ARTS & CRAFTS
Please review the supply list for art classes by visiting ScottsdaleAZ.gov and search ‘Art Supply’.

CERAMICS: HOME ACCENTS
(14+) Rev up your house and patio with fireplace sculptures, book shelf decorations, lamps, flower pots, bonsai dishes and more! Students will explore hand building, wheel throwing, texture, decoration, glazing and firing with an emphasis on design and form. Supplies to bring to class: 25lbs Cone 5 clay, basic pottery tools, wood knife, pin tool, cutting wire, rib, sponge, brushes, apron and small bucket. $15 non-refundable cash glaze material fee per registered class due to instructor at first class. 

CERAMICS: INTRODUCTION TO CLAY
Introduction to basic clay techniques, including coil, pinch, slab, wheel, and glazing. Students will explore hand building, wheel throwing, texture, decoration, glazing and firing with an emphasis on design and form, as time allows. Bring basic ceramics tools (cutting wire, brushes, sponge, needle tool) and 25 lbs Cone 5/6 clay to first class. $14 non-refundable material fee per registered class due to instructor at first class.

CERAMICS: OPEN STUDIO
(18+) Facility for working on your clay projects independently: Prior clay experience required, NO INSTRUCTION. Equipment available for use includes wheels, slab roller, extruder, and staff-fired electric kiln firing to Cone 5/6. $14.00 (exact change in cash) additional non-refundable material fee per registered class due to instructor at first class. Pieces created at Eldorado clay studio are eligible for firing in the studio kilns.

DIVE INTO PAPER COLLAGE FIBER ART
(18+) We work from exploring and creating as we go whether it's for a specific subject matter or an abstract vision. Tearing different papers creates unique shapes and edges. When you visually see how they compliment each other you’ll see your project transform into a one-of-a-kind piece of art you created. In addition we will be adding subtle accents into the projects making your piece more unique using paints, thread and charcoal pencil.

DRAW/PAINT
Have the freedom to use any medium you choose; pencil, colored pencils, pastels, watercolor, oil and acrylic. Teacher emphasis is on individual attention and projects. $1 nonrefundable cash supply fee is due to instructor on first day of class. Must be present at first class for orientation and demonstrations.

NEW INTRO TO FUN ACRYLIC PAINTING
(18+) Fundamentals of working with acrylic paint, including essential color theory and brushwork techniques. Students will come away with a deeper understanding of this medium and its expressive and versatile possibilities. Subject matter and style is your choice to free form abstract.

BEGINNING OIL AND ACRYLIC PAINTING
(18+) Supplies, palette sets, what to use/not use, color basics, starting a painting fearlessly; what to avoid and what to strive for, application, and more. Students will paint an instructor-chosen picture that will be emailed before first class.

DRAWING
(18+) Focus on the basic fundamentals of drawing, learning various techniques including: perspective, shading, proportion and composition. Enjoying pencil, colored pencils and charcoal.

SIGN UP FOR GYM PROGRAMS THROUGH RECREATION.SCOTTSDALEAZ.GOV OR CALL 480-312-2390. FOR MORE INFORMATION VISIT RECREATION.SCOTTSDALEAZ.GOV OR CALL 480-312-2390.
OIL AND ACRYLIC PAINTING
(18+) Students will focus on developing basic skills, exploring color, style and various techniques in a relaxed environment. Learn techniques using acrylic or oil paints. Learn to develop a portrait, landscape, floral, abstract or non-representational forms.

M 9am-12pm 9/9 (7classes) VLSCL $98(R)/$147(N) Taylor 20194
M 5-8pm 9/9 (7classes) VLSCL $93(R)/$95(N) Fried 20197
Tu 9am-12pm 9/10 (7classes) VLSCL $106(R)/$159(N) Leonelli 20192
Tu 1-4pm 9/10 (7classes) GRSC $98(R)/$147(N) Taylor 20193
W 1-4pm 9/11 (7classes) VLSCL $63(R)/$95(N) Fried 20198
F 1-4pm 9/13 (7classes) VLSCL $106(R)/$159(N) Consalvo 20196
Sa 1-4pm 9/14 (7classes) VLSCL $98(R)/$147(N) Taylor 20195
M 5-8pm 10/28 (7classes) VLSCL $63(R)/$95(N) Fried 20367
Tu 9am-12pm 10/29 (8classes) VLSCL $119(R)/$179(N) Leonelli 20365
W 1-4pm 10/30 (8classes) VLSCL $71(R)/$107(N) Fried 20368
F 1-4pm 11/1 (7classes) VLSCL $106(R)/$159(N) Consalvo 20396
M 9am-12pm 11/4 (6classes) VLSCL $86(R)/$129(N) Taylor 20401
Tu 1-4pm 11/5 (7classes) GRSC $98(R)/$147(N) Taylor 20400
Sa 1-4pm 11/9 (7classes) VLSCL $98(R)/$147(N) Taylor 20402

PAINT STUDIO
(18+) Focus on the media of your choice: oils, acrylics, watercolors, or mixed media. Enjoy exploring art making and expanding your skills.

M 1-4pm 9/9 (8classes) VLSCL $84(R)/$126(N) Khamis 20199
M 1-4pm 11/4 (6classes) VLSCL $66(R)/$99(N) Khamis 20381

PASTELS
(18+) Students will learn techniques using Pastels. Learn to develop a portrait, landscape, floral, abstract, or a nonrepresentational form with ease. Color is the magical element that gives feeling and emotion to art. Once you understand the meaning of color, it will help you determine the palette to evoke strong emotional response in your paintings.

Tu 1-4pm 9/12 (7classes) VLSCL $98(R)/$147(N) Schneider 20201
Th 1-4pm 10/31 (7classes) VLSCL $98(R)/$147(N) Schneider 20399

RIPPED/CUT MAGAZINE & TISSUE PAPER COLLAGE ART
(18+) Time to make a mess and have fun ripping and cutting paper into small pieces and arranging the pieces into an image! Landscapes, still life, animals and nature will be our focus. We will layer the paper with coats of clear acrylic and then we will spray a UV protectant after your creation is done. Creating layers brings transparency and depth showing detail to your chosen image.

Tu 9:30am-12pm 9/17 (6classes) BGPB $73(R)/$110(N) Godwin 20218
Tu 9:30am-12pm 11/5 (6classes) BGPB $73(R)/$110(N) Godwin 20765

WATERCOLOR
(18+) Transparent watercolor for the beginning as well as intermediate student will include basic techniques, color and composition using landscape, still life and portrait. Individual attention with emphasis on learning to see as the artist does.

M 1-4pm 9/9 (7classes) GRSC $98(R)/$147(N) Taylor 20288
W 9am-12pm 9/11 (7classes) VLSCL $93(R)/$140(N) Levine 20286
F 9am-12pm 9/13 (7classes) VLSCL $93(R)/$140(N) Levine 20287
W 9am-12pm 10/30 (8classes) VLSCL $105(R)/$158(N) Levine 20379
F 9am-12pm 11/1 (7classes) VLSCL $93(R)/$140(N) Levine 20380
M 1-4pm 11/4 (6classes) GRSC $86(R)/$129(N) Taylor 20403

NEW WATERCOLOR WITH PEN, INK & CHARCOAL
(18+) Create from your own drawings, new or old and no matter what your drawing skill or style is! We will have fun exploring what watercolor color pencils, ink and charcoal can do together. This is a chance for you to mix and see what you like or not. (Not recommended for a beginner to Watercolor)

M 9am-12pm 9/16 (6classes) BGTB $86(R)/$129(N) Godwin 20766
M 9am-12pm 11/4 (6classes) BGTB $73(R)/$110(N) Godwin 20767

CONFESSION CLASSES
NEW BUTTERCREAM 101
(15+) Learn the skills of basic buttercream piping, and leave feeling confident in your ability to decorate any cake, cupcake or cookie. This class is tailor-made and structured for all levels of learning. Class taught by a professional Pastry Chef. A $20 supply fee is due on the day of the workshop to the instructor. Additional supplies are needed. More information on receipt.

Sa 1-5:30pm 9/14 (1class) HRZN $35(R)/$53(N) Sampson 20127

NEW FALL PUMPKIN CAKES
(15+) Join a professional Chef and learn the basics of layer cakes. In this fall-themed workshop, each student will make and decorate their own individual pumpkin cake. This class is tailor-made and structured for all levels of learning, including the at-home baker, curious-cooking-channel-lover or trained professional, looking to expand their skills. A $20 supply fee is due on the day of the workshop to the instructor. Additional supplies are needed. More information on receipt.

Sa 1-5:30pm 10/19 (1class) HRZN $35(R)/$53(N) Sampson 20175

NEW HOLIDAY PIE BAKING
(18+) Join a professional Chef and learn how to create and decorate beautiful pies. In this workshop, each student will make and decorate their own individual pie, to take home and enjoy. This class is tailor-made and structured for all levels of learning. A $20 supply fee is due on the day of the workshop to the instructor. Additional supplies are needed. More information on receipt.

Sa 1-5:30pm 11/16 (1class) ELDO $35(R)/$53(N) Sampson 20185

CLASS LISTING LEGEND

COURSE TITLE
The description for this course will be listed in this section. The description may include age restrictions, activities, overview of the class.

Day: W 5:15pm-5:55pm 9/18 (12wks) HRZN $577(R) / $566(NR) Martin 102812
Time: W 5:15pm-5:55pm
Start Date & Length: 9/18 (12wks)
Location: HRZN
Course Code: $577(R) / $566(NR)
Instructor: Martin 102812
Fees: Resident/Non-Resident
Instructor, when applicable

Celebrate the holidays by making something sweet while learning the basics of cookie decorating in this one-day workshop. Students will make specialty holiday-themed cookies. This class is tailor-made and structured for all levels of learning; anyone interested in the intricate art of cookie decorating is welcome. Class taught by a professional Chef. A $20 supply fee is due on the day of the workshop to the instructor. Additional supplies are needed. More information on receipt.

DIGITAL PHOTOGRAPHY

BEGINNING
(15+) Learn the basics of photography, how to use your camera, and discover what all those buttons really do. Then begin the process to really "see" your subject before clicking the shutter. Mix in weekly photo assignments to apply what you learn and you will leave this class feeling good about your photography while having fun. This class is taught using DSLR cameras. Please bring your DSLR camera to each class.

ADVANCED
(15+) The class is designed to refine your photographic composition into fine art photography. Delve deeper in Light, Shadows, Negative Space. Learn about the Color Wheel and how to incorporate it into your photos. Be introduced to making money with your photography.

COMUNICATION

FRENCH: CONTINUING

GERMAN: BEGINNER I
(18+) This is a continuation for beginners, who have had some German in an informal or formal setting. We will deepen our understanding of the language and culture. Active participation and interaction are the keystones. This is not a class for absolute beginners.

ITALIAN: CONVERSATIONAL BASICS LEVEL I
(14+) This is an introductory class to the Italian language designed for students seeking speaking and listening abilities with minimal emphasis on grammar. In this course, you will be introduced to the Italian alphabet, correct pronunciation of the individual letters and selected letter groups. Students will study basic sentence structure, some grammar rules, basic rules of gender, number agreement, word pronunciation and useful vocabulary and phrases of the Italian language, and develop basic speaking, listening, reading, writing and comprehension skills. Please purchase: Easy Italian Step-by-Step (Nannini-Tale) ISBN: 978-0071453899

SPANISH FOR BEGINNERS
(15+) In this course, you will learn pronunciation, essential vocabulary, and enough grammar to communicate basic ideas and needs. Listening and speaking are emphasized along with the basics of reading and writing. Living Language Spanish, Essential Edition: Beginner course, including coursebook, 3 audio CDs, and free online learning ISBN-13: 978-0307478580

SPANISH: CONTINUING I
(15+) A stress free class for novice students and/or those who completed “Spanish for Beginners” course. You should already be familiar with the basic concepts of gender and verb conjugation. Students will build vocabulary and grammar with interactive, engaging skill drills. Practice focuses on listening comprehension, speaking and reading to improve communication. Please purchase the required textbook, ‘Easy Spanish Step-by-Step’ by Barbara Bregstein.

NEW HOLIDAY COOKIE DECORATING CLASS
(15+) Celebrate the holidays by making something sweet while learning the basics of cookie decorating in this one-day workshop. Students will make specialty holiday-themed cookies. This class is tailor-made and structured for all levels of learning; anyone interested in the intricate art of cookie decorating is welcome. Class taught by a professional Chef. A $20 supply fee is due on the day of the workshop to the instructor. Additional supplies are needed. More information on receipt.
FALL 2019

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SPANISH: CONTINUING II
(18+) This class is for students who are familiar with verb conjugations and have had previous grammar instruction. Focus will be on Conversation. Some grammar, reading and writing will also be practiced. Class is taught by an AZ certified Spanish instructor. Textbook “Advanced Spanish, Step-by-Step by Barbara Bregstein” will be used as base.

Tu 6-8pm 9/12 (6classes) VLSC $73(R)/$110(N) Buettner 20236
Th 6-8pm 11/7 (6classes) VLSC $73(R)/$110(N) Buettner 20525

SPANISH: LEVEL I
(14+) Learn the fundamentals of the Spanish language. Classes will cover basic grammar, pronunciation and vocabulary. This class will emphasize listening, speaking, reading, and writing.

Th 4:30pm-6pm 9/12 (8classes) GRSC $64(R)/$96(N) Chavez 20237
Th 4:30pm-6pm 11/7 (6classes) GRSC $51(R)/$77(N) Chavez 20558

SPANISH: LEVEL II
(14+) Continue your study of essential Spanish grammar and vocabulary. Build every day, informal conversation. Move beyond the basics to explore more about the present, past, and future tenses. Practice and develop skills in reading, writing and speaking Spanish. The emphasis of this class will be fluency and accuracy in spoken Spanish.

Th 6:10-7:40pm 9/12 (8classes) GRSC $64(R)/$96(N) Chavez 20238
Th 6:10-7:40pm 11/7 (6classes) GRSC $51(R)/$77(N) Chavez 20559

DANCE

BALLETT: BEGINNING
(14+) This class is designed for the beginner student or those with less than two years of ballet training. This casual and fun class will offer a great workout while learning ballet basics, technique, terminology and ballet combinations.

Th 10:30-11:20am 9/12 (8classes) MMRA $32(R)/$48(N) Pack 20086
M 5-5:50pm 9/9 (7classes) HRZN $30(R)/$45(N) Pack 20470
M 5-5:50pm 11/4 (6classes) HRZN $27(R)/$41(N) Pack 20471
Th 10:30-11:20am 11/7 (6classes) MMRA $27(R)/$41(N) Pack 20472

BALLROOM DANCE
(18+) Dances may include: Foxtrot, Waltz, Cha-Cha, Tango, Rumba, Swing and much more. No partner needed.

THE BASICS
Learn and improve the dances you need to feel comfortable in any social situation.

Tu 6:30-7:05pm 9/10 (7classes) VLSC $43(R)/$65(N) Kuhn 20485

BEYOND THE BASICS
The focus will be to add onto the students existing step patterns and technique to help improve movement on the dance floor.

Tu 6:30-7:05pm 11/5 (7classes) VLSC $43(R)/$65(N) Kuhn 20488

DANCE PLUS
Are you more than a beginner level dancer, and have had beginning level dance lessons, but not yet ready for an intermediate level class? Brush up and enhance your dance skills.

W 5:45-6:45pm 9/11 (7classes) FENP $43(R)/$65(N) Kuhn 20487
W 5:45-6:45pm 11/6 (6classes) FENP $39(R)/$59(N) Kuhn 20490

INTERMEDIATE - RHYTHM DANCES
The rhythm dance class will focus on higher level patterns and technique in Swing, Rumba, Cha Cha, Salsa or Samba. A fun continuation for the student who has had at least two to three sessions of Ballroom dance and who have learned 3 to 4 patterns in each of the social ballroom dances.

Th 7:05pm-8pm 11/5 (7classes) VLSC $43(R)/$65(N) Kuhn 20489

INTERMEDIATE - SMOOTH DANCES
This smooth dance class will focus on higher level patterns and technique in Fox Trot, Waltz and Tango. A fun continuation for the student who has had at least two or three sessions of Ballroom dance and who have learned 3 to 4 patterns in each of the social ballroom dances.

Tu 7:05pm-8pm 9/10 (7classes) VLSC $43(R)/$65(N) Kuhn 20486

NEW BEGINNING BELLY DANCE
(18+) Have fun and get your core in shape! Finger cymbals, veils and coin hip sashes are provided for you. All dance levels are welcome.

Th 10:30-11:30am 9/12 (13classes) MMRA $85(R)/$128(N) Haag 20780
Th 6-7pm 9/12 (13classes) MMRA $85(R)/$128(N) Haag 20787

BOLLYWOOD DANCE FUN & FITNESS
(18+) A blend of East Indian, World and contemporary dance styles set to music from Bollywood films. A fun cardio-dance workout open to all levels.

M 7-8pm 9/9 (13classes) MMRA $85(R)/$128(N) Haag 20098
Tu 10:45-11:45am 9/10 (14classes) MMRA $91(R)/$137(N) Haag 20099
Th 9-10am 9/12 (13classes) MMRA $85(R)/$128(N) Haag 20100

BROADWAY JAZZ: ALL LEVELS
(18+) Dance to today’s modern songs, famous show tunes and more! Learn from the beginning or review basics.

Tu 1-1:50pm 9/10 (8classes) GRSC $35(R)/$53(N) Moore 20107
Tu 1-1:50pm 11/5 (7classes) GRSC $32(R)/$48(N) Moore 20509

COUNTRY WESTERN DANCE
(18+) If you enjoy listening to country-western music and wearing cowboy boots, you may get a kick out of country and western dancing. Learn the moves and techniques for dances like Arizona Two-Step, Texas Progressive Two-Step, Country Waltz and Line Dancing. No partner needed.

M 7:15-8:15pm 9/9 (7classes) GRSC $54(R)/$81(N) Chapman 20130
M 7:15-8:15pm 11/4 (6classes) GRSC $48(R)/$72(N) Chapman 20492

WATER EXERCISE classes are a fun and easy way to workout! see pg. 25 for more information!
LINE DANCING
(18+) Everyone is welcome to join this fun and energizing line dance class. Learn steps and line dances for Country, Latin, waltzes, old standbys and newer dances. No partner is required to enjoy this class and all levels are welcome!

- Tu 9:15-10:15am 9/10 (7 classes) VLSC $146 (R)/$169 (N) Chapman 20491
- Tu 9:15-10:15am 11/5 (6 classes) VLSC $141 (R)/$162 (N) Chapman 20493

TAP: INTERMEDIATE
(18+) This fast paced intermediate class is for the fun of tapping to a variety of music and styles. Haven’t tapped for years and up for a great workout and tap challenge...Let’s Tap! Choreography for dances will be taught while learning and building on basic techniques of both Rhythm and Hollywood styles. Tap shoes required.

- Tu 6:15-7:15pm 10/8 (9 classes) MTNV $53 (R)/$80 (N) Campi 20813

TAP: SENIOR TECHNIQUES
(18+) Learning tap technique and terminology for both Hollywood and Rhythm styles. Improve your coordination, memory and balance in this fast moving workout while enjoying the Art of America’s original Folk Dance. Tap shoes will be discussed the first class. If you don’t have tap shoes, wear a hard sole shoe or sneakers.

- Th 3-4pm 10/3 (9 classes) GRSC $53 (R)/$80 (N) Campi 20516
- Th 4-5pm 10/3 (9 classes) GRSC $53 (R)/$80 (N) Campi 20517
- Th 5-6pm 10/3 (9 classes) GRSC $53 (R)/$80 (N) Campi 20518

WEST COAST SWING DANCE
(18+) West Coast Swing allows each individual dancer to bring their own unique style into their dance, while still connecting with their partner. West Coast Swing can be danced to almost every genre of music, including R&B, blues, and pop. In this series, we will practice the fundamental techniques used throughout the dance and how to improvise to create your own style! No partner required.

- W 7:15-8:15pm 9/11 (12 classes) GRSC $48 (R)/$72 (N) Chapman 20507
- W 7:15-8:15pm 11/6 (6 classes) GRSC $48 (R)/$72 (N) Chapman 20508

WORLD DANCE MIXX
(18+) A MIXX of music and dance styles from around the world to contemporary. A fun cardio-dance workout open to all levels.

- M 5:45-6:45pm 9/9 (13 classes) MMRA $85 (R)/$128 (N) Haag 20294
- Tu 9:30-10:30am 9/10 (14 classes) MMRA $91 (R)/$137 (N) Haag 20295

ZUMBA
Dance the routines feature salsa, meringue, cumbia, samba and many more steps presented as aerobic/fitness interval training combining fast and slow rhythms to tone and sculpt the body. It is this mixture of body sculpting movements in easy to follow dance steps and the principals of fitness interval and resistance training that allow Zumba participants to maximize their caloric and fat burning output for total body toning.

- Tu 5:45-6:45pm 9/10 (8 classes) VLSC $38 (R)/$57 (N) Pena 20318
- M 6:30-7:30pm 9/9 (13 classes) VLSC $55 (R)/$83 (N) Roth 20319
- Tu 5:45-6:45pm 11/5 (7 classes) GRSC $35 (R)/$53 (N) Pena 20314
- W 6:30-7:30pm 10/1 (10 classes) VLSC $67 (R)/$101 (N) Brown 20320

FITNESS & HEALTH

NEW   ADULT AIKIDO
(14+) This is an introductory class to the Japanese martial art of Aikido for ages 14+. Students will receive step-by-step instruction on various warm up and fundamental self-defense techniques. This class will also help students increase flexibility, balance, core strength, and situational awareness. Please wear loose, athletic clothing.

- Tu 5:45-6:45pm 9/10 (8 classes) VLSC $38 (R)/$57 (N) Pena 20318
- M 6:30-7:30pm 9/9 (13 classes) VLSC $55 (R)/$83 (N) Roth 20319
- Tu 5:45-6:45pm 11/5 (7 classes) GRSC $35 (R)/$53 (N) Pena 20314

AEROBICS
(18+) Start your day off right with this ‘work at your own pace’ cardio class! Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning and stretching exercises are all included. Modifications are provided.

- Sa 7:45-8:45am 9/14 (12 classes) VLSC $59 (R)/$89 (N) Alfraid 20081

B. L. T. - BUTT, LEGS AND TUMMY
(14+) Using a stability ball is an incredible way to shape up and get limber with moves that are simple, fun and easy on the joints. This class will condition your abdominals and back, sculpt your legs and shape your butt. Enjoy a relaxing full body stretch that includes yoga poses adapted for the ball.

- Th 6-7pm 9/12 (14 classes) CACT $68 (R)/$102 (N) Romero 20084

NEW   BARRE ABOVE
(18+) This is one of the most effective ways to change the shape of your body for a total body workout. This sculpting class blends ballet, strength training, yoga and Pilates to create long and lean muscles to reshape your body. Light weights, small ball and glides will be used as props. No experience necessary.

- M 6:30-7:30pm 9/9 (13 classes) MMRA $39 (R)/$59 (N) Cole 20421
- M 6:30-7:30pm 10/28 (7 classes) MMRA $39 (R)/$59 (N) Cole 20422

REGISTRATION QUESTIONS? 480-312-7957
Call us before July 29 so we can guide you through the process, making registration a breeze!
FALL 2019

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### BODY AND MIND

**18+** Whip your heart, mind, and body into shape while having a great time. This course combines aerobics with yoga & Pilate’s providing a full body workout including cardio, strengthening and flexibility.

- **M W 9:15-10:15am** 9/9 (29classes) GRSC $114(R)/$171(N) Alfraid 20095
- **F 11am-12pm** 9/13 (12classes) VLSC $55(R)/$83(N) Teisch 20096

### BODY CONDITIONING

**18+** Exercise class concentrating on enhancing body tone, strengthening and stretching. This will include an educational aspect on fitness and wellness, to incorporate fitness into everyday life. Please bring personal hand weights to use in class.

- **W 7:45-8:45am** 9/11 (13classes) VLSC $72(R)/$108(N) Alfraid 20097

### CARDIO-CORE FITNESS

**18+** Reduce stress, tone your body, strengthen your muscles, increase flexibility and build core strength. Foot movements are modified as needed and everyone is encouraged to work at their own pace. All levels are welcome.

- **Tu 7:45-8:45am** 9/10 (13classes) VLSC $73(R)/$110(N) Alfraid 20108
- **Th 7:45-8:45am** 9/12 (11classes) VLSC $63(R)/$95(N) Alfraid 20109

### CHAIR YOGA

**18+** Perform exercises while sitting in a chair, or using the chair for balancing. Exercises are designed to improve flexibility, strength and balance without the impact and stress of traditional exercises.

- **M 8-9am** 9/9 (12classes) VLSC $86(R)/$129(N) Yancy 20200
- **M 9:10am** 9/9 (12classes) VLSC $86(R)/$129(N) Yancy 20211
- **W 10-11am** 9/11 (13classes) VLSC $92(R)/$138(N) Alfraid 20125
- **Th 9-10am** 9/12 (12classes) VLSC $86(R)/$129(N) Yancy 20118
- **Th 8-9am** 9/12 (12classes) VLSC $86(R)/$129(N) Yancy 20119
- **F 11am-12pm** 9/13 (12classes) VLSC $86(R)/$129(N) Yancy 20122
- **F 9-10am** 9/13 (12classes) VLSC $86(R)/$129(N) Yancy 20123

### CONDITIONING COMBO

**14+** A combination of yoga, Pilates, and stretching. This class will help you release stress, increase flexibility, promote core strength and reduce stiffness throughout your entire body. All fitness levels are encouraged to participate.

- **W 7-8pm** 9/11 (14classes) CACT $62(R)/$93(N) Alfrait 20126

### CORE AND MORE

**14+** Structured to accommodate all goals and fitness levels, this full body circuit training format, which incorporates cardio activity alongside weight training, is designed to strengthen your entire body. Get your heart rate up and burn calories as you jump from exercise to exercise working your way through each muscle group, with an emphasis on the core muscles (abs, lower back, hips, and butt).

- **Tu 5:30-6:30pm** 9/10 (15classes) MMRA $66(R)/$99(N) Teisch 20129
- **Th 4-5pm** 9/12 (14classes) MMRA $62(R)/$93(N) Teisch 20128

### FIT AND FABULOUS

**14+** This low impact cardio class will give you a jump start to your day! We’ll do a warm up, low impact cardio, muscle conditioning, using weights and a cool down stretch.

- **M 8-9am** 9/9 (14classes) CACT $68(R)/$102(N) Romero 20154
- **Th 8-9am** 9/12 (14classes) CACT $68(R)/$102(N) Romero 20155

### MAX TONE AND FITNESS

**14+** This is a non-stop workout class for the person looking for a ‘killer’ toning class. Sign up today and TONE up!

- **W 5:45-6:45pm** 9/11 (14classes) CACT $62(R)/$93(N) Alfraid 20181

### NUTRITION FOR ADULTS: EAT FOR HEALTH!

**18+** We will learn and discuss the impact of sugar on the human body. We will also discuss how nutrition plays a key role in disease prevention and management. This class will also teach you how to grocery shop and eat for health! **$5 non-refundable material fee due to instructor on first class.**

- **Sa 10am-12pm** 12/7 (1class) VLSC $32(R)/$48(N) Snyder 20625

### PERSONAL FITNESS

**18+** Certified Personal Trainer keeps the class fun. Class includes stretching, hand held weights, stretch bands, balance exercises, and chair exercises.

- **M F 10:30-11:30am** 9/9 (16classes) GRSC $81(R)/$122(N) Bockal 20202
- **M F 10:30-11:30am** 11/4 (11classes) GRSC $59(R)/$89(N) Bockal 20348

### PILATES

**14+** This beginning pilates class will focus on strengthening your body core, stability and balance. All levels of athletic ability are encouraged to attend.

- **M 10-11am** 9/9 (14classes) CACT $68(R)/$102(N) Romero 20207
- **M 10:30-11:30am** 9/9 (8classes) MMRA $64(R)/$96(N) Nicholas 20209
- **W 10-11am** 9/11 (8classes) MMRA $64(R)/$96(N) Nicholas 20210
- **W 4:30-5:30pm** 9/11 (14classes) CACT $73(R)/$110(N) Alfraid 20208
- **W 6-7pm** 9/11 (14classes) HRZN $68(R)/$102(N) Martin 20211
- **M 10-11am** 9/11 (14classes) HRZN $51(R)/$77(N) Nicholas 20349
- **W 10-11am** 11/6 (7classes) MMRA $58(R)/$87(N) Nicholas 20350

### PILATES: GOLF CONDITIONING

**14+** This conditioning program can significantly enhance your golfing experience while extending your years of play. Increasing strength and flexibility and decrease your risk for injury.

- **Tu 5pm-5:50pm** 9/10 (15classes) HRZN $72(R)/$108(N) Martin 20213
- **Th 5pm-5:50pm** 9/12 (14classes) HRZN $68(R)/$102(N) Martin 20214

### PILATES: GENTLE

**18+** This Pilates class contains all the benefits to a traditional Pilates class, however the style is slower and a more gentle approach. All levels of athletic ability are encouraged to attend.

- **W 10:30-11:30am** 9/9 (15classes) GRSC $78(R)/$117(N) Alfrait 20215
SENIOR STRENGTH TRAINING
(18+) Resistance and strength training continue for senior citizens to retain muscle mass and strength at any age. You’re never too old to build a little muscle and fight conditions like osteoporosis. This class will utilize basic exercises on machines and with free weights.

Tu Th 9:15-10:15am 9/9 (28 classes) MMRA $139(R)/$209(N) Kopp 20221
M W 11am-12pm 9/9 (29 classes) VLSC $149(R)/$224(N) Kopp 20219
Tu Th 11am-12pm 9/10 (29 classes) VLSC $149(R)/$224(N) Kopp 20220
Tu Th 2:30-3:30pm 9/10 (29 classes) GRSC $149(R)/$224(N) Kopp 20222

SHIFT YOUR SHAPE
(18+) Buttocks, back, thighs, and abdominals are strengthened; exercising at your own pace is encouraged. There is emphasis on increasing flexibility, through various yoga poses and traditional stretches. Most of the exercises are on the mat.

Tu Th 11:15am-12:15pm 9/10 (25 classes) ELDD $52(R)/$78(N) Reznikoff 20223

SIT AND GET FIT
(18+) This class will perform exercises while sitting in a chair or using the chair for balancing. Exercises are designed to improve flexibility, strength and balance without the impact and stress of traditional exercises.

W 9-9:55am 9/11 (13 classes) VLSC $92(R)/$138(N) Yancy 20224

STEP AEROBICS
(14+) This class provides the ideal workout for those students who want a challenge and results. It will improve strength, muscle endurance, flexibility and balance. Steps can be adjusted for beginners and advance levels.

Tu 6-7pm 9/10 (15 classes) HRZN $56(R)/$84(N) Martin 20240
Th 6-7pm 9/12 (14 classes) HRZN $53(R)/$80(N) Martin 20241

STEP AND STRENGTHEN
(14+) Have a great time getting in shape while following basic step movements and being instructed on strengthening exercises. Basics are covered for those that are new to stepping and modifications are given when needed. Strengthen your legs, upper body and core with low intensity training.

Sa 9:15-10:15am 9/14 (15 classes) HRZN $66(R)/$99(N) Alfraid 20242

NEW STRETCH IT OUT!
(18+) This class is designed to loosen tight muscles and joints in a slow and gentle pace. Perfect for those suffering from low pain due to limited range of motion.

W 12-1pm 9/11 (15 classes) VLSC $78(R)/$117(N) Alfraid 20141

CLASS LISTING LEGEND

COURSE TITLE
The description for this course will be listed in this section. The description may include age restrictions, activities, overview of the class.

W 5:15pm-5:55pm 9/18 (12 weeks) HRZN $57(R) / $86(NR) Martin 102812

Fees, Resident/Non-Resident  Instructor, when applicable
TOTALLY TONING
(14+) Strengthen and tone your major muscle groups using weights, bands, body bars and gravity. Learn how to use equipment properly for the results you want. Target problem areas and increase your metabolism with more muscle.

Tu 9-10am 9/10 (15classes) CACT $72(R)/$102(N) Romero 20279
Th 9-10am 9/12 (14classes) CACT $68(R)/$102(N) Romero 20280

VITAL STRETCH
(14+) This class is a combination of static and rhythmic movements designed to increase flexibility and stability for improved range of motion. Must be able to sit on floor and get up from seated position. Bring a towel and water.

M 9-10am 9/9 (14classes) CACT $68(R)/$102(N) Romero 20285
Tu 6-7pm 9/10 (15classes) CACT $72(R)/$108(N) Romero 20206

WEIGHT BUSTERS
(14+) Weight loss is the goal and purpose of Weight Busters, as it is designed for individuals with 30+ lbs. to lose. Using a combination of weight training, cardio, and core work the program is proven to help shift your body composition, dropping fat, increasing metabolism and changing your life. The program starts gradually to avoid injury, while maximizing weight loss.

Tu 7-8pm 9/10 (15classes) CACT $72(R)/$108(N) Romero 20285
Th 7-8pm 9/12 (14classes) CACT $68(R)/$102(N) Romero 20289

NEW WORK YOUR TURKEY OFF
(14+) Time to work off your turkey, stuffing, pie, etc. Come to this intense aerobic workout with elements of strength and flexibility. Have some gobbling fun in this energetic class!

Sa 10:30-11:30am 11/30 (1classes) HRZN $14(R)/$21(N) Alfraid 20719

YOGA
Find balance within your body, mind and spirit and the body. Restore tension, restore vitality and improve posture.

ALL LEVELS (14+)
M 6:45-6pm 9/9 (14classes) CACT $143(R)/$215(N) Yancy 20297
W 6:30-6pm 9/11 (14classes) MMRA $143(R)/$215(N) Yancy 20298

ALL LEVELS (18+)
M 5:30-7pm 9/9 (14classes) GRSC $97(R)/$146(N) Andrade 20296
M 9:30-10:45am 9/9 (7classes) MMRA $53(R)/$80(N) Stewart 20299
W 9:15-10:45am 9/7 (11classes) MMRA $61(R)/$92(N) Stewart 20315
Th 6:30-8pm 9/12 (14classes) ELDO $120(R)/$180(N) Sikes 20300
M 9:30-10:45am 11/4 (6classes) MMRA $47(R)/$71(N) Stewart 20352
W 9:15-10:45am 11/6 (7classes) MMRA $61(R)/$92(N) Stewart 20353

BEGINNING (14+)
M 6:15-7:45pm 9/9 (13classes) MTNV $112(R)/$168(N) Sikes 20303

BEGINNING (18+)
M 10:30-11:45am 9/9 (6classes) VLSC $50(R)/$75(N) Phillips 20304
W 10:30am-12pm 9/11 (15classes) CACT $128(R)/$192(N) Sikes 20302
Th 10:30am-12pm 9/12 (6classes) GRSC $54(R)/$81(N) Chesterfield 20301
Th 10:30am-12pm 9/12 (6classes) VLSC $58(R)/$87(N) Phillips 20305
Th 10:30am-12pm 11/7 (6classes) GRSC $54(R)/$81(N) Chesterfield 20384

INTERMEDIATE (18+)
Intermediate requires yoga experience, with knowledge of the alignment principles of yoga for the basic postures. Please note, if you are not at the Intermediate skill level, for your safety, you will be asked to withdraw and staff will do their best to locate a class at the correct level.

M 9:10am-10:15am 10/21 (7classes) VLSC $56(R)/$84(N) Phillips 20312
Th 9:10am-10:30am 10/24 (6classes) VLSC $58(R)/$87(N) Phillips 20313

GENTLE
(18+) This slower paced, restorative class is designed to focus on breathing, relaxation and gentle stretching and balance within your body, mind and spirit. The physical practice uses poses which both stretch and strengthen the body. Release tension, restore vitality and improve posture. This time is used to find ways to relax, release stress and create a better awareness of the body. All levels welcome.

Tu 8:45-10:15am 9/10 (15classes) VLSC $152(R)/$228(N) Yancy 20584
Tu 9:10am-10:30am 9/10 (6classes) GRSC $68(R)/$102(N) Vershure 20306
W 8:30-10am 9/11 (8classes) GRSC $68(R)/$102(N) Kayatt 20307
Th 9:10am-10:30am 9/12 (7classes) GRSC $61(R)/$92(N) Chesterfield 20308
Th 2:30-4pm 9/12 (13classes) VLSC $133(R)/$200(N) Yancy 20310
F 8:30-10am 9/20 (6classes) GRSC $54(R)/$81(N) Kayatt 20309
F 8:30-10am 11/1 (6classes) GRSC $54(R)/$81(N) Kayatt 20387
Tu 9-10am 11/5 (7classes) GRSC $61(R)/$92(N) Vershure 20370
W 8:30-10am 11/6 (7classes) GRSC $67(R)/$92(N) Kayatt 20385
Th 9:10am 11/7 (6classes) GRSC $54(R)/$81(N) Chesterfield 20386

The Scottsdale McDowell Sonoran Preserve is turning 25 this year! see pg. 59 for more information!
YOGA - YIN
(14+)
Enhance your flexibility with Yin Yoga. This slow, meditative practice is ideal for beginners or experienced students who want to feel more openness and flexibility in their joints, especially the hips and lower back. Most poses are done on the floor from a seated position or on the back. Alternate poses are offered for anyone who has a challenge with the knees or ankles.

Sa 9-10:30am 9/14 (14classes) GRSC $97(R)/$146(N) Andrade 2014

YOGA FOR A HEALTHY BACK
(18+)
A gentle practice focused on improving posture and alignment, strengthening core and back muscles, and increasing spinal flexibility. Learn yoga poses that stretch and strengthen not only core and back muscles, but also legs and arms to better support the back, hips, neck and shoulders. Learn relaxation techniques to relieve back pain, reduce stress, and quiet the mind. If you have any serious back issues, check with your doctor to be sure that a therapeutic yoga class is appropriate for you.

Tu 10:35-11:50am 9/10 (8classes) GRSC $59(R)/$89(N) Vershure 20116
Tu 10:35-11:50am 11/5 (7classes) GRSC $53(R)/$80(N) Vershure 20371

YOGA IN THE PRESERVE
(14+)
Embrace the outdoors in this all levels yoga class held near Scottsdale’s McDowell Sonoran Preserve Gateway Trail Head. Meet at the trail head and take a short walk to our open air outdoor classroom. This is a great way to first experience yoga for those who have never practiced or can add a new dimension to your current practice. Please bring your own mat, sun protection, and water.

Su 8:30am-9:30am 10/20 (6classes) GWTH $48(R)/$72(N) Yancy 20317

SUP YOGA (STAND UP PADDLE BOARD YOGA)
(18+)
Combine the peace and serenity of the classic art of Yoga with the on-water fluidity of Stand Up Paddleboarding. The pool is a great place to experience this relaxing and energizing yoga session that will help build your balance, strength, endurance and meditation. No previous paddling skills necessary, just an open mind and willing body. Paddle board will be provided by the instructor.

Sa 7:30-8:30am 9/7 (1 class) MMRA $43(R)/$65(N) REI 20779

NEW YOGA UNDER THE HUNTER’S MOON
(18+)
Roll out your mat on the grass and move with your breathe in the afterglow of the sunset and the soft light of the full moon. Suitable for all abilities. Just bring your mat, water, a blanket and get ready to Zen out in the fresh air.

M 6:15-7:30pm 10/14 (1 class) CHAP $17(R)/$26(N) Vershure 20420

SAFETY
CPR & FIRST AID COMBO
(14+)
This class is intended for community members who do not work in the healthcare field, but are required to/or just desire to have CPR, Basic First Aid & AED knowledge and skills. CPR instruction will include infant, child and adult. Basic First Aid is ideal for employee emergency response teams, school bus drivers, adult residential care personnel, child care workers, teachers, parents and babysitters.

Sa 8:30am-12:30pm 9/7 (1class) SPFD $45(R)/$45(N) Scottsdale Fire Dept 20131

CPR PROFESSIONALS
(18+)
This class is for healthcare providers, first responders and professional rescuers or individuals needing professional level basic life support training as a job requirement.

Sa 8:30am-12:30pm 10/5 (1class) SPFD $45(R)/$45(N) Scottsdale Fire Dept 20132

NEW PET CPR & FIRST AID: BE READY!
(14+)
In this one day workshop learn to assess pet’s vitals, bleeding & shock management, choking management, heat emergencies, pets & disaster safety checklist, bites & stings, restraining & muzzling, primary assessment (know what actions to take in the first 15-25 seconds), rescue breathing & CPR. No pets allowed.

Sa 9:30am-12:30pm 10/26 (1class) VLSC $38(R)/$57(N) American Emergency Response 20419

SPECIAL INTEREST
BRIDGE: BEGINNING
(18+)
This class starts with the basic terminology, seating, dealing, sorting suits, scoring, etc. You will learn the importance of counting high card and distributional points. We’ll cover opening bids and responses, no trump calls, overcalls, preempts, etc.. Most important, there will be a great deal of hand play. Weekly review and open discussion will help players develop communications skills with their partners.

Tu 9:30-11:30am 9/10 (8classes) BGTB $69(R)/$104(N) Bigham 20103
W 9-11am 9/11 (8classes) VLSC $69(R)/$104(N) Bigham 20101
Tu 9:30-11:30am 11/5 (7classes) BGTB $62(R)/$93(N) Bigham 20503
W 9-11am 11/6 (7classes) VLSC $62(R)/$93(N) Bigham 20502

BRIDGE: INTERMEDIATE
(18+)
This class is a continuation of the beginning class dealing with the play of the hand as declarer and as defender as well as further instruction in bidding. The most common conventions, e.g. Stayman, Blackwood limit raises; 4 types of doubles; forcing bids; bidding hands of exceptional strength, weakness or shape; slam bidding; requirements for gam bid; responsibility for continuing or ending the bidding; and other techniques as requested will be explained. Much of the class time will be spent on supervised practice.

W 11:15am-1:15pm 9/11 (8classes) VLSC $69(R)/$104(N) Bigham 20104
Th 9:15-11:15am 9/12 (8classes) BGPB $69(R)/$104(N) Bigham 20106
W 11:15am-1:15pm 11/6 (7classes) VLSC $62(R)/$93(N) Bigham 20504
Th 9:15-11:15am 11/7 (8classes) BGPB $54(R)/$81(N) Bigham 20505
NEW   CHESS  
(18+) Have you ever wondered about opening theories, pins, forks, castles and endgames? How about Chess piece names, values and pawn promotions? Each class is designed to expand your knowledge of chess from the board up. You’ll practice new tactics and strategies in a fun and inclusive environment.

F 9-11am  9/13 (7classes)  VLSC $62(R)/$93(N)  Bigham  20703
F 9-11am  11/1 (5classes)  VLSC $47(R)/$71(N)  Bigham  20704

BEGINNING: GUITAR FOR ADULTS  
(16+) Covers notes on the first three strings and then we add 6 - 8 chords to songs. Students must bring their own guitar. Acoustic or electric 6 string guitars welcome, but no amplifiers allowed. GUITAR BOOK TO BE PURCHASED: ALFRED’S BASIC GUITAR METHOD 1 (Third edition) by Monty & Ron Manus. 00-33304. BOOK ONLY. $6.99

M 6-6:45pm  9/9 (6classes)  CHAP $49(R)/$74(N)  Fahy  20160
M 6-6:45pm  11/4 (6classes)  CHAP $49(R)/$74(N)  Fahy  20560

NEW   INTERMEDIATE: ADULT GUITAR  
(16+) Covers notes on all 6 strings and 8 - 11 chords to songs. Emphasis will be on smooth chord transitions in songs and finger work on notes. Students must bring their own guitar. Acoustic or electric 6 string guitars welcome, but no amplifiers allowed. This Intermediate Adult Guitar Class will use the same book as Beginner Adult Guitar Class. Guitar book needed: Alfred’s Basic Guitar Method 1 (Third edition) by Monty & Ron Manus. 00-33304.

M 7-7:45pm  11/4 (6classes)  CHAP $49(R)/$74(N)  Fahy  20760
M 7-7:45pm  9/9 (6classes)  CHAP $49(R)/$74(N)  Fahy  20761

BEGINNING: MAH JONGG  
(18+) Learn the American version of an ancient Chinese game that challenges memory skills and expands social networks. Game fundamentals are taught in short presentations followed by tile exercises and practice games.

M 12:45-2:45pm  9/9 (7classes)  VLSC $82(R)/$123(N)  Weiner  20177
Th  9:45-11:45am  9/12 (7classes)  BGTB $82(R)/$123(N)  Weiner  20178
M 12:45-2:45pm  11/4 (6classes)  VLSC $72(R)/$108(N)  Weiner  20570
Th  9:45-11:45am  11/7 (6classes)  BGTB $72(R)/$108(N)  Weiner  20571

INTERMEDIATE: ADVANCED MAH JONGG  
(18+) Classes will expand the skills of the basic Mah Jongg player by focusing on the strategic and competitive elements of the game, including preparation for tournament play. This class is for people who have played Mah Jongg American Version continuously for at least 6 months. A fun “mini-tournament” will be held at the final class of the session.

M 3-5pm  9/9 (7classes)  VLSC $82(R)/$123(N)  Weiner  20179
M 3-5pm  11/4 (6classes)  VLSC $72(R)/$108(N)  Weiner  20572

NEW   INTRODUCTION TO VOICE OVER  
(18+) Instructor, Justine Reiss, is affiliated with a professional voice-over training company called Such A Voice. At the end of the 2-hour course, Justine lets students know if this is something they want to pursue, they can get a free voice evaluation where she will provide necessary feedback.

Sa  10am-12pm  10/5 (1class)  HRZN $25(R)/$38(N)  Reiss  20477

BEGINNING : MEDITATION  
(18+) Meditation calms the body and soothes the mind. It is also a great way to relieve stress and improve overall health and well-being. Come join us for this meditation and relaxation class. We will explore various forms of meditation and relaxation methods. Through regular practice, you will begin to experience renewed peace and inner calm in your daily life.

Tu  10:30-11:30am  9/10 (15classes)  VLSC $105(R)/$158(N)  Yancy  20585

INTERMEDIATE: MEDITATION  
(18+) This class is for those that have taken the Beginning Meditation class or have prior Meditation experience. Meditation calms the body and soothes the mind. It is also a great way to relieve stress and improve overall health and well-being. Come join us for this meditation and relaxation class. We will explore various forms of meditation and relaxation methods. Through regular practice, you will begin to experience renewed peace and inner calm in your daily life.

F  12:30-1:30pm  9/13 (14classes)  VLSC $99(R)/$149(N)  Yancy  20184

PIANO/KEYBOARD TEEN/ADULT  
(13+) From Santana to Sinatra and Streisand, from the Beatles to Bach and Beethoven; from Broadway hits such as Phantom and Cats; to movie themes from the Titanic, Star Wars, James Bond and Lord of the Rings. This unique award winning method teaches keyboard skills on real songs you know and love! The program uses brilliantly conceived visual tools that show students how music works. Learn to read music on the treble clef in a lead sheet format and play chords using our exclusive chordometer. Keyboards are provided for each student for classroom use; and all music materials are included at no extra charge.

SESSION I  
W  6:30-7:30pm  9/18 (6classes)  HRZN $119(R)/$179(N)  Elements Music  20498

SESSION II  
W  6:30-7:30pm  11/6 (5classes)  HRZN $119(R)/$179(N)  Elements Music  20792

POETRY  
(18+) Study poetry and its forms from all periods of history. Each week we will discuss students’ work. Handouts and open conversation will assist in understanding. The class does not censor subject matter or language of poetry.

Tu  9am-12pm  10/8 (11classes)  GRSC $77(R)/$116(N)  Dillard  20216

NEW   DOG OBEDIENCE: TEACH FIDO MANNERS  
(16+) Do you want your furry family member to have manners at home, with guests and out in public? Learn simple methods to teach your dog manners within your life. Training can begin at 20 weeks to senior age. You’ll have tail waggin’ good time! Reactive or aggressive dogs are better suited for private sessions and not permitted in the class setting. No retractable leashes.

Sa  9-10:15am  11/16 (1class)  CHAP $28(R)/$42(N)  Strauss  20583
NEW TABLE TENNIS: PONG 4 YOU!

(16+) The purpose of this course is to introduce students to basic skills and knowledge associated with the game of table tennis. By applying these principles through active participation, students develop the necessary skills and knowledge to pursue the game of table tennis as a lifetime activity. Former table tennis professional with over 50 years of experience coaching. Ideal for beginners and improvers.

**Th 4:30-6pm**
- 9/12 (6 classes) VLS C
- $46(R)/$69(N)
- Altman 20811

**Th 4:30-6pm**
- 10/31 (6 classes) VLS C
- $46(R)/$69(N)
- Altman 20812

NEW AZ RESIDENTS: TAX AND TRUST LAWS

(21+) You need to attend this class if you are a new Arizona resident or have not updated your estate plans since you moved to Arizona. Explore Arizona community property, trusts, wills, powers of attorney, estate & gift taxes, and how title to your assets affects your estate plans. Learn about unique aspects of Arizona’s income tax laws.

**Th 6:15-7:45pm**
- 9/19 (2 classes) HRZN
- $14(R)/$21(N)
- Shellander 20191

**Th 6:15-7:45pm**
- 12/5 (2 classes) HRZN
- $14(R)/$21(N)
- Shellander 20578

TRUSTS, WILLS AND ESTATE TAXES

(21+) Unravel the mystery surrounding trusts, wills, powers of attorney and other estate planning instruments. Find out why estate taxes are voluntary. Learn how title to your assets and how community property can save thousands of dollars in come taxes. Discover what only an Attorney and CPA with nearly 30 years of experience in estate planning can tell you about estate planning and common mistakes to avoid.

**Tu 6:15-7:45pm**
- 9/17 (2 classes) HRZN
- $14(R)/$21(N)
- Shellander 20284

**Tu 6:15-7:45pm**
- 12/3 (2 classes) HRZN
- $14(R)/$21(N)
- Shellander 20579

Don't miss these upcoming events!

**Senior Luau**
- 12:30 p.m. Friday, Sept. 6
- Granite Reef Senior Center

**RailFair**
- 10 a.m. - 5 p.m. Saturday, Oct. 12
- 10 a.m. - 5 p.m. Sunday, Oct. 13
- McCormick-Stillman Railroad Park

**Desert Rose 13th Annual Writers Workshop**
- 10 a.m. - 5 p.m. Saturday, Oct. 19
- Civic Center Library

**Dunkin for Pumpkins**
- 1 - 4 p.m. Sunday, Oct. 27
- McDowell Mountain Ranch Pool

**Used Book Sales**
- 10 a.m. - 3 p.m. Saturday, Nov. 2
- Appaloosa Library
- 10 a.m. - 3 p.m. Saturday, Nov. 9
- Civic Center Library

**Appaloosa 10th Anniversary Celebration**
- 1:30 p.m. Saturday, Nov. 9
- Appaloosa Library

**Holiday Art Show**
- 6 p.m. Friday, Dec. 13
- Via Linda Senior Center