GENERAL RULES
• The Preserve is open from sunrise to sunset.
• Stay on designated and posted trails.
• No smoking, firearms or open flame.
• No motor vehicles including electric bikes.
• Dogs must be on a leash (no longer than 6 feet) at all times, and owners must immediately pick up and deposit waste in a trash receptacle.
• Take off and landing of drones is prohibited.
• Do not disturb wildlife or alter fences, plants or remove any materials, including rocks, wildlife sign or nests, trees, etc., from the area.
• No alcohol or glass containers.

TRAIL ETIQUETTE
• Be considerate of other trail users - you are all here for the same reason.
• Downhill traffic should yield to uphill traffic.
• All trail users should yield to horses. Avoid sudden noises or loud noises which could startle them.
• Bicyclists and trail runners should yield to all other users. Slow down and alert other users when approaching from the rear.
• Bicyclists should consider using a bell or similar device.
• Always travel at safe speeds.
• Do not use trails when wet or muddy.
• Sound travels far in the desert environment, so please speak quietly.

SCOTTSDALE'S McDOWELL SONORAN PRESERVE
Northern & Central Regions Fall 2018

USE THIS MAP TO PLAN A SAFE OUTING IN THE PRESERVE
This map contains valuable information about the trails. Understanding how to use it is one of the keys to planning a safe and enjoyable experience in the Preserve.

EMERGENCY MARKERS
These markers are located on sign posts throughout the Preserve, and are labeled on the map. Each marker has a unique combination of letters and numbers. If you need help, reference the nearest marker to assist emergency personnel in identifying your location.

TRAIL SEGMENT LENGTHS
The trails in the Preserve are comprised of segments defined between emergency markers. Each segment is labeled with the length in miles, rounded to the nearest tenth. As you plan your journey, add the segment lengths together to determine the total length of your route.

ELEVATION
Each emergency marker, trailhead and scenic point is labeled on the map with the elevation above sea level. Use these labels to understand the elevation change along the trail segments you plan to travel. You can get an idea of the trail segment difficulty by determining the amount of elevation gain or loss you will experience over the length of the segment.

TRAFFIC SAFETY TIPS
Safety while in the Preserve begins with you. The Preserve is a remote area with a potential for extreme conditions. Emergency response can take some time. Please take responsibility for your own safety.
• Bring ample water for you AND your dog. When your water is half gone, turn around.
• Start drinking water before you arrive so your body is pre-hydrated.
• Bring a fully charged cell phone.
• Know your abilities and health limitations. Don’t take on more than you can accomplish.
• Check the hourly weather forecast. Temperatures can climb dramatically after a relatively cool morning. Be active in the cooler parts of the day and leave your dog at home when it’s over 90°F.
• Shade is very limited in the Preserve, so wear sunscreen and dress accordingly with a hat and light colored breathable clothing that covers your body.
• Wear sturdy footwear with a good tread.
• Pay attention to the emergency markers so you can reference them in case of an emergency.
• Know your trail route and where you start and end.
• Take note of the trailhead address on this map in case of an emergency.
• Tell a friend or family member where you are going and when you plan to return.
• Leave your valuables at home.

BROWNS RANCH HISTORIC SITE

PARKING ALERT!
Do Not Park on 136th St. Please Use the Granite Mtn. Parks. In this area of the Preserve, a portion of your route will be closed to public use for a portion of the year, through the spring of 2019. The Trailhead and entrance at the Fraesfield Trailhead are taking place at the Fraesfield Trailhead.

City of Scottsdale
McDowell Sonoran Preserve
408-312-7013
ScottsdaleAZ.gov
Search: Preserve

McDowell Sonoran Conservancy
408-799-0908
McDowellSonoran.org

Difficult Elevation Summit
2018 McDowell Sonoran Preserve

Lost Dog

What to do:
• Get to a veterinarian immediately.
• If the dog is conscious, give access to cool water before you arrive so your dog can get the hydration it needs.
• Condi­tion worsens if dog vomits, becomes blue/gray, rapid on-set collapse, becomes listless or ceases movement.
• The desert heat can be dangerous. Know your abilities and limits.
• Do not leave the dog in a vehicle.
• Warning signs of heat stress:
  • 95°F or more during your outing, leave your dog at home.
  • 90°F or more during your outing, leave your dog at home.
  • Carry plenty of water for you and your dog. The water being available at the trailheads is limited in the Preserve, so wear sunscreen and dress appropriately with a hat and light colored breathable clothing that covers your body.

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