



Hello and welcome to the 2021 City of Scottsdale Summer Recreational Swim team! We are looking forward to a fun and exciting summer. We have a great season planned and with your involvement, it can only get better. We will continue to take COVID precautions this summer by reducing the total number of participants per hour and will limit the number of swimmers per lane. Also, this year we will not be conducting any large events like Saturday weekly swim meets, Splash N Dash, or the City Championship. We will have inter-squad meets during practice on Thursdays.

The City of Scottsdale Recreational Swim team provides your child with the opportunity to thrive in a non-threatening environment, gain competitive experience, practice their swimming skills, build self-esteem, make friends, and get physically fit.

Ski Pro will be on-site during the first week of practice to assist you with team suit fitting and orders. Swim accessories such as caps and goggles will also be available for purchase during this time.

Daily practices and weekly swim meets are just some of the aspects of being a member of our team. Parent involvement is necessary for meets to run smoothly and efficiently. To volunteer, talk to your coaches before a swim meet! Getting involved will make your summer swim team experience an unforgettable and memorable one.

Good luck this summer and we look forward to meeting you and your family!

Have a safe and fun summer!

City of Scottsdale Aquatic Management Team



Welcome to Recreational Swimming

The swim program is organized to help youth develop important qualities that will carry into their adult life. Through consistent practice, participants will enhance their physical coordination, fitness, and skill development. Gradual improvement in competition encourages stronger self-confidence and personal esteem. Participation in a team environment also generates sportsmanship and team spirit. The Scottsdale Aquatics Program hopes to make your child's experience fun and rewarding. It is our goal for each child to gain a skill that can carry life-long benefits, obtain an understanding of the pride that comes with accomplishment, and learn the value of being part of a team. Personal improvement at practices and meets is emphasized over winning.

Objectives of the program

Recreational teams are designed to be faster paced and have a larger number of participants than that of lessons. The Recreational program is not intended to take the place of a learn to swim lesson, but rather build on those skills already learned in classes, refine the strokes, and apply them to a competitive environment.

Our Goal

It is the goal of the City of Scottsdale Recreational Swim and Dive program to enhance present abilities and encourage young athletes to gain additional skills. Each swimmer will be taught the basics of recreational swimming while having fun. Your child will be involved in organized, yet rigorous practices and will improve their techniques for all four competitive strokes. The participant will also learn sportsmanship, self-discipline, and increase their fitness through regular training and competitions.

Getting Started- Registration

Swimmers must be able to demonstrate at least one length of the pool (25 yards) unassisted, of all 4 competitive strokes. (Freestyle, Backstroke, Breaststroke, Butterfly)

Swimmers must be at least 5 years of age to participate. Age for swim meets shall be determined by the age of the participant on the first day of practice (June 7, 2021).

In the event that a participant is not ready for the recreational team, arrangements can be made to place your child in an appropriate swim lesson, if space is available.

No child shall swim without registration fees paid in full. Registration fee for residents is \$105 and \$158 for non-residents. All program refunds shall be prorated up to and including the 2nd class. **There will be no refunds after the 2nd class date.**

What you'll need

It is not mandatory to buy a team suit, but your swimmer should be able to workout comfortably in an appropriate suit. Swim goggles are highly recommended as well as a swim cap for those with long hair. Sunscreen, towel, and water should be brought to practice daily.

Suit Fittings

See attached flyer for more information

You can also get your team suit online!

<http://scottsdale20.itemorder.com/>

Free shipping!

Eldorado – 6/8/21 - 8:00-10:30am

Chaparral 6/8/21- 4:45 - 7:00pm

Cactus 6/9/21 – 8:00am – 11:30am & 6:00pm – 7:00pm

McDowell Mountain Ranch 6/10/21– 8:00am - 11:30am & 5:00pm - 7:00pm



*Any Questions about suits? Contact Susan at swim@skipro.com

Practices

****Practices are held Monday through Thursday unless noted otherwise****

The practice times are as follows:

Eldorado Pool: 8:15am, 9:30am & 5:15pm

Chaparral Pool: 5:00pm, 6:00pm

Cactus Pool: 8:30am, 9:30am 10:30am, 6:00pm & 7:00pm

McDowell Mountain Ranch: 8:00am, 9:00am, 10:00am, 11:00am, 5:00pm & 6:00pm

Swim Meets

In order to encourage social distancing and avoiding large crowds, all swim meets this summer will be intrasquad meets, meaning teammates will be competing against each other as opposed to visiting another pool.

Age groups for competition shall be: 5-6, 7-8; 9-10; 11-12; 13-14; and 15-17.

Ages 5-10 will be swimming 25-50 yards and 11-17 will be swimming 50-100 yards for each event.

(In the event that attendance is low in an age group, your child will be placed in a different age division during competitions, but will be scored with the appropriate age group).

Stroke of the Week Meets

The City of Scottsdale Recreational Swim program works on progression of strokes throughout the season. Each intrasquad meet will focus on a different "stroke of the week". During the week, practice will focus on the specific strokes and events that will be swum at that meet. The schedule for the focus of the week is as follows:

Week 1 & 2 (6/7-6/17): Freestyle & Backstroke

Week 3 & 4 (6/21-7/1): Breaststroke & Butterfly

Week 5 & 6 (7/5-7/15): Individual Medleys

Week 7 & 8 (7/19-7/29): Coaches choice

The Meets

The meets are not scored and some of the meets will be timed. Ribbons will be given out for 1st through 8th place for each age group. Each swimmer will be assigned a number for the season which will assist us in organizing each swim meet and place judges. Parents are strongly encouraged to volunteer as timers for the swim meets. Please ask your coach for more information. **Intrasquad meets will be held every Thursday during your swimmer's scheduled swim practice.**

City of Scottsdale Parks and Recreation Behavior Policy

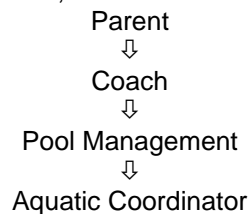
Kindness, consideration and courteous behavior is appreciated and expected.

Treat every patron and staff member with respect.

Respect facility property and the property of others.

Communication & Questions

If there is a pool specific team question and/or problem, the chain of communication is:



Have a fun, safe and outstanding summer and thank you for your participation in the City of Scottsdale Recreation Swim Team

If you have any questions or concerns about the program or meets, you can contact Kyu Hyun at khyun@scottsdaleaz.gov (480)-312-6654

THANK YOU to Scottsdale Aquatic Club for assisting in coaching and training our recreational swim teams. Scottsdale Aquatic Club is a year-round competitive swimming program based out of Cactus Aquatic Center.

The Scottsdale program is characterized philosophically by the principles of self-image psychology. This discipline is concerned with guiding and directing individuals toward maximum development of their talents and abilities. Similarly, the Scottsdale coaching staff endeavors to teach, train, and motivate young people to achieve their ultimate potential in swimming in the belief that this experience will prove valuable to them as they grow and develop into adults.

SAC strives to instill in young swimmers an understanding of and appreciation for such life skills and concepts as high self-esteem, personal accountability, self-discipline, goal setting, and goal achievement as these ideas relate to their success in training and in competition.

At each level, swimmers are instructed to strive for excellence. Excellence in this sense represents the achievement of that level at which you know that you have done your utmost to become the best you are capable of becoming. This philosophy is consistent throughout the program, and every swimmer, novice to Olympian, is encouraged to "Be the Best You Can Be".

[For information on how to join contact SAC call 480.951.5368](tel:4809515368) or Sacaquaticclub@gmail.com



City of Scottsdale Summer Team Suits 2021

3 ways to order:

1. **SKI PRO PHOENIX LOCATION** 2110 E CAMELBACK RD.

2. **Online Team Store:** skipro.com

Please use TRY ON suits available at MMR, Cactus, Chaparral and Eldorado 6/8-6/10

3. **Team Gear Fitting:** See dates and times listed for your pool

Eldorado Fitting

Tuesday 6/8
8:00-10:30am

Chaparral Fitting

Tuesday 6/8
4:45-7pm

Cactus Fitting

Wednesday 6/9
8:00 – 11:30am
AND 6 – 7pm

MMR Fitting

Thursday 6/10
8:00 – 11:30am
AND 5 – 7pm



***SWIMMERS MAY ATTEND ANY FITTING**



Chaparral/BLU



Eldorado/GRN



Cactus/PPL



MMR/RED



FEMALE SIZES: Y 22-28 A 26-38 **TEAM PRICE \$37.00 INCLUDES TAX**

MALE SIZES: 22-38 **TEAM PRICE \$37.00 INCLUDES TAX**

WE ACCEPT CASH. VISA. MASTERCARD. AMERICAN EXPRESS AND DISCOVER.

Discounted Grab Bag Suits will be available at the fittings.
Team discount offered on all swim accessories at the fittings.

Delivery options:

1. Suits can be purchased in store. You do not have to wait for the fitting.
2. Shipped direct, charges apply.
3. Orders placed by 6/1 that are in stock can be delivered to fittings. Sizes that need to be ordered from fitting can be included in one bulk shipment delivered to pool @ N/C, picked up in store, or shipped direct charges apply.

SKI PRO

2110 E Camelback Rd.

Phoenix, AZ 85016

602 955 3939

skipro.com

swim@skipro.com

ANY QUESTIONS,
PLEASE CALL SUSAN
602 689 7999

Store hours:

M – F 10 - 9

SAT 10 - 6

SUN 12 – 5

Recreation Swim and Dive Code of Conduct

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character."

I therefore agree:

1. I will not force my child to participate in sports.
2. I will remember that children participate to have fun and that the game is for youth, not adults.
3. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
4. I will learn the rules of the game and the policies of the league.
5. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other sporting event.
6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
7. I will not encourage any behaviors or practices that would endanger the health and wellbeing of the athletes.
8. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
9. I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
10. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
11. I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
12. I will never ridicule or yell at my child or other participant for making a mistake or losing a competition.
13. I will emphasize skill development and practices and how they benefit my child over winning. I will also deemphasize games and competition in the lower age groups.
14. I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.
15. I will respect the officials and their authority during games and will never question, discuss, or confront coaches at the game field/deck, and will take time to speak with coaches at an agreed upon time and place.
16. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all sports events.
17. I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.

I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

- Verbal warning by official, head coach, and/or head of league organization
- Written warning
- Parental game suspension with written documentation of incident kept on file by organizations involved
- Parental season suspension