

## SCOTTSDALE FITNESS CENTERS

### SENIOR CENTER FITNESS FACILITIES

A variety of cardiovascular equipment, treadmills, bikes, elliptical, weight stations and free weights are available at each center.

#### GRANITE REEF SENIOR CENTER (GRSC)

1700 N. Granite Reef Road | 480-312-1700

Hours: M-Th: 8am - 9pm | Fri & Sat 8am - 5pm

#### VIA LINDA SENIOR CENTER (VLSC)

10440 E. Via Linda | 480-312-5810

Hours: M-Th 7:30am - 8pm | Fri & Sat: 7:30am - 5pm

Daily	\$3(R)	\$5(N)
1 Month	\$15(R)	\$25(N)
3 Month	\$40(R)	\$60(N)
Annual	\$130(R)	\$195(N)

### AQUATIC CENTER FITNESS FACILITIES

Each fitness center includes a complete line of free weights, treadmills, bikes, elliptical and single station weight machines. No one under 14 is permitted in the Fitness Center at any time.

*Ages 14-17 must have a waiver signed by a parent or guardian.*

#### CACTUS AQUATIC & FITNESS CENTER

7202 E. Cactus Road | 480-312-7665

#### ELDORADO AQUATIC & FITNESS CENTER

2301 N. Miller Road | 480-312-2484

#### MCDOWELL MOUNTAIN RANCH AQUATIC & FITNESS CENTER

15525 N. Thompson Peak Parkway | 480-312-6677

#### Fitness Center Fees:

Adult \$3(R) / \$5(N)      Youth \$2(R) / \$3(N)

#### Adult Swipe Cards:

10 visits \$30(R) / \$50(N)      30 visits \$72(R) / \$120(N)

#### Youth Swipe Cards:

10 visits \$20(R) / \$30(N)      30 visits \$48(R) / \$72(N)



Lap swim is available in the fall  
see pg. 25 for more information!



## CLUB SAR

### BOXING AND FITNESS CENTER

8055 E. CAMELBACK RD. | 480-312-2669

Meet your fitness needs at our multi-sport facility, which offers various classes, cardio equipment, free weights, single station weight machines, heavy and speed bags, and full court basketball.

**For more information, visit**  
[ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search 'Club SAR'

### HOURS

MONDAY - THURSDAY: 6am - 9pm

FRIDAY: 6am - 8pm

SATURDAY & SUNDAY: 10am - 3pm

### CLUB SAR FEES AND MEMBERSHIP OPTIONS

All classes are included with membership or daily fee.

	ADULT (R)	YOUTH (R)	ADULT (N)	YOUTH (N)
	(18+)	(14-17)	(18+)	(14-17)
1 Year	\$99	\$50	\$150	\$75
3 Month	\$50	\$25	\$75	\$38
1 Month	\$20	\$10	\$30	\$15
Daily Drop-In	\$4	\$4	\$6	\$6

### CLUB SAR CLASSES

Subject to change, instructors may vary

Barre Workout	M & F	5-6pm
Barre Workout	Th	6:15-7:15pm
Boot Camp	Tu	6-7pm
Boxing	M - Th	4-5pm
Kick boxing	M & W	6-7pm
H.I.I.T. Weight Training	W	5:30-6pm
Rowing	Tu & Th	5:30-6pm
Yoga	W	6:15-7:15am
Yoga	M - Th	7:15-8:15pm
Yoga	Sat	10:30-11:30am
Personal Training	Available On Request	(additional fees)