When you walk through our doors, you’ll see our total approach to health. We’ll look at all parts of your well-being: Physical, emotional, social and financial. It’s health care for the whole you.

Our doctors and care teams take the time to care for all of your health needs in one visit, rather than just diagnosing, prescribing and recommending treatment for a symptom.

Together, we’ll get to know your whole health – and where you’d like to take it. Then, we’ll coordinate and build a personalized care plan designed to help you get there.

One-stop health care services.
With many services under one roof, you can visit your doctor, get lab draws and fill a prescription. Plus – digital imaging, vision and hearing services are available, if needed.

Virtual care
Speak with a Cigna Medical Group doctor by video or phone from the comfort and safety of your home or on the go for your well care needs or if you’re experiencing a health issue.

Keeping you safe.
When you visit us, rest assured that we are committed to making our health care centers a safe place for care. To keep our patients and clinical care team safe, we have put several safety measures in place, including:

Temperature screening upon entry
Mask Required
Social Distancing in Waiting Rooms
Virtual Care Services
Care given in respiratory symptom-free zone
Reduced patient schedule
Training & protective equipment for all staff
Enhanced & more frequent cleaning procedures

Cigna Medical Group is one provider group available in Cigna’s network. Visit https://providersearch.hsconnectonline.com/OnlineDirectory to search Cigna’s network of providers.
# TABLE OF CONTENTS

## Cigna Medical Group
### Health Care Centers

**Apache Junction**  
Apache Junction ............................... 6

**Chandler**  
Chandler Healthcare Center ............. 7

**Gilbert**  
San Tan Healthcare Center .............. 9

**Goodyear**  
Palm Valley Healthcare Center .......... 11

**Mesa**  
Red Mountain Healthcare Center ........ 13  
Superstition Springs Healthcare Center .. 15

**Peoria**  
Arrowhead Ranch Healthcare Center .... 17

**Phoenix**  
North Valley Healthcare Center .......... 19  
Paradise Valley Multi-Specialty Center .. 21  
South Mountain Healthcare Center ...... 23  
The Pointe Healthcare Center .......... 25  
Westridge Healthcare Center .......... 27

**San Tan Valley**  
Queen Creek Healthcare Center .......... 29

**Scottsdale**  
Scottsdale Healthcare Center .......... 31  
Scottsdale Norte Healthcare Center ... 33

**Surprise**  
Sun City West Healthcare Center ........ 35

## Tempe
C.J. Harris Multi-Specialty Center .......... 37

## Cigna Medical Group
### Multi-Specialty Centers with Urgent Care

**Glendale**  
Paseo Multi-Specialty Center .......... 39

**Mesa**  
Stapley Multi-Specialty Center .......... 41

**Phoenix**  
Phoenix Central Multi-Specialty Center .. 43

**Peoria**  
Sun City Multi-Specialty Center .......... 45
Cigna Medical Group (CMG) is dedicated to delivering personalized, affordable, quality health care to our patients.

When you choose CMG as your medical home, we can help you prevent health risks and stay healthy by:

› Providing clinical excellence, education and resources to help control chronic conditions
› Reminding you of preventive care appointments and follow-up appointments to close gaps in care
› Complimentary comprehensive medication reviews by a Clinical Pharmacist to reduce medication duplication, avoid drug interactions and consolidate utilization, when appropriate
› Providing virtual care visits by video or phone while at home or on the go
› Helping navigate the health care system by coordinating care between your doctors and specialists

**21 Healthcare center locations**

- With **18** onsite pharmacies, **3** with SpotRx kiosks, labs services at all locations, advanced imaging and other diagnostic services

**6 Multi-Specialty centers**

- From primary care offices to 90,000 sq. foot facilities with urgent care

**4 Urgent care centers**

- Open 365 days a year

**One-stop care**

- One visit, keeping all our patients’ health care needs coordinated in real time

---

From preventive care to chronic care, pharmacy to specialty care, we put you at the center of care.

**Primary care**

› Family Practice
› Internal Medicine
› Pediatrics
› Pharmacy (Clinical Pharmacy, Medication Review, Pharmacy Delivery)
› Lab
› Virtual Care

**Specialty care**

› Vision Care (Ophthalmology, Optometry, Vision Centers)
› Hearing Care (Audiology)
› Outpatient and General Surgery
› Podiatry
› Behavioral Health

**Other services**

› Urgent Care
› Digital Imaging
› Care Coordination
› Anticoagulation Clinic
› Flu Shots
› COVID-19 Testing
› MyChart® Patient Portal
Cigna Medical Group is recognized by the National Committee for Quality Assurance (NCQA) as a Patient-Centered Medical Home™. The standards for this recognition emphasize the use of systematic, patient-centered, coordinated care that supports access, communication and patient involvement.

NCQA is a private, nonprofit organization dedicated to improving health care quality. NCQA accredits and certifies a wide range of health care organizations. It also recognizes clinicians and practices in key areas of performance. NCQA is committed to providing health care quality information for consumers, purchasers, health care providers and researchers. For more information, visit the NCQA website at www.NCQA.org.
Health Care Center ❤️

Make an appointment for routine, preventive or sick care. Take care of medical needs such as lab work and get your prescriptions filled. Imaging and specialty care are also available at select locations.

Apache Junction

Apache Junction
2870 W. Apache Trail
Phone number to be assigned
SpotRx Kiosk available

Chandler

Chandler
1717 W. Chandler Blvd.
480.821.7565

Gilbert

San Tan
3530 S. Val Vista Dr., #101
480.722.2340

Goodyear

Palm Valley
14445 W. McDowell Rd., #A104
623.536.3720

Mesa

Red Mountain
5735 E. McKellips Rd., #101
480.718.6444

Superstition Springs
6811 E. Superstition Springs Blvd.
480.641.4000

Peoria

Arrowhead Ranch
21731 N. 77th Ave., #1300
623.561.3300

Phoenix

North Valley
710 W. Bell Rd.
602.588.3800

Paradise Valley Multi-Specialty
3805 E. Bell Rd., #2100
602.404.5200

South Mountain
7236 S. Central Ave.
602.276.5565

The Pointe
7000 N. 16th St., #130
602.567.1901
SpotRx Kiosk available

Westridge
2302 N. 75th Ave.
623.849.7500

San Tan Valley

Queen Creek
36305 N. Gantzel Rd., #102
480.987.6900

Scottsdale

Scottsdale
7287 E. Earl Dr., Bldg. D
480.840.0800

Scottsdale Norte
10900 N. Scottsdale Rd., #606
480.368.2500
SpotRx Kiosk coming Fall 2020

Surprise

Sun City West
13991 W. Grand Ave., #105
623.455.7800

Tempe

C.J. Harris Multi-Specialty
1920 E. Baseline Rd.
480.345.5000
Multi-Specialty Center and Urgent Care

When the unexpected happens and you need urgent medical attention, but it's not a life-threatening emergency, you can get care quickly without an appointment at one of our Urgent Care locations. You can also make an appointment for routine or specialty care at these Multi-Specialty centers.

Glendale

Paseo Multi-Specialty Center and Urgent Care
5891 W. Eugie Ave.
602.588.6600 – Health Care
602.588.6725 – Urgent Care

Urgent Care hours
Weekdays, Saturday and Sunday: 8:00 am – 8:00 pm
Holidays: 8:00 am – 6:00 pm

Mesa

Stapley Multi-Specialty Center and Urgent Care
1840 S. Stapley Dr., #101
480.464.8500 – Health Care
480.464.6969 – Urgent Care

Urgent Care hours
Weekdays, Saturday and Sunday: 8:00 am – 8:00 pm
Holidays: 8:00 am – 6:00 pm

Phoenix

Phoenix Central Multi-Specialty Center and Urgent Care
3003 N. 3rd St.
602.282.9800 – Health Care
602.282.9848 – Urgent Care

Urgent Care hours
M–F: 8:00 am – 8:00 pm
Weekends and holidays: 8:00 am – 6:00 pm
SpotRx Kiosk available

Peoria

Sun City Multi-Specialty Center and Urgent Care
9069 W. Thunderbird Rd.
623.977.7201 – Health Care
623.876.2800 – Urgent Care

Urgent Care hours
M–F: 8:00 am – 6:00 pm
Weekends and holidays: 8:00 am – 6:00 pm
Urgent Care parking is located on the south side of the building
Cigna Medical Group has been recognized for excellence in Diabetes Care Management by the National Committee for Quality Assurance (NCQA), and employs 38 out of the 54 primary care physicians in Arizona recognized for excellence in Diabetes Care Management. Source: reportcards.ncqa.org. As of August 2018.

We are part of every Cigna® network.

Hours of operation
Office & Lab
480.821.7565
M–F 8:00 am–5:00 pm

Services
› Family Practice
› Lab
› SpotRx Kiosk
› Virtual Care

Find your doctor at CignaMedicalGroup.com or schedule an appointment with our Chandler Health Care Center today.
Cigna Medical Group has been recognized for excellence in Diabetes Care Management by the National Committee for Quality Assurance (NCQA), and employs 38 out of the 54 primary care physicians in Arizona recognized for excellence in Diabetes Care Management. Source: reportcards.ncqa.org. As of August 2018.
CHANDLER HEALTH CARE CENTER
1717 W. Chandler Blvd. • Chandler, AZ 85224
On the south side of Chandler Blvd., between S. Dobson Rd. and Alma School Rd.

Find your doctor at CignaMedicalGroup.com or schedule an appointment with our Chandler Health Care Center today.

Hours of operation
Main Office
480.821.7565
M–F 8:00 am–5:00 pm

Pharmacy
480.821.7646
M–F 8:00 am–5:30 pm

Vision Center
480.821.7654
M–F 8:00 am–5:00 pm

Services
› Family Practice
› Internal Medicine
› Lab
› Optometry
› Pediatrics
› Pharmacy
› Pharmacy Delivery
› Vision Center
› Virtual Care
Cigna Medical Group has been recognized for excellence in Diabetes Care Management by the National Committee for Quality Assurance (NCQA), and employs 38 out of the 54 primary care physicians in Arizona recognized for excellence in Diabetes Care Management. Source: reportcards.ncqa.org. As of August 2018.

WE ARE PART OF EVERY CIGNA NETWORK

FAMILY PRACTICE

Erlinda Rodriquez, MD
Provider ID: 1021872M
Practicing since 1991
Additional language: Spanish

Joselyn Funches, MD
Provider ID: 1134172M
Practicing since 2011

Richard Suan, MD
Provider ID: 1210972M
Practicing since 2005

FAMILY PRACTICE

Sridivya Ramineni, MD
Provider ID: 1213572M
Practicing since 2012

Amy Swanholm, NP
Practicing since 2015

Darren Clonts, PharmD
Practicing since 2009

PEDIATRICS

Deanna Haller, DO
Provider ID: 1386624302
Practicing since 1995

David Kipp, MD
Provider ID: 152804828
Practicing since 1983

OPTOMETRY

Shane Theobald, OD
SAN TAN HEALTH CARE CENTER
3530 S. Val Vista Dr., Ste 101 • Gilbert, AZ 85297
Located on the southwest corner of S. Val Vista Dr. and the San Tan Fwy.

Main Office
480.722.2340
M–F 8:00 am–5:00 pm

Pharmacy
480.722.2345
M–F 8:00 am–5:00 pm

Services
› Family Practice
› Lab
› Pharmacy
› Virtual Care

Hours of operation

Find your doctor at CignaMedicalGroup.com
or schedule an appointment with our San Tan Health Care Center today.
WE ARE PART OF EVERY CIGNA® NETWORK

FAMILY PRACTICE

M. Angeli Del Mundo, MD
Provider ID: 1199778M
Practicing since 1996
Additional language: Tagalog

Mitchell Gadow, MD
Provider ID: 1199678M
Practicing since 2008

CLINICAL PHARMACY

Darren Clonts, PharmD
Practicing since 2009
Palm Valley Healthcare Center

14445 W. McDowell Rd., Ste. A-104 • Goodyear, AZ 85395
Located on the southeast corner of N. 145th Ave. and W. McDowell Rd.

Relocating on November 1 to:
13481 W. McDowell Rd. • Buckeye, AZ 85395
Located on the southeast corner of N. 145th Ave. and W. McDowell Rd.

Find your doctor at CignaMedicalGroup.com
or schedule an appointment with our Palm Valley Health Care Center today.

Hours of operation

Main Office
623.536.3720
M–F 8:00 am–5:00 pm

Lab
M–F 8:00 am–3:00 pm

Pharmacy
623.536.3730
M–F 8:00 am–5:00 pm

Services
› Family Practice
› Lab
› Pharmacy
› Virtual Care
WE ARE PART OF EVERY CIGNA® NETWORK

FAMILY PRACTICE

Reginald Baldonado, MD
Provider ID: 1857562M
Practicing since 2009
Additional languages: Spanish, Tagalog

Giuseppe Byron Torres, MD
Provider ID: 1210462M
Practicing since 2011
Additional language: Filipino

CLINICAL PHARMACY

Zachary Lanchaster, PharmD
RED MOUNTAIN HEALTH CARE CENTER
5735 E. McKellips Rd., #101 • Mesa, AZ 85215
Located between N. Higley Rd. and N. Recker Rd.

Hours of operation
Main Office
480.718.6444
M–F 8:00 am–5:00 pm

Pharmacy
480.718.6454
M–F 8:00 am–5:00 pm

Services
› Internal Medicine
› Lab
› Pharmacy
› Virtual Care

Find your doctor at CignaMedicalGroup.com
or schedule an appointment with our
Red Mountain Health Care Center today.
WE ARE PART OF EVERY CIGNA® NETWORK

INTERNAL MEDICINE

Emil Slovak, MD
Provider ID: 14555754M
Practicing since 1986

Charles Stauffer, MD
Provider ID: 1243870M
Practicing since 2013
Additional languages: Spanish, Portuguese.

CLINICAL PHARMACY

Tracy Lin, PharmD
Practicing since 2009
SUPERSTITION SPRINGS HEALTH CARE CENTER
6811 E. Superstition Springs Blvd. • Mesa, AZ 85209
Located on the southeast corner of E. Superstition Springs Blvd. and S. Power Rd.

Hours of operation
Main Office
480.641.4000
M–F 8:00 am–5:00 pm

Lab
M–F 8:00 am–4:30 pm

Pharmacy
480.641.4050
M–F 8:00 am–5:00 pm
Saturdays 7:00 am–11:00 am

Services
› Anticoagulation Clinic
› Digital Imaging
› Family Practice
› General Surgery
› Internal Medicine
› Lab
› 3D Mammography
› Pharmacy
› Pharmacy Delivery
› Ultrasound
› Virtual Care

Find your doctor at CignaMedicalGroup.com or schedule an appointment with our Superstition Springs Health Care Center today.
WE ARE PART OF EVERY CIGNA® NETWORK

FAMILY PRACTICE

Mohammad Ali Khezrian, MD
Provider ID: 1331070M
Practicing since 2003

Laura Skrocki, DO
Provider ID: 1427970M
Practicing since 2008

Laura Edwards, MSN, RN, FNP-C
Practicing since 2013

INTERNAL MEDICINE

Pooja Bhardwaja, MD
Provider ID: 1246870M
Practicing since 2002
Additional languages: Hindi, Punjabi, Urdu

Sujit Magiyawala, MD
Provider ID: 1199370M
Practicing since 2004

CLINICAL PHARMACY

Tracy Lin, PharmD
Practicing since 2009

GENERAL SURGERY

Victoria A. Lee, MD
Provider ID: 1679540074
Practicing since 1982
ARROWHEAD RANCH HEALTH CARE CENTER

21731 N. 77th Ave. #1300 • Peoria, AZ 85382
Located on the corner of N. 77th Ave. and W. Deer Valley Rd.

Find your doctor at CignaMedicalGroup.com or schedule an appointment with our Arrowhead Ranch Health Care Center today.

Hours of operation
Main Office
623.561.3300
M–F 8:00 am–5:00 pm

Pharmacy
623.561.3310
M–F 8:00 am–5:00 pm

Services
› Family Practice
› Lab
› Pharmacy
› Virtual Care
WE ARE PART OF EVERY CIGNA® NETWORK

FAMILY PRACTICE

Eric Limkemann, DO
Provider ID: 1133635M
Practicing since 2007

Tina Duddy, PA
Practicing since 2015

CLINICAL PHARMACY

Brandon Ladd, PharmD
Practicing since 2016
NORTH VALLEY HEALTH CARE CENTER
710 W. Bell Rd. • Phoenix, AZ 85023
Located on the north side of W. Bell Rd., west of N. 7th Ave.

Hours of operation
Main Office
602.588.3800
M–F 7:30 am–5:00 pm

Pharmacy
602.588.3710
M–F 7:30 am–5:00 pm

Services
› Family Practice
› Internal Medicine
› Lab
› Pharmacy
› Pharmacy Delivery
› Virtual Care

Find your doctor at CignaMedicalGroup.com or schedule an appointment with our North Valley Health Care Center today.
WE ARE PART OF EVERY CIGNA® NETWORK

FAMILY PRACTICE

Kalpana Jones, MD
Provider ID: 1499871M
Practicing since 2008

Heather Casey, FNP
Practicing since 2017

Caren Pfieffer, NP
Practicing since 2013

INTERNAL MEDICINE

Manisha Nerkar, MD
Provider ID: 1499771M
Practicing since 2011

CLINICAL PHARMACY

Brandon Ladd, PharmD
Practicing since 2016
PARADISE VALLEY MULTI-SPECIALTY CENTER

3805 E. Bell Rd., Suite #2100 • Phoenix, AZ 85032

Located across the street from Paradise Valley High School.

Find your doctor at CignaMedicalGroup.com or schedule an appointment with our Paradise Valley Multi-Speciality Center today.

Services

› Audiology (Hearing)
› Family Practice
› General Surgery
› Lab
› Optometry
› Pediatrics
› Pharmacy
› Vision Center
› Virtual Care

Hours of operation

Main Office
602.404.5200
M–F 8:00 am–5:00 pm

Pharmacy
602.404.5220
M–F 8:00 am–5:00 pm

Optometry
602.404.5250
M–F 7:30 am–4:00 pm

Audiology
602.404.5250
M–F 7:30 am–4:00 pm

Vision Center
602.404.5250
M–F 8:00 am–4:30 pm
WE ARE PART OF EVERY CIGNA® NETWORK

**FAMILY PRACTICE**

- **Laura Adler, MD**
  Provider ID: 1176860M
  Practicing since 1986

- **Richard Dobrusin, DO**
  Provider ID: 3905860M
  Practicing since 1986

- **Ayesha Najib, MD**
  Practicing since 1984
  Additional languages: Punjabi, Urdu

- **Daron Ruckman, FNP-C**
  Practicing since 2018

- **Anupama Doppalapudi, MD**
  Provider ID: 1680460M
  Practicing since 2011
  Additional languages: Hindi, Konkani, Telugu, Marathi

- **Pamela Griffin, PharmD**

**PEDIATRICS**

- **Linda McCoy, AuD, CCC-A, FAAA**
  Practicing since 1987

**AUDIOLOGY**

- **Kendra Eck, OD**

**CLINICAL PHARMACY**

- **Richard Dobrusin, DO**
  Provider ID: 3905860M
  Practicing since 1986

**OPTOMETRY**

- **Laura Adler, MD**
  Provider ID: 1176860M
  Practicing since 1986

- **Daron Ruckman, FNP-C**
  Practicing since 2018

- **Anupama Doppalapudi, MD**
  Provider ID: 1680460M
  Practicing since 2011
  Additional languages: Hindi, Konkani, Telugu, Marathi

- **Pamela Griffin, PharmD**

- **Kendra Eck, OD**
SOUTH MOUNTAIN HEALTH CARE CENTER
7236 S. Central Ave. • Phoenix, AZ 85042
Located north of Baseline Rd., on the west side of S. Central Ave.

Find your doctor at CignaMedicalGroup.com or schedule an appointment with our South Mountain Health Care Center today.

Hours of operation
Main Office
602.276.5565
M–F 8:00 am–5:00 pm

Pharmacy
602.243.7266
M–F 8:00 am–5:00 pm

Services
› Family Practice
› Internal Medicine
› Lab
› Pediatrics
› Pharmacy
› Virtual Care
WE ARE PART OF EVERY CIGNA® NETWORK

FAMILY PRACTICE

Douglas S. Ray, MD
Provider ID: 1047456M
Practicing since 1990

INTERNAL MEDICINE

Susan M. Hallman, MD
Provider ID: 1051456M
Practicing since 1993

PEDIATRICS

Mark Morales, MD
Practicing since 1984
Additional language: Spanish

SPIDER MEDICINE

Spencer Ruben, DO
Provider ID: 1457156M
Practicing since 2017
Additional language: Spanish

CLINICAL PHARMACY

Yasmine Knight, PharmD

Akosua Mensah, FNP
Practicing since 2018
THE POINTE HEALTH CARE CENTER
7000 N. 16th St. #130 • Phoenix, AZ 85020
Located on the northwest corner of N. 16th St. and E. Glendale Ave.

Find your doctor at CignaMedicalGroup.com or schedule an appointment with our The Pointe Health Care Center today.
WE ARE PART OF EVERY CIGNA® NETWORK

FAMILY PRACTICE

Chad Hays, MD
Provider ID: 1518655M
Practicing since 2007

Erin Cody, FNP
Practicing since 2017

CLINICAL PHARMACY

Marcia Wroblewski, PharmD
Westridge Health Care Center
2302 N. 75th Ave. • Phoenix, AZ 85035
Located north of I-10 and south of W. Thomas Rd., on the west side of N. 75th Ave.

Find your doctor at CignaMedicalGroup.com or schedule an appointment with our Westridge Health Care Center today.

Hours of operation

Main Office
623.849.7500
M–F 7:00 am–5:00 pm

Pediatric, Radiology, Lab
8:00 am–5:00 pm

Pharmacy
623.849.7552
M–F 8:00 am–5:30 pm

Optometry
623.849.7520
8:00 am–5:00 pm

Vision Center
623.849.7521
8:00 am–5:00 pm

Services
› Behavioral Health
› Digital Imaging
› Family Practice
› Internal Medicine
› Lab
› Optometry
› Pediatrics
› Pharmacy
› Pharmacy Delivery
› Vision Center
› Virtual Care
WE ARE PART OF EVERY CIGNA® NETWORK

**FAMILY PRACTICE**
- **Stanley Bennett, MD**
  Provider ID: 1175966M
  Practicing since 1986
- **Eduardo Morales, MD**
  Provider ID: 1129566M
  Practicing since 2013
  Additional language: Spanish
- **Ying Li, NP**
  Practicing since 2015
  Additional language: Chinese

**FAMILY PRACTICE**
- **Patrick Tafoya, MD**
  Provider ID: 1513566M
  Practicing since 2011
  Additional language: Spanish

**OPTOMETRY**
- **Susie Gill, OD**
  Practicing since 2007

**PEDIATRICS**
- **Mary Tocyap-Aquino, MD**
  Provider ID: 1336347400
  Practicing since 2007
  Additional languages: Spanish, Tagalog

**INTERNAL MEDICINE**
- **Holger Kranich, MD**
  Provider ID: 1203266M
  Practicing since 2000
  Additional language: German

**CLINICAL PHARMACY**
- **Zachary Lancaster, PharmD**

**BEHAVIORAL HEALTH**
- **Joelle Wysoski, NP**
  Practicing since 2015

**Melynda Bosch, LCSW**
QUEEN CREEK HEALTH CARE CENTER
36305 N. Gantzel Rd. #102 • San Tan Valley, AZ 85140
Located 1/2 mile south of the hospital on N. Gantzel Rd.

Find your doctor at CignaMedicalGroup.com
or schedule an appointment with our Queen Creek Health Care Center today.
FAMILY PRACTICE

James Anderson, MD
Provider ID: 1204536M
Practicing since 1990

Carol Bradford, FNP-C

CLINICAL PHARMACY

Tracy Lin, PharmD
Practicing since 2009
SCOTTSDALE HEALTH CARE CENTER
7287 East Earll Dr. Bldg. D • Scottsdale, AZ 85251
Located on the southwest corner of E. Earll Dr. and N. 73rd St.

Find your doctor at CignaMedicalGroup.com or schedule an appointment with our Scottsdale Health Care Center today.

Hours of operation
Main Office
480.840.0800
M–F 8:00 am–5:00 pm

Pharmacy
480.840.0840
M–F 8:00 am–5:30 pm

Services
› Family Practice
› Internal Medicine
› Lab
› Pharmacy
› Pharmacy Delivery
› Virtual Care
WE ARE PART OF EVERY CIGNA® NETWORK

FAMILY PRACTICE
Ronaldo Luanzon, MD
Provider ID: 1292258M
Practicing since 2008
Additional languages: Spanish, Filipino

Donna Callicutt, NP
Practicing since 2014

INTERNAL MEDICINE
Paul R. Ingraham, MD, FACP
Provider ID: 1073958M
Practicing since 1988

CLINICAL PHARMACY
Pamela Griffin, PharmD
Find your doctor at CignaMedicalGroup.com or schedule an appointment with our Scottsdale Norte Health Care Center today.
WE ARE PART OF EVERY CIGNA® NETWORK

FAMILY PRACTICE
Carly Pravong, FNP-C
Practicing since 2018

INTERNAL MEDICINE
Bernadette Arnecke, MD
Provider ID: 1213157M
Practicing since 1985

CLINICAL PHARMACY
Pamela Griffin, PharmD
SUN CITY WEST HEALTH CARE CENTER
13991 W. Grand Ave. #105 • Surprise, AZ 85374
Located on the southwest corner of W. Mountain View Blvd. and W. Grand Ave.

Find your doctor at CignaMedicalGroup.com or schedule an appointment with our Sun City West Health Care Center today.

Hours of operation
Main Office
623.455.7800
M–F 7:00 am–4:00 pm

Lab
M–F 7:00 am–3:00 pm

Pharmacy
623.455.7815
M–F 7:00 am–4:00 pm

Services
› Family Practice
› Internal Medicine
› Lab
› Pharmacy
› Pharmacy Delivery
› Virtual Care
WE ARE PART OF EVERY CIGNA® NETWORK

FAMILY PRACTICE

Enrique Ona, MD
Provider ID: 1689474M
Practicing since 2009

Daniel Manzanares, MD
Provider ID: 1123174M
Practicing since 1999
Additional language: Spanish

INTERNAL MEDICINE

Martine Le Bourhis-Hannahlah, MD
Provider ID: 1212774M
Practicing since 1984
Additional language: French

CLINICAL PHARMACY

Kari Ehm, PharmD
C.J. HARRIS MULTI-SPECIALTY CENTER
1920 E. Baseline Rd. • Tempe, AZ 85283
Located on the north side of E. Baseline Rd, between S. McClintock Dr. and Price Rd.

Find your doctor at CignaMedicalGroup.com or schedule an appointment with our C.J. Harris Multi-Speciality Center today.

Services
› Digital Imaging
› Family Practice
› General Surgery
› Internal Medicine
› Lab
› 3D Mammography
› Ophthalmology
› Optometry
› Pediatrics
› Podiatry
› Pharmacy
› Vision Center
› Virtual Care

Hours of operation

Main Office
480.345.5000
M–F 8:00 am–5:00 pm

Pharmacy
480.345.5319
M–F 8:00 am–5:30 pm

Imaging
M–F 8:00 am–5:30 pm

Lab
M–F 7:00 am–5:00 pm

Optometry
480.345.5164
M–F 7:30 am–4:30 pm

Vision Center
489.345.5090
8:00 am–5:00 pm
WE ARE PART OF EVERY CIGNA® NETWORK

FAMILY PRACTICE

Saquib Hamid, MD
Provider ID: 1189268M
Practicing since 2003
Additional languages: Spanish, Urdu, Punjabi

Shel-don Legarreta, MD
Provider ID: 1223968M
Practicing since 1994
Additional language: Spanish

Cathy Guinan, NP
Practicing since 2009

Brian D. Peterson, MD
Provider ID: 1858668M
Practicing since 1981

Bonnie Rouzaud, NP

INTERNAL MEDICINE

Victoria A. Lee, MD
Provider ID: 1679540074
Practicing since 1982

Vanessa Tang, MD
Provider ID: 1144468M
Practicing since 2014
Additional languages: Mandarin, Chinese

Carol Lee-Faust, MD
Practicing since 1996

Renee McCoy, MD
Practicing since 1993

Darren Clonts, PharmD
Practicing since 2009

Kurt Hoffman, MD
Provider ID: 1962662676
Practicing since 2013

OPHTHALMOLOGY

Renee McCoy, MD
Practicing since 1993

Victor Rosen, OD
Practicing since 1983
Additional language: Hebrew

Susan Young, DPM
Practicing since 1994

PODIATRY

Coleen Marias, MD
Provider ID: 1215917638
Practicing since 1995
Additional language: Spanish

Mary Chris Maselli, DPM
Practicing since 1991

PEDIATRICS

Vanessa Tang, MD
Provider ID: 1144468M
Practicing since 2014
Additional languages: Mandarin, Chinese

Carol Lee-Faust, MD
Practicing since 1996

INTERNAL MEDICINE

Kurt Hoffman, MD
Provider ID: 1962662676
Practicing since 2013

Swapna Chalasani, MD
Provider ID: 1336468M
Practicing since 2007

Alex Smith, OD
Practicing since 2006
PASEO MULTI-SPECIALTY CENTER AND URGENT CARE

5891 W. Eugie Ave. • Glendale, AZ 85304

Located one block south of W. Thunderbird Rd., on the southeast corner of W. Eugie Ave. and N. 59th Ave.

Find your doctor at CignaMedicalGroup.com or schedule an appointment with our Paseo Multi-Speciality Center today.

Services
› Behavioral Health
› Digital Imaging
› Family Practice
› Internal Medicine
› Lab
› Optometry

› Pediatrics
› Podiatry
› Pharmacy
› Urgent Care
› Vision Center
› Virtual Care

Hours of operation

Main Office
602.588.6600
M–F 8:00 am–5:00 pm

Pharmacy
602.588.6808
M–F 8:00 am–8:00 pm
Weekends and holidays
9:00 am–5:00 pm

Lab
M–F 7:00 am–5:00 pm

Digital Imaging
M–F 7:30 am–8:00 pm
Weekends 8:00 am–8:00 pm
Holidays 8:00 am–6:00 pm

Optometry
602.588.6690
M–F 8:00 am–5:00 pm

Urgent Care
602.588.6725
Weekdays and weekends
8:00 am–8:00 pm
Holidays 8:00 am–6:00 pm
WE ARE PART OF EVERY CIGNA® NETWORK

FAMILY PRACTICE

Ravinder Dawke, MD
Provider ID: 1859161M
Practicing since 2002
Additional languages: Hindi, Telugu

Nedda Alemi, MD
Provider ID: 1337061M
Practicing since 2015

Ed Kay, MD
Provider ID: 1097761M
Practicing since 2001
Additional language: Russian

INTERNAL MEDICINE

Anushka Kinra, DO
Provider ID: 1811271950
Practicing since 2013

BEHAVIORAL HEALTH

Robin Rumble, LCSW
Practicing since 1997

PEDIATRICS

Nicole Adams, DPM
Provider ID: 1760770556
Practicing since 2013

OPTOMETRY

Kyle Ryff, OD
Practicing since 2014

PODIATRY

Amjad Riaz-Ul-Haq, MD
Provider ID: 1089261M
Practicing since 1998
Additional languages: Urdu, Punjabi

Ravinder Dawke, MD
Provider ID: 1859161M
Practicing since 2002
Additional languages: Hindi, Telugu

Katy Lockhart, DO
Provider ID: 1432561M
Practicing since 2016

Nicole Adams, DPM
Provider ID: 1760770556
Practicing since 2013

Brandon Ladd, PharmD
Practicing since 2016

Janet Tate-Brown, NP

Katy Lockhart, DO
Provider ID: 1432561M
Practicing since 2016

Ed Kay, MD
Provider ID: 1097761M
Practicing since 2001
Additional language: Russian

Robin Rumble, LCSW
Practicing since 1997

Nicole Adams, DPM
Provider ID: 1760770556
Practicing since 2013

Brandon Ladd, PharmD
Practicing since 2016

Janet Tate-Brown, NP

STAPLEY MULTI-SPECIALTY CENTER AND URGENT CARE

1840 S. Stapley Dr., Ste. 101 • Mesa, AZ 85204

Entrance is located west of S. Stapley Dr. on E. Inverness Ave. behind

Find your doctor at CignaMedicalGroup.com or schedule an appointment with our Stapley Multi-Speciality Center today.

Services
- Anticoagulation Clinic
- Audiology (Hearing)
- Digital Imaging
- Family Practice
- Internal Medicine
- Lab
- Optometry
- Pharmacy
- Urgent Care
- Vision Center
- Virtual Care

Hours of operation

Main Office
480.464.8500
M–F 7:00 am–5:00 pm

Pharmacy
480.464.6844
M–F 8:00 am–8:00 pm
Weekends and holidays:
9:00 am–5:00 pm

Urgent Care
480.464.6969
Weekday and Weekends:
8:00 am–8:00 pm
Holidays:
8:00 am–6:00 pm

Advanced Imaging
480.464.6887
M–F 8:00 am–8:00 pm
Weekends and holidays:
8:00 am–6:00 pm

Audiology
480.464.6870
M–F 8:00 am–4:30 pm

Vision Center
480.464.6819
M–F 8:00 am–5:00 pm
Cigna Medical Group has been recognized for excellence in Diabetes Care Management by the National Committee for Quality Assurance (NCQA), and employs 38 out of the 54 primary care physicians in Arizona recognized for excellence in Diabetes Care Management. Source: reportcards.ncqa.org. As of August 2018.

FAMILY PRACTICE

Mara Baier, DO
Provider ID: 1646463M
Practicing since 1998

Melicia Sanchez, PA-C
Practicing since 2019

INTERNAL MEDICINE

Bassam Hattab, MD
Provider ID: 1428063M
Practicing since 2014
Additional languages: Arabic (native)

Sudha Kamineni, MD
Provider ID: 1045663M
Practicing since 1998
Additional languages: Telugu, Hindi

INTERNAL MEDICINE

Jonathan Lazaro, MD
Provider ID: 1527563M
Practicing since 2013

Mallory Farah, PharmD

Kaya Kloc, PharmD

AUDIOLOGY

Diana Warncke, AuD
Practicing since 2016

Neeka Najmi, OD
Practicing since 2004
Additional languages: Persian, Farsi

Alex Smith, OD
Practicing since 2006

Sudha Kamineni, MD
Provider ID: 1045663M
Practicing since 1998
Additional languages: Telugu, Hindi

Candice L. Grotsky, AuD, CCC-A
Practicing since 1998
Additional languages: German, French

Shane Theobald, OD
Find your doctor at CignaMedicalGroup.com or schedule an appointment with our Phoenix Central Multi-Speciality Center today.

**Services**
- Anticoagulation Clinic
- Digital Imaging
- Family Practice
- General Surgery
- Internal Medicine
- Lab
- 3D Mammography
- Ophthalmology
- Optometry
- Outpatient Surgery
- Pediatrics
- Pharmacy
- Pharmacy Delivery
- Podiatry
- Urgent Care
- SpotRx Kiosk
- Vision Center
- Women’s Center
- Virtual Care

**Hours of operation**

**Main Office**
602.282.9800
M–F 8:00 am–5:00 pm

**Pharmacy**
602.282.9880
M–F 8:00 am–5:00 pm

**Vision Center**
602.282.9868
M–F 8:00 am–5:00 pm

**Urgent Care and SpotRx Kiosk**
602.282.9848
M–F 8:00 am–8:00 pm
Weekends and holidays 8:00 am–6:00 pm

**Optometry**
602.282.9818
M–F 8:00 am–5:00 pm
WE ARE PART OF EVERY CIGNA® NETWORK

FAMILY PRACTICE

Jason Angle, MD
Provider ID: 1858359M
Practicing since 2003

Jessica Holmes, MD
Provider ID: 1404259M
Practicing since 2009
Additional language: Spanish

INTERNAL MEDICINE

Zeenat Ara, MD
Provider ID: 1184259M
Practicing since 1999
Additional language: Bengali

Mary Ballard, MD
Provider ID: 1837759M
Practicing since 2009

PODIATRY

John Ferguson, DPM
Provider ID: 1265412738
Practicing since 2000

William Burke, DPM
Provider ID: 1417903550
Practicing since 1998
Additional language: French

OPTOMETRY

Tony Cohn, OD
Practicing since 2003

Michael Johnson, OD
Practicing since 2005

OPHTHALMOLOGY

Pamela H. Williams, MD
Practicing since 1979

CLINICAL PHARMACY

Kayla Kloc, PharmD

Erin Cody, FNP
Practicing since 2017
SUN CITY MULTI-SPECIALTY CENTER AND URGENT CARE

9069 W. Thunderbird Rd., • Peoria, AZ 85381
Located on the southeast corner of N. 91st Ave. and W. Thunderbird Rd.

Find your doctor at CignaMedicalGroup.com or schedule an appointment with our Sun City Multi-Speciality Center today.

Services
› Anticoagulation Clinic
› Audiology (Hearing)
› Digital Imaging
› Family Practice
› Internal Medicine
› Lab

Hours of operation

Main Office
623.977.7201
M–F 7:00 am–5:00 pm

Primary Care
623.876.2300
M–F 7:00 am–5:00 pm

› 3D Mammography
› Ophthalmology
› Optometry
› Pharmacy
› Podiatry
› Vision Center
› Urgent Care
› Virtual Care

Pharmacy
623.876.2165
M–F 7:30 am–6:00 pm
Weekends and holidays
8:00 am–4:00 pm

Lab
623.876.2304
M–F 7:00 am–4:30 pm

Podiatry
623.876.2312
M–F 7:30 am–4:30 pm

Digital Imaging
623.876.2304
M–F 8:00 am–5:00 pm
Call for Saturday appointment

Audiology
623.876.2314
M–F 7:30 am–4:30 pm

Ophthalmology/Optometry
623.876.2314
M–F 7:00 am–5:00 pm

Vision Center
623.876.2200
M–F 7:30 am–5:00 pm

Urgent Care
623.876.2800
7 days a week/365 days a year
M–F 8:00 am–6:00 pm
WE ARE PART OF EVERY CIGNA® NETWORK

FAMILY PRACTICE

Eric Limkemann, DO
Provider ID: 3416353M
Practicing since 2007

Sathya Vemuri-Raavii, MD
Provider ID: 1876053M
Practicing since 2002

FAMILY PRACTICE

Dreana Janssen, DO
Provider ID: 1197253M
Practicing since 1993

Nadia Applegate, FNP
Practicing since 2016

NADIA APPLEGATE, FNP
Practicing since 2016

INTERNAL MEDICINE

Hala K. Abubakr, MD
Provider ID: 1103453M
Practicing since 2001
Additional language: Arabic

Samuel Figueroa, MD
Provider ID: 1894153M
Practicing since 1986

Scott T. Harrison, MD
Practicing since 1981

OPHTHALMOLOGY

Anish Kadakia, MD
Practicing since 2008

OPHTHALMOLOGY

William P. Curran, OD
Practicing since 1980

OPTOMETRY

Navdeep Gill, OD
Practicing since 2005

OPTOMETRY

Karen Lasseigne,
AuD, CCC-A
Practicing since 1992

PODIATRY

John Knochel, DPM
Practicing since 2010

Nicole Adams, DPM
Practicing since 2013

AUDIOLOGY

Leilani Dennis,
AuD, CCC-A
Practicing since 2013

Marie Styles, PA-C
Practicing since 2000

Brittany McArthur, MD
Provider ID: 1968753M
Practicing since 2015

David Franey, MD
Provider ID: 1135153M
Practicing since 1978

Jeremy Hauptman, OD
Practicing since 2017

Practicing since 2017

Practicing since 2001

Practicing since 1991

Practicing since 1978

Practicing since 2013

Practicing since 2010

Practicing since 2013

Practicing since 2000

Practicing since 2015
1. Art of Medicine/Customer Satisfaction surveys. 95% represents average, based on a nine-point scale, 2018.
2. Digital imaging services offered.
3. Some exclusions may apply. Review your plan’s provider directory for the details of your specific plan.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna HealthCare of Arizona, Inc. Cigna Medical Group is the medical group practice division of Cigna HealthCare of Arizona, Inc. The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc.

Cigna complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Cigna cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo. English: ATTENTION: If you speak English, language assistance services, free of charge are available to you. Call 1-888-284-0268 (TTY 711). Spanish: ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-284-0268 (TTY 711). Navajo: Díí baa akó:níní: Díí saad bee yánilí’go Diné Bizaad, saad bee áká:ánida’áwo’dé’ę”, t’áá jiik’eh, éí ná hóló:, kojį’ hódiillih 1-888-284-0268 (TTY 711). Cigna is contracted with Medicare for PDP plans, HMO and PPO plans in select states, and with select State Medicaid programs. Enrollment in Cigna depends on contract renewal.

915198c 09/20 © 2020 Cigna. Some content provided under license.