

October

Announcements:

Oct. 26: Fall Festival 5 - 9 p.m. (Eldorado Park)

Oct. 27: Dunkin for Pumpkins 1 - 4 p.m.

Oct. 28: Cactus Closure Begins

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Lap Swim: 6 a.m. – 1 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	2 Lap Swim: 6 a.m. – 1 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	3 Lap Swim: 6 a.m. – 1 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	4 Lap Swim: 6 a.m. – 1 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	5 Lap Swim & Gym 8 a.m. - 2 p.m.
6 Closed	8 Lap Swim: 6 a.m. – 1 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	8 Lap Swim: 6 a.m. – 1 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	9 Lap Swim: 6 a.m. – 1 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	10 Lap Swim: 6 a.m. – 1 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	11 Lap Swim: 6 a.m. – 1 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	12 Lap Swim & Gym 8 a.m. - 2 p.m.
13 Closed	14 Lap Swim: 6 a.m. – 1 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	15 Lap Swim: 6 a.m. – 1 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	16 Lap Swim: 6 a.m. – 1 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	17 Lap Swim: 6 a.m. – 1 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	18 Lap Swim: 6 a.m. – 1 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	19 Lap Swim & Gym 8 a.m. - 2 p.m.
20 Closed	21 Lap Swim: 6 a.m. – 1 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	22 Lap Swim: 6 a.m. – 1 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	23 Lap Swim: 6 a.m. – 1 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	24 Lap Swim: 6 a.m. – 1 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	25 Lap Swim: 6 a.m. – 1 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	26** Lap Swim & Gym 8 a.m. - 2 p.m.
27** Dunkin for Pumpkins 1 - 4 p.m.	28** Lap Swim: 6 a.m. – 2 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	29 Lap Swim: 6 a.m. – 2 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	30 Lap Swim: 6 a.m. – 2 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	31 Lap Swim: 6 a.m. – 2 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.		

McDowell Mountain Ranch
Aquatic and Fitness Center

15525 N. Thompson Peak Pkwy



November

Announcements:

Oct. 28-Dec. 2: Cactus Pool Closed for Maintenance

Nov. 11: Veterans Day-Holiday Hours 8 a.m. - 12 p.m.

Nov. 28—29: Closed for Thanksgiving!

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

					1 Lap Swim: 6 a.m. – 2 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	2 Lap Swim & Gym 8 a.m. - 2 p.m.
3 Lap Swim & Gym 10 a.m. - 2 p.m.	4 Lap Swim: 6 a.m. – 2 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	5 Lap Swim: 6 a.m. – 2 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	6 Lap Swim: 6 a.m. – 2 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	7 Lap Swim: 6 a.m. – 2 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	8 Lap Swim: 6 a.m. – 2 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	9 Lap Swim & Gym 8 a.m. - 2 p.m.
10 Lap Swim & Gym 10 a.m. - 2 p.m.	11** Lap Swim & Gym 8 a.m. - 12 p.m.	12 Lap Swim: 6 a.m. – 2 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	13 Lap Swim: 6 a.m. – 2 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	14 Lap Swim: 6 a.m. – 2 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	15 Lap Swim: 6 a.m. – 2 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	16 Lap Swim & Gym 8 a.m. - 2 p.m.
17 Lap Swim & Gym 10 a.m. - 2 p.m.	18 Lap Swim: 6 a.m. – 2 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	19 Lap Swim: 6 a.m. – 2 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	20 Lap Swim: 6 a.m. – 2 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	21 Lap Swim: 6 a.m. – 2 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	22 Lap Swim: 6 a.m. – 2 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	23 Lap Swim & Gym 8 a.m. - 2 p.m.
24 Lap Swim & Gym 10 a.m. - 2 p.m.	25 Lap Swim: 6 a.m. – 2 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	26 Lap Swim: 6 a.m. – 2 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	27 Lap Swim: 6 a.m. – 2 p.m. & 6 - 8 p.m. Gym: 6 a.m. - 8 p.m.	28** Closed: Thanksgiving	29** Closed: Thanksgiving	30 Lap Swim & Gym 8 a.m. - 2 p.m.

McDowell Mountain Ranch
Aquatic and Fitness Center

15525 N. Thompson Peak Pkwy

