

Via Linda Senior Center Activity List

Monday:

Activity	Time	Location
Open Cards & Games	8 a.m. – 5 p.m.	Room 6
Variations of Canasta	9 a.m. – 1 p.m.	Room 5
Open Knitting/Crocheting	1 p.m. – 3 p.m.	Room 7
Mexican Train Dominoes	1 p.m. – 4 p.m.	Room 8

Tuesday:

Activity	Time	Location
Walking Club (October-May)	8 a.m. – 9 a.m.	Main Entrance
Congregate Meals (\$4.00)	11 a.m. – 12:30 p.m.	Room 6
Fast Play Bridge	12 p.m. – 3:30 p.m.	Room 7
Open Cards & Games	1 p.m. – 5 p.m.	Room 6
What's On your Mind 2nd & 4th Tuesdays	1: 30 p.m. - 3 p.m.	Room 8
Men's Discussion	2 p.m. - 3:30 p.m.	Room 5
Table Tennis (\$2.00 drop-in)	3:30 p.m. - 7:30 p.m.	Room 1, 2, 3

Wednesday:

Activity	Time	Location
Open Cards & Games	8 a.m. – 5 p.m.	Room 6
Rummikub	10 a.m. – 1 p.m.	Room 5
Blood Pressure Screener	10:30 a.m. – Noon	Lobby
Open Art & Crafts	12:30 p.m. – 4:30 p.m.	Room 6
Current Events Discussion Group	2 p.m. – 3:30 p.m.	Room 4
Knitting/Crocheting 2nd & 4th Wednesday	4 p.m. – 8 p.m.	Room 6

Thursday:

Activity	Time	Location
Book Discussion 2nd Thursday (Sep-Jan)	10 a.m. – 11:30 a.m.	Room 7
Congregate Meals (\$4.00)	10 a.m. – 11:30 a.m.	Room 6
Speedy Bridge	12 p.m.– 3:30 p.m.	Room 7
Mah Jongg	1 p.m. – 4 p.m.	Room 8
Open Cards & Games	1 p.m. – 5 p.m.	Room 6

Friday:

Activity	Time	Location
Open Cards & Games	8 a.m. – 4:30 p.m.	Room 6
Matinee Movie	1 p.m. – 4 p.m.	Room 5
Table Tennis (\$2.00 Drop-in)	1 p.m. – 4:30 p.m.	Room 1, 2, 3

Support Group:	Time	Location
Duet- Caregivers 1st & 3rd Thursdays	10 a.m. – 11:30 a.m.	Room 7
Mended Hearts 2nd Tuesday	6 p.m. – 8 p.m.	Room 4
Multiple Sclerosis 2nd Tuesday	4:30 p.m. – 6:30 p.m.	Room 8
Low Vision Support Group 2nd Wednesday	9 a.m. – 10:30 a.m.	Room 8