

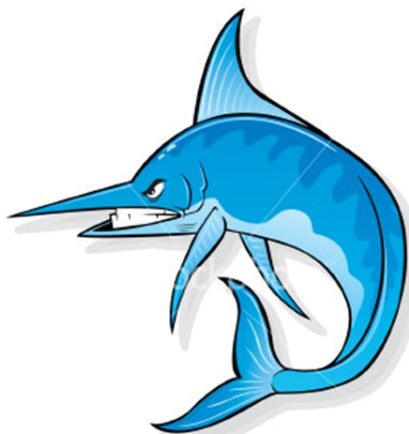
2021 Rec Dive Team

Cactus



Crocodiles

**McDowell Mountain
Ranch**



Marlins

Eldorado



Eels

Hello and welcome to the 2021 City of Scottsdale Summer Recreational Dive Team! We are looking forward to an exciting summer of diving and fun! We have a great season planned and, with your involvement, it can only get better. We will continue to take COVID precautions this summer by reducing the total number of participants per hour and will encourage social distancing while waiting to practice dives. Also, this year we will not be conducting any large events like weekly dive swim meets between pools. We will have inter-squad meets during practice on Thursdays.

The City of Scottsdale Recreational Dive Team provides your child with the opportunity to thrive in a non-threatening environment, practice their diving skills, build self-esteem, make friends, and get physically fit.

Ski Pro will be on-site during the first week of practice to assist you with team suit fitting and orders. Swim accessories such as dive shammies will also be available for purchase during this time.

Daily practices, weekly meets, collaborating with teammates, learning self-discipline, and working towards new goals are just some of the aspects of being a member of this team. Getting involved will make your summer dive team experience that much more worthwhile.

Good luck this summer and we look forward to meeting you and your family!

Have a safe and fun summer!

City of Scottsdale Aquatic Management Team



Welcome to Recreational Diving

The City of Scottsdale Summer Recreational Dive Team is organized to serve the recreational needs and develop the potential of young athletes who are interested in furthering their diving abilities. Divers will enhance physical coordination and fitness through consistent practice and training while developing proper diving skills. Practicing with the same group of divers everyday will encourage team spirit and gradual improvement will inspire higher self-esteem with each individual member.

Recreational teams are designed to be faster paced and have a larger number of participants than our learn-to-dive lessons. The Recreational Dive Team program is not intended to take the place of dive lessons but rather build on those skills already learned in classes.

Family participation is highly encouraged and always appreciated at meets and is an integral part of the Recreational Dive Team experience. Family members may become supportive spectators, volunteer to help score, or help conduct various activities with the assistance of the dive coordinator.

Our Goal

It is the goal of the Recreational Dive Team program to enhance present abilities and encourage young athletes to gain additional skills throughout the course of the summer. Each diver will be taught the basics of recreational diving while participating in rigorous and organized practices. The participants will also learn sportsmanship, self-discipline, and fitness from regular training and competitions. Each diver will gain a skill that has life-long benefits such as obtaining an understanding of the pride that comes with accomplishment, and learning the value of being part of a team.

Getting Started

Divers must be able to demonstrate a three-step forward approach and hurdle, back press, forward jump, back jump, forward dive, and back dive.

Any diver participating in practices or competitions with any other team shall not participate in the recreational league meets.

Divers must be a minimum of 6 years of age to participate on the Recreational Dive Team. Age for dive meets shall be determined by the age of the participant on the first day of practice.

The following are the age groups for dive meets:

8 & under 9-11 12 and older

In the event that a participant is not ready for the recreational team, arrangements can be made to place him or her in a more appropriate level.

No child shall swim without registration fees paid in full. Registration fee for residents is \$105 and \$158 for non-residents. All program refunds shall be prorated up to and including the 2nd class. **There will be no refunds after the 2nd class date.**

What you'll need

It is not mandatory to buy a team suit, but your diver should be able to workout comfortably in an appropriate suit. Sunscreen, towel, and water should be brought to practice daily.

Suit Fitting

See attached flyer for more information

You can also get your team suit online!

<http://scottsdale20.itemorder.com/>

Free shipping!

Eldorado 6/8/21- 8:00-10:30am

Chaparral 6/8/21 - 4:45pm - 7:00pm

Cactus – 6/9/21 – 8:00am – 11:30am & 6:00pm – 7:00pm

McDowell Mountain Ranch 6/10/21 - 8:00am - 11:30am & 5:00pm - 7:00pm



*Any Questions about suits? Contact Susan at swim@skipro.com

Dive Meets

In order to encourage social distancing and avoid large crowds, all dive meets will be inter-squad meets this summer. Inter-squad meets are when participants compete against their own teammates as opposed to visiting another pool.

Inter-squad Meets:

These meets will only involve one pool's dive team competing against each other. Each diver will be scored on the dives that were focused on during that week's practice.

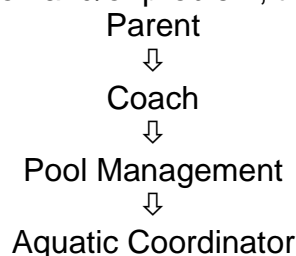
General dive meet guidelines will apply for intersquad meets.

3 Meter Meets:

These meets are **only for the 10-11 age group and 12 and over age group**. The same rules apply for the 3 Meter meet as the dual meets and inter-squad meets.

Communication & Questions...

If there is a pool specific team question and/or problem, the chain of communication is:



If you have any questions or concerns about the program or meets you can contact
Kyu Hyun at khyun@scottsdaleaz.gov (480) 312-6654

A special thanks to CDS for assisting with coaches trainings:

Clavadistas del Sol (CDS) is a non-profit amateur diving program. Divers compete at the local, regional, national, and international level. Your (child's) level will be determined at tryouts.

CDS conducts practices at Cactus Aquatic and Fitness center on a year round basis.

CONTACTS:

E-mail: info@cdsdiving.org

Head Coach: Josh Rusboldt

www.cdsdiving.org
(480) 329-6035



City of Scottsdale Summer Team Suits 2021

3 ways to order:

1. **SKI PRO PHOENIX LOCATION** 2110 E CAMELBACK RD.
2. **Online Team Store:** skipro.com

Please use TRY ON suits available at MMR, Cactus, Chaparral and Eldorado 6/8-6/10

3. **Team Gear Fitting:** See dates and times listed for your pool

Eldorado Fitting

Tuesday 6/8
8:00-10:30am

Chaparral Fitting

Tuesday 6/8
4:45-7pm

Cactus Fitting

Wednesday 6/9
8:00 – 11:30am
AND 6 – 7pm

MMR Fitting

Thursday 6/10
8:00 – 11:30am
AND 5 – 7pm



***SWIMMERS MAY ATTEND ANY FITTING**



Chaparral/BLU



Eldorado/GRN



Cactus/PPL



MMR/RED



FEMALE SIZES: Y 22-28 A 26-38 **TEAM PRICE \$37.00 INCLUDES TAX**

MALE SIZES: 22-38 **TEAM PRICE \$37.00 INCLUDES TAX**

WE ACCEPT CASH. VISA. MASTERCARD. AMERICAN EXPRESS AND DISCOVER.

Discounted Grab Bag Suits will be available at the fittings.
Team discount offered on all swim accessories at the fittings.

Delivery options:

1. Suits can be purchased in store. You do not have to wait for the fitting.
2. Shipped direct, charges apply.
3. Orders placed by 6/1 that are in stock can be delivered to fittings. Sizes that need to be ordered from fitting can be included in one bulk shipment delivered to pool @ N/C, picked up in store, or shipped direct charges apply.

SKI PRO

2110 E Camelback Rd.

Phoenix, AZ 85016

602 955 3939

skipro.com

swim@skipro.com

ANY QUESTIONS,
PLEASE CALL SUSAN
602 689 7999

Store hours:

M – F 10 - 9

SAT 10 - 6

SUN 12 – 5

Recreation Swim and Dive Code of Conduct

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character."

I therefore agree:

1. I will not force my child to participate in sports.
2. I will remember that children participate to have fun and that the game is for youth, not adults.
3. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
4. I will learn the rules of the game and the policies of the league.
5. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other sporting event.
6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
7. I will not encourage any behaviors or practices that would endanger the health and wellbeing of the athletes.
8. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
9. I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
10. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
11. I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
12. I will never ridicule or yell at my child or other participant for making a mistake or losing a competition.
13. I will emphasize skill development and practices and how they benefit my child over winning. I will also deemphasize games and competition in the lower age groups.
14. I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.
15. I will respect the officials and their authority during games and will never question, discuss, or confront coaches at the game field/deck, and will take time to speak with coaches at an agreed upon time and place.
16. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all sports events.
17. I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.

I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

- Verbal warning by official, head coach, and/or head of league organization
- Written warning
- Parental game suspension with written documentation of incident kept on file by organizations involved
- Parental season suspension