

McDowell Mountain Ranch Park and Aquatic Center

Leisure Education Classes - SEPT, OCT, NOV, DEC 2021

For the most up-to-date class information and to register, please visit Recreation.ScottsdaleAZ.gov

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MORNING 6 - 11 A.M.

AFTERNOON 12 - 4 P.M.

EVENING 5 - 9 P.M.

Senior Strength Training
9:15-10:15 a.m.
#28699(9/20-24 classes)

Pilates
10:30-11:30 a.m.
#28684(9/13-14 classes)

World Dance Mixx
9:00-10:00 a.m.
#28758(9/14-14 classes)

Pilates Intermediate/
Advanced
10:10-11:10 a.m.
#28692(9/15-14 classes)

World Dance Mixx
9:00-10:00 a.m.
#30044(9/16-12 classes)

Senior Strength Training
9:15-10:15 a.m.
#27964(6/7-23 classes)

Core Dance Fun & Fitness
10:15-11:15 a.m.
#28566(9/16-12 classes)

Tot Ballet
3:50-4:35 p.m.
#28742(9/14-7 classes)

Dance and Cheer for Youth
4:45-5:30 p.m.
#28601(9/14-7 classes)
5:35-6:20 p.m.
#30098(9/14-7 classes)

Superhero Training
5:10-5:55 p.m.
#28717(9/15-6 classes)
5:10-5:55 p.m.
#30169(11/3-6 classes)
5:15-6:00 p.m.
#30171(9/22-12 classes)

Tot Dance Stars
3 -3:45 p.m.
#28743(9/16-7 classes)
3 -3:45 p.m.
#30088(11/4-5 classes)

Youth Dance Stars
4 -4:45 p.m.
#28788(9/16-7 classes)
4 -4:45 p.m.
#30092(11/4-5 classes)

Core and More
5:30-6:30 p.m.
#28596(9/14-14 classes)

NEW! BollyX-The Bolly-
wood Workout
6:45-7:45 p.m.
#30030(9/14-14 classes)

6:00-6:45 p.m.
#28718(9/15-6 classes)
6:00-6:45 p.m.
#30109(11/3-6 classes)

Yoga-All Levels (14 +)
6:30-8 p.m.
#28763(9/15-13 classes)

Youth Dance Stars
5 -5:45 p.m.
#28789(9/16-7 classes)
5 -5:45 p.m.
#28789(9/16-7 classes)

Core and More
5:30-6:30 p.m.
#28597(9/16-12 classes)

Gymnastics
5-6:00 p.m.
#30166(9/17-7 classes)

Gymnastics
5-6:00 p.m.
#30165(11/5-6 classes)

SATURDAY

Yoga-All Levels (14+)
8:30-9:30 a.m.
#28457(6/12-12 classes)

NEW! Dance It Up!
6:15-7:14
#29878(9/16-12 classes)

** Class is available for drop-in



McDowell Mountain Ranch
Aquatic and Fitness Center
15525 N. Thompson Peak Pkwy.
Scottsdale, AZ 85260

