

December

Announcements:

12/19-12/31: Water aerobics break

12/24-12/26: Facility closed due to holiday

12/18-1/1: POOL CLOSED FOR MAINTENANCE. Gym will remain open.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	2 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	3 Lap Swim & Gym 8 a.m.–2 p.m.
4 Closed	5 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	6 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	7 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	8 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	9 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	10 Lap Swim & Gym 8 a.m.–2 p.m.
11 Closed	12 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	13 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	14 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	15 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	16 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	17 Lap Swim & Gym 8 a.m.–2 p.m.
18 Closed	19 Lap Swim: *CLOSED* Gym: 6 a.m.–8 p.m.	20 Lap Swim: *CLOSED* Gym: 6 a.m.–8 p.m.	21 Lap Swim: *CLOSED* Gym: 6 a.m.–8 p.m.	22 Lap Swim: *CLOSED* Gym: 6 a.m.–8 p.m.	23 Lap Swim: *CLOSED* Gym: 6 a.m.–8 p.m.	24 *CLOSED*
25 *CLOSED*	26 *CLOSED*	27 Lap Swim: *CLOSED* Gym: 6 a.m.–8 p.m.	28 Lap Swim: *CLOSED* Gym: 6 a.m.–8 p.m.	29 Lap Swim: *CLOSED* Gym: 6 a.m.–8 p.m.	30 Lap Swim: *CLOSED* Gym: 6 a.m.–8 p.m.	31 Lap Swim: *CLOSED* Gym: 8 a.m.–2 p.m.

McDowell Mountain Ranch Aquatic and Fitness Center

15525 N. Thompson Peak Pkwy



January

Announcements:

1/2: Pool re-opens, January H20x begins

1/16: Alternate hours due to holiday

1/29: Alternate hours due to swim meet at Cactus Pool

1/30: February H20x begins

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Closed	2* Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	3 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	4 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	5 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	6 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	7 Lap Swim & Gym 8 a.m.–2 p.m.
8 Closed	9 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	10 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	11 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	12 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	13 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	14 Lap Swim & Gym 8 a.m.–2 p.m.
15 Closed	16* Lap Swim & Gym 8 a.m.–12 p.m.	17 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	18 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	19 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	20 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	21 Lap Swim & Gym 8 a.m.–2 p.m.
22 Closed	23 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	24 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	25 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	26 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	27 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	28 Lap Swim & Gym 8 a.m.–2 p.m.
29* Lap Swim & Gym 9 a.m.–1 p.m.	30* Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	31 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.				

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