

JANUARY | FEBRUARY | MARCH | APRIL | MAY  
SPRING 2017 PROGRAM GUIDE

# Scottsdale

PARKS | RECREATION | AQUATICS | ARTS | EVENTS



*Activities, classes, lessons  
and leagues for the whole family!*

*Registration begins early December*

***ScottsdaleAZ.gov/parks***



# Paws in the Park

Saturday January 21  
10 a.m. - 2 p.m.

## Chaparral off Leash Area 5401 N. Hayden Road

Its that time of year again to bring out your favorite 4 legged friend to Paws in the Park. Taking place at Chaparral off leash area, activities include vendors, informational booths, dog adoptions, giveaways and entertainment. Donations of dog food will be collected on site to benefit the Vista Del Camino Pet Pantry and Scottsdale rescue agencies. For more information call 480-312-0217 or go to [www.scottsdaleaz.gov](http://www.scottsdaleaz.gov) .



## Wedge Skate Jam Saturday, February 18 - 12 p.m. to 4 p.m.



Skate on out from 12 p.m. – 4 p.m. at Eldorado Park to take part in this extreme sport competition.

- Live DJ
- Giveaways

-Skate Jam for all ages

For more information visit

[www.Scottsdaleaz.gov](http://www.Scottsdaleaz.gov) search Wedge Skate Jam

## DATE NIGHT *At the Stadium*

SATURDAY, MAY 13 6 P.M. - 10 P.M.  
Free Event ★ 21 and older  
Dinner and more underneath the stars



-Food Trucks

- Stadium Tours

- Movie on th field

-Beer and wine

For more info go to

[www.scottsdaleaz.gov](http://www.scottsdaleaz.gov) search "Date Night"



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**WINTER 2016 AND SPRING 2017 REGISTRATION DATES**

**Winter & Spring Classes, Programs, Aquatics, Tennis and Leagues:**

**Monday Dec. 5, 2016 - Residents**  
**Tuesday Dec. 6, 2016 - Non Residents**

**Registration Dates for Spring 2017 Tennis & Sand Volleyball:**

**Monday Feb. 13, 2017 - Residents**  
**Tuesday Feb. 14, 2017 - Non Residents**

**Registration Dates for Springs 2017 Adult Sports:**

**Tuesday Feb. 14, 2017 - Residents**  
**Wednesday Feb. 15, 2017 - Non Residents**

**NEW! Early Registration for 2017/2018 Afterschool Programs Begins Wednesday May 10, 2017. See Page 23 for Details.**

**Registration starts at 7a.m.!**

**Three Easy Ways To Register!**



**OnLine** | [Recreation.ScottsdaleAZ.gov/](https://recreation.scottsdaleaz.gov/)



**Live Person Phone In** | 480-312-7957



**Mail In** | Mail in form located on pg 42

- OnLine registration method provides immediate enrollment confirmation! For classes that fill quickly we recommend this method.

- Registration lines are busy in the first few hours. The lines will free up after the first few hours, please keep trying!

See page 42 for more registration information

**AMERICANS WITH DISABILITIES ACT-** The City of Scottsdale fully supports the provision of the Americans with Disabilities Act and is committed to supporting the full inclusion of persons with disabilities into programs, classes, services and public facilities so that full participation may be enjoyed by all. Persons with a disability may request a reasonable accommodation to participate with the City of Scottsdale by contacting the Adaptive Services Center at 480-312-2204. All requests must be made a minimum of 14 days prior to the starting date of the program/service.

## ART & CRAFTS

### Some art classes may require supplies.

Please view the supply list for these classes at:  
ScottsdaleAZ.gov search "Art Supply".

### CERAMICS

(14 Years+) Students will explore hand building, wheel throwing, texture, decoration, glazing and firing with an emphasis on design and form.

#### Home Accents

Rev up your house and patio with fireplace sculptures, book shelf decorations, lamps, flower pots, bonsai dishes and more!

Sa 9:30 AM-12:30 PM 1/14 (18classes) GRSC \$269(R)/\$404(N) Peterson 7840

#### Introduction To Clay

Introduction to basic clay techniques, including coil, pinch, slab, wheel, and glazing. Students will explore hand building, wheel throwing, texture, decoration, glazing and firing with an emphasis on design and form.

M 5:45 PM-8:45 PM 1/9 (17classes) GRSC \$255(R)/\$383(N) Peterson 7843

Tu 9:00 AM-12:00 PM 1/10 (8classes) ELDO \$100(R)/\$150(N) Shock 7841

Tu 12:30 PM-3:30 PM 1/10 (8classes) ELDO \$100(R)/\$150(N) Shock 7842

Tu 9:00 AM-12:00 PM 3/28 (8classes) ELDO \$100(R)/\$150(N) Shock 8314

Tu 12:30 PM-3:30 PM 3/28 (8classes) ELDO \$100(R)/\$150(N) Shock 8315

#### Open Studio

NO INSTRUCTION. Facility for working on your clay projects independently: Prior clay experience required. Equipment available for use includes wheels, slab roller, extruder, and staff-fired electric kiln firing to Cone 5.

Th 9:00 AM-12:00 PM 1/12 (8classes) ELDO \$100(R)/\$150(N) Shock 7844

Th 9:00 AM-12:00 PM 3/30 (8classes) ELDO \$100(R)/\$150(N) Shock 8327

### DIGITAL PHOTOGRAPHY - BEGINNING

(15 Years+) Learn the basics of photography, how to use your camera, and discover what all those buttons really do. Then begin the process to really "see" your subject before clicking the shutter. Mix in weekly photo assignments to apply what you learn and you will leave this class feeling good about your photography while having fun.

Tu 6:00 PM-8:00 PM 1/10 (8classes) VLSC \$70(R)/\$105(N) Bochenek 7872

Tu 6:00 PM-8:00 PM 3/21 (8classes) VLSC \$70(R)/\$105(N) Bochenek 8382

### DIGITAL PHOTOGRAPHY - INTERMEDIATE

(15 Years+) If you have a basic comfort level with the operation of your camera and looking to expand upon it, this is the class for you. While continuing to learn more about the technical aspects of your camera, we will delve into the artistic part of photography. Discover how to better compose your image paying close attention to light, shadows, foregrounds, backgrounds, the rules of composition and exactly when to break them. Weekly projects and critiques will take your images to the next level. This class is repeatable.

W 6:00 PM-8:00 PM 1/11 (8classes) VLSC \$58(R)/\$87(N) Prezkop 7873

W 6:00 PM-8:00 PM 3/29 (8classes) VLSC \$58(R)/\$87(N) Prezkop 8316

### DRAW/PAINT

All levels instruction in drawing, painting and more! Have the freedom to use any medium you choose; pencil, colored pencils, pastels, watercolor, oil and acrylic. Teacher emphasis is on individual attention and projects. \$1 nonrefundable cash supply fee is due to instructor on first day of class. Must be present at first class for orientation and demonstrations.

#### (14 Years+)

M 9:00 AM-12:00 PM 1/9 (6classes) ELSO \$72(R)/\$108(N) Chestney 7877

M 6:30 PM-9:30 PM 1/9 (6classes) ELSO \$72(R)/\$108(N) Chestney 7878

Tu 6:30 PM-9:30 PM 1/10 (8classes) ELSO \$93(R)/\$140(N) Chestney 7879

W 9:30 AM-12:30 PM 1/11 (8classes) ELSO \$93(R)/\$140(N) Chestney 7880

W 1:00 PM-4:00 PM 1/11 (8classes) ELSO \$93(R)/\$140(N) Chestney 7881

Th 9:30 AM-12:30 PM 1/12 (8classes) ELSO \$93(R)/\$140(N) Chestney 7882

Th 1:00 PM-4:00 PM 1/12 (8classes) ELSO \$93(R)/\$140(N) Chestney 7883

F 1:00 PM-4:00 PM 1/13 (8classes) ELSO \$93(R)/\$140(N) Chestney 7884

M 9:00 AM-12:00 PM 3/20 (9classes) ELSO \$103(R)/\$155(N) Chestney 8350

M 6:30 PM-9:30 PM 3/20 (9classes) ELSO \$103(R)/\$155(N) Chestney 8351

Tu 6:30 PM-9:30 PM 3/21 (9classes) ELSO \$103(R)/\$155(N) Chestney 8352

W 9:30 AM-12:30 PM 3/22 (9classes) ELSO \$103(R)/\$155(N) Chestney 8353

W 1:00 PM-4:00 PM 3/22 (9classes) ELSO \$103(R)/\$155(N) Chestney 8354

Th 9:30 AM-12:30 PM 3/23 (9classes) ELSO \$103(R)/\$155(N) Chestney 8355

Th 1:00 PM-4:00 PM 3/23 (9classes) ELSO \$103(R)/\$155(N) Chestney 8356

#### (18 Years+)

Th 9:00 AM-12:00 PM 1/12 (10classes) VLSC \$114(R)/\$171(N) Consalvo 7885

Th 9:00 AM-12:00 PM 3/23 (9classes) VLSC \$104(R)/\$156(N) Consalvo 7886

### DRAWING

(14 Years+) Focus on the basic fundamentals of drawing, learning various techniques including: perspective, shading, proportion and composition. Enjoy using pencil, colored pencils and charcoal.

Tu 1:00 PM-4:00 PM 1/10 (9classes) VLSC \$104(R)/\$156(N) Consalvo 7887

Tu 1:00 PM-4:00 PM 3/21 (9classes) VLSC \$104(R)/\$156(N) Consalvo 7888

Th 9:00 AM-12:00 PM 2/2 (8classes) GRSC \$77(R)/\$116(N) Milman 7889

Th 9:00 AM-12:00 PM 3/30 (8classes) GRSC \$77(R)/\$116(N) Milman 7890

### KOOL JEWELS

We are going to explore a number of jewelry making techniques. These projects are designed to use minimal tools and supplies with maximum effect. The techniques that we will explore are the use of "cold connections" creating jewelry without the use of heat. We will be using etching to create patterns on metal using an etchant and a sharpie marker, along with wire wrapping and beads to complete your projects. Using these methods and supplies we will create beautiful jewelry. This class is for both beginning & continuing students. Design assistance will be provided on an individual basis. \$25 Non-refundable material fee due to instructor at first class. Please view the supply list for additional materials for this class at [www.scottsdaleAZ.gov](http://www.scottsdaleAZ.gov) search: Art Supply

W 5:30PM-8:30PM 1/11 (8classes) ELDO \$76(R)/\$114(N) Berger-Taylor 7907

S 10:00AM-1:00PM 1/21 (6classes) ELDO \$60(R)/\$90(N) Berger-Taylor 7908

W 5:30PM-8:30PM 3/22 (8classes) ELDO \$76(R)/\$114(N) Berger-Taylor 9069

S 10:00AM-1:00PM 3/25 (6classes) ELDO \$60(R)/\$90(N) Berger-Taylor 9070



### OIL AND ACRYLIC PAINTING

(18 Years+) New and continuing students will focus on developing basic skills, exploring color, style and various techniques in a relaxed environment. Learn techniques using acrylic or oil paints. Learn to develop a portrait, landscape, floral, abstract or non-representational forms.

M	9:00 AM-12:00 PM	1/9 (8classes)	VLSC	\$110(R)/\$165(N)	Taylor	7948
M	5:00 PM-8:00 PM	1/9 (8classes)	VLSC	\$64(R)/\$96(N)	Fried	7954
Tu	9:00 AM-12:00 PM	1/10 (9classes)	VLSC	\$104(R)/\$156(N)	Leonelli	7945
Tu	1:00 PM-4:00 PM	1/10 (10classes)	GRSC	\$135(R)/\$203(N)	Taylor	7946
W	1:00 PM-4:00 PM	1/11 (10classes)	VLSC	\$77(R)/\$116(N)	Fried	7955
F	1:00 PM-4:00 PM	1/13 (10classes)	VLSC	\$114(R)/\$171(N)	Consalvo	7952
Sa	9:00 AM-12:00 PM	1/14 (10classes)	VLSC	\$114(R)/\$171(N)	Consalvo	7959
Sa	1:00 PM-4:00 PM	1/14 (10classes)	VLSC	\$135(R)/\$203(N)	Taylor	7949
M	9:00 AM-12:00 PM	3/20 (9classes)	VLSC	\$123(R)/\$185(N)	Taylor	7950
M	5:00 PM-8:00 PM	3/20 (9classes)	VLSC	\$71(R)/\$107(N)	Fried	7956
Tu	9:00 AM-12:00 PM	3/21 (9classes)	VLSC	\$104(R)/\$156(N)	Leonelli	7958
Tu	1:00 PM-4:00 PM	3/21 (9classes)	GRSC	\$123(R)/\$185(N)	Taylor	7947
W	1:00 PM-4:00 PM	3/22 (9classes)	VLSC	\$71(R)/\$107(N)	Fried	7957
F	1:00 PM-4:00 PM	3/24 (9classes)	VLSC	\$104(R)/\$156(N)	Consalvo	7953
Sa	1:00 PM-4:00 PM	3/25 (9classes)	VLSC	\$123(R)/\$185(N)	Taylor	7951

### BEGINNING OIL AND ACRYLIC PAINTING

(18 Years+) First Time/Beginning Painters: This class will show that painting is fun! Learn from the basics: Supplies, palette set ups, what to use/not use, color basics, starting a painting fearlessly; what to avoid and what to strive for, application, and more. Students will paint an instructor-chosen picture that anyone can achieve, also working with each student at their easel. A demo of picture will be done. Next painting will be chosen by student, from approved material. (Good photo reference, doable for beginner).

W	5:00 PM-8:00 PM	1/11 (10classes)	VLSC	\$77(R)/\$116(N)	Fried	8334
W	5:00 PM-8:00 PM	3/22 (9classes)	VLSC	\$71(R)/\$107(N)	Fried	8335

### OIL AND ACRYLIC PAINTING - INTERMEDIATE

(18 Years+) For students with experience in Oil painting. This class will focus on the joy and challenge of the painting process. The emphasis will be on drawing perspective, color and attitude.

Sa	9:00 AM-12:00 PM	3/25 (9classes)	VLSC	\$104(R)/\$156(N)	Consalvo	7960
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### PAINT STUDIO

(18 Years+) Paint in all mediums. This class is designed to improve your painting skills and let your subject matter be your teacher. Give yourself permission to be great. You deserve it.

M	1:00 PM-4:00 PM	1/9 (8classes)	VLSC	\$94(R)/\$141(N)	Leonelli	7961
M	1:00 PM-4:00 PM	3/20 (9classes)	VLSC	\$104(R)/\$156(N)	Leonelli	7962

### PASTELS

(18 Years+) New and continuing students will learn techniques using Pastels. Learn to develop a portrait, landscape, floral, abstract, or a nonrepresentational form with ease. Color is the magical element that gives feeling & emotion to Art. Once you understand the meaning of color, it will help you determine the palette to evoke strong emotional response in your paintings. Come learn how color can help your work!

Th	1:00 PM-4:00 PM	1/12 (12classes)	VLSC	\$135(R)/\$203(N)	Schneider	7963
Th	1:00 PM-4:00 PM	4/27 (5classes)	VLSC	\$63(R)/\$95(N)	Schneider	8317

### SEWING

(14 Years+) The class is for all levels of skill. Learn selection of fabric, pattern, layout and construction. Individual instruction. Complete several projects during this class. Bring pattern, fabric pins and scissors to first class. More required supplies to be covered during first class. Bringing own sewing machine is recommended but not required.

M	10:00 AM-12:00 PM	1/9 (8classes)	GRSC	\$39(R)/\$59(N)	Walters	7995
M	10:00 AM-12:00 PM	3/27 (8classes)	GRSC	\$39(R)/\$59(N)	Walters	8386

### WATERCOLOR

(18 Years+) Transparent watercolor for the beginning as well as intermediate student will include basic techniques, color and composition using landscape, still life and portrait. Individual attention with emphasis on learning to see as the artist does.

M	1:00 PM-4:00 PM	1/9 (8classes)	GRSC	\$110(R)/\$165(N)	Taylor	8069
W	9:00 AM-12:00 PM	1/11 (10classes)	VLSC	\$102(R)/\$153(N)	Levine	8065
F	9:00 AM-12:00 PM	1/13 (10classes)	VLSC	\$102(R)/\$153(N)	Levine	8066
M	1:00 PM-4:00 PM	3/20 (9classes)	GRSC	\$123(R)/\$185(N)	Taylor	8070
W	9:00 AM-12:00 PM	3/22 (9classes)	VLSC	\$93(R)/\$140(N)	Levine	8067
F	9:00 AM-12:00 PM	3/24 (9classes)	VLSC	\$93(R)/\$140(N)	Levine	8068

### CLASS LISTING LEGEND

#### COURSE TITLE

The description for this course will be listed in this section. The description may include age restrictions, activities, over view of the class and other key notes to share with you.

**W 5:15pm-5:55pm 9/18 (12wks) HRZN \$57(R)/\$86(N) Martin 102812**

Day	Start Date & Length	Fees, Resident/Non-Resident	Course Code
Time	Location	Instructor, when applicable	

## COMPUTERS

### COMPUTER FUNDAMENTALS PART 1

(18 years+) Are you a computer novice who has a computer or access to one? Would you like to learn more? In this course you will learn to identify the main parts of the Windows operating system and use of the mouse and keyboard. This class is taught in the Windows 8 environment using WordPad and Paint programs. Prerequisite: Daily access to a computer.

Th 1:00 PM-3:00 PM 1/12 (4classes) VLSC \$51(R)/\$77(N) Salazar 7857

### COMPUTER FUNDAMENTALS PART 2

(18 Years+) Build on the skills learned in Computer Fundamentals Part 1. Edit documents by inserting, deleting and moving text. Become familiar with how Windows works, and using tiles, apps, email and the internet. This class is taught in the Windows 8 environment. Prerequisites: Daily access to a computer and completion of Computer Fundamentals Part 1 or competency in basic mouse and keyboard skills.

Th 1:00 PM-3:00 PM 2/9 (4classes) VLSC \$51(R)/\$77(N) Salazar 7858

### GOOGLE POWER SEARCH & AMAZING APPS

(18 Years+) Learn to use Google to search the web for information about nearly anything, from finding your ancestors, to getting reviews of products or services, locating pictures of your old neighborhood, or searching newspapers and books for historical articles and information. Discover hidden search features that help you search like a pro! Take advantage of a wealth of free apps to help you create documents, make spreadsheets, create "power point" type presentations, translate foreign language text, and store data and images in the cloud. Bring your Google email address and password to class if you have them. Prerequisite: Basic computer skills.

W 10:00 AM-12:00 PM 1/18 (3classes) VLSC \$40(R)/\$60(N) Forti 7898

### INTERNET - BASICS & BEYOND

(18 Years+) There are many different ways to use the internet. Learn how to navigate the internet, use search engines to find information and bookmark web pages so you can find them again easily. Take a look at websites concerning computer security, news, travel and more. Prerequisite: Basic computer skills.

M 1:00 PM-3:00 PM 3/6 (4classes) VLSC \$51(R)/\$77(N) Salazar 7904



### IPAD - BASICS

(18 years+) This class covers the basics of the Apple operating system used on iPad (and iTouch and iPhone) devices. Learn how to work your iPad, understand basic commands, use mail, contacts, calendars, apps and WiFi. Navigate with Safari, and back up your device. You will have time during class to work with your iPad on your specific areas of interest. Bring your Apple ID and password, your email address and password, and your own charged and updated iPad, iTouch or iPhone to class.

M 9:00 AM-11:00 AM 1/23 (2classes) VLSC \$31(R)/\$47(N) Jenouri 7903

Th 9:00 AM-11:00 AM 2/16 (2classes) VLSC \$31(R)/\$47(N) Jenouri 8853

### IPHOTOS

(18 Years+) Learn how to take photos and videos with your iPad, browse photos, create and manage photo albums, and stream photos. Practice enhancing your photos, and learn how to share them via email or My Photo Stream. Bring your Apple ID and password, your email address and password, and your own charged and updated iPad, iTouch or iPhone to class. Prerequisite: Skills covered in iPad - Basics.

M 9:00 AM-11:00 AM 2/27 (1class) VLSC \$21(R)/\$32(N) Despenza 7905

### MICROSOFT EXCEL - BASICS & BEYOND

(18 Years+) Excel is a powerful spreadsheet program with many uses outside of business applications. Use it to manage your finances, track expenses, etc. Learn to format numbers, insert rows and columns, enter formulas for mathematical calculations, and use functions and Absolute Cell references. Also learn how to make your spreadsheet more readable by freezing panes, hiding and un-hiding columns and rows, printing headings on every page, printing comments, and sorting and linking information. This class uses Microsoft Excel 2013. Prerequisite: Basic computer skills.

W 9:00 AM-11:00 AM 2/8 (2classes) VLSC \$31(R)/\$47(N) Sullivan 7925

### MICROSOFT WORD - BASICS

(18 Years+) Learn text entry, and paragraph and character formatting using Microsoft Word, and how to insert clip art, photos, and tables into a Word document. Prerequisite: Basic computer skills.

W 9:00 AM-11:00 AM 3/8 (4classes) VLSC \$51(R)/\$77(N) Sullivan 8076

### MICROSOFT WORD - TABLES

(18 Years+) Word tables have more design options than an Excel spread sheet. Practice creating a Word table, and learn to add, delete and resize columns and rows, split, merge and color cells, insert and format text, set header row(s), re-sort table contents, and enlarge border lines to visually group columns or rows. Prerequisite: Basic computer skills.

W 1:00 PM-3:00 PM 3/22 (1class) VLSC \$21(R)/\$32(N) Bailey 8852

## CLASS LISTING LEGEND

### COURSE TITLE

The description for this course will be listed in this section. The description may include age restrictions, activities, over view of the class and other key notes to share with you.

W 5:15pm-5:55pm 9/18 (12wks) HRZN \$57(R)/\$86(N) Martin 102812

Day
  Start Date & Length
  Fees, Resident/Non-Resident
  Course Code

Time
  Location
  Instructor, when applicable

**PHOTOSHOP ELEMENTS - INTRODUCTION TO PHOTO EDITING**

(18 years+) Learn the art of editing your digital photographs to improve lighting and contrast, crop effectively, straighten photos, remove red-eye and unwanted objects, add descriptive text, use digital make-up to improve facial appearances, move objects or people from one photo to another, and create a photo collage. Everyone welcome - you don't need any experience with Photoshop Elements or editing photos to take this class. Prerequisite: Basic computer skills.

Tu 1:00 PM-3:00 PM 3/7 (5classes) VLSC \$61(R)/\$92(N) Kapinos 7968

**PHOTOSHOP ELEMENTS - PORTRAITS WITH PIZZAZZ**

(18 Years+) Learn to use Element's photo editing tools to adjust lighting, contrast and color, remove red eye and blemishes, and digitally soften wrinkles and lose weight! Then enhance portraits with artistic frames, and use filters to create a fine art look, pop art, and a tinted sketch. Add motion blur, color an old-time sepia photo, create an out-of-bounds effect, insert "growing up" photos into a film strip template, and create a "double exposure" from multiple photos. You can use a lab computer for this class, or bring your own laptop with Photoshop Elements version 11 or higher installed. Everyone welcome - you don't need any experience with Photoshop Elements or editing photos to take this class. Prerequisite: Basic computer skills.

W 1:00 PM-3:00 PM 1/11 (4classes) VLSC \$51(R)/\$77(N) Bailey 7969

**PHOTOSHOP ELEMENTS - RESTORING YOUR OLD PHOTOS**

(18 years+) Learn how to use Element's basic editing tools, and then restore old family photos turned orange or convert them to black and white; repair tears and cracks; remove spots, ink and tape marks; darken faded pictures and lighten photos that are too dark; replace missing or heavily damaged areas; and add frames and text directly to pictures. Bring in one or two of your own photos (in digital format) to restore during the last week of class. You can use a lab computer for this class, or bring your own laptop with Photoshop Elements version 11 or higher installed. Everyone welcome - you don't need any experience with Photoshop Elements or editing photos to take this class. Prerequisite: Basic computer skills.

W 1:00 PM-3:00 PM 2/15 (4classes) VLSC \$51(R)/\$77(N) Bailey 8850



**SECURE COMPUTING**

(18 Years+) Learn how to be safer in today's digital world. Topics include how to protect your computer, detect bad sites before going there, create strong passwords that you can remember, and make a password list with a high level of security. Prerequisite: Basic computer skills and Windows operating system.

Tu 9:00 AM-11:00 AM 1/31 (2classes) VLSC \$31(R)/\$47(N) Baker 7986

**SMART PHONE BASICS - ANDROID OPERATING SYSTEM**

(18 Years+) Learn and get all your questions answered about your Android smart phone. This class will cover everything from Smart Phone basics to texting, setting up email, contacts and calendars, as well as how to use Facebook and Twitter on your Smart Phone. We will also cover taking photos and sharing them, downloading music to your Smart Phone and organizing playlists, using your Smart Phone for navigation and all about Smart Phone apps and how to purchase them. We'll also show you how to organize all the stuff you have on your Smart Phone in a way that is meaningful and helpful to you.

M 11:00 AM-12:00 PM 1/9 (9classes) GRSC \$75(R)/\$113(N) Yancy 8000

**SMART PHONE BASICS - IPHONE OPERATING SYSTEM**

(18 Years+) Learn and get all your questions answered about your iPhone. This class will cover everything from Smart Phone basics to texting, setting up email, contacts and calendars, as well as how to use Facebook and Twitter on your Smart Phone. We will also cover taking photos and sharing them, downloading music to your Smart Phone and organizing playlists, using your Smart Phone for navigation and all about Smart Phone apps and how to purchase them. We'll also show you how to organize all the stuff you have on your Smart Phone in a way that is meaningful and helpful to you.

M 11:00 AM-12:00 PM 3/27 (9classes) VLSC \$75(R)/\$113(N) Yancy 7999

**WHAT'S APPENING**

(18 Years+) Apps are helpful and fun, but with over 2 million of them to choose from, it's difficult to decide what to use. Learn what apps are available for your Apple or Android device, and how to get and delete them, use reviews, and upgrade. Check out the hidden costs in some apps, and what some of the most popular apps are. Bring your own charged and updated device to class, with your device ID and password, and your email address and password (or you can use a Lab computer). Prerequisite: Basic device skills.

M 9:00 AM-11:00 AM 3/6 (1class) VLSC \$21(R)/\$32(N) Despenza 8074

**WINDOWS 10 PERSONALIZED**

(18 Years+) Work on your own laptop and learn how to make Windows 10 easier to work with and more specific to your needs. Learn to add and remove tiles, use settings to change configurations, and set up a split screen to compare information on two different web sites. Use the Snip-it tool to copy only the information you want from a web page or document and paste it wherever you like. Learn about other tools and programs in the Windows 10 system. Bring your own laptop (with Windows 10 installed and updated) to class. Prerequisite: Basic computer skills.

M 9:00 AM-11:00 AM 2/6 (2classes) VLSC \$31(R)/\$47(N) Despenza 8075

## COMMUNICATION & LANGUAGE

### FRENCH - CONTINUING

(18 Years+) Designed for continuing students wanting to increase their current knowledge in developing conversational skills, practicing pronunciation and learning essential grammatical facts in a supportive and fun environment. Group participation is encouraged. .

Tu 5:30 PM-8:00 PM 1/17 (12classes) VLSC \$128(R)/\$192(N) Gabor 7896

### GERMAN

(15 Years+) German for everyone! 'Guten Tag! Wie geht's?' 'Danke, gut. Und Ihnen?' If you understand this dialog, then this is your class. This class is not for the beginner, but someone who has taken 'German - The Basics,' or has had German in a formal or an informal setting. We will continue to deepen our understanding of the language, expanding vocabulary and conversation. Less emphasis is based on grammar. Interaction and active participation are the keystones of this class.

M 9:00 AM-10:30 AM 1/9 (13classes) VLSC \$116(R)/\$174(N) Eggink 7897

### ITALIAN - CONVERSATIONAL BASICS LEVEL 1

(14 Years+) This is an introductory class to the Italian language designed for students seeking speaking and listening abilities with minimal emphasis on grammar. In this course, you will be introduced to the Italian alphabet, correct pronunciation of the individual letters and selected letter groups. Students will study basic sentence structure, some grammar rules, basic rules of gender, number agreement, word pronunciation and useful vocabulary and phrases of the Italian language. Students will develop basic speaking, listening, reading, writing and comprehension skills. Situational dialog, and role playing will be practiced. Students will conduct simple conversations in Italian related to a common situation. The formal/polite "You" address convention used in the Italian language, the formation of the negative in Italian and how to form a question will be investigated.

Th 4:15 PM-6:15 PM 1/12 (9classes) VLSC \$72(R)/\$108(N) Keyser 7906

### ITALIAN - CONVERSATIONAL BASICS LEVEL 2

(14 Years+) Designed to increase elements of the Italian language. Expand knowledge of sentences structure, grammar, pronunciation, and vocabulary. Increase in single, plural, gender structures of definite and indefinite articles. Prerequisites: Taken Conversational Basics Level 1.

Th 4:15 PM-6:15 PM 3/16 (9classes) VLSC \$72(R)/\$108(N) Keyser 9053

### SPANISH - CONVERSATIONAL LEVEL I

(13 Years+) A stress-free class for beginners or near-beginners that focuses on speaking and listening development. Basic grammar and vocabulary will be introduced. No text book required. A non-refundable material fee of \$20 is due to the instructor at first class

W 6:30 PM-8:30 PM 1/11 (17classes) VLSC \$127(R)/\$191(N) Talledos 8010

### SPANISH - CONVERSATIONAL LEVEL II

(18 Years+) This class is for students that have taken Spanish 1 with Ms. Talledos or are familiar with present, past, future and conditional. This class will continue on the remaining tenses, reading, writing (lots of examples) and speaking. Lots of conversation, guest speakers, games, food lessons, top places to visit for every state, Mexico history, clothes and fun facts. No book required, instructor will supply the materials \$20.00 no refundable supply fee due first day of class.

Th 6:30 PM-8:30 PM 1/12 (17classes) VLSC \$127(R)/\$191(N) Talledos 8011

### SPANISH - LEVEL I

(14 Years+) Learn the fundamentals of the Spanish language. Classes will cover basic grammar, pronunciation and vocabulary. This class will emphasize listening, speaking, reading, and writing.

Th 4:30 PM-6:00 PM 1/12 (12classes) GRSC \$87(R)/\$131(N) Owen 8012

### SPANISH - LEVEL II

(14 Years+) Continue your study of essential Spanish grammar and vocabulary. Build every day, informal conversation. Move beyond the basics to explore more about the present, past, and future tenses. Practice and develop skills in reading, writing and speaking Spanish. The emphasis of this class will be fluency and accuracy in spoken Spanish.

Th 6:10 PM-7:40 PM 1/12 (12classes) GRSC \$87(R)/\$131(N) Owen 8013

## DANCE

### BALLET - ALL LEVELS

(13 Years+) Revive and Renew your love for Ballet Class. Experience the total workout ballet has to offer. Review your past training at the barre, center and across the floor. Technique and terminology, create and learn dance combinations. This fun and casual class is designed for the dancer with past experience in ballet and ready for a dance workout.

M 6:00 PM-6:50 PM 1/9 (12classes) HRZN \$55(R)/\$83(N) Lawton 7803

### BALLET - BEGINNING

(13 Years+) This class is designed for the beginning student or those with less than two years of Ballet training. This casual and fun class will offer a great workout while learning ballet basics, technique, terminology and ballet combinations.

M 5:00 PM-5:50 PM 1/9 (12classes) HRZN \$55(R)/\$83(N) Lawton 7804

Th 10:30 AM-11:20 AM 1/12 (13classes) MMRA \$59(R)/\$89(N) Lawton 7805

### BALLET/BROADWAY JAZZ TECHNIQUE - ALL LEVELS

(18 Years+) This class is designed for a complete total body exercise and/or applying dance technique to your previous dance training. Concentration on body alignment, stretching and flexibility. Instructor will adapt to each individuals needs.

Tu 1:00 PM-2:00 PM 1/10 (14classes) GRSC \$62(R)/\$93(N) Lawton 7808

**BALLROOM DANCE (18 YEARS+)**

**The Basics**

Learn and improve the dances you need to feel comfortable in any social situation. Dances may include: Foxtrot, Waltz, Cha- Cha, Tango, Rumba, Swing and much more. No partner needed.

Tu 6:15 PM-7:15 PM 1/10 (8classes) VLSC \$46(R)/\$69(N) Kuhn 7812

**Intermediate - Smooth Dances**

This smooth dance class will focus on higher level patterns and technique in Fox Trot, Waltz and Tango. A fun continuation for the student who has had at least two to three sessions of Ballroom dance and who have learned 3 to 4 patterns in each of the social ballroom dances. No partner required.

Tu 7:15 PM-8:15 PM 1/10 (8classes) VLSC \$46(R)/\$69(N) Kuhn 7811

**Ballroom Dance Plus**

Are you more than a beginner level dancer, and have had beginning level dance lessons, but not yet ready for an intermediate level class? Brush up and enhance your dances skills in dances like Swing, Fox Trot, Waltz, Latin dances, Tango and more.

W 6:15 PM-7:15 PM 1/11 (8classes) FENP \$46(R)/\$69(N) Kuhn 7813

W 6:15 PM-7:15 PM 3/22 (8classes) FENP \$46(R)/\$69(N) Kuhn 7814

**Beyond The Basics**

(18 Years+) Here's a chance for the student who has taken the Beginner's class to learn more about the basic and beginning level social dances. The focus will be to add onto the students existing step patterns and technique to help improve movement on the dance floor. Dances may include: Foxtrot, Waltz, Cha- Cha, Tango, Rumba, Swing and much more. No partner needed.

Tu 6:15 PM-7:15 PM 3/21 (8classes) VLSC \$46(R)/\$69(N) Kuhn 7809

**Intermediate - Rhythm Dances**

The rhythm dance class will focus on higher level patterns and technique in Swing, Rumba, Cha Cha, Salsa or Samba. A fun continuation for the student who has had at least two to three sessions of Ballroom dance and who have learned 3 to 4 patterns in each of the social ballroom dances. No partner required.

Tu 7:15 PM-8:15 PM 3/21 (8classes) VLSC \$46(R)/\$69(N) Kuhn 7810



**BELLY DANCING FUN & FITNESS**

(16 Years+) Dance your way to fitness by learning the ancient art of belly dance with a modern twist. A fun and challenging dance workout open to all levels. Sculpt and tone your body with this fun and challenging dance workout! Included will be exercises to strengthen and firm. All levels welcome.

M 5:45 PM-6:45 PM 1/9 (17classes) MMRA \$91(R)/\$137(N) Haag 7817

Tu 9:30 AM-10:30 AM 1/10 (19classes) MMRA \$100(R)/\$150(N) Haag 7818

**BOLLYWOOD DANCE FUN & FITNESS**

(16 Years+) Dance your way to fitness while learning East Indian dance fusion. Bollywood dance incorporates both classic and modern dance styles making this workout fun and unique. All fitness levels are welcome.

M 7:00 PM-8:00 PM 1/9 (17classes) MMRA \$91(R)/\$137(N) Haag 7827

Tu 10:45 AM-11:45 AM 1/10 (19classes) MMRA \$100(R)/\$150(N) Haag 7828

**BROADWAY JAZZ - ALL LEVELS**

(13 Years+) Challenge your body and mind by learning a variety of jazz techniques and dance styles. Dance to today's modern songs, famous show tunes and more! Learn from the beginning or review basics. New dances will be taught and past dances will be reviewed.

Th 9:30 AM-10:20 AM 1/12 (13classes) MMRA \$59(R)/\$89(N) Lawton 7832

**Broadway Jazz – Intermediate (18 Years+)**

Tu 11:00 AM-11:50 AM 1/10 (14classes) GRSC \$62(R)/\$93(N) Lawton 7833

**CHORUS LINE DANCING**

(18 Years+) Exercise your mind and body while dancing in a chorus line to a wide variety of music. No partner is required to enjoy this class and all levels are welcome! Come join the fun.

Tu 9:00 AM-10:00 AM 1/10 (17classes) VLSC \$82(R)/\$123(N) Schwarz 7856

**COUNTRY WESTERN DANCE**

(18 Years+) If you enjoy listening to country-western music and wearing cowboy boots, you may get a kick out of country and western dancing. Learn the moves and techniques for dances like Arizona Two-Step, Texas Progressive Two-Step, Country Waltz and Line Dancing.

W 7:15 PM-8:15 PM 1/11 (8classes) FENP \$46(R)/\$69(N) Kuhn 7862

W 7:15 PM-8:15 PM 3/22 (8classes) FENP \$46(R)/\$69(N) Kuhn 7863

**POLYNESIAN DANCE**

Aloha! Come join us in learning Hula and other Island Dances, Sway your hips to this fun low impact dance. The music and songs tell a story while you gracefully workout your mind and body. Your fingertips to your toes and all the inbetweens will workout all while building coordination and improving memory. New and old dances taught and reviewed. Please plan to be bare footed or bring nonskid slippers.

**(18 Years+)**

Tu 12:00 PM-12:50 PM 1/10 (14classes) GRSC \$62(R)/\$93(N) Lawton 7982

**(13 Years+)**

Th 11:30 AM-12:20 PM 1/12 (14classes) MMRA \$62(R)/\$93(N) Lawton 7983



## FITNESS & WELLNESS

### 20/20/20

(18 Years+) Get ready to maximize your workout hour! This full-body workout is designed to get your heart pumping, tone your muscles, strengthen your core and improve flexibility. The first 20 minutes will be focused on cardio training, incorporating plyometrics, kickboxing and step work. The second 20 minutes will be dedicated to sculpting lean muscles with resistance training. Your last 20 minutes of class will strengthen your core, and then you'll finish with a relaxing stretch. What more could you ask for in a 60 minute workout?

Tu 9:15 AM-10:15 AM 1/17 (14classes) MMRA \$78(R)/\$117(N) Santiago 7800

### AEROBICS

(18 Years+) Start your day off right with this 'work at your own pace' cardio class! Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning and stretching exercises are all included. Modifications are provided. Please bring your own hand weights.

Sa 7:45 AM-8:45 AM 1/14 (10classes) VLSC \$48(R)/\$72(N) Alfrid 7801  
 Sa 7:45 AM-8:45 AM 3/25 (9classes) VLSC \$44(R)/\$66(N) Alfrid 8349

### B. L. T. BUTT, LEGS AND TUMMY

(14 Years+) Using a stability ball is an incredible way to shape up and get limber with moves that are simple, fun and easy on the joints. This class will condition your abdominals and back, sculpt your legs and shape your butt. Enjoy a relaxing full body stretch that includes yoga poses adapted for the ball.

Th 6:00 PM-7:00 PM 1/12 (19classes) CACT \$96(R)/\$144(N) Romero 7802

### BODY AND MIND

(18 Years+) Whip your heart, mind, and body into shape while having a great time. This course combines aerobics with yoga & Pilate's providing a full body workout including cardio, strengthening and flexibility.

M W 9:15 AM-10:15 AM 1/9 (18classes) GRSC \$77(R)/\$116(N) Alfrid 7821  
 F 11:00 AM-12:00 PM 1/13 (10classes) VLSC \$48(R)/\$72(N) Alfrid 7822  
 M W 9:15 AM-10:15 AM 3/20 (18classes) GRSC \$77(R)/\$116(N) Alfrid 8343  
 F 11:00 AM-12:00 PM 3/24 (9classes) VLSC \$44(R)/\$66(N) Alfrid 8348

### BODY BLAST

(14 Years+) Start your day off right with this fun and energizing class! Get a full body workout including a warm up, 30 minutes of Aerobics and 25 minutes of weight training and mat work to strengthen your body. End with a guided meditation and a cool down.

W 8:15 AM-9:15 AM 1/11 (10classes) MMRA \$45(R)/\$68(N) Robertson 7823  
 W 8:15 AM-9:15 AM 3/22 (9classes) MMRA \$41(R)/\$62(N) Robertson 7824

### SOCIAL DANCE SURVIVAL

(15 Years+) Do you freeze up at Wedding receptions, shy away at dinner dances, panic at the nightclub, pray no one will ask you to dance? Then, this is the dance class for you! Not only will you learn to survive on the dance floor, you will learn to dance with confidence and style. You will learn basic steps for the most popular dances. Whether it's swing, hustle, Latin, or line dances....'YOU WILL SURVIVE!' A partner is helpful, but not required.

W 7:15 PM-8:15 PM 1/11 (9classes) GRSC \$48(R)/\$72(N) Faccione 8009  
 W 7:15 PM-8:15 PM 3/29 (8classes) GRSC \$43(R)/\$65(N) Faccione 8381

### TAP - BEGINNING

(13 Years+) You can learn all the basic tap steps and beyond! Learning tap technique and terminology for both Hollywood and Rhythm styles. Improve your coordination, memory and balance in this fast moving workout while enjoying the Art of America's original Folk Dance. Tap shoes will be discussed the first class. If you don't have tap shoes, wear a hard sole shoe or sneakers.

Th 7:00 PM-7:50 PM 1/12 (14classes) RIMO \$62(R)/\$93(N) Lawton 8041

### TAP - INTERMEDIATE

(13 Years+) This fast paced intermediate class is for the fun of tapping to a variety of music and styles. Haven't tapped for years and up for a great workout and tap challenge...Let's Tap! Choreography for dances will be taught while learning and building on basic techniques of both Rhythm and Hollywood styles 3 or more years of dance is recommended to fully enjoy this fast paced class. Tap shoes required.

Th 6:00 PM-6:50 PM 1/12 (14classes) RIMO \$62(R)/\$93(N) Lawton 8042

### SENIOR TAP (18 YEARS+)

Learn the basics of different dance steps and combinations while improving your memory and having fun.

#### Beginning Techniques

Th 3:00 PM-4:00 PM 1/12 (10classes) GRSC \$51(R)/\$77(N) Campi 8045  
 Th 3:00 PM-4:00 PM 3/23 (9classes) GRSC \$47(R)/\$71(N) Campi 8324

#### Intermediate Level I

Th 4:00 PM-5:00 PM 1/12 (10classes) GRSC \$51(R)/\$77(N) Campi 8043  
 Th 4:00 PM-5:00 PM 3/23 (9classes) GRSC \$47(R)/\$71(N) Campi 8326

#### Intermediate Level II

Learn more challenging dance routines while improving your memory and having fun.

Th 5:00 PM-6:00 PM 1/12 (10classes) GRSC \$51(R)/\$77(N) Campi 8044  
 Th 5:00 PM-6:00 PM 3/23 (9classes) GRSC \$47(R)/\$71(N) Campi 8325

## CLASS LISTING LEGEND

### COURSE TITLE

The description for this course will be listed in this section. The description may include age restrictions, activities, over view of the class and other key notes to share with you.

W 5:15pm-5:55pm 9/18 (12wks) HRZN \$57(R)/\$86(N) Martin 102812

Day Start Date & Length Fees, Resident/Non-Resident Course Code  
 Time Location Instructor, when applicable

**BODY CONDITIONING**

(18 Years+) Exercise class concentrating on enhancing body tone, strengthening and stretching. This will include an educational aspect on fitness and wellness, to incorporate fitness into everyday life. Please bring personal hand weights to use in class.

W	7:45 AM-8:45 AM	1/11 (10classes)	VLSC	\$52(R)/\$78(N)	Alfraid	7825
F	9:15 AM-10:15 AM	1/13 (10classes)	GRSC	\$52(R)/\$78(N)	Alfraid	7826
W	7:45 AM-8:45 AM	3/22 (9classes)	VLSC	\$48(R)/\$72(N)	Alfraid	8345
F	9:15 AM-10:15 AM	3/24 (8classes)	GRSC	\$43(R)/\$65(N)	Alfraid	8347

**CARDIO DANCE FITNESS**

(18 Years+) A fusion of music provides a great cardio workout and lots of fun. Reduce stress, tone your body, strengthen your muscles, increase flexibility and build core strength. Foot movements are modified as needed and everyone is encouraged to work at their own pace. All levels are welcome.

Tu	7:45 AM-8:45 AM	1/10 (8classes)	VLSC	\$49(R)/\$74(N)	Turek	7834
Th	7:45 AM-8:45 AM	1/12 (9classes)	VLSC	\$54(R)/\$81(N)	Turek	7835
Tu	7:45 AM-8:45 AM	3/21 (8classes)	VLSC	\$49(R)/\$74(N)	Turek	7836
Th	7:45 AM-8:45 AM	3/23 (8classes)	VLSC	\$49(R)/\$74(N)	Turek	7837

**CARDIO INTERVAL TABATA STYLE**

(14 Years+) Tabata style; workout hard for 20 seconds, Rest for 10 seconds, Complete eight rounds. A total body workout combining low impact cardio with intervals of strength training exercises. Even though it is low impact, it can be high or low intensity.

Tu	6:00 PM-7:00 PM	1/10 (19classes)	CACT	\$96(R)/\$144(N)	Romero	7838
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**CHAIR YOGA**

(18 Years+) Perform exercises while sitting in a chair, or using the chair for balancing. Exercises are designed to improve flexibility, strength and balance without the impact and stress of traditional exercises.

M	8:00 AM-9:00 AM	1/9 (8classes)	VLSC	\$53(R)/\$80(N)	Yancy	7847
M	9:00 AM-10:00 AM	1/9 (8classes)	VLSC	\$53(R)/\$80(N)	Yancy	7848
Th	8:00 AM-9:00 AM	1/12 (10classes)	VLSC	\$64(R)/\$96(N)	Yancy	7846
Th	9:00 AM-10:00 AM	1/12 (10classes)	VLSC	\$64(R)/\$96(N)	Yancy	7845
F	11:00 AM-12:00 PM	1/13 (10classes)	VLSC	\$64(R)/\$96(N)	Yancy	7849
M	8:00 AM-9:00 AM	3/20 (10classes)	VLSC	\$64(R)/\$96(N)	Yancy	7852
M	9:00 AM-10:00 AM	3/20 (10classes)	VLSC	\$64(R)/\$96(N)	Yancy	7853
Th	8:00 AM-9:00 AM	3/23 (10classes)	VLSC	\$64(R)/\$96(N)	Yancy	7851
Th	9:00 AM-10:00 AM	3/23 (10classes)	VLSC	\$64(R)/\$96(N)	Yancy	7850
F	11:00 AM-12:00 PM	3/24 (10classes)	VLSC	\$64(R)/\$96(N)	Yancy	7854

**CONDITIONING COMBO**

(14 Years+) A combination of yoga, pilates, and stretching. This class will help you release stress, increase flexibility, promote core strength and reduce stiffness throughout your entire body. All fitness levels are encouraged to participate.

W	7:00 PM-8:00 PM	1/11 (19classes)	CACT	\$81(R)/\$122(N)	Alfraid	7859
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**CORE AND MORE**

(14 Years+) Improve your balance and stability while increasing your stamina. Structured to accommodate all goals and fitness levels, this full body circuit training format, which incorporates cardio activity alongside weight training, is designed to strengthen your entire body. Get your heart rate up and burn calories as you jump from exercise to exercise working your way through each muscle group, with an emphasis on the core muscles (abs, lower back, hips, and butt).

Tu	5:30 PM-6:15 PM	1/10 (19classes)	MMRA	\$81(R)/\$122(N)	Teisch	7861
Th	4:00 PM-5:00 PM	1/12 (19classes)	MMRA	\$81(R)/\$122(N)	Teisch	7860

**FIT AND FABULOUS**

(14 Years+) This low impact cardio class will give you a jump start to your day! We'll do a warm up , low impact cardio, muscle conditioning, using weights and a cool down stretch.

M	8:00 AM-9:00 AM	1/9 (17classes)	CACT	\$87(R)/\$131(N)	Romero	7894
Th	8:00 AM-9:00 AM	1/12 (19classes)	CACT	\$96(R)/\$144(N)	Romero	7895

**MAX TONE AND FITNESS**

(14 Years+) This is a non-stop workout class for the person looking for a 'killer' toning class. Sign up today and TONE up!

W	5:45 PM-6:45 PM	1/11 (19classes)	CACT	\$81(R)/\$122(N)	Alfraid	7926
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**PERSONAL FITNESS**

(18 Years+) Certified Personal Trainer keeps the class fun. Class includes stretching, hand held weights, stretch bands, balance exercises, and chair exercises.

M F	10:30 AM-11:30 AM	1/9 (18classes)	GRSC	\$90(R)/\$135(N)	Bockal	7965
M F	10:30 AM-11:30 AM	3/20 (18classes)	GRSC	\$81(R)/\$122(N)	Bockal	7966

**PILATES**

This beginning Pilates class will focus on strengthening your body core, stability and balance. All levels of athletic ability are encouraged to attend.

**(14 Years+)**

M	10:00 AM-11:00 AM	1/9 (16classes)	CACT	\$82(R)/\$123(N)	Romero	7974
M	10:30 AM-11:30 AM	1/9 (17classes)	MMRA	\$116(R)/\$174(N)	Nicholas	7976
W	10:00 AM-11:00 AM	1/11 (19classes)	MMRA	\$128(R)/\$192(N)	Nicholas	7977
W	5:55 PM-6:55 PM	1/11 (19classes)	HRZN	\$89(R)/\$134(N)	Martini	7979
W	4:30 PM-5:30 PM	1/11 (19classes)	CACT	\$89(R)/\$134(N)	Alfraid	7975

**(18 Years+)**

W	10:30 AM-11:30 AM	1/11 (10classes)	GRSC	\$51(R)/\$77(N)	Alfraid	7978
W	10:30 AM-11:30 AM	3/22 (9classes)	GRSC	\$47(R)/\$71(N)	Alfraid	8344

**PILATES - GOLF CONDITIONING**

(14 Years+) This conditioning program can significantly enhance your golfing experience while extending your years of play. Increasing strength and flexibility and decrease your risk for injury. Building better bodies and minds is the original purpose of Pilates. Make the most if the equipment that you already have .... Your body and your mind.

Tu	5:00 PM-5:50 PM	1/10 (19classes)	HRZN	\$89(R)/\$134(N)	Martin	7980
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## SENIOR STRENGTH TRAINING

(18 Years+) Resistance and strength training can enable senior citizens to regain muscle mass and strength at any age. You're never too old to build a little muscle and fight conditions like osteoporosis. Many of the degenerative diseases experienced in the aging process are related to loss of muscle mass and strength. Focus will be geared to those issues related to senior citizens. This class will utilize basic exercises on machines and with free weights.

M W	11:00 AM-12:00 PM	1/9 (18classes)	VLSC	\$93(R)/\$140(N)	Kopp	7987
M Th	9:15 AM-10:15 AM	1/9 (18classes)	MMRA	\$93(R)/\$140(N)	Kopp	7991
Tu Th	11:00 AM-12:00 PM	1/10 (20classes)	VLSC	\$102(R)/\$153(N)	Kopp	7988
Tu Th	2:30 PM-3:30 PM	1/10 (20classes)	GRSC	\$102(R)/\$153(N)	Kopp	7993
M W	11:00 AM-12:00 PM	3/20 (18classes)	VLSC	\$93(R)/\$140(N)	Kopp	7989
M Th	9:15 AM-10:15 AM	3/20 (18classes)	MMRA	\$93(R)/\$140(N)	Kopp	7992
Tu Th	11:00 AM-12:00 PM	3/21 (18classes)	VLSC	\$93(R)/\$140(N)	Kopp	7990
Tu Th	2:30 PM-3:30 PM	3/21 (18classes)	GRSC	\$93(R)/\$140(N)	Kopp	7994

## SHIFT YOUR SHAPE

(18 Years+) A stretch and tone workout including yoga poses that will leave you ready to take on the afternoon! This class promotes flexibility, balance and muscular endurance. Emphasis is on abdominals, thighs, buttocks and back. Exercise at your own pace in a friendly atmosphere.

Tu Th	11:15 AM-12:00 PM	1/17 (28classes)	ELDO	\$45(R)/\$68(N)	Reznikoff	7996
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## SIT AND GET FIT

(18 Years+) This class will perform exercises while sitting in a chair or using the chair for balancing. Exercises are designed to improve flexibility, strength and balance without the impact and stress of traditional exercises.

W	8:55 AM-9:50 AM	1/11 (10classes)	VLSC	\$64(R)/\$96(N)	Yancy	7997
W	8:55 AM-9:50 AM	3/22 (10classes)	VLSC	\$64(R)/\$96(N)	Yancy	7998

## STEP AEROBICS

(14 Years+) This class provides the ideal workout for those students who want to challenge themselves. Each class consists of a warm up, step aerobics and some light weight training.

Tu	6:00 PM-7:00 PM	1/10 (19classes)	HRZN	\$68(R)/\$102(N)	Martin	8014
Th	6:00 PM-7:00 PM	1/12 (19classes)	HRZN	\$68(R)/\$102(N)	Martin	8015

## STEP AND STRENGTHEN

(14 Years+) This class is great for all fitness levels! Have a great time getting in shape while following basic step movements and being instructed on strengthening exercises. Basics are covered for those that are new to stepping and modifications are given when needed. Strengthen your legs, upper body and core with low intensity training.

Sa	9:15 AM-10:15 AM	1/14 (19classes)	HRZN	\$81(R)/\$122(N)	Alfrid	8016
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## STEP CIRCUIT

(14 Years+) Combine the basics of a step class with strengthening and core work. Get your heart in shape with a fun step workout incorporating basic movement patterns, grapevines and marches. Use equipment to increase your strength and sculpt your core. Challenge your body by combining high intensity stepping and low intensity resistance training.

M	9:00 AM-10:00 AM	1/9 (16classes)	CACT	\$82(R)/\$123(N)	Romero	8017
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## TAI CHI (18 YEARS+)

Learn the Yang Style Long Form, a slow, graceful, rhythmic exercise, which promotes good health and improves balance, memory and concentration. The Yang Style Long Form is a series of postures which are broken into three sections. Beginning class will cover positions from the first section.

### Beginning

M	9:00 AM-10:30 AM	1/9 (6classes)	ELDO	\$39(R)/\$59(N)	Isaacson	8024
W	10:00 AM-11:00 AM	1/11 (8classes)	VLSC	\$36(R)/\$54(N)	Navarro	8030
W	11:00 AM-12:00 PM	1/11 (8classes)	VLSC	\$36(R)/\$54(N)	Isaacson	8028
W	5:30 PM-7:00 PM	1/11 (8classes)	GRSC	\$48(R)/\$72(N)	Isaacson	8025
Th	9:00 AM-10:30 AM	1/12 (8classes)	GRSC	\$48(R)/\$72(N)	Isaacson	8026
F	9:00 AM-10:00 AM	1/13 (8classes)	VLSC	\$36(R)/\$54(N)	Navarro	8031
Sa	8:45 AM-10:15 AM	1/14 (8classes)	PNCC	\$48(R)/\$72(N)	Isaacson	8027
M	9:00 AM-10:30 AM	3/20 (9classes)	ELDO	\$53(R)/\$80(N)	Isaacson	8365
W	10:00 AM-11:00 AM	3/22 (9classes)	VLSC	\$39(R)/\$59(N)	Navarro	8032
W	11:00 AM-12:00 PM	3/22 (9classes)	VLSC	\$39(R)/\$59(N)	Isaacson	8029
W	5:30 PM-7:00 PM	3/22 (9classes)	GRSC	\$53(R)/\$80(N)	Isaacson	8366
Th	9:00 AM-10:30 AM	3/23 (9classes)	GRSC	\$53(R)/\$80(N)	Isaacson	8367
F	9:00 AM-10:00 AM	3/24 (9classes)	VLSC	\$39(R)/\$59(N)	Navarro	8313
Sa	8:45 AM-10:15 AM	3/25 (9classes)	PNCC	\$53(R)/\$80(N)	Isaacson	8369

**Intermediate** - All students must be proficient in positions from the first section. This class will review the positions of the first section and will cover positions from the second section.

W	11:00 AM-12:00 PM	1/11 (8classes)	VLSC	\$36(R)/\$54(N)	Navarro	8033
W	11:00 AM-12:00 PM	3/22 (9classes)	VLSC	\$40(R)/\$60(N)	Navarro	8034

**Advanced** - All students must be proficient in the positions from the first and second sections. This class will review the positions of the first and second sections and will cover positions from the third section.

W	10:00 AM-11:00 AM	1/11 (8classes)	VLSC	\$36(R)/\$54(N)	Isaacson	8023
F	9:00 AM-10:30 AM	1/13 (8classes)	VLSC	\$49(R)/\$74(N)	Isaacson	8020
Sa	10:30 AM-12:00 PM	1/14 (8classes)	PNCC	\$49(R)/\$74(N)	Isaacson	8022
W	10:00 AM-11:00 AM	3/22 (9classes)	VLSC	\$40(R)/\$60(N)	Isaacson	8021
F	9:00 AM-10:30 AM	3/24 (9classes)	VLSC	\$54(R)/\$81(N)	Isaacson	8368
Sa	10:30 AM-12:00 PM	3/25 (9classes)	PNCC	\$54(R)/\$81(N)	Isaacson	8370

## TAI CHI - RESTORATIVE (18 YEARS+)

### Beginning

Restorative means to restore to a natural state, to make whole, to heal. In this class you will learn Tai Chi, Yang Style, Long Form plus you will learn how to calm and focus your physical, mental and spiritual energy, while improving balance, memory and flexibility. The class will include an educational aspect on healing and relaxation that you may incorporate into everyday life.

Th	1:00 PM-2:15 PM	1/12 (9classes)	VLSC	\$49(R)/\$74(N)	Turek	8035
Sa	10:30 AM-11:45 AM	1/14 (8classes)	VLSC	\$45(R)/\$68(N)	Turek	8036
Th	1:00 PM-2:15 PM	3/30 (8classes)	VLSC	\$45(R)/\$68(N)	Turek	8319
Sa	10:30 AM-11:45 AM	4/1 (8classes)	VLSC	\$45(R)/\$68(N)	Turek	8323

### Restorative - Intermediate

To register for Intermediate, students must be proficient in the positions taught in the Beginning Restorative class.

M	1:00 PM-2:15 PM	1/9 (7classes)	VLSC	\$41(R)/\$62(N)	Turek	8037
Tu	10:30 AM-11:45 AM	1/10 (8classes)	VLSC	\$45(R)/\$68(N)	Turek	8040
F	9:00 AM-10:15 AM	1/13 (8classes)	VLSC	\$45(R)/\$68(N)	Turek	8038
Sa	9:00 AM-10:15 AM	1/14 (8classes)	VLSC	\$45(R)/\$68(N)	Turek	8039
M	1:00 PM-2:15 PM	3/27 (8classes)	VLSC	\$45(R)/\$68(N)	Turek	8318
Tu	10:30 AM-11:45 AM	3/21 (8classes)	VLSC	\$45(R)/\$68(N)	Turek	8320
F	9:00 AM-10:15 AM	3/31 (8classes)	VLSC	\$45(R)/\$68(N)	Turek	8321
Sa	9:00 AM-10:15 AM	4/1 (8classes)	VLSC	\$45(R)/\$68(N)	Turek	8322

**TONE AND STRETCH**

(18 Years+) Start your day off right with this ‘work at your own pace’ cardio and toning class! Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning, stretching and mat work exercises are all included in this total body workout. Class ends with a cool-down and a guided meditation. Modifications are provided. Please bring your own hand weights.

M	7:45 AM-8:45 AM	1/9 (8classes)	VLSC	\$38(R)/\$57(N)	Robertson	8046
F	7:45 AM-8:45 AM	1/13 (10classes)	VLSC	\$45(R)/\$68(N)	Robertson	8047
M	7:45 AM-8:45 AM	3/20 (9classes)	VLSC	\$41(R)/\$62(N)	Robertson	8048
F	7:45 AM-8:45 AM	3/24 (9classes)	VLSC	\$41(R)/\$62(N)	Robertson	8049

**TOTAL BODY BOOT CAMP**

(14 Years+) This ultimate body work out is designed to push you outside your comfort zone. Tone muscles, sculpt your body into a new you. Workouts will consist of interval-based fitness including cardiovascular training, muscle conditioning, and plyometric training.

Th	5:30 PM-6:30 PM	1/12 (19classes)	MMRA	\$81(R)/\$122(N)	Teisch	8055
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**TOTALLY TONING**

(14 Years+) Strengthen and tone your major muscle groups using weights, bands, body bars and gravity. Learn how to use equipment properly for the results you want. Have fun while strengthening your body. Target problem areas and increase your metabolism with more muscle.

Tu	9:00 AM-10:00 AM	1/10 (19classes)	CACT	\$96(R)/\$144(N)	Romero	8056
Th	9:00 AM-10:00 AM	1/12 (19classes)	CACT	\$96(R)/\$144(N)	Romero	8057

**WEIGHT BUSTERS**

(14 Years+) Weight loss is the goal and purpose of Weight Busters, as it is designed for individuals with 30+ lbs. to lose. Using a combination of weight training, cardio, and core work the program is proven to help shift your body composition, dropping fat, increasing metabolism and changing your life. The program starts gradually to avoid injury, while maximizing weight loss.

Tu	7:00 PM-8:00 PM	1/10 (19classes)	CACT	\$96(R)/\$144(N)	Romero	8071
Th	7:00 PM-8:00 PM	1/12 (19classes)	CACT	\$96(R)/\$144(N)	Romero	8072

**YOGA**

**All Levels**

Find balance within your body, mind and spirit. The physical practice uses poses which both stretch and strengthen the body. Release tension, restore vitality and improve posture. This time is used to find ways to relax, release stress and create a better awareness of the body. All levels welcome.

**(18 Years+)**

M	5:30 PM-7:00 PM	1/9 (8classes)	GRSC	\$57(R)/\$86(N)	Andrade	8077
W	6:00 PM-7:30 PM	1/11 (10classes)	GRSC	\$68(R)/\$102(N)	Andrade	8078
M	5:30 PM-7:00 PM	3/20 (9classes)	GRSC	\$62(R)/\$93(N)	Andrade	8330
W	6:00 PM-7:30 PM	3/22 (9classes)	GRSC	\$62(R)/\$93(N)	Andrade	8331

**(14 Years+)**

M	7:00 PM-8:00 PM	1/9 (18classes)	CACT	\$107(R)/\$161(N)	Yancy	8080
W	6:30 PM-8:00 PM	1/11 (20classes)	MMRA	\$171(R)/\$257(N)	Yancy	8081
Th	6:30 PM-8:00 PM	1/12 (19classes)	PNCC	\$159(R)/\$239(N)	Sikes	8079

**Beginning**

**(18 Years+)**

M	10:30 AM-11:45 AM	1/9 (8classes)	VLSC	\$63(R)/\$95(N)	Phillips	8086
W	10:30 AM-12:00 PM	1/11 (19classes)	CACT	\$159(R)/\$239(N)	Sikes	8084
Th	10:30 AM-12:00 PM	1/12 (10classes)	GRSC	\$76(R)/\$114(N)	Kayatt	8082
Th	10:30AM-12:00PM	1/12 (8classes)	VLSC	\$68(R)/\$102(N)	Vershure	8088
TH	10:30AM-12:00PM	3/16 (9classes)	VLSC	\$75(R)/\$113(N)	Vershure	9061
M	10:30 AM-11:45 AM	3/20 (9classes)	VLSC	\$70(R)/\$105(N)	Phillips	8087
Th	10:30 AM-12:00 PM	3/23 (9classes)	GRSC	\$70(R)/\$105(N)	Kayatt	8083

**(14 Years+)**

M	6:15 PM-7:45 PM	1/9 (15classes)	MNTV	\$128(R)/\$192(N)	Sikes	8085
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**Intermediate** – (18 Years+) Intermediate requires yoga experience, with knowledge of the alignment principles of yoga for the basic postures. Find balance within your body, mind and spirit. The physical practice uses poses which both stretch and strengthen the body. Release tension, restore vitality and improve posture. This time is used to find ways to relax, release stress and create a better awareness of the body. Please note, if you are not at the Intermediate skill level, for your safety, you will be asked to withdraw and staff will do their best to locate a class at the correct level.

M	9:00 AM-10:15 AM	1/9 (8classes)	VLSC	\$63(R)/\$95(N)	Phillips	8099
TH	9:00AM-10:30AM	1/12 (8classes)	VLSC	\$68(R)/\$102(N)	Vershure	8101
TH	9:00AM-10:30AM	3/16 (9classes)	VLSC	\$75(R)/\$113(N)	Vershure	9062
M	9:00 AM-10:15 AM	3/20 (9classes)	VLSC	\$70(R)/\$105(N)	Phillips	8100

**Gentle** – (18 Years+) This slower paced, restorative class is designed to focus on breathing, relaxation and gentle stretching. Find balance within your body, mind and spirit. The physical practice uses poses which both stretch and strengthen the body. Release tension, restore vitality and improve posture. This time is used to find ways to relax, release stress and create a better awareness of the body. All levels welcome.

Tu	9:00 AM-10:30 AM	1/10 (10classes)	GRSC	\$76(R)/\$114(N)	Kayatt	8089
W	8:30 AM-10:00 AM	1/11 (10classes)	GRSC	\$76(R)/\$114(N)	Kayatt	8090
Th	9:00 AM-10:30 AM	1/12 (10classes)	GRSC	\$76(R)/\$114(N)	Kayatt	8091
Th	2:30 PM-4:00 PM	1/12 (20classes)	VLSC	\$171(R)/\$257(N)	Yancy	8097
F	8:30 AM-10:00 AM	1/13 (10classes)	GRSC	\$76(R)/\$114(N)	Kayatt	8092
Tu	8:45 AM-10:15 AM	1/10 (18classes)	VLSC	\$155(R)/\$233(N)	Yancy	8098
Tu	9:00 AM-10:30 AM	3/21 (9classes)	GRSC	\$70(R)/\$105(N)	Kayatt	8093
W	8:30 AM-10:00 AM	3/22 (9classes)	GRSC	\$70(R)/\$105(N)	Kayatt	8094
Th	9:00 AM-10:30 AM	3/23 (9classes)	GRSC	\$70(R)/\$105(N)	Kayatt	8095
F	8:30 AM-10:00 AM	3/24 (9classes)	GRSC	\$70(R)/\$105(N)	Kayatt	8096



## YOGA - NIDRA

(14 Years+) Nidra is a practice to de-stress the physical body and move into deep relaxation. Each class will include a brief series of gentle yoga poses to stretch the body and release tension, which are then followed with an extended savasana (lying on the back) with a guided Yoga Nidra meditation for deep rest and relaxation. This class is the perfect end to a busy day and will help you to sleep better at night! Please bring a blanket and/or a large cushion to class.

Th 6:30 PM-7:30 PM 1/12 (20classes) MNTV \$118(R)/\$177(N) Yancy 8102

## YOGA - YIN

(14 Years+) Enhance your flexibility with Yin Yoga. This slow, meditative practice is ideal for beginners or experienced students who want to feel more openness and flexibility in their joints, especially the hips and lower back. Most poses are done on the floor from a seated position or on the back. Alternate poses are offered for anyone who has a challenge with the knees or ankles.

Sa 9:00 AM-10:30 AM 1/14 (10classes) GRSC \$68(R)/\$102(N) Andrade 8103

Sa 9:00 AM-10:30 AM 3/25 (9classes) GRSC \$62(R)/\$93(N) Andrade 8332

## ZUMBA

ZUMBA is a fusion of Latin and International music & dance themes to create a dynamic, exciting and effective fitness system! The routines feature salsa, meringue, cumbia, samba and many more steps presented as aerobic/fitness interval training combining fast and slow rhythms to tone and sculpt the body. It is this mixture of body sculpting movements in easy to follow dance steps and the principals of fitness interval and resistance training that allow Zumba participants to maximize their caloric and fat burning output for total body toning.

### (18 Years+)

M 6:30 PM-7:30 PM 1/9 (8classes) VLSC \$43(R)/\$65(N) Brown 8108

M 6:30 PM-7:30 PM 3/20 (9classes) VLSC \$48(R)/\$72(N) Brown 8109

### (14 Years+)

Tu 5:45 PM-6:45 PM 1/10 (9classes) GRSC \$81(R)/\$122(N) DeCocq 8104

Th 6:15 PM-7:15 PM 1/12 (9classes) GRSC \$81(R)/\$122(N) DeCocq 8105

Tu 5:45 PM-6:45 PM 3/21 (9classes) GRSC \$81(R)/\$122(N) DeCocq 8106

Th 6:15 PM-7:15 PM 3/23 (9classes) GRSC \$81(R)/\$122(N) DeCocq 8107



## SPECIAL INTEREST

### CPR & FIRST AID COMBO

(14 Years+) This class is intended for community members who do not work in the healthcare field, but are required to/or just desire to have CPR, Basic First Aid & AED knowledge and skills. CPR instruction will include infant, child and adult. Basic First Aid is ideal for employee emergency response teams, school bus drivers, adult residential care personnel, child care workers, teachers, parents and babysitters.

Sa 8:30 AM-12:30 PM 1/14 (1class) SPFD \$45(R)/\$45(N) Scottsdale Fire Department 8466

Sa 8:30 AM-12:30 PM 5/6 (1class) SPFD \$45(R)/\$45(N) Scottsdale Fire Department 7864

### CPR PROFESSIONALS

(18 Years+) This class is for healthcare providers, first responders and professional rescuers or individuals needing professional level basic life support training as a job requirement.

Sa 8:30 AM-12:30 PM 4/1 (1class) SPFD \$45(R)/\$45(N) Scottsdale Fire Department 7865

### TRUSTS, WILLS AND ESTATE TAXES

(21 Years+) Unravel the mystery surrounding trusts, wills and other estate planning instruments. Find out why estate taxes are voluntary. Learn how to hold title to assets and use community property to save thousands of dollars in income taxes. Discover what only an Attorney and CPA with 30 years of experience in estate planning can tell you about the common mistakes to avoid. Free Living Will Form will be provided.

M 6:15 PM-7:45 PM 2/6 (2classes) HRZN \$14(R)/\$21(N) Bredemann 8062

### NEW AZ RESIDENTS - TAX AND TRUST LAWS

(21 Years+) If you are a new Arizona resident or have not updated your estate plan since you became an Arizona resident, you need to attend this class to learn the impact of many unique Arizona tax matters and local laws which impact you and your family. Understand the concept of community property, living wills, power of attorney, local estate taxes, and community property with right of survivorship and Arizona income tax laws. Learn the impact on your existing estate plan if you make no changes because of Arizona's unique property laws.

Th 6:15 PM-7:45 PM 2/16 (2classes) HRZN \$14(R)/\$21(N) Bredemann 7944

### BILLIARDS

(18 Years+) Learn or refresh the fundamentals of pool with proper stance, bridging, grip, stroke (vs. poke) and aiming. Analyze equipment quality and its impact on consistent play. Review the current rules of 8-Ball, 9-Ball and Straight Pool. Understand the basics of cueball control and position play through the use of proper english. Study & practice (stun, follow, draw, cut, deflection, squirt, curve, collision and spin induced throw, masse, jump, carom, billiard, etc.) Finish the course with a student tournament.

Tu 8:00 AM-10:00 AM 1/10 (10classes) VLSC \$79(R)/\$119(N) Grande 7819

Tu 11:00 AM-1:00 PM 1/10 (10classes) GRSC \$79(R)/\$119(N) Grande 7820



**BRIDGE - BEGINNING**

(18 Years+) Develop a grounding to play successful bridge. This class starts with the basic terminology, seating, dealing, sorting suits, scoring, etc. You will learn the importance of counting high card and distributional points. We'll cover opening bids and responses, no trump calls, overcalls, preempts, etc.. Most important, there will be a great deal of hand play. Weekly review and open discussion will help players develop communications skills with their partners.

Tu	9:30 AM-12:00 PM	1/10 (10classes)	GRSC	\$102(R)/\$153(N)	Harris	8468
W	9:00 AM-11:00 AM	1/11 (8classes)	VLSC	\$54(R)/\$81(N)	Bigham	7829
W	9:00 AM-11:00 AM	3/15 (8classes)	VLSC	\$54(R)/\$81(N)	Bigham	9067

**BRIDGE - INTERMEDIATE**

(18 Years+) The class is a continuation of the beginning class dealing with the play of the hand as declarer and as defender as well as further instruction in bidding. The most common conventions, e.g. Stayman, Blackwood limit raises; 4 types of doubles; forcing bids; bidding hands of exceptional strength, weakness or shape; slam bidding; requirements for game bid; responsibility for continuing or ending the bidding; and other techniques as requested will be explained. Much of the class time will be spent on supervised practice.

W	11:15 AM-1:15 PM	1/11 (8classes)	VLSC	\$54(R)/\$81(N)	Bigham	7831
W	11:15 AM-1:15 PM	3/15 (8classes)	VLSC	\$54(R)/\$81(N)	Bigham	9068
Tu	9:30 AM-12:00 PM	3/21 (10classes)	GRSC	\$102(R)/\$153(N)	Harris	7830

**MAH JONGG**

(18 Years+) Experience an ancient Chinese game played for generations. This game of skill and chance will improve your memory and spark new friendships. The fundamentals and terminology are taught during practice games. Please purchase a current National Mah Jongg League card.

**Beginning**

W	1:45 PM-3:45 PM	1/25 (8classes)	VLSC	\$85(R)/\$126(N)	Hunt	7922
W	1:45 PM-3:45 PM	3/29 (8classes)	VLSC	\$84(R)/\$126(N)	Hunt	9063

**Intermediate**

W	3:50 PM-5:50 PM	1/25 (8classes)	VLSC	\$84(R)/\$126(N)	Hunt	7923
W	3:50 PM-5:50 PM	3/29 (8classes)	VLSC	\$84(R)/\$126(N)	Hunt	9064

**MEDITATION**

(18 Years+) Meditation calms the body and soothes the mind. It is also a great way to relieve stress and improve overall health and well-being. Come join us for this meditation and relaxation class. We will explore various forms of meditation and relaxation methods. Through regular practice, you will begin to experience renewed peace and inner calm in your daily life.

**Beginning**

Tu	10:30 AM-11:30 AM	1/10 (18classes)	VLSC	\$107(R)/\$161(N)	Yancy	7927
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**Intermediate**

This class is for those that have taken the Beginning Meditation class or have prior Meditation experience.

F	12:30 PM-1:30 PM	1/13 (20classes)	VLSC	\$118(R)/\$177(N)	Yancy	7928
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**PIANO/KEYBOARD TEEN/ADULT**

(13 Years+) From Santana to Sinatra and Streisand; from the Beatles to Bach and Beethoven; from Broadway hits such as Phantom and Cats; to movie themes from the Titanic, Star Wars, James Bond and Lord of the Rings. This unique award winning method teaches keyboard skills on real songs you know and love! The program uses brilliantly conceived visual tools that show students how music works. Learn to read music on the treble clef in a lead sheet format and play chords using our exclusive chordometer. Keyboards are provided for each student for classroom use; and all music materials are included at no extra charge.

**Level I**

W	6:30 PM-7:30 PM	1/11 (6classes)	HRZN	\$119(R)/\$179(N)	Elements	7970
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**Level II**

W	6:30 PM-7:30 PM	3/1 (7classes)	HRZN	\$119(R)/\$179(N)	Elements	7971
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**POETRY**

(18 Years+) Study poetry and its forms from all periods of history. Each week we will discuss students' work. Handouts and open conversation will assist in understanding.

Tu	9:00 AM-12:00 PM	1/10 (8classes)	GRSC	\$59(R)/\$89(N)	Dillard	7981
Tu	9:00 AM-12:00 PM	3/14 (8classes)	GRSC	\$59(R)/\$89(N)	Dillard	9071



## ADULT TENNIS LESSONS

**Scottsdale Ranch Park (SRPK)** - 10400 E. Via Linda

**Phone:** 480-312-7774

**Email:** SRPL leagues@ScottsdaleAZ.gov

**Indian School Park (ISPK)** - 4289 N. Hayden Rd.

**Phone:** 480-312-2740

**Email:** ISPL leagues@ScottsdaleAZ.gov

**Winter Hours of Operation** (Nov. 28-Feb. 12):

**Daily:** 9:00 a.m. – 9:00 a.m.

**Spring Hours of Operation** (Feb. 13-May 29):

**Daily:** 7:30 a.m. – 9:00 a.m.

(18yrs+) Scottsdale tennis centers offer programs for all ability levels. Lessons are offered using the USTA's National Tennis Rating Program (NTRP). Rating levels are required and verified for all registrants, however adult beginner (1.0-1.9) do not require a rating. All individual activities are 6 weeks in length.

**Free rating Sessions:** Rating appointments take 20 min. Please call SRPK for an appointment. ISPK ratings do not require an appointment.

W	2/8	6-7:30PM	SRPK
M	2/13	6-7:30PM	ISPK
W	2/15	6-7:30PM	ISPK
F	3/10	6-7:30PM	SRPK
M	4/3	6-7:30PM	ISPK
M	5/22	6-7:30PM	ISPK

### 1.0-1.9 Tennis Lesson

W	6:00 PM	1/4	ISPK	\$73(R)/\$110(N)	Brown, Russell A	8110
Th	9:00 AM	1/5	ISPK	\$65(R)/\$97(N)	Brown, Russell A	8111
W	6:00 PM	2/22	ISPK	\$73(R)/\$110(N)	Brown, Russell A	8112
Th	7:30 AM	2/23	ISPK	\$65(R)/\$97(N)	Brown, Russell A	8113
Sa	9:00 AM	1/7	SRPK	\$52(R)/\$78(N)	O'Neil, Wayne	8116
Th	6:00 PM	1/5	SRPK	\$58(R)/\$87(N)	Toscano, Claudio	8120
Sa	9:00 AM	2/25	SRPK	\$52(R)/\$78(N)	O'Neil, Wayne	8123
Th	6:00 PM	2/23	SRPK	\$58(R)/\$87(N)	Toscano, Claudio	8127
W	6:00 PM	4/12	ISPK	\$73(R)/\$110(N)	Brown, Russell A	8405
Th	7:30 AM	4/13	ISPK	\$65(R)/\$97(N)	Brown, Russell A	8417
M	6:00 PM	1/2	SRPK	\$58(R)/\$87(N)	Toscano, Claudio	8478
M	6:00 PM	2/20	SRPK	\$58(R)/\$87(N)	Toscano, Claudio	8479
M	6:00 PM	4/10	SRPK	\$58(R)/\$87(N)	Toscano, Claudio	8480
M	7:00 PM	1/2	SRPK	\$58(R)/\$87(N)	Toscano, Claudio	8481
M	7:00 PM	2/20	SRPK	\$58(R)/\$87(N)	Toscano, Claudio	8482
M	7:00 PM	4/10	SRPK	\$58(R)/\$87(N)	Toscano, Claudio	8483
W	9:00 AM	1/4	SRPK	\$52(R)/\$78(N)	Toscano, Claudio	8484
W	9:00 AM	2/22	SRPK	\$52(R)/\$78(N)	Toscano, Claudio	8485
W	9:00 AM	4/12	SRPK	\$52(R)/\$78(N)	Toscano, Claudio	8486
W	7:00 PM	1/4	SRPK	\$58(R)/\$87(N)	O'Neil, Wayne	8487
W	7:00 PM	2/22	SRPK	\$58(R)/\$87(N)	O'Neil, Wayne	8488
W	7:00 PM	4/12	SRPK	\$58(R)/\$87(N)	O'Neil, Wayne	8489
Th	9:00 AM	1/5	SRPK	\$52(R)/\$78(N)	Toscano, Claudio	8490
Th	9:00 AM	2/23	SRPK	\$52(R)/\$78(N)	Toscano, Claudio	8491
Th	6:00 PM	4/13	SRPK	\$58(R)/\$87(N)	Toscano, Claudio	8492
Th	9:00 AM	4/13	SRPK	\$52(R)/\$78(N)	Toscano, Claudio	8493
Sa	9:00 AM	4/15	SRPK	\$52(R)/\$78(N)	O'Neil, Wayne	8494

### 2.0-2.9 Tennis Lesson

Th	6:00 PM	1/5	ISPK	\$73(R)/\$110(N)	Brown, Russell A	8130
Th	6:00 PM	2/23	ISPK	\$73(R)/\$110(N)	Brown, Russell A	8131
Th	6:00 PM	4/13	ISPK	\$73(R)/\$110(N)	Brown, Russell A	8420
M	9:00 AM	1/2	SRPK	\$93(R)/\$138(N)	Barnhart, Chris	8495
M	9:00 AM	2/20	SRPK	\$93(R)/\$138(N)	Barnhart, Chris	8496
M	9:00 AM	4/10	SRPK	\$93(R)/\$138(N)	Barnhart, Chris	8497
M	7:00 PM	1/2	SRPK	\$58(R)/\$87(N)	Leclerc, Karl	8498
M	7:00 PM	2/20	SRPK	\$58(R)/\$87(N)	Leclerc, Karl	8499
M	7:00 PM	4/10	SRPK	\$58(R)/\$87(N)	Leclerc, Karl	8500
M	8:00 PM	1/2	SRPK	\$58(R)/\$87(N)	Toscano, Claudio	8501
M	8:00 PM	2/20	SRPK	\$58(R)/\$87(N)	Toscano, Claudio	8502
M	8:00 PM	4/10	SRPK	\$58(R)/\$87(N)	Toscano, Claudio	8503
W	9:00 AM	1/4	SRPK	\$93(R)/\$138(N)	Barnhart, Chris	8504
W	9:00 AM	2/22	SRPK	\$93(R)/\$138(N)	Barnhart, Chris	8505
W	9:00 AM	4/12	SRPK	\$93(R)/\$138(N)	Barnhart, Chris	8506
W	6:00 PM	1/4	SRPK	\$58(R)/\$87(N)	O'Neil, Wayne	8507
W	6:00 PM	2/22	SRPK	\$58(R)/\$87(N)	O'Neil, Wayne	8508
W	6:00 PM	4/12	SRPK	\$58(R)/\$87(N)	O'Neil, Wayne	8509
W	8:00 PM	1/4	SRPK	\$58(R)/\$87(N)	Leclerc, Karl	8510
W	8:00 PM	2/22	SRPK	\$58(R)/\$87(N)	Leclerc, Karl	8511
W	8:00 PM	4/12	SRPK	\$58(R)/\$87(N)	Leclerc, Karl	8512
Th	7:00 PM	1/5	SRPK	\$58(R)/\$87(N)	Toscano, Claudio	8513
Th	7:00 PM	2/23	SRPK	\$58(R)/\$87(N)	Toscano, Claudio	8514
Th	7:00 PM	4/13	SRPK	\$58(R)/\$87(N)	Toscano, Claudio	8515
Th	9:00 AM	1/5	SRPK	\$93(R)/\$138(N)	Barnhart, Chris	8516
Th	9:00 AM	2/23	SRPK	\$93(R)/\$138(N)	Barnhart, Chris	8517
Th	9:00 AM	4/13	SRPK	\$93(R)/\$138(N)	Barnhart, Chris	8518
Sa	10:00 AM	1/7	SRPK	\$58(R)/\$87(N)	O'Neil, Wayne	8519
Sa	10:00 AM	2/25	SRPK	\$58(R)/\$87(N)	O'Neil, Wayne	8520
Sa	10:00 AM	4/15	SRPK	\$58(R)/\$87(N)	O'Neil, Wayne	8521
F	9:00 AM	1/6	SRPK	\$93(R)/\$138(N)	Toscano, Claudio	8616
F	9:00 AM	2/24	SRPK	\$93(R)/\$138(N)	Toscano, Claudio	8617
F	9:00 AM	4/14	SRPK	\$93(R)/\$138(N)	Toscano, Claudio	8618



**2.5-2.9 Tennis Lesson**

W	10:00 AM	1/4	SRPK	\$93(R)/\$138(N)	Durack, Ray	8531
W	10:00 AM	2/22	SRPK	\$93(R)/\$138(N)	Durack, Ray	8532
W	10:00 AM	4/12	SRPK	\$93(R)/\$138(N)	Durack, Ray	8533
Th	10:30 AM	1/5	SRPK	\$93(R)/\$138(N)	Jacobson, Jeff	8534
Th	10:30 AM	2/23	SRPK	\$93(R)/\$138(N)	Jacobson, Jeff	8535
Th	10:30 AM	4/13	SRPK	\$93(R)/\$138(N)	Jacobson, Jeff	8536
F	10:00 AM	1/6	SRPK	\$93(R)/\$138(N)	Fullam, Kristin	8537
F	10:00 AM	2/24	SRPK	\$93(R)/\$138(N)	Fullam, Kristin	8538
F	10:00 AM	4/14	SRPK	\$93(R)/\$138(N)	Fullam, Kristin	8539

**3.0-3.4 Tennis Lesson**

M	7:30 PM	1/2	ISPK	\$73(R)/\$110(N)	Brown, Russell A	8163
Tu	9:00 AM	1/3	ISPK	\$65(R)/\$97(N)	Brown, Russell A	8164
M	7:30 PM	2/20	ISPK	\$73(R)/\$110(N)	Brown, Russell A	8165
Tu	7:30 AM	2/21	ISPK	\$65(R)/\$97(N)	Brown, Russell A	8166
Tu	8:00 AM	4/11	ISPK	\$65(R)/\$97(N)	Brown, Russell A	8424
M	7:30 PM	4/10	ISPK	\$73(R)/\$110(N)	Brown, Russell A	8425
M	10:30 AM	1/2	SRPK	\$93(R)/\$138(N)	Durack, Ray	8540
M	10:30 AM	2/20	SRPK	\$93(R)/\$138(N)	Durack, Ray	8541
M	10:30 AM	4/10	SRPK	\$93(R)/\$138(N)	Durack, Ray	8542
Tu	9:00 AM	1/3	SRPK	\$93(R)/\$138(N)	Jacobson, Jeff	8543
Tu	9:00 AM	2/21	SRPK	\$93(R)/\$138(N)	Jacobson, Jeff	8544
Tu	9:00 AM	4/11	SRPK	\$93(R)/\$138(N)	Jacobson, Jeff	8545
W	6:00 PM	1/4	SRPK	\$58(R)/\$78(N)	Leclerc, Karl	8546
W	6:00 PM	2/22	SRPK	\$58(R)/\$78(N)	Leclerc, Karl	8547
W	6:00 PM	4/12	SRPK	\$58(R)/\$78(N)	Leclerc, Karl	8548
W	7:00 PM	1/4	SRPK	\$58(R)/\$78(N)	Leclerc, Karl	8549
W	7:00 PM	2/22	SRPK	\$58(R)/\$78(N)	Leclerc, Karl	8550
W	7:00 PM	4/12	SRPK	\$58(R)/\$78(N)	Leclerc, Karl	8551
W	8:00 PM	1/4	SRPK	\$58(R)/\$78(N)	O'Neil, Wayne	8552
W	8:00 PM	2/22	SRPK	\$58(R)/\$78(N)	O'Neil, Wayne	8553
W	8:00 PM	4/12	SRPK	\$58(R)/\$78(N)	O'Neil, Wayne	8554
Th	10:00 AM	1/5	SRPK	\$52(R)/\$78(N)	Toscano, Claudio	8555
Th	10:00 AM	2/23	SRPK	\$52(R)/\$78(N)	Toscano, Claudio	8556
Th	10:00 AM	4/13	SRPK	\$52(R)/\$78(N)	Toscano, Claudio	8557

**3.0-3.9 Tennis Lesson**

M	9:00 AM	1/2	SRPK	\$52(R)/\$78(N)	Toscano, Claudio	8558
M	9:00 AM	2/20	SRPK	\$52(R)/\$78(N)	Toscano, Claudio	8559
M	9:00 AM	4/10	SRPK	\$52(R)/\$78(N)	Toscano, Claudio	8560
M	8:00 PM	1/2	SRPK	\$58(R)/\$87(N)	Leclerc, Karl	8561
M	8:00 PM	2/20	SRPK	\$58(R)/\$87(N)	Leclerc, Karl	8562
M	8:00 PM	4/10	SRPK	\$58(R)/\$87(N)	Leclerc, Karl	8563
W	10:30 AM	1/4	SRPK	\$93(R)/\$138(N)	Barnhart, Chris	8564
W	10:30 AM	2/22	SRPK	\$93(R)/\$138(N)	Barnhart, Chris	8565
W	10:30 AM	4/12	SRPK	\$93(R)/\$138(N)	Barnhart, Chris	8566
Th	7:30 PM	1/5	SRPK	\$73(R)/\$110(N)	O'Neil, Wayne	8567
Th	7:30 PM	2/23	SRPK	\$73(R)/\$110(N)	O'Neil, Wayne	8568
Th	7:30 PM	4/13	SRPK	\$73(R)/\$110(N)	O'Neil, Wayne	8569
Th	8:00 PM	1/5	SRPK	\$58(R)/\$87(N)	Toscano, Claudio	8570
Th	8:00 PM	2/23	SRPK	\$58(R)/\$87(N)	Toscano, Claudio	8571
Th	8:00 PM	4/13	SRPK	\$58(R)/\$87(N)	Toscano, Claudio	8572
Sa	11:00 AM	1/7	SRPK	\$52(R)/\$78(N)	Allen, Jim	8573

Sa	11:00 AM	2/25	SRPK	\$52(R)/\$78(N)	Allen, Jim	8574
Sa	11:00 AM	4/15	SRPK	\$52(R)/\$78(N)	Allen, Jim	8575

**3.0-3.9 Tennis Lesson - Ball Machine Clinic**

W	9:00 AM	1/4	SRPK	\$96(R)/\$144(N)	Schneider, Nick	8576
W	9:00 AM	2/22	SRPK	\$96(R)/\$144(N)	Schneider, Nick	8577
W	9:00 AM	4/12	SRPK	\$96(R)/\$144(N)	Schneider, Nick	8578
W	10:30 AM	1/4	SRPK	\$96(R)/\$144(N)	Schneider, Nick	8579
W	10:30 AM	2/22	SRPK	\$96(R)/\$144(N)	Schneider, Nick	8580
W	10:30 AM	4/12	SRPK	\$96(R)/\$144(N)	Schneider, Nick	8581
Th	9:00 AM	1/5	SRPK	\$96(R)/\$144(N)	Schneider, Nick	8582
Th	9:00 AM	2/23	SRPK	\$96(R)/\$144(N)	Schneider, Nick	8583
Th	9:00 AM	4/13	SRPK	\$96(R)/\$144(N)	Schneider, Nick	8584
Th	10:30 AM	1/5	SRPK	\$96(R)/\$144(N)	Schneider, Nick	8585
Th	10:30 AM	2/23	SRPK	\$96(R)/\$144(N)	Schneider, Nick	8586
Th	10:30 AM	4/13	SRPK	\$96(R)/\$144(N)	Schneider, Nick	8587

**3.0-4.4 Tennis Lessons - Doubles Strategy**

Tu	6:00 PM	1/3	ISPK	\$73(R)/\$110(N)	Brown, Russell A	8207
Tu	6:00 PM	2/21	ISPK	\$73(R)/\$110(N)	Brown, Russell A	8528
W	9:00 AM	1/4	ISPK	\$65(R)/\$97(N)	Brown, Russell A	8529
Tu	9:00 AM	2/21	ISPK	\$65(R)/\$97(N)	Brown, Russell A	8530

**3.5-3.9 Tennis Camp**

Tu	6:00 PM	1/3	SRPK	\$125(R)/\$188(N)	Toscano, Claudio	8591
Tu	6:00 PM	2/21	SRPK	\$125(R)/\$188(N)	Toscano, Claudio	8592
Tu	6:00 PM	4/11	SRPK	\$125(R)/\$188(N)	Toscano, Claudio	8593
M	6:00 PM	1/2	ISPK	\$73(R)/\$110(N)	Brown, Russell A	8217
W	7:30 PM	1/4	ISPK	\$73(R)/\$110(N)	Brown, Russell A	8218
M	6:00 PM	2/20	ISPK	\$73(R)/\$110(N)	Brown, Russell A	8219
W	7:30 PM	2/22	ISPK	\$73(R)/\$110(N)	Brown, Russell A	8220
W	7:30 PM	4/12	ISPK	\$73(R)/\$110(N)	Brown, Russell A	8426
M	6:00 PM	4/10	ISPK	\$73(R)/\$110(N)	Brown, Russell A	8427
Tu	9:00 AM	1/3	SRPK	\$125(R)/\$188(N)	Durack, Ray	8588
Tu	9:00 AM	2/21	SRPK	\$125(R)/\$188(N)	Durack, Ray	8589
Tu	9:00 AM	4/11	SRPK	\$125(R)/\$188(N)	Durack, Ray	8590
Th	6:00 PM	1/5	SRPK	\$80(R)/\$120(N)	O'Neil, Wayne	8594
Th	6:00 PM	2/23	SRPK	\$80(R)/\$120(N)	O'Neil, Wayne	8595
Th	6:00 PM	4/13	SRPK	\$80(R)/\$120(N)	O'Neil, Wayne	8596
F	9:00 AM	1/6	SRPK	\$125(R)/\$188(N)	Durack, Ray	8597
F	9:00 AM	2/24	SRPK	\$125(R)/\$188(N)	Durack, Ray	8598
F	9:00 AM	4/14	SRPK	\$125(R)/\$188(N)	Durack, Ray	8599

**3.5-4.0 Tennis Lesson**

M	10:30 AM	1/2	SRPK	\$93(R)/\$138(N)	Barnhart, Chris	8600
M	10:30 AM	2/20	SRPK	\$93(R)/\$138(N)	Barnhart, Chris	8601
M	10:30 AM	4/10	SRPK	\$93(R)/\$138(N)	Barnhart, Chris	8602
Tu	10:30 AM	1/3	SRPK	\$93(R)/\$138(N)	Jacobson, Jeff	8603
Tu	10:30 AM	2/21	SRPK	\$93(R)/\$138(N)	Jacobson, Jeff	8604
Tu	10:30 AM	4/11	SRPK	\$93(R)/\$138(N)	Jacobson, Jeff	8605
Th	9:00 AM	1/5	SRPK	\$93(R)/\$138(N)	Jacobson, Jeff	8606
Th	9:00 AM	2/23	SRPK	\$93(R)/\$138(N)	Jacobson, Jeff	8607
Th	9:00 AM	4/13	SRPK	\$93(R)/\$138(N)	Jacobson, Jeff	8608

# TENNIS (13 YRS+) | RESIDENT REGISTRATION STARTS DECEMBER 5

## 4.0-4.4 Tennis Lesson

Th	7:30 PM	1/5	ISPK	\$73(R)/\$110(N)	Brown, Russell A	8246
Th	7:30 PM	2/23	ISPK	\$73(R)/\$110(N)	Brown, Russell A	8247
Th	7:30 PM	4/13	ISPK	\$73(R)/\$110(N)	Brown, Russell A	8428

## 4.0-4.9 Tennis Camp

Tu	7:30 PM	1/3	SRPK	\$125(R)/\$188(N)	Toscano, Claudio	8250
Tu	7:30 PM	2/21	SRPK	\$125(R)/\$188(N)	Toscano, Claudio	8251
Tu	7:30 PM	4/11	SRPK	\$125(R)/\$188(N)	Toscano, Claudio	8609

## 4.1-4.9 Tennis Lessons - Doubles Strategy

Tu	10:30 AM	1/3	SRPK	\$125(R)/\$188(N)	Durack, Ray	8255
W	10:30 AM	1/4	SRPK	\$96(R)/\$144(N)	Fullam, Kristin	8256
F	10:30 AM	1/6	SRPK	\$96(R)/\$144(N)	Jacobson, Jeff	8257
Tu	10:30 AM	2/21	SRPK	\$125(R)/\$188(N)	Durack, Ray	8258
W	10:30 AM	2/22	SRPK	\$96(R)/\$144(N)	Fullam, Kristin	8259
F	10:30 AM	2/24	SRPK	\$96(R)/\$144(N)	Jacobson, Jeff	8260
Tu	10:30 AM	4/11	SRPK	\$125(R)/\$188(N)	Durack, Ray	8610
W	10:30 AM	4/12	SRPK	\$96(R)/\$144(N)	Fullam, Kristin	8611
F	10:30 AM	4/14	SRPK	\$96(R)/\$144(N)	Jacobson, Jeff	8612

## Senior Tennis Lesson Ages 55+

Th	10:30 AM	1/5	ISPK	\$48(R)/\$72(N)	Brown, Russell A	8305
Th	9:00 AM	2/23	ISPK	\$48(R)/\$72(N)	Brown, Russell A	8306
Th	9:00 AM	4/13	ISPK	\$48(R)/\$72(N)	Brown, Russell A	8436

## Senior Tennis Lesson Ages 60+

F	10:30 AM	1/6	SRPK	\$52(R)/\$78(N)	Toscano, Claudio	8613
F	10:30 AM	2/24	SRPK	\$52(R)/\$78(N)	Toscano, Claudio	8614
F	8:00 AM	4/14	SRPK	\$52(R)/\$78(N)	Toscano, Claudio	8615



## ADULT TENNIS LEAGUES

**Scottsdale Ranch Park (SRPK)** - 10400 E. Via Linda

**Phone:** 480-312-7774

**Email:** SRPLeagues@ScottsdaleAZ.gov

**Indian School Park (ISPK)** - 4289 N. Hayden Rd.

**Phone:** 480-312-2740

**Email:** ISPLeagues@ScottsdaleAZ.gov

Leagues are designed to play five to eleven matches depending on the number of registered players. Leagues are offered using the USTA's National Tennis Rating Program (NTRP). Rating levels are required and verified for all registrants.

### WINTER

**Registration:** Monday, Dec. 5, 2016 @ 7 a.m. for Residents, Tuesday, Dec. 6 @ 7 a.m. for Non-Residents

**Leagues begin:** The week of Jan. 2, 2017

**Registration ends & BYE request deadline:** Dec. 24, 2016

### SPRING

**Registration:** Monday, Feb. 13, 2017 @ 7 a.m. for Residents, Tuesday, Feb. 14 @ 7 a.m. for Non-Residents

**Leagues begin:** The week of Mar. 13, 2017

**Registration ends & BYE request deadline:** Mar. 5, 2017

### 2.0-2.9 Women's Round Robin Doubles

M	6:30 PM	1/2	SRPK	\$44(R)/66(NR)	8153
M	6:30 PM	3/13	SRPK	\$44(R)/66(NR)	8725

### 2.5-3.4 Women's Singles

Tu	5:45 PM	1/3	ISPK	\$42(R)/63(NR)	8160
Tu	5:45 PM	3/14	ISPK	\$42(R)/63(NR)	8439

### 3.0-3.4 Men's Singles

Th	5:45 PM	1/5	ISPK	\$42(R)/63(NR)	8161
Th	5:45 PM	1/5	SRPK	\$42(R)/63(NR)	8162
Th	5:45 PM	3/16	ISPK	\$42(R)/63(NR)	8440
Th	5:45 PM	3/16	SRPK	\$42(R)/63(NR)	8726

### 3.0-3.4 Women's Doubles

Th	9:00 AM	1/5	SRPK	\$48(R)/72(NR)	8179
Tu	10:30 AM	1/3	SRPK	\$48(R)/72(NR)	8180
Th	9:00 AM	3/16	SRPK	\$48(R)/72(NR)	8727
Tu	10:30 AM	3/14	SRPK	\$48(R)/72(NR)	8728

### 3.0-3.4 Women's Round Robin Doubles

M	9:00 AM	1/2	SRPK	\$34(R)/51(NR)	8181
F	9:00 AM	1/6	SRPK	\$34(R)/51(NR)	8182
M	9:00 AM	3/13	SRPK	\$34(R)/51(NR)	8729
F	9:00 AM	3/17	SRPK	\$34(R)/51(NR)	8730

### 3.0-3.4 Women's Singles

M	9:00 AM	1/2	SRPK	\$28(R)/42(NR)	8183
M	9:00 AM	3/13	SRPK	\$28(R)/42(NR)	8731
W	10:30 AM	1/4	SRPK	\$28(R)/42(NR)	8184
M	5:45 PM	1/2	SRPK	\$42(R)/63(NR)	8185
W	10:30 AM	3/15	SRPK	\$28(R)/42(NR)	8732
M	5:45 PM	3/13	SRPK	\$42(R)/63(NR)	8733



**3.5-3.9 Women's Singles**

Th	7:30 PM	1/5	ISPK	\$42(R)/63(NR)	8232
W	9:00 AM	1/4	SRPK	\$28(R)/42(NR)	8233
M	7:30 PM	1/2	SRPK	\$42(R)/63(NR)	8234
Th	7:30 PM	3/16	ISPK	\$42(R)/63(NR)	8443
W	9:00 AM	3/15	SRPK	\$28(R)/42(NR)	8819
M	7:30 PM	3/13	SRPK	\$42(R)/63(NR)	8820

**4.0-4.4 Men's Singles**

Tu	7:00 PM	1/3	ISPK	\$42(R)/63(NR)	8242
Su	9:00 AM	1/8	SRPK	\$28(R)/42(NR)	8243
Th	7:30 PM	1/5	SRPK	\$42(R)/63(NR)	8244
Tu	5:45 PM	1/3	SRPK	\$42(R)/63(NR)	8245
Tu	7:00 PM	3/14	ISPK	\$42(R)/63(NR)	8444
Su	9:00 AM	3/19	SRPK	\$28(R)/42(NR)	8821
Th	7:30 PM	3/16	SRPK	\$42(R)/63(NR)	8822
Tu	5:45 PM	3/14	SRPK	\$42(R)/63(NR)	8823

**4.0-4.4 Women's Singles**

W	7:00 PM	1/4	ISPK	\$42(R)/63(NR)	8248
W	7:00 PM	3/15	ISPK	\$42(R)/63(NR)	8445

**4.0-4.9 Mixed Doubles**

F	6:30 PM	1/6	SRPK	\$62(R)/93(NR)	8249
F	6:30 PM	3/17	SRPK	\$62(R)/93(NR)	8754

**4.0-4.9 Women's Doubles**

F	9:00 AM	1/6	SRPK	\$48(R)/72(NR)	8252
Tu	9:00 AM	1/3	SRPK	\$48(R)/72(NR)	8253
F	9:00 AM	3/17	SRPK	\$48(R)/72(NR)	8755
Tu	9:00 AM	3/14	SRPK	\$48(R)/72(NR)	8756

**4.0-4.9 Women's Singles**

Tu	7:30 PM	1/3	SRPK	\$42(R)/63(NR)	8254
Tu	7:30 PM	3/14	SRPK	\$42(R)/63(NR)	8757

**4.5-4.9 Men's Singles**

M	7:30 PM	1/2	ISPK	\$42(R)/63(NR)	8261
Su	9:00 AM	1/22	SRPK	\$28(R)/42(NR)	8262
Th	7:30 PM	1/19	SRPK	\$42(R)/63(NR)	8263
Tu	5:45 PM	1/17	SRPK	\$42(R)/63(NR)	8264
M	7:30 PM	3/13	ISPK	\$42(R)/63(NR)	8446



**3.0-3.9 Women's Round Robin Doubles**

F	9:00 AM	1/6	ISPK	\$42(R)/63(NR)	8206
F	8:00 AM	3/17	ISPK	\$42(R)/63(NR)	8441

**3.5-3.9 Men's Singles**

M	5:45 PM	1/2	ISPK	\$42(R)/63(NR)	8209
Su	9:00 AM	1/8	SRPK	\$28(R)/42(NR)	8210
Th	5:45 PM	1/5	SRPK	\$42(R)/63(NR)	8211
Tu	7:30 PM	1/3	SRPK	\$42(R)/63(NR)	8212
M	5:45 PM	3/13	ISPK	\$42(R)/63(NR)	8442
Su	9:00 AM	3/19	SRPK	\$28(R)/42(NR)	8812
Th	5:45 PM	3/16	SRPK	\$42(R)/63(NR)	8813
Tu	7:30 PM	3/14	SRPK	\$42(R)/63(NR)	8814

**3.5-3.9 Mixed Doubles**

F	6:30 PM	1/20	SRPK	\$62(R)/93(NR)	8213
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**3.5-3.9 Women's Doubles**

F	9:00 AM	1/6	SRPK	\$48(R)/72(NR)	8227
W	5:45 PM	1/4	SRPK	\$62(R)/93(NR)	8228
Tu	9:00 AM	1/3	SRPK	\$48(R)/72(NR)	8229
F	9:00 AM	3/17	SRPK	\$48(R)/72(NR)	8815
W	5:45 PM	3/15	SRPK	\$62(R)/93(NR)	8816
Tu	9:00 AM	3/14	SRPK	\$48(R)/72(NR)	8817

**3.5-3.9 Women's Round Robin Doubles**

Th	9:00 AM	1/5	SRPK	\$34(R)/51(NR)	8230
Th	9:00 AM	3/16	SRPK	\$34(R)/51(NR)	8818

## ADULT SPORTS

**Phone:** (480) 312-0227 Fax: (480) 312-9156

**Office Address:** 5401 N. Hayden Rd

**Email:** Adultsports@scottsdaleaz.gov

All sports league registrants must submit a team information and waiver liability form (complete with player names, home addresses, day phones, and signatures) and full payment within 5 business days of registration. Registration packets may be emailed, faxed or delivered to the Adult Sports office. Failure to comply with any or all terms of registration will result in team elimination. You can register online at [Recreation.ScottsdaleAZ.gov](http://Recreation.ScottsdaleAZ.gov)

### WINTER REGISTRATION

**Residents:** Dec. 5 at 7 a.m.

**Non-Residents:** Dec 6 at 7 a.m.

### SPRING REGISTRATION

**Residents:** Feb. 14 at 7 a.m.

**Non-Residents:** Feb. 15 at 7 a.m.

### 5 ON 5 BASKETBALL

Winter season Sunday league play begins Jan. 8

**Format:** 5 League Games/Single Elimination Tournament

**Fee:** \$295/Team

Spring season league play begins week of Mar. 13

**Format:** 10 League Games/Single Elimination Tournament

**Fee:** \$495/Team

### FLAG FOOTBALL- 8 ON 8 & 7 ON 7

**Winter season (8 on 8 only):** Tuesdays- league play begins week of Jan. 10

**Spring season:** Saturdays- league play begins week of Mar. 4

**Format:** Round Robin League Play/Single Elimination Tournament

**Fee:** \$495/Team

### SLOW PITCH SOFTBALL (MENS & COED)

Winter season league play begins week of Jan. 9

Spring season league play begins week of Mar. 20

**Format:** 14 League Games/Single Elimination Tournament

**Fee:** \$525/Team

### ADULT COED KICKBALL

Winter season league play begins week of Jan. 9

Spring season league play begins week of Mar. 20

**Format:** Round Robin League Play/Single Elimination Tournament

**Fee:** \$285/Team

### INDOOR VOLLEYBALL

Winter season league play begins week of Jan. 10

Spring season league play begins week of Mar. 13

**Format:** 14 League Games/Single Elimination Tournament

**Fee:** \$200/Team



## SAND VOLLEYBALL LEAGUES

**Indian School Park** – 4289 N Hayden Road

**Phone:** 480-312-7920

**Email:** ISPLeagues@ScottsdaleAZ.gov

(18yrs+) You must have a complete team to register; no individual registrations accepted. Listed times are weekly alternating start times per league/flight. Team packet must be submitted within 48 hours of registration and is to be completed and submitted online at [www.ScottsdaleAZ.gov/sports/volleyball](http://www.ScottsdaleAZ.gov/sports/volleyball). Registrations are not complete without paid registration and packet submittal. Failure to comply with all terms may result in removal from the league or being ineligible for post-season play.

### SAND VOLLEYBALL LEAGUE – 4 PERSON COMPETITIVE

League nights are Mondays OR Wednesdays

### SAND VOLLEYBALL LEAGUE – 6 PERSON CO-ED LEISURE

League nights are Tuesdays OR Thursdays

Game times are 6:20 p.m. & 7:50 p.m./alternating weeks

**Format:** 18-24 League Games + Double Elim. Tournament

**4-Person league fee:** \$94/team (Res); \$141/team (NR)

**6-Person league fee:** \$104/team (Res); \$156/team (NR)

### WINTER LEAGUES

League play begins the week of Jan. 2, 2017

**Registration begins:** Monday, Dec. 5, 2016 @ 7 a.m. – Scottsdale Resident,

Tuesday, Dec. 6 @ 7a.m. – Non-Resident

### SPRING LEAGUES

League play begins the week of March 13, 2017

**Registration begins:** Monday, Feb. 13, 2017 @ 7 a.m. – Scottsdale Resident,

Tuesday, Feb. 14 @ 7a.m. – Non-Resident

## ARTS & CRAFTS

### CARTOON DRAWING

(6-13 Years) This class will develop more intermediate art techniques including portraiture, perspective and art history but still uses our unique Young Rembrandts step-by-step method which enables students to be successful regardless of artistic ability. This is a great class for those who want to improve their drawing skills and for older children who are just beginning to draw! This is a drawing only class (no paint or clay) but we will introduce pastels as an art medium. All materials provided. Lessons from previous sessions are not repeated for continuous drawing fun.

W 5:30 PM-6:30 PM 1/11 (6classes) HRZN \$70(R)/\$105(N) Young Rembrandts 7839

### DOODLERS

(5-13 Years) Develop new skills and talents while designing unique creations using a variety of wonderful tools and materials. Each lesson introduces techniques and artistic styles. Contemporary and master artists specializing in paint, sculpture, fabric, design and more are featured. Children develop skills and confidence, while having a blast! Lessons are new each session. \$35.00 nonrefundable supply fee is due to instructor at first class.

Sa 11:30 AM-12:30 PM 1/14 (7classes) HRZN \$82(R)/\$123(N) Abrakadoodle 7874

### ELEMENTARY DRAWING

(6-13 Years) This class will develop more intermediate art techniques including portraiture, perspective and art history but still uses our unique Young Rembrandts step-by-step method which enables students to be successful regardless of artistic ability. This is a great class for those who want to improve their drawing skills and for older children who are just beginning to draw! This is a drawing only class (no paint or clay) but we will introduce pastels as an art medium. All materials provided. Lessons from previous sessions are not repeated for continuous drawing fun.

W 6:15 PM-7:15 PM 3/1 (7classes) MTNV \$80(R)/\$120(N) Young Rembrandts 7892

### KIDS ON CANVAS

(6-13 Years) Kids on Canvas will work with acrylic paints and canvas board, stretched canvas and canvas paper. Each lesson is specially designed to allow kids to explore the techniques and styles of great artists while developing their own unique styles! Lessons are new for each session. \$35.00 nonrefundable supply fee is due to instructor at first class.

Sa 11:30 AM-12:30 PM 3/4 (6classes) HRZN \$81(R)/\$122(N) Abrakadoodle 7921

## DANCE

### BALLET FOR YOUTH

(5-9 Years) A perfect introduction for children wanting to dance ballet. All age appropriate training at the barre, center floor, turns and across the floor movements. Choreographed combinations will be taught for fun and enjoyment. The class fosters a learning environment for children to learn and develop new skills and explore a dance class environment. The instructor requests that parents wait outside the classroom.

Th 4:00 PM-4:45 PM 1/12 (7classes) MMRA \$36(R)/\$54(N) Lawton 7806

Th 4:00 PM-4:45 PM 3/2 (7classes) MMRA \$36(R)/\$54(N) Lawton 7807

### DANCE COMBO FOR YOUTH

(5-9 Years) Learn fast in this enjoyable Combination Class - TAP technique and terminology at barre and center floor. Tap dance combinations working towards routines, promoting coordination, rhythm and memory skills. Ballet/Jazz - basic technique, stretching and dance movements. Dance for Fun and be creative. This positive teaching experience will promote confidence and build class room learning skills.

Tu 4:30 PM-5:15 PM 1/10 (7classes) MMRA \$36(R)/\$54(N) Lawton 7870

Tu 4:30 PM-5:15 PM 2/28 (7classes) MMRA \$36(R)/\$54(N) Lawton 7871

### HIP HOP DANCE

(6-13 Years) All the latest Hip Hop dance moves to your favorite music. Kids will love the dynamic music and the opportunity to build self esteem while staying fit. Great for boys and girls. Kids will have fun learning a cool Hip Hop routine that will be showcased on the last day. For this class the instructor requests that parents/caregiver do not stay in the room while the class is in session. At the end of the session you will be invited to see the children's progress and new skills! For classes at Cactus there is an outdoor seating area provided. You may also want to consider you can drop into the fitness facility and get in a workout or a quick swim during this time!

M 5:50 PM-6:35 PM 1/9 (5classes) CACT \$66(R)/\$99(N) Let's Get Up 7901

M 5:50 PM-6:35 PM 3/13 (6classes) CACT \$78(R)/\$117(N) Let's Get Up 7902



**FITNESS & HEALTH**

**FENCING FOR YOUTH**

Fencing is an exciting sport, combining mental and physical exercise, very safe, increasing focus and discipline. It is a fast-paced game and a great way to burn calories. You will learn Fencing basics such as how to salute, advance, retreat, lunge, and advance-lunge correctly and safely, how to hold the weapon correctly and how to move with confidence. Emphasis will be placed on footwork and learning proper fencing distance of the fencer in relation to their opponent so all attacks and counter defenses will succeed. Scottsdale Fencing Club equipment will be in clean a good working condition but cannot guarantee exact fit

**(8-11 Years)**

Sa 12:15 PM-1:15 PM 1/14 (9classes) HRZN \$109(R)/\$164(N) Scottsdale Fencing Club 7893  
 Sa 12:15 PM-1:15 PM 3/18 (9classes) HRZN \$109(R)/\$164(N) Scottsdale Fencing Club 8766

**(12-14 Years)**

Sa 1:30 PM-2:30 PM 1/14 (9classes) HRZN \$109(R)/\$164(N) Scottsdale Fencing Club 8854  
 Sa 1:30 PM-2:30 PM 3/18 (9classes) HRZN \$109(R)/\$164(N) Scottsdale Fencing Club 8855

**KICKBOXING FOR YOUTH**

(6-13 Years) Kick, punch and sweat your way to a higher fitness level, all while having a great time! This class is designed to provide an exciting full body workout. This aerobic interval workout will strengthen your heart and help keep your metabolism revving! All fitness levels are encouraged to participate.

M 4:15 PM-5:00 PM 1/9 (8classes) MMRA \$53(R)/\$80(N) Yancy 7919  
 M 4:15 PM-5:00s PM 3/20 (8classes) MMRA \$53(R)/\$80(N) Yancy 7920



**HOBBIES & INTERESTS**

**DR. DOG**

(9-13 Years) Step into the exciting world of veterinary medicine! This class is designed to introduce students to a wide variety of animals and the care that they require while learning what it takes to become a veterinarian. From learning the basics on how to conduct an exam to more detailed procedures, students will experience a sneak peek into real-life medicine. Children will be learning through hands-on animal interactions with critters such as Tortoises, ferrets, dogs, cats, snakes and more! All instructors and animals are with the Arizona Animal Welfare League & SPCA. Please no personal pets.

F 6:00 PM-7:30 PM 1/13 (6classes) MNTV \$97(R)/\$146(N) Arizona Animal Welfare League 7875  
 F 6:00 PM-7:30 PM 2/24 (6classes) MNTV \$97(R)/\$146(N) Arizona Animal Welfare League 7876

**MINE, CRAFT, BUILD ENGINEERING USING LEGO**

(5-9 Years) Bring Minecraft to life using tens of thousands of LEGO®! Build engineer-designed projects such as a motorized Creeper, a portal to the Nether, and a moving Minecart! Create your favorite Minecraft objects with the guidance of an experienced Play-Well instructor. Whether you are new to Minecraft and LEGO or a seasoned veteran, you'll be hooked on the endless creative possibilities.

Sa 10:45 AM-12:15 PM 3/4 (6classes) HRZN \$100(R)/\$150(N) Play-Well TEKnologies 7929

**PIANO/KEYBOARDING YOUTH**

**Level I**

(5-12 Years) Your child will learn to play favorite songs in the first few lessons! Whether it's Star Wars or JS Bach, SpongeBob or Disney, Taylor Swift or Mozart, Elements has it covered! Elements gives your child the best chance to have a successful start on the piano keyboard. Elements offers a solid, comprehensive method that teaches note reading, chords, counting and all the basic skills needed to play ALL the music from class. Keyboards are provided for students classroom use; Recital held for family and friends on the last day of class.

Sa 9:15 AM-10:15 AM 1/14 (6classes) HRZN \$119(R)/\$179(N) Elements 7972

**Level II**

Sa 9:15 AM-10:15 AM 3/4 (6classes) HRZN \$119(R)/\$179(N) Elements 7973



## AFTERSCHOOL PROGRAMS, SPRING BREAK CAMPS AND YOUTH SPORTS

### SPRING BREAK CAMPS

(For those in grades 1-5, as of Fall 2016) Looking for something fun to do over Spring Break? Come join our exciting Spring Break Camps! Participate in fun and exciting recreational activities including crafts, sports, games, and much more. A morning and afternoon snack will be provided daily. A lunch with drink is required for all participants. \*Cost for camp is \$80 for the one week

#### **MOUNTAIN VIEW COMMUNITY CENTER | Course #8328**

**8625 E Mountain View Rd | 480-312-2584**

M-F 8:30am-4:00pm 3/6/17-3/10/17

#### **HORIZON COMMUNITY CENTER | Course #8329**

**15444 N 100th St | 480-312-2650**

M-F 8:30am-4:00pm 3/6/17-3/10/17

### YOUTH SPORTS TRACK SPRING 2016 (7-14 YRS)

Run, Jump, Throw! The City of Scottsdale will host youth track this Spring! As an introduction to track and field, coaches will teach the basic fundamentals of running, throwing and jumping events. Athletes will compete in track meets at high school tracks with digital timing and medals awarded to top 3 finishers in each event.

Specific dates, times and locations are to be determined. For track program details, visit [www.scottsdaleaz.gov](http://www.scottsdaleaz.gov) and search "track". Come run and have fun!  
**Cost: \$35**

### YOUTH CORPS SUMMER VOLUNTEER PROGRAM | COURSE #9093

The Youth Corps is a summer teen volunteer program for ages 13-17. Volunteers can explore career opportunities, give back to the community, and receive school credit (with prior school approval). Opportunities are available in City of Scottsdale offices, recreation centers, citizen service centers, aquatics facilities, and senior centers.

### HOW TO APPLY/REGISTER FOR YOUTH CORPS

To apply/register online visit [www.RecreationScottsdaleAZ.gov](http://www.RecreationScottsdaleAZ.gov). For more information on the Youth Corps program visit, [www.scottsdaleaz.gov](http://www.scottsdaleaz.gov) and search 'Youth Corps' or call 480-312-2329  
Registration/applications will be accepted beginning Feb. 24 – APR. 28, 2017.



## AFTERSCHOOL PROGRAMS 2017-2018 EARLY REGISTRATION

### SAVE THE DATE

**WEDNESDAY MAY 10 @ 8AM**

In an effort to help busy families plan in advance for the future school year, we are trying something NEW! Register now for the 2017/2018 after school programs and have one less thing to remember during back to school time in the fall. Space is limited so do register early! Programs are "drop in". This means youth are permitted to come and go as they wish. Participants do not sign in and sign out. Registration: For specific registration course code numbers visit [www.ScottsdaleAZ.gov](http://www.ScottsdaleAZ.gov) and search 'Afterschool Programs'

### ELEMENTARY PROGRAM (1ST THRU 5TH GRADES FALL 2017)

Trained recreation staff will provide structured, engaging recreational and educational activities that include arts & crafts, games, sports, fitness and specialty programs. M-F school release – 6 p.m. 8/8/16 – 5/25/17

#### Locations:

**HORIZON COMMUNITY CENTER |**

15444 N 100th Street | 480-312-2650

**MOUNTAIN VIEW COMMUNITY CENTER |**

8625 E Mountain View Road | 480-312-2564

### MIDDLE SCHOOL PROGRAMS (6TH, 7TH AND 8TH GRADES FALL 2017)

Middle school programs offer a wide variety of cool and engaging activities to peak the diverse interests of middle school youth. Activities include but are not limited to, gaming on big screen T.V.'s, ping pong, pool, foosball, arts, excursions, fitness options and daily social interactions with peers. M-F school release – 6 p.m. 8/7/17 – 5/25/18

**HORIZON COMMUNITY CENTER |**

15444 N 100th Street | 480-312-2650

**MOUNTAIN VIEW COMMUNITY CENTER |**

8625 E Mountain View Road | 480-312-2564

### COST AND PAYMENT OPTIONS FOR AFTERSCHOOL PROGRAMS

**Total Year Cost:** \$300

**Payment Plan:** 10 Monthly Installments of \$30

**Fee Assistance:** We offer limited financial assistance to Scottsdale residents who apply/qualify and based on program availability.



### COLLABORATIVE AFTERSCHOOL PROGRAMS (1ST THRU 5TH FALL 2017)

The City of Scottsdale and Scottsdale Unified School District work in collaboration through grant funding to offer afterschool programming for free at specific, qualified title one schools within the community. The below listed programs are offered to youth enrolled at the specific schools. Space is limited, early registration is highly encouraged.

**Locations:** Yavapai, Arcadia Neighborhood Learning Center, Tonalea, Hohokam, and Navajo schools.

**Registration:** For specific registration course code numbers and details visit [www.scottsaleaz.gov](http://www.scottsaleaz.gov) and search 'Afterschool Programs'.

**Datetimes:** M-F school release – 6 p.m. 8/8/16 – 5/25/17

**Cost:** FREE

**NOTE:** Arcadia Neighborhood Learning Center (ANLC) offers 1-5th grade and 6th-8th programming.

For questions about the collaborative programs please contact the Youth Development team at 480-312-2329.



## JUNIOR TENNIS LESSONS

**SCOTTSDALE RANCH PARK (SRPK) - 10400 E. Via Linda**

**Phone:** 480-312-7774

**Email:** SRPLeagues@ScottsdaleAZ.gov

**INDIAN SCHOOL PARK (ISPK) – 4289 N. Hayden Rd.**

**Phone:** 480-312-2740

**Email:** ISPLeagues@ScottsdaleAZ.gov

### JUNIOR TENNIS LESSONS Ages 5-8

M/W	4:15 PM	1/2	ISPK	\$53(R)/\$79(NR)	Brown, Russell A	8297
Sa	8:30 AM	1/7	ISPK	\$35(R)/\$53(NR)	Brown, Russell A	8298
M/W	4:15 PM	2/20	ISPK	\$53(R)/\$79(NR)	Brown, Russell A	8299
Sa	8:30 AM	2/25	ISPK	\$35(R)/\$53(NR)	Brown, Russell A	8300
M/W	4:15 PM	4/10	ISPK	\$53(R)/\$79(NR)	Brown, Russell A	8429
Sa	8:30 AM	4/15	ISPK	\$35(R)/\$53(NR)	Brown, Russell A	8430

### JUNIOR TENNIS LESSONS Ages 5-10

M	3:45 PM	1/2	SRPK	\$55(R)/\$81(NR)	TBA	8281
M	4:45 PM	1/2	SRPK	\$55(R)/\$81(NR)	TBA	8282
Tu	3:45 PM	1/3	SRPK	\$55(R)/\$81(NR)	TBA	8283
Tu	4:45 PM	1/3	SRPK	\$55(R)/\$81(NR)	TBA	8284
W	3:45 PM	1/4	SRPK	\$55(R)/\$81(NR)	TBA	8285
W	4:45 PM	1/4	SRPK	\$55(R)/\$81(NR)	TBA	8286
Th	3:45 PM	1/5	SRPK	\$55(R)/\$81(NR)	TBA	8287
Th	4:45 PM	1/5	SRPK	\$55(R)/\$81(NR)	TBA	8288
M	3:45 PM	2/20	SRPK	\$55(R)/\$81(NR)	TBA	8289
M	4:45 PM	2/20	SRPK	\$55(R)/\$81(NR)	TBA	8290
Tu	3:45 PM	2/21	SRPK	\$55(R)/\$81(NR)	TBA	8291
Tu	4:45 PM	2/21	SRPK	\$55(R)/\$81(NR)	TBA	8292
W	3:45 PM	2/22	SRPK	\$55(R)/\$81(NR)	TBA	8293
W	4:45 PM	2/22	SRPK	\$55(R)/\$81(NR)	TBA	8294
Th	3:45 PM	2/23	SRPK	\$55(R)/\$81(NR)	TBA	8295
Th	4:45 PM	4/13	SRPK	\$55(R)/\$81(NR)	TBA	8296
M	3:45 PM	4/10	SRPK	\$55(R)/\$81(NR)	TBA	8619
M	4:45 PM	4/10	SRPK	\$55(R)/\$81(NR)	TBA	8621
Tu	3:45 PM	4/11	SRPK	\$55(R)/\$81(NR)	TBA	8622
Tu	4:45 PM	4/11	SRPK	\$55(R)/\$81(NR)	TBA	8623
W	3:45 PM	4/12	SRPK	\$55(R)/\$81(NR)	TBA	8624
W	4:45 PM	4/12	SRPK	\$55(R)/\$81(NR)	TBA	8625
Th	3:45 PM	4/13	SRPK	\$55(R)/\$81(NR)	TBA	8626

### JUNIOR TENNIS LESSONS Ages 9-12

M/W	5:00 PM	1/2	ISPK	\$70(R)/\$105(NR)	Brown, Russell A	8301
Sa	9:30 AM	1/7	ISPK	\$35(R)/\$53(NR)	Brown, Russell A	8302
M/W	5:00 PM	2/20	ISPK	\$70(R)/\$105(NR)	Brown, Russell A	8303
Sa	7:30 AM	2/25	ISPK	\$35(R)/\$53(NR)	Brown, Russell A	8304
M/W	5:00 PM	4/10	ISPK	\$70(R)/\$105(NR)	Brown, Russell A	8431
Sa	7:30 AM	4/15	ISPK	\$35(R)/\$53(NR)	Brown, Russell A	8432

### JUNIOR TENNIS LESSONS Ages 11-17

M	3:45 PM	1/2	SRPK	\$55(R)/\$81(NR)	TBA	8265
M	4:45 PM	1/2	SRPK	\$55(R)/\$81(NR)	TBA	8266
Tu	3:45 PM	1/3	SRPK	\$55(R)/\$81(NR)	TBA	8267

Tu	4:45 PM	1/3	SRPK	\$55(R)/\$81(NR)	TBA	8268
W	3:45 PM	1/4	SRPK	\$55(R)/\$81(NR)	TBA	8269
W	4:45 PM	1/4	SRPK	\$55(R)/\$81(NR)	TBA	8270
Th	3:45 PM	1/5	SRPK	\$55(R)/\$81(NR)	TBA	8271
Th	4:45 PM	1/5	SRPK	\$55(R)/\$81(NR)	TBA	8272
M	3:45 PM	2/20	SRPK	\$55(R)/\$81(NR)	TBA	8273
M	4:45 PM	2/20	SRPK	\$55(R)/\$81(NR)	TBA	8274
Tu	3:45 PM	2/21	SRPK	\$55(R)/\$81(NR)	TBA	8275
Tu	4:45 PM	2/21	SRPK	\$55(R)/\$81(NR)	TBA	8276
W	3:45 PM	2/22	SRPK	\$55(R)/\$81(NR)	TBA	8277
W	4:45 PM	2/22	SRPK	\$55(R)/\$81(NR)	TBA	8278
Th	3:45 PM	2/23	SRPK	\$55(R)/\$81(NR)	TBA	8279
Th	4:45 PM	2/23	SRPK	\$55(R)/\$81(NR)	TBA	8280
M	3:45 PM	4/10	SRPK	\$55(R)/\$81(NR)	TBA	8627
M	4:45 PM	4/10	SRPK	\$55(R)/\$81(NR)	TBA	8628
Tu	3:45 PM	4/11	SRPK	\$55(R)/\$81(NR)	TBA	8629
Tu	4:45 PM	4/11	SRPK	\$55(R)/\$81(NR)	TBA	8632
W	3:45 PM	4/12	SRPK	\$55(R)/\$81(NR)	TBA	8650
W	4:45 PM	4/12	SRPK	\$55(R)/\$81(NR)	TBA	8651
Th	3:45 PM	4/13	SRPK	\$55(R)/\$81(NR)	TBA	8652
Th	4:45 PM	4/13	SRPK	\$55(R)/\$81(NR)	TBA	8653



## TOT CLASS GUIDELINES

- For your child's safety please accompany them to and from the classroom.
- Classes are designed for the ages listed. Children must meet the age requirement by the first class date. Sorry no exceptions.
- Children must be able to participate independently except in specified parent/child classes.
- Observers and non-registered individuals, including siblings, are not permitted in classes. Only children that are registered are permitted in class.
- Parents or guardians must participate in parent/child classes. Other siblings are not allowed inside the classroom.

## ARTS & CRAFTS

### MINI DOODLERS

(3-6 Years) Children have the opportunity to create their own masterpieces! Lessons are carefully designed to ignite the imagination, foster creativity and develop new skills. Each lesson provides new experiences with paints, watercolors, pastels and other creative tools and materials. \$35.00 nonrefundable supply fee is due to instructor at first class.

Sa	10:30 AM-11:15 AM	1/14 (7classes)	HRZN	\$82(R)/\$123(N)	Abrakadoodle	7930
Sa	10:30 AM-11:15 AM	3/4 (6classes)	HRZN	\$72(R)/\$108(N)	Abrakadoodle	7931

### TWOOSY DOODLERS

(1-3 Years) Together you can learn to use creative materials, including paint, textures, papers, glues, and modeling compounds, that produce giggles along with unique squiggles. Developmentally appropriate lessons help the children acquire new skills while exploring through play. This class is designed for Parent & Child interaction. Only children who are registered for this class may attend. One child per adult. \$30.00 nonrefundable supply fee is due to instructor at first class.

Sa	9:30 AM-10:15 AM	1/14 (7classes)	HRZN	\$82(R)/\$123(N)	Abrakadoodle	8063
Sa	9:30 AM-10:15 AM	3/4 (6classes)	HRZN	\$72(R)/\$108(N)	Abrakadoodle	8064

## DANCE

### DANCE COMBO FOR TOTS

(3-5 Years) Learn Basic Tap and Creative Ballet movements. Students will be introduced to the joy of dance as a recreational activity through studio quality classes. Basic Tap and Ballet movement promotes coordination, rhythm and memory skills. A fun and nurturing class to encourage learning and self confidence through dance. For this class the instructor requests that parents/caregiver do not stay in the room while the class is in session. At the end of the session you will be invited to see the children's progress and new skills!

Tu	3:30 PM-4:15 PM	1/10 (7classes)	MMRA	\$36(R)/\$54(N)	Lawton	7866
Tu	3:30 PM-4:15 PM	2/28 (7classes)	MMRA	\$36(R)/\$54(N)	Lawton	7869

### ITTY BITTY DANCE COMBO FOR TOTS

(3-6 Years) It's time to dance! Come learn the basics of tap, ballet and creative movement in this fun learning environment. Students will work on knowing their right from their left, how to follow musical instruction, and how to express themselves through dance. We will learn a dance to showcase on the last day of class. Instructor request that the parents/caregiver do not stay in the room. Tap shoes and ballet shoes are suggested but are not requested.

M	5:00 PM-5:45 PM	1/9 (5classes)	CACT	\$66(R)/\$99(N)	Let's Get Up	7867
M	5:00 PM-5:45 PM	3/6 (6classes)	CACT	\$78(R)/\$117(N)	Let's Get Up	7868

### TOT BALLET

Ballet for Tots wanting to be Tiny Ballerinas. Learn all about ballet while having fun! Dance positions, movements, terminology, steps and more. Class introduces Ballet etiquette, grace and self confidence in a ballet class environment. For this class the instructor requests that parents/caregiver do not stay in the room while the class is in session. At the end of the session you will be invited to see the children's progress and new skills!

#### (3-5 Years)

Th	3:00 PM-3:45 PM	1/12 (7classes)	MMRA	\$36(R)/\$54(N)	Lawton	8050
Th	4:05 PM-4:50 PM	1/12 (8classes)	HRZN	\$42(R)/\$63(N)	Martin	8051
Th	3:00 PM-3:45 PM	3/2 (7classes)	MMRA	\$36(R)/\$54(N)	Lawton	8053
Th	4:05 PM-4:50 PM	3/16 (8classes)	HRZN	\$42(R)/\$63(N)	Martin	8463

#### (4-6 Years)

Th	5:00 PM-5:45 PM	1/12 (8classes)	HRZN	\$42(R)/\$63(N)	Martin	8052
Th	5:00 PM-5:45 PM	3/16 (8classes)	HRZN	\$42(R)/\$63(N)	Martin	8465

### TOT TAP

(3-5 Years) Introduce your tot to new ways to move with music in a fun and constructive way! Classes incorporate basic tap steps with games and songs to ensure your child learns while having fun. This nurturing environment and instruction will help build coordination and promote self-esteem. This class fosters a learning environment for children to learn and develop new skills and explore their environment. For this class the instructor requests that parents/caregiver do not stay in the room while the class is in session. At the end of the session you will be invited to see the children's progress and new skills!

W	5:00 PM-5:45 PM	1/11 (8classes)	HRZN	\$42(R)/\$63(N)	Martin	8054
W	5:00 PM-5:45 PM	3/15 (8classes)	HRZN	\$42(R)/\$63(N)	Martin	8464

## FITNESS & HEALTH

### GYMNASTICS FOR TOTS

(3-5 Years) Gymnastic classes offer a fun, friendly, and safe atmosphere, as well as, an opportunity to learn and improve in tumbling, balance beam, bar, coordination and motor skills. Students will also develop self-confidence and social interaction during this class. Gymnastics classes are for every child at any skill level! For this class the instructor requests that parents/caregiver do not stay in the room while the class is in session.

W	10:00AM-10:35 AM	1/25 (6classes)	MNTV	\$78(R)/\$117(N)	Let's Get Up	7899
W	10:00AM-10:35 AM	3/15 (6classes)	MNTV	\$78(R)/\$117(N)	Let's Get Up	7900

**KARATE FOR TOTS**

(3-5 Years) Your child will develop a healthy lifestyle of fitness and wellness through dedication and perseverance to this contemporary martial art. Karate teaches courtesy, focus, respect, goal setting, anger management and safety. Most importantly, your child will gain confidence, learn leadership skills and have FUN! Course emphasizes basic techniques and short forms.

Tu 3:30PM-4:15PM	1/10 (6classes)	MMRA	\$72(R)/\$108(N)	World Martial Arts	7917
Tu 3:30PM-4:15PM	2/28 (6classes)	MMRA	\$72(R)/\$108(N)	World Martial Arts	7918

**MUSIC, MOVEMENT AND TUMBLING**

(18- 36 Months) This class follows the national standard of teaching and will introduce your child to the world of tumbling, music and fitness. This fast pace energy class is a great workout for child and parent. We will learn movement through song, dance and exercise along with a variety of toys and a good time.

W 9:15 AM-9:50 AM	1/25 (6classes)	MNTV	\$78(R)/\$117(N)	Let's Get Up	7942
W 9:15 AM-9:50 AM	3/15 (6classes)	MNTV	\$78(R)/\$117(N)	Let's Get Up	7943

**SPORTS**

**MULTI-SPORT & FITNESS FUN**

(3-6 Years) A certified Sportball instructor will help develop your child's skills in Floor Hockey, Baseball, Basketball, Football, Soccer, Tennis, Volleyball & Golf. Sportball prepares all children for a future of confident sports participation. Classes are high-energy, creative and fun!

Tu 11:10AM-11:55AM	1/10 (6classes)	MNTV	\$68(R)/\$102(N)	JumpBunch	7937
F 9:00AM-10:00AM	1/13 (6classes)	MMRA	\$76(R)/\$114(N)	Sportball	7933
Sa 11:15AM-12:15PM	1/14 (6classes)	ELDO	\$76(R)/\$114(N)	Sportball	7936
Tu 11:10AM-11:55AM	2/28 (6classes)	MNTV	\$68(R)/\$102(N)	JumpBunch	7935
F 9:00AM-10:00AM	3/3 (6classes)	MMRA	\$76(R)/\$114(N)	Sportball	7934
Sa 10:00AM-11:00AM	3/4 (6classes)	ELDO	\$76(R)/\$114(N)	Sportball	7932

**MULTI-SPORT & FITNESS FUN JR**

This class is designed for parent/child interaction. This program is a perfect introduction to Sportball methodology. Children and parents participate in our eight core sports including: hockey, soccer, tennis, baseball, basketball, volleyball, golf and football along with creative games, songs, stories, bubble time and much more. Although these programs focus more on exploration, children will be introduced to a different sport each week. Parents are encouraged to participate with their child and challenge them according to their skill level.

**(15 Months – 36 Months & Parent/ Caregiver)**

Tu 10:15AM-11:00 AM	1/10 (6classes)	MNTV	\$68(R)/\$102(N)	JumpBunch	7940
F 10:15AM-11:00AM	1/13 (6classes)	MMRA	\$76(R)/\$114(N)	Sportball	7938
Tu 10:15AM-11:00AM	2/28 (6classes)	MNTV	\$68(R)/\$102(N)	JumpBunch	7941
F 10:15AM-11:00AM	3/3 (6classes)	MMRA	\$76(R)/\$114(N)	Sportball	7939

**BASKETBALL**

(3-6 Years) This specific sport program will focus on basketball skills including dribbling, passing, catching, shooting and agility. Develop well rounded athletes while focusing on teamwork/cooperation, listening skills in a non-competitive and enriching environment. Basic motor skill tasks help build your child's confidence and self-esteem. This class fosters a learning environment for children to develop new skills and explore.

F 11:15AM-12:15PM	1/13 (6classes)	MMRA	\$76(R)/\$114(N)	Sportball	7816
Sa 11:15AM-12:15PM	3/4 (6classes)	ELDO	\$76(R)/\$114(N)	Sportball	7815

**SOCCER FOR KIDS**

Classes will introduce children to stretching, passing, dribbling, and basic elements of team spirit. Children will have fun exercising, making new friends and learning basic soccer skills. Children play non-competitive games.

**(2-3 Years & Parent/Caregiver)**

F 9:00AM-9:45AM	1/13 (12classes)	MTNV	\$69(R)/\$104(N)	Hatfield	8008
F 9:00AM-9:45AM	2/24 (14classes)	MTNV	\$69(R)/\$104(N)	Hatfield	8007

**(2-4 Years & Parent/Caregiver)**

Sa 9:00AM-9:45AM	1/14 (6classes)	ELDO	\$76(R)/\$114(N)	Sportball	8005
Sa 9:00AM-9:45AM	3/4 (6classes)	ELDO	\$76(R)/\$114(N)	Sportball	8006

**(3-5 Years)**

M 3:00PM-3:45PM	1/9 (9classes)	CACT	\$69(R)/\$104(N)	Hatfield	8003
M 3:00PM-3:45PM	2/27 (12classes)	CACT	\$69(R)/\$104(N)	Hatfield	8001

**(5-7 Years)**

M 4:00PM-4:45PM	1/9 (9classes)	CACT	\$69(R)/\$104(N)	Hatfield	8004
M 4:00PM-4:45PM	2/27 (12classes)	CACT	\$69(R)/\$104(N)	Hatfield	8002

**T - BALL**

(3-6 Years) Develop competence and confidence on the field in this class focusing on T- Ball. Children are taught the fundamental skills necessary to excel at this fun sport. Classes are dedicated to skills development and putting those skills to work in an exciting, non- competitive game. Children will learn and practice throwing, catching, running bases, batting and more. This class fosters a learning environment for children to develop new skills and explore.

Sa 10:00AM-11:00AM	1/14 (6classes)	ELDO	\$76(R)/\$114(N)	Sportball	8018
F 11:15AM-12:15PM	3/3 (6classes)	MMRA	\$76(R)/\$114(N)	Sportball	8019

**FUN ACTIVITIES**

**TRAIN TRIP**

(2-5yrs old and parent/caregiver.) Come behind the scenes at the Paradise & Pacific Railroad. You and your child will learn about diesel engines and steam locomotives during this tour of the train shed at McCormick Railroad Park. We will board the train for a ride over the trestles and around the park.

Tu 9:30AM-10:30AM	2/28 (1class)	MCRR	\$11(R)/\$17(N)	Staff	8058
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**TRASH TRUCK TRIP**

(2-5yrs and parent/caregiver.) Is your child thrilled at the sight of a garbage truck picking up trash-cans? Register to get a behind the scenes tour of the Trash Transfer Station including the 'Son of Godzilla'. See what happens to your trash and get a close up look at the great garbage truck! This class is designed for Parent and Child interaction.

F 9:00AM-10:00AM	2/17 (1class)	SWTS	\$13(R)/\$17(N)	Staff	8059
F 10:30AM-11:30AM	2/17 (1class)	SWTS	\$13(R)/\$17(N)	Staff	8060
F 9:00AM-10:00AM	4/7 (1class)	SWTS	\$13(R)/\$17(N)	Staff	8061



## CACTUS AQUATIC & FITNESS CENTER

7202 E. Cactus Road 480-312-7665

## ELDORADO AQUATIC & FITNESS CENTER

2301 N. Miller Road 480-312-2484

## MCDOWELL MOUNTAIN RANCH AQUATIC & FITNESS CENTER

15525 N. Thompson Peak Parkway 480-312-6677

Visit [www.scottsdaleaz.gov](http://www.scottsdaleaz.gov) and search "Aquatics" for specific hours of operation, Holiday closures and fees. See page 36 for more information about Fitness Centers.

## LAP SWIM RATES

**Adult Resident:** \$3.00 **Adult Non-Resident:** \$5.00

**Child Resident:** \$2.00 **Child Non-Resident:** \$3.00

**Aquatic Inclement Weather Policy** - The Aquatic facilities will be closed during electrical storms and other inclement weather. If the pool is closed & lessons are cancelled, lessons will not be made up. If 4 or more days in a session are missed due to weather, a credit can be issued for each day missed, starting on the fourth day. The credit must be requested and is good for future programs. Always call ahead to verify pool closures.

## CITY SPONSORED AQUATIC TEAM OPPORTUNITIES

**Scottsdale Aquatic Club - A United States Swimming Team** The City sponsored Scottsdale Aquatic Club is a year-round competitive swimming team. The team offers competitive swimming instruction and competitions for youth swimmers of all ages. Workout times and fees vary according to group. For more info please email: [spirith@aol.com](mailto:spirith@aol.com) or visit [www.scottsdalewim.com](http://www.scottsdalewim.com)



**Clavadistas Del Sol - A United States Diving Team** The City sponsored Clavadistas del Sol is a year-round competitive diving program, open to youth divers of all abilities. Workout times and fees vary according to group. This program is available only at Cactus pool. For more info please email: [info@cdiving.org](mailto:info@cdiving.org) or visit [www.cddiving.org](http://www.cddiving.org)

## Scottsdale Synchro Arizona - A United States Synchronized Swim Team

The city sponsored Scottsdale Synchro Arizona Team is a year-round competitive synchronized swimming program open to swimmers ages 7 & up. Workout times and fees vary according to group. For more info please visit [www.scottsdaleynchro.org](http://www.scottsdaleynchro.org)

## SWIM LESSON PROGRAM GENERAL INFORMATION

\* Each class is 30 minutes in length.

\* Swim lesson fee:

- Residents \$24.00/session
- Non-Residents \$36.00/session

## Session Dates

\* Spring Saturday Session: Mar. 4 - Apr. 22

\* Spring May Session: May 1 - May 25

## Registration Dates

Resident registration - Dec. 5, 2016 at 7 a.m.

Non-Resident registration - Dec. 6, 2016 at 7 a.m.

## LEARN TO SWIM LESSONS

All City of Scottsdale Instructors are certified by the StarFish Aquatic Institute. The water and safety program teaches swimming and safety skills in a logical progression. It is important for the student to be registered in the proper level. Please use the age guidelines and the class descriptions to help determine the appropriate level for your child. Swim Lesson Assessments are also offered by the staff to help determine the child's current level. Please call if you have questions.

**Swim Lesson Assessment Dates:** Certified instructors will conduct a swim test to determine the child's current level. All participants will receive a skill checklist and recommended level to assist with lesson registration. Swim Assessments are scheduled every 30 minutes on the following dates:

\* Feb. 11 from 8 a.m.-12 p.m. @ MMRA & ELDO

\* Feb. 11 from 1-5 p.m. @ CACT

\* Apr. 21 from 5-8p.m. @ ELDO

\* Apr.22 from 8a.m.-12p.m. @ MMRA

\* Apr. 22 from 1-5p.m. @ CACT

**SEA BABIES** (6mo-3yrs):

(1:12 ratio) This course fosters very young children at a high comfort level in the water while at the same time training parents and caregivers in water safety and drowning prevention. This class introduces infants and toddlers to aquatics with parental presence in the water. This class is water acclimation, not swimming lessons.

**TADPOLES** (3-5yrs):

(1:6 ratio) This course gives young children a positive, developmental approach to the aquatic learning experience and emphasizes water safety and survival concepts. Students should be able to enter the water and participate without parental presence.

**GUPIES** (3-5yrs):

(1:6 ratio) This course focuses on learning elementary survival skills including breath control, submerging then recovering for air and returning to the wall, floating, gliding and safety skills. Survival skills are performed in swimwear AND in regular clothes.

**SEA TURTLES** (4-6yrs):

(1:6 ratio) This course teaches students components of freestyle arm strokes, breathing and kicking and treading. Students must feel comfortable in water four feet deep, jumping in and returning to the side. Front and back floating required with rolling over from front to back.

**OTTERS** (5-7yrs):

(1:6 ratio) In this course students will learn components of freestyle, backstroke and elementary backstroke including arm strokes, breathing pattern and kicking for 30 ft. Students will also learn headfirst entries. Deep water comfort level is required.

**DOLPHINS** (6yrs+):

(1:6 ratio) In this course students will learn components of backstroke including swimming for 30ft of backstroke with straight arm recovery, body roll, good arm and body extension. Students will also learn components of butterfly including breathing, arm motion and kick. Deep water comfort level is required.

**ORCAS** (7yrs+):

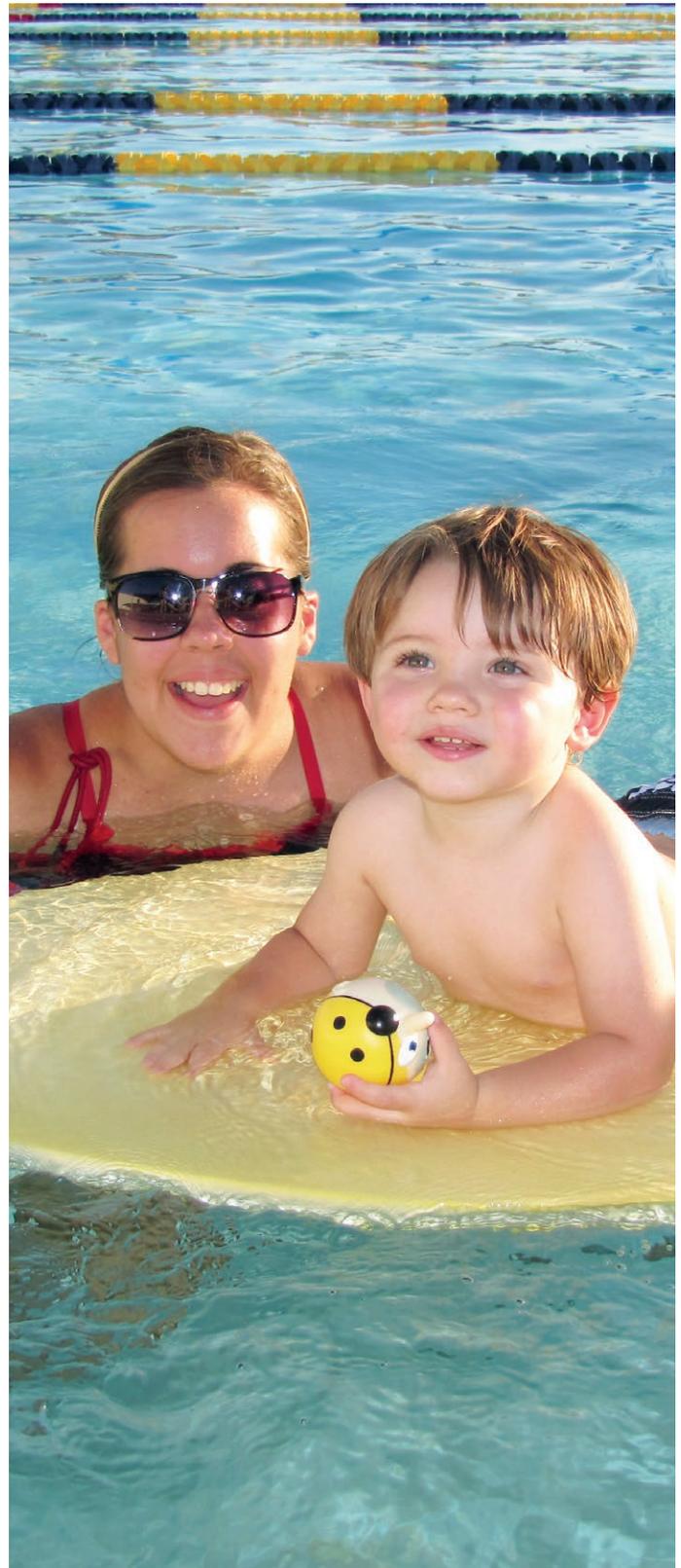
(1:6 ratio) Students will learn components of breaststroke and sidestroke including good timing and extension. The course will also work on endurance building. Deep comfort level is required.

**SHARKS** (7yrs+):

(1:6 ratio) Students must be proficient in all 4 competitive strokes (freestyle, backstroke, butterfly and breaststroke). Students will refine all strokes and learn turns and increase fitness levels. Advanced racing starts are also introduced. This class prepares students for Recreation teams. Deep comfort level is required.

**RECREATIONAL SWIM TEAM**

Offered at all three Aquatic Centers, this program focuses on enhancing and improving swimming strokes, while maintaining a recreational environment. Swimmers will focus on proper stroke, start and turn techniques. Participants must be able to swim 25 yards across the pool in all of the four competitive strokes (freestyle, backstroke, breaststroke and butterfly).



# AQUATICS | RESIDENT REGISTRATION STARTS DECEMBER 5

## CACTUS AQUATIC & FITNESS CENTER

7202 E Cactus Rd | 480-312-7665

Refer to Learn To Swim General Information for class level description and age guidelines

Activity Number	Beginning Date	Starting Time	Week Days	Location	Resident	Non Resident
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### Level 1 - Seababies

8856	4-Mar	10:10 AM	Sa	CACT	\$24	\$36
8857	4-Mar	11:20 AM	Sa	CACT	\$24	\$36
8886	1-May	5:15 PM	M W	CACT	\$24	\$36
8887	2-May	4:05 PM	Tu Th	CACT	\$24	\$36
8888	2-May	4:40 PM	Tu Th	CACT	\$24	\$36

### Level 2 - Tadpoles

8858	4-Mar	9:00 AM	Sa	CACT	\$24	\$36
8859	4-Mar	9:35 AM	Sa	CACT	\$24	\$36
8860	4-Mar	10:10 AM	Sa	CACT	\$24	\$36
8861	4-Mar	10:45 AM	Sa	CACT	\$24	\$36
8889	1-May	4:05 PM	M W	CACT	\$24	\$36
8890	1-May	4:40 PM	M W	CACT	\$24	\$36
8891	2-May	4:05 PM	Tu Th	CACT	\$24	\$36
8892	2-May	4:40 PM	Tu Th	CACT	\$24	\$36

### Level 3 - Guppies

8862	4-Mar	9:00 AM	Sa	CACT	\$24	\$36
8863	4-Mar	9:35 AM	Sa	CACT	\$24	\$36
8864	4-Mar	10:45 AM	Sa	CACT	\$24	\$36
8865	4-Mar	11:20 AM	Sa	CACT	\$24	\$36
8893	1-May	4:05 PM	M W	CACT	\$24	\$36
8894	1-May	4:40 PM	M W	CACT	\$24	\$36
8895	2-May	4:05 PM	Tu Th	CACT	\$24	\$36
8896	2-May	4:40 PM	Tu Th	CACT	\$24	\$36

### Level 4 - Sea Turtles

8866	4-Mar	9:00 AM	Sa	CACT	\$24	\$36
8867	4-Mar	9:35 AM	Sa	CACT	\$24	\$36
8868	4-Mar	10:10 AM	Sa	CACT	\$24	\$36
8869	4-Mar	10:45 AM	Sa	CACT	\$24	\$36
8870	4-Mar	11:20 AM	Sa	CACT	\$24	\$36
8897	1-May	4:05 PM	M W	CACT	\$24	\$36
8898	1-May	5:15 PM	M W	CACT	\$24	\$36
8899	2-May	5:15 PM	Tu Th	CACT	\$24	\$36

Activity Number	Beginning Date	Starting Time	Week Days	Location	Resident	Non Resident
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### Level 5 - Otters

8871	4-Mar	9:00 AM	Sa	CACT	\$24	\$36
8872	4-Mar	9:35 AM	Sa	CACT	\$24	\$36
8873	4-Mar	10:10 AM	Sa	CACT	\$24	\$36
8874	4-Mar	10:45 AM	Sa	CACT	\$24	\$36
8875	4-Mar	11:20 AM	Sa	CACT	\$24	\$36
8900	1-May	4:40 PM	M W	CACT	\$24	\$36
8901	1-May	5:15 PM	M W	CACT	\$24	\$36
8902	2-May	5:15 PM	Tu Th	CACT	\$24	\$36

### Level 6 - Dolphins

8876	4-Mar	9:00 AM	Sa	CACT	\$24	\$36
8877	4-Mar	10:10 AM	Sa	CACT	\$24	\$36
8878	4-Mar	10:45 AM	Sa	CACT	\$24	\$36
8879	4-Mar	11:20 AM	Sa	CACT	\$24	\$36
8903	1-May	4:05 PM	M W	CACT	\$24	\$36
8904	1-May	4:40 PM	M W	CACT	\$24	\$36
8905	2-May	5:15 PM	Tu Th	CACT	\$24	\$36

### Level 7 - Orcas

8880	4-Mar	9:00 AM	Sa	CACT	\$24	\$36
8881	4-Mar	9:35 AM	Sa	CACT	\$24	\$36
8882	4-Mar	10:45 AM	Sa	CACT	\$24	\$36
8906	1-May	4:05 PM	M W	CACT	\$24	\$36
8907	1-May	5:15 PM	M W	CACT	\$24	\$36
8908	2-May	5:15 PM	Tu Th	CACT	\$24	\$36

### Level 8 - Sharks

8883	4-Mar	9:35 AM	Sa	CACT	\$24	\$36
8884	4-Mar	10:10 AM	Sa	CACT	\$24	\$36
8885	4-Mar	11:20 AM	Sa	CACT	\$24	\$36
8909	1-May	4:40 PM	M W	CACT	\$24	\$36
8910	1-May	5:15 PM	M W	CACT	\$24	\$36
8911	2-May	5:15 PM	Tu Th	CACT	\$24	\$36



**ELDORADO AQUATIC & FITNESS CENTER**  
**2301 N Miller Rd | 480-312-2484**

Refer to Learn To Swim General Information for class level description and age guidelines

Activity Number	Beginning Date	Starting Time	Week Days	Location	Resident	Non Resident
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**Level 1 - Seababies**

8842	4-Mar	9:35 AM	Sa	ELDA	\$24	\$36
8929	4-Mar	10:45 AM	Sa	ELDA	\$24	\$36
8912	1-May	5:05 PM	M W	ELDA	\$24	\$36
8920	2-May	5:05 PM	Tu Th	ELDA	\$24	\$36

**Level 2 - Tadpoles**

8843	4-Mar	9:00 AM	Sa	ELDA	\$24	\$36
8930	4-Mar	9:35 AM	Sa	ELDA	\$24	\$36
8931	4-Mar	10:10 AM	Sa	ELDA	\$24	\$36
8932	4-Mar	10:45 AM	Sa	ELDA	\$24	\$36
8913	1-May	5:05 PM	M W	ELDA	\$24	\$36
8922	2-May	4:30 PM	Tu Th	ELDA	\$24	\$36
8921	2-May	5:05 PM	Tu Th	ELDA	\$24	\$36

**Level 3 - Guppies**

8844	4-Mar	9:35 AM	Sa	ELDA	\$24	\$36
8933	4-Mar	10:10 AM	Sa	ELDA	\$24	\$36
8914	1-May	4:30 PM	M W	ELDA	\$24	\$36
8915	1-May	5:05 PM	M W	ELDA	\$24	\$36
8923	2-May	5:05 PM	Tu Th	ELDA	\$24	\$36

**Level 4 - Sea Turtles**

8845	4-Mar	9:00 AM	Sa	ELDA	\$24	\$36
8934	4-Mar	9:35 AM	Sa	ELDA	\$24	\$36
8935	4-Mar	10:10 AM	Sa	ELDA	\$24	\$36
8936	4-Mar	10:45 AM	Sa	ELDA	\$24	\$36
8916	1-May	4:30 PM	M W	ELDA	\$24	\$36
8917	1-May	5:05 PM	M W	ELDA	\$24	\$36
8924	2-May	4:30 PM	Tu Th	ELDA	\$24	\$36
8925	2-May	5:05 PM	Tu Th	ELDA	\$24	\$36

**Level 5 - Otters**

8846	4-Mar	9:35 AM	Sa	ELDA	\$24	\$36
8937	4-Mar	10:45 AM	Sa	ELDA	\$24	\$36
8918	1-May	5:05 PM	M W	ELDA	\$24	\$36
8927	2-May	5:05 PM	Tu Th	ELDA	\$24	\$36

**Level 6 - Dolphins**

8847	4-Mar	9:00 AM	Sa	ELDA	\$24	\$36
8938	4-Mar	10:10 AM	Sa	ELDA	\$24	\$36
8919	1-May	4:30 PM	M W	ELDA	\$24	\$36
8928	2-May	4:30 PM	Tu Th	ELDA	\$24	\$36

**Level 7 - Orcas**

8848	4-Mar	10:10 AM	Sa	ELDA	\$24	\$36
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**Level 8 - Sharks**

8849	4-Mar	10:45 AM	Sa	ELDA	\$24	\$36
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**MCDOWELL MOUNTAIN RANCH PARK & AQUATIC CENTER**  
**15525 N Thompson Peak Pkwy | 480-312-6677**

Refer to Learn To Swim General Information for class level description and age guidelines

Activity Number	Beginning Date	Starting Time	Week Days	Location	Resident	Non Resident
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**Level 1 - Seababies**

8657	4-Mar	9:00 AM	Sa	MMRA	\$24	\$36
8658	4-Mar	10:10 AM	Sa	MMRA	\$24	\$36
8660	1-May	3:30 PM	M W	MMRA	\$24	\$36
8661	1-May	4:05 PM	M W	MMRA	\$24	\$36
8662	2-May	3:30 PM	Tu Th	MMRA	\$24	\$36
8663	2-May	4:05 PM	Tu Th	MMRA	\$24	\$36

**Level 2 - Tadpoles**

8664	4-Mar	9:00 AM	Sa	MMRA	\$24	\$36
8665	4-Mar	10:10 AM	Sa	MMRA	\$24	\$36
8666	1-May	4:05 PM	M W	MMRA	\$24	\$36
8667	1-May	4:40 PM	M W	MMRA	\$24	\$36
8668	2-May	4:05 PM	Tu Th	MMRA	\$24	\$36
8669	2-May	4:40 PM	Tu Th	MMRA	\$24	\$36

**Level 3 - Guppies**

8670	4-Mar	9:00 AM	Sa	MMRA	\$24	\$36
8674	4-Mar	9:00 AM	Sa	MMRA	\$24	\$36
8671	4-Mar	10:45 AM	Sa	MMRA	\$24	\$36
8672	4-Mar	10:45 AM	Sa	MMRA	\$24	\$36
8673	1-May	3:30 PM	M W	MMRA	\$24	\$36
8675	1-May	4:05 PM	M W	MMRA	\$24	\$36
8676	1-May	4:40 PM	M W	MMRA	\$24	\$36
8677	1-May	5:15 PM	M W	MMRA	\$24	\$36
8680	2-May	3:30 PM	Tu Th	MMRA	\$24	\$36
8681	2-May	4:05 PM	Tu Th	MMRA	\$24	\$36
8682	2-May	4:40 PM	Tu Th	MMRA	\$24	\$36
8683	2-May	5:15 PM	Tu Th	MMRA	\$24	\$36

**Level 4 - Sea Turtles**

8684	4-Mar	9:35 AM	Sa	MMRA	\$24	\$36
8685	1-May	3:30 PM	M W	MMRA	\$24	\$36
8686	1-May	4:05 PM	M W	MMRA	\$24	\$36
8687	1-May	4:40 PM	M W	MMRA	\$24	\$36
8688	1-May	5:15 PM	M W	MMRA	\$24	\$36
8689	2-May	3:30 PM	Tu Th	MMRA	\$24	\$36
8690	2-May	4:05 PM	Tu Th	MMRA	\$24	\$36
8691	2-May	4:40 PM	Tu Th	MMRA	\$24	\$36
8692	2-May	5:15 PM	Tu Th	MMRA	\$24	\$36

Activity Number	Beginning Date	Starting Time	Week Days	Location	Resident	Non Resident
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### Level 5 - Otters

8694	4-Mar	9:35 AM	Sa	MMRA	\$24	\$36
8695	4-Mar	11:20 AM	Sa	MMRA	\$24	\$36
8696	1-May	3:30 PM	M W	MMRA	\$24	\$36
8697	1-May	4:05 PM	M W	MMRA	\$24	\$36
8698	1-May	4:40 PM	M W	MMRA	\$24	\$36
8699	1-May	5:15 PM	M W	MMRA	\$24	\$36
8700	2-May	3:30 PM	Tu Th	MMRA	\$24	\$36
8701	2-May	4:05 PM	Tu Th	MMRA	\$24	\$36
8702	2-May	4:40 PM	Tu Th	MMRA	\$24	\$36
8703	2-May	5:15 PM	Tu Th	MMRA	\$24	\$36

### Level 6 - Dolphins

8704	4-Mar	9:35 AM	Sa	MMRA	\$24	\$36
8705	4-Mar	10:10 AM	Sa	MMRA	\$24	\$36
8706	4-Mar	10:45 AM	Sa	MMRA	\$24	\$36
8707	4-Mar	11:20 AM	Sa	MMRA	\$24	\$36
8708	1-May	4:40 PM	M W	MMRA	\$24	\$36
8709	1-May	5:15 PM	M W	MMRA	\$24	\$36
8710	2-May	4:40 PM	Tu Th	MMRA	\$24	\$36
8711	2-May	5:15 PM	Tu Th	MMRA	\$24	\$36

### Level 7 - Orcas

8712	4-Mar	10:45 AM	Sa	MMRA	\$24	\$36
8713	1-May	5:15 PM	M W	MMRA	\$24	\$36
8714	2-May	5:15 PM	Tu Th	MMRA	\$24	\$36

### Level 8 - Sharks

8715	4-Mar	11:20 AM	Sa	MMRA	\$24	\$36
8716	1-May	5:15 PM	M W	MMRA	\$24	\$36
8717	2-May	5:15 PM	Tu Th	MMRA	\$24	\$36

### Adult Learn-To-Swim Lessons

8718	1-May	6:00 PM	M W	MMRA	\$42	\$63
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### Adult Stroke Refinement

8719	1-May	6:00 PM	M W	MMRA	\$42	\$63
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### Private Lesson

8720	4-Mar	9:00 AM	Sa	MMRA	\$120	\$180
8721	4-Mar	9:35 AM	Sa	MMRA	\$120	\$180
8722	4-Mar	10:10 AM	Sa	MMRA	\$120	\$180
8723	4-Mar	10:45 AM	Sa	MMRA	\$120	\$180
8724	4-Mar	11:20 AM	Sa	MMRA	\$120	\$180

### Dive Lessons

8655	1-May	4:40 PM	M W	MMRA	\$30	\$45
8656	2-May	4:40 PM	Tu Th	MMRA	\$30	\$45

### Advanced Dive Lessons

8654	1-May	5:15 PM	M W	MMRA	\$30	\$45
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## WATER SAFETY & INSTRUCTOR CLASSES

### BECOME A LIFEGUARD!

#### How to get hired as a lifeguard:

1. Complete the Starfish Aquatics Institute StarGuard Training/First Aid & CPR certification
2. Complete and submit a City of Scottsdale application at: [www.scottsdaleaz.gov/HR/jobs](http://www.scottsdaleaz.gov/HR/jobs).
3. Participate in a City of Scottsdale Skills Assessment\*\*

\*\*The Skills Assessment is an interview process consisting of various scenarios where the applicant must demonstrate basic competency in critical rescue skills. Application must be received by Human Resources at least 1-week prior to the skills assessment date that the applicant plans on attending. Applicants will receive a letter or will be called about the specific times and locations of the skills assessment.

### STARFISH AQUATICS INSTITUTE STARGUARD TRAINING CLASS

The SAI StarGuard Training class is offered to those interested in becoming a certified lifeguard. The class includes certifications in First Aid and ASHI CPR/AED Pro. Participants must attend all classes and refunds are not permitted. Class meets 7 times (Spring Break class meets 4 times). Course Prerequisites: Must be 15 years old, swim 100 yards head up non-stop (50 yards with guard tube), retrieve 10lb. weight from a maximum depth of 14.6 ft and tread water for one minute without using hands.

#### Skills Assessment Dates:

February 25 (Applications due to Human Resources by 2/17)

March 18 (Applications due to Human Resources by 3/10)

April 8 (Applications due to Human Resources by 3/31) \*Last chance to get hired for the summer season

Participate in a Lifeguard Skills Assessment Review - Been a while since you took lifeguard training? Want to refresh your skills? Register for a Skills Assessment Review with certified instructors to help you freshen up on your skills.

### STARGUARD RECERTIFICATION CHALLENGE

Is your Lifeguard Certification expiring soon? Do you want to get recertified? Register for the StarGuard Recertification Challenge. Course Prerequisites: You must possess a current SAI StarGuard certification or be within the 30 days grace period of expiration. This is a test out only, and no skills review will be provided, so study and come prepared. You must pass all 3 portions to become recertified (written exam, water skills and CPR). Bring suit, towel, Pocket mask and certification card or CAP folder to class.

**Fee:** \$60.00 (Residents), \$90.00 (Non-Residents)

### STARGUARD TRAINING ROLLOVER COURSE

This 1 day course is for current American Red Cross, Ellis or YMCA certified lifeguards to become a certified Starfish Aquatic Institute lifeguard. Course Prerequisite: You must possess a valid American Red Cross, Ellis or YMCA certifications in order to participate in the rollover process.

**STARFISH AQUATICS INSTITUTE STARFISH SWIM INSTRUCTOR CLASS**

Provides swim instructor candidates the training needed to teach courses in the SAI Water Safety Program. Instructor Candidates will learn how to help students develop correct stroke technique; develop an understanding of how to teach students at different levels, develop water safety techniques and how to evaluate participants' progress. Classes meet 7 times (Spring Break Class meets 5 times). Course Prerequisites: Must be 16 years old and have a basic knowledge of the six (4 competitive and 2 resting) swimming strokes

Activity Number	Beginning Date	Ending Date	Starting Time	Ending Time	Week Days	Location	Resident	Non Resident
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**STARGUARD TRAINING**

8736	23-Jan	6-Feb	5:00 PM	8:00 PM	M W Sa	MMRA	\$170	\$255
8738	7-Feb	21-Feb	5:00 PM	8:00 PM	Tu Th Sa	ELDA	\$170	\$255
8737	27-Feb	13-Mar	5:00 PM	8:00 PM	M W Sa	MMRA	\$170	\$255
8740	6-Mar	9-Mar	9:00 AM	5:00 PM	M-Th	ELDA	\$170	\$255
8739	21-Mar	4-Apr	5:00 PM	8:00 PM	Tu Th Sa	MMRA	\$170	\$255

**AQUATICS SKILLS ASSESSMENT REVIEW**

8747	24-Feb	24-Feb	6:00 PM	8:00 PM	F	MMRA	\$20	\$30
8748	17-Mar	17-Mar	6:00 PM	8:00 PM	F	ELDA	\$20	\$30
8749	7-Apr	7-Apr	6:00 PM	8:00 PM	F	MMRA	\$20	\$30

**STARGUARD RECERTIFICATION CHALLENGE**

8744	5-Feb	5-Feb	9:00 AM	12:00 PM	Su	MMRA	\$60	\$90
8745	5-Mar	5-Mar	9:00 AM	12:00 PM	Su	ELDA	\$60	\$90
8746	2-Apr	2-Apr	9:00 AM	12:00 PM	Su	MMRA	\$60	\$90

**STARGUARD TRAINING ROLLOVER**

8750	29-Jan	29-Jan	9:00 AM	5:00 PM	Su	ELDA	\$84	\$126
8751	26-Feb	26-Feb	9:00 AM	5:00 PM	Su	ELDA	\$84	\$126
8752	26-Mar	26-Mar	9:00 AM	5:00 PM	Su	MMRA	\$84	\$126

**STARFISH SWIM INSTRUCTOR TRAINING**

8741	6-Mar	10-Mar	9:00 AM	5:00 PM	M-F	MMRA	\$195	\$218
8742	20-Mar	3-Apr	5:00 PM	8:00 PM	M W Sa	ELDA	\$195	\$218
8743	17-Apr	1-May	5:00 PM	8:00 PM	M W Sa	ELDA	\$195	\$218



**ADULT SPECIALTY CLASSES**

All classes are 50 minutes in length unless otherwise noted.

Winter Water Exercise Break 12/26/16 – 1/1/2017

**Ages:** 13 and older

**Fees:** Monthly pre-registration is recommended (fee varies)

**Drop-in fee:** \$5 Resident / \$8 Non-Resident, space permitting (Drop-in participation is limited due to class size. Drop-in may not be accommodated if class registration is full.)

**Please Note:** Classes must meet minimum enrollment levels. Classes will be cancelled one week prior to the start date if the minimum enrollment level is not met.

**ACHE AWAY**

Back Ache? Joints hurt? Have arthritis? Try this specially designed class for any individual who needs gentler, slower paced water exercise. Emphasizes stretching & toning.

**DEEP WATER AEROBICS**

Challenge yourself to the next level of physical fitness! This class is performed in the deep end of the pool features aerobic exercise, treading water, and activities that improve swimming technique & fitness. A variety of water equipment is used for conditioning and total body toning.

**SHALLOW WATER AEROBICS**

Walking, running, jumping and a variety of aerobic movements are performed in the shallow end of the pool to increase heart rate and provide a cardiovascular and strength training workout. A variety of water equipment is used for conditioning and total body toning. Includes stretching, warm-up, cardio, toning, and cool-down.

**TONE N' TAI CHI**

This class combines water exercises with Tai Chi moves. It benefits students of all ages and abilities by using the water to increase strength, flexibility, balance and energy. A great way to start your day or prepare yourself for water exercise or lap swim.

Activity Number	Beginning Date	Ending Date	Starting Time	Ending Time	Week Days	Location	Resident	Non Resident
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**ACHE AWAY**

8943	2-Jan	27-Jan	10:00 AM	10:50 AM	M W F	ELDA	\$34	\$51
8948	30-Jan	24-Feb	10:00 AM	10:50 AM	M W F	ELDA	\$34	\$51
8950	27-Feb	24-Mar	10:00 AM	10:50 AM	M W F	ELDA	\$36	\$54
8951	27-Mar	21-Apr	10:00 AM	10:50 AM	M W F	ELDA	\$36	\$54
8952	24-Apr	26-May	10:00 AM	10:50 AM	M W F	ELDA	\$45	\$68

# AQUATICS | RESIDENT REGISTRATION STARTS DECEMBER 5

## STONE N' TAI CHI

8944	2-Jan	27-Jan	9:00 AM	9:50 AM	M W F	ELDA	\$34	\$51
8949	30-Jan	24-Feb	9:00 AM	9:50 AM	M W F	ELDA	\$34	\$51
8960	27-Feb	24-Mar	9:00 AM	9:50 AM	M W F	ELDA	\$36	\$54
8961	27-Mar	21-Apr	9:00 AM	9:50 AM	M W F	ELDA	\$36	\$54
8962	24-Apr	26-May	9:00 AM	9:50 AM	M W F	ELDA	\$45	\$68

## DEEP WATER AEROBICS

8634	2-Jan	27-Jan	8:00 AM	8:50 AM	M-F	MMRA	\$43	\$65
8635	2-Jan	27-Jan	9:00 AM	9:50 AM	M-F	MMRA	\$43	\$65
8633	2-Jan	27-Jan	11:00 AM	11:50 AM	M-F	MMRA	\$43	\$65
8636	30-Jan	24-Feb	8:00 AM	8:50 AM	M-F	MMRA	\$43	\$65
8637	30-Jan	24-Feb	9:00 AM	9:50 AM	M-F	MMRA	\$43	\$65
8638	30-Jan	24-Feb	11:00 AM	11:50 AM	M-F	MMRA	\$43	\$65
8639	27-Feb	24-Mar	11:00 AM	11:50 AM	M-F	MMRA	\$45	\$68
8640	27-Mar	21-Apr	11:00 AM	11:50 AM	M-F	MMRA	\$45	\$68
8641	24-Apr	26-May	11:00 AM	11:50 AM	M-F	MMRA	\$57	\$85
8942	2-Jan	27-Jan	11:00 AM	11:50 AM	M W F	ELDA	\$34	\$51
9084	5-Jan	26-Jan	6:00 PM	6:50 PM	TH	ELDA	\$12	\$18
8947	30-Jan	24-Feb	11:00 AM	11:50 AM	M W F	ELDA	\$34	\$51
9085	2-Feb	23-Feb	6:00 PM	6:50 PM	TH	ELDA	\$12	\$18
8953	27-Feb	24-Mar	11:00 AM	11:50 AM	M W F	ELDA	\$36	\$54
9086	2-Mar	23-Mar	6:00 PM	6:50 PM	TH	ELDA	\$12	\$18
8954	27-Mar	21-Apr	11:00 AM	11:50 AM	M W F	ELDA	\$36	\$54
9087	30-Mar	20-Apr	6:00 PM	6:50 PM	TH	ELDA	\$12	\$18
8955	24-Apr	26-May	11:00 AM	11:50 AM	M W F	ELDA	\$45	\$68
8959	1-May	26-May	6:00 PM	6:50 PM	M W F	ELDA	\$36	\$54

## SHALLOW WATER AEROBICS

8642	27-Feb	24-Mar	8:00 AM	8:50 AM	M-F	MMRA	\$45	\$68
8643	27-Feb	24-Mar	9:00 AM	9:50 AM	M-F	MMRA	\$45	\$68
8644	27-Mar	21-Apr	8:00 AM	8:50 AM	M-F	MMRA	\$45	\$68
8645	27-Mar	21-Apr	9:00 AM	9:50 AM	M-F	MMRA	\$45	\$68
8646	24-Apr	26-May	8:00 AM	8:50 AM	M-F	MMRA	\$57	\$85
8647	24-Apr	26-May	9:00 AM	9:50 AM	M-F	MMRA	\$57	\$85
8945	2-Jan	27-Jan	9:00 AM	9:50 AM	M-F	ELDA	\$43	\$65
8964	2-Jan	27-Jan	6:00 PM	6:50 PM	M W F	ELDA	\$34	\$51
8946	30-Jan	24-Feb	9:00 AM	9:50 AM	M-F	ELDA	\$43	\$65
8965	30-Jan	24-Feb	6:00 PM	6:50 PM	M W F	ELDA	\$34	\$51
8956	27-Feb	24-Mar	9:00 AM	9:50 AM	M-F	ELDA	\$45	\$68
8966	27-Feb	24-Mar	6:00 PM	6:50 PM	M W F	ELDA	\$36	\$54
8957	27-Mar	21-Apr	9:00 AM	9:50 AM	M-F	ELDA	\$45	\$68
8967	27-Mar	21-Apr	6:00 PM	6:50 PM	M W F	ELDA	\$36	\$54
8958	24-Apr	26-May	9:00 AM	9:50 AM	M-F	ELDA	\$57	\$85
8971	24-Apr	26-May	6:00 PM	6:50 PM	M W F	ELDA	\$45	\$68
8972	2-Jan	27-Jan	9:00 AM	9:50 AM	M W F	CACT	\$29	\$44
8973	30-Jan	24-Feb	9:00 AM	9:50 AM	M W F	CACT	\$29	\$44
8974	27-Feb	24-Mar	9:00 AM	9:50 AM	M W F	CACT	\$32	\$48
8975	27-Mar	21-Apr	9:00 AM	9:50 AM	M W F	CACT	\$32	\$48
8976	24-Apr	24-May	9:00 AM	9:50 AM	M W F	CACT	\$38	\$56

## RECREATIONAL SWIM TEAMS

Activity Number	Beginning Date	Ending Date	Starting Time	Ending Time	Week Days	Location	Resident	Non Resident
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### RECREATIONAL SWIM TEAM

8969	1-May	25-May	3:30 PM	4:15 PM	M-Th	MMRA	\$62	\$93
8963	1-May	25-May	4:00 PM	4:45 PM	M-Th	ELDA	\$62	\$93
8968	2-May	27-May	4:15 PM	5:00 PM	Tu Th Sa	CACT	\$62	\$93

### FREE SWIM LESSON

Help us with swim lesson training! This lesson is a training for our new swim instructors to learn best practices when teaching quality swim lessons for the City of Scottsdale. Space is limited!

**Who:** Anyone with children ages 6 months – 17 years

**Where:** McDowell Mountain Ranch and Eldorado Aquatics Centers

**When:** Sunday, May 21

Activity Number	Beginning Date	Starting Time	Ending Time	Week Days	Location	Resident	Non Resident
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8808	21-May	8:45 AM	9:15 AM	Su	MMRA	\$0	\$0
8809	21-May	9:25 AM	9:55 AM	Su	MMRA	\$0	\$0
8810	21-May	8:45 AM	9:15 AM	Su	ELDA	\$0	\$0
8811	21-May	9:25 AM	9:55 AM	Su	ELDA	\$0	\$0



**AS Front Desk: 480-312-2234**  
**Email: Adaptedrec@scottsdaleaz.gov**  
**Adaptive Services Center | 8102 E Jackrabbit Rd (ADSC)**  
**www.scottsdaleaz.gov/social-services/adaptive-services**

To be placed on our mailing list for upcoming Adaptive Services, call 480-312-2234. Please leave a message with your name, address, zip code, phone number, birth date and email address. We will send you the most current information about our upcoming recreation programs, sports and social opportunities! Adaptive Services does not provide personal/intrusive services such as diapering, toileting assistance, changing of clothes, injections, catheterization, or feeding. All participants requiring such services are most welcome however must bring their own personal assistant to any class, facility, or program, at no extra charge.

Inclusion Services for After-School Programs & Leisure Education classes are available! Please register for the appropriate program and contact Deanna Zuppan at 480-312-2204. Adaptive Services requires at least a 14 day notice to arrange accommodations services.

**AFTERSCHOOL TEEN PROGRAM**

Need a place to hang out in the afternoon? Come join the Adaptive Services After School Teen Program! You'll participate in a variety of activities including fitness, creative expression, indoor/outdoor games, sports, walks/hikes, social skill development, sensory adventures, adaptive cooking and specialized instruction. The program meets at the Adaptive Services Center, and the park is right outside! \*The program is for teenagers with intellectual disabilities aged 12-22 years.

M-F	School Release- 6:00 pm	8/8/16-5/25/17	ADSC	\$1.00	6675
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**FRIDAY NIGHT SOCIAL CLUB**

Do you want to have a blast going out on the town for dinner, doing the wave at a ball game or hanging out with friends? If so, the Friday Night Social Club is for you! Join us on monthly community outings which provide recreation, socialization and leisure. The program is for teens & adults with intellectual disabilities aged 16 years and up. Pre-registration and pre-payment is required unless otherwise noted. ALL pick-ups/drop offs will be at the Adaptive Services Center at the times listed unless otherwise noted.

Registration for events will close on Friday's at 3:00p.m.

**HOCKEY GAME-AZ COYOTES**

F	6pm-10pm	1/13	ADSC	\$4	9051
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Please bring extra \$15 for game ticket and extra \$\$ for food or a packed meal.

**VALENTINE PALOOZA**

F	6pm-10pm	2/10	ADSC	\$4	9016
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**2ND FRIDAY FESTIVAL IN MESA**

F	6pm-10pm	3/10	ADSC	\$4	9017
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Bring \$\$ for dinner and souvenirs

**DINNER AND A MOVIE**

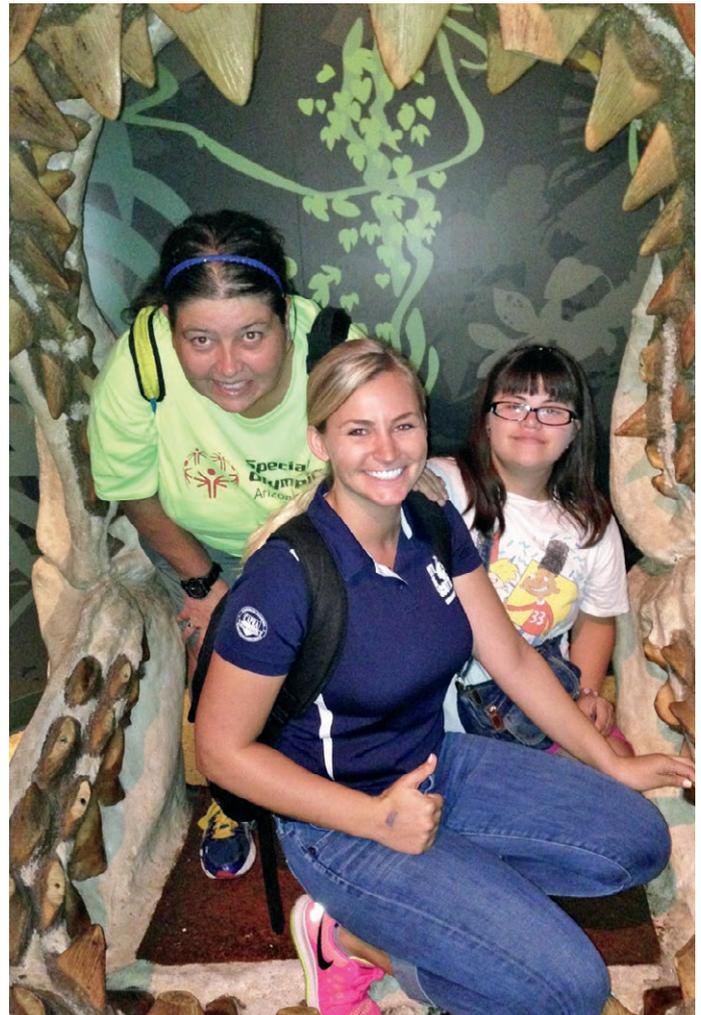
F	6pm-10pm	4/14	ADSC	\$4	9018
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Please bring \$18 for movie ticket and extra \$\$ for dinner. Movie TBA.

**ORGAN STOP PIZZA AND SHOW RESTAURANT**

F	6pm-10pm	5/12	ADSC	\$4	9019
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Bring \$20 for dinner and Organ Show experience.



**SATURDAY NIGHT DANCES**

Do you want the opportunity to meet new friends and socialize with peers? Do you want to cut a rug and show off new dance moves? Our monthly dances are just the place! A live DJ spins popular favorites on the second Saturday of every month. The Dances are for teenagers and adults with intellectual disabilities aged 14 years & up.

**Date:** Second Saturday of every month from 6:00 pm-8:00 pm

**Cost:** \$2.00 per person at the door- No pre-registration or pre-payment is required to attend & all participants must bring a photo ID (school ID, AZ ID, Dial-A-Ride card, etc.)

**Location:** Adaptive Services Center

**SWEETHEART BALL**

Grab someone special and dress to the nines for the annual February Sweetheart ball! Pictures, dinner and sweetheart treats will be provided. Make it a night to remember with someone close to your heart. \$10.00 at the door, Ages 14 & up. No pre-registration required!

Sat	6pm-8pm	2/11	ADSC	\$10 (at the door)
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## SPECTACULAR SATURDAY CLUB

Come hang out with Adapted Services every Saturday! You can participate in a variety of activities including community outings, fitness, arts, indoor/outdoor games, sports, social skill development, walks, etc. Course codes and sign-ups will be provided on a monthly basis. The Spectacular Saturday Club is for teens and adults with intellectual disabilities aged 16 years & up. If we don't have 15 participants registered by the preceding Monday, the program will be cancelled & refunds will be issued for that week.

Registration for events will close on Friday's at 3:00p.m.

Sat	1:00 pm- 8:00 pm	1/7-5/27	ADSC	\$20(R)/\$30(NR)
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## BOBCATS SPECIAL OLYMPIC SPORTS-BASKETBALL, FLAG FOOTBALL, TRACK & FIELD

The Bobcats are gearing up for this year's season and we need YOU on the team! The Bobcats will participate in Basketball, Flag Football and Track & Field. All teams participate in regular practices, an area tournament and the state tournament at the end of the season.

### JUNIOR BASKETBALL- 8- 15 YRS

W	6:30-8pm	1/11-3/18	\$1.00	MOHAVE MIDDLE SCHOOL	9022
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### TRADITIONAL BASKETBALL-16 YRS & UP

T/Th	6:30-8pm	1/10-3/18	\$1.00	MOHAVE MIDDLE SCHOOL	9023
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### UNIFIED BASKETBALL- 16 YRS & UP \*ADVANCED PLAYERS\*

M/W	6:30-8pm	1/9-3/18	\$1.00	MOHAVE MIDDLE SCHOOL	9024
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### INDIVIDUAL SKILLS BASKETBALL -8 YRS & UP

Th	6:30-8pm	1/12-3/18	\$1.00	MOHAVE MIDDLE SCHOOL	9025
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### ADULT FLAG FOOTBALL- 16 YRS & UP

F	6:30-8pm	1/6-3/11	\$1.00	CHAPARRAL PARK	9026
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### JUNIORS TRACK & FIELD- 8-15 YRS

Sat	10:30am-12pm	1/28-5/6	\$1.00	SAGUARO HIGH SCHOOL	9027
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### ADULT TRACK & FIELD- 16 YRS & UP

Sat	9-10:30am	1/28-5/6	\$1.00	SAGUARO HIGH SCHOOL	9028
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## WILD WILD WEST TRIP

Adaptive Services is going to take you on the first annual Spring Break Trip to the Wild Wild West. We will hike Kartchner Caverns, explore the old stomping grounds of Wyatt Earp and Doc Holiday in the town of Tombstone, go into the mines of Bisbee and take a ghost tour, travel to the southeastern Arizona vineyards, and finally, take a tour of the Biosphere science research facility before heading back home. Exact itinerary, packing list and additional details available in February.

**When:** TBA

**Drop Off:** TBA 7:00am

**Pick Up:** TBA 4:00pm

**Cost:** TBA - February 2017

**Code:** 9047



## SENIOR CENTERS FACILITIES

A variety of cardiovascular equipment, treadmills, bikes, elliptical, weight stations and free weights available at each center

### GRANITE REEF SENIOR CENTER

1700 N. Granite Reef Road | 480-312-1700

**HOURS:** M-F: 8am- 9pm, S: 8am- 5pm

### VIA LINDA SENIOR CENTER

10440 E. Via Linda | 480-312-5810

**HOURS:** M-Th: 7:30am- 9pm, F-S: 7:30am- 5pm

	FEES	
	Resident	Non-resident
Daily	\$3.00	\$5.00
1-Month	\$15.00	\$25.00
3-Month	\$40.00	\$60.00
Annual	\$130.00	\$195.00



## OPEN GYM AT ELDORADO!

Come and enjoy Indoor Basketball and Volleyball at Eldorado Community Center. Open weekdays and weekends.

To learn more and see schedules visit: [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search 'Eldorado Park' or call 480-312-2483.

## AQUATIC CENTER FITNESS FACILITIES

Each fitness center includes a complete line of free weights, treadmills, bikes, stair climbers, elliptical and single station weight machines. All participants are required to wear closed toed shoes and bring a towel to work out. No one under 14 is permitted in the Fitness Center at any time. Ages 14-17 must have a waiver signed by a parent or guardian.

### CACTUS AQUATIC & FITNESS CENTER

7202 E. Cactus Road 480-312-7665

### ELDORADO AQUATIC & FITNESS CENTER

2301 N. Miller Road 480-312-2484

### MCDOWELL MOUNTAIN RANCH AQUATIC & FITNESS CENTER

15525 N. Thompson Peak Parkway 480-312-6677

**Visit: [www.scottsdaleaz.gov](http://www.scottsdaleaz.gov) and search "Aquatics" for specific hours of operation.**

#### FITNESS CENTER FEES:

Adult \$3(R)/\$5(NR) | Youth \$2(R)/\$3(NR)

#### Adult Swipe Cards Available:

10 Visits \$30(R)/\$50(NR) | 30 Visits \$72(R)/\$120(NR)

#### Child Swipe Cards Available:

10 visits \$20(R)/\$30(NR)/30 visits \$48(R)/\$72(NR)

# CLUB SAR

## Boxing and Fitness Center

Meet your fitness needs at our multisport facility, which offers various classes, cardio equipment, free weights, single station weight machines, heavy and speed bags, and full court basketball.

For more information, visit [ScottsdaleAz.gov](http://ScottsdaleAz.gov) and search "Club SAR"

**HOURS**  
 MON-THURS: 6 a.m. - 9 p.m.  
 FRI: 6 a.m. - 8 p.m.  
 SAT: 10 a.m. - 3 p.m.  
 SUN: 10 a.m. - 3 p.m.

Located at:  
 8055 E. Camelback Rd  
 480-312-2669

### Club SAR Fees and Membership Options

All classes are included with membership or daily fee.

	Adult (18+) Resident	Youth (14-17) Resident	Adult (18+) Non-Resident	Youth (14-17) Non-Resident
1 year	\$99	\$50	\$150	\$75
3 month	\$50	\$25	\$75	\$38
1 month	\$20	\$10	\$30	\$15
Daily drop in	\$3	\$3	\$5	\$5

### Club SAR Classes

Subject to change; instructors may vary

Boxing	M TU W TH	4:00 - 5:00 p.m.
Barre Workout	M F	5:00 - 6:00 p.m.
Barre Workout	TH	7:00 - 8:00 p.m.
Kick Boxing	M W	6:00 - 7:00 p.m.
Rowing	TU TH	5:30 - 6:00 p.m.
Tabata	TU	6:00 - 7:00 p.m.
H.I.T. Weight Training	W	5:30 - 6:00 p.m.
Boot Camp	TH	6:00 - 7:00 p.m.
Yoga	M TU W	7:15 - 8:15 p.m.
Yoga	SAT	10:15 - 11:15 a.m.
Spin	TH	6:15 - 6:45 a.m.
Personal Training	Available on request (additional fees)	



Need help  
*using water wisely*  
in your home or community?

Attend a free  SCOTTSDALE WATER workshop this fall!

Learn about:

- desert plant care
- low-water-use plants
- irrigation troubleshooting
- controller programming
- new rebate programs
- landscape design

for FREE and from a water professional!

 Visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "water workshops."

## Hiking at it's



**Pinnacle Peak Park** is more than just a hiking trail. It features a moderate out-and-back trail through the pristine Sonoran Desert environment. The trail is 1.75 miles one-way, and is considered a moderate trail. The City hosts a variety of events; including moonlight hikes, interpretive tours, astronomy talks and more.

Visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Pinnacle Peak" to learn more. See you on the trail!

# COMMUNITY PROGRAMS & EVENTS



## YOUTH AND FAMILY SERVICES

480-312-7922 | visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) search 'youth and family service'  
Programs are designed to strengthen families and most are free of charge.

### Services include:

- \* Early Childhood, youth and adolescent information and resources
- \* Scottsdale Mayor's Youth Council
- \* Restorative Justice Juvenile Intervention Program
- \* Alcohol and drug prevention education

## LOOKING FOR A JOB OR THINKING OF A NEW CAREER?

Vista Del Camino | 7700 E. Roosevelt  
480-312-0060 | [www.scottsdaleaz.gov/assistance/jobprep](http://www.scottsdaleaz.gov/assistance/jobprep)

**Hours:** Mon-Fri, 8am-5pm

One Stop Career Center services:

- \* 7 Internet-ready computers, copy machine, fax machine, and phone
- \* Job Search Basics/On-line Job Search
- \* Interview Coaching/Job Network Club
- \* Resume-writing Workshops

## GREEN HOUSING REHABILITATION PROGRAM

### NOW ACCEPTING APPLICATIONS

**Community Assistance Office** | 6535 E. Osborn Rd., Bldg. 8  
480-312-7647 | visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) search 'Housing Rehabilitation'  
The Green Housing Rehabilitation Program provides a maximum of \$50,000 in assistance to low to moderate-income homeowners in Scottsdale. Housing Rehabilitation is provided through technical assistance and a deferred loan to finance a rehabilitation contract between the applicant and a private contractor. The program goal is to assist eligible residents with the financial help they need to make their homes more energy efficient, safe, and up to code.

## SCOTTSDALE TEEN EMPLOYMENT PROGRAM (STEP)

480-312-0058 | [www.scottsdaleaz.gov/assistance/YFS/STEPteen](http://www.scottsdaleaz.gov/assistance/YFS/STEPteen)

- Resume Writing
- Job Referrals
- Application Assistance
- Interview Preparation

Turning in applications but not getting interviews? Want a job but don't have work experience? Let us help you with a strategy to get the interview and the job.

## ADOPT A SENIOR

480-312-5810 [www.ScottsdaleAZ.gov/Seniors/adopt-a-senior](http://www.ScottsdaleAZ.gov/Seniors/adopt-a-senior)

Every December, the Via Linda and Granite Reef senior centers deliver gifts to homebound, low income, isolated seniors in Scottsdale every December. Help make these holidays one to remember for our seniors, by choosing to adopt a senior from our program. Many of the seniors do not have any family contact over the holidays. Once you sign up to adopt a senior, you will be given a wish list of items they have selected. Items usually include slippers, robe, pajamas, sweater, sheets or pillows. If you do not wish to adopt, there are plenty of other ways to put a smile on the face of one of our seniors. Last year we served 208 seniors. Please help make this a special holiday for them. For more information, contact Susie Cummings at 480-312-5811 or [scummings@scottsdaleaz.gov](mailto:scummings@scottsdaleaz.gov).

## CONCERNED CITIZEN FOR COMMUNITY HEALTH

[www.ConcernedCitizensScottsdale.org/](http://www.ConcernedCitizensScottsdale.org/)

Providing emergency financial assistance to help residents in times of crisis such as rent or mortgage payments, utilities, needed medical prescriptions, transportation, and other immediate concerns. Give back to your community by donating and be eligible for an Arizona tax credit for Helping the Working Poor. Call 480-312-2224 for more information. CCCH has partnered with the City of Scottsdale and Vista del Camino for over 30 years. Need help? Schedule a confidential appointment at 480-312-2323.

## Scottsdale Cares

*Open your heart for a neighbor*



Every dollar you donate directly supports a neighbor in need. Donations give Scottsdale community members a shot at a better future by helping:

- ♥ high-risk youth
- ♥ providing job training to disabled adults
- ♥ mortgage assistance
- ♥ homeless support
- ♥ and more...

**"Get involved  
and help a  
neighbor in  
need today..."**

We rely on the compassion and generosity of people like you to make this program possible.

Donate any amount along with your waterbill  
payment at [www.ScottsdaleAZ.gov/Utilities/UtilityOnline!](http://www.ScottsdaleAZ.gov/Utilities/UtilityOnline!)

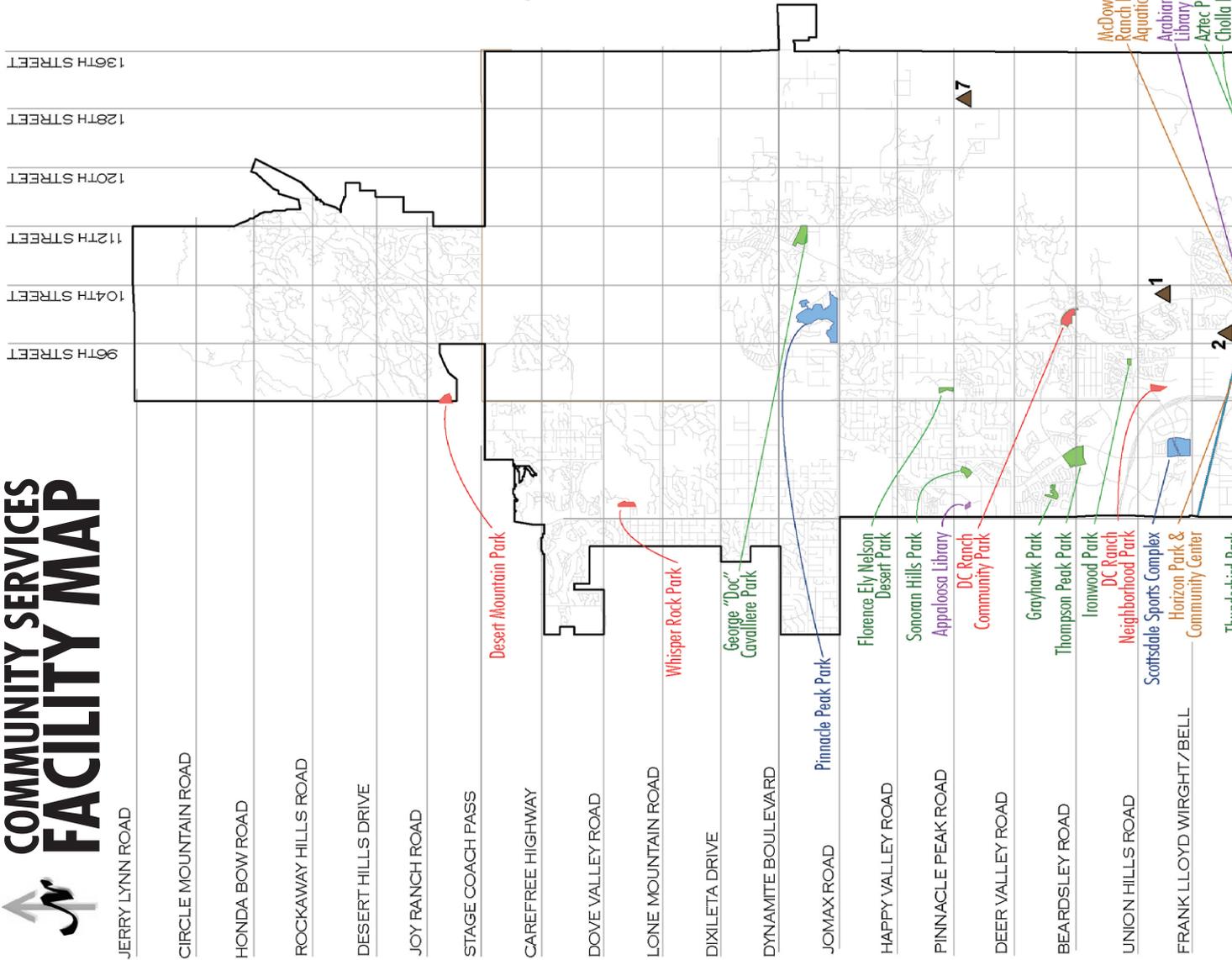
480-312-2646



[www.ScottsdaleAZ.gov/ScottsdaleCares](http://www.ScottsdaleAZ.gov/ScottsdaleCares)

# FACILITY MAP |

## COMMUNITY SERVICES FACILITY MAP

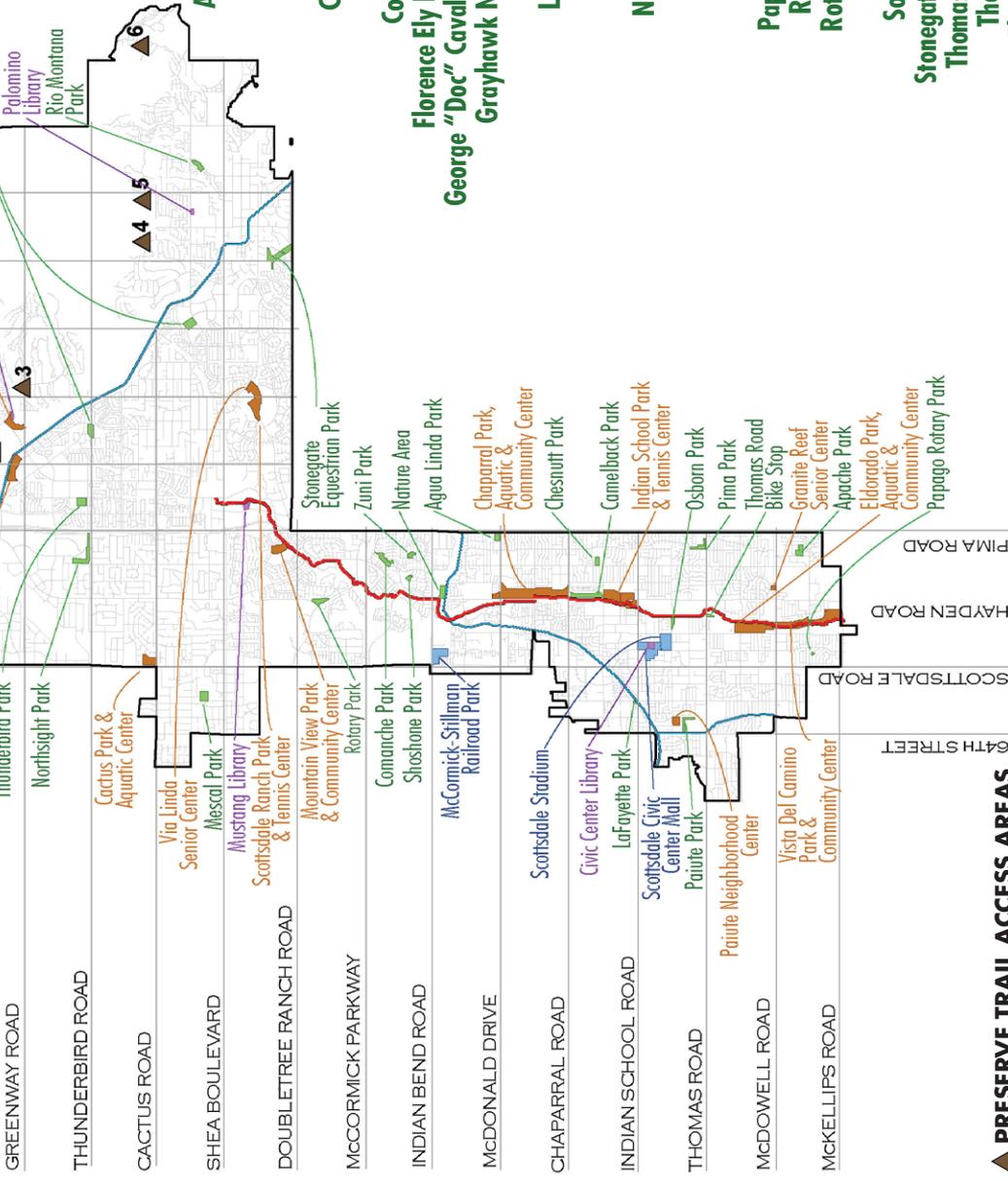


- COMMUNITY CENTER & SENIOR CENTER FACILITIES**  
**Cactus Park & Aquatic Center**  
 7202 E. Cactus Rd. | 480-312-7665  
**Chaparral Park, Aquatic & Community Center**  
 5401 N. Hayden Rd. | Park: 480-312-2353  
 Pool: 480-312-2361  
**Eldorado Park, Aquatic & Community Center**  
 2311 N. Miller Rd. | Park: 480-312-2483  
 2301 N. Miller Rd. | Pool: 480-312-2484  
**Granite Reef Senior Center**  
 1700 N. Granite Reef Rd. | 480-312-1700  
**Horizon Park & Community Center**  
 15444 N. 100th St. | 480-312-2650  
**Indian School Park & Tennis Center**  
 4289 N. Hayden Rd. | 480-312-2740  
**McDowell Mnt. Ranch Park & Aquatic Center**  
 15525 N. Thompson Peak Pkwy. | 480-312-6677  
**Mountain View Park & Community Center**  
 8625 E. Mountain View Rd. | 480-312-2584  
**Paivte Neighborhood Center**  
 6535 E. Osborn Rd. | 480-312-2529  
**Scottsdale Ranch Park & Tennis Center**  
 10400 E. Via Linda | 480-312-7774  
**Via Linda Senior Center**  
 10440 E. Via Linda | 480-312-5810  
**Vista Del Camino Park & Community Center**  
 7700 E. Roosevelt St. | 480-312-2330

- SPECIALTY PARKS & FACILITIES**  
**Club SAR Fitness Center**  
 8055 E. Camelback Rd. | 480-312-2669  
**McCormick-Stillman Railroad Park**  
 7301 E. Indian Bend Rd. | 480-312-2312  
**Pinnacle Peak Park**  
 26802 N. 102nd Way | 480-312-0990  
**Scottsdale Civic Center Mall**  
 3939 N. Drinkwater Blvd. | 480-312-4607  
**Scottsdale Sports Complex**  
 8081 E. Princess Dr. | 480-312-7529  
**Scottsdale Stadium**  
 7408 E. Osborn Rd. | 480-312-2586

**INDIAN BEND WASH GREENBELT**  
 ScottsdaleAZ.gov/Parks/Greenbelt  
 480-312-PARK (7275)

Multi-Use Path



**NON-STAFFED COMMUNITY & NEIGHBORHOOD PARKS**  
 ScottsdaleAZ.gov/Parks  
 480-312-PARK (7275)

- Agua Linda Park** | 8732 E. McDonald Dr.
- Apache Park** | 1201 N. 85th Pl.
- Aztec Park** | 13636 N. 100th St.
- Camelback Park** | Hayden & Camelback
- Chesnut Park** | 4565 N. Granite Reef Rd.
- Cholla Park** | 11320 E. Via Linda
- Comanche Park** | 7639 Via Paseo del Norte
- Florence Ely Nelson Park** | 8950 E. Pinnacle Peak Rd.
- George "Doc" Cavaliere Park** | 27775 N. Alma School Pkwy.
- Grayhawk Neighborhood Park** | 20726 N. 76th St.
- Ironwood Park** | 18650 N. 94th St.
- Lafayette Park** | 6745 E. LaFayette Blvd.
- Mescal Park** | 11015 N. 68th Pl.
- Nature Area** | 6801 N. Hayden Rd.
- Northsight Park** | 8400 E. Thunderbird Rd.
- Osborn Park** | 7775 E. Osborn Rd.
- Paiute Park** | 3210 N. 66th St.
- Pima Park** | 8600 E. Thomas Rd.
- Papago Rotary Park** | 7316 E. Garfield St.
- Rio Montano Park** | 11180 N. 132nd St.
- Rotary Park** | 7959 E. Doubletree Ranch Rd.
- Shoshone Park** | 8300 Via De Dorado
- Sonoran Hills Park** | 7625 E. Williams Dr.
- Stonegate Equestrian Park** | 9555 N. 120th St.
- Thomas Road Bike Stop** | 7801 E. Thomas Rd.
- Thompson Peak Park** | 20199 N. 78th Pl.
- Thunderbird Park** | 9170 E. Thunderbird Rd.
- Zuni Park** | 7343 Via del Elemental

**PROPOSED FUTURE PARKS**

- DC Ranch Community Park** | Thompson Peak Pkwy. & Reata Wash
- DC Ranch Neighborhood Park** | Union Hills Rd. & Pima Rd.
- Desert Mountain Park** | Cave Creek Rd. & Twilight Trl.
- Whisper Rock Park** | Scottsdale Rd. & Asher Hills Rd.

**▲ PRESERVE TRAIL ACCESS AREAS**

- ScottsdaleAZ.gov/Preserve | 480-312-7013**
- 1) **Gateway** | 18333 N. Thompson Peak Pkwy.
- 2) **WestWorld** | 15939 N. 98th St.
- 3) **Quartz** | 10215 McDowell Mnt. Ranch Rd.
- 4) **Lost Dog Wash** | 12601 N. 124th St.
- 5) **Ringtail** | 12300 block of N. 128th St.
- 6) **Sunrise** | 12101 N. 145th Way
- 7) **Tom's Thumb** | 23015 N. 128th St.

**PUBLIC LIBRARIES**

- ScottsdaleLibrary.org | 480-312-READ (7323)**
- Appaloosa Library** | 7377 E. Silverstone Dr.
- Arabian Library** | 10215 E. McDowell Mnt. Ranch Rd.
- Civic Center Library** | 3839 N. Drinkwater Blvd.
- Mustang Library** | 10101 N. 90th St.
- Palomino Library** | 12575 E. Via Linda Suite 102

**PARKS AND RECREATION**  
 7447 E INDIAN SCHOOL RD #300  
 SCOTTSDALE, AZ 85251  
 480-312-PARK (7275)  
 www.ScottsdaleAZ.gov



## REGISTRATION HELPFUL HINTS

- Register online: [Recreation.ScottsdaleAZ.gov](http://Recreation.ScottsdaleAZ.gov)
- Register by phone: 480-312-7957
- Register by mail: Fill out the form below & mail
- Payment must be made at the time of Registration
- Visa, Mastercard, American Express, Discover and Diners Club are accepted.

## GENERAL WAIVER & PERMISSIONS

By Registering, You Agree To The Following:

- You understand that physical injury may occur. You agree to release, hold harmless and discharge the City of Scottsdale, and its representatives, successors and assigns, to the fullest extent allowed by law, from any and all claims for personal or bodily injury and property damage occurring or resulting from participation or use of facilities.
- You authorize City staff to obtain any needed medical assistance in case of an emergency, illness or accident and to transport the participant to the nearest available medical facility, if needed. You understand that any resulting expenses are your responsibility.
- You grant the City the right to use photographs of the participant on informational and promotional materials.
- You grant permission to participate in the City program, and the participant agrees to follow all City and program rules and regulations.

The full text of these waivers can be found at [www.scottsdaleaz.gov/parks](http://www.scottsdaleaz.gov/parks)

Form is for all Recreation Programs  
Mail to: Leisure Education Office  
P.O. Box 1761 Scottsdale, AZ 85252-1761

### MAIL IN REGISTRATION FORM

<b>Total Received:</b>
Postmark: _____ Process: _____

HOUSEHOLD INFORMATION			
Household Main Contact Name		<input type="checkbox"/> New Address <input type="checkbox"/> <b>Resident</b> (resides or owns property in Scottsdale)	
Address		City, State, Zip	
Email	Main Cont. # ( ) -	Alternate Cont. # ( ) -	

PARTICIPANT INFORMATION					
Name (Last, First)	Birth date	Course Title	Course #	Location, Day, Time	Course Fee
Example: Doe, Jane	10/1/07	<b>Gymnastics</b>	10123	ELDO, Sat, 1:30pm	<b>\$79</b>
*Alternate					
<input type="checkbox"/> In order for this registration to be processed you must check box and sign. By doing so you are agreeing to the General Waiver & Permissions found above. Signature _____					
Note: Mail-In registration forms will be combined and processed randomly starting at 10 a.m. on advertised registration date. The registration form is an application and does not ensure placement in a class. You will receive a confirmation receipt to verify enrollment in a class. If your class choices are full, the participant will be notified and placed on a waiting list. Proof of age may be required for children's programs.					<input type="checkbox"/> Check HERE if participant may need special accommodation due to disability.
					<b>Total Fees</b>

In order to be PCI-DSS Compliant we no longer can accept credit cards for mail-in registration. We only accept check, money order or cashier's check for all drop-off and mail-in registrations.  
Credit cards may be accepted for over-the counter transactions that allow a customer service representative to swipe or enter your credit card info.

## GENERAL INFORMATION

- **Course Minimums** - Each class has a minimum and maximum enrollment. Classes will be cancelled a week prior to start if minimum enrollment is not met.
- **Refund Policy** - Unless otherwise stated, all program refunds shall be prorated, less a \$10 processing fee, up to and including the 2nd class. No refunds after the 2nd class date. Classes priced at \$10 or less are nonrefundable.
- **Age Requirements** - Age requirements have been established to safely facilitate age appropriate classes. Participants must be of the appropriate age by the first day of class in order to register. Sorry no exceptions.
- **Corrections & Updates** - Although staff makes every effort to ensure each issue of the Recreation Classes & Programs Brochure is free from errors, there are times when errors or revisions in dates, times, fees, or instructors do occur. We recommend that you check the city's website for up-to-date information. We appreciate your patience and understanding when these situations occur.
- **Photo Policy** - Please be advised that all participants involved in any department programs or special events are subject to being photographed. Such photographs may be used by the City of Scottsdale without an obligation to provide compensation to those photographed.
- **Fee Assistance Program** - The Community Services Division offers a fee assistance program to aid economically disadvantaged individuals and families residing within the City of Scottsdale's corporate boundaries. Qualified applicants will have an opportunity to participate in approved recreational programs, camps and classes for a decreased cost. Call at 480-312-7957 or visit: [scottsdaleaz.gov/parks/feeassistance](http://scottsdaleaz.gov/parks/feeassistance) for program information.
- **Are you a resident?** - Residents are citizens who live in or own property within the City of Scottsdale's Corporate City Boundaries, and pay taxes to the City of Scottsdale. Not all Scottsdale mailing addresses meet these criteria. If you're not sure, give us a call at 480-312-7957.

### Financial Assistance Program

ScottsdaleAZ.gov search 'Fee Assistance' | 480-312-7957

The Community Services Division offers a fee assistance program to aid economically disadvantaged individuals and families residing within the City of Scottsdale's corporate boundaries.

Qualified applicants will have an opportunity to participate in approved recreational programs, camps and classes for a decreased cost.



## FACILITY CODES

Code	Facility Name	Address
ADSC	Adapted Services Center	8102 E. Jackrabbit Road
CACT	Cactus Park & Aquatic Center	7202 E. Cactus Road
CCLB	Civic Center Library	3939 N. Drinkwater Blvd
CHAP	Chaparral Park & Aquatic Center	5401 N. Hayden Road
CHES	Chesnutt Park	4565 N. Granite Reef Road
CHPS	Chaparral High School	6935 E. Gold Dust Road
CSAR	Club SAR	8055 E. Camelback Road
ELDO	Eldorado Park & Community Center	2311 N. Miller Road
ELDA	Eldorado Aquatic Center	2301 N. Miller Road
ELSO	Eldorado South Building	1891 N. Miller Road
FENP	Florence Ely Nelson Desert Park	8950 E. Pinnacle Peak
GRSC	Granite Reef Senior Center	1700 N. Granite Reef Road
HRZN	Horizon Community Center	15444 N. 100th Street
ISPK	Indian School Park	4289 N. Hayden Road
MCRR	McCormick Stillman Railroad Park	7301 E. Indian Bend Road
MMRA	McDowell Mtn Ranch Aquatics	15525 N. Thompson Peak Pkwy
MTNV	Mountain View Park	8625 E. Mountain View Road
MUST	Mustang Library	10101 N. 90th Street
PALO	Palomino Library	12575 E. Via Linda Road
PNCC	Paiute Neighborhood Center	6535 E. Osborn Road
PPEC	Pinnacle Peak Equestrian Center	3701 E. Pinnacle Peak Road
PPPK	Pinnacle Peak Park	26802 N. 102nd Way
RIMO	Rio Montana Park	11180 N. 132nd Street
SPFD	Scottsdale Police/Fire Dept	8401 E. Indian School Road
SRPK	Scottsdale Ranch Park	10400 E. Via Linda
SSCX	Scottsdale Sports Complex	8081 E. Princess Drive
STAD	Scottsdale Stadium	7408 E. Osborn
SWTS	Solid Waste Transfer Station	8417 E. Union Hills
TPCL	Tournament Players Club	17020 N. Hayden
VLSC	Via Linda Senior Center	10440 E. Via Linda
VSTA	Vista Del Camino Park	7700 E. Roosevelt

## CLASS LISTING LEGEND

### COURSE TITLE

The description for this course will be listed in this section. The description may include age restrictions, activities, over view of the class and other key notes to share with you.

W 5:15pm-5:55pm 9/18 (12wks) HRZN \$57(R)/\$86(N) Martin 102812

■ Day     ■ Start Date & Length     ■ Fees, Resident/Non-Resident     ■ Course Code  
■ Time     ■ Location     ■ Instructor, when applicable

# COMMUNITY PROGRAMS & EVENTS |



## CONNECT WITH PARKS & REC!

There are many ways to connect with Parks and Recreation:



**Connect with your body**  
in our fitness centers and sport opportunities



**Connect with your family**  
at our parks and pools



**Connect with the community**  
through classes and programs



**Connect with nature**  
in open green spaces

## YOU CAN ALSO CONNECT DIGITALLY



### Follow us on Facebook

Scottsdale Parks and Recreation  
Scottsdale Senior Services  
McCormick Stillman Railroad Park  
Club SAR



### Subscribe for e-News

ScottsdaleAz.gov search e-news  
\*Select Scottsdale Parks & Recreation Update



### Online 24/7

ScottsdaleAz.gov search parks  
Most up to date information on your parks and rec!



## NEW DIGITAL MEDIA CLASSES

**Starting your own business?  
Big dreams but no budget?**

Learn how to design professional marketing materials, develop your brand, create a successful blog, and market on social media with free classes and equipment.

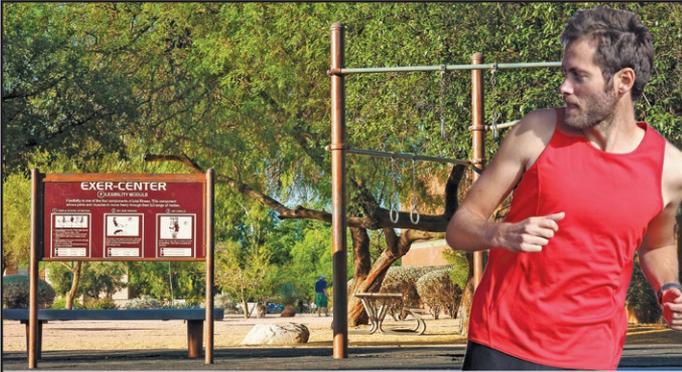
**Available in the Eureka Loft  
at Civic Center Library.**



**SCOTTSDALE  
PUBLIC LIBRARY**

scottsdalelibrary.org  
480-312-READ (7323)

For more information, or to register please visit:  
**[scottsdalelibrary.org/eurekaloft](http://scottsdalelibrary.org/eurekaloft)**



# Parcourses

## ARE GYMS AND GROUP FITNESS NOT YOUR THING?

Not to worry, we have something for everyone! Leave the dumbbells at home and visit one of our park locations with Parcourse stations on your own time and at your own pace! These stations are designed to promote physical fitness while enjoying fresh air and open green spaces.

Comanche Park | 7639 Via Paseo del Norte

Chaparral Park | 5401 N. Hayden Rd

Mountain View Park | 8625 E. Mountain View Rd

Osborn Park | 7775 E. Osborn Rd

Scottsdale Ranch Park | 10400 E. Via Linda

Scottsdale Parks and Recreation is dedicated to helping citizens make the most of our programs, parks and amenities!

## Other Exercises to do at the Park

As a warm-up, utilize our many multi use paths and get your heart rate up!

- Jumping Jacks
- High Knees
- Push Ups
- Walking Lunges
- Run up and down stairs or hills
- Plank
- Mountain Climbers
- Stretch

Each year, thousands of citizen volunteers donate their time to assist the city by enhancing services for our communities.

Last year, over **2,000** volunteers contributed more than **25,700** hours to support activities and events in Parks and Recreation.

*Our Volunteers*



We thank the many individuals and families who have helped support our programs through time, effort, and donations.

To learn more about our volunteer opportunities, visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search 'Volunteer'

SCOTTSDALE SENIOR SERVICES & MCDOWELL VILLAGE SENIOR LIVING PRESENT



# ALL THINGS SENIOR EXPO AND TRADESHOW



**WEDNESDAY, FEB. 15** FROM 9 A.M. – 1 P.M.

**SCOTTSDALE CENTER FOR THE PERFORMING ARTS**  
7830 E. 2ND STREET, SCOTTSDALE, AZ 85251

.....  
**SENIOR HOUSING • HEALTHCARE • LIVE ENTERTAINMENT**  
**RECREATION • TRANSPORTATION**  
**HEALTH SERVICES • ACCESSIBILITY RESOURCES**  
**CITY OF SCOTTSDALE SERVICES**  
**AND MUCH MORE!**

.....  
FOR MORE INFORMATION **CALL 480-312-5810**  
VISIT **SCOTTSDALEAZ.GOV** & SEARCH "SENIOR EXPO"



OPEN



## Experience Scottsdale's McDowell Sonoran Preserve

A network of non-motorized recreation trails for hiking, horseback riding and mountain biking.

Maps, trailhead locations and more at [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) - Search "Preserve"

The Preserve is open for use **ONLY** during daylight hours.

Please be respectful of the Preserve's wildlife by being in the Preserve when it's open: Sunrise to Sunset.

Nighttime use is reserved for the **wildlife**.



CLOSED



## Find us on

Keep up with Scottsdale Parks and Recreation by following us on Facebook. You'll be the first to know about the latest news, events, and all things Scottsdale!

Our Pages:

Scottsdale Parks and Recreation

McCormick-Stillman Railroad Park

Club SAR Boxing & Fitness Center

Scottsdale Sports Complex

## Find a Park



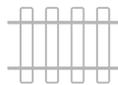
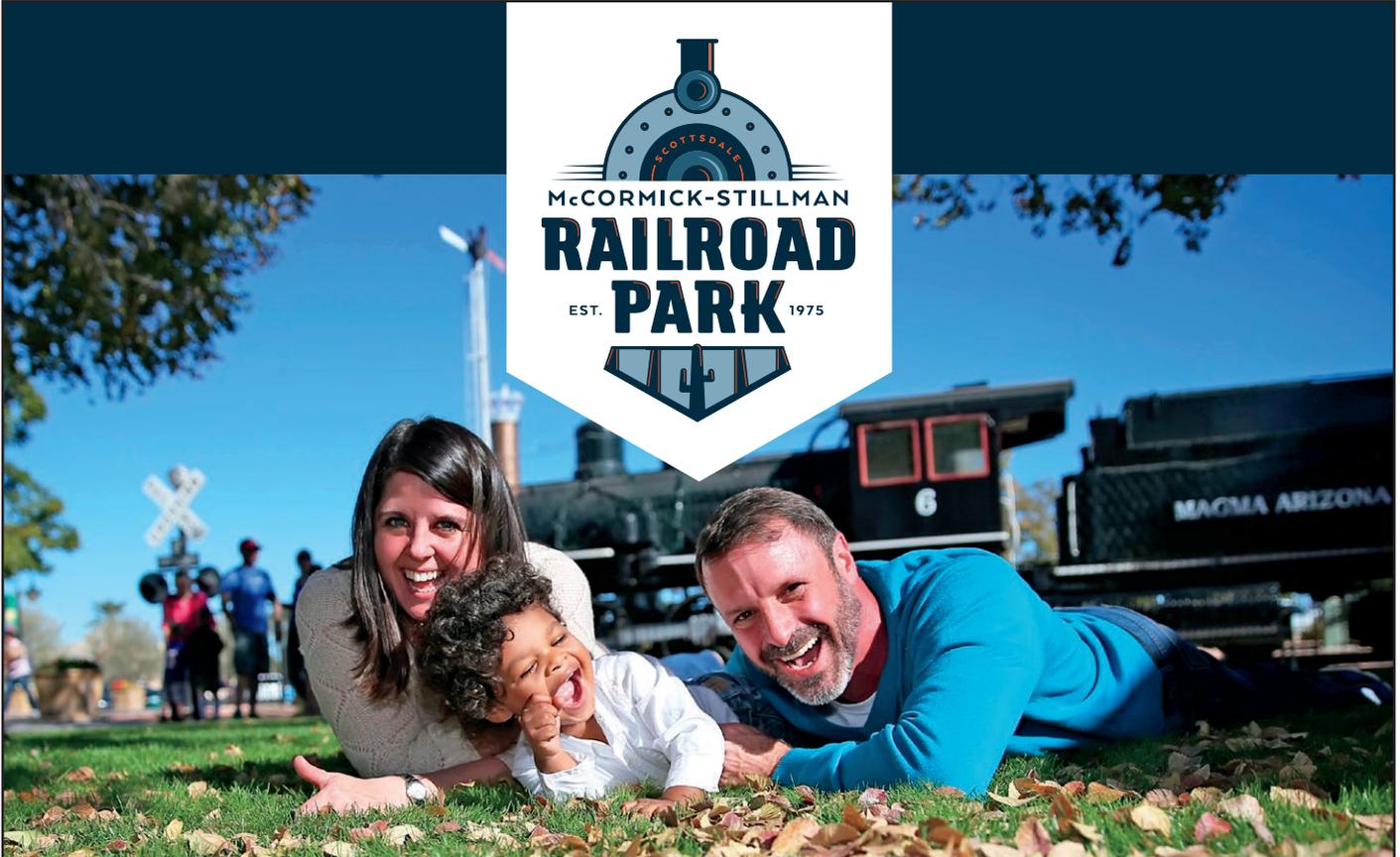
Curious where the closest park is located? We've made it easy! Visit [ScottsdaleAZ.gov/parks](http://ScottsdaleAZ.gov/parks) and use our interactive map to find one near you!

*With us, You can*

COMMUNITY SERVICES DEPARTMENT  
P.O. BOX 1761  
SCOTTSDALE, AZ 85252-1761

PRSRT STD  
U.S. Postage  
PAID  
PERMIT #1  
SCOTTSDALE, AZ

TIME DATED MATERIAL



## LITTLE TRAINS - BIG FUN

RIDE THE RAILS ON THE PARADISE & PACIFIC RAILROAD

Hop on board the Paradise & Pacific Railroad and take a ride through the most unique park of its kind in the country. The 30-acre park, which is operated by the city of Scottsdale, features a one-mile scale railroad, a 1950-vintage Allan Herschell carousel, one-of-a-kind playgrounds, an award winning model railroad building, multiple shops and the Scottsdale Railroad Museum. Visit our website to learn about children's birthday party packages, park memberships, unique special events and much more.

7301 E. Indian Bend Rd., Scottsdale, AZ 85250 // 480-312-2312 // [www.therailroadpark.com](http://www.therailroadpark.com)

