Visit ScottsdaleAZ.gov and search “Activity Guide.”
MAYOR AND COUNCIL
ScottsdaleAZ.gov/council

MAYOR
David D. Ortega

CITY COUNCIL

VICE MAYOR
Solange Whitehead

COUNCILMEMBER
Tom Durham

COUNCILWOMAN
Betty Janik

COUNCILWOMAN
Tammy Caputi

COUNCILMEMBER
Barry Graham

COUNCILWOMAN
Kathy Littlefield

COMMUNITY SERVICES
BOARDS & COMMISSIONS
ScottsdaleAZ.gov/boards

These volunteer citizen advisory committees advise City Council on Community Services activities.

PARKS & RECREATION COMMISSION MEMBERS:
Kristen Parrish – Chair
Teresa Kim Quale – Vice Chair
Eric Kurland
Eric Maschhaupt
Maryann McAllen
Susan McGarry
Michael Vreeland

LIBRARY BOARD MEMBERS:
Janet Smigielski – Chair
Freda Hartman – Vice Chair
Sam Campana
Natalee Esposito
George Hartz
Enid Seiden
Leslie Totten

HUMAN SERVICES COMMISSION MEMBERS:
Neal Shearer – Chair
Mary Jung – Vice Chair
Patrick Dodds
Jeff Jameson
Roger Lurie
Tricia Serlin
Stuart Turgel

MCDOWELL SONORAN PRESERVE COMMISSION MEMBERS:
Laurie LaPat-Polasko – Chair
Marsha Lipps – Vice Chair
Stephen Coluccio
Savannah Engelking
Mark Hackbarth
Kerry Olsson
Jeffrey Smith

SCOTTSDALE HOUSING AGENCY GOVERNING BOARD:
Neal Shearer – Chair
Mary Jung – Vice Chair
Leslie Brownell
Patrick Dodds
Jeff Jameson
Roger Lurie
Tricia Serlin
Stuart Turgel

Speak Up
Scottsdale

A new online community will connect residents to discuss city issues and gather feedback on programs, services, and projects.

If you are ready to engage in discussions about Scottsdale, join Speak Up Scottsdale.

Visit ScottsdaleAZ.gov, and search “get involved.”
Whether it’s exploring the McDowell Sonoran Preserve, spending a day at the park, discovering a new book at the library, spending time with others at a senior center, taking a bike ride on the green belt or volunteering your time to help neighbors in need – it’s all a part of Scottsdale LIFE. Our city is bustling with activity, and this magazine is your guide to it all.

Scottsdale Community Services (consisting of Parks and Recreation, Libraries, Human Services, the Preserve and WestWorld) created Scottsdale LIFE to share what’s happening in your community, collaboratively.

You’re invited to browse and discover something that interests you.

FOR QUESTIONS: SCOTTSDALE LIFE PUBLICATION, CONTACT ALEX SANCHEZ .......... 480-312-7021
PARKS AND RECREATION PROGRAMS ........................................... 480-312-7957
SCOTTSDALE PUBLIC LIBRARY .................................................. 480-312-7323
SENIOR CENTERS ...................................................................... 480-312-1700
HELP US shape SCOTTSDALE PARKS
SHAPESCOTTSDALEPARKS.COM

Scan the QR code to provide feedback!
Don’t miss our NEW Adult fitness, yoga, language, art classes and more!
See pg. 12 for details

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PARKS AND RECREATION MASTER PLAN
Go to ShapeScottsdaleParks.com to share your input and ideas.
REGISTRATION INFORMATION

REGISTRATION STARTS AT 8 A.M.

REGISTER ONLINE
Recreation.ScottsdaleAZ.gov
(Quickest way to register)

REGISTER BY PHONE
480-312-7957
(Expect delays on registration days)

PAYMENT
must be made at the time of registration

WE ACCEPT
American Express, Visa, MasterCard and Discover

GENERAL INFORMATION

Refund Policy – Unless otherwise stated, all program refunds shall be prorated, less a $10 processing fee, up to and including the 2nd class. No refunds after the 2nd class date. Classes priced at $10 or less are nonrefundable.

Corrections & Updates – Staff makes every effort to ensure each issue of the Scottsdale LIFE is free from errors, there are times when errors or revisions in dates, times, fees, or instructors do occur. Check the city’s website for up-to-date information.

Fee Assistance Program – Community Services offers a fee assistance program to aid economically disadvantaged individuals and families residing within the city of Scottsdale’s corporate boundaries. Qualified applicants have an opportunity to participate in approved recreational programs, camps and classes for a decreased cost. Visit ScottsdaleAZ.gov/parks/fee-assistance or call 480-312-7957.

Resident? – Residents are citizens who live in or own property within the city of Scottsdale’s Corporate City Boundaries, and pay taxes to the city of Scottsdale.

REGISTRATION QUESTIONS?
Call us before Nov. 24 so we can guide you through the process, making registration a breeze!
480-312-7957

AMERICANS WITH DISABILITIES ACT – The City of Scottsdale fully supports the provision of the Americans with Disabilities Act and is committed to supporting the full inclusion of persons with disabilities into programs, classes, services and public facilities so that full participation may be enjoyed by all. Persons with a disability may request a reasonable accommodation to participate with the City of Scottsdale by contacting the Adaptive Services Center at 480-312-2234. All requests must be made a minimum of 14 days prior to the starting date of the program/service.

FACILITY CODES

<table>
<thead>
<tr>
<th>CODE</th>
<th>FACILITY NAME</th>
<th>ADDRESS</th>
</tr>
</thead>
<tbody>
<tr>
<td>ADSC</td>
<td>Adaptive Services Center</td>
<td>6102 E. Jackrabbit Road</td>
</tr>
<tr>
<td>BGBP</td>
<td>Boys &amp; Girls Club of Greater Scottsdale - Piper Branch</td>
<td>10515 E. Lakeview Drive</td>
</tr>
<tr>
<td>BGTB</td>
<td>Boys &amp; Girls Club of Greater Scottsdale – Thunderbirds Branch</td>
<td>20199 N. 78th Place</td>
</tr>
<tr>
<td>CACT</td>
<td>Cactus Park &amp; Aquatic Center</td>
<td>7202 E. Cactus Road</td>
</tr>
<tr>
<td>CCLB</td>
<td>Civic Center Library</td>
<td>3939 N. Drinkwater Blvd.</td>
</tr>
<tr>
<td>CHAA</td>
<td>Chaparral Aquatic Center</td>
<td>5401 N. Hayden Road</td>
</tr>
<tr>
<td>CHAP</td>
<td>Chaparral Park &amp; Community Ctr.</td>
<td>5401 N. Hayden Road</td>
</tr>
<tr>
<td>CHES</td>
<td>Chesnut Park</td>
<td>4565 N. Granite Reef Road</td>
</tr>
<tr>
<td>CHPS</td>
<td>Chaparral High School</td>
<td>6935 E. Gold Dust Road</td>
</tr>
<tr>
<td>CPRG</td>
<td>Copper Ridge School</td>
<td>10101 E. Thompson Peak Pkwy.</td>
</tr>
<tr>
<td>CSAR</td>
<td>Club SAR</td>
<td>8055 E. Camelback Road</td>
</tr>
<tr>
<td>ELD0</td>
<td>Eldorado Park &amp; Community Ctr.</td>
<td>2311 N. Miller Road</td>
</tr>
<tr>
<td>ELDA</td>
<td>Eldorado Aquatic Center</td>
<td>2301 N. Miller Road</td>
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<tr>
<td>ELSO</td>
<td>Eldorado South Building</td>
<td>1909 N. Miller Road</td>
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<tr>
<td>FENP</td>
<td>Florence Ely Nelson Desert Park</td>
<td>8950 E. Pinnacle Peak</td>
</tr>
<tr>
<td>GPCK</td>
<td>George &quot;DOC&quot; Cavaliere Park</td>
<td>27775 N. Alma School Pkwy.</td>
</tr>
<tr>
<td>GRSC</td>
<td>Granite Reef Senior Center</td>
<td>1700 N. Granite Reef Road</td>
</tr>
<tr>
<td>HRZN</td>
<td>Horizon Community Center</td>
<td>15444 N. 100th St.</td>
</tr>
<tr>
<td>ISPK</td>
<td>Indian School Park</td>
<td>4289 N. Hayden Road</td>
</tr>
<tr>
<td>MCRR</td>
<td>McCormick Stillman Railroad Park</td>
<td>7301 E. Indian Bend Road</td>
</tr>
<tr>
<td>MMRA</td>
<td>McDowell Mtn Ranch Aquatics</td>
<td>15525 N. Thompson Peak Pkwy.</td>
</tr>
<tr>
<td>MSP</td>
<td>McDowell Sonoran Preserve</td>
<td>18333 N. Thompson Peak Pkwy.</td>
</tr>
<tr>
<td>MTNV</td>
<td>Mountain View Park</td>
<td>8625 E. Mountain View Road</td>
</tr>
<tr>
<td>MUST</td>
<td>Mustang Library</td>
<td>10101 N. 90th St.</td>
</tr>
<tr>
<td>NYCD</td>
<td>North Corp Yard</td>
<td>9191 E. San Salvador Drive</td>
</tr>
<tr>
<td>PNCC</td>
<td>Paiute Neighborhood Center</td>
<td>6535 E. Osborn Road</td>
</tr>
<tr>
<td>PPEC</td>
<td>Pinnacle Peak Equestrian Center</td>
<td>3701 E. Pinnacle Peak Road</td>
</tr>
<tr>
<td>PMPK</td>
<td>Pima Park</td>
<td>8600 E. Thomas Road</td>
</tr>
<tr>
<td>PPPK</td>
<td>Pinnacle Peak Park</td>
<td>26802 N. 102nd Way</td>
</tr>
<tr>
<td>RIMO</td>
<td>Rio Montaña Park</td>
<td>11180 N. 132nd St.</td>
</tr>
<tr>
<td>SPFD</td>
<td>Scottsdale Police/Fire Dept.</td>
<td>8401 E. Indian School Road</td>
</tr>
<tr>
<td>SRPK</td>
<td>Scottsdale Ranch Park</td>
<td>10400 E. Via Linda</td>
</tr>
<tr>
<td>SSCX</td>
<td>Scottsdale Sports Complex</td>
<td>8061 E. Princess Drive</td>
</tr>
<tr>
<td>STAD</td>
<td>Scottsdale Stadium</td>
<td>7406 E. Osborn Road</td>
</tr>
<tr>
<td>SWTS</td>
<td>Solid Waste Transfer Station</td>
<td>6417 E. Union Hills Drive</td>
</tr>
<tr>
<td>VCCC</td>
<td>Vista Del Camino Community Center</td>
<td>7700 E. Roosevelt</td>
</tr>
<tr>
<td>VLSC</td>
<td>Via Linda Senior Center</td>
<td>10440 E. Via Linda</td>
</tr>
<tr>
<td>VSTA</td>
<td>Vista Del Camino Park</td>
<td>7700 E. Roosevelt</td>
</tr>
</tbody>
</table>
**TOT CLASS GUIDELINES**

- For your child’s safety, accompany them to and from the classroom.
- Classes are designed for the ages listed. Children must meet the age requirement by the first class date.
- Children must be able to participate independently except in specified parent/child classes.
- Observers and non-registered individuals, including siblings, are not permitted in classes. Only children that are registered are permitted in class.
- Parents or guardians must participate in parent/child classes if required.

**ART**

**YOUNG REMBRANDTS - CARTOON WORKSHOP**

(5-7yrs) 7-Day New Art Drawing workshop - Join Young Rembrandts this Winter as we develop fine motor skills, language, and have a lot of fun. Young artists will be using pencils, crayons, and markers to develop their art skills.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Age Range</th>
<th>Instructor</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sa</td>
<td>10:30-11:30 am</td>
<td>HRZN</td>
<td>3-6yrs</td>
<td>Young Rembrandts</td>
<td>40687</td>
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</tbody>
</table>

**YOUNG REMBRANDTS - CARTOON WORKSHOP**

(5-7yrs) 5-Day New Art Drawing Workshop - Spring is a great season for artistic talent to blossom. In a Young Rembrandts drawing class, we’ll explore many fun subjects like flowerpots and bird baths to reflect the spring season.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Age Range</th>
<th>Instructor</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sa</td>
<td>10:30-11:30 am</td>
<td>HRZN</td>
<td>3-5yrs</td>
<td>Young Rembrandts</td>
<td>40686</td>
</tr>
</tbody>
</table>

**DANCE**

**CREATIVE MOVEMENT**

(1-3yrs and parent/caregiver) Students will be dancing to their favorite nursery rhymes using basic dance concepts. This program develops motor skills, sociability and gives kids a fun hands on introduction to the world of dance.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Age Range</th>
<th>Instructor</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Th</td>
<td>9:30-10:15 am</td>
<td>MTNV</td>
<td>1-3yrs</td>
<td>Dance Sequins Studio</td>
<td>40610</td>
</tr>
</tbody>
</table>

**DANCE COMBO**

Designed to introduce music and movement through interactive and creative activities. On the last day of class, they will perform a special dance routine and skills they have learned throughout the session.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Age Range</th>
<th>Instructor</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tu</td>
<td>3:30-5:15 pm</td>
<td>CACT</td>
<td>3-5yrs</td>
<td>Dance Sequins Studio</td>
<td>40615</td>
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<tr>
<td>Tu</td>
<td>10:05-10:50 am</td>
<td>MTNV</td>
<td>3-5yrs</td>
<td>Dance Sequins Studio</td>
<td>40616</td>
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<tr>
<td>M</td>
<td>5-5:45 pm</td>
<td>CACT</td>
<td>3-5yrs</td>
<td>Dance Sequins Studio</td>
<td>40614</td>
</tr>
</tbody>
</table>

**BALLET**

(4-6yrs) Classes incorporate basic ballet steps with games and songs to ensure your child learns while having fun. This nurturing environment and instruction will help build coordination and promote self-esteem. At the end of the session you will be invited to see the children's progress and new skills.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Age Range</th>
<th>Instructor</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tu</td>
<td>3:00-4:00 pm</td>
<td>MMRA</td>
<td>3-5yrs</td>
<td>Martin</td>
<td>40756</td>
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<tr>
<td>Th</td>
<td>3:00-4:00 pm</td>
<td>MMRA</td>
<td>3-5yrs</td>
<td>Martin</td>
<td>40856</td>
</tr>
</tbody>
</table>

**DANCE STARS**

(2-5yrs) Our dancers learn the fundamentals of ballet, jazz and hip-hop while developing grace, coordination, balance and poise.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Age Range</th>
<th>Instructor</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tu</td>
<td>9:30-10:15 am</td>
<td>HRZN</td>
<td>2-5yrs</td>
<td>Stretch-n-Grow</td>
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<td>Th</td>
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<td>HRZN</td>
<td>2-5yrs</td>
<td>Stretch-n-Grow</td>
<td>40757</td>
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<tr>
<td>Th</td>
<td>9:30-10:15 am</td>
<td>HRZN</td>
<td>2-5yrs</td>
<td>Stretch-n-Grow</td>
<td>40760</td>
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<td>Th</td>
<td>3:30-4:15 pm</td>
<td>MMRA</td>
<td>2-5yrs</td>
<td>Stretch-n-Grow</td>
<td>40759</td>
</tr>
</tbody>
</table>

**SPORTS**

**3-SPORT MULTI-SPORT**

(3-5yrs) We will teach your player how to kick and control a soccer ball, how to hit, catch, throw, and run the bases and shoot and dribble a basketball. Each participant will need to bring their own, age-appropriate soccer ball to hit, catch, throw, and run the bases and shoot and dribble a basketball.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Age Range</th>
<th>Instructor</th>
<th>Phone</th>
</tr>
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<tbody>
<tr>
<td>F</td>
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<td>B.E.S.T. Sports</td>
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<tr>
<td>F</td>
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<td>CACT</td>
<td>3-5yrs</td>
<td>B.E.S.T. Sports</td>
<td>41398</td>
</tr>
</tbody>
</table>

**BASKETBALL SKILLS & DRILLS**

(3-5yrs) Our basketball skills and drills clinics introduce and advance your player’s ability for ball handling, dribbling, defense, jumping, passing, shooting and the triple threat position.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Age Range</th>
<th>Instructor</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>F</td>
<td>4:35-5:20 pm</td>
<td>CACT</td>
<td>3-5yrs</td>
<td>B.E.S.T. Sports</td>
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<tr>
<td>F</td>
<td>4:35-5:20 pm</td>
<td>CACT</td>
<td>3-5yrs</td>
<td>B.E.S.T. Sports</td>
<td>41400</td>
</tr>
</tbody>
</table>

**GYMNASTICS**

(4-5yrs) Gymnastics develops strength, flexibility, confidence, self-discipline and body control. The gymnastics class includes front and back rolls, cartwheels, handstands and walk-overs. Also included is the tuck, straddle and pike jumps.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Age Range</th>
<th>Instructor</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sa</td>
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<td>HRZN</td>
<td>4-5yrs</td>
<td>Schaffer</td>
<td>40637</td>
</tr>
</tbody>
</table>

**RECREATION.SCOTTSDALEAZ.GOV** - RESIDENT REGISTRATION BEGINS NOV. 27 / NON-RESIDENT BEGINS NOV. 30

Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.
MULTI-SPORT & FITNESS FUN
Childre will be introduced to anything from soccer, tee ball, tennis, hockey and golf to fun fitness activities such as parachute, crazy races, limbo, card dance and much more.

(1-2ys and parent/caregiver)
- M 9:15-9:55 am: 1/8(5classes) MTNV $97(R)/$146(N) JumpBunch 40869
- M 10:10-10:40 am: 1/8(5classes) MTNV $97(R)/$146(N) JumpBunch 40734
- M 9:15-9:55 am: 2/12(5classes) MTNV $97(R)/$146(N) JumpBunch 41885
- M 10:10-10:40 am: 2/12(5classes) MTNV $97(R)/$146(N) JumpBunch 41888

(3-6yrs)
- Th 6:05-6:50 pm: 1/11(5classes) CHAP $97(R)/$146(N) JumpBunch 40657
- Th 6:05-6:50 pm: 2/15(5classes) CHAP $97(R)/$146(N) JumpBunch 41894

OUTDOOR SOCCER FOR KIDS
Taught by a former professional soccer player, this class will introduce children to stretching, passing, dribbling and basic elements of team spirit. Children play non-competitive games.

(2-3yrs)
- Tu 4:15-5 pm: 1/8(5classes) CPRG $82(R)/$123(N) Hatfield 40701
- F 9:09-4:5 am: 1/2(5classes) MTNV $82(R)/$123(N) Hatfield 40700
- Tu 4:15-5 pm: 2/20(6classes) CPRG $82(R)/$123(N) Hatfield 40702
- F 9:49-4 am: 2/23(6classes) MTNV $70(R)/$105(N) Hatfield 41859

(3-4yrs)
- Tu 10:10-10:45 am: 1/9(6classes) HRZN $82(R)/$123(N) Hatfield 40695
- Th 4:15-5 pm: 1/11(6classes) CPRG $82(R)/$123(N) Hatfield 40698
- Tu 10:10-10 am: 2/20(6classes) HRZN $82(R)/$123(N) Hatfield 40699

(3-5yrs)
- M 3:3-4:45 pm: 1/8(5classes) CACT $70(R)/$105(N) Hatfield 40693
- M 3-3:45 pm: 2/26(5classes) CACT $70(R)/$105(N) Hatfield 41857

(4-6yrs)
- W 4:15-5 pm: 1/10(6classes) CPRG $82(R)/$123(N) Hatfield 40696
- W 4:15-5 pm: 2/21(6classes) CPRG $82(R)/$123(N) Hatfield 40697

(5-7yrs)
- M 4-4:45 pm: 1/8(5classes) CACT $70(R)/$105(N) Hatfield 40694
- M 4-4:45 pm: 2/26(5classes) CACT $70(R)/$105(N) Hatfield 41858

PRE-SCHOOL SUPER SOCCER STARS
(3-5yrs) Each week we will teach the fundamentals of soccer including shooting, dribbling, ball control, passing and throw-ins. Classes are taught in an age-appropriate, and positive manner.

Tu 5:15-6 pm: 1/9(5classes) ELD0 $97(R)/$146(N) JumpBunch 41892
Tu 5:15-6 pm: 2/13(5classes) ELD0 $97(R)/$146(N) JumpBunch 41896

SUPERHERO TRAINING
(3-6yrs) We focus on learning special superhero training skills through fun games and activities such as jumping over hot lava, dodging fireballs, light saber training, scooter flying, ghostbuster tag and so much more!

W 5:5-6:25 pm: 1/10(5classes) MRRA $97(R)/$146(N) JumpBunch 41891
W 5:45-5:625 pm: 1/10(5classes) MRRA $97(R)/$146(N) JumpBunch 41892
Th 5:15-6 pm: 1/11(6classes) CHAP $97(R)/$146(N) JumpBunch 40735
W 5:4-5:6 pm: 2/14(5classes) MRRA $97(R)/$146(N) JumpBunch 41898
W 5:45-6:25 pm: 2/14(5classes) MRRA $97(R)/$146(N) JumpBunch 41894
Th 5:15-6 pm: 2/15(5classes) CHAP $97(R)/$146(N) JumpBunch 41896

YOGA STARS
Yoga Stars helps kids channel positive energy by creating a space to practice mindfulness, strength and breathing techniques. With our engaging weekly sessions, our stars explore simple yoga poses with songs, props, and stories.

(18mo-3yrs and parent/caregiver)
- F 9:30-10:15 am: 1/2(5classes) CACT $50(R)/$57(N) Stretch-n-Grow 40798
- F 9:30-10:15 am: 2/2(5classes) CACT $50(R)/$57(N) Stretch-n-Grow 40791

(4-6yrs)
- W 3:3-4:15 pm: 1/10(6classes) MRRA $58(R)/$87(N) Stretch-n-Grow 40865
- W 3:30-4:15 pm: 2/21(5classes) MRRA $50(R)/$57(N) Stretch-n-Grow 40867

HOBIES & INTERESTS

CARS, TRUCKS AND THINGS THAT GO VROOOOM! TRIP
(2-5yrs and parent/caregiver) Is your child thrilled at the sight of trash trucks, police cars and fire trucks? Register to get an up close look at some of the city’s most exciting and important vehicles. One child per parent permitted.

F 9:4-9:55 am: 2/16(1class) NCYD $15(R)/$20(N) Leisure Education 41393
F 10:3-10:15 am: 2/16(1class) NCYD $15(R)/$20(N) Leisure Education 41394
F 9:4-9:55 am: 3/15(1class) NCYD $15(R)/$20(N) Leisure Education 41395
F 10:3-10:15 am: 3/15(1class) NCYD $15(R)/$20(N) Leisure Education 41396

TRAIN TRIP
(2-5yrs old and parent/caregiver) Come behind the scenes at the Paradise & Pacific Railroad. You and your child will first learn about diesel engines and steam locomotives during a tour of the train shed at McCormick-Stillman Railroad Park. We will board the train for a ride over the trestles and around the park. One child per parent permitted.

Tu 9:3-10:30 am: 1/30(1class) MRCA $11(R)/$17(N) Leisure Education 40761
Tu 9:3-10:30 am: 2/27(1class) MRCA $11(R)/$17(N) Leisure Education 41367

XERISCAPE GARDEN TOUR AND NATURE DISCOVERY
(2-5yrs and parent/caregiver) Discover the beauty of saving water at the Scottsdale Xeriscape Garden at Chaparral Park. See amazing desert plants and learn how they survive in an arid desert. We will take a short tour of the garden and do a fun, nature discovery activity in one of our outdoor classrooms. One child per parent permitted.

F 9:30-10:30 am: 3/22(1class) CHAP $5(R)/$8(N) Leisure Education 40769
ART

**NEW YOUNG REMBRANDTS - NEW CARTOON SESSION**
(8-13yrs) 7-Day Drawing Workshop - Rejuvenate your child’s spark and creativity this winter with a Young Rembrandts cartoon class. Your child will be on the quick road to cartoon mastery as they tackle our fun drawing lessons. Our lively cartoon class is packed with hilarious and silly characters and scenes your cartoonist won’t want to miss.

 Tu 5:15-6:15 pm   1/9(7classes)  CHAP $75(R)/$113(N)  Young Rembrandts  40685

**NEW YOUNG REMBRANDTS - NEW CARTOON SESSION**
(7-13yrs) 5-Day Drawing Workshop - Make this spring a memorable one for your child. Students enrolled in a Young Rembrandts cartoon class will learn the essential skills they need to illustrate exciting cartoon imagery that is filled with dynamic characters and expressive personalities.

 Tu 5:15-6:15 pm   2/27(5classes)  CHAP $56(R)/$84(N)  Young Rembrandts  40688

DANCE

**DANCE AND CHEER**
(5-9yrs) Learn the fundamentals of dance and cheer, including cheer chant, basic stunts, cheer arm positions, dance technique and a dance routine. A special showcase will be held on the last day of class for family and friends.

 Tu 5:20-6:05 pm   1/9(8classes)  CACT $97(R)/$146(N)  Dance Sequins Studio  40613

**DANCE FUSION**
(6-13yrs) Learn upbeat dances to warm up, dance along, perform, along with learning to count music, learning basic hip hop moves, and across the floor jazz technique. Students will dance to popular music they love while getting a full body workout that develops strength, musicality, coordination, and building confidence. A special showcase will be held on the last day of class for family and friends.

 M 5:50-6:35 pm   1/8(6classes)  CACT $75(R)/$113(N)  Dance Sequins Studio  40617

**DANCE STARS**
(5-8yrs) Our dancers learn the fundamentals of ballet, jazz and hip-hop while developing grace, coordination, balance and poise. By inspiring a passion for dance, our imaginative and engaging classes will create twirling, self-expressive machines!

 Th 4:30-5:15 pm   1/11(5classes)  MMRA $58(R)/$75(N)  Stretch-n-Grow  40793
 Th 4:30-5:15 pm   2/15(6classes)  MMRA $58(R)/$87(N)  Stretch-n-Grow  40795

SPORTS

**3-SPORT MULTI-SPORT**
(6-9yrs) Sports: Soccer, Baseball/Softball, and Basketball. Players learn how to kick and control a soccer ball, how to hit, catch, throw, and run the bases shoot and dribble a basketball and build strength + endurance. Each participant will need to bring their own, age-appropriate soccer ball for the first week, as well as their own tee/bat, and basketball for later in the session.

 F 5:25-6:10 pm   1/12(5classes)  CACT $79(R)/$119(N)  B.E.S.T. Sports  40663
 F 5:25-6:10 pm   2/16(4classes)  CACT $66(R)/$99(N)  B.E.S.T. Sports  41399

**BASKETBALL SKILLS & DRILLS**
(6-9yrs) Our basketball skills and drills clinics introduce and advance your player’s ability for ball handling, dribbling, defense, jumping, passing, shooting, and the triple threat position. This is an extremely active, endurance-based class. Please bring your child’s favorite basketball with their name on it.

 F 6:15-7 pm   1/12(5classes)  CACT $79(R)/$119(N)  B.E.S.T. Sports  40666
 F 6:15-7 pm   2/16(4classes)  CACT $66(R)/$99(N)  B.E.S.T. Sports  41401

**GYMNASTICS**
(6-9yrs) Class starts with warm-ups that include tuck, straddle, and pike jumps. The gymnastics class includes front and back rolls, cartwheels, handstands, walk-overs, and also included is bar strengthening, stretches and conditioning.

 Sa 2-3 pm   1/13(8classes)  CACT $52(R)/$78(N)  Schaffer  40635

**KOKIKAI KIDS - MARTIAL ARTS**
(8-13yrs) Introductory martial arts class. Students will engage in activities such as stretching, rolling, conditioning exercises, and movement for self-defense. Youth may come away from this class with increased confidence, mind-body awareness, and an appreciation for traditional martial arts.

 W 6-6:50 pm   1/10(5classes)  MTNV $34(R)/$51(N)  Barker  40644
 W 6-6:50 pm   2/14(5classes)  MTNV $34(R)/$51(N)  Barker  40645

Check out our Youth programs offered through Scottsdale Public Libraries! See pg. 33 for more information!
OUTDOOR SOCCER FOR KIDS
(5-7yrs) Taught by a former professional soccer player. This class will introduce children to stretching, passing, dribbling, and basic elements of team spirit. Children will have fun exercising, making new friends and learning basic soccer skills. Children play non-competitive games.

<table>
<thead>
<tr>
<th>Days</th>
<th>Time</th>
<th>Ages</th>
<th>Location</th>
<th>Instructor</th>
<th>Fee (Residents/Non-Residents)</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>4:45 am</td>
<td>1/5 (classes)</td>
<td>General</td>
<td>Hatfield</td>
<td>$70 (R)/$105 (N)</td>
<td>40694</td>
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<tr>
<td>M</td>
<td>4:45 am</td>
<td>2/6 (classes)</td>
<td>General</td>
<td>Hatfield</td>
<td>$70 (R)/$105 (N)</td>
<td>41858</td>
</tr>
</tbody>
</table>

SCHOOL AGE SUPER SOCCER STARS
(6-8yrs) All soccer skill levels are welcome. Our Soccer Stars coaches will assess each child to make sure they are learning at their own pace. Some of the soccer specific drills we teach are based around dribbling, kicking, passing and shooting. We will play several games to help enhance children’s soccer skills, while also building a sense of teamwork in a fun and safe environment.

<table>
<thead>
<tr>
<th>Days</th>
<th>Time</th>
<th>Ages</th>
<th>Location</th>
<th>Instructor</th>
<th>Fee (Residents/Non-Residents)</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tu</td>
<td>6:05-6:50 am</td>
<td>1/9 (classes)</td>
<td>General</td>
<td>ELDO</td>
<td>$97 (R)/$146 (N)</td>
<td>JumpBunch</td>
</tr>
<tr>
<td>Tu</td>
<td>6:05-6:50 am</td>
<td>2/10 (classes)</td>
<td>General</td>
<td>ELDO</td>
<td>$97 (R)/$146 (N)</td>
<td>JumpBunch</td>
</tr>
</tbody>
</table>

YOGA STARS
(7-10yrs) Yoga Stars helps kids channel positive energy by creating a space to practice mindfulness, strength, and breathing techniques. Our stars explore simple yoga poses with songs, props and stories. Our creative curriculum will have your yoga stars increasing their endurance, concentration and confidence!

<table>
<thead>
<tr>
<th>Days</th>
<th>Time</th>
<th>Ages</th>
<th>Location</th>
<th>Instructor</th>
<th>Fee (Residents/Non-Residents)</th>
<th>Contact</th>
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</thead>
<tbody>
<tr>
<td>W</td>
<td>4:30-5:15 pm</td>
<td>1/10 (classes)</td>
<td>Elementary</td>
<td>MMRA</td>
<td>$58 (R)/$87 (N)</td>
<td>Stretch-n-Grow</td>
</tr>
<tr>
<td>W</td>
<td>4:30-5:15 pm</td>
<td>2/21 (classes)</td>
<td>Elementary</td>
<td>MMRA</td>
<td>$50 (R)/$75 (N)</td>
<td>Stretch-n-Grow</td>
</tr>
</tbody>
</table>

MUSIC
PIANO/KEYBOARDING
(5-12yrs) Elements is an innovative piano program designed to give your child the best opportunity for a successful start on the piano keyboard. Elements is a musical adventure that includes the fundamentals that are key to learning the piano; note reading, music theory, rhythm, chords, piano technique and all the skills needed to play the music from class. Keyboards are provided for students class use; recital held for family and friends on the last day of class.

<table>
<thead>
<tr>
<th>Days</th>
<th>Time</th>
<th>Ages</th>
<th>Location</th>
<th>Instructor</th>
<th>Fee (Residents/Non-Residents)</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sa</td>
<td>9:15-10:15 am</td>
<td>1/13 (classes)</td>
<td>Elementary</td>
<td>HRZN</td>
<td>$124 (R)/$186 (N)</td>
<td>Elements Music</td>
</tr>
<tr>
<td>Sa</td>
<td>9:15-10:15 am</td>
<td>2/24 (classes)</td>
<td>Elementary</td>
<td>HRZN</td>
<td>$105 (R)/$158 (N)</td>
<td>Elements Music</td>
</tr>
</tbody>
</table>

SPRING BREAK CAMPS
MINING & CRAFTING LEGO® CAMP
(5-11yrs) Minecraft is a game about placing blocks to build anything you can imagine. Experience the world of Minecraft with LEGO® bricks in this fun camp. Kids will start by crafting their shelters and some of the mobs, critters and tools using LEGO® bricks. Students will face new challenges each day, building models and crafting key elements from the popular Minecraft game. LEGO® is a registered trademark of the LEGO® Group and Mojang © 2009-2013. “Minecraft” are trademarks of Notch Development AB of companies which does not sponsor, authorize or endorse these programs.

<table>
<thead>
<tr>
<th>Days</th>
<th>Time</th>
<th>Ages</th>
<th>Location</th>
<th>Instructor</th>
<th>Fee (Residents/Non-Residents)</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tu</td>
<td>9:00 am-12:30 pm</td>
<td>3/11 (classes)</td>
<td>Elementary</td>
<td>CHAP</td>
<td>$166 (R)/$249 (N)</td>
<td>Nathan</td>
</tr>
</tbody>
</table>

NEW ARCADE MANIA CAMP™
(6-11yrs) This Kids-Choice Challenge island adventure puts a 100% SCREEN-FREE STEam twist on popular video games: From Super STEamio to Island Blox to Mine Island to Fort Island to retro-inspired games like Space Aliens and Pinball Machines! You and your STEam team will swap game consoles for creativity and joysticks for ingenuity and imagination as you take on Islands of low-tech STEam challenges created with game-loving kids in mind!

<table>
<thead>
<tr>
<th>Days</th>
<th>Time</th>
<th>Ages</th>
<th>Location</th>
<th>Instructor</th>
<th>Fee (Residents/Non-Residents)</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tu</td>
<td>9:30 am-12:30 pm</td>
<td>3/11 (classes)</td>
<td>Elementary</td>
<td>MTN</td>
<td>$145 (R)/$218 (N)</td>
<td>Nathan</td>
</tr>
</tbody>
</table>
YOUTH CAMPS & PROGRAMS

SPRING BREAK CAMPS: 1ST - 5TH GRADES
Don’t sit home bored during spring break! Participate in fun and exciting recreational activities including crafts, sports, games, and much more. Morning and afternoon snack will be provided.

Cost is $150 for the week

HOHOKAM ELEMENTARY SCHOOL - 42077
8451 E. Oak Street | 480-312-2584
M-F 8am-5pm 3/11-3/15 $150

HORIZON COMMUNITY CENTER - 42076
15444 N. 100th Street | 480-312-2650
M-F 8am-5pm 3/11-3/15 $150

SPRING BREAK CAMPS: 6TH - 12TH GRADES

AFTER-SCHOOL PROGRAMS
NOW THROUGH MAY 2024

After-School programming is provided in collaboration with Scottsdale Unified School District for the students attending specific Title One schools. Title One elementary after-school programs are for students in grades K-5 as of fall 2023. Snack will be provided by Scottsdale Unified School District.

Cost is $65 a month

COMMUNITY CENTER PROGRAMS

Horizon Community Center
15444 N. 100th St. | 480-312-2650
M-F School release-6pm Grades 1-6 $65/mo 41065

Mountain View Community Center
8625 E. Mountain View Road | 480-312-2584
M-F School release-6pm Grades K-6 $65/mo 41031

SCHOOL COLLABORATION
AFTER-SCHOOL PROGRAMS - 480-312-2329

After-School programming is provided in collaboration with Scottsdale Unified School District for the students attending specific Title One schools. Title One elementary after-school programs are for students in grades K-5 as of fall 2023. Snack will be provided by Scottsdale Unified School District.

Hohokam | 8451 E. Oak Street
M-F School release-6pm Grades K-5 $65/mo 41030

Navajo | 4525 N. Granite Reef Road
M-F School release-6pm Grades K-5 $65/mo 41032

Echo Canyon | 4330 N. 62nd St.
M-F School release-6pm Grades K-5 $65/mo 41029

Yavapai | 701 N. Miller Road
M-F School release-6pm Grades K-5 $65/mo 41033

PARENT’S NIGHT OUT
Parents, follow Cupid’s arrow and drop off the kids for our 6th annual Valentine’s Day celebration. Recreation staff will provide supervised activities including scavenger hunt, arts and crafts, pizza, ice cream sundaes, and much more.

Friday, Feb. 9 | 6:15-10 p.m.
Course #42075

HORIZON COMMUNITY CENTER
15444 N. 100th St. | 480-312-2650

Early registration is recommended, as space is limited. Your child must be picked up by 10 p.m. or a late fee could be assessed.

If your child has a food allergy or special diet restrictions, please contact Geoff Gerstel (email: GGerstel@ScottsdaleAZ.gov) to make special arrangements at least one week prior to the event.

Register at Recreation.ScottsdaleAZ.gov and search "After-School Programs."

Scottsdale After-School Programs are not licensed childcare under ARS section 23-882. To ensure a clear understanding of how the City of Scottsdale After-School Programs operate, caregivers are required to attend a mandatory parent information session before youth can attend program.
ARTS & CRAFTS

To view the supply list for classes, go to ScottsdaleAZ.gov and search "Art Supply."

ADVANCED OIL PAINTING
(18+) This class is designed for those who have painted continuously in oil and can supply at least three pictures of paintings done in the last year. We will explore self-portraits, portraiture, figurative, still life, urban, and special effect painting, including challenging elements such as hair, fur, ice cubes, glass/reflectons, weathered wood, and more, in a relaxed and friendly environment with other serious artists.

M 4:45-7:45 pm 1/8(11classes) VLS C $180(R)/$260(N) Fried 40564

BEGINNING OIL PAINTING
(18+) For beginning painters who want to grow in confidence and ability to create a good oil painting. You will begin with a simple still life picture of my choice, which I will email you at least a week prior to the first class. I have several pictures to choose from after that, that are carefully chosen to meet your needs as a beginner, but to grow your abilities as well. This class is designed to give everyone new to painting a level playing field and quickly grow in a hobby that may become a passion!

*Note: Because the first class covers so much information, you must be present at the first class to continue, and have all of your supplies ready to go.
Please check the supply list online!

NEW   NEW   NEW   INTRO TO WATERCOLOR & TECHNIQUES WORKSHOP
(18+) Learn from the beginning about papers, brushes, paints, salt, masking, light sketching and more! We will make our watercolor color charts along with making brush stroke charts, through learning how to hold our brushes. We will work on 1-2 paintings, that you can apply the learned skills to.

Tu 1:45 pm 1/9(11classes) VLS C $160(R)/$240(N) Consalvo 40628

NEW   MINI PAPER POCKET BOOK
(18+) Create a small book that fits in the palm of your hand. The book unfolds to reveal eight pockets filled with inserts we’ll craft using paper, rubber stamps, inks, and embellishments. This cute book can be used for goals, lists, or for a special greeting. Paper crafting experience is great, but not required.

Sa 10 am-12 pm 1/20(1class) HRZN $18(R)/$27(N) Busch 40672
**NEW MIXED MEDIA PAPER TAGS**  
(18+) Create five amazing paper tags using multiple mixed media techniques. Embossing, collage, rubber stamping, stenciling and more. This class is great to try out new techniques or to add to your paper arts repertoire. Paper crafting experience is great, but not required.  
<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
<th>Tuition</th>
<th>Instructor</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/9</td>
<td>Sa</td>
<td>10-12 pm</td>
<td>3/9(R)</td>
<td>Busch 40671</td>
<td></td>
</tr>
</tbody>
</table>

**NEW VALENTINE CARD CRAFTING**  
(18+) Start the cozy season with an open crafting session to create Valentine themed cards for your loved ones. Enjoy music and treats while we create together! Basic crafting supplies will be provided like cards, glue, stickers etc.  
<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
<th>Tuition</th>
<th>Instructor</th>
<th>Notes</th>
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</thead>
<tbody>
<tr>
<td>2/8</td>
<td>Th</td>
<td>5-7:30 pm</td>
<td>2/8(R)</td>
<td>Dugie 41790</td>
<td></td>
</tr>
</tbody>
</table>

**NEW WATERCOLOR FLORALS WORKSHOP**  
(18+) A fun 2 class workshop doing loose abstract and realistic florals. Students can either have their own floral subject or use the ones I present and demo from. Workshops is for any level.  
<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
<th>Tuition</th>
<th>Instructor</th>
<th>Notes</th>
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<tbody>
<tr>
<td>2/6</td>
<td>Tu</td>
<td>5-7 pm</td>
<td>2/6(R)</td>
<td>Godwin 41804</td>
<td></td>
</tr>
<tr>
<td>3/5</td>
<td>Tu</td>
<td>5-7 pm</td>
<td>3/5(R)</td>
<td>Godwin 41805</td>
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</table>

**OIL AND ACRYLIC PAINTING**  
(18+) New and continuing students will focus on developing basic skills, exploring color, style, and various techniques in a relaxed environment. Learn techniques using acrylic or oil paints. Learn to develop a portrait, landscape, floral, abstract, or non-representational forms.  
<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
<th>Tuition</th>
<th>Instructor</th>
<th>Notes</th>
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<tbody>
<tr>
<td>1/8</td>
<td>M</td>
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<td>1/8(R)</td>
<td>Roberts 40691</td>
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<tr>
<td>1/9</td>
<td>Tu</td>
<td>9-11 am</td>
<td>1/9(R)</td>
<td>Roberts 40852</td>
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<tr>
<td>1/9</td>
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<td>1-3 pm</td>
<td>1/9(R)</td>
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<tr>
<td>1/10</td>
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<tr>
<td>1/12</td>
<td>F</td>
<td>1-3 pm</td>
<td>1/12(R)</td>
<td>Consalvo 40689</td>
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</table>

**PAINT STUDIO**  
(18+) Welcome beginners, intermediate and advanced artists. Focus on the media of your choice: oils, acrylics, watercolors, or mixed media. Enjoy exploring art making and expanding your skills.  
<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
<th>Tuition</th>
<th>Instructor</th>
<th>Notes</th>
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<tbody>
<tr>
<td>1/8</td>
<td>M</td>
<td>1-3 pm</td>
<td>1/8(R)</td>
<td>Khamis 40703</td>
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</table>

**PASTELS**  
(18+) New and continuing students will learn techniques using pastels. Learn to develop a portrait, landscape, floral, abstract, or a nonrepresentational form with ease. Color is the magical element that gives feeling and emotion to art. Once you understand the meaning of color, it will help you determine the palette to evoke strong emotional response in your paintings.  
<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
<th>Tuition</th>
<th>Instructor</th>
<th>Notes</th>
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<tbody>
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<td>1-4 pm</td>
<td>1/11(R)</td>
<td>Schneider 40704</td>
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</tbody>
</table>

**WATERCOLOR**  
(18+) Transparent watercolor for the beginning, as well as intermediate student will include basic techniques, color and composition using landscape, still life, and portrait. Individual attention with emphasis on learning to see as the artist does.  
<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
<th>Tuition</th>
<th>Instructor</th>
<th>Notes</th>
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<tbody>
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<td>1/10</td>
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<td>9-12 pm</td>
<td>1/10(R)</td>
<td>Godwin 40764</td>
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<tr>
<td>1/11</td>
<td>F</td>
<td>9-12 pm</td>
<td>1/11(R)</td>
<td>Amsellem 40678</td>
<td></td>
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</tbody>
</table>

**INTERMEDIATE/ADVANCED WATERCOLOR**  
(18+) Watercolor learning composition using images of landscape, still life, and portrait. Attention with emphasis on learning to see as the artist does and not just copying an image. From time to time, we will also be painting with ink which is very exciting.  
<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
<th>Tuition</th>
<th>Instructor</th>
<th>Notes</th>
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<tbody>
<tr>
<td>1/8</td>
<td>M</td>
<td>1-3 pm</td>
<td>1/8(R)</td>
<td>Amsellem 40763</td>
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</table>

**CERAMICS**  
**ADVANCED CLAY STUDIO**  
(18+) NO INSTRUCTION. Proficiency in hand-building or wheel-throwing at an intermediate level or above required. Studio time for working on your clay projects independently. Equipment available includes electric wheels, slab roller, and staff-fired Cone 5/6 electric kiln, plus slips, glazes, and more. You must be able to design, carry out, and complete a project from wet clay to glazing without assistance. Pieces created at Eldorado clay studio are eligible for firing in the studio kilns. $20 non-refundable cash material fee due at first class.  
<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
<th>Tuition</th>
<th>Instructor</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/11</td>
<td>Tu</td>
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<td>1/11(R)</td>
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<tr>
<td></td>
<td>Th</td>
<td>12-3 pm</td>
<td>1/11(R)</td>
<td>Bogan 40831</td>
<td></td>
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</table>

**HOME ACCENTS**  
(18+) Rev up your house and patio with fireplace sculptures, bookshelf decorations, lamps, flower pots, bonsai dishes and more! Students will explore hand building, wheel throwing, texture, decoration, glazing and firing with an emphasis on design and form. Supplies to bring to class: 25lbs Cone 5 clay, basic pottery tools, wood knife, pin tool, cutting wire, rib, sponge, brushes, apron and small bucket. $20 non-refundable cash material fee due at first class.  
<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
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<tr>
<td>1/13</td>
<td>Sa</td>
<td>9-12 pm</td>
<td>1/13(R)</td>
<td>Peterson 40594</td>
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<td>1/13</td>
<td>Sa</td>
<td>1-4 pm</td>
<td>1/13(R)</td>
<td>Peterson 40595</td>
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INTRODUCTION TO CLAY
Introduction to basic clay techniques including coil, pinch, slab, wheel and glazing. Students will explore hand building, wheel throwing, texture, decoration, glazing and firing with an emphasis on design and form, as time allows. Bring basic ceramics tools (cutting wire, brushes, sponge, needle tool) and 25 lbs Cone 5/6 clay to first class.

(14+)
M 5-7:45 pm 1/8(10classes) GRSC $163(R)/$245(N) Peterson 40598

(18+)
Tu 9 am-12 pm 1/9(11classes) ELD8 $178(R)/$267(N) Bogan 40832
Th 9 am-12 pm 1/11(11classes) ELD8 $178(R)/$267(N) Bogan 40833

COOKING CLASSES

NEW MEDITERRANEAN DIET 101 - ONLINE
(15+) Join a professional chef and learn the scientific research behind the Mediterranean diet while making a heart-healthy, low glycemic index, diabetic-friendly dinner. Cook from home and have all your questions answered by an expert. Instructions and recipes will be provided to all registered students. Buy your ingredients ahead of time and follow along, or simply watch and ask questions as if you were watching the food network live. All recipes can be modified for your dietary restrictions and all levels of culinary experience are welcome!

Sa 1-6:30 pm 1/20(1class) ONLINE $38(R)/$57(N) Sampson 41787

VISIT VIETNAM: CLEAN, CLASSIC, VIETNAMESE RECIPES
(15+) Join us for a virtual kitchen class and cook along with a professional chef. Enjoy restaurant-quality East Asian at home! (Vegan and Gluten-free options available)

Sa 1-6:30 pm 2/10(1class) ONLINE $38(R)/$57(N) Sampson 41787

DIGITAL PHOTOGRAPHY

BEGINNING
(15+) Learn the basics of photography, how to use your camera and discover what all those buttons really do. Then begin the process to really “see” your subject before clicking the shutter. Mix in weekly photo assignments to apply what you learn and you will leave this class feeling good about your photography while having fun. This class is taught using DSLR cameras. Bring your DSLR camera to each class.

M 6-7:30 pm 1/22(16classes) VLSC $54(R)/$81(N) Bochenek 40620

INTERMEDIATE/ADVANCED
(15+) This course is for passionate photographers who understand the basics like f/stop and shutter speed and are looking to take more eye-catching photos. We will explore different composition and framing techniques that will draw the viewer into your photos. We’ll expand on topics like the use of light, what makes an image impactful, and ideas for more artistic images.

M 6-7:30 pm 1/28(8classes) HRZN $49(R)/$74(N) Marple 40621

COMMUNICATION & LANGUAGE

ONLINE BEGINNER SPANISH
(14+) This class is for students who have no prior background in Spanish. Learn pronunciation, essential vocabulary, and basic grammar to communicate simple ideas. Practice listening comprehension and speaking to convey basic ideas including numbers, nouns, adjectives, and frequently used verbs.

Tu 9:30-11 am 1/9(11classes) ONLINE $97(R)/$146(N) Buettner 40572

SPANISH I
(14+) Always wanted to speak Spanish but didn’t keep it up after schooling? You will be introduced to typical high school level one listening, reading, and speaking grammar concepts including present tense verb conjugation, nouns, adjectives & gender and vocabulary acquisition. Emphasis is placed on conversation practice. Travel and cultural enrichment are included.

W 4:30-5:30 pm 1/17(10classes) VLSC $76(R)/$114(N) Philipp 40850

SPANISH II
(14+) This class is a continuation from Spanish I. Maintaining the learning focus on conversation while expanding into writing as well as listening and reading. As we continue our focus on present tense grammar and vocabulary, additional useful tenses will be introduced. The scope & sequence will adjust according to class makeup. Travel and cultural enrichment are included.

W 5:40-6:40 pm 1/17(10classes) VLSC $76(R)/$114(N) Philipp 40851

ONLINE SPANISH: STEP 1
(14+) If you know just a little of the basics in Spanish (masculine/feminine gender info, present tense verbs), this class gives you practice to converse, listen, and reviewing simple vocabulary, grammar, and sentence structure. This is the class to take after “Beginner Spanish Step 1” or if you took high school Spanish long ago and want to jump start your experience. Conversation practice uses mainly easier present tense structures.

M 9:30-11 am 1/8(11classes) ONLINE $97(R)/$146(N) Buettner 40573
ITALIAN - LEVEL 1
(14+) This is an introductory class to the Italian language designed for students seeking speaking and listening abilities with minimal emphasis on grammar. In this course you will be introduced to the Italian alphabet, correct pronunciation of the individual letters and selected letter groups. Students will develop basic speaking, listening, reading, writing, comprehension and cultural awareness skills.

| Tu | 6:15-7:45 pm | 1/10(11classes) | HRZN $105(R)/$158(N) | Orso | 40643 |

ITALIAN - LEVEL 2
(14+) This intermediate Italian course is designed for students who have a basic understanding of the Italian language. If you already have knowledge of singular and plural nouns, gender differences, and the verbs "essere," "stare," and "avere," this course is the next step for you. Develop your language skills and gain the tools and strategies to continue your independent study for further improvement. This course serves as a bridge between the basics and more advanced levels, preparing you for further linguistic growth in the Italian language.

| Th | 6:15-7:45 pm | 1/11(11classes) | HRZN $105(R)/$158(N) | Orso | 40806 |

ITALIAN - LEVEL 2

| Tu | 5:30-7:30 pm | 1/13(11classes) | HRZN $89(R)/$134(N) | Gabor | 40632 |

INTRODUCTION TO FRENCH AND FRENCH CULTURE
(18+) A fun and engaging course for beginners who are new to French and want to learn the conversational basics with the dream of one day using it in practice and travel. We will also learn about French culture. This class is NOT for fluent speakers due to its beginning level.

| Tu | 6:15-7:45 pm | 1/16(10classes) | VLSC $106(R)/$159(N) | Philipp | 40639 |

FRENCH - CONTINUING
(18+) Designed for students who want to improve fluency and mix use of the present and past, this class gives you more challenging practice. We work to improve your listening/speaking/reading abilities.

| W | 10:11-12:30 pm | 1/10(11classes) | ONLINE $97(R)/$146(N) | Buettner | 40838 |
| W | 6:30-7:30 pm | 1/10(11classes) | ONLINE $97(R)/$146(N) | Buettner | 40726 |

BALLETT - BEGINNING
(18+) This class is designed for the beginning student or those with less than two years of ballet training. This casual and fun class will offer a great workout while learning ballet basics, technique, terminology and ballet combinations.

| Tu | 2:50-4:00 pm | 1/11(11classes) | GRSC $57(R)/$88(N) | Moore | 40565 |

BALLROOM DANCE - BASICS I
(18+) Learn and improve the dances you need to feel comfortable in any social situation. Dances may include: foxtrot, waltz, cha-cha, tango, rumba, swing and much more. No partner required; however, we cannot guarantee there will be enough partners to share during class.

| Tu | 5:45-6:40 pm | 1/10(10classes) | GRSC $57(R)/$88(N) | Dale | 40568 |

BALLROOM DANCE - BASICS II
(18+) After completing 2-3 sessions of the Basics I class, this level will continue with introducing step patterns and technique in basic levels of social dancing. Dances may include foxtrot, waltz, cha-cha, tango, rumba, swing, and more.

| Tu | 6:45-7:40 pm | 1/10(10classes) | GRSC $57(R)/$88(N) | Dale | 40569 |

BALLROOM DANCE - BEYOND THE BASICS
(18+) Here’s a chance for the student who has taken 4-5 sessions of the Basics I class, this level will continue with introducing step patterns and technique to help improve movement on the dance floor.

| W | 5:50-6:55 pm | 1/10(11classes) | VLSC $62(R)/$93(N) | Dale | 40566 |

BALLROOM DANCE - INTERMEDIATE SMOOTH & RHYTHM
(18+) This class will focus on higher-level patterns and techniques in dances such as foxtrot, waltz, tango, rumba, cha-cha, swing, salsa, and more! A fun continuation for the student who has had at least 5 or 6 sessions of ballroom dance and who have learned 7 to 8 patterns in each of the social ballroom dances.

| W | 6:00-7:06 pm | 1/10(10classes) | VLSC $62(R)/$93(N) | Dale | 40567 |

DANCING DELIGHTS - INTRODUCING MODELING - BEGINNERS
(18+) This class will focus on many different dance steps and cute routines. The goal in modeling and dancing is to walk with grace, poise, good posture, and to carry yourself with confidence.

| W | 1:30-2:30 pm | 1/10(11classes) | GRSC $65(R)/$98(N) | Goss | 40618 |

DANCING DELIGHTS - DANCING FOR FUN! INTERMEDIATE/ADVANCED
(18+) Experience, understand, and acquire the knowledge of how dance steps, movements and combinations make up dance routines. Also, learn many new dance styles, while working on showmanship and always enjoying dancing for fun.

| W | 2:40-3:40 pm | 1/10(11classes) | GRSC $65(R)/$98(N) | Goss | 41855 |
ADULT (14+ YEARS)

LINE DANCING: BEGINNERS
(18+) Exercise your mind and body while dancing. Everyone is welcome to join this fun and energizing line dance class. Learn steps and line dances for country, Latin, waltzes, old standards and newer dances. No partner is required to enjoy this class. Some dance experience would be helpful.

Tu 10:35-11:35 am 1/9(11classes) VSLC $82(R)/$123(N) Chapman 40648

TAP - INTERMEDIATE
(18+) This fast-paced intermediate class is for the fun of tapping to a variety of music and styles. Choreography for dances will be taught while learning and building on basic techniques of both rhythm and Hollywood styles. Tap shoes required.

Tu 6:15-7:15 pm 1/9(11classes) MTNV $63(R)/$95(N) Campion 40749

TAP - SENIOR BEGINNING TECHNIQUES
(18+) Learn the basics of different dance steps and combinations while improving your memory and having fun.

Th 2:45-3:45 pm 1/11(11classes) GRSC $63(R)/$95(N) Campion 40750

TAP - SENIOR INTERMEDIATE LEVEL I
(18+) Learn the basics of dance routines while improving your memory and having fun. If you are not at the appropriate skill level, you will be asked to withdraw, and staff will do their best to locate a class at the correct level.

Th 4:5 pm 1/11(11classes) GRSC $63(R)/$95(N) Campion 40751

TAP - SENIOR INTERMEDIATE LEVEL II
(18+) Learn more challenging dance routines while improving your memory and having fun. Please note, if you are not at the appropriate skill level, you will be asked to withdraw, and staff will do their best to locate a class at the correct level.

Th 5-6 pm 1/11(11classes) GRSC $63(R)/$95(N) Campion 40752

FITNESS & HEALTH

AEROBICS
(18+) Start your day off right with this ‘work at your own pace’ cardio class! Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning and stretching exercises are all included. Modifications are provided.

M 8:15-9 am 1/9(3classes) GRSC $49(R)/$74(N) Alford 40666

BARRE EXPRESS
(14+) Barre Express is one of the most effective ways to change the shape of your body for a total body workout. This sculpting class blends ballet, strength training, yoga, and Pilates to create long and lean muscles to reshape your body. Light weights, small ball and glides will be used as props. No experience necessary.

M W 6:10-7 am 1/8(15classes) MMRA $133(R)/$200(N) Spencer 40571
M 5:45-6:35 pm 1/8(6classes) MMRA $60(R)/$90(N) Spencer 40570

BETTER BALANCE FOR SENIORS
(18+) While much of the focus will be on strengthening the core and maintaining core strength, this class will also offer exercises to help seniors to walk better and prevent falls. The class will also offer exercises and strategies to help you get back up in case you do fall. This class will be done sitting or using the chair as a prop for standing exercises.

M 11:15 am-12:05 pm 1/8(10classes) VSLC $102(R)/$153(N) Yancy 40556
W 11:15-12 pm 1/10(12classes) VSLC $121(R)/$182(N) Yancy 40579
Th 10:15-11:05 am 1/11(11classes) VSLC $121(R)/$182(N) Yancy 40580

BODY AND MIND
(18+) Whip your heart, mind, and body into shape while having a great time. This course combines aerobics with yoga & Pilates providing a full body workout including cardio, strengthening and flexibility.

M W 9:15-10:15 am 1/8(18classes) GRSC $118(R)/$132(N) Alford 40582
F 11:15 am-12:15 pm 1/12(11classes) VSLC $58(R)/$87(N) Alford 40581

BODY CONDITIONING
(18+) Exercise class concentrating on enhancing body tone, strengthening and stretching. This will include an educational aspect on fitness and wellness to incorporate fitness into everyday life.

W 8:15-9 am 1/10(8classes) GRSC $49(R)/$74(N) Alford 40583

BOLLYX - THE BOLLYWOOD WORKOUT!
(14+) BollyX is a Bollywood-inspired dance-fitness program that combines dynamic choreography with the hottest music from around the world. 50-minute cardio workout cycles between higher and lower-intensity dance sequences to get you moving, sweating, and smiling.

M 6:45-7:45 pm 1/8(6classes) HRZN $75(R)/$113(N) Patel 40584
PARKS AND RECREATION

The City of Scottsdale fully supports the provision of the Americans with Disabilities Act and is committed to supporting the full inclusion of persons with disabilities into programs, classes, services, and public facilities so that the full participation may be enjoyed by all. See page 28 for details.

NEW 30/30/30
(14+) The class will start off with 30 minutes of aerobics, followed by 30 minutes of strength training, and finishing up with 30 minutes of pilates, stretch and meditation.

Tu 8:30-9:30 am 1/10(12classes) VLSC $89(R)/$134(N) Alfrad 40892

NEW AEROBICS
(18+) Start your day off right with this ‘work at your own pace’ cardio class! Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning and stretching exercises are all included. Modifications are provided.

Sa 8:05-8:55 am 1/13(11classes) VLSC $58(R)/$87(N) Alfrad 41306

NEW BEGINNER TO INTERMEDIATE MAT PILATES
(14+) Pilates is for everyone! Pilates strengthens your core and therefore your overall strength and stability. It sculpts long lean muscles and increases flexibility. This beginner to intermediate class will focus on the core principles, movements and breath of classic pilates. The class is structured to challenge you to progress to higher levels of the pilates practice. All levels are welcome. Class is performed standing and on the mat.

Sa 9-10 am 1/13(11classes) GRSC $74(R)/$111(N) Dorsey 41863

PILATES
This beginning pilates class will focus on strengthening your body core, stability and balance.*Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

(14+)

M 10-11 am 1/8(11classes) MMRA $114(R)/$171(N) Nicholas 40709
W 6:15-7:15 pm 1/10(12classes) HRZN $82(R)/$123(N) Martin 40710
(18+)

Tu 1:30-2:25 pm 1/9(12classes) VLSC $93(R)/$140(N) Yancy 40712
W 8:05-9:05 am 1/10(12classes) VLSC $93(R)/$140(N) Yancy 40788
Th 1:30-2:25 pm 1/11(11classes) VLSC $93(R)/$140(N) Yancy 40711

PILATES GENTLE
(18+) This pilates class contains all the benefits to a traditional pilates class, however this style is slower and a more gentle approach.

W 10:30-11:30 am 1/10(9classes) GRSC $55(R)/$83(N) Dorsey 40715

PILATES - GOLF CONDITIONING
(14+) This conditioning program can significantly enhance your golfing experience while extending your years of play. Increasing strength and flexibility and decrease your risk for injury. Building better bodies and minds is the original purpose of pilates.

Tu 4:45-5:35 pm 1/9(11classes) MMRA $82(R)/$123(N) Martin 40713
Th 4:45-5:35 pm 1/11(11classes) VLSC $82(R)/$123(N) Martin 40714

PILATES INTERMEDIATE/ADVANCED
(14+) This class will focus on strengthening your body core, stability and balance. All levels of athletic ability are encouraged to attend. Three months of Pilates experience suggested. *Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

W 10-11 am 1/11(12classes) MMRA $114(R)/$171(N) Nicholas 40716

Core and More
(14+) Structured to accommodate all goals and fitness levels, this full body circuit training format, which incorporates cardio activity alongside weight training, is designed to strengthen your entire body. Get your heart rate up and burn calories as you jump from exercise to exercise working your way through each muscle group, with an emphasis on the core muscles (abs, lower back, hips, and butt).

Th 5:30-6:30 pm 1/12(11classes) MMRA $60(R)/$90(N) Teisch 40609

Chair Pilates
(18+) This class is designed for those who have difficulty getting up off of and down onto the floor. This active pilates fusion style class uses exercises and sequences that are specifically designed for those who want to stay healthy, keep moving and maintain their independence as they age. We will be using the chair in sitting exercises to help warm up, stretch and lengthen the body. No pilates experience is needed! Students must be able to stand and walk independently, without the support of a walker or cane.

Tu 8:15-9:05 am 1/9(12classes) VLSC $121(R)/$182(N) Yancy 40599
F 8:15-9:05 am 1/12(12classes) VLSC $121(R)/$182(N) Yancy 40600

Gentle Chair Pilates
(18+) This class is designed for those who have difficulty getting up off of and down onto the floor. This gentle pilates fusion style class uses exercises and sequences that are specifically designed for those who want to stay healthy, keep moving and maintain their independence as they age but with a slower paced, gentler approach to pilates. Exercises will be done both while sitting and standing (using the chair for support) and students must be able to stand independently, without the support of a walker or cane. No pilates experience is needed and beginners are welcome!

W 9-9:50 am 1/10(12classes) VLSC $121(R)/$182(N) Yancy 40633
SENIOR CIRCUIT - CARDIO, STRETCH AND STRENGTH TRAINING
(18+) A one hour class including cardio and strength training portions. Each class will be broken down into five segments: warm Up (including stretch), work, cool-down, final stretch and relaxation. Within the work segment, alternate cardio and strength training blocks will be offered. Each segment will offer varying levels of exertion, to permit those just starting out through those looking for a more vigorous session to experience the appropriate challenge.

M Th 1-2 pm 1/8(20classes) GRSC $111(R)/$167(N) Herriot 40836

SENIOR STRENGTH TRAINING
(18+) Resistance and strength training can enable senior citizens to regain muscle mass and strength at any age. You’re never too old to build a little muscle and fight conditions like osteoporosis. Many of the degenerative diseases experienced in the aging process are related to loss of muscle mass and strength. Focus will be geared to those issues related to senior citizens.

This class will utilize basic exercises on machines and with free weights.

M W 11 am-12 pm 1/8(20classes) VLS.C $163(R)/$245(N) Smith 40717
M W 5:45-6:45 pm 1/8(20classes) VLS.C $112(R)/$168(N) Teich 40674
M Th 9-10 am 1/11(15classes) MRRA $155(R)/$233(N) Smith 40719
Tu Th 10-11 am 1/9(10classes) VLS.C $169(R)/$254(N) Brancati 40728
Tu Th 11:30 am-12:30pm 1/9(10classes) GRSC $169(R)/$254(N) Brancati 40720

SENIOR STRENGTH TRAINING - ADVANCED
(18+) Resistance and strength training can enable senior citizens to regain muscle mass and strength at any age. You’re never too old to build a little muscle and fight conditions like osteoporosis. Many of the degenerative diseases experienced in the aging process are related to loss of muscle mass and strength. Focus will be geared to those issues related to senior citizens.

M W 8-8:55 am 1/10(22classes) MRRA $178(R)/$267(N) Smith 40837

SHIFT YOUR SHAPE
(18+) Get ready to take on the afternoon after this full body stretch and tone workout! Buttocks, back, thighs, and abdominals are strengthened; exercising at your own pace is encouraged. There is emphasis on increasing flexibility, through various yoga poses and traditional stretches. Most of the exercises are on the mat.

Tu Th 11:15 am-12pm 1/12(16classes) ELD.0 $36(R)/$57(N) Reznikoff 40721

STEP AEROBICS
(14+) This class provides the ideal workout for those students who want a challenge and results. It will improve strength, muscle endurance, flexibility and balance. Steps can be adjusted for beginners and advance levels.

Tu 6-7 pm 1/9(11classes) HRZN $82(R)/$123(N) Martin 40728
Th 6-7 pm 1/11(11classes) HRZN $82(R)/$123(N) Martin 40729

STEP AND STRENGTHEN
(14+) Have a great time getting in shape while following basic step movements and being instructed on strengthening exercises. Basics are covered for those that are new to stepping and modifications are given when needed. Strengthen your legs, upper body and core with low intensity training.

Sa 9:15-10:15 am 1/13(10classes) HRZN $54(R)/$81(N) Alfrad 40730

STRETCH IT OUT!
(18+) This class is designed to loosen tight muscles and joints at a slow and gentle pace. Perfect for those suffering from lower back pain due to limited range of motion. Assists in greater range of motion and flexibility.

W 12-1 pm 1/10(12classes) VLS.C $65(R)/$98(N) Alfrad 40731

TAI CHI
(18+) Learn the Yang Style Long Form, a slow, graceful, rhythmic exercise, which promotes good health and improves balance, memory and concentration. The Yang Style Long Form is a series of postures which are broken into three sections.

Beginning – will cover positions from the first section

W 10:45 am-12:15 pm 1/8(12classes) GRSC $61(R)/$92(N) Isaacson 40746
Tu 6-7 pm 1/9(12classes) MRRA $48(R)/$72(N) Oestreich 41777
W 9:30-10:30 am 1/10(12classes) VLS.C $52(R)/$78(N) Navarro 40741
W 10:45-11:45 am 1/10(12classes) VLS.C $52(R)/$78(N) Isaacson 40740
W 5:30-7 pm 1/10(12classes) GRSC $72(R)/$108(N) Isaacson 40739
Th 9:30-10:30 am 1/10(12classes) GRSC $72(R)/$108(N) Isaacson 40744
Th 11:15 am-12:45 pm 1/11(12classes) VLS.C $72(R)/$108(N) Navarro 40745
F 9:30-10:30 am 1/12(13classes) VLS.C $52(R)/$78(N) Navarro 40742
Sa 9-10 am 1/13(10classes) GRSC $48(R)/$72(N) Isaacson 40743

Intermediate – Students must be proficient in positions from the first section

W 10:45-11:45 am 1/10(11classes) VLS.C $46(R)/$69(N) Navarro 40746

Advanced – Students must be proficient in the positions from the first and second section

W 9:30-10:30 am 1/10(11classes) VLS.C $46(R)/$69(N) Isaacson 40738
F 9:30-11 am 1/12(11classes) VLS.C $64(R)/$96(N) Isaacson 40736
Sa 10:15-11:45 am 1/13(10classes) GRSC $59(R)/$89(N) Isaacson 40737
THE TOTAL WORKOUT
(18+) Improve your cardiovascular system with gentle aerobic exercise and muscular strength using light hand weights and your own body weight as resistance. Improve posture and balance. Cool down with gentle stretching and deep breathing.

F 8:45-9:45 am 1/12(10classes) GRSC $54(R)/$81(N) Alfred 40753

TONE AND STRETCH
(18+) Start your day right off with this ‘work at your own pace’ cardio and toning class! Warm-up, stretch, high/low impact cardiovascular activity, muscle toning, stretching and mat work exercises are all included in this total body workout. Class ends with a cool-down and a guided meditation. Modifications are provided. Please bring your own hand weights.

M 8:15-9:05 am 1/8(9classes) VLSC $47(R)/$71(N) Robertson 40754

TOTAL BODY WORKOUT
(18+) Energize your body and mind with this total body workout. Improve your cardiovascular system with gentle aerobic exercise and muscular strength using light hand weights and your own body weight as resistance. Improve posture and balance. Cool down with gentle stretching and deep breathing. Working out in your comfort zone is encouraged.

Th 8:05-9 am 1/11(11classes) VLSC $56(R)/$84(N) Robertson 41305

TOTALLY TONING
(14+) Strengthen and tone your major muscle groups using weights, exercise balls, barbells and gravity. Learn proper form and technique to maximize results. Target problem areas and increase your metabolism with more muscle.

Tu 5:30-6:30 pm 1/9(11classes) MMRA $60(R)/$90(N) Tiesth 40677

ZUMBA
Zumba® fuses song styles, tempos, rhythms, and dance themes from around the world to create a dynamic and effective fitness system that feels more like a party than a workout! The fun and exciting combination of dance choreography and fitness moves work the entire body, targeting major muscle groups and providing a beneficial cardio workout. The steps are easy to follow and incorporate elements of Latin dance, Swing, Hip Hop, Disco, Belly Dance, Folk Dance, and more. Come join the party!

(18+)
Th 6:15-7:15 pm 1/11(11classes) CACT $83(R)/$125(N) Kenrick 40799

(18+)
Tu 9:15-10:15 am 1/9(11classes) MMRA $83(R)/$125(N) Kenrick 40634

ZUMBA GOLD
(18+) Perfect for anyone who is looking for a modified Zumba® class that recreates the original moves you love at a lower-intensity. The design of the class introduces easy-to-follow Zumba® choreography that focuses on balance, range of motion and coordination. This class is ideal for beginners as well as individuals seeking a low-impact exercise program.

M 1-1:55 pm 1/8(9classes) VLSC $70(R)/$105(N) Kenrick 40803
Tu 12-1 pm 1/9(11classes) VLSC $65(R)/$98(N) Scott 40800
W 8:15-9:10 am 1/10(11classes) VLSC $83(R)/$125(N) Kenrick 40801
F 8:15-9:10 am 1/12(11classes) VLSC $83(R)/$125(N) Kenrick 40802

ZUMBA TONING
(18+) The addition of Zumba® Toning Sticks or light dumbbells (1 to 2.5 lbs) turns up the fun and fitness at this dance party! Zumba® Toning is a circuit training that benefits cardiovascular health as well as muscle conditioning and toning. This weighted workout targets muscle groups in the arms, core, and lower body and also increases a sense of rhythm and coordination.

Tu 10:30-11:30 am 1/9(11classes) MMRA $83(R)/$125(N) Kenrick 40805
Tu 6:15-7:15 pm 1/9(11classes) CACT $83(R)/$125(N) Kenrick 40804

YOGA AND MEDITATION
MEDITATION FOR EVERYONE
(18+) Meditation calms the body and soothes the mind. It is also a great way to relieve stress and improve overall health and well-being. Join us and learn the basics of meditation to set up your own home practice. We will also explore various forms of meditation and relaxation methods.

Tu 10:45-11:35 am 1/9(11classes) VLSC $93(R)/$140(N) Yancy 40655
F 12:15-1:05 pm 1/12(12classes) VLSC $93(R)/$140(N) Yancy 40656

ACTIVE CHAIR YOGA
(18+) A chair is used throughout practice for seated poses and for balance in standing poses. Safe, mindful instruction guides students through exercises to maintain and regain mobility, build strength and flexibility. Variations for poses are offered to welcome all levels of ability, including beginners.

M 9:15-10:10 am 1/8(12classes) VLSC $79(R)/$119(N) Yancy 40554
M 10:15-11:10 am 1/8(12classes) VLSC $79(R)/$119(N) Yancy 40559
W 10-10:55 am 1/10(12classes) VLSC $93(R)/$140(N) Yancy 40557
Th 9-10:10 am 1/11(12classes) VLSC $93(R)/$140(N) Yancy 40553
Th 9:30-10:30 am 1/11(11classes) GRSC $83(R)/$125(N) Mullins Bulka 40560
F 9:15-10:10 am 1/12(12classes) VLSC $93(R)/$140(N) Yancy 40556
F 11:15 am-12:30 pm 1/12(12classes) VLSC $93(R)/$140(N) Yancy 40555

CHAIR REIKI I - SELF HEALING
(18+) Reiki energy is a gentle healing warmth that you direct with your hands. It is a simple, natural, and safe method of healing that is effective in treating emotional and physical ailments and works in conjunction with traditional medicine to promote recovery. Reiki treats the whole person, body, mind, and spirit, creating beneficial effects that include relaxation and feelings of well-being. It is a deeply moving experience for many students and is taught by a Reiki Master.

M 8-8:45 am 1/22(4classes) VLSC $45(R)/$68(N) Jenkins 40601
M 8-8:45 am 2/26(4classes) VLSC $45(R)/$68(N) Jenkins 40602

CHAIR REIKI II- SELF HEALING WORKSHOP
(18+) Reiki 2 is an advanced course of self-healing taught through meditation and classroom exercises. It enables the student to send healing energy through healing hands to friends, family, and others at any distance. No touching is required to do this. Reiki 1 is a prerequisite for this course.

M 10-11:30 am 1/22(4classes) VLSC $45(R)/$68(N) Jenkins 40603
M 10-11:30 am 2/26(4classes) VLSC $45(R)/$68(N) Jenkins 40604
**GENTLE CHAIR YOGA**

(18+) Practice yoga using a chair instead of a mat! This Gentle Chair Yoga class is designed for those with limited mobility who want to practice yoga but have difficulty standing for long periods. It is also for anyone looking for a more gentle and relaxing Chair Yoga practice. Each class includes gentle stretching to release tension, stiffness and stress from tight muscles and joints, followed by gentler variations of yoga poses for strength and posture, all done seated in a chair. Approximately 15 minutes of each class will be done standing, working to improve balance and mobility.

F 10:15-11:10 am 1/12(12classes) VLSC $38(R)/$54(N) Yancy 40771

**CHAIR YOGA - INTERMEDIATE**

(18+) This class is designed for those with previous yoga or chair yoga experience and who want to take a challenging yoga class but have difficulty getting up off of and down onto the floor. This quicker paced, flow style, chair yoga class will use the chair in sitting postures to help stretch and warm up the body followed by a series of standing and balance poses, using the chair for support when needed. Previous yoga or chair yoga experience is needed and students must be able to stand and walk independently, without the support of a walker or cane.

M 8:15-9:30 am 1/8(10classes) VLSC $79(R)/$119(N) Yancy 40606
Th 8:15-9:30 am 1/11(12classes) VLSC $93(R)/$140(N) Yancy 40605

**HATHA YOGA**

(14+) The benefits of Hatha yoga include better sleep, strengthening core muscles, improving depression symptoms, and helping with stress management, as well as an effective way to lose weight. Hatha yoga is a type of yoga that emphasizes holding poses. It is made up of three main practices: body postures, breathing techniques, and meditation. You are guaranteed to walk out this type of yoga in a better mood and feeling happier while your body’s more flexible. All levels welcome.

M 6:30-7:45 am 1/8(9classes) VLSC $62(R)/$93(N) Malaekheh 405893

**JOURNEY INTO YOGA**

(18+) Take a journey into your yoga practice! Explore the fundamentals of yoga based on breath work, mindfulness, alignment, building strength and increasing flexibility. Beginner friendly and perfect for continuing students. Discover the joy in your yoga journey through foundational yoga poses while stimulate, rejuvenate, and nurture your body and mind connection.

Th 9:10-10:15 am 1/11(11classes) GRSC $59(R)/$135(N) Urata 40643

**MYOFASCIA RELEASE AND RESTORATIVE**

(18+) Release your fascia that may be causing pain or limited range of movement. Do you suffer from tight muscles, joint, foot, hip, neck, shoulder, or back pain, feeling stressed or anxious? Myofascial release aims to relax tense, constricted fascia surrounding soft tissue. This is a heavily restorative, low-intensity, no impact class that uses several healing modalities (myofascial release, yoga, ancient Chinese meridian point, etc) to soften connective tissue restrictions/adhesion, release tension, stress, anxiety, and trapped energy - restoring harmony and balance within.

Th 10:30-11:45 am 1/11(11classes) GRSC $54(R)/$81(N) Urata 40660

**NEW YIN YOGA - ONLINE**

(14+) Yin yoga is a deliberate and unhurried practice that deepens your stretches and enhances your flexibility. Most poses are performed on the floor, either from a seated position or lying on your back, making it accessible to individuals of all fitness levels. We offer alternative poses to ensure a comfortable and inclusive experience for those facing knee or ankle challenges. To fully embrace your Yin Yoga journey, please have the following props: a yoga mat, one to two yoga blankets, two blocks, and a yoga strap. However, don’t worry if you don’t have these specific props on hand, substitutes are more than acceptable.

Sa 9-10 am 1/13(11classes) ONLINE $47(R)/$71(N) Jarvie 41862

**YOGA - ALL LEVELS**

Find balance for your body, mind and spirit. The physical, all levels yoga practice uses a variety of sequenced standing poses which both strengthen the body and improve flexibility. Detailed instruction will offer the poses for various levels of fitness and ability, along with important alignment cues to practice safely and in such a way that you feel better at the end of practice than when you started. All levels welcome.

(14+)
Th 8:30-9:45 am 1/10(11classes) MMRA $70(R)/$105(N) Malaekheh 408354

(18+)
Th 9:30-10:45 am 1/10(10classes) MMRA $75(R)/$113(N) Stewart 40784
Th 12-1:15 pm 1/10(11classes) GRSC $90(R)/$135(N) Rothman 40845
Th 9:30-10:45 am 1/11(10classes) HRZN $82(R)/$123(N) Rothman 40844

**YOGA BASICS**

(18+) Focus is on essentials of the yoga practice with a gentle approach based on skillful alignment, breath, building core strength and increasing flexibility. Beginner friendly, also perfect for continuing students. Deepen your work in foundational yoga postures while linking breath, awareness, and movement from a place of stability.

W 11 am-12 pm 1/10(9classes) MMRA $62(R)/$93(N) Stewart 40682

**YOGA - BEGINNING**

(18+) This class is to help calm and heal the mind and body through principles of mindfulness meditation; gentle alignment-based yoga poses; and restorative yoga poses. Props such as straps, blocks, cushions, chairs and yoga mats will be utilized when appropriate.

W 10:30-11:15 am 1/11(10classes) CACT $101(R)/$135(N) Sikes 40772
Th 10:45 am-12:15 pm 1/11(11classes) VLSC $109(R)/$164(N) Parrow 40774
YOGA - GENTLE
(18+) Discover the joy of unifying body, mind and spirit in this slower-paced class designed to relax, stretch and strengthen your body with gentle yoga poses, movement, and centered breathing. This "low and slow" class takes place primarily on the floor but also includes standing poses and movement to improve posture, balance, and breath. All levels welcome.

M 11 am-12:15 pm 1/8[classes] VLSC $75(R)/$113(N) Rothman 40775
Tu 9:15-10:45 am 1/9(11classes) GRSC $105(R)/$158(N) Vershure 40776
F 10:45 am-12:15 pm 1/12(11classes) GRSC $109(R)/$164(N) Parrow 40777

YOGA - GENTLE BEGINNING
(18+) This class is to help calm and heal the mind and body through principles of mindfulness meditation; gentle alignment-based yoga poses; and restorative yoga poses. Props such as straps, blocks, cushions, chairs and yoga mats will be utilized when appropriate.

M 9:30-11 am 1/8[classes] GRSC $94(R)/$126(N) Sikes 41285

YOGA - GENTLE/RESTORATIVE
(18+) This slower-paced, restorative class is designed to relax, stretch and strengthen your body with gentle yoga poses, movement, and centered breathing. This "low and slow" class takes place primarily on the floor but also includes easy standing poses to improve posture, balance, and breath. Bring your mat, a blanket or large towel, and (optional) blocks.

Tu 9:15-10:40 am 1/9(11classes) VLSC $115(R)/$203(N) Yancy 40779
Th 2:30-3:55 pm 1/11(12classes) VLSC $113(R)/$203(N) Yancy 40778

YOGA - INTERMEDIATE
(18+) Intermediate requires yoga experience, with knowledge of the alignment principles of yoga for the basic postures, and balance within your body, mind and spirit. The physical practice uses poses which both stretch and strengthen the body.

M 9:30-10:45 am 1/8(9classes) VLSC $75(R)/$113(N) Rothman 40780
Th 9:15-10:30 am 1/11(12classes) VLSC $93(R)/$140(N) Parrow 40781

YOGA - RESTORATIVE
(18+) Counteract a fast-paced, stressed-out life off the mat with restorative yoga. Yogis of all levels can enjoy this gentle, slow, still style of yoga involving long, passive holds in a series of 4-6 restful poses. Supported by props, the body releases tension and achieves physical, mental and emotional relaxation.

F 9:15-10:30 am 1/12(11classes) GRSC $93(R)/$140(N) Parrow 40782

YOGA FOR STRONGER BONES
(18+) This gentle class emphasizing safe and proper alignment is for anyone wanting to improve bone density and strength, posture, balance, and muscular strength. Everyone with osteopenia and osteoporosis is welcome but you must be able to get up from your mat without assistance. If you have serious osteoporosis, check with your doctor to be sure that a yoga class is appropriate for you.

Tu 11 am-12:15 pm 1/9(11classes) GRSC $90(R)/$135(N) Vershure 40683

YOGA IN THE PRESERVE
(14+) Embrace the outdoors and join us for an all levels yoga class at the Gateway Trailhead in Scottsdale’s beautiful McDowell Sonoran Preserve. Our open air, outdoor classroom is just a short walk north of the trailhead building, in a quiet spot on the Desert Parks Trail. Enjoy your yoga practice surrounded by the sights and sounds of the Sonoran desert and with a view of the most prominent peaks and Tom’s Thumb! All levels of experience are welcome. Bring your mat, sun protection, and water.

Su 7:45-8:45 am 1/7(13classes) WTH $110(R)/$165(N) Yancy 40787
Su 9-10 am 1/7(13classes) WTH $130(R)/$195(N) Yancy 40786

REGISTRATION QUESTIONS? 480-312-7957
Call us before Nov. 24 so we can guide you through the process, making registration a breeze!
ADULT [14+ YEARS]

MUSIC

BEGINNING ADULT GUITAR 1 & 2
(14+) Beginner 1 students will cover notes on the first three strings and then we add 6 - 8 chords to songs. Students use their own guitar. Acoustic or electric 6 string guitars welcome, small amplifiers can be used. Beginner 2 students will cover reading music, notes on all 6 strings and 11-15 chords. Emphasis will be on smooth chord transitions and strumming and picking techniques. A $5 nonrefundable cash supply fee is due to instructor on first day of class.

- M 6:00-6:45 pm, 1/8(6 classes): CHAP $51(R)/$77(N) Fahl 40574
- M 6:00-6:45 pm, 2/19(5 classes): CHAP $44(R)/$66(N) Fahl 40575

PIANO/KEYBOARD TEEN/ADULT
(13+) This unique award-winning method teaches keyboard skills on real songs you know! Learn to read music on the treble clef in a lead sheet format and play chords using our exclusive chordometer. Keyboards are provided for each student for classroom use; and all music materials are included.

- W 6:30-7:30 pm, 1/10(6 classes): HRZN $124(R)/$186(N) Elements Music 40705
- W 6:30-7:30 pm, 2/15(6 classes): HRZN $105(R)/$158(N) Elements Music 40706

THE JOY OF PLAYING THE RECORDER
(18+) Played by professional musicians for centuries, the recorder is actually an ancient instrument known worldwide. It is perfect for amateurs who enjoy music and appreciate a rewarding brain workout. Whether you have never played a note of music in your life, or have music experience from earlier years, this class will provide a fun and joyful way to discover or rediscover your musical self!

- M 2:30-3:20 pm, 1/8(8 classes): VLSCL $62(R)/$93(N) Koenig 40848

HOBBIES & INTERESTS

BRIDGE - BEGINNING
(18+) This class starts with the basic terminology, seating, dealing, sorting suits, scoring, etc. You will learn the importance of counting high card and distributional points. We’ll cover opening bids and responses, no trump calls, overcalls, preempts, etc. Most important, there will be a great deal of hand play. Weekly review and open discussion help players develop communications skills with their partners.

- W 9:30-11:30 am, 1/10(5 classes): VLSCL $49(R)/$74(N) Bigham 40586
- W 9:30-11:30 am, 2/14(6 classes): VLSCL $56(R)/$84(N) Bigham 40587

BRIDGE - INTERMEDIATE
(18+) This class is a continuation of the beginning class dealing with the play of the hand as declarer and as defender as well as further instruction in bidding. The most common conventions, e.g. Stayman, Blackwood limit raises; 4 types of doubles; forcing bids; bidding hands of exceptional strength, weakness or shape; slam bidding; requirements for gam bid; responsibility for continuing or ending the bidding; and other techniques as requested will be explained. Much of the class time will be spent on supervised practice. Please note, if you are not at the appropriate skill level, you will be asked to withdraw and staff will do their best to locate a class at the correct level.

- Th 9:30-11:30 am, 1/11(5 classes): VLSCL $49(R)/$74(N) Bigham 40588
- Th 9:30-11:30 am, 2/15(6 classes): VLSCL $56(R)/$84(N) Bigham 40589

CHESS
(18+) Learn the fundamentals of Chess. Have you ever wondered about opening theories, pins, forks, castles and endgames? How about Chess piece names, values and pawn promotions? Each class is designed to expand your knowledge of chess from the board up. You’ll practice new tactics and strategies in a fun and inclusive environment.

- F 9-11 am, 1/12(5 classes): VLSCL $49(R)/$74(N) Bigham 40607
- F 9-11 am, 2/16(8 classes): VLSCL $56(R)/$84(N) Bigham 40608

GLOW UP AT HORIZON PARK

DJ * FOAM PARTY * GLOW GAMES

MARCH 1
6:30-8:30 P.M.

VISIT SCOTTSDALEAZ.GOV; SEARCH “GLOW UP” FOR DETAILS!

RECREATION.SCOTTSDALEAZ.GOV – RESIDENT REGISTRATION BEGINS NOV. 27 / NON-RESIDENT BEGINS NOV. 30
Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.
**ONLINE | INTRODUCTION TO VOICE OVER**

(18+) This course will introduce members of the community to an exciting and fulfilling part-time hobby or full-time career option. Instructor, Justine Reiss, is affiliated with a professional voice-over training company called Such A Voice. At the end of the 2-hour course, Justine lets students know if this is something they want to pursue, they can get a free voice evaluation where she will provide necessary feedback.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
<th>Instructor</th>
<th>Code</th>
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</thead>
<tbody>
<tr>
<td>Tu</td>
<td>5-6:30 pm</td>
<td>V LSC</td>
<td>$122(R)/$322(N)</td>
<td>Shellander</td>
<td>40661</td>
</tr>
</tbody>
</table>

**LET'S PLAY TABLE TENNIS**

(16+) In this class, we will practice improving our strokes and drills, improve your serves and how to read spin better. We will mix in some footwork too, and doubles play. We will work in some game strategies to use, and there will be time for practice and open play, and match play too!

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<tr>
<th>Day</th>
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</thead>
<tbody>
<tr>
<td>Th</td>
<td>4:30-6 pm</td>
<td>V LSC</td>
<td>$54(R)/$81(N)</td>
<td>Mack</td>
<td>40646</td>
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</table>

**MAH JONGG - BEGINNING**

(18+) Learn the American version of an ancient Chinese game that challenges memory skills and expands social networks. Game fundamentals are taught in short presentations followed by tile exercises and practice games.

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<tr>
<th>Day</th>
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<th>Fee</th>
<th>Instructor</th>
<th>Code</th>
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<tbody>
<tr>
<td>M</td>
<td>12:30-2:30 pm</td>
<td>V LSC</td>
<td>$54(R)/$81(N)</td>
<td>Mack</td>
<td>40650</td>
</tr>
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</table>

**MAH JONGG INTERMEDIATE- ADVANCED**

(18+) Classes will expand the skills of the basic Mah Jongg player by focusing on the strategic and competitive elements of the game, including preparation for tournament play. This class is for people who have played Mah JonggAmerican Version continuously for at least 6 months. A fun “mini-tournament” will be held at the final class of the session.

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<tr>
<th>Day</th>
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<th>Instructor</th>
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<tbody>
<tr>
<td>M</td>
<td>2:45-4:45 pm</td>
<td>V LSC</td>
<td>$54(R)/$81(N)</td>
<td>Mack</td>
<td>40652</td>
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</table>

**NEW AZ RESIDENTS - TAX AND TRUST LAWS**

(21+) You need to attend this class if you are a new Arizona resident or have not updated your estate plans since you moved to Arizona. Explore Arizona community property, trusts, wills, powers of attorney, estate & gift taxes, and how title to your assets affects your estate plans.

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<tr>
<th>Day</th>
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<tbody>
<tr>
<td>Tu</td>
<td>5-6:30 pm</td>
<td>V LSC</td>
<td>$122(R)/$322(N)</td>
<td>Shellander</td>
<td>40661</td>
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</tbody>
</table>

**TRUSTS, WILLS, AND ESTATE PLANNING**

(21+) Unravel the mystery surrounding trusts, wills, powers of attorney and other estate planning instruments. Learn how title to your assets and how community property can save on income taxes. Discover what only an Attorney and CPA with over 30 years of experience in estate planning can tell you about estate planning and common mistakes to avoid.

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<tr>
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<tbody>
<tr>
<td>Th</td>
<td>6:15-7:45 pm</td>
<td>V LSC</td>
<td>$21(R)/$32(N)</td>
<td>Shellander</td>
<td>40762</td>
</tr>
</tbody>
</table>

**FIRST AID & SAFETY**

**DESSERT HIKING FIRST AID**

(18+) The Desert Hiking First Aid course is designed to enhance the natural Sonoran Desert experience and improve the overall safety of all visitors to the Scottsdale McDowell Sonoran Preserve and other urban hiking areas. This course will provide students with knowledge to improve the level of preparedness and safety of the recreational hiker/Preserve visitors. In addition, this course will provide instruction on basic treatments to manage medical emergencies that may be encountered while enjoying hikes that are expected to be less than 8 hours long. All course objectives are based on National Emergency Medical Services Education Competency Standards, as well as the National Park Service Guidelines for Emergency Medical Care.

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<tr>
<th>Day</th>
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<th>Fee</th>
<th>Instructor</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sa</td>
<td>9 am-3 pm</td>
<td>FENP</td>
<td>$75(R)/$75(N)</td>
<td>Scottsdale Fire Department</td>
<td>40619</td>
</tr>
</tbody>
</table>

**LET'S PLAY TABLE TENNIS - INTERMEDIATE**

(15+) Ready to ramp up your game? In this class, we will practice as though you are going to play in a tournament! Strokes, spin, power and placement. We will practice more shots - the loop, block, drop shot, heavy push, smash, and how about a lob or chop? Footwork drills, more advanced service drills/motions, and third ball attack - all chances to refresh or add to your skill set!

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<tr>
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<tr>
<td>Th</td>
<td>4:30-6 pm</td>
<td>V LSC</td>
<td>$54(R)/$81(N)</td>
<td>Mack</td>
<td>40647</td>
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</table>

**NEW PET CPR & FIRST AID - BE READY!**

(14+) In this one day workshop learn to assess Pet’s Vitals, Bleeding & Shock Management, Choking Management, Heat Emergencies, Pets & Disaster Safety Checklist, Bites & Stings, Restraining & Muzzling, Primary Assessment (know what actions to take in the first 15-25 seconds), Rescue Breathing & CPR. No pets allowed.

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<thead>
<tr>
<th>Day</th>
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<th>Location</th>
<th>Fee</th>
<th>Instructor</th>
<th>Code</th>
</tr>
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<tbody>
<tr>
<td>Sa</td>
<td>10 am-1 pm</td>
<td>HRZN</td>
<td>$45(R)/$68(N)</td>
<td>American Emergency Response</td>
<td>40673</td>
</tr>
</tbody>
</table>
SCOTTSDALE AQUATICS OFFERS:

For more information, go to ScottsdaleAZ.gov and search "Aquatics."

POOL LOCATIONS:

**CACTUS AQUATIC & FITNESS CENTER (CACT)**
7202 E. Cactus Road | 480-312-7665

**CHAPARRAL AQUATIC CENTER (CHAA)**
5445 N. Hayden Road | 480-312-2361

**ELDORADO AQUATIC & FITNESS CENTER (ELDA)**
2301 N. Miller Road | 480-312-2484

**MCDOWELL MOUNTAIN RANCH AQUATIC & FITNESS CENTER (MMRA)**
15525 N. Thompson Peak Parkway | 480-312-6677

WINTER POOL HOURS:
Visit ScottsdaleAZ.gov and search 'Aquatic' for specific hours of operation and entrance fees.

**LAP SWIM RATES**

<table>
<thead>
<tr>
<th>Adult (R) $4 / Adult (N) $6</th>
<th>CACT / ELDO / MMRA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child (R) $3 / Child (N) $4</td>
<td>CACT / ELDO / MMRA</td>
</tr>
</tbody>
</table>

FREE SWIM LESSON ASSESSMENTS

Not sure which class to register for? Call our aquatic centers to schedule a swim lesson assessment, or visit ScottsdaleAZ.gov and search 'swim lessons' to take our online skills quiz.

**AQUATIC INCLEMENT WEATHER POLICY** – The Aquatic facilities will be closed during electrical storms and other inclement weather. If the pool is closed & lessons are canceled, lessons will not be made up. If 4 or more days in a session are missed due to weather, a credit can be issued for each day missed, starting on the fourth day. The credit must be requested and is good for future programs. Always call ahead to verify pool closures.

Did you know?

Scottsdale does a majority of training and hiring of summer lifeguards from January through March. Sign up for a lifeguard certification class and then apply for a job at ScottsdaleAZ.gov by searching "Jobs".

GET HIRED AS A CITY OF SCOTTSDALE LIFEGUARD TO GET YOUR CLASS FEE REIMBURSED!
**YOUTH SWIM LESSONS**

Use the age guidelines and the class descriptions to help determine the appropriate level for your child. Free swim lesson assessments are offered by the staff to help determine the best class for the child. Please call the aquatic centers directly, if you have questions.

Classes are 30 minutes.

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**WINTER SESSION DATES**

Lessons run on Saturdays for 8 weeks from March 2 - April 20.

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<table>
<thead>
<tr>
<th>Class</th>
<th>Age Range</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>SEA BABIES</td>
<td>6mo-3yrs / 1:8 ratio</td>
<td>• Water acclimation class&lt;br&gt;• Water safety concepts for caregivers and students&lt;br&gt;• Introduction to swimming skills</td>
</tr>
<tr>
<td>TADPOLES</td>
<td>2.5-5yrs / 1:4 ratio</td>
<td>• Students participate without caregiver presence&lt;br&gt;• Basic water safety skills (asking permission, putting on life jackets)&lt;br&gt;• Blowing bubbles, underwater exploration, assisted and unassisted submersion&lt;br&gt;• Assisted streamlines &amp; rolling from back to front and front to back&lt;br&gt;• Swim benchmarks in swim wear and regular clothes</td>
</tr>
<tr>
<td>GUPPIES</td>
<td>3-6yrs / 1:4 ratio</td>
<td>• Basic water safety skills (putting on a life jacket &amp; kick 20 ft)&lt;br&gt;• Jump in, submerge and recover for air assisted and unassisted&lt;br&gt;• Assisted and unassisted streamline, unassisted front and back floats&lt;br&gt;• Assisted and unassisted forward movement (kicking and pulling) on front and back&lt;br&gt;• Swim benchmarks in swim wear and regular clothes</td>
</tr>
<tr>
<td>SEA TURTLES</td>
<td>4-7yrs / 1:4 ratio</td>
<td>• Students must be comfortable moving independently in water 4 feet deep&lt;br&gt;• Variations of side glide and streamline assisted and unassisted&lt;br&gt;• Jump in and move independently towards the wall&lt;br&gt;• Treading water&lt;br&gt;• Swim benchmarks in swim wear and regular clothes</td>
</tr>
<tr>
<td>OTTERS</td>
<td>5yrs+ / 1:6 ratio</td>
<td>• Students must be comfortable in deep water&lt;br&gt;• Survival float and treading water&lt;br&gt;• Head first entries&lt;br&gt;• Freestyle stroke concepts&lt;br&gt;• Introduction to backstroke</td>
</tr>
<tr>
<td>DOLPHINS</td>
<td>5yrs+ / 1:6 ratio</td>
<td>• Students must be comfortable in deep water&lt;br&gt;• Water safety concepts and how to call 9-1-1&lt;br&gt;• Backstroke &amp; butterfly concepts</td>
</tr>
<tr>
<td>ORCAS</td>
<td>6yrs+ / 1:6 ratio</td>
<td>• Students must be comfortable in deep water&lt;br&gt;• Breaststroke &amp; side stroke concepts&lt;br&gt;• Endurance building</td>
</tr>
<tr>
<td>SHARKS</td>
<td>6yrs+ / 1:6 ratio</td>
<td>• Students must be comfortable in deep water&lt;br&gt;• Survival floating and treading water for longer durations&lt;br&gt;• Refinement of all four competitive strokes&lt;br&gt;• Racing starts and endurance building</td>
</tr>
<tr>
<td>OTTERS</td>
<td>5yrs+ / 1:6 ratio</td>
<td>• Students must be comfortable in deep water&lt;br&gt;• Survival float and treading water&lt;br&gt;• Head first entries&lt;br&gt;• Freestyle stroke concepts&lt;br&gt;• Introduction to backstroke</td>
</tr>
</tbody>
</table>

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**FIND SWIM LESSON AND CLASS INFORMATION ONLINE!**

Search for swim lessons by class name or by location at: Recreation.ScottsdaleAZ.gov

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Accessibility services may be available. See page 28 for details.
LEARN TO SWIM LESSONS

Scottsdale swim instructors are certified by the StarFish Aquatic Institute. The water and safety program teaches swimming and safety skills in a logical progression. It is important for the student to be registered in the proper level. Please use the age guidelines and the class descriptions to help determine the appropriate level for your child. Swim Lesson Assessments are also offered by the staff to help determine the child’s current level.

- If your child’s skill level is not within the advertised age range, please contact the aquatic facility to discuss age override options.
- Each class is 30 minutes in length.

Please Note: Classes must meet minimum enrollment levels. Classes will be canceled one week prior to the start date if the minimum enrollment level is not met.

Waitlist Policy: Wait-listed participants will be called and will have 24 hours to respond if there is an opening in a class. Wait-listed participants will be removed if they do not respond. Wait-lists will not be managed after the 3rd class.

ADULT SPECIALTY CLASSES

All classes are 50 minutes in length unless otherwise noted

Classes must meet minimum enrollment levels. Classes will be canceled one week prior to the start date if the minimum enrollment level is not met.

Fees: Check online, monthly pre-registration is recommended.

Drop-in Information:
- Fee: $5 Resident / $8 Non-Resident, space permitting
- Participation is limited due to class size
- May not be accommodated if class registration is full

ACHE AWAY EXERCISE
(13yrs+) Back Ache? Joints hurt? Have arthritis? Try this specially designed class for any individual who needs gentler, slower paced water exercise. Emphasizes stretching & toning.

DEEP WATER EXERCISE
(13yrs+) Challenge yourself to the next level of physical fitness! This class is performed in the deep end of the pool and features aerobic exercise, treading water, and activities that improve swimming technique & fitness. A variety of water equipment is used for conditioning and total body toning.

SHALLOW WATER EXERCISE
(13yrs+) Walking, running, jumping, and a variety of aerobic movements are performed in the shallow end of the pool to increase heart rate and provide a cardiovascular and strength training workout. A variety of water equipment is used for conditioning and total body toning. Includes stretching, warm-up, cardio, toning, and cool-down.

TONE AND TAI CHI
(13yrs+) This class combines water exercises with Tai Chi moves. It benefits students of all ages and abilities by using the water to increase strength, flexibility, balance, and energy. A great way to start your day or prepare yourself for water exercise or lap swim.

Go to Recreation.ScottsdaleAZ.gov to search for times and locations.
ADULT SPORTS [18+ YEARS]

OFFERING:
- BASKETBALL
- FLAG FOOTBALL
- KICKBALL
- COED SOFTBALL
- MEN’S SOFTBALL
- INDOOR VOLLEYBALL
- SAND VOLLEYBALL

Go to ScottsdaleAZ.gov and search "Adult Sports" to learn more!

Winter Registration
Registration Opens: 11/6 (R) | 11/7 (N) at 8am
Early Registration Ends: 11/26
Last Day to Register: 12/10

Spring Registration
Registration Opens: 2/5 (R) | 2/6 (N) at 8am
Early Registration Ends: 2/18
Last Day to Register: 3/3

PICKLEBALL
Did you know Scottsdale has 21 Pickleball courts?
- 10 courts at Horizon Park
- 8 courts at Cholla Park
- 3 courts at Thompson Peak Park

Go to ScottsdaleAZ.gov and search "Pickleball" for more information about courts and lessons.

SCOTTSDALE PARKS AND RECREATION HAS BEEN ACCREDITED FOR OVER 25 YEARS!

For over 25 years, Scottsdale Parks and Recreation has been accredited by the Commission for Accreditation of Park and Recreation Agencies (CAPRA). Being an accredited department is a distinguishing mark of excellence that affords external recognition of an organization’s commitment to quality and improvement. CAPRA is the only national accreditation of park and recreation agencies and is a valuable measure of an agency’s overall quality of operation, management, and service to the community.

Learn more at: ScottsdaleAZ.gov/Parks

ADULT SPORTS
5401 N. Hayden Road | 480-312-0227 | AdultSports@ScottsdaleAZ.gov

RECREATION.SCOTTSDALEAZ.GOV - RESIDENT REGISTRATION BEGINS NOV. 27 / NON-RESIDENT BEGINS NOV. 30
Accessibility services may be available. See page 28 for details.
ADAPTIVE SERVICES

8102 E. Jackrabbit Road (ADSC)
480-312-2234

CONTACT:
AdaptiveServices@ScottsdaleAZ.gov

Go to ScottsdaleAZ.gov, search "Adaptive Services"

The City of Scottsdale’s Adaptive Services goal is to provide fun, safe and meaningful social and recreational opportunities for participants with neuro and physical diversities. Using art, dance, music, life skills, recreation and sports, we provide opportunities to grow physically, emotionally, cognitively and socially.

All program opportunities within the Scottsdale Leisure Education Guide may be available for accommodations by our Adaptive Services staff.

SOCIAL OPPORTUNITIES

(15+) Join us for fun activities as we promote socialization and life skills.

COOKING GROUP 1: BREAKFAST FOR DINNER
T 1/2 5:30-7:30pm ADSC $5(R)/$7(NR) 41835

COOKING GROUP 2: BREAKFAST FOR DINNER
Th 1/4 5:30-7:30pm ADSC $5(R)/$7(NR) 41837

MARTIAL ARTS FITNESS
M 1/9, 1/22, 2/5, 3/4, 3/18, 4/8, 4/22 5:30-7:15pm ADSC FREE 42069

GIRLS NIGHT: TAYLOR SWIFT PARTY
T 1/9 6-7:30pm ADSC FREE 41846

CRAFT NIGHT: SNOW GLOBES
Th 1/11 6-7:30pm ADSC FREE 42067

SOAZ UNDERSTANDING ME
T 1/16, 1/30, 2/6, 2/20, 3/5, 3/26 6-7:30pm ADSC FREE 41847

JANUARY BINGO
F 1/19 6-7:30pm ADSC FREE 41831

JANUARY INTRO TO YOGA
Th 1/25 6-7:30pm ADSC FREE 41842

VALENTINE CRAFT NIGHT
Th 2/8 6-7:30pm ADSC FREE 41834

FEBRUARY KARAOKE
F 2/16 6-7:30pm ADSC FREE 41833

FEBRUARY INTRO TO YOGA
Th 2/22 6-7:30pm ADSC FREE 41843

COOKING GROUP 1: SPAGHETTI DINNER
T 2/27 5:30-7:30pm ADSC $5(R)/$7(NR) 41838

COOKING GROUP 2: SPAGHETTI DINNER
Th 2/29 5:30-7:30pm ADSC $5(R)/$7(NR) 41839

XERISCAPE GARDEN TOUR
F 3/1 9-10am CHAP FREE 41845

GIRLS NIGHT
T 3/12 6-7:30pm ADSC FREE 42070

CRAFT NIGHT: FRESH FLOWER ARRANGEMENTS
Th 3/14 6-7:30pm ADSC FREE 42068

MARCH BINGO
F 3/15 6-7:30pm ADSC FREE 41832

MARCH INTRO TO YOGA
Th 3/21 6-7:30pm ADSC FREE 41844

COOKING GROUP 1: HAM & CHEESE PARTY SANDWICHES
W 3/27 5:30-7:30pm ADSC $5(R)/$7(NR) 41840

COOKING GROUP 2: HAM & CHEESE PARTY SANDWICHES
Th 3/28 5:30-7:30pm ADSC $5(R)/$7(NR) 41841

The City of Scottsdale’s Adaptive Services goal is to provide fun, safe and meaningful social and recreational opportunities for participants with neuro and physical diversities. Using art, dance, music, life skills, recreation and sports, we provide opportunities to grow physically, emotionally, cognitively and socially.

All program opportunities within the Scottsdale Leisure Education Guide may be available for accommodations by our Adaptive Services staff.
SPECIAL OLYMPICS (SOAZ)
The Scottsdale Bobcats is the Special Olympics Team representing Scottsdale Adaptive Services. Becoming a Special Olympian and participating on a team is full of excitement and fun!

SOAZ SEASONS

**FALL SPORTS**
- **Swim:** August – October
- **Bocce Ball:** August – October
- **Bowling:** August – October
- **Golf:** September – December
- **Soccer:** October – December

**WINTER SPORTS**
- **Basketball:** January – March
- **Flag Football:** January – March

**SPRING SPORTS**
- **Powerlifting:** March – April
- **Track & Field:** February – April

**NEW YEARS DANCE**
- Sa 1/6 6-8pm ADSC $5(R)/$7(NR) 41826

**VALENTINE’S DANCE**
- Sa 2/3 6-8pm ADSC $5(R)/$7(NR) 41829

**LUCKY CHARM DANCE**
- Sa 3/2 6-8pm ADSC $5(R)/$7(NR) 41830

DANCES
(16+) Bust a move to your favorite hits! Our monthly dances feature a live DJ and light refreshments. Advanced, online registration required.

**NEW YEARS DANCE**
- Sa 1/6 6-8pm ADSC $5(R)/$7(NR) 41826

**VALENTINE’S DANCE**
- Sa 2/3 6-8pm ADSC $5(R)/$7(NR) 41829

**LUCKY CHARM DANCE**
- Sa 3/2 6-8pm ADSC $5(R)/$7(NR) 41830
TENNIS CENTER LOCATIONS

INDIAN SCHOOL PARK (ISPK)
4829 N. Hayden Road
480-312-2740
ISPLeagues@ScottsdaleAZ.gov

SCOTTSDALE RANCH PARK (SRPK)
10400 E. Via Linda
480-312-7774
SRPLeagues@ScottsdaleAZ.gov

WINTER HOURS OF OPERATION
Nov. 28, 2022 - Feb. 19, 2023 (After Thanksgiving – President’s Day)
Mon. – Fri. .......... 9 am – 9 pm
Sat. – Sun. .......... 9 am – 7 pm

SPRING HOURS OF OPERATION
Feb. 20 - May 28 (President’s Day – Memorial day)
Mon. – Fri. .......... 7:30 am – 9 pm
Sat. – Sun. .......... 7:30 am – 7 pm
*Subject to change. For most updated information, visit ScottsdaleAZ.gov, search “Tennis.”

TENNIS LESSONS
Monday - Saturday lesson sessions
Session 1 - Winter (6 weeks) 1/8 to 2/17
Session 2 - Spring (6 weeks) 2/26 to 4/13 (no classes 3/11-3/16 for spring break)

ADULT LESSONS & LEAGUES
Complete tennis programs, activity numbers, instructors, locations and more are listed online at Recreation.ScottsdaleAZ.gov.

ADULT & SENIOR TENNIS LESSONS
(18yrs+) Scottsdale tennis centers offer programs for all ability levels and ages. Lessons are offered using the USTA’s National Tennis Rating Program (NTRP). Rating levels are required and verified for all registrants, however adult beginners (Tennis 101 or 1.0-1.9) do not require a rating.

ADULT TENNIS LEAGUES
League levels offered begin at the 2.5 level and up to the 4.5 level. Men’s and women’s singles, men’s and women’s doubles, round-robin doubles, and mixed doubles are offered. Leagues are offered using the USTA’s National Tennis Rating Program (NTRP). Rating levels are required and verified for all registrants. NO MAKE-UPS permitted for tennis league matches (other than facility scheduled weather related make-ups).

LEGGING REGISTRATION DATES
Monday 11/27 8am Residents
Thursday 11/30 8am Non-Residents

JUNIOR TENNIS

JUNIOR TENNIS LESSONS
(5-17yrs) Scottsdale tennis centers offer programs for all ability levels. Juniors are registered by age. SRPK offers the Net Generation program. Juniors are grouped by ability with the program ages of 5-10yrs, 9-12yrs, & 11-17yrs. At ISPK, juniors are grouped by age, 5-8yrs and 9-12yrs.

JUNIOR MATCH PLAY
(10-17yrs) Scottsdale Ranch Park offers junior match play designed to prepare players for tournament style play in a fun and social environment. Participants must be able to serve, rally and keep score. Registration is required.

JUNIOR LESSONS

TENNIS LESSONS
Session 1 - Winter (6 weeks) 1/8 to 2/17
Session 2 - Spring (6 weeks) 2/26 to 4/13 (no classes 3/11-3/16 for spring break)
SENIOR CENTER
FITNESS FACILITIES
A variety of cardiovascular equipment, treadmills, bikes, elliptical, weight stations and free weights are available at each center.

GRANITE REEF SENIOR CENTER (GRSC)
1700 N. Granite Reef Road | 480-312-1700
Hours: M-Th: 8am - 8pm | Fri 8am - 5pm

VIA LINDA SENIOR CENTER (VLSC)
10440 E. Via Linda | 480-312-5810
Hours: M-Th 8am - 8pm | Fri 8am - 5pm

AQUATIC CENTER
FITNESS FACILITIES
Each fitness center includes a complete line of free weights, treadmills, bikes, elliptical and single station weight machines. No one under 14 is permitted in the Fitness Center at any time. Ages 14-17 must have a waiver signed by a parent or guardian.

CACTUS AQUATIC & FITNESS CENTER
7202 E. Cactus Road | 480-312-7665

ELDORADO AQUATIC & FITNESS CENTER
2301 N. Miller Road | 480-312-2484

MCDOWELL MOUNTAIN RANCH
AQUATIC & FITNESS CENTER
15525 N. Thompson Peak Parkway | 480-312-6677

Fitness Center Fees:
Adult $4(R) / $6(N)
Youth $3(R) / $4(N)

Adult Swipe Cards:
10 visits $40(R) / $60(N)
30 visits $96(R) / $144(N)

Youth Swipe Cards:
10 visits $30(R) / $40(N)
30 visits $72(R) / $96(N)

Go to ScottsdaleAZ.gov and search "Aquatics" for hours of operation. See pg. 24 for more information!

CLUB SAR
BOXING AND FITNESS CENTER
8055 E. CAMELBACK RD. | 480-312-2669
Meet your fitness needs at our multi-sport facility, which offers various classes, cardio equipment, free weights, single station weight machines, boxing equipment and punching bags.

For more information, go to ScottsdaleAZ.gov and search "Club SAR."

HOURS
MONDAY – THURSDAY: 6 a.m. – 9 p.m.
FRIDAY: 6 a.m. – 8 p.m.
SATURDAY: 10 a.m. – 3 p.m.
SUNDAY: closed

CLUB SAR FEES AND MEMBERSHIP OPTIONS
All classes are included with membership or daily fee.

<table>
<thead>
<tr>
<th></th>
<th>ADULT(R)</th>
<th>YOUTH(R)</th>
<th>ADULT(N)</th>
<th>YOUTH(N)</th>
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<tr>
<td>1 Year</td>
<td>$99</td>
<td>$50</td>
<td>$150</td>
<td>$75</td>
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<tr>
<td>3 Month</td>
<td>$50</td>
<td>$25</td>
<td>$75</td>
<td>$38</td>
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<td>$20</td>
<td>$10</td>
<td>$30</td>
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<tr>
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</table>

CLUB SAR CLASSES
Subject to change, instructors may vary

Barre Workout | M & W | 5:30-6:30pm
Kick boxing   | Tu & Th | 5:30-6:30pm
Spin          | M & W | 5-5:30pm
Rowing/Boot Camp | Tu & Th | 5-5:30pm
Yoga          | W     | 6:15-7:15am
Yoga          | M & Th | 6:45-7:45pm
Yoga          | Sat   | 10:30-11:30am

Personal Training Available On Request (additional fees)
SCOTTSDALE reads
WINTER 2024 – JAN | FEB | MAR

LEARN MORE ABOUT LIBRARY PROGRAMS AT SCOTTSDALELIBRARY.ORG OR CALL 480-312-READ (7323)

SCOTTSDALE LIBRARIES
JAN | FEB | MAR 2024
Calendar of Events

CONNECT
ScottsdalePublicLibrary
@ScottsdalePublicLibrary
ScottsdaleLibrary

HOLIDAY CLOSURES
Monday, Jan. 1 .................... New Year’s Holiday
Monday, Jan. 15 ............ Martin Luther King, Jr. Day
Monday, Feb. 19 .............. Presidents’ Day Holiday

CONTACT US
480-312-7323 (READ)
480-312-2133 (Español)

LIBRARY HELP LINE HOURS
Monday – Saturday .................. 10 am – 5 pm
Sunday ..................................... closed

CHECKOUT LIMITS
We are a fine-free library!

NEW ITEMS CHECK OUT
DVDs 1 week
Books 2 weeks
CDs 3 weeks

MOST WANTED CHECK OUT
DVDs 3 days
Books & TV Series 14 days

EVERYTHING ELSE
3 weeks

Most items are eligible to be auto-renewed. Details about your account can be found by logging into "MYACCOUNT" at ScottsdaleLibrary.org. You can also renew items in person at the library or by calling 480-312-7323.

LOCATIONS & HOURS
ScottsdaleLibrary.org/locations
480-312-READ (7323)
480-312-2133 (Español)

APPALOOSA – 7377 E. Silverstone Drive
ARABIAN – 10215 E. McDowell Mtn. Ranch Rd.
CIVIC CENTER – 3839 N. Drinkwater Blvd.
MUSTANG – 10101 N. 90th Street

BRANCH HOURS FOR ALL LOCATIONS
Monday – Thursday .......................... 10am – 7pm
Friday & Saturday .......................... 10am – 5pm
Sunday ........................................ 1 – 5pm

DRIVE-THRU AND CURBSIDE HOURS
Monday – Thursday .......................... 10am – 6pm
Friday & Saturday .......................... 10am – 5pm
Sunday ........................................ 1 – 5pm

PONY EXPRESS @ APPALOOSA HOURS
Monday – Saturday .................. 8 – 10am
Sunday ..................................... 8am – 1pm

PONY EXPRESS @ GRANITE REEF SENIOR CENTER
24/7 Hold Pickup

= Space is limited / Pick up Ticket 30 mins before event
= Registration Required
* all programs subject to change
**YOUTH STORYTIMES**

**BABY CUDDLES STORYTIME**
(ages 0-24 months / 20 min / space is limited) This program develops babies’ literacy and learning skills as they interact with their caregivers using songs, rhymes, movement and board books.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
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<tbody>
<tr>
<td>M</td>
<td>10:30am</td>
<td>1/8-3/25</td>
<td>FREE Appaloosa</td>
</tr>
<tr>
<td>Tu</td>
<td>10:30am</td>
<td>1/9-3/26</td>
<td>FREE Civic Center</td>
</tr>
<tr>
<td>W</td>
<td>10:30am</td>
<td>1/10-3/27</td>
<td>FREE Mustang</td>
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<tr>
<td>Th</td>
<td>15:15 &amp; 11am</td>
<td>1/11-3/28</td>
<td>FREE Arabian</td>
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**TWOS & THREES TOGETHER**
(ages 2-3 / 30 min / space is limited) This fun and interactive program uses short stories, fingerplays and action rhymes to engage children and develop their literacy and learning skills.

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<th>Time</th>
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<td>1/8-3/25</td>
<td>FREE Civic Center</td>
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<tr>
<td>Tu</td>
<td>10:15 &amp; 11am</td>
<td>1/9-3/26</td>
<td>FREE Arabian</td>
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**BOOKS 2 BOOGIE**
(ages 0-5 / 30 min / space is limited) Share the joy of playful learning together! Children and their caregivers participate in music, movement and song in this program that promotes bonding and highlights the natural rhythms in language.

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<th>Time</th>
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<th>Location</th>
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<td>Tu</td>
<td>10:30am</td>
<td>1/9-3/26</td>
<td>FREE Mustang</td>
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<td>W</td>
<td>10:30am</td>
<td>1/10-3/27</td>
<td>FREE Appaloosa</td>
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<td>Th</td>
<td>10:30am</td>
<td>1/11-3/28</td>
<td>FREE Civic Center</td>
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<tr>
<td>Sa</td>
<td>10:15am</td>
<td>1/20, 2/17, 3/16</td>
<td>FREE Arabian</td>
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**FAMILY STORYTIME**
(ages 0-5 / 30 min / space is limited) Listen to stories and participate in fingerplays, music and rhyming activities.

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<th>Day</th>
<th>Time</th>
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<th>Location</th>
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<tbody>
<tr>
<td>M</td>
<td>6:15pm</td>
<td>1/8-3/25</td>
<td>FREE Arabian</td>
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<tr>
<td>Sa</td>
<td>10:30am</td>
<td>1/13-3/30</td>
<td>FREE Appaloosa</td>
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<tr>
<td>Sa</td>
<td>10:30am</td>
<td>1/13, 2/10, 3/9</td>
<td>FREE Civic Center</td>
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<tr>
<td>Sa</td>
<td>10:30am</td>
<td>1/27, 2/24, 3/23</td>
<td>FREE Mustang</td>
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**SCOTTSDALE FOR ALL STORYTIME**
(ages 0-5 / 30 min / space is limited) Listen to stories and participate in fingerplays, music and rhyming activities designed to promote diversity, equity and inclusion.

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<tr>
<th>Time</th>
<th>Date</th>
<th>Location</th>
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<tbody>
<tr>
<td>10:30am</td>
<td>1/27</td>
<td>FREE Civic Center</td>
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<td>10:30am</td>
<td>2/24</td>
<td>FREE Civic Center</td>
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<tr>
<td>10:30am</td>
<td>3/23</td>
<td>FREE Civic Center</td>
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**STUFFED ANIMAL STORYTIME & SLEEPOVER**
(ages 0-7 / 30 minutes) Wear your PJs and bring a stuffed animal for a sleepover at the library. After storytime, tuck in the animals and say goodnight. Come back the next day to see what mischief they got into overnight!

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<tr>
<th>Day</th>
<th>Time</th>
<th>Date</th>
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<tbody>
<tr>
<td>M</td>
<td>6pm</td>
<td>2/12</td>
<td>FREE Civic Center</td>
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</table>

**GOODNIGHT, YOGA**
(ages 3-6 / 30 min / space is limited) Join us as we stretch, read and relax with some Yoga moves to help us get ready for bed. We will work on breathing techniques and explore books and movement together. Come in comfy clothes or your PJs!

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<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
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<tbody>
<tr>
<td>W</td>
<td>6pm</td>
<td>1/24</td>
<td>FREE Mustang</td>
</tr>
</tbody>
</table>

**SPRING STORYTIME YOGA**
(ages 3-6 / 30 min / space is limited) Join us for our Spring Yoga program. We will be celebrating seasonal books with yoga stretches to wake up our bodies and minds! Please come in comfortable attire. Grown-ups, you will be doing yoga too!

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<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
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<tr>
<td>W</td>
<td>6pm</td>
<td>3/20</td>
<td>FREE Mustang</td>
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**LUNAR NEW YEAR FAMILY STORYTIME**
(ages 0-5 / 30 min / space is limited) Ring in the Lunar New Year with a story and craft. Celebrate the Spring Festival with Asian cultures around the world, bringing forth good luck for the upcoming year!

<table>
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<th>Day</th>
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<th>Date</th>
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<tbody>
<tr>
<td>M</td>
<td>6:15pm</td>
<td>2/12</td>
<td>FREE Arabian</td>
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**YOUTH PROGRAMS**

**TAIL WAGGIN’ TALES**
(ages 6-10 / 45 minutes) Certified therapy dogs love listening to kids read and practice their reading skills at the library. Beginning readers can relax and enjoy reading in this fun and welcoming environment.

<table>
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<th>Day</th>
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<th>Date</th>
<th>Location</th>
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<tbody>
<tr>
<td>Th</td>
<td>3:30pm</td>
<td>1/18, 2/8, 3/21</td>
<td>FREE Arabian</td>
</tr>
</tbody>
</table>

**LUNAR NEW YEAR CELEBRATION**
(ages 6-12 / 60 minutes / space is limited) Ring in the Lunar New Year with a story and craft. Celebrate the Spring Festival with Asian cultures around the world, bringing forth good luck for the upcoming year!

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<tbody>
<tr>
<td>Sa</td>
<td>11am</td>
<td>2/10</td>
<td>FREE Mustang</td>
</tr>
</tbody>
</table>

**TIME TRAVEL CLUB**
(ages 8-12 / 60 minutes / space is limited) Ever wish you could travel through time? Come learn about a topic in history through hands-on activities, science projects, arts and crafts, stories, and more!

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<td>2pm</td>
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<td>FREE Civic Center</td>
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<tr>
<td>Tu</td>
<td>3:30pm</td>
<td>2/13</td>
<td>FREE Appaloosa</td>
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<tr>
<td>Sa</td>
<td>2pm</td>
<td>3/16</td>
<td>FREE Civic Center</td>
</tr>
<tr>
<td>Tu</td>
<td>3:30pm</td>
<td>3/26</td>
<td>FREE Appaloosa</td>
</tr>
</tbody>
</table>

**AMONG US IRL**
(ages 8-12 / 60 min) Will your crew be able to SUS out the imposter before it’s too late? Board our library mothership, complete your tasks, and find the imposter before they find you in a live action version of this popular game! All materials provided; no experience necessary.

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<td>W</td>
<td>4pm</td>
<td>3/13</td>
<td>FREE Civic Center</td>
</tr>
</tbody>
</table>

REGISTER FOR THESE PROGRAMS AT SCOTTSDALELIBRARY.ORG OR CALL 480-312-READ (7323)

= Space is limited / Pick up Ticket 30 mins before event  
= Registration Required  
* all programs subject to change
**YOUTH (0-12 YEARS)**

**SCOTTSDALE READS**

**LIBRARY CALENDAR OF EVENTS**

**SCOTTSDALE READS**

**YOUTH (0-12 YEARS)**

**STAY AND PLAY**

(ages 0-5 / 90 min / 6-week series / space is limited) This six-week series of play-based learning is for children up to 5 years old and their parents/caregivers. Your child will have opportunities to explore, create, and investigate this intentional play-based environment. Each session will also feature local resource professionals who address a variety of early childhood topics.

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<td>10:30am</td>
<td>1/11-2/15</td>
<td>FREE Mustang</td>
</tr>
</tbody>
</table>

**FUN WITH MATH AND SCIENCE ©**

(ages 3-5 / 45-60 min / 6-week series / limit 18 children) Join us as we explore math and science concepts in an interactive, playful way! Based on the Arizona’s Early Learning Standards for Math and Science, this six-week course explores concepts and introduces strategies you can use with your child to help build and strengthen their mathematical and scientific thinking skills. *Registrants are expected to attend all six weeks.*

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<td>W</td>
<td>10:30am</td>
<td>1/17-2/21</td>
<td>FREE Civic Center</td>
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<tr>
<td>W</td>
<td>10am</td>
<td>2/21-3/27</td>
<td>FREE Scottsdale Family Resource Center</td>
</tr>
<tr>
<td>Th</td>
<td>10:30am</td>
<td>2/22-3/28</td>
<td>FREE Mustang</td>
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</tbody>
</table>

**STEP UP TO LEARNING**

(ages 3-5 / 45 min / 6-week series / limit 15 children)

This six-week series is designed to focus on children’s approaches to learning, both socially and academically. Each session uses books, songs, and parent/child interactions to help develop one of the most important domains in child development – how to learn. *Registrants are expected to attend all six weeks.*

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<th>Time</th>
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<tbody>
<tr>
<td>W</td>
<td>10:15am</td>
<td>1/31-3/6</td>
<td>FREE Arabian</td>
</tr>
<tr>
<td>W</td>
<td>10:30am</td>
<td>3/6-4/10</td>
<td>FREE Civic Center</td>
</tr>
</tbody>
</table>

**BOOKS CAN…©**

(ages 0-4 / 45 min / 6-week series) Books Can…© is a unique program based on Arizona’s Infant & Toddler Guidelines and Arizona’s Early Learning Standards that uses popular picture books, rhymes, songs, and interactive activities to promote children’s social and emotional development. *Registrants are expected to attend all six weeks.*

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<tbody>
<tr>
<td>W</td>
<td>10am</td>
<td>1/10-2/14</td>
<td>FREE Scottsdale Family Resource Center</td>
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<tr>
<td>Th</td>
<td>10:30am</td>
<td>3/21-4/25</td>
<td>FREE Appaloosa</td>
</tr>
</tbody>
</table>

**Full STEAM Ahead:**

**Science, Technology, Engineering, Art and Math**

Supporting education that helps children develop the skills to become creators and inventors.

**LEGO MASTERS**

(ages 6-11 / 45 min) Are you a LEGO Master? Join us for some build time while you complete our weekly challenge by yourself or with some friends. We’ll finish each week with an opportunity to present your build to the group.

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<th>Date</th>
<th>Location</th>
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<tbody>
<tr>
<td>W</td>
<td>4pm</td>
<td>1/10, 1/24, 2/7, 2/21, 3/6, 3/20</td>
<td>FREE Civic Center</td>
</tr>
</tbody>
</table>

**LEGO BUILDERS**

(ages 5 and up / 45 min) Use your infinite imagination to create and build with LEGOs.

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<tbody>
<tr>
<td>W</td>
<td>4pm</td>
<td>1/17, 3/20</td>
<td>FREE Appaloosa</td>
</tr>
<tr>
<td>Th</td>
<td>4pm</td>
<td>1/25, 2/29, 3/28</td>
<td>FREE Mustang</td>
</tr>
</tbody>
</table>

**KALEIDOSCOPE KIDS CRAFT**

(ages 6-11 / 45 min) Create your own kaleidoscope and explore how light and mirrors reflect colorful patterns.

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<th>Location</th>
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<tbody>
<tr>
<td>W</td>
<td>4pm</td>
<td>1/17</td>
<td>FREE Civic Center</td>
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<tr>
<td>Th</td>
<td>3:30pm</td>
<td>2/22</td>
<td>FREE Arabian</td>
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**MECHANICAL MASTER: MAKE A MECHANICAL HAND!**

(Ages 6-11 / 45 min) Discover the mechanics of engineering as you create a working hand using everyday materials.

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<td>Th</td>
<td>4:30pm</td>
<td>1/18</td>
<td>FREE Mustang</td>
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</table>

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* = Space is limited / Pick up Ticket 30 mins before event  ✔️ = Registration Required  *all programs subject to change
**SCOTTSDALE READS**

**LIBRARY CALENDAR OF EVENT**

### YOUTH [0-12 YEARS]

- **LEGO PENNY BOAT CHALLENGE**
  (ages 6-12 / 60 minutes / space is limited) How many pennies can a LEGO boat hold? Design and engineer a solution to this sink or float challenge and find out whose boat can hold the most. Supplies provided.
  
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<tr>
<td>W</td>
<td>4pm</td>
<td>1/31</td>
<td>FREE Civic Center</td>
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</tbody>
</table>

- **PAPER CIRCUITS**
  (ages 7-13 / 45 min) Create a project that will light up your heart. We will use paper and LED light to create a unique light up card.
  
<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
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<th>Location</th>
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</thead>
<tbody>
<tr>
<td>W</td>
<td>4:30pm</td>
<td>2/14</td>
<td>FREE Mustang</td>
</tr>
</tbody>
</table>

- **MY HEART WILL GO ON**
  (ages 6-11 / 45 min) Come and learn about how the heart works while creating your own functioning heart out of recyclable materials!
  
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<th>Day</th>
<th>Time</th>
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<th>Location</th>
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<tbody>
<tr>
<td>W</td>
<td>4pm</td>
<td>2/14</td>
<td>FREE Civic Center</td>
</tr>
</tbody>
</table>

- **PAN FLUTE PARTY!**
  (ages 6-11 / 45 min) Make a practically pitch-perfect pan flute, learn about the math and physics of music, and play a little ditty with your new instrument!
  
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<tbody>
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<td>Tu</td>
<td>3:30pm</td>
<td>2/27</td>
<td>FREE Appaloosa</td>
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<tr>
<td>W</td>
<td>4pm</td>
<td>2/28</td>
<td>FREE Civic Center</td>
</tr>
</tbody>
</table>

- **CODE WRANGLERS**
  (ages 7-13 / 45 min) Start leveling up your skills in this fun filled program using code.org.
  
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<th>Date</th>
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<tbody>
<tr>
<td>Th</td>
<td>4:30pm</td>
<td>3/14</td>
<td>FREE Mustang</td>
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</tbody>
</table>

- **RUBIK’S CUBE MOSAIC ART**
  (ages 6-11 / 45 min) Using hundreds of Rubik’s Mini (2x2) Cubes, work collaboratively to create colorful mosaics out of multiple cubes. No Rubik’s Cube solving experience is necessary, just bring your problem-solving skills, patience, and perseverance and we’ll create some art together!
  
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<tbody>
<tr>
<td>Tu</td>
<td>3:30pm</td>
<td>3/19</td>
<td>FREE Arabian</td>
</tr>
</tbody>
</table>

- **Egg Drop!**
  (ages 6-11 / 45 min) Join us for some egg-citing fun with eggs! See if you can build a structure to protect an egg from cracking as we drop it from up high.
  
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<tr>
<th>Day</th>
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<tbody>
<tr>
<td>W</td>
<td>4pm</td>
<td>3/27</td>
<td>FREE Civic Center</td>
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### TWEEN & TEEN [10-18 YEARS]

#### TWEEN & TEEN PROGRAMS

- **KNOWASIS D&D CLUB**
  (ages 12-18 / 60 min) The hardest part of Dungeons & Dragons is settling on a time and place for everyone to meet. We’ll make it easy for you! Come run your campaign, start a new one, or learn how to play. All experience levels welcome!
  
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<th>Time</th>
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<th>Location</th>
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<tbody>
<tr>
<td>Tu</td>
<td>5pm</td>
<td>1/9, 2/6, 3/5</td>
<td>FREE Civic Center</td>
</tr>
</tbody>
</table>

- **TWEEN SCOTTSDALE ARTISTS’ SCHOOL PROGRAMS**
  (ages 8-12 / 90 minutes / space is limited) Local artists from Scottsdale Artists’ School will lead you in exploring different mediums related to unique themes.
  
<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
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<th>Location</th>
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<tbody>
<tr>
<td>Sa</td>
<td>1pm</td>
<td>1/6</td>
<td>FREE Civic Center</td>
</tr>
<tr>
<td>Sa</td>
<td>1pm</td>
<td>2/3</td>
<td>Print Making FREE Civic Center</td>
</tr>
<tr>
<td>Sa</td>
<td>1pm</td>
<td>3/2</td>
<td>Anime Ink FREE Civic Center</td>
</tr>
</tbody>
</table>

- **KNOWASIS SCOTTSDALE ARTISTS’ SCHOOL PROGRAMS**
  (ages 12-18 / 90 minutes / space is limited) Local artists from Scottsdale Artists’ School will lead you in exploring different mediums related to fun themes.
  
<table>
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<th>Day</th>
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<td>Sa</td>
<td>2:30pm</td>
<td>1/6</td>
<td>FREE Civic Center</td>
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<tr>
<td>Sa</td>
<td>2:30pm</td>
<td>2/3</td>
<td>Print Making FREE Civic Center</td>
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<tr>
<td>Sa</td>
<td>2:30pm</td>
<td>3/2</td>
<td>Anime Ink FREE Civic Center</td>
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- **CUBE CLUB**
  (ages 10-18 / 60 minutes) Monthly gathering for teens & tweens interested in solving the Rubik’s Cube, learning new tips and tricks, practicing with a speedcubing timer, trying different twisty-puzzles, and making mosaic art out of multiple cubes. Bring your own Rubik’s Cube(s) or we’ll have some to borrow. Open to beginning and advanced Cubers.
  
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<tbody>
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<td>W</td>
<td>3:30pm</td>
<td>1/10, 2/14, 3/6</td>
<td>FREE Arabian</td>
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</tbody>
</table>

- **KNOWASIS WRITING CLUB**
  (ages 12-18 / 60 minutes / space is limited) Whether you’re working on college essays or creative projects, this writing club is for you! Bring your works in progress, your assignments, or just your imagination to this space of support and feedback.
  
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<tr>
<td>Th</td>
<td>5pm</td>
<td>1/11, 2/8, 3/14</td>
<td>FREE Civic Center</td>
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- **UGLY SWEATER COOKIE DECORATING**
  (ages 12-18 / 60 min) Create the ugliest sweater possible and then eat it! All materials will be provided.
  
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<td>Th</td>
<td>5pm</td>
<td>1/25</td>
<td>FREE Civic Center</td>
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</table>

- **HEARTSTOPPER TRIVIA**
  (ages 12-18 / 60 min) Flex your Heartstopper knowledge with a lively round of trivia based on the popular YA series! Come solo or with a team to play. Winner will go home with a prize.
  
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<tbody>
<tr>
<td>Tu</td>
<td>3:30pm</td>
<td>2/27</td>
<td>FREE Appaloosa</td>
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<tr>
<td>W</td>
<td>4pm</td>
<td>2/28</td>
<td>FREE Civic Center</td>
</tr>
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- **CODE WRANGLERS**
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<tbody>
<tr>
<td>Tu</td>
<td>3:30pm</td>
<td>3/19</td>
<td>FREE Arabian</td>
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<tbody>
<tr>
<td>W</td>
<td>4pm</td>
<td>3/27</td>
<td>FREE Civic Center</td>
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</table>
### ANIME WORKSHOP
(ages 10-18 / 60 min) Enjoy a free anime workshop presented by Scottsdale Artists’ School. All materials provided.

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<tr>
<td>Tu</td>
<td>3pm</td>
<td>1/30</td>
<td>Arabian</td>
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### BREAKERSPACE
(ages 12-18 / 60 min) Join us for some stress relief as we deconstruct, demolish and destroy old items (all items will be provided).

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<tr>
<td>Sa</td>
<td>1pm</td>
<td>2/3</td>
<td>Mustang</td>
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<tr>
<td>Th</td>
<td>5pm</td>
<td>3/21</td>
<td>Civic Center</td>
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### FOLD IT
(ages 10-18 / 60 min) Are you interested in the art of paper folding? This program will introduce the basics of origami and then we can fold to our hearts content.

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<tr>
<td>M</td>
<td>4pm</td>
<td>2/5</td>
<td>Mustang</td>
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</table>

### VALENTINE’S WATERCOLOR PAINTING
(ages 10-18 / 60 min) A presenter from Scottsdale Artists’ School will work with you to create a Valentine’s painting to keep or gift. All materials provided.

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<tr>
<td>Tu</td>
<td>4pm</td>
<td>2/6</td>
<td>Appaloosa</td>
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### VALENTINE’S BUTTON ART
(ages 10-18 / 45 min) Unleash your creativity while experimenting with texture, shape and color to create unique button art on canvas to keep or gift. All materials provided. No experience or artistic talent required.

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<tr>
<td>Tu</td>
<td>3pm</td>
<td>2/13</td>
<td>Arabian</td>
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### TINY ART GALLERY
(ages 12-18 / 60 min) Do you like painting and making art? Create a mini masterpiece to display in our Tiny Art Gallery!

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<tr>
<td>Th</td>
<td>5pm</td>
<td>2/15</td>
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### CRAYON CANDLES
(ages 12-18 / 60 min) Help us put our old crayons to use by making your own new candle to take home!

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<td>5pm</td>
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### SPA DAY
(ages 12-18 / 60 min) Get ready to unwind at our teen spa day! Join us for DIY face mask making, some well-deserved pampering, and tips and strategies for relaxation and self-care.

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<td>5pm</td>
<td>2/29</td>
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### ONE SHOT! TABLETOP ROLEPLAYING
(ages 10-18 / 60 min) Explore collaborative storytelling with Tabletop Roleplaying Games. Each week features a different game. No prior experience required!

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<tbody>
<tr>
<td>Sa</td>
<td>1pm</td>
<td>3/2-3/30</td>
<td>Mustang</td>
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### SEWING MACHINE BASICS
(ages 12-18 / 150 min / 3-day series) Teens! Learn the parts of a sewing machine, basic terminology, how to install a needle, thread the machine, make a bobbin and sew seams. After the basics, everyone gets to sew their own simple project. Registrants are expected to attend all three sessions. Space is limited.

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<td>M-W</td>
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<td>3/11-3/13</td>
<td>Mustang</td>
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### COLLEGE PREP E-RESOURCES
(ages 12-18) Learn about all of Scottsdale Public Library’s free resources that will help you ace your SATS and ACTS and pave the way for college!

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<tr>
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<td>5pm</td>
<td>3/28</td>
<td>Civic Center</td>
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### TEEN ADVISORY BOARD (TAB)
Teen Advisory Board volunteers meet monthly to focus on what the library can do for teens by brainstorming teen programs and collections. TAB members receive service hours credit for meetings and projects.

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<td>M</td>
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<td>Mustang</td>
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<td>Tu</td>
<td>5pm</td>
<td>1/9, 2/6, 3/5</td>
<td>Appaloosa</td>
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<td>Th</td>
<td>4pm</td>
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<td>Civic Center</td>
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<td>Th</td>
<td>5pm</td>
<td>1/11, 2/1, 3/7</td>
<td>Arabian</td>
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**Knit It!**
Try your hand at loom knitting!

Visit your nearest Scottsdale Public Library branch to pick up a knitting kit you can check out and bring home for up to 3 weeks starting in January.

Supplies are limited.

This program was previously hosted on the Scottsdale Public Library’s YouTube channel.

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**GAME ON!**
Drop in to visit Knowasis at Civic Center Library for gaming with our PSS, Xbox, Nintendo Switch, and board games! Open ANYTIME to teens ages 12-18!
ADULT PROGRAMS

POETRY WORKSHOPS WITH AUSTIN DAVIS
Local poet and AZ Hugs for the Homeless founder Austin Davis returns to lead two new poetry workshops. No previous writing experience required. Registration encouraged.

| Th  | 3pm | 1/4 | FREE | Civic Center |
| Th  | 3pm | 2/22 | FREE | Civic Center |

DUNGEONS AND DRAGONS
Play Dungeons and Dragons at Mustang Library! Whether you have never played before or have years of experience, you are welcome. Included will be a Character-Building Workshop, a chance to play a One Shot, and a Game Master Workshop.

| Th  | 5pm | 1/11, 3/28 | FREE | Mustang |
| Th  | 4:30pm | 2/8, 3/14 | FREE | Mustang |

THE BEATLES: FROM LIVERPOOL TO ABBEY ROAD
The Beatles started as a cover band in Liverpool and Hamburg and ended as one of the greatest cultural experiences of the 20th Century. Join Vinnie Bruno as he explores their historic journey from their humble early days to the excitement of Beatlemania, from their unprecedented creative output in the mid-60s to their incredible final recordings at Abbey Road Studios.

| Sa  | 2pm | 1/20 | FREE | Mustang |

ANYONE CAN WALK THE CAMINO IN SPAIN
Are you intrigued by the idea of walking the Camino Frances in Spain? Darryl and Kathleen Toupkin, who recently completed the entire length of the “Walk”, will share their experience and helpful hints that will help you plan a stress-free itinerary and walk painlessly.

| Sa  | 10:30am | 2/3 | FREE | Civic Center |

THE UNDERGROUND RAILROAD & THE DUNLAP MANSION
Local speaker Jim Dunlap will share the history of his family’s ancestral home in Bridgewater, PA on the fork of the Ohio and Beaver Rivers. The site is of one of the stops of the Underground Railroad.

| Sa  | 1pm | 2/10 | FREE | Mustang |

WILDLIFE PHOTOGRAPHY WORKSHOPS
In this 2-part class, local birding expert and wildlife photographer Cindy Marple go over camera basics (getting proper exposure, what controls to use, etc.) as well as tips for proper composition, light, and color. Patrons are encouraged to bring their cameras. Registration encouraged.

| Th  | 4pm | 2/29 & 3/7 | FREE | Civic Center |

LOCAL FOCUS

MCDOWELL SONORAN CONSERVANCY PROGRAMS
Talks feature a variety of topics presented by gifted and knowledgeable instructors from the McDowell Sonoran Conservancy.

ANIMAL MIND GAMES
Have you ever been startled by an animal on the trail or around your house and wondered why you didn’t see it at all until perhaps it moved? We’ll explore animal camouflage using actual examples including some from the Sonoran Desert.

| Sa  | 2:30pm | 1/6 | FREE | Mustang |

SCOTTSDALE’S BEST KEPT SECRET: THE MCDOWELL SONORAN PRESERVE
There is a living treasure right in the middle of Scottsdale – 30,500 acres of natural open space that makes up the McDowell Sonoran Preserve. Learn from a local expert on how to make lifetime memories as you connect with nature and experience the unique beauty of the Sonoran Desert.

| Tu  | 5:30pm | 2/6 | FREE | Mustang |

WHERE DID THE MILKY WAY GO?
Light pollution – unnecessary artificial light at night – has increased dramatically over the past few decades to the point that it drastically reduces our view of the starry sky and threatens our environment. However, unlike many other environmental threats, most light pollution can be eliminated immediately by making good choices for exterior lighting.

| Sa  | 2:30pm | 3/9 | FREE | Mustang |

REGISTER FOR THESE PROGRAMS AT SCOTTSDALELIBRARY.ORG OR CALL 480-312-READ (7323)
ør = Space is limited / Pick up Ticket 30 mins before event   ☑ = Registration Required   *all programs subject to change
**ADULT [18+ YEARS]**

**LIBRARY CALENDAR OF EVENTS**

**SCOTTSDALE READS**

**CRAFT CHOCOLATE**

It all starts with a bean! Dive into the world of Craft Chocolate and see what it takes to make everyone’s favorite sweets. Brought to you by Zak’s Chocolate.

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<tr>
<td>Tu</td>
<td>5:30pm</td>
<td>1/23</td>
<td>Appaloosa</td>
<td>FREE</td>
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**PLANT SURVIVAL 101**

Guest presenter Jo Miller will cover plant selection and how to maintain healthy plants, including pruning tips and a pruning schedule specific to desert plants. Following the program, attendees will be invited to check out seed packets from Appaloosa’s pop-up Seed Library while supplies last.

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<td>Appaloosa</td>
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**LIFE AND WELL BEING**

**CANCER SUPPORT IN SCOTTSDALE**

If you or someone you know has been impacted by cancer, Cancer Support Community of Arizona (CSCAz) has resources and support for you. Join CSCAz presenters to learn about all the educational and emotional support programs in Scottsdale (and virtually) for all those touched by cancer - patients, survivors, thrivers, caregivers, friends & family members.

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<td>Arabian</td>
<td>FREE</td>
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**WALK WITH EASE**

Don’t let arthritis or inactivity sideline you! This walking group program is designed to help people reduce pain and discomfort of arthritis, increase balance and strength, build confidence in the ability to be physically active, and improve overall health. This program will meet twice a week for 6 weeks and is sponsored by the local Area Agency on Aging.

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<td>1/16-2/22</td>
<td>Civic Center</td>
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**COLORLOVE OPENING RECEPTION**

Join us for an opening reception of the COLORLOVE exhibit.

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<td>1/11</td>
<td>Civic Center</td>
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**LIBRARY + PUBLIC ART EXHIBITION**

**COLORLOVE**

Throughout history, humanity has examined, philosophized, questioned, and celebrated the full spectrum of color. The most basic extraction of color seen in nature is the rainbow: sunlight, through tiny drops of water, split into its most intense, pure hues. The beauty of this vision is hard-wired into our brains. This juried exhibition of artwork, co-curated by Tucson artist Lex Gjurasic, celebrates the power of the full rainbow of colors.

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<th>Start</th>
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<tbody>
<tr>
<td>January 8</td>
<td>March 30, 2024</td>
<td>Civic Center Public Gallery</td>
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**LIBRARY CREATIVES WORKSHOPS**

**ALL THINGS COLOR!**

We all know that red and blue make purple, but how on earth do we accomplish the bright hues of sunsets or the dark shadows of mountains? In this hands-on workshop, create a fun desert landscape painting with Arizona-based artist, Jackson Kloog. All materials provided.

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<td>2/22</td>
<td>Civic Center</td>
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**NATURAL PIGMENT WORKSHOP**

Let’s play in the dirt! Sometimes the gorgeous earthen colors can only be replicated by using the very material they are based on. Learn how to find rocks and soil that work great for natural pigments and experience processing them into watercolor paint. All materials provided.

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<td>4:30pm</td>
<td>3/28</td>
<td>Civic Center</td>
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## ARTS AND CRAFTS

**PHOENIX ART MUSEUM DOCENTS PRESENT: ART ALL AROUND US**

Experience a new perspective on art through this presentation and conversation series by Phoenix Art Museum Docents. Visit our online calendar or call 480-312-READ (7323) for topics and details.

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<td>FREE Mustang</td>
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<td>M</td>
<td>1pm</td>
<td>1/29, 2/26, 3/25</td>
<td>FREE Appaloosa</td>
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**SEWING CLASSES FOR TRUE BEGINNERS**

Learn how to operate a sewing machine from step 1. Common basic sewing techniques will be covered in sequence. Come learn a new crafting skill and walk away with your creation. Registrants are expected to attend all three classes.

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<td>2pm</td>
<td>2/12-2/14</td>
<td>FREE Civic Center</td>
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**Crafter**

Interested in crafting, but unsure of where to begin? Sample a different type of craft each month at Curious Crafter. Supplies are provided and no crafting experience is needed.

### Curious Crafter @ Appaloosa

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<tr>
<td>W</td>
<td>1pm</td>
<td>1/3</td>
<td>Wire Wrap Bracelets</td>
<td>FREE</td>
<td>Appaloosa</td>
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<tr>
<td>W</td>
<td>1pm</td>
<td>2/7</td>
<td>Creative Collage</td>
<td>FREE</td>
<td>Appaloosa</td>
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<td>W</td>
<td>1pm</td>
<td>3/6</td>
<td>Pressed Leaves Bookmarks</td>
<td>FREE</td>
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### Curious Crafter @ Arabian

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<tr>
<td>Tu</td>
<td>5pm</td>
<td>1/9</td>
<td>Batht Bombs</td>
<td>FREE</td>
<td>Arabian</td>
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<td>Tu</td>
<td>5pm</td>
<td>2/13</td>
<td>Wine Cork Boards</td>
<td>FREE</td>
<td>Arabian</td>
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<tr>
<td>Tu</td>
<td>5pm</td>
<td>3/12</td>
<td>Framed Robin's Egg &amp; Nest</td>
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<td>Arabian</td>
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### Curious Crafter @ Civic Center

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<tr>
<td>Th</td>
<td>3pm</td>
<td>1/11</td>
<td>Vision Boards</td>
<td>FREE</td>
<td>Civic Center</td>
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<tr>
<td>Th</td>
<td>3pm</td>
<td>2/1</td>
<td>Crafting Collages</td>
<td>FREE</td>
<td>Civic Center</td>
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### Curious Crafter @ Mustang

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<tr>
<td>M</td>
<td>4pm</td>
<td>2/5</td>
<td>Design a Mug</td>
<td>FREE</td>
<td>Mustang</td>
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## FILM

**Visit our online calendar for full details on film titles or call 480-312-READ (7323).**

### Mustang Film Series

See recent releases, familiar favorites, or avant-garde art.

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<td>1/3-3/26</td>
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### War Stories Film Series

An epic film series that takes you to the front lines of history’s greatest conflicts.

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### Surely, These Can’t Be Serious Film Series

A parody film series that lovingly pokes fun at our favorite movies and pop culture moments.

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<td>3pm</td>
<td>1/17, 2/21, 3/20</td>
<td>Civic Center</td>
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### Italian Film Series

Dive deep into Italian film history with Arizona State University lecturer Enrico Minardi. Two films will be shown in each session that display the mastery of Italian filmmaking, with genres ranging from the iconic Neorealism to the country’s imitable horror offerings.

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<td>Sa</td>
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<td>1/13, 2/10</td>
<td>Civic Center</td>
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### Movies That Matter: The 1960s

The 1960s were a watershed decade in America. This free 10-week seminar examines important American films from 1960-1969. Artistic and historic background will be provided by Tom Samp with a discussion after each screening. Films will include *The Apartment, Psycho, To Kill a Mockingbird, In the Heat of the Night and Dr. Strangelove*. More details can be found in our online calendar.

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<td>1/22-4/1</td>
<td>Civic Center</td>
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**Hoopla**

Hoopla has it all! Use the Hoopla app or website to get ebooks, audiobooks, music, streaming films, tv shows, and comics. So much to check out!

Learn more about Hoopla and all the other ways you can access eMedia and all manner of other online services at ScottsdaleLibrary.org/downloadables

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REGISTER FOR THESE PROGRAMS AT SCOTTSDALELIBRARY.ORG OR CALL 480-312-READ (7323)

= Space is limited / Pick up Ticket 30 mins before event  ✔️ = Registration Required  *all programs subject to change
MONEY MATTERS

FINANCIAL PLANNING
Are you prepared? Join Lisa Dickholtz, CFP, Member of FINRA/SIPC and advisory services through Security American Advisors, INC, for a frank conversation to ensure you have a strong foundation to survive today’s unpredictable financial environment.

Tu 5:30pm 1/23 FREE Arabian
Tu 5:30pm 2/27 FREE Arabian
M 10am 3/18 FREE Arabian

MARKET OUTLOOK
Katrina C. Lessard, CFP®, AEP® will provide a comprehensive presentation on the markets and the global economy, and the opportunities and challenges that may lay ahead.

Tu 1pm 1/30 FREE Appaloosa

HOW TO AVOID THE TOP FIVE MEDICARE MISTAKES
This educational seminar will bring clarity to the fundamentals of Medicare and enable you to make informed decisions associated with when to enroll in Medicare, how to evaluate coverage, and how to ensure cost efficiencies going forward after you’ve enrolled.

Tu 1pm 2/20 FREE Appaloosa

RETIREMENT PLANNING
Join Katrina C. Lessard, CFP®, AEP® for a presentation on retirement income planning to support the retirement lifestyle you want and positioning your assets to provide that income.

Tu 1pm 3/19 FREE Appaloosa

FINANCIAL AWARENESS PROGRAMS
Programs are presented without bias or sales by trusted professionals with non-profit, Foundation for Personal Financial Education. Online and in-person sessions for your convenience.

Th 10:30am 1/11 Understanding Annuities FREE Mustang
Th 10:30am 2/8 Tax Efficiency in Retirement FREE Mustang
Th 10:30am 3/14 Using ROTH Properly FREE Mustang

ESOL (ENGLISH FOR SPEAKERS OF OTHER LANGUAGES)
Learning English as a second or third language can be tough, so the library is here to help. Classes are offered at several skill levels at multiple locations.

BEGINNING CONVERSATION CLASS
Tu 10:30am 1/8-3/26 FREE Mustang

INTERMEDIATE CONVERSATION CLASS
M 10:30am 1/8-3/25 FREE Mustang
Th 3:30pm 1/11-3/28 FREE Appaloosa
Th 4pm 1/11-3/28 FREE Arabian

BASIC GRAMMAR CLASS
W 11:30am 1/10-3/27 FREE Mustang

ADVANCED CONVERSATION & MORE!
F 10:30am 1/12-3/29 FREE Mustang

DISCOVERY OF AMERICAN CULTURE AND CONVERSATION
Th 10:30am 1/11-3/28 FREE Civic Center

CAREER CLASSES
Learn to navigate the current job market with new skills and effective strategies. Programs provided by City of Scottsdale Career Services.

THE BACK TO WORKSHOP
Learn strategies to prepare for the current job market: prepping resumes, submitting online applications, handling digital interviews, and more.

Th 10:30am 1/25 FREE Civic Center
Th 10:30am 3/28 FREE Civic Center

INTERVIEW TECHNIQUES
Learn the latest interview techniques and how to answer interview questions confidently and effectively.

Th 10:30am 2/29 FREE Civic Center

REGISTER FOR THESE PROGRAMS AT SCOTTSDALELIBRARY.ORG OR CALL 480-312-READ (7323)
△ = Space is limited / Pick up Ticket 30 mins before event  ✔ = Registration Required  *all programs subject to change
COMPUTER CLASSES

ASK THE EXPERTS
Get free help with your computer, tablet, or smartphone from the Library’s team of volunteers. Bring your device and any associated passwords for a 15-30 minute consultation. Help will be first come, first served. Please visit our online calendar for dates, times, and locations.

DROP-IN EMEDIA SESSION
Get one-on-one help with learning how to access library digital materials to your eReader, tablet, or smartphone. Library digital material ranges from ebooks, audiobooks, music, streaming films, newspapers, and kids’ read-alongs. Bring your device, your library card, and your questions about library eMedia resources, and knowledgeable staff will help you enjoy your digital library 24/7.

WORKING WITH WINDOWS
Learn to make Windows 10 easier to work with and more specific to your needs. Learn to add and remove tiles, use settings to change configuration and set up split screen to compare information on two different websites. Use Snip-it tool to copy only the information you want from a web page or document and paste it anywhere you like. Learn about other tools and programs in the Windows 10 system. Prerequisite: Proficiency in the use of computer/mouse.

EXCEL
Learn basic spreadsheet functions, enter & format numbers, insert rows/columns, simple formulas, hide/un-hide sheets/rows and columns, and freeze panes, etc. This course is taught using Excel 2016, but techniques learned are applicable with earlier versions. Basic computer and mouse skills required.

COMPUTER FUNDAMENTALS 1
Are you a computer novice who has a computer or access to one? Would you like to learn more? Learn to identify the main parts of the Windows operating system and use of the mouse and keyboard. This course is taught in the Windows 10 environment.

IPHONE/IPAD
Learn the basics of operating and getting the most out of your iPad by installing and managing apps, contacts, browsing with Safari, sending mail and messages, personalizing your device using settings and security.

BACKING UP YOUR DATA
Learn the best techniques to back up your digital information, including photos, music, videos, documents, and downloads from your PC, phone, and tablet. This course covers the use of external hard drives, flash drives and various cloud services.

COMPUTER FUNDAMENTALS PART 2

GOOGLE SEARCH AND APPS
Search the web like a pro. Learn how to use Google maps, Google Earth, and a wealth of free apps to help create documents, spreadsheets, translate foreign language, and store data and images in the Cloud. Please bring your Google email and password to class.

EMAIL EFFICIENCY
Learn how to clean/remove clutter, use email ‘add-ins’, avoid spelling/grammar mistakes, use Copy To and Blind Carbon Copy, etc. Taught with Gmail specifically, but the concepts/techniques work with other email clients, EG: Outlook, Yahoo Mail, AOL.

FILE MANAGEMENT
Learn basic definitions, an overview of how files and folders are organized and strategies and how-to tips.

VALUES
= Space is limited / Pick up Ticket 30 mins before event
= Registration Required
= all programs subject to change
DISCUSSION GROUPS


STAFF PICKS BOOK DISCUSSION GROUP

Join us each month for a lively conversation centered on titles selected by staff within a variety of genres. Visit our online calendar for full details on book titles or call 480-312-READ (7323).

Meets Mondays at Mustang at 2 pm
1/22 – I Have Some Questions for You by Rebecca Makkai
2/12 – The Dinner List by Rebecca Searle
3/18 – Inheritance: A Memoir of Genealogy, Paternity, And Love by Dani Shapiro

Meets Tuesdays at Appaloosa at 1 pm
1/9 - Murder Your Employer by Rupert Holmes
2/13 - Never Let Me Go by Kazuo Ishiguro
3/12 - Foe by Ian Reid

Meets Wednesdays at Civic Center at 1 pm
1/17 - The Last Thing He Told Me by Laura Dave
2/21 - Hamnet: A Novel of the Plague by Maggie O’Farrell
3/20 - Killing Commendatore by Haruki Murakami

CAUGHT READ-HANDED

Join us for a fascinating discussion on true crime topics, including white collar, cults, kidnapping, and of course, murder.

Meets Wednesdays at Civic Center at 1 pm
1/10 - The Feather Thief by Kirk Wallace Johnson
2/14 - Under the Banner of Heaven: A Story of Violent Faith by Jon Krakauer
3/13 - Unmasked: My Life Solving America’s Cold Cases by Paul Holes

WELL-READ WELLNESS

This quarterly informal conversation on books will feature health issues and medical conditions. Paired with the Mayo Clinic’s Read. Talk. Grow. podcast hosted by Denise Millstine, MD., who will lead our discussions. Read or listen, join, and discuss. Visit library website for more information.

Meets Mondays at Civic Center at 5:30 pm
1/8 - The Change by Kirsten Miller Topic: Menopause
4/8 - We All Want Impossible Things by Catherine Newman Topic: Caring for a friend in hospice

ARABIAN NIGHTS BOOK DISCUSSION

Join us for an informal discussion.

Meets Tuesdays at Arabian Library at 5 pm
1/2 - Sea of Tranquility by Emily St. John Mandel
2/6 - Demon Copperhead by Barbara Kingsolver
3/5 - The Plot by Jean Hanff Korelitz

SCOTTSDALE BAKES

Scottsdale Bakes is an informal virtual baking club. We will discuss your favorite cookbooks, recipes, and any tips and tricks you may have regarding baking savory or sweet. Register to receive a link to the virtual meeting.

Meets Fridays online at 10:30 am
1/19 - Chocolate Bakes
2/16 - Quick & Easy Bakes
3/15 - Bars

REGISTER FOR THESE PROGRAMS AT SCOTTSDALELIBRARY.ORG OR CALL 480-312-READ (7323)

= Space is limited / Pick up Ticket 30 mins before event
= Registration Required
* all programs subject to change
**Come join us!**

The Scottsdale senior centers are free and open to the public, with no membership or residency requirements. Adults ages 18 and older are welcome, though most programs are geared towards the 50+ community.

**HOLIDAY CLOSURES**

- New Year’s Day: ................. Monday, Jan. 1
- Martin Luther King Day: ....... Friday, Jan. 5
- President’s Day: ................. Monday, Feb. 19

**LOCATIONS**

**GRANITE REEF SENIOR CENTER**

1700 N. Granite Reef Road
Scottsdale, AZ 85257
480-312-1700

**VIA LINDA SENIOR CENTER**

10440 E. Via Linda
Scottsdale, AZ 85258
480-312-5810

**HOURS**

- Mon - Thurs ............8 am-8 pm
- Friday ....................8 am-5 pm
- Saturday .................8 am-Noon
- Sunday ....................closed

REGISTER FOR CLASSES AT RECREATION.SCOTTSDALEAZ.GOV
TO LEARN ABOUT SENIOR SERVICES, GO TO SCOTTSDALEAZ.GOV AND SEARCH "SENIORS."
**General Information**

**FACILITY RESERVATIONS**
The senior centers offer a range of rooms and outdoor spaces that accommodate anywhere from eight to 300+ people. Facility reservations are available Monday through Saturday.

**FITNESS CENTERS**
The senior centers offer state-of-the-art fitness with an extensive variety of exercise equipment that include treadmills, ellipticals, stationary bikes, cardio equipment, and free weights.

**Fitness Center Closed for Senior Strength Training Classes**
- Monday & Wednesday: 11 am – noon & 5:45-6:45 pm
- Tuesday & Thursday: 10 – 11 am
- Tuesday & Thursday: 11:30 am – 12:30 pm

**LUNCH PROGRAM**
Delicious and nutritious lunches are served at both Centers! To participate in our lunch program, please call to make a lunch reservation. Monthly menus can be provided.

**SOCIAL WORKERS**
The senior centers provide social services to seniors, adults with disabilities, and their families. Master level social workers are available by appointment Monday through Friday from 8am-5pm to provide support, education, and resources—free of charge.

**Transportation/Field Trips**

**AARP DRIVER SAFETY COURSE**
Driver Safety class open to anyone & could get a discount on car insurance. AARP members $20.00 & Non-Members $25.00. Payment will be collected by AARP on class date.

**Events**

**MAH JONGG PARTY FRIENDLY TOURNAMENT**
Come meet and play with new friends. Refreshments, raffle & prizes.

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**BE MY VALENTINE DANCE**
Come and dance the night away. Dance Instruction, Live Music, refreshments & raffle prizes.

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**SPRING BBQ**
Join us for fun, food and friendship! We will have games and entertainment to enjoy!

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**MATTER OF BALANCE**
A.T Stills University created this eight-week program is designed to manage falls and increase activity levels. Set goals for increasing activity, reduce fall risks at home and promote exercise to increase strength and balance. 75% of the class is lecture & 25% exercise.

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**LIVING WELL WITH HEARING LOSS**
Living WELL with hearing loss is free counseling-base group rehabilitation program for individuals with hearing loss and those experiencing difficulty listening in everyday situations. The Program is designed to help participants achieve effective communication in everyday situations. Classes are conducted by clinical faculty of graduate students in the Speech and Hearing Science unit of College of Health Solutions at Arizona State University.

Four weekly sessions 1.5 hours.

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**REGISTRATION QUESTIONS?**
480-312-7957
Call us before Nov. 24 so we can guide you through the process, making registration a breeze!
Enrichment Programs

LINE DANCING
This volunteer facilitated drop-in group is coordinated through Senior Services. Line dancing is free, with no advance registration.

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BALLROOM DANCING
Join us for ballroom dance. No advance registration needed.

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WALKING CLUB (OCT.–MAY)
Come walk with Scottsdale Police Crime Prevention Team. Meet outside the entrance and walk the park/desert garden.

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WALKING CLUB (STARTING JAN.2)
Come walk with Scottsdale’s employee team. Meet outside of Eldorado Community Center by the Trolley stop.

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NATURE & BIRDING WALK (OCT.–MAY)
Bring binoculars, hat and wear comfortable walking shoes. Meet outside the main entrance at Via Linda Senior Center. Please contact Via Linda front desk.

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KARAOKE
Join us for a free afternoon of singing. No registration is required.

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OPEN ART STUDIO
During this time, the art room will be made available for you to explore your creative side. This is a self-led program open to painters, illustrators, and crafters alike.

Adult Art Studio

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Open Arts & Crafts

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Knitting/Crocheting (Flying Needles)

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SCOTTSDALE STRUMMERS
Drop-in ukulele group that meets at Granite Reef Senior Center. There is no cost to this program, and all levels are welcome.

Beginners

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FRIDAY MOVIE MATINEE
Free movie at Granite Reef and Via Linda Senior Center. No registration required. Check with the senior centers for update showings.

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TECH TIME WITH MARK
Ask your questions about Smart Phones, Tablets, Laptops & Other Technology. Individualized Tutoring. No Registration Required. First Come, First Served.

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**Fun & Games**

**BRIDGE**

**Duplicate Bridge**
- Tu 12:45-4 pm FREE GRSC

**Duplicate Sanction Bridge (OCT.–MAY)**
Sanctioned Duplicate Bridge games are scheduled weekly. If you would like emails concerning the schedule and results, contact our director at bridgebum@hotmail.com.
- W 12:30 pm $10.00 VLSC

**Fast Play Bridge (Intermediate Players)**
- Tu noon-3:30 pm FREE VLSC

**Prickly Pair Bridge (a partner is required)**
- W 12:45-4 pm FREE GRSC

**Speedy Bridge (Intermediate Players)**
- Th noon-3:30 pm FREE VLSC

**DROP-IN PLAY**
The senior centers provide space on a first come, first served basis for social cards and games. Rooms are shared use, with multiple groups playing different games at once, unless otherwise scheduled.

**Open Card Play**
- M-F 8 am-5 pm FREE GRSC
- M, W & F 8 am-5 pm FREE VLSC
- Tu & Th 1-5 pm FREE VLSC

**Canasta Newcomers**
- Th 11 am-4 pm FREE GRSC

**Canasta**
- Th 1-4 pm FREE GRSC

**Hand, Knee & Foot - Variations of Canasta**
- M 9 am-1 pm FREE VLSC

**Rummikub**
- W 10 am-1 pm FREE VLSC

**Open Chess**
- Th 11 am-4 pm FREE GRSC

**Mah Jongg**
- M 10:30-2:30 pm FREE GRSC
- Th 1-4 pm FREE VLSC

**International Mah Jongg**
- F noon-5 pm FREE GRSC

**Mexican Train Dominoes**
- M 1-4 pm FREE VLSC

**Pinochle**
- W 12:30-4 pm FREE GRSC

**Double Deck Pinochle**
- Th 10 am-3 pm FREE GRSC

**Recreation**

**BILLIARDS**
Both the Granite Reef Senior Center and Via Linda Senior Center have phenomenal billiards rooms with 9-ft Gold Crown tables. Drop-in play is free and open to the public during normal hours of operation at each facility.

**CHAIR EXERCISE**
Drop-in chair exercise class open to participants who want to improve their strength and balance. No registration is required for this free class.
- Tu & Th 10-11 am FREE GRSC

**FUNCTIONAL FITNESS**
- F 10 am-11 am FREE GRSC

**TABLE TENNIS**
Open table tennis is available at both Granite Reef Senior Center and Via Linda Senior Center at various time throughout the week. There is a $2 activity fee for each use, and all levels are welcome.
- Tu 3:30-7:30 pm $2 drop-in VLSC
- W 1-4 pm $2 drop-in GRSC
- F 1-4:30 pm $2 drop-in VLSC

**PICKLEBALL**
Did you know Scottsdale has 21 Pickleball courts?
Go to ScottsdaleAZ.gov and search "Pickleball" for more information about courts and lessons.
Support Groups

A wide variety of support groups are offered at both the Senior Centers. The groups are free of charge, are designed to meet the evolving needs of Scottsdale’s aging population. Support groups are facilitated by non-profit organizations, social workers, volunteers and industry professionals.

**ALZHEIMER’S SUPPORT GROUP**
1st M 1:30 pm FREE GRSC

**DUET CAREGIVER’S SUPPORT GROUP**
1st & 3rd Th 10 am FREE VLSC

**GRIEF AND LOSS SUPPORT GROUP**
1st & 3rd M 1 pm FREE GRSC

**MENDED HEARTS SUPPORT GROUP**
2nd T 6 pm FREE VLSC

**MULTIPLE SCLEROSIS SUPPORT GROUP**
2nd T 4:30 pm FREE VLSC

**TREMBLE CLEFS (PARKINSON’S SUPPORT GROUP)**
Th 3 pm FREE GRSC

**LOW VISION SUPPORT GROUP**
2nd W 10-11:30 am FREE VLSC
2nd Th 2:30-4:30 pm FREE GRSC

**MINDFUL ART (STARTING JAN. 11)**
Come enjoy an engaging, creative session for you and your family member. Designed for those experiencing dementia or low vision. We will sing, tell stories, and create art together on seasonal themes. You’ll go home with an original piece of artwork, and materials to support you as a caregiver.
2nd & 4th Tu 10 am FREE VLSC

Social Groups

**BOOK DISCUSSION GROUP**
Join us for our free book discussion group. Contact our front desk for upcoming monthly book discussion titles. All books are available in the Scottsdale Public Library.
2nd Th 10-11:30 am FREE VLSC

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<tr>
<th>Date</th>
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<tr>
<td>1/11</td>
<td>Black Cake</td>
<td>Charmaine Wilkerson</td>
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<tr>
<td>2/8</td>
<td>Born a Crime</td>
<td>Trevor Noah</td>
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**CAN WE TALK?**
This is a peer led discussion group open to men and women.
Th 10:30 am-noon FREE VLSC

**CURRENT EVENTS**
Discuss current events, public policy, and both local and national issues in a spirited, yet respectful, environment.
W 10:30 am-noon FREE GRSC
W 2-3:30 pm FREE VLSC
Th noon-2 pm FREE GRSC

**FRIENDSHIP DISCUSSION GROUP**
Fun and light-hearted group designed to make new friends while sharing stories, jokes, information, and memories.
Tu 10 am FREE GRSC

**MEN’S DISCUSSION GROUP**
Informal peer led discussion group for men.
Tu 2-3:30 pm FREE VLSC

**WHAT’S ON YOUR MIND?**
General discussion group that talks about anything and everything except politics.
2nd & 4th Tu 1:30-3 pm FREE VLSC

**ART ALL AROUND US (DOCENT ART TALKS)**
Come appreciate art in an intimate setting through a free visual lecture series presented by Phoenix Art Museum Docents.

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<td>Masterworks at Phoenix Art Museum</td>
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<td>Hard Times, Hard Truth: American Scene Art of</td>
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<td>20th Century Fashion Innovators</td>
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REGISTER FOR CLASSES AT RECREATION.SCOTTSDALEAZ.GOV
TO LEARN ABOUT SENIOR SERVICES, GO TO SCOTTSDALEAZ.GOV AND SEARCH “SENIORS.”
Community Resources

BENEFITS ASSISTANCE
The state health insurance assistance program provides objective information regarding original Medicare. Trained Area Agency on Aging volunteers provide free personalized assistance with the preparation of Medicare and supplemental claims forms, appeals, applying for Medicare and more. To schedule a free appointment, please call the Granite Reef or Via Linda senior centers.

BROWN BAG PROGRAM
The Brown Bag Program offers qualified seniors and people with disabilities food supplements including; fresh fruit & vegetables, canned goods and bakery items on a bi-monthly basis at both Senior Centers. For more information please call Granite Reef Senior Center at 480-312-1700.

CAB CONNECTION
This taxi voucher subsidy program is available to city of Scottsdale residents who are disabled or senior citizens (65+). The program serves full city limits. Vouchers pay 80% of the fare (up to $10). Participants may request up to 20 one-way vouchers per month. Please call the Cab Connection office at 480-312-8747 for additional information.

DUET
Volunteers serve homebound and/or disabled individuals, 18 years of age and older. There is no financial eligibility. Service area includes Scottsdale city limits south of Frank Lloyd Wright Blvd. Services include grocery shopping, rides to medical appointments, paperwork or computer assistance, minor home repairs, visiting, phoning or respite. Please call 602-274-5022 to register or request assistance.

FOOTHILLS CARING CORPS
Volunteers serve homebound and/or disabled individuals, 18 years of age and older. There is no financial eligibility. Service area includes Scottsdale city limits north of Bell Road and the towns of Carefree and Cave Creek. Transportation services include mobile meals, van pooling, medical transportation and grocery shopping. Please call 480-488-1105 for additional information.

HOME DELIVERED MEALS
The City of Scottsdale partners with local non-profits to provide nutritious, hot meals to qualified homebound seniors. The service also provides a daily check on the individual’s condition and safety. For more information on programs in your area, please call the Area Agency on Aging at 602-264-4357.

HOME SAFE HOME
Trained Scottsdale Fire Department volunteers visit seniors in their homes and point out potential tripping and falling hazards. Volunteers can replace smoke alarm batteries or install a new alarm and give free night lights to ensure you can see well at night. Please call 480-312-1817 to request your free visit.

LOCKBOXES FOR SENIORS
The Scottsdale Area Association of REALTORS, the Scottsdale Police and Fire Departments and the Maricopa County Sheriff’s Office offer free emergency lockboxes to seniors whose annual income is less than $25,000 and at a charge of $25 for all others. The service is available to Scottsdale and Fountain Hills residents only. For additional information or to arrange delivery, please call 877-229-5042 (toll free).

MEDILOAN PROGRAM
The senior centers provide Scottsdale residents with medical equipment such as canes, walkers, wheelchairs and shower benches.

OPERATION FIX IT
Operation Fix-It (OFI) works in the community with dedicated volunteers and city staff to assist qualified Scottsdale homeowners. The program helps qualified applicants with code enforcement referrals and issues related to health and safety on the property. To apply for the program or learn about volunteer opportunities, please call 480-312-8703 or go to ScottsdaleAZ.gov and search “Operation Fix It.”

VALLEY METRO PARATRANSIT
East Valley Dial-a-Ride has a new name: Valley Metro Paratransit. A fleet of brand new accessible vans and minivans will now service you with Valley Metro signage and colors. They have also partnered with AAA Transportation (Yellow Cab) to provide additional service to the east valley. Request a trip, check on an existing trip, or make changes to one by calling 602-716-2200 or via TTY at 602-716-2118.
LIVE LIFE TO THE FULLEST

Living at our award-winning senior living community gives you the chance to write the next chapter of your life focusing on the things that bring you joy. When you take away the stresses of taking care of a home by yourself, the possibilities of how you can spend your time open up more than you ever imagined. Picture living in a well-appointed apartment home — with the privacy to retreat to your own oasis whenever you please — but with a wealth of services and support, engaging activities and wellness programs, and top-notch amenities right at your fingertips.

Tour our community today and receive a complimentary lunch in our Four Peaks Restaurant!

McDowell Village
MBK SENIOR LIVING

8300 East McDowell Road, Scottsdale, AZ 85257 • McDowellVillage.com
INDEPENDENT & ASSISTED LIVING

Contact us at
McDowellVillage@mbk.com
or (480) 400-8510
The Career Center is a space for job seekers to access computers to apply for jobs, update resumes and explore job opportunities—all for free. The Career Center maintains job and career fair information. With an appointment, you can meet with a skilled Career Coach for guidance on your career journey.

**CAREER SERVICES**

**Vista del Camino Community Center**  
7700 E. Roosevelt St., Scottsdale, AZ 85257 | 480-312-2323  
Go to ScottsdaleAZ.gov, search "Career Center"  
Career Center Hours: Mon – Fri | 8 am – 5 pm | 480-312-0060  
**CONTACT:** Sheila Williams, 480-312-0058 | SWilliams@ScotsdaleAZ.gov

**CAREER CLASSES**

Learn to navigate the current job market with new skills and effective strategies. Programs provided by City of Scottsdale Career Services.

**THE BACK TO WORKSHOP!**

Learn new strategies to prepare for this new job market: resumes, online applications, digital interviews and more.

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**INTERVIEW TECHNIQUES**

Learn the latest interview techniques and how to answer interview questions confidently and effectively.

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**JOB SEARCH STRATEGIES**

Explore effective strategies for job search and the tips and tricks to the next step.

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**RESUME RESCUE**

Learn the essentials to writing an effective resume, followed by a lab with formatting guidance.

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<td>Tu 10am</td>
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**ADDITIONAL EMPLOYMENT SERVICES:**

- Resume development
- LinkedIn consultation
- Interview preparation
- Job search strategies
- Employment referrals
- Employment Referrals
- Webcam for digital interviews
- Career Closet

**Download our Career Center Events Calendar!**

Get the most up-to-date information and view our upcoming career help programs.

Go to ScottsdaleAZ.gov, search "Career Center"

**STAY CONNECTED!**

Scottsdale Vista Career Center  
[Facebook] [LinkedIn]
Scottsdale Family Resource Center

Services that support families, parents, caregivers, expectant parents and their young children ages birth through age five. All programs and events are free, interactive and fun for both caregiver and child!

- Early literacy programs
- Family Play Time
- Parenting workshops
- Parent support groups
- Referrals to community resources
- Referrals for emergency assistance: food, utility & rental assistance

¡Se habla Español!

Stay updated on events and children's literacy programs by downloading our Community Calendar!

Go to ScottsdaleAZ.gov, search "Scottsdale Family Resource Center" or call 480-312-0038.

Social Services

Scottsdale offers a variety of social service programs from helping with housing to family assistance and back-to-school preparation. For more information on these services, go to ScottsdaleAZ.gov and search "Vista del Camino."

- Early literacy programs
- Parent support groups
- Referrals to community resources
- Referrals for emergency assistance: food, utility & rental assistance

Supported by FIRST THINGS FIRST

Social Services

Back-to-School

Ensuring every student has everything they need to succeed in school.

Food Bank

Food boxes and other services to those who need it.

Adopt-A-Family

Every family deserves a holiday season full of celebration.

Utility Assistance

Eligible Scottsdale residents can apply and receive assistance.

Emergency Rent & Mortgage Assistance

One-time support for families facing unexpected challenges paying their rent or mortgage.

Eviction Prevention

We have the resources for support when needed.
NEIGHBORHOOD CENTERS

SCOTTSDALE HUMAN SERVICES

SERVING AND BRINGING TOGETHER THE COMMUNITY
Located in the heart of thriving Scottsdale Communities, our Neighborhood Centers not only offer a gathering space, but also provide Social Services, connection to other agencies, family support and more!

PAIUTE NEIGHBORHOOD CENTER
6535 E. Osborn Road, Scottsdale, AZ 85251
480-312-2529

Monday - Friday ..................... 8 a.m. – 5 p.m.

Paiute Neighborhood Center provides a safe and diverse environment where our neighbors can come together to create a spirit of community by providing social, recreational, cultural and educational programs and services.

RESOURCES:
• Family Resource Center
• Community Resources and Workshops
• WIC
• Food Pantry
• Community Assistance Office (housing)
• Head Start, Hirsch Academy and SARRC

VISTA DEL CAMINO COMMUNITY CENTER
7700 E. Roosevelt St., Scottsdale, AZ 85257
480-312-2323

Monday through Friday ............. 8 a.m. – 5 p.m.

Vista del Camino is Scottsdale’s Community Action Program (CAP), providing a variety of services to residents to prevent homelessness, meet the basic needs of individuals and families in crisis, relieve economic and emotional stress, and maintain self-sufficiency.

SERVICES LIKE:
• Food Bank
• Utility Assistance
• Career Center
• Community Support Programs
• STEP (Teen Employment Program)
• Rent & Mortgage Assistance

GO TO SCOTTSDALEAZ.GOV, SEARCH “PAIUTE” OR “VISTA DEL CAMINO”
Accessibility services may be available. See page 28 for details.
The Community Assistance Office (CAO) administers the city’s affordable housing programs and collaborates with non-profit agencies as well as other city departments to address and meet basic and critical human needs.

- **Federal Housing Choice Voucher (HCV) Program**
- **Housing Rehabilitation Programs:**
  - **Green Housing Rehabilitation Program** offers an interest-free deferred loan to qualified low and moderate income homeowners to finance a contract for home repairs between a homeowner and a contractor.
  - **Roof Repair and Replacement Program** provides assistance to repair or replace deteriorated roofing systems that pose a serious threat to the health, safety or welfare of a household.
  - **Emergency Repair Program** provides assistance through a grant to address household repairs that affect the immediate livability of the home. Repairs are limited and assistance is based on priority of emergency.

**Community Assistance Office**

6535 E. Osborn Road – Bldg. 8
Scottsdale, AZ 85251
Phone: 480-312-7156
TDD: 480-312-7411 or AZ Relay 7-1-1
Contact:
ScottsdaleHousingInfo@ScottsdaleAZ.gov
Go to ScottsdaleAZ.gov, search “CAO”

**Foster Youth to Independence**

When transitioning from foster care, youth aged 18-25 need all the help they can get. The Scottsdale Housing Agency in partnership with the DCS Office of Prevention has a housing voucher program available that can assist with rent while allowing youth to concentrate on continued education, developing household and budget management skills, and finding stable employment.

For more information about the Foster Youth to Independence program,
email: FYITPV@azdcs.gov or ScottsdaleHousingInfo@ScottsdaleAZ.gov
PINNACLE PEAK PARK

Pinnacle Peak Park | 26805 N. 102nd Way

Pinnacle Peak Park features a moderate out-and-back trail through the pristine Sonoran Desert environment. The park is a total of 150 acres, and the trail length is 2 miles, one way. It’s a great hike for all ages and activity levels – with fantastic views!

Visit ScottsdaleAZ.gov and search “Pinnacle Peak Park” for more information about the park, trail information, hours and more.

*Dogs are not allowed on the Pinnacle Peak Park trail.

PINNACLE PEAK PARK EVENTS

FULL MOON & SUNSET HIKES

These cool evening hikes to the Grandview Overlook allow visitors to experience the park after hours at their own pace. These 90 minute, 1.5 mile hikes are safe and fun for the whole family! Staff and volunteers will be on the trail to assist visitors and answer questions. No fee but registration is required.

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<td>5:45-7:15 pm</td>
<td>Sunset</td>
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<td>6:30-7 pm</td>
<td>Full Moon</td>
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ASTRONOMY EVENINGS

NASA Solar System Ambassador Mark Johnston will highlight that evening’s visible objects, including planets, multiple star systems, globular clusters and nebulae through a high end refractor telescope. Beginners are welcome and no hiking is required. Participants are encouraged to bring binoculars and a small penlight flashlight.

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<td>6:30-8 pm</td>
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For all event information, visit ScottsdaleAZ.gov/parks/pinnacle-peak-park/tours-and-events

WILDLIFE DISCOVERY

Local non-profit wildlife rescue, rehabilitation, and education organizations will be near the Ramada exhibiting live animals. This education opportunity is free for visitors of all ages.

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TO LEARN MORE, VISIT SCOTTSDALEAZ.GOV, SEARCH ‘PINNACLE PEAK PARK’ OR ‘PRESERVE’
April 13, 2024
WestWorld
Register: www.tourdescottsdale.org
WestWorld of Scottsdale is a premier, nationally recognized, multi-use events facility serving the Scottsdale community and visitors. Located at 16601 N. Pima Road, this city-owned facility hosts a wide array of events each year, enjoyed by hundreds of thousands of people.

Learn more about these events at WestWorldAZ.com.
Scottsdale Community Services

44 Parks

- 982 Total Acres
- 37 Playgrounds
- 74 Athletic Fields
- 35 Volleyball Courts
- 35 Volleyball Courts
- 49 Tennis Courts
- 2 Tennis Centers

1 Railroad Park

30,500 Acres of Preserve Land

- 11 Trailheads and 232 Miles of Non-Motorized Trails in the Preserve

5 Urban Lakes

1123 Miles of Paved Pathways, 156 Unpaved

- 376 Days of Special Events at WestWorld

- 4 Public Libraries
- 2 Senior Centers
- 6 Community Centers
- 4 AQUATIC FACILITIES
- 2 SKATE PARKS

39 Basketball Courts

1 BASEBALL STADIUM

- 3 Off-Leash Areas
- 6 Spray Features
For more information on these locations, use the search term listed below at:

ScottsdaleAZ.gov

- For Senior Centers: “Seniors”
- For Tennis Centers: “Tennis”
- For Preserve trail maps: “Preserve”
- For the Greenbelt Path: “Green belt”
- For Parks, Community Centers, Human Services, Pools, and Specialty Facilities search the location title.

For the Scottsdale Public Libraries visit:

ScottsdaleLibrary.org
Winter Community Events

JAN

19

Astronomy Evenings
Pinnacle Peak Park
6:15 p.m.
See page 54 for details

20-28

Barrett-Jackson Collector Car Auction
WestWorld of Scottsdale
Visit WestWorldAZ.com/events

25

The Back to Workshop
Civic Center Library
10:30 a.m.
See page 50 for details

FEB

9

Parent’s Night Out-
Cupid’s Little Helpers
Horizon Community Center
6:15 – 10 p.m.
See page 11 for details

21

All Things Senior Expo & Tradeshow
Scottsdale Center for the Performing Arts
9 a.m. – 1 p.m.
See page 44 for details

24

Spring Training Begins
Scottsdale Stadium
Visit ScottsdaleAZ.gov and search “stadium”

MAR

11-15

Spring Break Camps
Various Locations
See page 11 for details

16

Exclusively Little Expo
McCormick-Stillman Railroad Park
9 a.m. – 1 p.m.
Visit TheRailroadPark.com/events

27

Spring BBQ
Via Linda Senior Center
noon – 2 p.m.
See page 44 for details

Check online for more information!

ScottsdaleAZ.gov
ScottsdaleLibrary.org