**Scottsdale’s McDowell Sonoran Preserve Southern & Central Regions Spring 2024**

**Scenic's McDowell Sonoran Preserve**

**TRAILS OF THE SCOTTSDALE MCDOWELL SONORAN PRESERVE - CENTRAL REGION**

**USE THIS MAP TO PLAN A SAFE OUTING IN THE PRESERVE**

This map contains valuable information about the trails. Understanding how to use it is one of the keys to planning a safe and enjoyable experience in the Preserve.

**EMERGENCY MARKERS**

These markers are located on sign posts throughout the Preserve, and are labeled on the map. Each marker has a unique combination of letters and numbers. If you need help, reference the nearest marker to assist emergency personnel in identifying your location.

**TRAIL SEGMENT LENGTHS**

Each trail segment includes a map, trail and segment lengths together to determine the total length of your route.

**ELEVATION**

Each emergency marker, trailhead and scenic point is labeled on the map with elevation above sea level. Use these labels to understand the elevation change along the trail segments you plan to travel. You can get an idea of the trail segment difficulty by determining the amount of elevation gain or loss you will experience over the length of that segment.

**DOGS IN THE PRESERVE**

- **RULES**
  - Dogs must be on a hand held leash no greater than 6 feet at all times.
  - Dog waste must be picked up immediately and disposed of in a trash container. DO NOT leave dog waste along the trail.

**SAFETY**

The desert heat can KILL YOUR DOG and you could be charged with animal cruelty under A.R.S. 13-2910. Dogs do not sweat like us and can overheat by the heat quickly. Once your dog shows signs of heat stress, it is often too late.

**Tips to avoid a heat emergency:**

- **Check the hourly weather forecast BEFORE bringing your dog to the Preserve.** If it will be 90°F or more during your outing, leave your dog at home.
- **Carry plenty of water for you and your dog.**

**Warning signs of heat stress:**

- **Heat pants, bright red tongue and thick saliva.**
- **Condition worsens if dog vomits, becomes unstable, lethargic or unwilling to move.**
- **Advanced heat stroke signs are lips/membranes become blue/grey, rapid on-set collapse, unconsciousness and DEATH**

**What to do:**

- **Remain the dog from the heat and cool the dog's body with water.**
- **If the dog is conscious, give access to cool drinking water.**
- **Get to a veterinarian immediately.**

**REDUCE YOUR RISK OF NEEDING RESCUE**

**THE PRESERVE IS A REMOTE AREA WITH POTENTIAL FOR EXTREME CONDITIONS. EMERGENCY RESPONSE CAN TAKE SOME TIME. YOU ARE RESPONSIBLE FOR YOUR OWN SAFETY.**

- **Bring ample water for you AND your dog.**
- **When your water is half gone, turn around.**
- **Start drinking water before you arrive so your body is pre-hydrated.**
- **Bring a fully charged cell phone.**
- **Know your abilities and health limitations. Don’t take on more than you can safely accomplish.**
- **Check the hourly weather forecast.**
- **Temperatures can climb dramatically after a relatively cool morning. Be aware of the cooker parts of the day and leave your dog at home when it’s over 90°F.**

**Shade is very limited in the Preserve, so wear sunscreen and dress appropriately with a hat and light colored breathable clothing that covers your body.**

**Wear sturdy footwear with a good tread.**

**Pay attention to the emergency markers so you can reference them in case of an emergency.**

**Know your trail route and where you started.**

**Take note of the trailhead address on this map in case of an emergency.**

**Sell a friend or family member where you are going and when you plan to return.**

**Leave your valuables at home.**

**WE NEED YOUR HELP**

If you see any suspicious behavior including the following violations in the Preserve, please report it by calling the Scottsdale Police non-emergency number:

- **Motor Vehicles**
- **Loose or Roaming Horse/Livestock**
- **Dogs Off Leash**
- **Vandalism or Cutting of Fences**

**Non-Emergency Number 480-312-5000**

**TRAILHEAD ADDRESSES**

- **Brown’s Ranch Trailhead**
  36901 N. School House Rd., Scottsdale, AZ 85262
- **Fraesfield Trailhead**
  13400 E. Rio Verde Dr. Scottsdale, AZ 85262
- **Pima Dynamite Trailhead**
  28777 N. Pima Rd. Scottsdale, AZ 85262
- **Granite Mountain Trailhead**
  13801 N. 40th St. Scottsdale, AZ 85255
- **Gateway Trailhead**
  13031 N. Thompson Peak Pkwy. Scottsdale, AZ 85255
- **Lost Dog Wash Trailhead**
  12601 N. 124th St. Scottsdale, AZ 85259
- **Sunrise Trailhead**
  12351 N. 124th Way Scottsdale, AZ 85259
- **Tom’s Thumb Trailhead**
  23951 N. 128th St. Scottsdale, AZ 85255

**TRAIL GUIDE**

- **Name**
  - Brown’s Ranch Trailhead
  - Fraesfield Trailhead
  - Pima Dynamite Trailhead
  - Granite Mountain Trailhead
  - Gateway Trailhead
  - Lost Dog Wash Trailhead
  - Sunrise Trailhead
  - Tom’s Thumb Trailhead

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**GENERAL RULES**

- **The Preserve is open from sunrise to sunset.**
- **Stay on designated and posted trails.**
- **No smoking, fireworks or open flame.**
- **No motor vehicles including electric bikes.**
- **No pets (except service dogs for those with a disability).**
- **No alcohol or glass containers.**
- **No horse, cattle or other livestock.**
- **No motorized equipment.**
- **No ATV’s, UTV’s, Segway, or E bikes allowed.**
- **No horse or bike riders.**
- **No motorized vehicles.**

**TIPS AND REMINDERS**

- **Trail etiquette is important. Enjoy your experience and share the trails with others.**
- **Be considerate of other trail users - we are all here for the same reason.**
- **Downtown traffic should yield to uphill traffic.**
- **All trail users should yield to horses. Avoid sudden moves or loud noises which could startle them.**
- **Bicyclists and trail runners should yield to all other users. Slow down and alert other users when approaching from the rear.**
- **Always travel at safe speeds.**
- **Do not use trails when wet or muddy.**
- **Speak quietly in the desert environment.**

**Motor Vehicles**

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