FAMILY & SOCIAL SERVICES

BUILDING STRONG COMMUNITIES

Human Services provides a variety of support throughout our Community. In addition to family and caregiver support, we work to assess needs and find programs that can be of assistance. This includes everything from food boxes to rent/mortgage assistance, eviction prevention to utility assistance.

Scottsdale Family Resource Center

Services that support families, parents, caregivers, expectant parents and their young children ages birth through age five. All programs and events are free, interactive and fun for both caregiver and child!

- Early literacy programs
- Family Play Time
- Parenting workshops
- Parent support groups
- Referrals to community resources
- Referrals for emergency assistance: food, utility & rental assistance

¡Se habla Español!

Stay updated on events and children's literacy programs by downloading our Community Calendar!

Go to ScottsdaleAZ.gov, search "Scottsdale Family Resource Center" or call 480-312-0038.

SCOTTSDALE HUMAN SERVICES

Social Services

Scottsdale offers a variety of social service programs from helping with housing to family assistance and back-to-school preparation. For more information on these services, go to ScottsdaleAZ.gov and search "Vista del Camino."

Back-to-School

Ensuring every student has everything they need to succeed in school.

Food Bank

Food boxes and other services to those who need it.

Adopt-A-Family

Every family deserves a holiday season full of celebration.

Utility Assistance

Eligible Scottsdale residents can apply and receive assistance.

Emergency Rent & Mortgage Assistance

One-time support for families facing unexpected challenges paying their rent or mortgage.

Eviction Prevention

We have the resources for support when needed.
SERVING AND BRINGING TOGETHER THE COMMUNITY

Located in the heart of thriving Scottsdale Communities, our Neighborhood Centers not only offer a gathering space, but also provide Social Services, connection to other agencies, family support and more!

PAIUTE NEIGHBORHOOD CENTER
6535 E. Osborn Road, Scottsdale, AZ 85251
480-312-2529

Monday - Friday 8 a.m. – 5 p.m.

Paiute Neighborhood Center provides a safe and diverse environment where our neighbors can come together to create a spirit of community by providing social, recreational, cultural and educational programs and services.

RESOURCES:
- Family Resource Center
- Community Resources and Workshops
- WIC
- Food Pantry
- Community Assistance Office (housing)
- Head Start, Hirsch Academy and SARRC

VISTA DEL CAMINO COMMUNITY CENTER
7700 E. Roosevelt St., Scottsdale, AZ 85257
480-312-2323

Monday through Friday 8 a.m. – 5 p.m.

Vista del Camino is Scottsdale’s Community Action Program (CAP), providing a variety of services to residents to prevent homelessness, meet the basic needs of individuals and families in crisis, relieve economic and emotional stress, and maintain self-sufficiency.

SERVICES LIKE:
- Food Bank
- Utility Assistance
- Career Center
- Community Support Programs
- STEP (Teen Employment Program)
- Rent & Mortgage Assistance

GO TO SCOTTSDALEAZ.GOV, SEARCH "PAIUTE" OR "VISTA DEL CAMINO"
Accessibility services may be available. See page 28 for details.
The Community Assistance Office (CAO) administers the city’s affordable housing programs and collaborates with non-profit agencies as well as other city departments to address and meet basic and critical human needs.

- Federal Housing Choice Voucher (HCV) Program
- Housing Rehabilitation Programs:
  - Green Housing Rehabilitation Program offers an interest-free deferred loan to qualified low and moderate income homeowners to finance a contract for home repairs between a homeowner and a contractor.
  - Roof Repair and Replacement Program provides assistance to repair or replace deteriorated roofing systems that pose a serious threat to the health, safety or welfare of a household.
  - Emergency Repair Program provides assistance through a grant to address household repairs that affect the immediate livability of the home. Repairs are limited and assistance is based on priority of emergency.

Do you have a rental property in Scottsdale?
Consider partnering with the Housing programs as a landlord
- Timely and dependable rent payments each month
- Contract signing incentive payment
- Support and Assistance with cost of damages
- List your Unit Free
- Direct Deposit payments

For more information, call Scottsdale Housing Agency at 480-312-7156

Community Assistance Office
6535 E. Osborn Road – Bldg. 8
Scottsdale, AZ 85251
Phone: 480-312-7156
TDD: 480-312-7411 or AZ Relay 7-1-1
Contact: ScottsdaleHousingInfo@ScottsdaleAZ.gov
Go to ScottsdaleAZ.gov, search “CAO”

Foster Youth to Independence
When transitioning from foster care, youth aged 18-25 need all the help they can get. The Scottsdale Housing Agency in partnership with the DCS Office of Prevention has a housing voucher program available that can assist with rent while allowing youth to concentrate on continued education, developing household and budget management skills, and finding stable employment.

For more information about the Foster Youth to Independence program, email: FYITPV@azdcs.gov or ScottsdaleHousingInfo@ScottsdaleAZ.gov
FALL IS A GREAT TIME TO ENJOY THE PRESERVE!

Scottsdale’s McDowell Sonoran Preserve encompasses over 30,500 acres of permanently protected Sonoran Desert and mountains. It is home to a magnificent array of desert adapted plants and animals, and affords stunning views of the McDowell Mountains.

The Scottsdale Preserve also boasts an interconnected network of over 225 miles of trails for hiking, mountain biking and horseback riding. The trails can be accessed from one of eight major trail head facilities, and are open sunrise to sundown. Amenities vary at each trail head; visit the City’s website for more details. Trail maps are available free of charge at all major trail heads, and can also be downloaded by visiting ScottsdaleAZ.gov and searching ‘Preserve Maps.’

The Preserve is divided into two primary regions – the Southern and Northern.

- **The Southern Region** is home to the McDowell Mountains, and contains some of the steeper and more challenging trails of the Preserve. The trails of the southern region are very rocky, so be sure to wear sturdy footwear.
  
  **Trailheads:** Sunrise, Lost Dog Wash, Gateway, Tom’s Thumb

- **The terrain of the Northern Region** is comprised mainly of rolling desert topography, punctuated by a series of smaller mountains. The trails are much smoother than the south, with dramatically less rock. Because of these characteristics, the Northern Region is very popular with mountain bikers and equestrians.

  **Trailheads:** Our new Pima Dynamite trailhead, Brown’s Ranch, Fraesfield and Granite Mountain Trailheads.

PINNACLE PEAK PARK

Pinnacle Peak Park | 26805 N. 102nd Way

Pinnacle Peak Park features a moderate out-and-back trail through the pristine Sonoran Desert environment. The park is a total of 150 acres, and the trail length is 2 miles, one way. It’s a great hike for all ages and activity levels – with fantastic views!

Visit ScottsdaleAZ.gov and search ‘Pinnacle Peak Park’ for more information about the park, events, trail information, and hours.

*Dogs are not allowed on the Pinnacle Peak Park trail.

**Jingle Hike to Santa**

**at Pinnacle Peak Park**

Put on your best holiday outfit, grab the kids and head to Pinnacle Peak Park for a morning of festivities and cheer the whole family will enjoy!

2 Time Slots: 9, 10 am

Registration begins Saturday, Oct. 14

Recreation.ScottsdaleAZ.gov

Space is limited to 180 people per time slot.

**PINNACLE PEAK PARK EVENTS**

**FULL MOON HIKES**

These cool evening hikes to the Grandview Overlook allow visitors to experience the park after hours at their own pace. These 90 minute, 1.5 mile hikes are safe and fun for the whole family! Staff and volunteers will be on the trail to assist visitors and answer questions. No fee but registration is required.

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**ASTRONOMY EVENINGS**

NASA Solar System Ambassador Mark Johnston will highlight that evening’s visible objects, including planets, multiple star systems, globular clusters and nebulae through a high end refractor telescope. Beginners are welcome and no hiking is required. Participants are encouraged to bring binoculars ans a small penlight flashlight.

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**COMMON MAMMALS YOU MAY SEE AT THE PRESERVE:**

- Bobcat
- Coyote
- Javelina
- Mountain Lion
- Desert Mule Deer

TO LEARN MORE, VISIT SCOTTSDALEAZ.GOV, SEARCH ‘PINNACLE PEAK PARK’ OR ‘PRESERVE’
Submit your photo today at: mcdowellsonoran.org/my-mcdowells
WestWorld of Scottsdale is a premier, nationally recognized, multi-use events facility serving the Scottsdale community and visitors. Located at 16601 N. Pima Road, this city-owned facility hosts a wide array of events each year, enjoyed by hundreds of thousands of people.

Learn more about these events at WestWorldAZ.com.
Scottsdale Community Services

45 PARKS

982 TOTAL ACRES

37 PLAYGROUNDS

35 VOLLEYBALL COURTS

74 ATHLETIC FIELDS

39 BASKETBALL COURTS

30 PICKLEBALL, RACQUETBALL & SQUASH COURTS

11 TRAILHEADS AND 232 MILES OF NON-MOTORIZED TRAILS IN THE PRESERVE

3 OFF-LEASH AREAS

4 AQUATIC FACILITIES

5 SPRAY FEATURES

2 SKATE PARKS

1 RAILROAD PARK

49 TENNIS COURTS
2 TENNIS CENTERS

1 BASEBALL STADIUM

39 BASEBALL STADIUMS

129 MILES OF PAVED PATHWAYS, 151 UNPAVED

3 EQUESTRIAN FACILITIES

531 DAYS OF SPECIAL EVENTS AT WESTWORLD

4 PUBLIC LIBRARIES

2 SENIOR CENTERS

6 COMMUNITY CENTERS

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531 DAYS OF SPECIAL EVENTS AT WESTWORLD

4 PUBLIC LIBRARIES

2 SENIOR CENTERS

6 COMMUNITY CENTERS
City and Preserve continue further north.

For more information on these locations, use the search term listed below at:

ScottsdaleAZ.gov

- For Senior Centers: “Seniors”
- For Tennis Centers: “Tennis”
- For Preserve trail maps: “Preserve”
- For the Greenbelt Path: “Green belt”
- For Parks, Community Centers, Human Services, Pools, and Specialty Facilities search the location title.

For the Scottsdale Public Libraries visit:
ScottsdaleLibrary.org
DYNAMITE BLVD
City and Preserve continue further north.

For more information on these locations,
HAPPY VALLEY RD
Florence Ely Nelson Desert
ScottsdaleAZ.gov
Sonoran Hills
For Senior Centers: "Seniors"
For Parks, Community Centers, Human Services, Pools, and Specialty Facilities
For Preserve trail maps: "Preserve"
For the Greenbelt Path: "Green belt"

Notice: This document is provided for general information purposes only. The city of Scottsdale does not warrant its accuracy, completeness, or suitability for any particular purpose. It should not be relied upon without field verification.
Fall Community Events

**SEPT**

- **Fall Luau**
  Granite Reef Senior Center
  Doors open at noon
  See page 45 for details

- **Full Moon Hike**
  Pinnacle Peak Park
  6:30 - 8 p.m.
  See page 45 for details & more events

- **Railfair**
  McCormick-Stillman Railroad Park
  10 a.m. - 5 p.m.
  TheRailroadPark.com/events

**OCT**

- **Railfair**
  McCormick-Stillman Railroad Park
  10 a.m. - 5 p.m.
  TheRailroadPark.com/events

- **Banned Books Week**
  All Library Branches
  See page 35 for details

- **Spook-Track-Ula**
  McCormick-Stillman Railroad Park
  6 - 9:30 p.m. nightly
  TheRailroadPark.com/events

- **Fall Break Camps**
  Various Locations
  8 a.m. - 4 p.m.
  See page 11 for details

- **Oktoberfest**
  Via Linda Senior Center
  Doors open at noon
  See page 45 for details

- **Dunkin’ for Pumpkins**
  McDowell Mtn. Ranch Aquatic Center
  1 - 5:30 p.m.
  See page 24 for details

**NOV**

- **38th Annual Arts & Crafts Fair**
  Granite Reef Senior Center
  9 a.m. - 2 p.m.
  See page 45 for details

- **Veterans Day Commemoration**
  Scottsdale Civic Center
  For event details, visit ScottsdaleAZ.gov, search “veterans day.”

- **Thanksgiving Luncheon**
  Granite Reef Senior Center
  Doors open at noon
  See page 45 for details

- **Holiday Lights**
  McCormick-Stillman Railroad Park
  6 - 9:30 p.m. nightly
  TheRailroadPark.com/events

**DEC**

- **Parent’s Night Out: The Great Elf Escape**
  Horizon Community Center
  6 - 10 p.m.
  See page 11 for details

- **Jingle Hike to Santa**
  Pinnacle Peak Park
  Time Slots: 9 & 10 a.m.
  See page 54 for details

- **Ultimate Family Play Date**
  Scottsdale Civic Center
  9 a.m. - 1:30 p.m.
  See page 33 for details

Check online for more information!
ScottsdaleAZ.gov | ScottsdaleLibrary.org