

SCOTTSDALE *life*

YOUR GUIDE TO SCOTTSDALE'S COMMUNITY SERVICES

SPRING 2024

APRIL | MAY



play



read



seniors



serve



explore



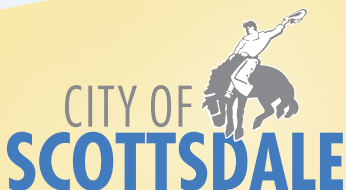
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View this guide online!

Go to [ScottsdaleAZ.gov](https://scottsdaleaz.gov), search "Activity Guide"

MAYOR AND COUNCIL

[ScottsdaleAZ.gov/council](https://scottsdaleaz.gov/council)

MAYOR

David D. Ortega

CITY COUNCIL

VICE MAYOR

Solange Whitehead

COUNCILWOMAN

Tammy Caputi

COUNCILMEMBER

Tom Durham

COUNCILMEMBER

Barry Graham

COUNCILWOMAN

Betty Janik

COUNCILWOMAN

Kathy Littlefield



A new online community will connect residents to discuss city issues and gather feedback on programs, services, and projects.

If you are ready to engage in discussions about Scottsdale, join Speak Up Scottsdale.

Visit [ScottsdaleAZ.gov](https://scottsdaleaz.gov), and search “get involved.”

COMMUNITY SERVICES BOARDS & COMMISSIONS

[ScottsdaleAZ.gov/boards](https://scottsdaleaz.gov/boards)

These volunteer citizen advisory committees advise City Council on Community Services activities.

PARKS & RECREATION COMMISSION MEMBERS:

Kristen Parrish – Chair

Teresa Kim Quale – Vice Chair

Eric Kurland

Eric Maschhaupt

Susan McGarry

Michael Vreeland

LIBRARY BOARD MEMBERS:

Freda Hartman – Chair

Enid Seiden – Vice Chair

Sam Campana

Natalee Esposito

George Hartz

Janet Smigielski

Leslie Totten

HUMAN SERVICES COMMISSION MEMBERS:

Neal Shearer – Chair

Mary Jung – Vice Chair

Patrick Dodds

Jeff Jameson

Roger Lurie

Tricia Serlin

Stuart Turgel

MCDOWELL SONORAN PRESERVE COMMISSION MEMBERS:

Laurie LaPat-Polasko – Chair

Marsha Lipps – Vice Chair

Stephen Coluccio

Savannah Engelking

Mark Hackbarth

Kerry Olsson

Jeffrey Smith

SCOTTSDALE HOUSING AGENCY GOVERNING BOARD:

Neal Shearer – Chair

Mary Jung – Vice Chair

Leslie Brownell

Patrick Dodds

Jeff Jameson

Roger Lurie

Tricia Serlin

Stuart Turgel

Whether it’s exploring the McDowell Sonoran Preserve, spending a day at the park, discovering a new book at the library, spending time with others at a senior center, taking a bike ride on the green belt or volunteering your time to help neighbors in need – it’s all a part of **Scottsdale LIFE**. Our city is bustling with activity, and this magazine is your guide to it all.

Scottsdale Community Services (consisting of Parks and Recreation, Libraries, Human Services, the Preserve and WestWorld) created **Scottsdale LIFE** to share what’s happening in your community, collaboratively.

You’re invited to browse and discover something that interests you.



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FOR QUESTIONS: SCOTTSDALE LIFE PUBLICATION, CONTACT ALEX SANCHEZ 480-312-7021

PARKS AND RECREATION PROGRAMS 480-312-7957

SCOTTSDALE PUBLIC LIBRARY 480-312-7323

SENIOR CENTERS 480-312-1700

HELP US *shape* SCOTTSDALE PARKS

SHAPESCOTTSDALEPARKS.COM



Scan the QR code
to provide feedback!



SCOTTSDALE

SPRING 2024 - APR | MAY

plays



SCOTTSDALE PARKS & RECREATION

APR | MAY 2024

Activity Guide

SPRING REGISTRATION: RESIDENTS, FEB. 26 AT 8 A.M. / NON-RESIDENTS FEB. 29 AT 8 A.M.

Don't miss our NEW
Adult fitness, yoga,
language, art classes
and more!

See pg. 12 for details



PARKS AND RECREATION MASTER PLAN

Go to ShapeScottsdaleParks.com
to share your input and ideas.



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REGISTRATION

APR | MAY 2024

REGISTRATION INFORMATION

REGISTRATION STARTS AT 8 A.M.

REGISTER ONLINE
Recreation.ScottsdaleAZ.gov
(Quickest way to register)



REGISTER BY PHONE
480-312-7957
(Expect delays on registration days)



PAYMENT
must be made
at the time of
registration



WE ACCEPT
American Express,
Visa, MasterCard
and Discover

GENERAL INFORMATION

Refund Policy – Unless otherwise stated, all program refunds shall be prorated, less a \$10 processing fee, up to and including the 2nd class. No refunds after the 2nd class date. Classes priced at \$10 or less are nonrefundable.

Corrections & Updates – Staff makes every effort to ensure each issue of the Scottsdale LIFE is free from errors, there are times when errors or revisions in dates, times, fees, or instructors do occur. Check the city's website for up-to-date information.

Fee Assistance Program – Community Services offers a fee assistance program to aid economically disadvantaged individuals and families residing within the city of Scottsdale's corporate boundaries. Qualified applicants have an opportunity to participate in approved recreational programs, camps and classes for a decreased cost. Visit [ScottsdaleAZ.gov/parks/fee-assistance](https://scottsdaleaz.gov/parks/fee-assistance) or call 480-312-7957.

Resident? – Residents are citizens who live in or own property within the city of Scottsdale's Corporate City Boundaries, and pay taxes to the city of Scottsdale.

REGISTRATION QUESTIONS?

Call us before Feb. 23 so we can guide you
through the process, making registration a breeze!
480-312-7957

AMERICANS WITH DISABILITIES ACT – The City of Scottsdale fully supports the provision of the Americans with Disabilities Act and is committed to supporting the full inclusion of persons with disabilities into programs, classes, services and public facilities so that full participation may be enjoyed by all. Persons with a disability may request a reasonable accommodation to participate with the City of Scottsdale by contacting the Adaptive Services Center at 480-312-2234. All requests must be made a minimum of 14 days prior to the starting date of the program/service.

FACILITY CODES

CODE	FACILITY NAME	ADDRESS
ADSC	Adaptive Services Center	8102 E. Jackrabbit Road
BGPB	Boys & Girls Club of Greater Scottsdale – Piper Branch	10515 E. Lakeview Drive
BGTB	Boys & Girls Club of Greater Scottsdale – Thunderbirds Branch	20199 N. 78th Place
CACT	Cactus Park & Aquatic Center	7202 E. Cactus Road
CCLB	Civic Center Library	3939 N. Drinkwater Blvd.
CHAA	Chaparral Aquatic Center	5401 N. Hayden Road
CHAP	Chaparral Park & Community Ctr.	5401 N. Hayden Road
CHES	Chesnutt Park	4565 N. Granite Reef Road
CHPS	Chaparral High School	6935 E. Gold Dust Road
CPRG	Copper Ridge School	10101 E. Thompson Peak Pkwy.
CSAR	Club SAR	8055 E. Camelback Road
ELDO	Eldorado Park & Community Ctr.	2311 N. Miller Road
ELDA	Eldorado Aquatic Center	2301 N. Miller Road
ELSO	Eldorado South Building	1909 N. Miller Road
FENP	Florence Ely Nelson Desert Park	8950 E. Pinnacle Peak
GPCK	George "DOC" Cavallier Park	27775 N. Alma School Pkwy.
GRSC	Granite Reef Senior Center	1700 N. Granite Reef Road
HRZN	Horizon Community Center	15444 N. 100th St.
ISPK	Indian School Park	4289 N. Hayden Road
MCRR	McCormick Stillman Railroad Park	7301 E. Indian Bend Road
MMRA	McDowell Mtn Ranch Aquatics	15525 N. Thompson Peak Pkwy.
MSP	McDowell Sonoran Preserve	18333 N. Thompson Peak Pkwy.
MTNV	Mountain View Park	8625 E. Mountain View Road
MUST	Mustang Library	10101 N. 90th St.
NYCD	North Corp Yard	9191 E. San Salvador Drive
PNCC	Paiute Neighborhood Center	6535 E. Osborn Road
PPEC	Pinnacle Peak Equestrian Center	3701 E. Pinnacle Peak Road
PMPK	Pima Park	8600 E. Thomas Road
PPPK	Pinnacle Peak Park	26802 N. 102nd Way
RIMO	Rio Montaña Park	11180 N. 132nd St.
SPFD	Scottsdale Police/Fire Dept.	8401 E. Indian School Road
SRPK	Scottsdale Ranch Park	10400 E. Via Linda
SSCX	Scottsdale Sports Complex	8081 E. Princess Drive
STAD	Scottsdale Stadium	7408 E. Osborn Road
SWTS	Solid Waste Transfer Station	8417 E. Union Hills Drive
VCCC	Vista Del Camino Community Center	7700 E. Roosevelt
VLSC	Via Linda Senior Center	10440 E. Via Linda
VSTA	Vista Del Camino Park	7700 E. Roosevelt

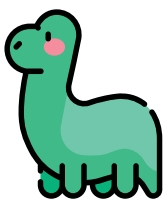
TOT CLASS GUIDELINES

- For your child's safety, accompany them to and from the classroom.
- Classes are designed for the ages listed. Children must meet the age requirement by the first class date.
- Children must be able to participate independently except in specified parent/child classes.
- Observers and non-registered individuals, including siblings, are not permitted in classes. Only children that are registered are permitted in class.
- Parents or guardians must participate in parent/child classes if required.

ART

**NEW YOUNG REMBRANDTS -
CARTOON DINOSAUR EXPRESSIONS**

(5-7yrs) 8-Day workshop – Learn to draw dinosaur expressions. Students will learn how to manipulate the facial features of our characters to convey the emotions that dinosaurs are feeling. The dinosaurs do not have to be colored realistically, we will be encouraged to do bright, fun, imaginative color schemes. All new this season, sign up today!



Sa 10:30-11:30 am	4/6(8classes)	HRZN	\$84(R)/\$126(N)	Young Rembrandts	41766
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DANCE

CREATIVE MOVEMENT

(1-3yrs and parent/caregiver) Students will be dancing to their favorite nursery rhymes using basic dance concepts. This program develops motor skills, sociability and gives kids a fun hands on introduction to the world of dance.

Th 9:15-10 am	4/4(7classes)	MTNV	\$86(R)/\$129(N)	Dance Sequins Studio	41622
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DANCE COMBO

Designed to introduce music and movement through interactive and creative activities. On the last day of class, they will perform a special dance routine and skills they have learned throughout the session.

(3-5yrs)

Tu 4:30-5:15 pm	4/2(8classes)	CACT	\$97(R)/\$146(N)	Dance Sequins Studio	41626
Th 10:05-10:50 am	4/4(7classes)	MTNV	\$86(R)/\$129(N)	Dance Sequins Studio	41627

(3-6yrs)

M 5-5:45 pm	4/1(8classes)	CACT	\$97(R)/\$146(N)	Dance Sequins Studio	41625
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BALLET

(4-6yrs) Classes incorporate basic ballet steps with games and songs to ensure your child learns while having fun. This nurturing environment and instruction will help build coordination and promote self-esteem. At the end of the session you will be invited to see the children's progress and new skills.



Tu 3:55-4:40 pm	4/2(8classes)	MMRA	\$60(R)/\$90(N)	Martin	41734
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DANCE STARS

(2-5yrs) Our dancers learn the fundamentals of ballet, jazz and hip-hop while developing grace, coordination, balance and poise.

Tu 9:30-10:15 am	4/2(8classes)	HRZN	\$74(R)/\$111(N)	Stretch-n-Grow	41735
Th 3:30-4:15 pm	4/4(8classes)	MMRA	\$74(R)/\$111(N)	Stretch-n-Grow	41736

SPORTS

3-SPORT MULTI-SPORT

(3-5yrs) We will teach your player how to kick and control a soccer ball, how to hit, catch, throw, and run the bases and shoot and dribble a basketball. Each participant will need to bring their own, age-appropriate soccer ball for the first week of class, as well as their own tee/bat, and basketball for later in the session.

F 3:45-4:30 pm	4/5(4classes)	CACT	\$66(R)/\$99(N)	B.E.S.T. Sports	41567
F 3:45-4:30 pm	5/3(4classes)	CACT	\$66(R)/\$99(N)	B.E.S.T. Sports	42637

BASKETBALL SKILLS & DRILLS

(3-5yrs) Our basketball skills and drills clinics introduce and advance your player's ability for ball handling, dribbling, defense, jumping, passing, shooting and the triple threat position.



F 4:35-5:20 pm	4/5(4classes)	CACT	\$66(R)/\$99(N)	B.E.S.T. Sports	41588
F 4:35-5:20 pm	5/3(4classes)	CACT	\$66(R)/\$99(N)	B.E.S.T. Sports	42639

GYMNASTICS

(4-5yrs) Gymnastics develops strength, flexibility, confidence, self-discipline, and body control. Class starts with warm-ups that include tuck, straddle, and pike jumps. The gymnastics class includes front and back rolls, cartwheels, handstands, walk-overs, bar strengthening, stretches, and conditioning. This program is designed for each student to achieve the best of their ability and become champions in life.

Sa 1-1:45 pm	4/6(6classes)	CACT	\$42(R)/\$63(N)	Schaffer	41643
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MULTI-SPORT & FITNESS FUN

(3-6yrs) Children will be introduced to anything from soccer, tee ball, tennis, hockey and golf to fun fitness activities such as parachute, crazy races, limbo, cardi dance and much more.

Th 6:05-6:50 pm	4/4(4classes)	CHAP	\$79(R)/\$119(N)	JumpBunch	41658
Th 6:05-6:50 pm	5/2(4classes)	CHAP	\$79(R)/\$119(N)	JumpBunch	41896

MULTI-SPORT & FITNESS FUN JR

Children will be introduced to anything from soccer, tee ball, tennis, hockey and golf to fun fitness activities such as parachute, crazy races, limbo, card dance and much more.

(1-2yrs and parent/caregiver)

M	9:15-9:55 am	4/1(4classes)	MTNV	\$79(R)/\$119(N)	JumpBunch	41659
M	10-10:40 am	4/1(4classes)	MTNV	\$79(R)/\$119(N)	JumpBunch	41660
M	9:15-9:55 am	4/29(4classes)	MTNV	\$79(R)/\$119(N)	JumpBunch	41898
M	10-10:40 am	4/29(4classes)	MTNV	\$79(R)/\$119(N)	JumpBunch	41899

OUTDOOR SOCCER

Taught by a former professional soccer player, this class will introduce children to stretching, passing, dribbling and basic elements of team spirit. Children play non-competitive games.

(2-3yrs)

Tu	4:15-5 pm	4/2(7classes)	CRPG	\$94(R)/\$141(N)	Hatfield	41686
F	9-9:45 am	4/5(7classes)	MTNV	\$94(R)/\$141(N)	Hatfield	41685

(3-4yrs)

Tu	10-10:45 am	4/2(7classes)	HRZN	\$94(R)/\$141(N)	Hatfield	41682
Th	4:15-5 pm	4/4(7classes)	CPRG	\$94(R)/\$141(N)	Hatfield	41684

(3-5yrs)

M	3-3:45 pm	4/1(7classes)	CACT	\$94(R)/\$141(N)	Hatfield	41680
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(4-6yrs)

W	4:15-5 pm	4/3(7classes)	CPRG	\$94(R)/\$141(N)	Hatfield	41683
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(5-7yrs)

M	4-4:45 pm	4/1(7classes)	CACT	\$94(R)/\$141(N)	Hatfield	41681
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PRESCHOOL SUPER SOCCER STARS

(3-5yrs) Each week we will teach the fundamentals of soccer including shooting, dribbling, ball control, passing and throw-ins. Classes are taught in an age-appropriate, and positive manner.

Tu	5:15-6 pm	4/2(4classes)	ELDO	\$79(R)/\$119(N)	JumpBunch	41880
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PRESCHOOL SUPER SOCCER STARS

(3-5yrs) Each week we will teach the fundamentals of soccer including shooting, dribbling, ball control, passing and throw-ins. Classes are taught in an age-appropriate, and positive manner.

Tu	5:15-6 pm	4/30(4classes)	ELDO	\$79(R)/\$119(N)	JumpBunch	42644
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SUPERHERO TRAINING

(3-6yrs) We focus on learning special superhero training skills through fun games and activities such as jumping over hot lava, dodging fireballs, light saber training, scooter flying, ghostbuster tag and so much more!

W	5-5:40 pm	4/3(4classes)	MMRA	\$79(R)/\$119(N)	JumpBunch	41900
W	5:45-6:25 pm	4/3(4classes)	MMRA	\$79(R)/\$119(N)	JumpBunch	41901
W	5-5:40 pm	5/1(4classes)	MMRA	\$79(R)/\$119(N)	JumpBunch	42646
W	5:45-6:25 pm	5/1(4classes)	MMRA	\$79(R)/\$119(N)	JumpBunch	42647
Th	5:15-6 pm	4/4(4classes)	CHAP	\$79(R)/\$119(N)	JumpBunch	41715
Th	5:15-6 pm	5/2(4classes)	CHAP	\$79(R)/\$119(N)	JumpBunch	41897

YOGA STARS

Yoga Stars helps kids channel positive energy by creating a space to practice mindfulness, strength and breathing techniques. With our engaging weekly sessions, our stars explore simple yoga poses with songs, props, and stories.

(18mo-3yrs parent/caregiver)

F	9:30-10:15 am	4/5(7classes)	CACT	\$66(R)/\$99(N)	Stretch-n-Grow	41763
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(4-6yrs)

W	3:30-4:15 pm	4/3(8classes)	MMRA	\$74(R)/\$111(N)	Stretch-n-Grow	42641
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HOBBIES & INTERESTS**CARS, TRUCKS AND THINGS THAT GO VROOOOM! TRIP**

(2-5yrs and parent/caregiver) Is your child thrilled at the sight of trash trucks, police cars and fire trucks? Register to get an up close look at some of the city's most exciting and important vehicles. One child per parent permitted.

F	9-9:55 am	4/12(1class)	NCYD	\$15(R)/\$20(N)	Leisure Education	42690
F	10:30-11:25 am	4/12(1class)	NCYD	\$15(R)/\$20(N)	Leisure Education	42691

TRAIN TRIP

(2-5yrs old and parent/caregiver) Come behind the scenes at the Paradise & Pacific Railroad. You and your child will first learn about diesel engines and steam locomotives during a tour of the train shed at McCormick-Stillman Railroad Park. We will board the train for a ride over the trestles and around the park. One child per parent permitted.



Tu	9:30-10:30 am	4/9(1class)	MCRR	\$11(R)/\$17(N)	Leisure Education	41738
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XERISCAPE GARDEN TOUR AND NATURE DISCOVERY

(2-5yrs and parent/caregiver) Discover the beauty of saving water at the Scottsdale Xeriscape Garden at Chaparral Park. See amazing desert plants and learn how they survive in an arid desert. We will take a short tour of the garden and do a fun, nature discovery activity in one of our outdoor classrooms. One child per parent permitted.

F	9:30-10:30 am	5/3(1class)	CHAP	\$5(R)/\$8(N)	Leisure Education	41743
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ART

NEW YOUNG REMBRANDTS - CARTOON SEASON

(8-13yrs) 7-Day workshop - Learn to do sequential drawings. Students will discuss the concept of a sequence. Explaining how a sequence is comprised of related images that tell a story. Presenting the sequence to the class. Briefly explain the story, while analyzing each drawing. Students will point out the key features, such as the word balloons and dialogue. Students will stress good composition and balance each class! All new this season, sign up today!

Tu 5:15-6:15 pm	4/2(8classes)	CHAP	\$84(R)/\$126(N)	Young Rembrandts	41765
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DANCE

DANCE AND CHEER

(5-9yrs) This is an upbeat dance and cheer course for youth teaching the fundamentals of dance and cheer, including cheer chant, basic stunts, cheer arm positions, dance technique, and a dance routine. Boys and girls will dance to popular music they love while increasing self-confidence and coordination. All music and movements is age appropriate. A special showcase will be held on the last day of class for family and friends.

Tu 5:20-6:05 pm	4/2(8classes)	CACT	\$97(R)/\$146(N)	Dance Sequins Studio	41624
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DANCE FUSION

(6-13yrs) Learn upbeat dances to warm up, dance along, perform, along with learning to count music, learning basic hip hop moves, and across the floor jazz technique. Students will dance to popular music they love while getting a full body workout that develops strength, musicality, coordination, and building confidence. A special showcase will be held on the last day of class for family and friends.

M 5:50-6:35 pm	4/1(8classes)	CACT	\$97(R)/\$146(N)	Dance Sequins Studio	41628
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**DANCE STARS**

(5-8yrs) Our dancers learn the fundamentals of ballet, jazz and hip-hop while developing grace, coordination, balance and poise. By inspiring a passion for dance, our imaginative and engaging classes will create twirling, self-expressive machines!

Th 4:30-5:15 pm	4/4(8classes)	MMRA	\$74(R)/\$111(N)	Stretch-n-Grow	41767
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SPORTS

3-SPORT MULTI-SPORT

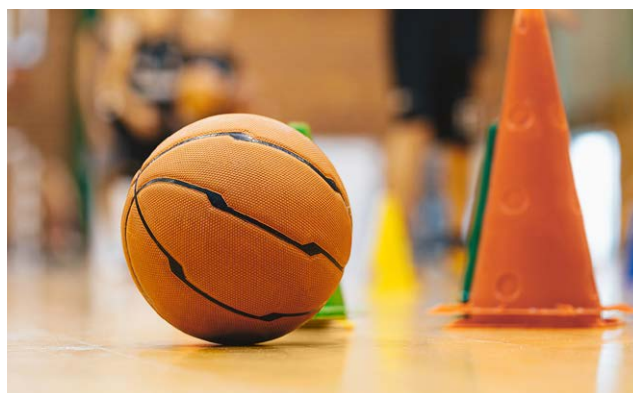
(6-9yrs) Sports: Soccer, Baseball/Softball, and Basketball. Players learn how to kick and control a soccer ball, how to hit, catch, throw, and run the bases shoot and dribble a basketball and build strength + endurance. Each participant will need to bring their own, age-appropriate soccer ball for the first week, as well as their own tee/bat, and basketball for later in the session.

F 5:25-6:10 pm	4/5(4classes)	CACT	\$66(R)/\$99(N)	B.E.S.T. Sports	41568
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3-SPORT MULTI-SPORT

(6-9yrs) Sports: Soccer, Baseball/Softball, and Basketball. Players learn how to kick and control a soccer ball, how to hit, catch, throw, and run the bases shoot and dribble a basketball and build strength + endurance. Each participant will need to bring their own, age-appropriate soccer ball for the first week, as well as their own tee/bat, and basketball for later in the session.

F 5:25-6:10 pm	5/3(4classes)	CACT	\$66(R)/\$99(N)	B.E.S.T. Sports	42638
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**BASKETBALL SKILLS & DRILLS**

(6-9yrs) Our basketball skills and drills clinics introduce and advance your player's ability for ball handling, dribbling, defense, jumping, passing, shooting, and the triple threat position. This is an extremely active, endurance-based class. Please bring your child's favorite basketball with their name on it.

F 6:15-7 pm	4/5(4classes)	CACT	\$66(R)/\$99(N)	B.E.S.T. Sports	41589
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F 6:15-7 pm	5/3(4classes)	CACT	\$66(R)/\$99(N)	B.E.S.T. Sports	42640
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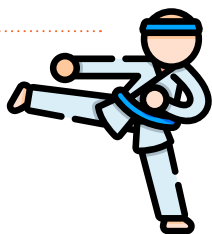
GYMNASTICS

(6-9yrs) Class starts with warm-ups that include tuck, straddle, and pike jumps. The gymnastics class includes front and back rolls, cartwheels, handstands, walk-overs, and also included is bar strengthening, stretches and conditioning.

Sa 2-3 pm	4/6(6classes)	CACT	\$42(R)/\$63(N)	Schaffer	41642
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KOKIKAI KIDS - MARTIAL ARTS

(8-13yrs) Introductory martial arts class. Students will engage in activities such as stretching, rolling, conditioning exercises, and movement for self-defense. Youth may come away from this class with increased confidence, mind-body awareness, and an appreciation for traditional martial arts.



W 6-6:50 pm	4/3(7classes)	MTNV	\$44(R)/\$66(N)	Barker	41650
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SCHOOL AGE SUPER SOCCER STARS

(6-8yrs) All soccer skill levels are welcome. Our Soccer Stars coaches will assess each child to make sure they are learning at their own pace. Some of the soccer specific drills we teach are based around dribbling, kicking, passing and shooting. We will play several games to help enhance children's soccer skills, while also building a sense of teamwork in a fun and safe environment.

Tu 6:05-6:50 pm	4/2(4classes)	ELDO	\$79(R)/\$119(N)	JumpBunch	41883
Tu 6:05-6:50 pm	4/30(4classes)	ELDO	\$79(R)/\$119(N)	JumpBunch	42645

YOGA STARS

(7-10yrs) Yoga Stars helps kids channel positive energy by creating a space to practice mindfulness, strength, and breathing techniques. Our stars explore simple yoga poses with songs, props and stories. Our creative curriculum will have your yoga stars increasing their endurance, concentration and confidence!

W 4:30-5:15 pm	4/3(8classes)	MMRA	\$74(R)/\$111(N)	Stretch-n-Grow	42642
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MUSIC

PIANO/KEYBOARDING

(5-12yrs) Elements is an innovative piano program designed to give your child the best opportunity for a successful start on the piano keyboard. Elements is a musical adventure that includes the fundamentals that are key to learning the piano; note reading, music theory, rhythm, chords, piano technique and all the skills needed to play the music from class. Keyboards are provided for students class use; recital held for family and friends on the last day of class.

Sa 9:15-10:15 am	4/6(6classes)	HRZN	\$124(R)/\$186(N)	Elements Music	41691
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Check out our Youth programs offered through Scottsdale Public Libraries!
See pg. 34 for more information!

Looking for a summer job?



Join the City of Scottsdale's team of camp leaders!

- **GROUP LEADER**
- **INSTRUCTOR**
- **TEEN PROGRAMMER**

Recreation leaders facilitate sports, crafts, science activities, and more for participants in 1st-8th grades.

Go to [ScottsdaleAZ.gov](https://scottsdaleaz.gov), and search "Recreation Leader I" or "Recreation Leader II" to learn more and apply.

AFTER-SCHOOL PROGRAMS

NOW THROUGH MAY 2024 | Cost is \$65 a month

After-School programming is provided in collaboration with Scottsdale Unified School District for the students attending specific Title One schools. Title One elementary after-school programs are for students in grades K-5 as of fall 2023. Snack will be provided by Scottsdale Unified School District.

COMMUNITY CENTER PROGRAMS**Horizon Community Center****15444 N. 100th St. | 480-312-2650**

M-F	School release-6pm	Grades 1-6	\$65/mo	41065
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Mountain View Community Center**8625 E. Mountain View Road | 480-312-2584**

M-F	School release-6pm	Grades 1-6	\$65/mo	41031
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SCHOOL COLLABORATION**AFTER-SCHOOL PROGRAMS - 480-312-2329**

After-School programming is provided in collaboration with Scottsdale Unified School District for the students attending specific Title One schools. Title One elementary after-school programs are for students in grades K-5 as of fall 2023. Snack will be provided by Scottsdale Unified School District.

Hohokam | 8451 E. Oak Street

M-F	School release-6pm	Grades K-5	\$65/mo	41030
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Navajo | 4525 N. Granite Reef Road

M-F	School release-6pm	Grades K-5	\$65/mo	41032
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Echo Canyon | 4330 N. 62nd St.

M-F	School release-6pm	Grades K-5	\$65/mo	41029
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Yavapai | 701 N. Miller Road

M-F	School release-6pm	Grades K-5	\$65/mo	41033
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Scottsdale After-School Programs are not licensed childcare under ARS section 23-882. To ensure a clear understanding of how the City of Scottsdale After-School Programs operate, caregivers are required to attend a mandatory parent information session before youth can attend program.

Register at Recreation.ScottsdaleAZ.gov and search "After-School Programs."

SCOTTSDALE SUMMER CAMPS MARK YOUR CALENDARS!

JUNE 3 – AUGUST 2

Scottsdale Summer Camps offer dynamic, enriching recreational opportunities for youth of Scottsdale that address the changing lifestyles and needs of families. Our goal is to provide children a safe, comfortable and enriching place to play and engage others during the summer.

Online registration opens April 22 for residents of Scottsdale, and April 23 for everyone else.

Go to ScottsdaleAZ.gov, search "Summer Camps"



REGISTRATION QUESTIONS? 480-312-7957

Call us before Feb. 23 so we can guide you through the process, making registration a breeze!

RECREATION.SCOTTSDALEAZ.GOV – RESIDENT REGISTRATION BEGINS FEB. 26 / NON-RESIDENT BEGINS FEB. 29

Accessibility services may be available. See page 28 for details.

ARTS & CRAFTS

To view the supply list for classes, go to ScottsdaleAZ.gov and search "Art Supply."

ADVANCED OIL PAINTING

(18+) For those serious artists who have painted in oil continuously, and have completed at least 3 or more paintings in the past year. We will explore self-portraits, portraiture, figurative, pet portraits, and special effect painting, including challenging elements; such as hair, fur, ice cubes, glass/reflections and more.

M	4:45-7:45 pm	4/1(8classes)	VLSC	\$87(R)/\$131(N)	Fried	41579
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OIL PAINTING

(18+) This class is geared to those who have take at least one session of Beginners Oil, or have basic knowledge and some experience in the media. You may have painted with oil in the past, and have the supplies, but need a class to refresh your skills. You will provide a picture, or I will suggest some I have collected. Individual help will be given at your easel, as requested. Grow as an artist in a relaxed friendly environment.

W	4:45-7:45 pm	4/3(8classes)	VLSC	\$87(R)/\$131(N)	Fried	41594
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DRAW/PAINT

Have the freedom to use any medium you choose, pencil, colored pencils, pastels, watercolor, oil and acrylic. Teacher emphasis is on individual attention and projects. \$1 nonrefundable cash supply fee is due to instructor on first day of class. Must be present at first class for orientation and demonstrations.

(15+)

Tu	6:30-9:30 pm	4/2(7classes)	ELSO	\$101(R)/\$152(N)	Chestney	41633
W	9:30 am-12:30 pm	4/3(7classes)	ELSO	\$101(R)/\$152(N)	Chestney	41634
W	1-4 pm	4/3(7classes)	ELSO	\$101(R)/\$152(N)	Chestney	41637
Th	9:30 am-12:30 pm	4/4(7classes)	ELSO	\$101(R)/\$152(N)	Chestney	41635
Th	1-4 pm	4/4(7classes)	ELSO	\$101(R)/\$152(N)	Chestney	41638

(18+)

Th	9 am-12 pm	4/4(8classes)	VLSC	\$119(R)/\$179(N)	Consalvo	41636
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DRAWING

(18+) Focus on the basic fundamentals of drawing, learning various techniques including perspective, shading, proportion, and composition. Enjoy using pencil, colored pencils and charcoal.

M	9:15 am-12:15 pm	4/1(8classes)	HRZN	\$110(R)/\$165(N)	Milman	41665
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DRAWING STUDIO

(18+) Welcome beginners, intermediate, and advanced artists. Focus on the basic fundamentals of drawing/learning various techniques including perspective, shading, proportion, and composition. Enjoy using pencil, colored pencils, and charcoal.

Tu	1-4 pm	4/2(8classes)	VLSC	\$119(R)/\$179(N)	Consalvo	41639
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INT./ADV. WATERCOLOR

(18+) Learning watercolor composition using images of landscapes, still lifes and portraits. Emphasis on learning to see as the artist does and not just copying an image.

M	1-4 pm	4/1(7classes)	GRSC	\$117(R)/\$176(N)	Amsellem	41644
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INTRO TO ART

(18+) Get comfortable with the core concepts of creating visual art. Play, explore and try a variety of mediums along the way! Great for curious beginners or getting back into creating. Lessons explore color, composition, patterns, perspectives, style, and brief art history. All art materials and paper will be provided.

Th	5-7:30pm	4/20(6classes)	VLSC	\$73(R)/\$110(N)	Dugie	41792
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NEW GUIDED PAINTING: ABSTRACT MONOGRAMS

(18+) Paint along with a guided tutorial of colorful abstract techniques as a personal monogram, creating a memorable art piece to take home for you! All materials will be provided.

Tu	9:30 am-12 pm	4/9(1class)	HRZN	\$22(R)/\$33(N)	Dugie	41663
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NEW INTRODUCTION TO GEL PRINTING

(18+) This is a hands-on course to learn the basics of creating stunning prints on paper. Gel printing technique uses flexible printing plates to create textures and layers of color. We'll review the basic gel plate tools and explore various printing techniques to create amazing prints on paper and you'll experience a delightful surprise when "pulling" prints from the plate. A \$5.00 kit fee will be collected for materials used in class. See supply list for basic items to bring.

Sa	10 am-1 pm	4/20(1class)	HRZN	\$22(R)/\$33(N)	Busch	42670
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NEW SARAPE SUNRISE

(18+) Paint along with a guided tutorial inspired by a Sarape blanket with colorful stripes, creating a memorable art piece to take home with you! All materials will be provided.

Th	5-7:30 pm	5/16(1class)	VLSC	\$22(R)/\$33(N)	Dugie	41667
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OIL AND ACRYLIC PAINTING

(18+) New and continuing students will focus on developing basic skills, exploring color, style, and various techniques in a relaxed environment. Learn techniques using acrylic or oil paints. Learn to develop a portrait, landscape, floral, abstract, or non-representational forms.

M	9 am-12 pm	4/1(8classes)	VLSC	\$110(R)/\$165(N)	Wilson	41678
Tu	9 am-12 pm	4/2(7classes)	VLSC	\$98(R)/\$147(N)	Oden	41675
Tu	1-4 pm	4/2(8classes)	GRSC	\$110(R)/\$165(N)	Wilson	41677
F	1-4 pm	4/5(8classes)	VLSC	\$119(R)/\$179(N)	Consalvo	41676

**PAINT STUDIO FOR CONTINUING OIL PAINTERS**

(18+) For those who have some painting experience and want to grow in their ability and confidence to produce better paintings. You will provide your own reference photos, and will get individual attention as needed to grow in your skills in a friendly and encouraging environment.

W	1-4 pm	4/3(8classes)	VLSC	\$87(R)/\$131(N)	Fried	41679
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PAINT STUDIO

(18+) Welcome beginners, intermediate and advanced artists. Focus on the media of your choice: oils, acrylics, watercolors, or mixed media. Enjoy exploring art making and expanding your skills.

M	1-4 pm	4/1(8classes)	VLSC	\$87(R)/\$131(N)	Khamis	41687
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PASTELS

(18+) New and continuing students will learn techniques using pastels. Learn to develop a portrait, landscape, floral, abstract, or a nonrepresentational form with ease. Color is the magical element that gives feeling and emotion to art. Once you understand the meaning of color, it will help you determine the palette to evoke strong emotional response in your paintings.

Th	1-4 pm	4/4(8classes)	VLSC	\$115(R)/\$173(N)	Schneider	41688
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WATERCOLOR

(18+) Transparent watercolor for the beginning, as well as intermediate student will include basic techniques, color and composition using landscape, still life, and portrait. Individual attention with emphasis on learning to see as the artist does.

W	9 am-12 pm	4/3(8classes)	VLSC	\$132(R)/\$198(N)	Godwin	41740
F	9 am-12 pm	4/5(7classes)	VLSC	\$117(R)/\$176(N)	Amsellem	41741

WATERCOLOR FLORALS WORKSHOP

(18+) A fun 2 class workshop doing loose abstract and realistic florals. Students can either have their own floral subject or use the ones I present and demo from. Workshop is for any level.

Tu	5-7 pm	4/2(2classes)	VLSC	\$31(R)/\$47(N)	Godwin	42655
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CERAMICS

There is a \$20 non-refundable cash material fee due at first class.

CERAMICS - HOME ACCENTS

(18+) Rev up your house and patio with fireplace sculptures, bookshelf decorations, lamps, flower pots, bonsai dishes and more! Students will explore hand building, wheel throwing, texture, decoration, glazing and firing with an emphasis on design and form. Supplies to bring to class: 25lbs Cone 5 clay, basic pottery tools, wood knife, pin tool, cutting wire, rib, sponge, brushes, apron and small bucket.

Sa	9:30 am-12:30 pm	4/6(8classes)	ELDO	\$133(R)/\$200(N)	Peterson	41606
Sa	1-4 pm	4/6(8classes)	ELDO	\$133(R)/\$200(N)	Peterson	41607

CERAMICS - INTRODUCTION TO CLAY

Introduction to basic clay techniques including coil, pinch, slab, wheel and glazing. Students will explore hand building, wheel throwing, texture, decoration, glazing and firing with an emphasis on design and form, as time allows. Bring basic ceramics tools (cutting wire, brushes, sponge, needle tool) and 25 lbs Cone 5/6 clay to first class.

(14+)

M	5-7:45 pm	4/1(8classes)	GRSC	\$133(R)/\$200(N)	Peterson	41610
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(18+)

Tu	9 am-12 pm	4/2(8classes)	ELDO	\$133(R)/\$200(N)	Bogan	41608
Th	9 am-12 pm	4/4(8classes)	ELDO	\$133(R)/\$200(N)	Bogan	41609
Th	12:30-3:30 pm	4/4(8classes)	ELDO	\$133(R)/\$200(N)	Bogan	41612

**CERAMICS - OPEN STUDIO**

(18+) Studio time for working on your clay projects independently. Equipment available includes electric wheels, slab roller and staff-fired Cone 5/6 electric kiln, plus slips, glazes and more. NO INSTRUCTION: Proficiency in hand-building or wheel-throwing at an intermediate level or above required. You must be able to design, carry out and complete a project from wet clay to glazing without assistance. Pieces created at Eldorado clay studio are eligible for firing in the studio kilns.

Tu	12:30-3:30 pm	4/2(8classes)	ELDO	\$133(R)/\$200(N)	Bogan	41611
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DIGITAL PHOTOGRAPHY

DIGITAL PHOTOGRAPHY - BEGINNING

(15+) Learn the basics of photography, how to use your camera and discover what all those buttons really do. Then begin the process to really "see" your subject before clicking the shutter. Mix in weekly photo assignments to apply what you learn and you will leave this class feeling good about your photography while having fun. This class is taught using DSLR cameras. Bring your DSLR camera to each class.

M	6-7:30 pm	4/15(6classes)	VLSC	\$47(R)/\$71(N)	Bochenek	41630
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DIGITAL PHOTOGRAPHY - INT/ADV

(15+) This course is for passionate photographers who understand the basics like f/stop and shutter speed and are looking to take more eye-catching photos. We will explore different composition and framing techniques that will draw the viewer in to your photos. We'll expand on topics like the use of light, what makes an image impactful, and ideas for more artistic images.

M	6-7:30 pm	4/1(8classes)	HRZN	\$62(R)/\$93(N)	Marple	41631
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COMMUNICATION & LANGUAGE



FRENCH - CONTINUING

(18+) Designed for continuing students wanting to increase their current knowledge in developing conversational skills, practicing pronunciation and learning essential grammatical facts in a supportive and fun environment.

Tu	5:30-7:30 pm	4/2(8classes)	HRZN	\$116(R)/\$174(N)	Gabor	41640
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INTRODUCTION TO FRENCH AND FRENCH CULTURE

(18+) A fun and engaging course for beginners who are new to French and want to learn the conversational basics with the dream of one day using it in practice and travel. We will also learn about French culture. This class is NOT for fluent speakers due to its beginning level.

Tu	6-7:15 pm	4/30(5classes)	VLSC	\$58(R)/\$87(N)	Philipp	41645
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ITALIAN - LEVEL 1

(14+) Learn Italian for travel purposes! This is an introductory class to the Italian language designed for students seeking speaking and listening abilities with minimal emphasis on grammar. In this course you will be introduced to the Italian alphabet, correct pronunciation of the individual letters and selected letter groups. Students will develop basic speaking, listening, reading, writing, comprehension and cultural awareness skills.

W	6:15-7:45 pm	4/3(8classes)	HRZN	\$79(R)/\$119(N)	Orso	41647
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ITALIAN - LEVEL 2

(14+) This intermediate Italian course is designed for students who have a basic understanding of the Italian language. If you already have knowledge of singular and plural nouns, gender differences, and the verbs "essere," "stare," and "avere," this course is the next step for you. Develop your language skills and gain the tools and strategies to continue your independent study for further improvement. This course serves as a bridge between the basics and more advanced levels, preparing you for further linguistic growth in the Italian language.

Th	6:15-7:45 pm	4/4(8classes)	HRZN	\$79(R)/\$119(N)	Orso	41648
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SPANISH - LEVEL I

(14+) Always wanted to speak Spanish but didn't keep it up after schooling? This class is for YOU! We will begin with a focus on conversation, no prior knowledge required but helpful. You will be introduced to typical high school level one listening, reading and speaking grammar concepts including present tense verb conjugation, nouns, adjectives & gender and vocabulary acquisition. Emphasis is placed on conversation practice. Travel and cultural enrichment is included.

W	4:30-5:30 pm	5/1(5classes)	VLSC	\$43(R)/\$65(N)	Philipp	41867
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SPANISH - LEVEL II

(14+) This class is a continuation from Spanish I. Maintaining the learning focus on conversation while expanding into writing as well as listening and reading. As we continue our focus on present tense grammar and vocabulary, additional useful tenses will be introduced. The scope & sequence will adjust according to class makeup. Travel and cultural enrichment are included.

W	5:40-6:40 pm	5/1(5classes)	VLSC	\$43(R)/\$65(N)	Philipp	41868
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SPANISH I

(18+) This eight-week course will introduce adult learners to some fundamentals of the Spanish language, including nouns, adjectives and verbs. We will focus on vocabulary building through reading, writing, listening and speaking, as well as basic grammar. This course will cover through page 150 of the required text.

W	5-6:15 pm	4/3(8classes)	GRSC	\$76(R)/\$114(N)	Ellis	42633
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ONLINE SPANISH: STEP 1

(14+) If you know just a little of the basics in Spanish (masculine/feminine gender info, present tense verbs), this class gives you practice to converse, listen, and reviewing simple vocabulary, grammar, and sentence structure. This is the class to take after "Beginner Spanish Step 1" or if you took high school Spanish long ago and want to jump start your experience. Conversation practice uses mainly easier present tense structures.

M	9:30-11 am	4/1(7classes)	ONLINE \$66(R)/\$99(N)	Buettner	41591
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ONLINE SPANISH: STEP 2

(14+) If you are comfortable using simple sentences in Spanish, but you want to improve fluency and mix use of the present and past, this class gives you more challenging practice. We work to improve your listening/speaking/reading abilities.

W	6-7:30 pm	4/3(7classes)	ONLINE \$66(R)/\$99(N)	Buettner	41706
W	10-11:30 am	4/3(7classes)	ONLINE \$66(R)/\$99(N)	Buettner	41707

DANCE**BALLET - BEGINNING**

(18+) This class is designed for the beginning student or those with less than two years of ballet training. This casual and fun class will offer a great workout while learning ballet basics, technique, terminology and ballet combinations.

Tu	2-3 pm	4/2(8classes)	GRSC \$44(R)/\$66(N)	Moore	41581
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BALLROOM DANCE - BASICS I

(18+) Learn and improve the dances you need to feel comfortable in any social situation. Dances may include: foxtrot, waltz, cha-cha, tango, rumba, swing, and much more. No partner required, however, we cannot guarantee there will be enough partners to share during class.

M	6-6:55 pm	4/1(8classes)	VLSC \$48(R)/\$72(N)	Dale	42676
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**BALLROOM DANCE - BASICS II**

(18+) After completing 2-3 sessions of the Basics I class, this level will continue with introducing step patterns and technique in basic levels of social dancing. Dances may include foxtrot, waltz, cha-cha, tango, rumba, swing, and more.

Tu	5:45-6:40 pm	4/2(8classes)	FENP \$48(R)/\$72(N)	Dale	41584
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NEW BALLROOM DANCE - BASICS III

(18+) After completing 4-5 sessions of the Basics I AND Basics II level classes, this level will continue with introducing step patterns and technique in basic levels of social dancing. Dances may include foxtrot, waltz, cha-cha, tango, rumba, swing and more. No partner required; however we cannot guarantee there will be enough partners to share during class. This is NOT a Beginner's class. Must have taken at least two Basics classes before enrolling into Basics III.

Tu	6:45-7:40 pm	4/2(8classes)	FENP \$48(R)/\$72(N)	Dale	41582
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BALLROOM DANCE - BEYOND THE BASICS

(18+) (18+) Here's a chance for the student who has taken 4-5 sessions of the beginner's class to learn more about the basic and beginning level social dances. The focus will be to add onto the students existing step patterns and technique to help improve movement on the dance floor.

W	5:50-6:45 pm	4/3(8classes)	VLSC \$48(R)/\$72(N)	Dale	41585
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BALLROOM DANCE - INTERMEDIATE SMOOTH & RHYTHM

(18+) This class will focus on higher-level patterns and techniques in dances such as foxtrot, waltz, tango, rumba, cha-cha, swing, salsa, and more! A fun continuation for the student who has had at least 5 or 6 sessions of ballroom dance and who have learned 7 to 8 patterns in each of the social ballroom dances.

W	6:50-7:45 pm	4/3(8classes)	VLSC \$48(R)/\$72(N)	Dale	41583
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**LINE DANCING: BEGINNERS**

(18+) Exercise your mind and body while dancing. Everyone is welcome to join this fun and energizing line dance class. Learn steps and line dances for country, latin, waltzes, old standbys and newer dances. No partner is required to enjoy this class. Some dance experience would be helpful.

Tu	10:35-11:35 am	4/2(8classes)	VLSC \$62(R)/\$93(N)	Chapman	41652
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LINE DANCING: HIGH BEGINNER/LOW INTERMEDIATE

(18+) This is a high beginner low intermediate class and it does require a full knowledge of all the basic dance moves and terminology you learned in the beginning classes. This is a much faster paced class than the beginner class. You will be learning new more intricate dance moves as we progress through the class.

Tu	9:20-10:20 am	4/2(8classes)	VLSC \$62(R)/\$93(N)	Chapman	41653
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TAP - INTERMEDIATE

(18+) This fast-paced intermediate class is for the fun of tapping to a variety of music and styles. Choreography for dances will be taught while learning and building on basic techniques of both rhythm and Hollywood styles. Tap shoes required.

Tu	6:15-7:15 pm	4/2(8classes)	MTNV	\$49(R)/\$74(N)	Campi	41728
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**TAP - SENIOR BEGINNING TECHNIQUES**

(18+) Learn the basics of different dance steps and combinations while improving your memory and having fun.

Th	2:45-3:45 pm	4/4(8classes)	GRSC	\$49(R)/\$74(N)	Campi	41729
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TAP - SENIOR INTERMEDIATE LEVEL I

(18+) Learn the basics of dance routines while improving your memory and having fun. If you are not at the appropriate skill level, you will be asked to withdraw and staff will do their best to locate a class at the correct level.

Th	4-5 pm	4/4(8classes)	GRSC	\$49(R)/\$74(N)	Campi	41730
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TAP - SENIOR INTERMEDIATE LEVEL II

(18+) Learn more challenging dance routines while improving your memory and having fun. Please note, if you are not at the appropriate skill level, you will be asked to withdraw, and staff will do their best to locate a class at the correct level.

Th	5-6 pm	4/4(8classes)	GRSC	\$49(R)/\$74(N)	Campi	41731
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FITNESS & HEALTH**30/30/30**

(14+) This 90-minute class is for those of you who like it all! The class will start off with 30 minutes of Aerobics, followed by 30 minutes of Strength Training and finishing up with 30 minutes of Pilates, stretch and meditation.

W	5:30-7 pm	4/3(8classes)	CACT	\$67(R)/\$101(N)	Alfraid	41852
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AEROBICS

(18+) Start your day off right with this 'work at your own pace' cardio class! Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning and stretching exercises are all included. Modifications are provided.

M	8:15-9 am	4/1(8classes)	GRSC	\$45(R)/\$68(N)	Alfraid	41580
Sa	8:05-8:55 am	4/6(8classes)	VLSC	\$45(R)/\$68(N)	Alfraid	41714

**BARRE EXPRESS**

(14+) Barre Express is one of the most effective ways to change the shape of your body for a total body workout. This sculpting class blends ballet, strength training, yoga, and Pilates to create long and lean muscles to reshape your body. Light weights, small ball and glides will be used as props. No experience necessary.

M	5:45-6:35 pm	4/1(7classes)	MMRA	\$68(R)/\$102(N)	Spencer	41586
M F	6:10-7 am	4/1(14classes)	MMRA	\$125(R)/\$188(N)	Spencer	41587

BEGINNER TO INTERMEDIATE MAT PILATES

(14+) Pilates is for everyone! Pilates strengthens your core and therefore your overall strength and stability. It sculpts long lean muscles and increases flexibility. This beginner to intermediate class will focus on the core principles, movements and breath of classic pilates. The class is structured to challenge you to progress to higher levels of the pilates practice. All levels are welcome. Class is performed standing and on the mat.

Sa	9-10 am	4/6(8classes)	GRSC	\$56(R)/\$84(N)	Dorsey	41902
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BETTER BALANCE FOR SENIORS

(18+) While much of the focus will be on strengthening the core and maintaining core strength, this class will also offer exercises to help seniors to walk better and prevent falls. The class will also offer exercises and strategies to help you get back up in case you do fall. This class will be done sitting or using the chair as a prop for standing exercises.

M	11:15 am-12:05 pm	4/1(8classes)	VLSC	\$84(R)/\$126(N)	Yancy	42648
W	11-11:50 am	4/3(9classes)	VLSC	\$93(R)/\$140(N)	Yancy	41595
Th	10:15-11:05 am	4/4(9classes)	VLSC	\$93(R)/\$140(N)	Yancy	41596

**BODY AND MIND**

(18+) Whip your heart, mind, and body into shape while having a great time. This course combines aerobics with yoga & Pilates providing a full body workout including cardio, strengthening and flexibility.

M W	9:15-10:15 am	4/1(16classes)	GRSC	\$79(R)/\$119(N)	Alfraid	41598
F	11:15 am-12:15 pm	4/5(8classes)	VLSC	\$45(R)/\$68(N)	Alfraid	41597

BODY CONDITIONING

(18+) Exercise class concentrating on enhancing body tone, strengthening and stretching. This will include an educational aspect on fitness and wellness to incorporate fitness into everyday life.

W	8:15-9 am	4/3(8classes)	GRSC	\$45(R)/\$68(N)	Alfraid	41599
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BOLLYX - THE BOLLYWOOD WORKOUT!

(14+) BollyX is a Bollywood-inspired dance-fitness program that combines dynamic choreography with the hottest music from around the world. 50-minute cardio workout cycles between higher and lower-intensity dance sequences to get you moving, sweating, and smiling.

M	6:45-7:45 pm	4/1(8classes)	HRZN	\$68(R)/\$102(N)	Patel	41600
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CARDIO-CORE FITNESS

(18+) A fusion of music provides a great cardio workout and lots of fun. Reduce stress, tone your body, strengthen your muscles, increase flexibility and build core strength. Foot movements are modified as needed and everyone is encouraged to work at their own pace. All levels are welcome.

Tu	8:15-9:05 am	4/2(8classes)	VLSC	\$43(R)/\$65(N)	Robertson	41605
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**CHAIR PILATES**

(18+) This class is designed for those who have difficulty getting up off of and down onto the floor. This active pilates fusion style class uses exercises and sequences that are specifically designed for those who want to stay healthy, keep moving and maintain their independence as they age. We will be using the chair in sitting exercises to help warm up, stretch and lengthen the body. No pilates experience is needed! Students must be able to stand and walk independently, without the support of a walker or cane.

Tu	8:15-9:05 am	4/2(9classes)	VLSC	\$93(R)/\$140(N)	Yancy	41613
F	8:15-9:05 am	4/5(9classes)	VLSC	\$93(R)/\$140(N)	Yancy	41614

CORE AND MORE

(14+) Structured to accommodate all goals and fitness levels, this full body circuit training format, which incorporates cardio activity alongside weight training, is designed to strengthen your entire body. Get your heart rate up and burn calories as you jump from exercise to exercise working your way through each muscle group, with an emphasis on the core muscles (abs, lower back, hips, and butt).

Th	5:30-6:30 pm	4/4(8classes)	MMRA	\$46(R)/\$69(N)	Teisch	41620
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**GENTLE CHAIR PILATES**

(18+) Do your Pilates using a chair instead of a mat! This class is designed for those who have difficulty getting up off of and down onto the floor. This gentler Pilates fusion style class uses exercises and sequences that are specifically designed for those who want to stay healthy, keep moving, and maintain their independence as they age but with a slower paced, gentler approach to Pilates. The class will offer exercises targeting a stronger core, healthier back, shoulders, pelvis and knees, as well as better balance. ... with a little fun mixed in! The class also includes plenty of stretches in between the exercises to maintain and improve joint range of motion. Please note that exercises will be done both while sitting and standing (using the chair for support) and students must be able to stand independently, without the support of a walker or cane. No Pilates experience is needed and beginners are welcome!

Tu	9:15-10:05 am	4/2(9classes)	VLSC	\$93(R)/\$140(N)	Yancy	42671
W	9-9:50 am	4/3(9classes)	VLSC	\$93(R)/\$140(N)	Yancy	41641

PILATES

(14+) This beginning Pilates class will focus on strengthening your body core, stability and balance. All levels of athletic ability are encouraged to attend. *Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

M	10-11 am	4/1(8classes)	MMRA	\$86(R)/\$129(N)	Nicholas	41692
W	6:30-7:30 pm	4/3(8classes)	HRZN	\$62(R)/\$93(N)	Martin	41693
Tu	1:30-2:30 pm	4/2(9classes)	VLSC	\$73(R)/\$110(N)	Yancy	41695
W	8:05-8:55 am	4/3(9classes)	VLSC	\$73(R)/\$110(N)	Yancy	41696
Th	1:30-2:30 pm	4/4(9classes)	VLSC	\$73(R)/\$110(N)	Yancy	41694

**PILATES - GOLF CONDITIONING**

(14+) This conditioning program can significantly enhance your golfing experience while extending your years of play. Increasing strength and flexibility and decrease your risk for injury. Building better bodies and minds is the original purpose of pilates.

Tu	4:45-5:35 pm	4/2(8classes)	MMRA	\$62(R)/\$93(N)	Martin	41698
Th	4:45-5:35 pm	4/4(8classes)	VLSC	\$62(R)/\$93(N)	Martin	41697

PILATES GENTLE

(18+) This pilates class contains all the benefits to a traditional pilates class, however this style is slower and a more gentle approach.

W	10:30-11:30 am	4/3(8classes)	GRSC	\$50(R)/\$75(N)	Alfrid	41699
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PILATES INTERMEDIATE/ADVANCED

(14+) This class will focus on strengthening your body core, stability and balance. All levels of athletic ability are encouraged to attend. Three months of Pilates experience suggested. *Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

W	10-11 am	4/3(8classes)	MMRA	\$86(R)/\$129(N)	Nicholas	41700
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SENIOR CIRCUIT - CARDIO, STRETCH AND STRENGTH TRAINING

(18+) A one hour class including cardio and strength training portions. Each class will be broken down into five segments: warm Up (including stretch), work, cool-down, final stretch and relaxation. Within the work segment, alternate cardio and strength training blocks will be offered. Each segment will offer varying levels of exertion, to permit those just starting out through those looking for a more vigorous session to experience the appropriate challenge.

M Th	1-2 pm	4/1(16classes)	GRSC	\$91(R)/\$137(N)	Herriot	41903
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SENIOR STRENGTH TRAINING

(18+) Resistance and strength training can enable senior citizens to regain muscle mass and strength at any age. You're never too old to build a little muscle and fight conditions like osteoporosis. Many of the degenerative diseases experienced in the aging process are related to loss of muscle mass and strength. Focus will be geared to those issues related to senior citizens. This class will utilize basic exercises on machines and with free weights.

MW	5:45-6:45 pm	4/1(16classes)	VLSC	\$92(R)/\$138(N)	Teisch	41668
MW	11 am-12 pm	4/1(16classes)	VLSC	\$132(R)/\$198(N)	Smith	41701
Tu Th	10-11 am	4/2(16classes)	VLSC	\$125(R)/\$188(N)	Brancati	41702
Tu Th	11:30 am-12:30 pm	4/2(16classes)	GRSC	\$125(R)/\$188(N)	Brancati	41704

**SHIFT YOUR SHAPE**

(18+) Get ready to take on the afternoon after this full body stretch and tone workout! Buttocks, back, thighs, and abdominals are strengthened; exercising at your own pace is encouraged. There is emphasis on increasing flexibility, through various yoga poses and traditional stretches. Most of the exercises are on the mat.

Tu Th	11:15 am-12 pm	4/2(16classes)	ELDO	\$38(R)/\$57(N)	Reznikoff	41705
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STEP AEROBICS

(14+) This class provides the ideal workout for those students who want a challenge and results. It will improve strength, muscle endurance, flexibility and balance. Steps can be adjusted for beginners and advance levels.

Tu	6-7 pm	4/2(8classes)	HRZN	\$62(R)/\$93(N)	Martin	41709
Th	6-7 pm	4/4(8classes)	HRZN	\$62(R)/\$93(N)	Martin	41710

**STEP AND STRENGTHEN**

(14+) Have a great time getting in shape while following basic step movements and being instructed on strengthening exercises. Basics are covered for those that are new to stepping and modifications are given when needed. Strengthen your legs, upper body and core with low intensity training.

Sa	9:15-10:15 am	4/6(7classes)	HRZN	\$41(R)/\$62(N)	Alfraid	41711
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STRENGTH TRAINING

(18+) This class incorporates resistance and weight bearing exercises set to upbeat, energizing music. Improving and increasing aerobic capacity is an additional goal while building stamina, endurance and balance capacity. Throughout the duration of the session repetitions will increase to progress our capacity to further grow and develop overall strength..

M Th	9-10 am	4/1(16classes)	MMRA	\$132(R)/\$198(N)	Smith	41703
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Advanced

W F	8-8:55 am	4/3(16classes)	MMRA	\$132(R)/\$198(N)	Smith	41910
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STRETCH IT OUT!

(18+) This class is designed to loosen tight muscles and joints at a slow and gentle pace. Perfect for those suffering from lower back pain due to limited range of motion. Assists in greater range of motion and flexibility.

W	12-1 pm	4/3(8classes)	VLSC	\$50(R)/\$75(N)	Alfraid	41712
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TAI CHI

(18+) Learn the Yang Style Long Form, a slow, graceful, rhythmic exercise, which promotes good health and improves balance, memory and concentration. The Yang Style Long Form is a series of postures which are broken into three sections.

Beginning – will cover positions from the first section

M	10:45 am-12:15 pm	4/1(8classes)	GRSC	\$55(R)/\$83(N)	Isaacson	41726
Tu	6-7 pm	4/2(7classes)	MTNV	\$34(R)/\$51(N)	Oestreich	41907
W	9:30-10:30 am	4/3(8classes)	VLSC	\$40(R)/\$60(N)	Navarro	41721
W	10:45-11:45 am	4/3(8classes)	VLSC	\$40(R)/\$60(N)	Isaacson	41720
W	5:30-7 pm	4/3(8classes)	GRSC	\$55(R)/\$83(N)	Isaacson	41719
Th	9-10:30 am	4/4(8classes)	GRSC	\$55(R)/\$83(N)	Isaacson	41724
Th	11:15 am-12:45 pm	4/4(8classes)	VLSC	\$55(R)/\$83(N)	Navarro	41725
F	9:30-10:30 am	4/5(8classes)	VLSC	\$40(R)/\$60(N)	Navarro	41722
Sa	9-10 am	4/6(8classes)	GRSC	\$40(R)/\$60(N)	Isaacson	41723

Intermediate – Students must be proficient in positions from the first section.

W	10:45-11:45 am	4/3(8classes)	VLSC	\$49(R)/\$74(N)	Navarro	41727
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Advanced – Students must be proficient in the positions from the first and second section.

W	9:30-10:30 am	4/3(8classes)	VLSC	\$36(R)/\$54(N)	Isaacson	41718
F	9:30-11 am	4/5(8classes)	VLSC	\$49(R)/\$74(N)	Isaacson	41716
Sa	10:15-11:45 am	4/6(8classes)	GRSC	\$49(R)/\$74(N)	Isaacson	41717

**THE TOTAL WORKOUT**

(18+) Improve your cardiovascular system with gentle aerobic exercise and muscular strength using light hand weights and your own body weight as resistance. Improve posture and balance. Cool down with gentle stretching and deep breathing.

F	9:15-10:15 am	4/5(7classes)	GRSC	\$41(R)/\$62(N)	Alfraid	41732
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TONE AND STRETCH

(18+) Start your day off right with this 'work at your own pace' cardio and toning class! Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning, stretching and mat work exercises are all included in this total body workout. Class ends with a cool-down and a guided meditation. Modifications are provided. Please bring your own hand weights.

M	8:15-9:05 am	4/1(8classes)	VLSC	\$43(R)/\$65(N)	Robertson	41733
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TOTAL BODY WORKOUT

(18+) Energize your body and mind with this total body workout. Improve your cardiovascular system with gentle aerobic exercise and muscular strength using light hand weights and your own body weight as resistance. Improve posture and balance. Cool down with gentle stretching and deep breathing. Working out in your comfort zone is encouraged.

Th	8:05-9 am	4/4(7classes)	VLSC	\$39(R)/\$59(N)	Robertson	41909
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TOTALLY TONING

(14+) Strengthen and tone your major muscle groups using weights, exercise balls, body bars and gravity. Learn proper form and technique to maximize results. Target problem areas and increase your metabolism with more muscle.

Tu	5:30-6:30 pm	4/2(8classes)	MMRA	\$46(R)/\$69(N)	Teisch	41737
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**ZUMBA**

Zumba® is a fusion of Latin and International music & dance themes to create a dynamic, exciting and effective fitness system! It is this mixture of body sculpting movements in easy to follow dance steps and the principals of fitness interval and resistance training that allow Zumba participants to maximize their caloric and fat burning output for total body toning.

Tu	9:15-10:15 am	4/2(8classes)	MMRA	\$63(R)/\$95(N)	Kenrick	41674
Th	6:15-7:15 pm	4/4(8classes)	CACT	\$63(R)/\$95(N)	Kenrick	41769

ZUMBA GOLD

(18+) Perfect for anyone who is looking for a modified Zumba® class that recreates the original moves you love at a lower-intensity. The design of the class introduces easy-to-follow Zumba® choreography that focuses on balance, range of motion and coordination. This class is ideal for beginners as well as individuals seeking a low-impact exercise program.

M	1-2 pm	4/1(8classes)	VLSC	\$63(R)/\$95(N)	Kenrick	41772
Tu	12-1 pm	4/2(8classes)	VLSC	\$50(R)/\$75(N)	Scott	41770
W	8:15-9:15 am	4/3(8classes)	VLSC	\$63(R)/\$95(N)	Kenrick	41771
F	8:15-9:15 am	4/5(8classes)	VLSC	\$63(R)/\$95(N)	Kenrick	41773



ZUMBA TONING

(18+) The addition of Zumba® Toning Sticks or light dumbbells (1 to 2.5 lbs) turns up the fun and fitness at this dance party! Zumba® Toning is a circuit training that benefits cardiovascular health as well as muscle conditioning and toning. This weighted workout targets muscle groups in the arms, core, and lower body and also increases a sense of rhythm and coordination.

Tu	10:30-11:30 am	4/2(8classes)	MMRA	\$63(R)/\$95(N)	Kenrick	41774
Tu	6:15-7:15 pm	4/2(8classes)	CACT	\$63(R)/\$95(N)	Kenrick	41775

YOGA & MEDITATION**MEDITATION FOR EVERYONE**

(18+) Meditation calms the body and soothes the mind. It is also a great way to relieve stress and improve overall health and well-being. Join us and learn the basics of meditation to set up your own home practice. We will also explore various forms of meditation and relaxation methods.

F	12:15-1:05 pm	4/5(8classes)	VLSC	\$66(R)/\$99(N)	Yancy	41657
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CHAIR YOGA - INTERMEDIATE

(18+) This class is designed for those with previous yoga or chair yoga experience and who want to take a challenging yoga class but have difficulty getting up off of and down onto the floor. This quicker paced, flow style, chair yoga class will use the chair in sitting postures to help stretch and warm up the body followed by a series of standing and balance poses, using the chair for support when needed. Previous yoga or chair yoga experience is needed and students must be able to stand and walk independently, without the support of a walker or cane.

M	8:15-9:10 am	4/1(8classes)	VLSC	\$66(R)/\$99(N)	Yancy	41618
Th	8:15-9:10 am	4/4(9classes)	VLSC	\$73(R)/\$110(N)	Yancy	41617

CHAIR REIKI I AND CHAIR REIKI II COMBO

(18+) Reiki is a gentle healing energy that you direct with your hands and is used in many local hospitals in conjunction with traditional medicine to increase mental, physical, and emotional healing. It treats the whole person, body, mind, and spirit and increases feelings of well-being and relaxation. It is a deeply moving experience for many students. In this class you will learn Reiki 1, which teaches the student self-healing techniques through guided meditations and classroom exercises. You will also learn Reiki 2 techniques which empower the student to send this warm healing energy to family, friends, pets, and others at any distance. Reiki is always taught by a Reiki Master and there is no touching necessary.

M	9:30-11 am	4/1(5classes)	VLSC	\$45(R)/\$68(N)	Jenkins	41615
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**ALL LEVELS CHAIR YOGA**

(18+) Practice yoga using a chair instead of a mat! This class is designed for those who want to take a yoga class, but have difficulty getting up off of and down onto the floor. The chair is used in sitting postures to help stretch and warm up the body and open the shoulders and neck. This is followed by a series of standing poses, using the chair for support in standing and balancing when needed. The exercises are specifically designed and sequenced for those who want to stay healthy, keep moving and maintain their independence as they age, as well as for those with limited mobility or movement disorders. These exercises will safely improve flexibility, strength and balance and will help to maintain mobility, without the impact and stress of traditional exercises. Beginners are welcome and no previous yoga experience is needed.

M	9:15-10:10 am	4/1(8classes)	VLSC	\$66(R)/\$99(N)	Yancy	41569
M	10:15-11:10 am	4/1(8classes)	VLSC	\$66(R)/\$99(N)	Yancy	41575
W	10-10:55 am	4/3(9classes)	VLSC	\$73(R)/\$110(N)	Yancy	41574
Th	9:30-10:30 am	4/4(8classes)	GRSC	\$67(R)/\$101(N)	Mullins Bulka	41576
Th	9:15-10:10 am	4/4(9classes)	VLSC	\$73(R)/\$110(N)	Yancy	41573
F	11:15 am-12:10 pm	4/5(9classes)	VLSC	\$73(R)/\$110(N)	Yancy	41570
F	9:15-10:10 am	4/5(9classes)	VLSC	\$73(R)/\$110(N)	Yancy	41571

GENTLE CHAIR YOGA

(18+) Practice yoga using a chair instead of a mat! This Gentle Chair Yoga Class is designed for those with limited mobility who want to practice yoga but have difficulty standing for long periods. It is also for anyone looking for a more gentle and relaxing Chair Yoga practice. Each class includes gentle stretching to release tension, stiffness and stress from tight muscles and joints, followed by gentler variations of yoga poses for strength and posture, all done seated in a chair. Approximately 15 minutes of each class will be done standing, working to improving balance and mobility.

F	10:15-11:10 am	4/5(9classes)	VLSC	\$73(R)/\$110(N)	Yancy	41572
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**HATHA YOGA**

(14+) The benefits of Hatha yoga include better sleep, strengthening core muscles, improving depression symptoms, and helping with stress management, as well as an effective way to lose weight. Hatha yoga is a type of yoga that emphasizes holding poses. It is made up of three main practices: body postures, breathing techniques, and meditation. You are guaranteed to walk out this type of yoga in a better mood and feeling happier while your body is more flexible. All levels welcome.

M	6-7 pm	4/1(8classes)	MMRA	\$45(R)/\$68(N)	Malaek	41666
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JOURNEY INTO YOGA

(18+) Take a journey into your yoga practice! Explore the fundamentals of yoga based on breath work, mindfulness, alignment, building strength and increasing flexibility. Beginner friendly and perfect for continuing students. Discover the joy in your yoga journey through foundational yoga postures while stimulate, rejuvenate, and nurture your body and mind connection.

Th	9-10:15 am	4/4(8classes)	GRSC	\$68(R)/\$102(N)	Urata	41649
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MYOFASCIA RELEASE AND RESTORATIVE

(18+) Release your fascia that may be causing pain or limited range of mobility. Do you suffer from tight muscles, joint, foot, hip, neck, shoulder, or back pain, feeling stressed or anxious? Myofascial release aims to relax tense, constricted fascia surrounding soft tissue. This is a heavily restorative, low intensity, no impact class that uses several healing modalities (myofascia release, yoga, ancient Chinese meridian point, etc) to soften connective tissue restrictions/adhesion, release tension, stress, anxiety, and trapped energy- restoring harmony and balance within.

Th	10:30-11:45 am	4/4(8classes)	GRSC	\$68(R)/\$102(N)	Urata	41661
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NEW FLOW INTO SOUND HEALING

(18+) Enjoy guided breathwork and stretching before moving your body through a flow of yoga poses to increase strength, balance and flexibility. Through the sequence, you will blissfully connect mind, body and soul on your mat. All levels are welcome as modifications will be offered and going deeper into the postures is also encouraged. The class will close with meditation and savasana comfortably laying on your mat with your knees slightly elevated onto a bolster where you will be bathed in a sound healing session with elements such as sound bowls, gong, tuning forks, chimes and solfeggio sound frequencies. Get ready for the perfect balance of movement (asana) and relaxation.

Sa	9:15-10:30 am	4/6(6classes)	VLSC	\$54(R)/\$81(N)	Scorza	42672
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**ONLINE YIN YOGA**

(14+) Yin Yoga is a deliberate and unhurried practice that deepens your stretches and enhances your flexibility. Most poses are performed on the floor, either from a seated position or lying on your back, making it accessible to individuals of all fitness levels. We offer alternative poses to ensure a comfortable and inclusive experience for those facing knee or ankle challenges. To fully embrace your Yin Yoga journey, please have the following props: a yoga mat, one to two yoga blankets, two blocks, and a yoga strap. However, don't worry if you don't have these specific props on hand, substitutes are more than acceptable.

Sa	9-10 am	4/6(8classes)	ONLINE	\$56(R)/\$84(N)	Jarvie	41904
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YOGA - ALL LEVELS - OUTDOORS

(18+) Find balance for your body, mind and spirit! The physical, all levels yoga practice uses a variety of sequenced standing poses which both strengthen the body and improve flexibility. Detailed instruction will offer the poses for various levels of fitness and ability, along with important alignment cues to practice safely and in such a way that you feel better at the end of practice than when you started. Join us to release tension, restore vitality and improve back health and posture! All levels welcome.

W	8:30-9:45 am	4/3(5classes)	VLSC	\$53(R)/\$80(N)	Parrow	41672
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YOGA BASICS

(18+) Focus is on essentials of the yoga practice with a gentle approach based on skillful alignment, breath, building core strength and increasing flexibility. Beginner friendly; also perfect for continuing students. Deepen your work in foundational yoga postures while linking breath, awareness, and movement from a place of stability.

W	11 am-12 pm	4/3(8classes)	MMRA	\$56(R)/\$84(N)	Stewart	41757
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YOGA - GENTLE/RESTORATIVE

(18+) This slower paced, restorative class is designed to focus on breathing, relaxation and gentle stretching and balance within your body, mind and spirit. The physical practice uses poses which both stretch and strengthen the body. Release tension restore vitality and improve posture. This time is used to find ways to relax, release stress and create a better awareness of the body.

Th	2:30-3:55 pm	4/4(9classes)	VLSC	\$104(R)/\$156(N)	Yancy	41751
Tu	10:10-11:35 am	4/2(9classes)	VLSC	\$104(R)/\$156(N)	Yancy	41752

YOGA

(18+) Find balance for your body, mind and spirit! The physical, all levels yoga practice uses a variety of sequenced standing poses which both strengthen the body and improve flexibility. Detailed instruction will offer the poses for various levels of fitness and ability, along with important alignment cues to practice safely and in such a way that you feel better at the end of practice than when you started. Join us to release tension, restore vitality and improve back health and posture! All levels welcome.

All Levels (14+)

W	6:30-7:45 pm	4/3(8classes)	MMRA	\$54(R)/\$81(N)	Malaekheh	41906
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All Levels (18+)

W	9:30-10:45 am	4/3(8classes)	MMRA	\$68(R)/\$102(N)	Stewart	41756
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Beginning (18+)

W	10:30 am-12 pm	4/3(8classes)	CACT	\$76(R)/\$114(N)	Sikes	41746
Th	10:45 am-12:15 pm	4/4(7classes)	VLSC	\$73(R)/\$110(N)	Parrow	41747

Intermediate (18+)

M	9:30-10:45 am	4/1(8classes)	VLSC	\$68(R)/\$102(N)	Rothman	41753
Th	9:15-10:30 am	4/4(7classes)	VLSC	\$63(R)/\$95(N)	Parrow	41754

REGISTRATION QUESTIONS? 480-312-7957

Call us before Feb. 23 so we can guide you through the process, making registration a breeze!

The City of Scottsdale fully supports the provision of the Americans with Disabilities Act and is committed to supporting the full inclusion of persons with disabilities into programs, classes, services, and public facilities so that the full participation may be enjoyed by all. See page 6 for details.

YOGA - GENTLE

(18+) Discover the joy of unifying body, mind and spirit in this slower-paced class designed to relax, stretch and strengthen your body with gentle yoga poses, movement, and centered breathing. This "low and slow" class takes place primarily on the floor but also includes standing poses and movement to improve posture, balance, and breath. All levels welcome.

M	9:30-11 am	4/1(8classes)	GRSC	\$76(R)/\$114(N)	Sikes	41673
M	11 am-12:15 pm	4/1(8classes)	VLSC	\$68(R)/\$102(N)	Rothman	41748
Tu	9:15-10:45 am	4/2(8classes)	VLSC	\$79(R)/\$119(N)	Vershure	41750
W	12-1:15 pm	4/3(8classes)	GRSC	\$68(R)/\$102(N)	Rothman	41670
F	9:30-10:45 am	4/5(8classes)	HRZN	\$68(R)/\$102(N)	Rothman	41671
F	10:30 am-12 pm	4/5(8classes)	GRSC	\$82(R)/\$123(N)	Parrow	41749

YOGA - RESTORATIVE

(18+) Counteract a fast-paced, stressed-out life off the mat with restorative yoga. Yogis of all levels can enjoy this gentle, slow, still style of yoga involving long, passive holds in a series of 4-6 restful poses. Supported by props, the body releases tension and achieves physical, mental and emotional relaxation.

F	9-10:15 am	4/5(8classes)	GRSC	\$70(R)/\$105(N)	Parrow	41755
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YOGA FOR STRONG BONES - ALL LEVELS

(18+) This gentle class emphasizing safe and proper alignment is for anyone wanting to improve bone density and strength, posture, balance, and muscular strength. Everyone with osteopenia and osteoporosis is welcome but you must be able to get up from your mat without assistance. If you have serious osteoporosis, check with your doctor to be sure that a yoga class is appropriate for you.

Tu	11 am-12:30 pm	4/2(8classes)	GRSC	\$79(R)/\$119(N)	Vershure	41758
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YOGA IN THE PARK - GENTLE

(18+) Enjoy our fabulous weather while discovering the joy of unifying body, mind and spirit in this slower-paced class designed to relax, stretch and strengthen your body with gentle yoga poses, movement, and centered breathing. This "low and slow" class takes place primarily on the ground but often includes easy standing poses to improve posture, balance, and breath. Bring your mat, a blanket or large towel, and (optional) blocks.

W	9-10:30 am	4/3(14classes)	pmPK	\$71(R)/\$107(N)	Vershure	41759
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YOGA IN THE PRESERVE

(14+) Embrace the outdoors and join us for an all levels yoga class at the Gateway Trailhead in Scottsdale's beautiful McDowell Sonoran Preserve. Our open air, outdoor classroom is just a short walk north of the trailhead building, in a quiet spot on the Desert Parks Trail. Enjoy your yoga practice surrounded by the sights and sounds of the Sonoran desert and with a view of the most prominent peaks and Tom's Thumb! All levels of experience are welcome. Bring your mat, sun protection, and water.

Su	7-8 am	4/7(5classes)	GWTH	\$56(R)/\$84(N)	Yancy	41761
Su	8:05-9:05 am	4/7(5classes)	GWTH	\$56(R)/\$84(N)	Yancy	41760

MUSIC

BEGINNING GUITAR 1 & 2

(11+) 1.) Purchase guitar book before first class: "Alfred's Basic Guitar Method Book 1" - 3rd Edition by Morty and Ron Manus 00-33304 book only - No CD or DVD needed. Approx. \$6.99 2.) Students must have a guitar of their own and bring it to class. Acoustic or electric 6 string guitars welcome, small amplifiers can be used. 3.) Bring a 3-ring binder to first class. Beginner 1 students will cover notes on the first three strings and then we add 6-8 chords to songs. Beginner 2 students will cover reading music, notes on all 6 strings and 11-15 chords. Emphasis will be on smooth chord transitions and strumming and picking techniques.

M	6-6:45 pm	4/1(8classes)	CHAP	\$64(R)/\$96(N)	Fahy	41593
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PIANO/KEYBOARD TEEN/ADULT

(13+) This unique award-winning method teaches keyboard skills on real songs you know! Learn to read music on the treble clef in a lead sheet format and play chords using our exclusive chordometer. Keyboards are provided for each student for classroom use; and all music materials are included.

W	6:30-7:30 pm	4/3(6classes)	HRZN	\$124(R)/\$186(N)	Elements Music	41690
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THE JOY OF PLAYING THE RECORDER

(18+) Played by professional musicians for centuries, the recorder is actually an ancient instrument known worldwide. It is perfect for amateurs who enjoy music and appreciate a rewarding brain workout. Whether you have never played a note of music in your life, or have music experience from earlier years, this class will provide a fun and joyful way to discover or rediscover your musical self!

M	2:30-3:20 pm	4/1(8classes)	VLSC	\$56(R)/\$84(N)	Koenig	41699
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HOBBIES & INTERESTS

BRIDGE - BEGINNING

(18+) This class starts with the basic terminology, seating, dealing, sorting suits, scoring, etc. You will learn the importance of counting high card and distributional points. We'll cover opening bids and responses, no trump calls, overcalls, preempts, etc. Most important, there will be a great deal of hand play. Weekly review and open discussion help players develop communications skills with their partners.

W	9:30-11:30 am	4/3(7classes)	VLSC	\$64(R)/\$96(N)	Bigham	41601
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BRIDGE - INTERMEDIATE

(18+) This class is a continuation of the beginning class dealing with the play of the hand as declarer and as defender as well as further instruction in bidding. The most common conventions, e.g. Stayman, Blackwood limit raises; 4 types of doubles; forcing bids; bidding hands of exceptional strength, weakness or shape; slam bidding; requirements for gam bid; responsibility for continuing or ending the bidding; and other techniques as requested will be explained. Much of the class time will be spent on supervised practice. Please note, if you are not at the appropriate skill level, you will be asked to withdraw and staff will do their best to locate a class at the correct level.

Tu	9:30-11:30 am	4/2(7classes)	VLSC	\$64(R)/\$96(N)	Bigham	41603
Th	9:30-11:30 am	4/4(7classes)	VLSC	\$64(R)/\$96(N)	Bigham	41602

NEW CANASTA FOR BEGINNERS

(18+) Learn (or refresh) the basics of this stimulating and fun game. Modern American Canasta rules will be the foundation for this class which will combine teacher-led presentations and instructions with open hand play that will culminate with practice games. This game helps strengthen one's cognitive skills and provides students with a socially rewarding experience. Handouts will be provided.

Th	9:30-11:30 am	4/4(6 classes)	VLSC	\$42(R)/\$63(N)	Bellet	42813
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CHESS

(18+) Learn the fundamentals of Chess. Have you ever wondered about opening theories, pins, forks, castles and endgames? How about Chess piece names, values and pawn promotions? Each class is designed to expand your knowledge of chess from the board up. You'll practice new tactics and strategies in a fun and inclusive environment.

F	9-11 am	4/5(7classes)	VLSC	\$64(R)/\$96(N)	Bigham	41619
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CREATIVE WRITING I

(18+) Creative writing class will focus on craft. This will include creative writing prompts, plot/character development, help with revision and constructive feedback. All levels and creative writing forms welcome.

W	12-2 pm	4/3(8classes)	VLSC	\$76(R)/\$114(N)	Robertson	41623
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NEW CREATIVE WRITING II

(18+) In this class we will continue to hone our writing craft and prepare our writing for submission. Creative Writing I is a prerequisite for this class.

W	2:30-4:30 pm	4/3(5classes)	VLSC	\$52(R)/\$114(N)	Robertson	42652
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DOG OBEDIENCE - TEACH FIDO MANNERS

(16+) Do you want your furry family member to have manners at home, with guests and out in public? Learn simple methods to teach your dog manners within your life. Training can begin at 20 weeks to senior age. You'll have tail waggin' good time! Reactive or aggressive dogs are better suited for private sessions and not permitted in the class setting. No retractable leashes.

Th	5:45-7 pm	4/11(1class)	ELDO	\$31(R)/\$47(N)	Strauss	41632
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ONLINE INTRODUCTION TO VOICE OVER

(18+) This course will introduce members of the community to an exciting and fulfilling part-time hobby or full-time career option. Instructor, Justine Reiss, is affiliated with a professional voice-over training company called Such A Voice. At the end of the 2-hour course, Justine lets students know if this is something they want to pursue, they can get a free voice evaluation where she will provide necessary feedback.

M	6-8 pm	4/29(1class)	ONLINE	\$24(R)/\$36(N)	Reiss	41646
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LET'S PLAY TABLE TENNIS

(16+) In this class, we will practice improving our strokes and drills, improve your serves and how to read spin better. We will mix in some footwork too, and doubles play. We will work in some game strategies to use, and there will be time for practice and open play, and match play too!

Th	4:30-6 pm	4/4(4classes)	VLSC	\$54(R)/\$81(N)	Mack	41651
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LET'S PLAY TABLE TENNIS - INTERMEDIATE

(15+) Ready to ramp up your game? In this class, we will practice as though you are going to play in a tournament! Strokes, spin, power and placement. We will practice more shots - the loop, block, drop shot, heavy push, smash, and how about a lob or chop? Footwork drills, more advanced service drills/motions, and third ball attack - all chances to refresh or add to your skill set!

Th	4:30-6 pm	5/2(4classes)	VLSC	\$54(R)/\$81(N)	Mack	41905
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**MAH JONGG - BEGINNING**

(18+) Learn the American version of an ancient Chinese game that challenges memory skills and expands social networks. Game fundamentals are taught in short presentations followed by tile exercises and practice games.

M	12:30-2:30 pm	4/1(8classes)	VLSC	\$89(R)/\$134(N)	Weiner	41654
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MAH JONGG INTERMEDIATE- ADVANCED

(18+) Classes will expand the skills of the basic Mah Jongg player by focusing on the strategic and competitive elements of the game, including preparation for tournament play. This class is for people who have played Mah Jongg American Version continuously for at least 6 months. A fun "mini-tournament" will be held at the final class of the session.

M	2:45-4:45 pm	4/1(8classes)	VLSC	\$89(R)/\$134(N)	Weiner	41655
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NEW AZ RESIDENTS - TAX AND TRUST LAWS

(21+) You need to attend this class if you are a new Arizona resident or have not updated your estate plans since you moved to Arizona. Explore Arizona community property, trusts, wills, powers of attorney, estate & gift taxes, and how title to your assets affects your estate plans.

Tu	6:15-7:45 pm	5/7(2classes)	HRZN	\$21(R)/\$32(N)	Shellander	41662
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SUDOKU FOR BEGINNERS

(18+) Welcome to the exciting world of Sudoku. In this class you'll learn the fundamentals and basics of gameplay. We will learn several strategies such as naked pairs, hidden pairs, pointed pairs, crosshatching and intersection removal strategy. This is a fun and rewarding game.

F	11:15 am-1:15 pm	4/5(7classes)	VLSC	\$64(R)/\$96(N)	Bigham	41713
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TRUSTS, WILLS AND ESTATE PLANNING

(21+) Unravel the mystery surrounding trusts, wills, powers of attorney and other estate planning instruments. Learn how title to your assets and how community property can save on income taxes. Discover what only an Attorney and CPA with over 30 years of experience in estate planning can tell you about estate planning and common mistakes to avoid.

Th	6:15-7:45 pm	5/9(2classes)	HRZN	\$21(R)/\$32(N)	Shellander	41739
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**FIRST AID & SAFETY****DESERT HIKING FIRST AID**

(18+) The Desert Hiking First Aid course is designed to enhance the natural Sonoran Desert experience and improve the overall safety of all visitors to the Scottsdale McDowell Sonoran Preserve and other urban hiking areas. This course will provide students with knowledge to improve the level of preparedness and safety of the recreational hiker/Preserve visitors. In addition, this course will provide instruction on basic treatments to manage medical emergencies that may be encountered while enjoying hikes that are expected to be less than 8 hours long. All course objectives are based on National Emergency Medical Services Education Competency Standards, as well as the National Park Service Guidelines for Emergency Medical Care.

Sa	9 am-3 pm	4/6(1class)	FENP	\$75(R)/\$75(N)	Scottsdale Fire Department	41912
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**PET CPR & FIRST AID - BE READY!**

(14+) In this one day workshop learn to assess Pet's Vitals, Bleeding & Shock Management, Choking Management, Heat Emergencies, Pets & Disaster Safety Checklist, Bites & Stings, Restraining & Muzzling, Primary Assessment (know what actions to take in the first 15-25 seconds), Rescue Breathing & CPR. No pets allowed.

Sa	11 am-2 pm	4/20(1class)	HRZN	\$45(R)/\$68(N)	American Emergency Response	41698
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SCOTTSDALE AQUATICS OFFERS:



**SWIM LESSONS
FOR ALL AGES
(YOUTH & ADULT)**



**WATER
EXERCISE
CLASSES**



**RECREATIONAL
SWIM TEAM**

For more information, go to ScottsdaleAZ.gov and search "Aquatics."

POOL LOCATIONS:

CACTUS AQUATIC & FITNESS CENTER (CACT)

7202 E. Cactus Road | 480-312-7665

CHAPARRAL AQUATIC CENTER (CHAA)

5445 N. Hayden Road | 480-312-2361

ELDORADO AQUATIC & FITNESS CENTER (ELDA)

2301 N. Miller Road | 480-312-2484

**MCDOWELL MOUNTAIN RANCH
AQUATIC & FITNESS CENTER (MMRA)**

15525 N. Thompson Peak Parkway | 480-312-6677

SPRING POOL HOURS:

Visit ScottsdaleAZ.gov and search 'Aquatic' for specific hours of operation and entrance fees.

LAP SWIM RATES

Adult (R) \$4 / Adult (N) \$6

CACT / ELDA / MMRA

Child (R) \$3 / Child (N) \$4

CACT / ELDA / MMRA



FREE SWIM LESSON ASSESSMENTS

Not sure which class to register for? Call our aquatic centers to schedule a swim lesson assessment, or visit ScottsdaleAZ.gov and search 'swim lessons' to take our online skills quiz.

AQUATIC INCLEMENT WEATHER POLICY – The Aquatic facilities will be closed during electrical storms and other inclement weather. If the pool is closed & lessons are cancelled, lessons will not be made up. If 4 or more days in a session are missed due to weather, a credit can be issued for each day missed, starting on the fourth day. The credit must be requested and is good for future programs. Always call ahead to verify pool closures.

YOUTH SWIM LESSONS

Use the age guidelines and the class descriptions to help determine the appropriate level for your child. Free swim lesson assessments are offered by the staff to help determine the best class for the child. Please call the aquatic centers directly, if you have questions.

Classes are 30 minutes.

SPRING SESSION DATES: April 29 - May 23 | M/W and T/Th for 4 weeks

NEW! Check out the updates to our swim lesson classes and curriculum.



SEA BABIES

(6mo-3yrs / 1:8 ratio)

- Water acclimation class
- Water safety concepts for caregivers and students
- Introduction to swimming skills
- Swim benchmarks in swim wear and regular clothes



SEA TURTLES

(4-7yrs / 1:4 ratio)

- Students must be comfortable moving independently in water 4 feet deep
- Variations of side glide and streamline assisted and unassisted
- Jump in and move independently towards the wall
- Treading water
- Swim benchmarks in swim wear and regular clothes



TADPOLES

(2.5-5yrs / 1:4 ratio)

- Students participate without caregiver presence
- Basic water safety skills (asking permission, putting on life jackets)
- Blowing bubbles, underwater exploration, assisted and unassisted submersion
- Assisted front & back floats, tuck & stand
- Swim benchmarks in swim wear and regular clothes



OTTERS

(5yrs+ / 1:6 ratio)

- Students must be comfortable in deep water Survival float and treading water
- Head first entries
- Freestyle stroke concepts
- Backstroke concepts



GUPPIES

(3-6yrs / 1:4 ratio)

- Basic water safety skills (responding to cueing, boundaries based on swimming abilities, putting on a life jacket and kick 10 ft, and treading water)
- Front and back floats and tuck & stand
- Bobbing
- Jump or rolling in and recovering on back to breathe
- Assisted beginner stroke on the front and back with direction changing and rolling onto back to breathe
- Swim benchmarks in swim wear and regular clothes



DOLPHINS

(5yrs+ / 1:6 ratio)

- Students must be comfortable in deep water
- Water safety skills (emergency scenarios and Reach or Throw and putting on a life jacket and kick 30 ft in water)
- Elementary backstroke concepts
- Sidestroke concepts
- Introduction to butterfly



TADPOLES/GUPPIES

(6yrs / 1:4 ratio)

- Basic water safety skills meant for older non swimmers (Putting on a lifejacket & kick 20 ft)
- Assisted and unassisted submersion
- Assisted and unassisted front & back floats
- Jump in, submerge and recover for air assisted and unassisted
- Assisted and unassisted streamline, unassisted front and back floats
- Assisted and unassisted forward movement (kicking and pulling) on front and back
- Swim benchmarks in swim wear and regular clothes

NEW!



ORCAS

(6yrs+ / 1:6 ratio)

- Students must be comfortable in deep water
- Breaststroke & Butterfly stroke concepts
- Endurance building



SHARKS

(6yrs+ / 1:6 ratio)

- Students must be comfortable in deep water
- Survival floating and treading water for longer durations
- Refinement of all four competitive strokes
- Racing starts and endurance building

FIND SWIM LESSON AND CLASS INFORMATION ONLINE!

Search for swim lessons by class name or by location at: Recreation.ScottsdaleAZ.gov

LEARN TO SWIM LESSONS

All City of Scottsdale Instructors are certified by the StarFish Aquatic Institute. The water and safety program teaches swimming and safety skills in a logical progression. It is important for the student to be registered in the proper level. Please use the age guidelines and the class descriptions to help determine the appropriate level for your child. Detailed information can be provided by the aquatic staff. Swim Lesson Assessments are also offered by the staff to help determine the child's current level. Please call if you have questions.

- **Please note:** If your child's skill level is not within the advertised age range, please contact the aquatic facility to discuss age override options.
- Each class is 30 minutes in length.

Classes must meet minimum enrollment levels. Classes will be cancelled one week prior to the start date if the minimum enrollment level is not met.

Aquatics Waitlist Policy - Waitlisted participants will be called and will have 24 hours to respond if there is an opening in a class. Waitlisted participants will be removed if they do not respond. Waitlists will not be managed after the 3rd class.



ADULT SPECIALTY CLASSES

All classes are 50 minutes in length unless otherwise noted.

Please note: Classes must meet minimum enrollment levels. Classes will be canceled one week prior to the start date if the minimum enrollment level is not met.

Fees: Check online, monthly pre-registration is recommended.

Drop-in Information:

- **Fee:** \$5 Resident / \$8 Non-Resident, space permitting
- **Participation is limited due to class size**
- **May not be accommodated if class registration is full**

ACHE AWAY EXERCISE

(13yrs+) Back Ache? Joints hurt? Have arthritis? Try this specially designed class for any individual who needs gentler, slower paced water exercise. Emphasizes stretching and toning.

ADULT LEARN TO SWIM

(13yrs+) It is never too late to learn to swim or improve your strokes! This class is geared toward adults who want to learn the basics and/or want to improve their swimming techniques.

ADULT STROKE REFINEMENT

(13yrs+) This class is for adults who would like coaching to improve their swimming and stroke technique. This class will also introduce swimming for fitness.

DEEP WATER EXERCISE

(13yrs+) Challenge yourself to the next level of physical fitness! This class is performed in the deep end of the pool features aerobic exercise, treading water, and activities that improve swimming technique and fitness. A variety of water equipment is used for conditioning and total body toning.

RECREATIONAL SWIM TEAM

(5-17yrs) This program focuses on enhancing and improving swimming stroke in a recreational environment. Participants must be able to swim 25 yards across the pool in all of the four competitive strokes. Spring recreational swim meet will be held on Saturday May 25 at McDowell Mountain Ranch Aquatic Center.

SHALLOW WATER EXERCISE

(13yrs+) Walking, running, jumping and a variety of aerobic movements are preformed in the shallow end of the pool to increase heart rate and provide a cardiovascular and strength training workout. A variety of water equipment is used for conditioning and total body toning. Includes stretching, warm-up, cardio, toning, and cool-down.

TONE AND TAI CHI

(13yrs+) This class combines water exercises with Tai Chi moves. It benefits students of all ages and abilities by using the water to increase strength, flexibility, balance and energy. A great way to start your day or prepare yourself for water exercise or lap swim.

Go to [Recreation.ScottsdaleAZ.gov](https://recreation.scottsdaleaz.gov) to search for times and locations.



ADAPTIVE SERVICES

8102 E. Jackrabbit Road (ADSC)
480-312-2234

CONTACT:
AdaptiveServices@ScottsdaleAZ.gov

Go to [ScottsdaleAZ.gov](https://scottsdaleaz.gov), search "Adaptive Services"

The City of Scottsdale's Adaptive Services goal is to provide fun, safe and meaningful social and recreational opportunities for participants with neuro and physical diversities. Using art, dance, music, life skills, recreation and sports, we provide opportunities to grow physically, emotionally, cognitively and socially.

Please contact Adaptive Services if you need an accommodation for any program listed within the Scottsdale Leisure Education Guide.

SOCIAL OPPORTUNITIES

(15+) Explore recreation and leisure interests through a variety of activities while engaging with peers.

APRIL CRAFT NIGHT

Th	4/11	6-7:30pm	ADSC	FREE	42805
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APRIL GUYS NIGHT

T	4/16	6-7:30pm	ADSC	FREE	42807
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KARAOKE

F	4/19	6-7:30pm	ADSC	FREE	42808
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APRIL INTRO TO YOGA

Th	4/25	6-7:30pm	ADSC	FREE	43281
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MAY CRAFT NIGHT

Th	5/9	6-7:30pm	ADSC	FREE	42806
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MAY GIRLS NIGHT

T	5/14	6-7:30pm	ADSC	FREE	42809
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BINGO

F	5/17	6-7:30pm	ADSC	FREE	42810
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LIBRARY DAY

Sa	5/18	2-3:30pm	CCLB	FREE	42811
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MAY INTRO TO YOGA

Th	5/23	6-7:30pm	ADSC	FREE	43282
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COMMUNITY OUTINGS

(15+) Admission fees for these unique opportunities are funded through a partnership with Maricopa County Department of Public Health.

PHOENIX ZOO

W	4/3	10am-1pm	Phoenix Zoo	\$10(R)/\$15(NR)	43270
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INDOOR CLIMBING

W	5/22	6-7:30pm	Ability360 Sports & Fitness Center	FREE	43268
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KIDS THAT RIP (KTR)

W	4/17	6-7:30pm	KTR Scottsdale	\$5(R)/\$7(NR)	43284
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PRIVATE MOVIE SHOWING

W	5/1	5:30-8:30pm	Harkins Theatres, Camelview	\$10(R)/\$15(NR)	43283
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Special Olympics Arizona



SPECIAL OLYMPICS (SOAZ)

The Scottsdale Bobcats is the Special Olympics Team representing Scottsdale Adaptive Services. Enjoy fun and camaraderie, and learn valuable skills when you join a team!

SOAZ SEASONS

FALL SPORTS

Swim:	August – October
Bocce Ball:	August – October
Bowling:	August – October
Golf:	September – December
Soccer:	October – December

WINTER SPORTS

Basketball:	January – March
Flag Football:	January – March

SPRING SPORTS

Powerlifting:	March – April
Track & Field:	February – April



DANCES

(16+) Bust a move to your favorite hits! Our monthly dances feature a live DJ and light refreshments. Advanced, online registration required.

GLOW PARTY DANCE

Sa	4/6	6-8pm	ADSC	\$5(R)/\$7(NR)	42803
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STAR WARS DANCE

Sa	5/4	6-8pm	ADSC	\$5(R)/\$7(NR)	42804
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OFFERING:

- ▶ BASKETBALL
- ▶ FLAG FOOTBALL
- ▶ KICKBALL
- ▶ COED SOFTBALL
- ▶ MEN'S SOFTBALL
- ▶ INDOOR VOLLEYBALL
- ▶ SAND VOLLEYBALL

Go to [ScottsdaleAZ.gov](https://scottsdaleaz.gov)
and search "Adult Sports"
to learn more!

Spring Registration

Registration Opens:
2/5 (R) | 2/6 (N) at 8am

Early Registration Ends: 2/18

Last Day to Register: 3/3

Summer Registration

Registration Opens:
4/22 (R) | 4/23 (N) at 8am

Early Registration Ends: 5/5

Last Day to Register: 5/12



ADULT SPORTS

5401 N. Hayden Road | 480-312-0227 | AdultSports@ScottsdaleAZ.gov

PICKLEBALL

Did you know Scottsdale has 21 Pickleball courts?

- 10 courts at Horizon Park
- 8 courts at Cholla Park
- 3 courts at Thompson Peak Park

Go to [ScottsdaleAZ.gov](https://scottsdaleaz.gov) and search "Pickleball"
for more information about courts and lessons.



SCOTTSDALE PARKS AND RECREATION HAS BEEN ACCREDITED FOR OVER 25 YEARS!



For over 25 years, Scottsdale Parks and Recreation has been accredited by the Commission for Accreditation of Park and Recreation Agencies (CAPRA). Being an accredited department is a distinguishing mark of excellence that affords external recognition of an organization's commitment to quality and improvement. CAPRA is the only national accreditation of park and recreation agencies and is a valuable measure of an agency's overall quality of operation, management, and service to the community.

Learn more at: [ScottsdaleAZ.gov/Parks](https://scottsdaleaz.gov/Parks)

TENNIS CENTER LOCATIONS

INDIAN SCHOOL PARK (ISPK)

4829 N. Hayden Road
480-312-2740
ISPLeagues@ScottsdaleAZ.gov

SCOTTSDALE RANCH PARK (SRPK)

10400 E. Via Linda
480-312-7774
SRPLeagues@ScottsdaleAZ.gov

SPRING HOURS OF OPERATION

Feb. 19 - May 27 (President's Day – Memorial day)

Mon. – Fri. 7:30 am – 9 pm

Sat. – Sun. 7:30 am – 7 pm

ADULT LESSONS & LEAGUES

Complete tennis programs, activity numbers, instructors, locations and more are listed online at Recreation.ScottsdaleAZ.gov.

ADULT & SENIOR TENNIS LESSONS

(18yrs+) Scottsdale tennis centers offer programs for all ability levels and ages. Lessons are offered using the USTA's National Tennis Rating Program (NTRP). Rating levels are required and verified for all registrants, however adult beginners (1.0-1.9) do not require a rating.

TENNIS LESSONS

Session 1	(6 weeks)	4/15 - 5/25
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ADULT TENNIS LEAGUES

League levels offered begin at the 2.5 level and up to the 4.5 level. Men's and women's singles, men's and women's doubles, round-robin doubles, and mixed doubles are offered. Leagues are offered using the USTA's National Tennis Rating Program (NTRP).

LEAGUE REGISTRATION INFORMATION

Spring tennis leagues begin the week of 3/18

Early registration period	2/12/24 - 2/25/24
Late registration period	2/26/24 - 3/10/24

RATINGS

All participants must have an NTRP rating to register. Need a rating? Attend one of the FREE rating sessions offered at our tennis centers. Rating appointments take 20 min. Please call **SRPK** or **ISPK** for an appointment. For the tennis ratings schedule, go to ScottsdaleAZ.gov and search "Tennis."



**See our adult fitness, yoga,
language classes and more.
See pgs. 12-24 for all adult classes!**



JUNIOR TENNIS

JUNIOR TENNIS LESSONS

(5-17yrs) Scottsdale tennis centers offer programs for all ability levels. Juniors are registered by age. SRPK offers the Net Generation program. Juniors are grouped by ability with the program ages of 5-10yrs, 9-12yrs, & 11-17yrs. At ISPK, juniors are grouped by age; 5-8yrs and 9-12yrs.

JUNIOR MATCH PLAY

(10-17yrs) Scottsdale Ranch Park offers junior match play designed to prepare players for tournament style play in a fun and social environment. Participants must be able to serve, rally and keep score. Registration is required.

JUNIOR LESSONS

TENNIS LESSONS

Session 1	(6 weeks)	4/12 - 5/25
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For a full list of tennis lessons, go to Recreation.ScottsdaleAZ.gov and search "Tennis."

SENIOR CENTER FITNESS FACILITIES

A variety of cardiovascular equipment, treadmills, bikes, elliptical, weight stations and free weights are available at each center.

GRANITE REEF SENIOR CENTER (GRSC)

1700 N. Granite Reef Road | 480-312-1700

Hours: M-Th: 8am - 8pm | Fri 8am - 5pm

VIA LINDA SENIOR CENTER (VLSC)

10440 E. Via Linda | 480-312-5810

Hours: M-Th 8am - 8pm | Fri 8am - 5pm

Daily	\$3(R)	\$5(N)
1 Month	\$15(R)	\$25(N)
3 Month	\$40(R)	\$60(N)
Annual	\$130(R)	\$195(N)

AQUATIC CENTER FITNESS FACILITIES

Each fitness center includes a complete line of free weights, treadmills, bikes, elliptical and single station weight machines. No one under 14 is permitted in the Fitness Center at any time.

Ages 14-17 must have a waiver signed by a parent or guardian.

CACTUS AQUATIC & FITNESS CENTER

7202 E. Cactus Road | 480-312-7665

ELDORADO AQUATIC & FITNESS CENTER

2301 N. Miller Road | 480-312-2484

MCDOWELL MOUNTAIN RANCH AQUATIC & FITNESS CENTER

15525 N. Thompson Peak Parkway | 480-312-6677

Fitness Center Fees:	
Adult \$4(R) / \$6(N)	Youth \$3(R) / \$4(N)
Adult Swipe Cards:	
10 visits \$40(R) / \$60(N)	30 visits \$96(R) / \$144(N)
Youth Swipe Cards:	
10 visits \$30(R) / \$40(N)	30 visits \$72(R) / \$96(N)



Go to [ScottsdaleAZ.gov](https://scottsdaleaz.gov) and search "Aquatics" for hours of operation.
See pg. 24 for more information!



CLUB SAR

BOXING AND FITNESS CENTER

8055 E. CAMELBACK RD. | 480-312-2669

Meet your fitness needs at our multi-sport facility, which offers various classes, cardio equipment, free weights, single station weight machines, boxing equipment and punching bags.

For more information, go to [ScottsdaleAZ.gov](https://scottsdaleaz.gov) and search "Club SAR."

HOURS

MONDAY – THURSDAY: 6 a.m. – 9 p.m.

FRIDAY: 6 a.m. – 8 p.m.

SATURDAY: 10 a.m. – 3 p.m.

SUNDAY: closed

CLUB SAR FEES AND MEMBERSHIP OPTIONS

All classes are included with membership or daily fee.

	ADULT (R)	YOUTH (R)	ADULT (N)	YOUTH (N)
	(18+)	(14-17)	(18+)	(14-17)
1 Year	\$99	\$50	\$150	\$75
3 Month	\$50	\$25	\$75	\$38
1 Month	\$20	\$10	\$30	\$15
Daily Drop-In	\$4	\$4	\$6	\$6

CLUB SAR CLASSES

Subject to change, instructors may vary

BarreWorkout	M & W	5:30-6:30pm
Kickboxing	Tu & Th	5:30-6:30pm
Spin	M & W	5-5:30pm
Rowing / Boot Camp	Tu & Th	5-5:30pm
Yoga	W	6:15-7:15am
Yoga	M & Th	6:45-7:45pm
Yoga	Sat	10:30-11:30am

Personal Training Available On Request (additional fees)

SCOTTSDALE

SPRING 2024 - APR | MAY

reads



SCOTTSDALE LIBRARIES

APR | MAY 2024

Calendar of Events

LEARN MORE ABOUT LIBRARY PROGRAMS AT [SCOTTSDALELIBRARY.ORG](https://scottsdalelibrary.org) OR CALL 480-312-READ (7323)

Connect



ScottsdalePublicLibrary



@ScottsdalePublicLibrary



ScottsdalePublicLibrary



ScottsdaleLibrary

HOLIDAY CLOSURES

Monday, May 27 Memorial Day Holiday

CONTACT US

480-312-7323 (READ)

480-312-2133 (Español)

LIBRARY HELP LINE HOURS

Monday - Saturday 10 am - 5 pm

Sunday closed

Checkout Limits

We are a fine-free library!

NEW ITEMS	CHECK OUT
DVDs	1 week
Books	2 weeks
CDs	3 weeks

MOST WANTED	CHECK OUT
DVDs	3 days
Books & TV Series	14 days

EVERYTHING ELSE
3 weeks

Most items are eligible to be auto-renewed. Details about your account can be found by logging into "MYACCOUNT" at [ScottsdaleLibrary.org](https://scottsdalelibrary.org). You can also renew items in person at the library or by calling 480-312-7323.

LOCATIONS & HOURS

[ScottsdaleLibrary.org/locations](https://scottsdalelibrary.org/locations)
480-312-READ (7323)
480-312-2133 (Español)

APPALOOSA - 7377 E. Silverstone Drive
ARABIAN - 10215 E. McDowell Mtn. Ranch Rd.
CIVIC CENTER - 3839 N. Drinkwater Blvd.
MUSTANG - 10101 N. 90th Street

BRANCH HOURS FOR ALL LOCATIONS

Monday - Thursday 10am - 7pm
Friday & Saturday 10am - 5pm
Sunday 1 - 5pm

DRIVE-THRU AND CURBSIDE HOURS

Monday - Thursday 10am - 6pm
Friday & Saturday 10am - 5pm
Sunday 1 - 5pm

PONY EXPRESS @ APPALOOSA HOURS

Monday - Saturday 8 - 10am
Sunday 8am - 1pm

PONY EXPRESS @ GRANITE REEF SENIOR CENTER

24/7 Hold Pickup

REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](https://scottsdalelibrary.org) OR CALL 480-312-READ (7323)

📍 = Space is limited / Pick up Ticket 30 mins before event ☒ = Registration Required *all programs subject to change

YOUTH STORYTIMES

BABY CUDDLES STORYTIME

(ages 0-24 months / 20 min / space is limited) This program develops babies' literacy and learning skills as they interact with their caregivers using songs, rhymes, movement and board books.

M	10:30am	4/1-5/13	FREE	Appaloosa
Tu	10:30am	4/2-5/14	FREE	Civic Center
W	10:30am	4/3-5/15	FREE	Mustang
Th	10:15 & 11am	4/4-5/16	FREE	Arabian

TWOS & THREES TOGETHER

(ages 2-3 / 30 min / space is limited) This fun and interactive program uses short stories, fingerplays and action rhymes to engage children and develop their literacy and learning skills.

M	10:30am	4/1-5/13	FREE	Civic Center
Tu	10:15 & 11am	4/2-5/14	FREE	Arabian



BOOKS 2 BOOGIE

(ages 0-5 / 30 min / space is limited) Share the joy of playful learning together! Children and their caregivers participate in music, movement and song in this program that promotes bonding and highlights the natural rhythms in language.

Tu	10:30am	4/2-5/14	FREE	Mustang
W	10:30am	4/3-5/15	FREE	Appaloosa
Th	10:30am	4/4-5/16	FREE	Civic Center
Sa	10:15am	4/20 & 5/11	FREE	Arabian

FAMILY STORYTIME

(ages 0-5 / 30 min / space is limited) Listen to stories and participate in fingerplays, music and rhyming activities.

M	6:15pm	4/1-5/13	FREE	Arabian
Sa	10:30am	4/6-5/11	FREE	Appaloosa
Sa	10:30am	4/13 & 5/11	FREE	Civic Center

SCOTTSDALE FOR ALL STORYTIME

(ages 0-5 / 30 min / space is limited) Listen to stories and participate in fingerplays, music and rhyming activities designed to promote diversity, equity and inclusion.

Sa	10:30am	4/27	Little Libros	FREE	Civic Center
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CRAFTY STORYTIME

(ages 3-8 / 45 min / space is limited) Listen to stories and participate in fingerplays, music and rhyming activities followed by a craft activity.

Sa	10:30am	4/27		FREE	Mustang
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NIGHT, NIGHT STORYTIME

(ages 0-5 / 30 min / space is limited) Grab your stuffed animal and wear your favorite pjs for a night of bedtime stretches positive affirmations, stories, and rhymes!

Tu	6pm	5/7	FREE	Mustang
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WEBOP

(ages 8mo-5 years / 45 min / 8-week series) Phoenix Conservatory of Music proudly presents WeBop, an award-winning early childhood jazz education program for little ones and their parents or caregivers. Registrants are expected to attend all eight weeks.

F	11am	3/22-5/10	FREE	Civic Center
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Knowing & Growing!

BOOKS CAN...©

(ages 0-3 / 45 min / 6-week series) Books Can...© is a unique program based on Arizona's Infant & Toddler Guidelines and Arizona's Early Learning Standards that uses popular picture books, rhymes, songs and interactive activities to promote children's social and emotional development. Registrants are expected to attend all six weeks.

Th	10:30am	3/21-4/25	FREE	Appaloosa
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LITTLEST SCIENTISTS

(ages 2-5 / 90 min / space is limited) Think like a scientist while engaging in playful exploration. Each week of the program brings new challenges.

Tu	10am	4/23-5/28	FREE	Scottsdale Family Resource Center
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REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](https://scottsdalelibrary.org) OR CALL 480-312-READ (7323)

 = Space is limited / Pick up Ticket 30 mins before event  = Registration Required *all programs subject to change

YOUTH PROGRAMS

🚀 ROCKET SHIP YOGA

(ages 3-6 / 30 min / space is limited) Blast off with us as we stretch and read together! We will celebrate our amazing universe and the solar eclipse through movement, mindfulness, and make-believe. Remember to wear comfy clothes! Yoga mats provided or bring your own.

W	6pm	4/3	FREE	Mustang
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TAIL WAGGIN' TALES

(ages 6-10) Certified therapy dogs love listening to kids practice their reading skills at the library. Beginning readers welcome!



🚀	Su	3pm	4/7 & 5/5	FREE	Civic Center
🚀	Tu	4pm	4/16 & 5/14	FREE	Civic Center
✓	W	4pm	4/10 & 5/8	FREE	Mustang
🚀	Th	3:30pm	4/11 & 5/9	FREE	Arabian

🐾 ANIMAL COMMUNITY HELPERS

(ages 0-5/30 min) Join us for an exciting meet-and-greet with surprise 4-legged guests who help our community in unique ways!

Tu	10:30am	4/9	FREE	Appaloosa
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🕒 TIME TRAVEL CLUB

(ages 8-12 / 60 minutes / space is limited) Ever wish you could travel through time? Come learn about Ancient Greece through hands-on activities, science projects, arts and crafts, stories, and more!

Sa	2pm	4/20	FREE	Civic Center
Tu	3:30pm	4/23	FREE	Appaloosa

🐾 TENDER LITTLE HEARTS MINI TALES

(ages 5-18 / 60 min / space is limited) Join us for a turn reading to a miniature horse or donkey! Tender Little Hearts Mini Tales brings reading opportunities by using miniature therapy horses and donkeys to encourage readers and to spur on literacy growth. Multiple therapy animals will be available. This program is designed for readers who already have a literacy foundation and are familiar with letter sounds-we will work on building confidence with reading!

Tu	4pm	4/30	FREE	Civic Center
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🐾 MAY THE 4TH BE WITH YOU

(ages 3-8 / 60 min) Calling all Jedi and Padawans! Feel the force with stories, activities and a craft with a Star Wars twist!

Sa	10:30am	5/4	FREE	Mustang
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🌸 MOTHER'S DAY CRAFT

(ages 0-5 / 45 min / space is limited) Meet us at the Mustang library for a Mother's Day story time and craft! We will read a themed book together then bust out the paint as we create handprint flowers!



F	10:30am	5/10	FREE	Mustang
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Full STEAM Ahead

Science, Technology, Engineering, Art, and Math
Supporting education that helps children develop
the skills to become creators and inventors.

🚀 SLIME LAB

(ages 5 and up / 45 min) Did you know that slime is a non-Newtonian fluid? We will cover the science of slime, develop hypotheses, conduct experiments and of course - create slime that you can take home!

Tu	3:30pm	4/2	FREE	Appaloosa
F	4pm	4/19	FREE	Mustang
W	3:30pm	4/24	FREE	Arabian



🚀 LEGO MASTERS

(ages 6-11 / 45 min) Are you a LEGO Master? Join us for some build time while you complete our weekly challenge by yourself or with some friends. We'll finish each week with an opportunity to present your build to the group.

W	4pm	4/3, 4/17, 5/1 & 5/15	FREE	Civic Center
W	4pm	5/15	FREE	Appaloosa



REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](https://scottsdalelibrary.org) OR CALL 480-312-READ (7323)

🚀 = Space is limited / Pick up Ticket 30 mins before event ✓ = Registration Required *all programs subject to change

SOLAR SPRING

(ages 7 and up / 45 min) This 2-part program will explore some solar science in honor of the Annular Eclipse on April 8th. In Part 1, we will learn about the science behind eclipses. In Part 2, we will explore how the sun is studied and why the sun is so important to earth.

Th	4:30pm	4/4 & 4/11	FREE	Mustang
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SEED BOMBS!

(ages 6-11/ 45 min) Let's brighten up Scottsdale by making wildflower seed bombs! Create your very own seed bomb to plant in your backyard or community to attract helpful pollinators.

W	4pm	4/10	FREE	Civic Center
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ANTI-TRASH ROBOTS

(ages 6-11/ 45 min) For Earth Month, let's make robots out of collected recyclable materials and have a conversation about recycling!

W	4pm	4/24	FREE	Civic Center
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MARBLE MADNESS

(ages 6-12 / 45 min) Combine art and science in this fun activity and create some beautiful marbled cards!

W	4pm	5/8	FREE	Civic Center
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CALM JARS

(ages 6 and up / 45 min) Find your inner zen as we make glitter jars that help promote peace and a sense of calm. Everyone will leave with their own calming jar.

Tu	3:30pm	5/14	FREE	Arabian
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PROPELLER CARS

(ages 8 and up / 45 min) We will make a propeller-powered toy car and learn about electricity, circuits, aerodynamics, and making your own toys. Bring your budding engineers!

Th	4pm	5/16	FREE	Mustang
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Check out our Youth activities offered through Scottsdale Parks and Recreation!
See pgs. 7-11 for more information!

TEEN SUMMER VOLUNTEERS NEEDED !

The library is looking for friendly, energetic, and responsible teens between the ages of 14-17 to assist with the 2024 Summer Reading Program and other special library projects.



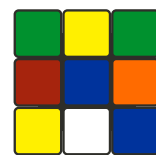
APPLICATIONS AVAILABLE AND ACCEPTED APRIL 1-30

Earn volunteer credits and valuable work experience. Complete a volunteer application online at [ScottsdaleLibrary.org/teen/volunteers](https://scottsdalelibrary.org/teen/volunteers)

TWEEN & TEEN PROGRAMS

CUBE CLUB

(ages 10-18 / 60 min) Monthly gathering for teens & tweens interested in solving the Rubik's Cube, learning new tips and tricks, practicing with a speedcubing timer, trying different twisty-puzzles, and making mosaic art out of multiple cubes. Bring your own Rubik's Cube(s) or we'll have some to borrow. Open to beginning and advanced Cubers.



W	3:30pm	4/3 & 5/1	FREE	Arabian Library
F	12:30pm	4/12 & 5/10	FREE	Arabian Library

TWEEN SCOTTSDALE ARTISTS' SCHOOL PROGRAMS

(ages 8-12 / 75 min / space is limited) Local artists from Scottsdale Artist School will lead you in exploring different mediums related to fun themes.

Sa	1pm	4/6	Animation	FREE	Civic Center
Sa	1pm	5/4	Anatomy Drawing	FREE	Civic Center

SCOTTSDALE ARTISTS' SCHOOL PROGRAMS

(ages 12 and up / 75 min / space is limited) Local artists from Scottsdale Artist School will lead you in exploring different mediums related to fun themes. This program is also open to adults.

Sa	2:30pm	4/6	Animation	FREE	Civic Center
Sa	2:30pm	5/4	Anatomy Drawing	FREE	Civic Center



KNOWASIS D&D

(ages 12-18 / 60 min / space is limited) The hardest part of Dungeons & Dragons is settling on a time and place for everyone to meet. We'll make it easy for you! Come run your campaign, start a new one or learn how to play. All experience levels welcome!

Tu	5pm	4/9 & 5/7	FREE	Civic Center
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TEENS CELEBRATE EARTH MONTH!

(ages 12-18 / 60 min / space is limited) In the spirit of Earth Month, teens will have the opportunity to plant their own seeds, create pendants out of pine needles and give new life to single use bags. Visit the library's online calendar for more information about each program.



Th	5pm	4/11	Teens in the Garden!	FREE	Civic Center
Th	5pm	4/18	Pine Pendants	FREE	Civic Center
Th	5pm	4/25	Plastic Bag Weaving	FREE	Civic Center

✓ LAND THAT JOB!

(ages 12-18 / 2 hours) Hands-on workshop for all you should know to land a summer job, internship or build volunteer experience. Teens will learn how to fill out applications, dress for success, practice interview skills and get personalized feedback.

Sa	11am	4/13	FREE	Appaloosa
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**TEEN BOOK CLUB**

(ages 13-18 / 60 min) Join us on the third Monday of each month for lively conversation on book titles selected by teens within a variety of genres.

M	5pm	4/15 & 5/20	FREE	Mustang
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MAY THE 4TH BE WITH YOU: STAR WARS KAHOTS! TRIVIA

(ages 10-18 / 60 min) Calling all Jedi Knights, Resistance Fighters, or those of the Sith Order: grab your lightsabers and test your legendary skills with Star Wars trivia.



Sa	2pm	5/4	FREE	Mustang
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WATERCOLOR WORKSHOP

(ages 10-18 / 60 min) Enjoy a free watercolor workshop presented by Scottsdale Artists' School. All materials provided.

W	3pm	5/8	FREE	Arabian
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**GET A CLUE**

(ages 12-18 / 60 minutes / space is limited) Join us for a Star Wars themed murder mystery.

Th	5pm	5/9	FREE	Civic Center
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**TEEN ADVISORY BOARD (TAB)**

Teen Advisory Board volunteers meet monthly to focus on what the library can do for teens by brainstorming teen programs and collections. TAB members receive service hours credit for meetings and projects.

M	5pm	4/1 & 5/6	FREE	Mustang
Th	4pm	4/4 & 5/2	FREE	Civic Center
Th	5pm	4/4 & 5/2	FREE	Arabian
Tu	5pm	4/9 & 5/7	FREE	Appaloosa

Drop in to visit

Knowasis

at Civic Center Library

for gaming with our PS5, Xbox, Nintendo Switch, and board games!

Open ANYTIME to teens ages 12-18!

POETRY WORKSHOPS WITH AUSTIN DAVIS

Local poet and AZ Hugs for the Homeless founder Austin Davis returns to lead two new poetry workshops. No previous writing experience required. Registration encouraged.

Th	3pm	4/4	FREE	Civic Center
Th	3pm	5/2	FREE	Civic Center

INTRODUCTION TO BIRDING

Join us for a 4-part series of classes on Birding. Learn the fundamentals of birding and nature study from the retired President of the Maricopa Audubon Society, Mark Larson.

Th	5pm	4/4-4/25	FREE	Mustang
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COFFEE AND CONVERSATION

Talk about topics that build unity and foster community. This program is intended to assist people experiencing homelessness but is open to all patrons. Free coffee and refreshments will be provided.

W	10:30am	4/10 & 5/8	FREE	Vista del Camino
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CUBE CLUB

Monthly gathering for those interested in solving the Rubik's Cube, learning new tips and tricks, practicing with a speedcubing timer, trying different twisty-puzzles, and making mosaic art out of multiple cubes. Bring your own Rubik's Cube(s) or we'll have some to borrow. Open to beginning and advanced Cubers.

F	12:30pm	4/12 & 5/10	FREE	Arabian
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**ADULT SPELLING BEE**

Compete in Scottsdale Public Library's first adult spelling bee! Participate individually or grab some friends and join in teams of up to four. There will be prizes! Registration is required. Spectators are welcome.

Tu	5:30pm	4/16	FREE	Arabian
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CRAFT CHOCOLATE

It all starts with a bean! Dive into the world of Craft Chocolate and see what it takes to make everyone's favorite sweets. Presented by Zak's Chocolate.

Tu	5:30pm	4/23	FREE	Arabian
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RX MATTERS

Learn about prescription medication misuse and abuse, how to talk to your doctor and pharmacist, how to talk to your doctor about pain and management expectations, inexpensive medication options, and safe storage and disposal of RX medications. Program presented by the Maricopa Elder Behavioral Health Advocacy Coalition (MEBHAC).

Th	2pm	4/25	FREE	Civic Center
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TEA TIME

Ever wonder about the differences between white, green, oolong, and black teas, or loose tea vs tea bags? Come learn the basics of tea from the people at Scottsdale's Spice & Tea Exchange.

Tu	5:30pm	5/21	FREE	Arabian
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LOCAL FOCUS**IS YOUR GARDEN HYDRATED?**

Join us to discuss tips and tricks on how to properly water your garden. We'll also touch on plant selection, harvesting techniques, and proper sun exposure for your garden.

W	12:30pm	4/10	FREE	Arabian
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**ARCHITECTURE TOUR OF ARABIAN LIBRARY**

Arabian Library was built as a tribute to the desert slot canyons of northern Arizona and Monument Valley. Architects from Richard Kennedy will lead an enlightening and visually stunning architectural tour, where tradition meets innovation, and every corner is a testament to the power of thoughtful design.

Th	5:30pm	4/18	FREE	Arabian
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XERISCAPE LANDSCAPE IDEAS

Master Gardener Jo Miller will present landscape design ideas using plants that thrive in our climate.

W	1pm	4/24	FREE	Appaloosa
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**HOMETOWN HAPPY HOUR: HOW THE ARIZONA CRAFTSMEN LAUNCHED SCOTTSDALE'S POST-WORLD WAR II CULTURAL CACHET**

Enjoy a photo-rich presentation by Scottsdale community historian Joan Fudala, highlighting the artists, crafts people, fashion designers and entrepreneurs who turned farm town Scottsdale into a world-renowned art and cultural center beginning in 1946.

M	5:30pm	4/29	FREE	Mustang
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MCDOWELL SONORAN CONSERVANCY PROGRAMS

Talks feature a variety of topics presented by the gifted and knowledgeable instructors from the McDowell Sonoran Conservancy. For more information on the topics, please visit the online calendar.

Tu	5pm	4/9	Photographing Nature in the Desert	FREE	Mustang
Sa	2:30pm	5/11	FIREWISE: Protecting Your Home from Wildfires	FREE	Mustang

REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](https://scottsdalelibrary.org) OR CALL 480-312-READ (7323)

👉 = Space is limited / Pick up Ticket 30 mins before event ✓ = Registration Required *all programs subject to change

LIBRARY + PUBLIC ART EXHIBITION

FLIRTING WITH THE DESERT: KORYN WOODWARD WASSON

Arizona native Koryn Woodward Wasson's watercolors detail the beauty of the urban Phoenix desert. Her artwork is a visual conversation about grief, love, and actively enjoying this life.

April 8 – July 1, 2024

Civic Center Public Gallery

FLIRTING WITH THE DESERT RECEPTION

Join us for an opening reception of the Flirting with the Desert exhibit.

Th 4pm

4/11

FREE

Civic Center

LIBRARY CREATIVES WORKSHOPS

DRAW WHAT YOU SEE: DRAWING FROM LIFE, WATERCOLOR AND INK WITH KORYN WOODWARD WASSON

Join Flirting with the Desert artist on Earth Day for an outdoor exploration of the beautiful plants and structures outside the Scottsdale Civic Center Library's walls. Learn basic techniques for drawing from observation in watercolor and embellishment in ink. Please bring sun protection and meet at the LOVE sculpture in the Scottsdale Civic Center. All art materials provided.

M 4:30pm

4/22

FREE Scottsdale Civic Center

IN THE ROUND: SOFT FELT SCULPTURES WITH KORYN WOODWARD WASSON

Turn photographic source material into 3-dimensional soft sculptures with Flirting with the Desert artist by creating some of our own soft felt sculptures. We will learn techniques for turning our photos into 3-dimensional forms, experiment with felt building techniques, and challenge your mind to see "in the round". Please bring a printed color image of botanicals you would like to turn into sculptural form. All other art materials provided.

Th 4:30pm

5/30

FREE

Civic Center



INTRODUCING MAX – A COUNTYWIDE BOOK SHARING SERVICE

Scottsdale Public Library is now a member of MAX, a countywide book sharing service for participating library systems in Maricopa County. With your Scottsdale Public Library card, you can search the MAX catalog for titles not available through Scottsdale.

For more details, visit
[ScottsdaleLibrary.org/services/max](https://scottsdalelibrary.org/services/max)

ARTS AND CRAFTS

PHOENIX ART MUSEUM DOCENTS PRESENT: ART ALL AROUND US

Experience a new perspective on art through this presentation and conversation series by Phoenix Art Museum Docents. Visit our online calendar or call 480-312-READ (7323) for topics and details.

Th	1pm	4/4	Buenos Aires, Tango AND Impression	FREE	Mustang
M	1pm	4/22	Stolen	FREE	Appaloosa
Th	1pm	5/2	The Global Influence of Chinese Porcelain	FREE	Mustang
M	1pm	5/20	The Voyage of Life	FREE	Appaloosa

SCOTTSDALE ARTISTS' SCHOOL PROGRAMS

Gather your inspiration and let the canvas of possibilities unfold. Participate in this creative workshop as instructors from Scottsdale Artists' School present different mediums and techniques each month. Perfect for the beginner or those wanting to refresh and refine their skills. All materials are provided.

W	1pm	4/10	Clay Creations	FREE	Appaloosa
Sa	11am	4/13	Drawing	FREE	Mustang
Sa	11am	5/11	Pastels	FREE	Mustang



Interested in crafting, but unsure where to begin? Sample a different type of craft each month at Curious Crafter. Supplies are provided and no previous crafting experience is needed.

Tu	5pm	4/9	Nature Keychains	FREE	Arabian
W	1pm	5/1	Paper Quilling	FREE	Appaloosa
M	4pm	5/6	Mother's Day Makeup Bag Craft	FREE	Mustang
Tu	5pm	5/14	Wine Bottle Painting	FREE	Arabian
W	3pm	5/15	Rock Painting	FREE	Civic Center



Check out our art classes offered through
Scottsdale Parks and Recreation!

See pgs. 12-13 for more information!

FILM

Visit our online calendar for full details on film titles or call 480-312-READ (7323).



MUSTANG FILM SERIES

Tu	1:30pm	4/9-5/28	FREE	Mustang
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ITALIAN FILM SERIES

Dive deep into Italian film history with Arizona State University lecturer Enrico Minardi. Two films will be shown that display the mastery of Italian filmmaking, with genres ranging from the iconic Neorealism to the country's imitable horror offerings.

Sa	12pm	4/13	FREE	Civic Center
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DISCUSSION GROUPS

ARABIAN NIGHTS BOOK DISCUSSION

Join us for an informal discussion.

Meets Tuesdays at Arabian Library at 5pm

4/2 - *The Giver of Stars* by Jojo Moyes

5/7 - *The Measure* by Nikki Erlick

WELL-READ WELLNESS

Join us quarterly for an informal conversation on books featuring health issues and medical conditions. Pair with the Mayo Clinic Read. Talk. Grow. podcast hosted by Denise Millstine, MD. who will lead our discussions. Read or listen, join and discuss. *This quarter's topic will be on caring for a friend in hospice.*

Meets on Mondays at Civic Center at 5:30 pm

4/8 - *We All Want Impossible Things* by Catherine Newman



CAUGHT READ-HANDED

Join us for a fascinating discussion on true crime topics, including white collar, cults, kidnapping and, of course, murder.

Meets Wednesdays at Civic Center at 1 pm

4/10 - *18 Tiny Deaths* by Bruce Goldfarb

5/8 - *The Ghosts of Eden Park* by Karen Abbott



✓ SCOTTSDALE BAKES

Scottsdale Bakes is an informal virtual baking club. We will discuss your favorite cookbooks, recipes and any tips and tricks you may have regarding baking savory or sweet.

Meets Fridays at 10:30am

4/19 - *Cookbook Swap* (in person)

5/17 - *Literary Bakes* (online)



STAFF PICKS BOOK DISCUSSION GROUP

Join us each month for a lively conversation centered on titles selected by staff within a variety of genres.

Meets Mondays at Mustang at 2 pm

4/15 - *Cassandra in Reverse* by Holly Smale

5/20 - *Everyone in This Room Will Someday Be Dead* by Emily Austin

Meets Tuesdays at Appaloosa at 1 pm

4/9 - *One Summer in Savannah* by Terah Shelton Harris

5/14 - *Atlanta* by Jennifer Saint

Meets Wednesdays at Civic Center at 1 pm

4/17 - *Orphan Train* by Christina Baker Kline

5/15 - *You Made a Fool of Death With Your Beauty* by Akwaeke Emezi

📌 COLLECTANEA: A SHORT STORY DISCUSSION GROUP

Collectanea means collected writings. Want to participate in engaging literary discussion but don't have the time to devote to a book club? Enjoy a reading of three short stories followed by a casual discussion with your peers. No reading ahead required!

W	4pm	4/10	FREE	Civic Center
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BRING YOUR OWN BOOK CLUB

Join us for an informal conversation and discuss what you are currently reading, watching and listening. Library staff will be available to answer questions about library services.

Tu	1pm	4/23	FREE	Appaloosa
Tu	1pm	5/28	FREE	Appaloosa

REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](https://scottsdalelibrary.org) OR CALL 480-312-READ (7323)

📌 = Space is limited / Pick up Ticket 30 mins before event

✓ = Registration Required

*all programs subject to change

MONEY MATTERS

FINANCIAL AWARENESS PROGRAMS

Programs are presented without bias or sales by trusted professionals with non-profit, Foundation for Personal Financial Education.

Th	10:30am	4/11	<i>Today's World of Safe Investing</i>	FREE	Mustang
Th	10:30am	5/9	<i>Producing Income in Retirement</i>	FREE	Mustang

HOW TO AVOID THE TOP FIVE MEDICARE MISTAKES

This educational seminar will bring clarity to the fundamentals of Medicare and enable you to make informed decisions associated with when to enroll in Medicare, how to evaluate coverage and how to ensure cost efficiencies going forward after you've enrolled.

Tu	1pm	4/16	FREE	Appaloosa
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GETTING LONG-TERM CARE PLANNING RIGHT

When it comes to planning a safe and secure retirement, long-term care (LTC) remains a confusing and unaddressed challenge to many people's financial security. This workshop, presented by Katrina C. Lessard, CFP®, AEP® will cover 9 flexible approaches people should consider when creating their own LTC plan.

Tu	1pm	5/21	FREE	Appaloosa
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FINANCIAL PLANNING

Are you prepared? Come and meet Lisa Dickholtz, CFP, member of FINRA/SIPC and advisory services through American Security Advisors, INC, for a frank conversation to ensure you have a strong foundation to survive today's unpredictable financial environment.

Tu	5:30pm	4/30	FREE	Arabian
Tu	5:30pm	5/15	FREE	Arabian

ESOL (ENGLISH FOR SPEAKERS OF OTHER LANGUAGES)

Learning English as a second or third language can be tough, so the library is here to help. Classes are offered at several skill levels at multiple locations.



BEGINNING CONVERSATION CLASS

Tu	10:30am	4/2-5/14	FREE	Mustang
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INTERMEDIATE CONVERSATION CLASS

M	10:30am	4/1-5/13	FREE	Mustang
Th	4pm	4/4-5/16	FREE	Arabian

BASIC GRAMMAR CLASS

W	11:30am	4/3-5/15	FREE	Mustang
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CAREER CLASSES

Learn to navigate the current job market with new skills and effective strategies. Programs provided by City of Scottsdale Career Services.



THE BACK TO WORKSHOP!

Learn new strategies to prepare for this new job: resumes, online applications, digital interviews and more.

Th	10:30am	4/18	FREE	Civic Center
Th	10:30am	5/16	FREE	Civic Center

INTERVIEW TECHNIQUES

Learn the latest interview techniques and how to answer interview questions confidently and effectively.

Th	10:30am	4/25	FREE	Civic Center
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Meet with a skilled Career Coach for guidance on your career journey!
See pg. 50 for more information!

TECH HELP

ASK THE EXPERTS

Get free help with your computer, tablet, or smart phone from the Library Computer Learning Group's team of volunteers. Bring your device and any associated passwords for a 15-30 minute consultation. Help will be first come, first served. **Please visit our online calendar for dates, times and locations.**



DROP-IN EMEDIA SESSION

Get one-on-one help with learning how to access library digital materials on your eReader, tablet or smartphone. Library digital materials ranges from ebooks, audiobooks, music, streaming films, newspapers and kids' read-alongs. This program is intended for patrons already comfortable navigating their devices and ready to use our virtual services.

Th	2pm	4/4 & 5/2	FREE	Mustang
Th	11am	4/18 & 5/16	FREE	Civic Center



REGISTER FOR THESE PROGRAMS AT SCOTTSDALELIBRARY.ORG OR CALL 480-312-READ (7323)

📍 = Space is limited / Pick up Ticket 30 mins before event ✓ = Registration Required *all programs subject to change

INTRODUCTION TO THE INTERNET

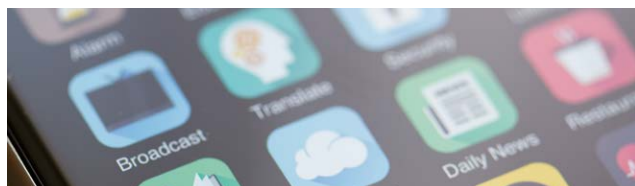
Learn how to navigate the internet, use search engines to find information and bookmark web pages so you can find them again easily. Look at websites concerning computer security, news, travel and more.
Prerequisite: Proficiency in the use of computer/mouse.

M&W	1:30pm	4/1-4/10 (4 classes)	FREE	Mustang
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IPHONE/IPAD

Learn the basics of operating and getting the most out of your iPad by installing and managing apps, contacts, browsing with Safari, sending mail and messages, personalizing your device using settings and security.

M&W	10:30am	4/15-4/17 (2 classes)	FREE	Appaloosa
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**BACKING UP YOUR DATA**

Learn the best techniques to back up your digital information, including photos, music, videos, documents and downloads from your PC, phone and tablet. This course covers the use of external hard drives, flash drives and various cloud services.

M	5pm	4/22	FREE	Mustang
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PROTECTING YOUR DIGITAL LIFE

Be safer in today's digital world. Topics include how to detect bad websites, recognize email scams and create strong passwords. This course is taught in the Windows environment and covers secure use of Smart TV and other devices such as Echo Dot.

Tu	5pm	5/7	FREE	Mustang
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FILE MANAGEMENT

Learn basic definitions, an overview of how files and folders are organized and strategies and how-to tips.

Tu	5pm	5/21	FREE	Mustang
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INTRODUCTION TO WINDOWS 11

This is an overview of the latest operating system from Microsoft, highlighting its enhanced features, modern design and improved user experience. Participants will gain insights into the key advancements, innovative tools and the seamless integration of productivity features that Windows 11 offers, helping them to better explore its functionalities.

Tu	5pm	5/28	FREE	Mustang
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THE WALL STREET JOURNAL

WSJ

Wall Street Journal is considered the definitive source of news and information presented through the lens of business, finances and international news. Get daily digital access to news articles, podcasts, opinions and a full archive going back to 1998 – all with your library card!

Enjoy free world-class journalism
anytime, anywhere at
[ScottsdaleLibrary.org/magazines](https://scottsdalelibrary.org/magazines)



Baffled by book recommendations from online sites? Exhausted your streaming queue? Ready for something new?

NoveList Plus has you covered! No matter which genre you're in the mood for, the Recommended Reads lists will keep your to-be-read pile filled.

Happy Reading!

NoveList
Plus

REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](https://scottsdalelibrary.org) OR CALL 480-312-READ (7323)

📍 = Space is limited / Pick up Ticket 30 mins before event ✅ = Registration Required *all programs subject to change

SCOTTSDALE

SPRING 2024 - APR | MAY

seniors



SCOTTSDALE SENIOR SERVICES

APR | MAY 2024

Calendar of Events

TO LEARN MORE ABOUT SENIOR SERVICES, GO TO [SCOTTSDALEAZ.GOV](https://scottsdaleaz.gov) AND SEARCH "SENIORS"

Come join us!

The Scottsdale senior centers are free and open to the public, with no membership or residency requirements. Adults ages 18 and older are welcome, though most programs are geared towards the 50+ community.

HOLIDAY CLOSURES

Memorial Day..... Monday, May 27



Via Linda Senior Center



Granite Reef Senior Center

LOCATIONS

GRANITE REEF SENIOR CENTER

1700 N. Granite Reef Road
Scottsdale, AZ 85257

480-312-1700

VIA LINDA SENIOR CENTER

10440 E. Via Linda
Scottsdale, AZ 85258

480-312-5810

HOURS

Mon - Thurs 8 am-8 pm
Friday 8 am-5 pm
Saturday 8 am-Noon
Sunday closed

General Information

FACILITY RESERVATIONS

The senior centers offer a range of rooms and outdoor spaces that accommodate anywhere from eight to 300+ people. Facility reservations are available Monday through Saturday.

FITNESS CENTERS

The senior centers offer state-of-the-art fitness with an extensive variety of exercise equipment that include treadmills, ellipticals, stationary bikes, cardio equipment, and free weights.

Fitness Center Closed for Senior Strength Training Classes

Monday & Wednesday	11 am – noon & 5:45-6:45 pm	VLSC
Tuesday & Thursday	10 – 11 am	VLSC
Tuesday & Thursday	11:30 am – 12:30 pm	GRSC

Daily Drop-in	\$3(R) / \$5(NR)	1 Month	\$15(R) / \$25(NR)
3 Month	\$40(R) / \$60(NR)	Annual	\$130(R) / \$195(NR)

LUNCH PROGRAM

Delicious and nutritious lunches are served at both Centers! To participate in our lunch program, please call to make a lunch reservation. Monthly menus can be provided.

M-F	11:30 am	\$4 ages 50+ / \$7 under 50 years old	GRSC
Tu & Th	11:30 am	\$4 ages 50+ / \$6 under 50 years old	VLSC

SOCIAL WORKERS

The senior centers provide social services to seniors, adults with disabilities, and their families. Master level social workers are available by appointment Monday through Friday from 8am-5pm to provide support, education, and resources – free of charge

Transportation/Field Trips

AARP DRIVER SAFETY COURSE

Driver Safety class open to anyone & could get a discount on car insurance. AARP members \$20.00 & Non-Members \$25.00. Payment will be collected by AARP on class date.

1 st W	9 am-1 pm	\$20 (AARP)/\$25 (non-member)	GRSC
2 nd Th	12:30- 4:30 pm	\$20 (AARP)/\$25 (non-member)	VLSC

REGISTRATION QUESTIONS? 480-312-7957

Call us before Feb. 23 so we can guide you through the process, making registration a breeze!

Events

MATTER OF BALANCE

A.T Stills University created this eight-week program is designed to manage falls and increase activity levels. Set goals for increasing activity, reduce fall risks at home and promote exercise to increase strength and balance. 75% of the class is lecture & 25% exercise.

F	1:30pm	3/29-5/17	FREE	VLSC	40890
F	1:30pm	3/29-5/17	FREE	GRSC	40891

Come join us for a

Mother's DAY Luncheon!

Celebrating mothers and mother figures with a luncheon at Via Linda Senior Center.

\$10 for residents / \$13 for nonresidents

Monday, May 9
Doors open at noon

#42074

Via Linda Senior Center
10440 E. Via Linda Scottsdale
480-312-5810

Enrichment Programs

LINE DANCING

This volunteer facilitated drop-in group is coordinated through Senior Services. Line dancing is free, with no advance registration.

F	Doors open at 11 am	FREE	GRSC
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BALLROOM DANCING

Join us for ballroom dance. No advance registration needed.

2 nd & 4 th Th	noon-2:30 pm	\$8 drop-in	GRSC
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WALKING CLUB (OCT.-MAY)

Come walk with Scottsdale Police Crime Prevention Team. Meet outside the entrance and walk the park/desert garden.

Tu	8 am	FREE	VLSC
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WALKING CLUB (APRIL-MID MAY)

Come walk with Scottsdale's employee team. Meet outside of Eldorado Community Center by the Trolley stop.

Tu	9-10 am	FREE	GRSC
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NATURE & BIRDING WALK (OCT.-MAY)

Bring binoculars, hat and wear comfortable walking shoes. Meet outside the main entrance at Via Linda Senior Center. Please contact Via Linda front desk.

W	8 am	FREE	VLSC
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KARAOKE

Join us for a free afternoon of singing. No registration is required.

2 nd & 4 th Th	2-5 pm	FREE	GRSC
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OPEN ART STUDIO

During this time, the art room will be made available for you to explore your creative side. This is a self-led program open to painters, illustrators, and crafters alike.

Adult Art Studio

W	9 am-noon	FREE	GRSC
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Open Arts & Crafts

M	9 am-noon	FREE	GRSC
W	12:30-4 pm	FREE	VLSC
Th	1-4 pm	FREE	GRSC

Open Knitting/Crocheting/Sewing

M	1:30-3:30pm	FREE	VLSC
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Knitting/Crocheting (Flying Needles)

2 nd W	4-7:45 pm	FREE	VLSC
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SCOTTSDALE STRUMMERS

Drop-in ukulele group that meets at Granite Reef Senior Center. There is no cost to this program, and all levels are welcome.

F	10 am-noon	FREE	GRSC
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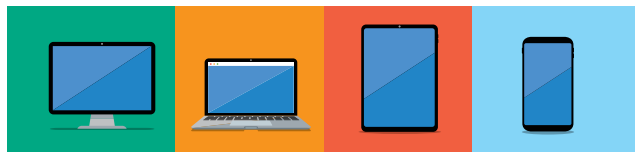
Beginners

M	1-2 pm	FREE	GRSC
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FRIDAY MOVIE MATINEE

Free movie at Granite Reef and Via Linda Senior Center. No registration required. Check with the senior centers for update showings.

F	1-4 pm	FREE	GRSC
F	1-4 pm	FREE	VLSC



Technology

TECH TIME WITH MARK

Ask your questions about smart phones, tablets, laptops & other technology. Individualized tutoring. No registration requires.

2 nd Th	9-11am	FREE	VLSC
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TECH TUTORS

Do you find it challenging to use technology? Scottsdale Basis students will help/teach you to use your smart phone, tablet, or computer.

3 rd Sa	9-11:30am	FREE	VLSC
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Fun & Games

BRIDGE

M	12:45-4 pm	FREE	GRSC
F	12:45-4 pm	FREE	GRSC

Duplicate Bridge

Tu	12:45-4 pm	FREE	GRSC
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Duplicate Sanction Bridge (OCT.-MAY)

Sanctioned Duplicate Bridge games are scheduled weekly. If you would like emails concerning the schedule and results, contact our director at bridgebum@hotmail.com

W	12:30 pm	\$10.00	VLSC
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Fast Play Bridge (Intermediate Players)

Tu	noon-3:30 pm	FREE	VLSC
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Prickly Pair Bridge (a partner is required)

W	12:45-4 pm	FREE	GRSC
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Speedy Bridge (Intermediate Players)

Th	noon-3:30 pm	FREE	VLSC
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DROP-IN PLAY

The senior centers provide space on a first come, first served basis for social cards and games. Rooms are shared use, with multiple groups playing different games at once, unless otherwise scheduled.

Open Card Play

M-F	8 am-5 pm	FREE	GRSC
M,W & F	8 am-5 pm	FREE	VLSC
Tu & Th	1-5 pm	FREE	VLSC

Canasta Newcomers

Th	11 am-4 pm	FREE	GRSC
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Canasta

Th	1-4 pm	FREE	GRSC
Th	noon-4 pm	FREE	GRSC

Hand, Knee, Foot & Samba

M	9 am-1 pm	FREE	VLSC
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Rummikub

W	10 am-1 pm	FREE	VLSC
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Open Chess

Th	11 am-3 pm	FREE	GRSC
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Mah Jongg

M	10:30-2:30 pm	FREE	GRSC
Th	1-4 pm	FREE	VLSC

International Mah Jongg

F	noon-5 pm	FREE	GRSC
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Mexican Train Dominoes

M	1-4 pm	FREE	VLSC
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Pinochle

W	12:30-4 pm	FREE	GRSC
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Double Deck Pinochle

Th	10 am-3 pm	FREE	GRSC
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Recreation

BILLIARDS

Both the Granite Reef Senior Center and Via Linda Senior Center have phenomenal billiards rooms with 9-ft Gold Crown tables. Drop-in play is free and open to the public during normal hours of operation at each facility.

CHAIR EXERCISE

Drop-in chair exercise class open to participants who want to improve their strength and balance. No registration is required for this free class.

Tu & Th	10-11 am	FREE	GRSC
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TABLE TENNIS

Open table tennis is available at both Granite Reef Senior Center and Via Linda Senior Center at various times throughout the week.

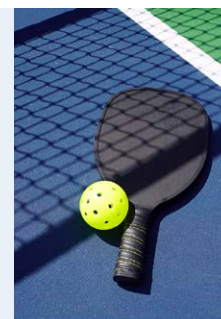
There is a \$2 activity fee for each use, and all levels are welcome.

Tu	3:30-7:30 pm	\$2 drop-in	VLSC
W	1-4 pm	\$2 drop-in	GRSC
F	1-4:30 pm	\$2 drop-in	VLSC

PICKLEBALL

Did you know Scottsdale has 21 Pickleball courts?

Go to ScottsdaleAZ.gov and search "Pickleball" for more information about courts and lessons.



Support Groups

A wide variety of support groups are offered at both the Senior Centers. The groups are free of charge, are designed to meet the evolving needs of Scottsdale's aging population. Support groups are facilitated by non-profit organizations, social workers, volunteers and industry professionals.

ALZHEIMER'S SUPPORT GROUP

1 st M	1:30 pm	FREE	GRSC
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DUET CAREGIVER'S SUPPORT GROUP

1 st & 3 rd Th	10 am	FREE	VLSC
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GRIEF AND LOSS SUPPORT GROUP

1 st & 3 rd M	1 pm	FREE	GRSC
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MENDED HEARTS SUPPORT GROUP

2 nd T	6 pm	FREE	VLSC
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MULTIPLE SCLEROSIS SUPPORT GROUP

2 nd T	4:30 pm	FREE	VLSC
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TREMBLE CLEFS (PARKINSON'S SUPPORT GROUP)

Th	3 pm	FREE	GRSC
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LOW VISION SUPPORT GROUP

2 nd W	10-11:30 am	FREE	VLSC
2 nd Th	2:30-4:30 pm	FREE	GRSC

MINDFUL ART

Come enjoy an engaging, creative session for you and your family member. Designed for those experiencing dementia or low vision. We will sing, tell stories, and create art together on seasonal themes. You'll go home with an original piece of artwork, and materials to support you as a caregiver.

2 nd & 4 th Tu	10am	FREE	VLSC
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Social Groups

BOOK DISCUSSION GROUP

Join us for our free book discussion group. Contact our front desk for upcoming monthly book discussion titles. All books are available in the Scottsdale Public Library.

2 nd Th	10-11:30 am	FREE	VLSC
Date:	Book Title:	Author:	
March 14	Outlawed	Anna North	
April 11	Finding Me	Viola Davis	
May 9	The Homegoing	Yaa Gyasi	
June 13	Demon Copperhead	Barbara Kingsolver	

CURRENT EVENTS

Discuss current events, public policy, and both local and national issues in a spirited, yet respectful, environment.

W	10:30 am-noon	FREE	GRSC
W	2-3:30 pm	FREE	VLSC
Th	noon-2 pm	FREE	GRSC

FRIENDSHIP DISCUSSION GROUP

Fun and light-hearted group designed to make new friends while sharing stories, jokes, information, and memories.

Tu	10 am	FREE	GRSC
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MEN'S DISCUSSION GROUP

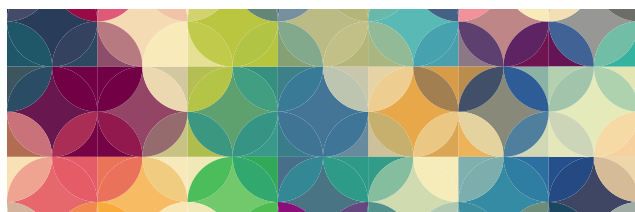
Informal peer led discussion group for men.

Tu	2-3:30 pm	FREE	VLSC
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WHAT'S ON YOUR MIND?

General discussion group that talks about anything and everything except politics.

2 nd & 4 th Tu	1:30-3 pm	FREE	VLSC
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ART ALL AROUND US (DOCENT ART TALKS)

Come appreciate art in an intimate setting through a free visual lecture series presented by Phoenix Art Museum Docents.

A Virtual Tour of the Contemporary Art

M	4/8	10 am	FREE	GRSC
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Mexicanidad

Th	4/25	1 pm	FREE	VLSC
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Community Resources

BENEFITS ASSISTANCE

The state health insurance assistance program provides objective information regarding original Medicare. Trained Area Agency on Aging volunteers provide free personalized assistance with the preparation of Medicare and supplemental claims forms, appeals, applying for Medicare and more. *To schedule a free appointment, please call the Granite Reef or Via Linda senior centers.*

BROWN BAG PROGRAM

The Brown Bag Program offers qualified seniors and people with disabilities food supplements including; fresh fruit & vegetables, canned goods and bakery items on a bi-monthly basis at both Senior Centers. *For more information please call Granite Reef Senior Center at 480-312-1700.*

CAB CONNECTION

This taxi voucher subsidy program is available to city of Scottsdale residents who are disabled or senior citizens (65+). The program serves full city limits. Vouchers pay 80% of the fare (up to \$10). Participants may request up to 20 one-way vouchers per month. *Please call the Cab Connection office at 480-312-8747 for additional information.*

DUET

Volunteers serve homebound and/or disabled individuals, 18 years of age and older. There is no financial eligibility. Service area includes Scottsdale city limits south of Frank Lloyd Wright Blvd. Services include grocery shopping, rides to medical appointments, paperwork or computer assistance, minor home repairs, visiting, phoning or respite. *Please call 602-274-5022 to register or request assistance.*



FOOTHILLS CARING CORPS

Volunteers serve homebound and/or disabled individuals, 18 years of age and older. There is no financial eligibility. Service area includes Scottsdale city limits north of Bell Road and the towns of Carefree and Cave Creek. Transportation services include mobile meals, van pooling, medical transportation and grocery shopping. *Please call 480-488-1105 for additional information.*

HOME DELIVERED MEALS

The City of Scottsdale partners with local non-profits to provide nutritious, hot meals to qualified homebound seniors. The service also provides a daily check on the individual's condition and safety. *For more information on programs in your area, please call the Area Agency on Aging at 602-264-4357.*

HOME SAFE HOME

Trained Scottsdale Fire Department volunteers visit seniors in their homes and point out potential tripping and falling hazards. Volunteers can replace smoke alarm batteries or install a new alarm and give free night lights to ensure you can see well at night. *Please call 480-312-1817 to request your free visit.*

LOCKBOXES FOR SENIORS

The Scottsdale Area Association of REALTORS, the Scottsdale Police and Fire Departments and the Maricopa County Sheriff's Office offer free emergency lockboxes to seniors whose annual income is less than \$25,000 and at a charge of \$25 for all others. The service is available to Scottsdale and Fountain Hills residents only. *For additional information or to arrange delivery, please call 877-229-5042 (toll free).*

MEDILOAN PROGRAM

The senior centers provide Scottsdale residents with medical equipment such as canes, walkers, wheelchairs and shower benches.

OPERATION FIX IT

Operation Fix-It (OFI) works in the community with dedicated volunteers and city staff to assist qualified Scottsdale homeowners. The program helps qualified applicants with code enforcement referrals and issues related to health and safety on the property. ***To apply for the program or learn about volunteer opportunities, please call 480-312-8703 or go to ScottsdaleAZ.gov and search "Operation Fix It."***

VALLEY METRO PARATRANSIT

East Valley Dial-a-Ride has a new name: Valley Metro Paratransit. A fleet of brand new accessible vans and minivans will now service you with Valley Metro signage and colors. They have also partnered with AAA Transportation (Yellow Cab) to provide additional service to the east valley. *Request a trip, check on an existing trip, or make changes to one by calling 602-716-2200 or via TTY at 602-716-2118.*



LIVE LIFE TO THE FULLEST

Living at our award-winning senior living community gives you the chance to write the next chapter of your life focusing on the things that bring you joy. When you take away the stresses of taking care of a home by yourself, the possibilities of how you can spend your time open up more than you ever imagined. Picture living in a well-appointed apartment home — with the privacy to retreat to your own oasis whenever you please — but with a wealth of services and support, engaging activities and wellness programs, and top-notch amenities right at your fingertips.

Tour our community today and receive a complimentary lunch in our Four Peaks Restaurant!



McDowell Village
MBK SENIOR LIVING

Contact us at
McDowellVillage@mbk.com
or (480) 400-8510

8300 East McDowell Road, Scottsdale, AZ 85257 • McDowellVillage.com
INDEPENDENT & ASSISTED LIVING





CAREER SERVICES

Vista del Camino Community Center

7700 E. Roosevelt St., Scottsdale, AZ 85257 | 480-312-2323

Go to ScottsdaleAZ.gov, search "Career Center"

Career Center Hours: Mon – Fri | 8 am – 5 pm | 480-312-0060

CONTACT:

Sheila Williams, 480-312-0058 | SWilliams@ScottsdaleAZ.gov

The Career Center is a space for job seekers to access computers to apply for jobs, update resumes and explore job opportunities-all for free. The Career Center maintains job and career fair information. With an appointment, you can meet with a skilled Career Coach for guidance on your career journey.



Sign Up With A Career Coach!

Career Coaches are available, virtually or in-person, to assist job seekers with essential employment strategies including:

- Resume development
- Job search strategies
- LinkedIn consultation
- Employment referrals
- Interview preparation

ADDITIONAL EMPLOYMENT SERVICES:

- Employment Referrals
- Webcam for digital interviews
- Career Closet



Download our Career Center Events Calendar!

Get the most up-to-date information and view our upcoming career help programs.

Go to ScottsdaleAZ.gov, search "Career Center"

STAY CONNECTED!
Scottsdale Vista Career Center



CAREER CLASSES

Learn to navigate the current job market with new skills and effective strategies. Programs provided by City of Scottsdale Career Services.

THE BACK TO WORKSHOP!

Learn new strategies to prepare for this new job market: resumes, online applications, digital interviews and more.

Th	10:30am	4/18	FREE	Civic Center Library
Th	10:30am	5/16	FREE	Civic Center Library

INTERVIEW TECHNIQUES

Learn the latest interview techniques and how to answer interview questions confidently and effectively.

Tu	10:00am	4/16	FREE	Vista Career Center
Th	10:30am	4/25	FREE	Civic Center Library

JOB SEARCH STRATEGIES

Explore effective strategies for job search and the tips and tricks to the next step.

Tu	10am	4/9	FREE	Vista Career Center
Tu	10am	5/14	FREE	Vista Career Center

RESUME RESCUE

Learn the essentials to writing an effective resume, followed by a lab with formatting guidance.

Tu	10am	4/2	FREE	Vista Career Center
Tu	10am	5/7	FREE	Vista Career Center





BUILDING STRONG COMMUNITIES

Human Services provides a variety of support throughout our Community. In addition to family and caregiver support, we work to assess needs and find programs that can be of assistance. This includes everything from food boxes to rent/mortgage assistance, eviction prevention to utility assistance.

Scottsdale Family Resource Center

Services that support families, parents, caregivers, expectant parents and their young children ages birth through age five. All programs and events are free, interactive and fun for both caregiver and child!

- Early literacy programs
- Family Play Time
- Parenting workshops
- Parent support groups
- Referrals to community resources
- Referrals for emergency assistance: food, utility & rental assistance

¡Se habla Español!

SUPPORTED BY
 **FIRST THINGS FIRST**

Stay updated on events and children's literacy programs by downloading our Community Calendar!

Go to [ScottsdaleAZ.gov](https://scottsdaleaz.gov), search "Scottsdale Family Resource Center" or call 480-312-0038.

SOCIAL SERVICES

Scottsdale offers a variety of social service programs from helping with housing to family assistance and back-to-school preparation. For more information on these services, go to [ScottsdaleAZ.gov](https://scottsdaleaz.gov) and search "Vista del Camino."

Back-to-School



Ensuring every student has everything they need to succeed in school.

Food Bank



Food boxes and other services to those who need it.

Adopt-A-Family



Every family deserves a holiday season full of celebration.

Utility Assistance



Eligible Scottsdale residents can apply and receive assistance.

Emergency Rent & Mortgage Assistance



One-time support for families facing unexpected challenges paying their rent or mortgage

Eviction Prevention



We have the resources for support when needed.



SERVING AND BRINGING TOGETHER THE COMMUNITY

Located in the heart of thriving Scottsdale Communities, our Neighborhood Centers not only offer a gathering space, but also provide Social Services, connection to other agencies, family support and more!

PAIUTE NEIGHBORHOOD CENTER

6535 E. Osborn Road, Scottsdale, AZ 85251
480-312-2529



Monday - Friday 8 a.m. – 5 p.m.

Paiute Neighborhood Center provides a safe and diverse environment where our neighbors can come together to create a spirit of community by providing social, recreational, cultural and educational programs and services.

RESOURCES:

- Family Resource Center
- Community Resources and Workshops
- WIC
- Food Pantry
- Community Assistance Office (housing)
- Head Start, Hirsch Academy and SARRC

VISTA DEL CAMINO COMMUNITY CENTER

7700 E. Roosevelt St., Scottsdale, AZ 85257
480-312-2323



Monday through Friday 8 a.m. – 5 p.m.

Vista del Camino is Scottsdale's Community Action Program (CAP), providing a variety of services to residents to prevent homelessness, meet the basic needs of individuals and families in crisis, relieve economic and emotional stress, and maintain self-sufficiency.

SERVICES LIKE:

- Food Bank
- Utility Assistance
- Career Center
- Community Support Programs
- STEP (Teen Employment Program)
- Rent & Mortgage Assistance



HOUSING & COMMUNITY DEVELOPMENT

Federally and locally supported programs that improve the quality of life for low to moderate-income families and assist in the stabilization of Scottsdale neighborhoods.

The Community Assistance Office (CAO) administers the city's affordable housing programs and collaborates with non-profit agencies as well as other city departments to address and meet basic and critical human needs.

- **Federal Housing Choice Voucher (HCV) Program**
- **Housing Rehabilitation Programs:**
 - **Green Housing Rehabilitation Program** offers an interest-free deferred loan to qualified low and moderate income homeowners to finance a contract for home repairs between a homeowner and a contractor.
 - **Roof Repair and Replacement Program** provides assistance to repair or replace deteriorated roofing systems that pose a serious threat to the health, safety or welfare of a household.
 - **Emergency Repair Program** provides assistance through a grant to address household repairs that affect the immediate livability of the home. Repairs are limited and assistance is based on priority of emergency.

Community Assistance Office

6535 E. Osborn Road – Bldg. 8
Scottsdale, AZ 85251

Phone: 480-312-7156

TDD: 480-312-7411 or AZ Relay 7-1-1

Contact:

ScottsdaleHousingInfo@ScottsdaleAZ.gov

Go to ScottsdaleAZ.gov, search "CAO"



CITY OF
SCOTTSDALE



Housing Partner Program

Do you have a rental property in Scottsdale?

Consider partnering with the Housing programs as a landlord



- Timely and dependable rent payments each month
- Contract signing incentive payment
- Support and Assistance with cost of damages
- List your Unit Free
- Direct Deposit payments



**For more information, call
Scottsdale Housing Agency at 480-312-7156**



Foster Youth to Independence

When transitioning from foster care, youth aged 18-25 need all the help they can get. The Scottsdale Housing Agency in partnership with the DCS Office of Prevention has a housing voucher program available that can assist with rent while allowing youth to concentrate on continued education, developing household and budget management skills, and finding stable employment.

**For more information about the
Foster Youth to Independence program,
email: FYITPV@azdcs.gov or
ScottsdaleHousingInfo@ScottsdaleAZ.gov**

SPRING IS A GREAT TIME TO ENJOY THE PRESERVE!

Scottsdale's McDowell Sonoran Preserve encompasses over 30,500 acres of permanently protected Sonoran Desert and mountains. It is home to a magnificent array of desert adapted plants and animals, and affords stunning views of the McDowell Mountains.

The Scottsdale Preserve also boasts an interconnected network of over 225 miles of trails for hiking, mountain biking and horseback riding. The trails can be accessed from one of eight major trail head facilities, and are open sunrise to sundown. Amenities vary at each trail head; visit the City's website for more details. Trail maps are available free of charge at all major trail heads, and can also be downloaded by visiting [ScottsdaleAZ.gov](https://scottsdaleaz.gov) and searching "Preserve Maps."

The Preserve is divided into two primary regions – the Southern and Northern.

- The **Southern Region** is home to the McDowell Mountains, and contains some of the steeper and more challenging trails of the Preserve. The trails of the southern region are very rocky, so be sure to wear sturdy footwear.

Trailheads: Sunrise, Lost Dog Wash, Gateway, and Tom's Thumb.

- The terrain of the **Northern Region** is comprised mainly of rolling desert topography, punctuated by a series of smaller mountains. The trails are much smoother than the south, with dramatically less rock. Because of these characteristics, the Northern Region is very popular with mountain bikers and equestrians.

Trailheads: Pima Dynamite, Brown's Ranch, Fraesfield and Granite Mountain.

PINNACLE PEAK PARK

Pinnacle Peak Park | 26805 N. 102nd Way

Pinnacle Peak Park features a moderate out-and-back trail through the pristine Sonoran Desert environment. The park is a total of 150 acres, and the trail length is 2 miles, one way. It's a great hike for all ages and activity levels – with fantastic views!

Visit [ScottsdaleAZ.gov](https://scottsdaleaz.gov) and search "Pinnacle Peak Park" for more information about the park, trail information, hours and more.

**Dogs are not allowed on the Pinnacle Peak Park trail.*



PINNACLE PEAK PARK EVENTS

SUNSET & FULL MOON HIKES

These cool evening hikes to the Grandview Overlook allow visitors to experience the park after hours at their own pace. These 90 minute, 1.5 mile hikes are safe and fun for the whole family! Staff and volunteers will be on the trail to assist visitors and answer questions. No fee but registration is required.

Sa	4/13	6:45-8:15 pm	Sunset
Tu	4/25	6:30-8 pm	Full Moon

ASTRONOMY EVENINGS

NASA Solar System Ambassador Mark Johnston will highlight that evening's visible objects, including planets, multiple star systems, globular clusters and nebulae through a high end refractor telescope. Beginners are welcome and no hiking is required. Participants are encouraged to bring binoculars and a small penlight flashlight.

F	4/12	7:15 pm
Sa	5/18	7:45 pm

DISCOVER MORE OF THE PRESERVE ON ONE OF OUR GUIDED WALKS!

Enjoy a 1-2 mile walk in the McDowell Sonoran Preserve with a Natural Resources Coordinator or Preserve Manager. After this 2 hour walk, you will know more about the Sonoran Desert's plants, animals, geology, and so much more! Please wear proper outdoor clothes, bring enough water, and snacks for yourself! No fee but registration is required.

W	4/10	7-9 am	Ringtail
Th	4/11	8-10 am	Tom's Thumb
Su	4/14	8-10 am	Granite Mountain
F	4/26	7-9 am	Brown's Ranch

JOIN US ON ONE OF OUR NEW GUIDED HIKES!

Su	4/2	9-10 am	Ew! Ick! Gross! Wow!
Sa	4/13	9-10 am	Geology Adventure
Sa	4/20	9-10 am	Saguaro IQ
Sa	4/27	9-10 am	Incredible Edible Desert

For more information and to register, visit Recreation.ScottsdaleAZ.gov and search "Guided Walks."

VINYASA YOGA

A community yoga class with a focus on connecting breath, movement, and intention. This 60-minute yoga flow begins with grounding and sun salutations, moves into dynamic standing series, and ends with deep stretch and community connection. Bring your own yoga mat and water. Must be 13 years of age or older.

F	4/5	10-11 am
F	4/19	10-11 am

WILDLIFE DISCOVERY

Local non-profit wildlife rescue, rehabilitation, and education organizations will be near the Ramada exhibiting live animals. This education opportunity is free for visitors of all ages.

Sa	4/6	10 am-noon
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For all event information, visit [ScottsdaleAZ.gov/parks/pinnacle-peak-park/tours-and-events](https://scottsdaleaz.gov/parks/pinnacle-peak-park/tours-and-events)

MCDOWELL SONORAN CONSERVANCY

CHILDREN'S LEARNING AND PLAY FESTIVAL



CONSERVANCY
KIDS

FREE • FUN • EDUCATIONAL!



An unforgettable, hands-on, educational experience that's fun for the entire family! Learn about your favorite desert wildlife, and explore the wonder of our Sonoran Desert!



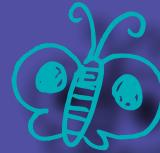
AUTHORS &
ILLUSTRATORS



STEAM
EDUCATORS



LIVE
PERFORMANCES

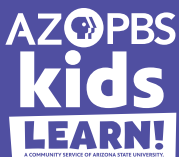


WILDLIFE
EXHIBITS



AND
MORE!

BROUGHT TO YOU BY:



MCDOWELL
SONORAN
CONSERVANCY



June 29, 2024 • 9 a.m. - 3 p.m. • Westworld

16601 N Pima Rd. Scottsdale, AZ 85260

ADMISSION IS FREE! PARKING \$5.00

To stay updated, follow us on Facebook
@ AZ Children's Learning and Play Festival



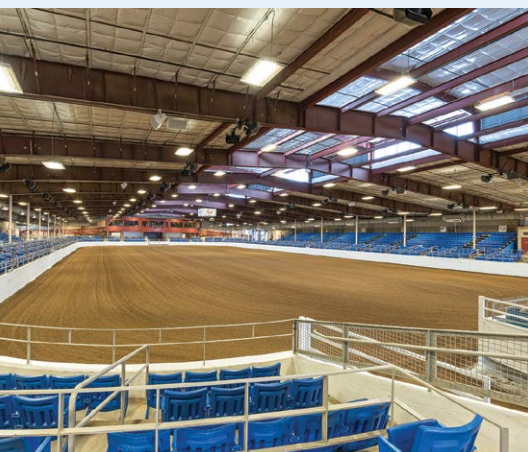


WESTWORLD

O F S C O T T S D A L E

WestWorld of Scottsdale is a premier, nationally recognized, multi-use events facility serving the Scottsdale community and visitors. Located at 16601 N. Pima Road, this city-owned facility hosts a wide array of events each year, enjoyed by hundreds of thousands of people.

**Learn more about these events
at WestWorldAZ.com.**



SCOTTSDALE Community Services

**44
PARKS**

**30,500
ACRES OF
PRESERVE LAND**

**11 TRAILHEADS AND 232 MILES
OF NON-MOTORIZED TRAILS
IN THE PRESERVE**

**982 TOTAL
ACRES**

37 PLAYGROUNDS

**5 URBAN
LAKES**

**74 ATHLETIC
FIELDS**

**39 BASKETBALL
COURTS**

**3 OFF-LEASH
AREAS**

**4 AQUATIC
FACILITIES**

**35 VOLLEYBALL
COURTS**

**30 PICKLEBALL,
RACQUETBALL &
SQUASH COURTS**

**6 SPRAY
FEATURES**

**2 SKATE
PARKS**

**49 TENNIS COURTS
2 TENNIS CENTERS**

1 RAILROAD PARK

**3 EQUESTRIAN
FACILITIES**

**1 BASEBALL
STADIUM**

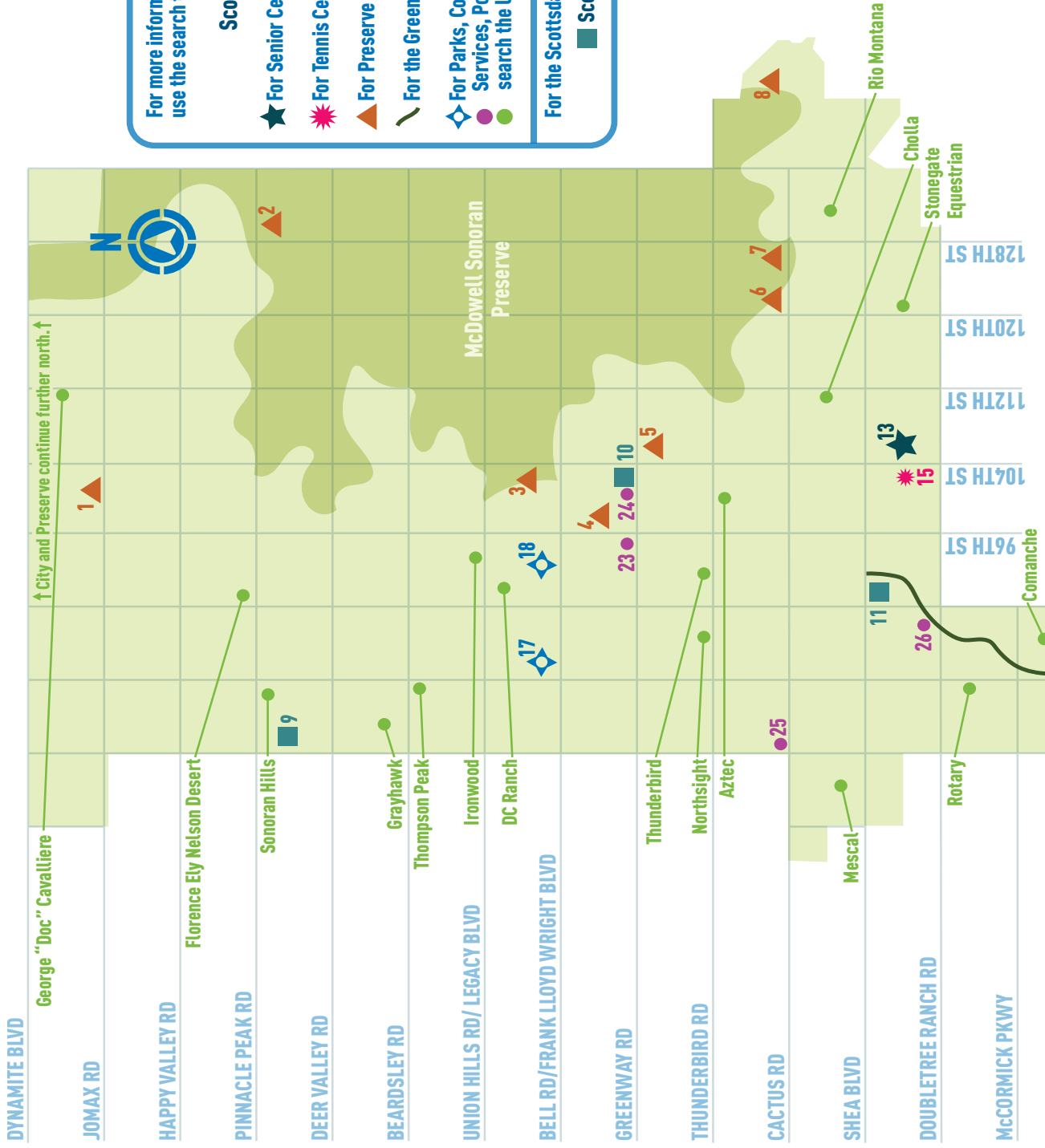
123 MILES OF PAVED PATHWAYS, 156 UNPAVED

**4 PUBLIC
LIBRARIES**

**2 SENIOR
CENTERS**

**6 COMMUNITY
CENTERS**

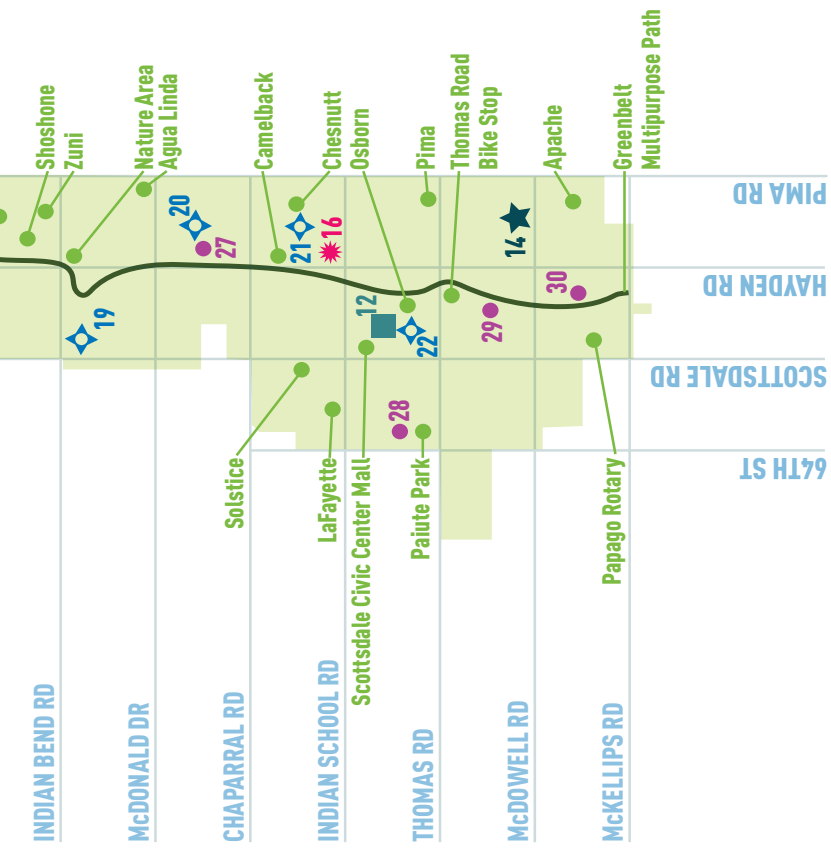
**376 DAYS
OF SPECIAL
EVENTS AT
WESTWORLD**



- **Parks**
 - Agua Linda Park** 8732 E. McDonald Dr.
 - Apache Park** 1201 N. 85th Pl.
 - Aztec Park** 13636 N. 100th St.
 - Camelback Park** Hayden & Camelback
 - Chesnut Park** 4565 N. Granite Reef Road
 - Cholla Park** 11320 E. Via Linda
 - Comanche Park** 7639 Via Paseo del Norte
 - DC Ranch Park** 15000 N. 91st St.
 - Florence Ely Nelson Park** 8950 E. Pinnacle Peak Road
 - George "Doc" Cavalliere Park** 27775 N. Alma School Pkwy.
 - Grayhawk Neighborhood Park** 20726 N. 76th St.
 - Ironwood Park** 18650 N. 94th St.
 - Lafayette Park** 6745 E. Lafayette Blvd.
 - Mescal Park** 11015 N. 68th Pl.
 - Nature Area** 6801 N. Hayden Road
 - Northsight Park** 8400 E. Thunderbird Road
 - Osborn Park** 7775 E. Osborn Road
 - Paiute Park** 3210 N. 66th St.
 - Papago Rotary Park** 7316 E. Garfield St.
 - Pima Park** 8600 E. Thomas Road
 - Rio Montana Park** 11180 N. 132nd St.
 - Rotary Park** 7959 E. Doubletree Ranch Road
 - Scottsdale Civic Center Mall** 3939 N. Drinkwater Blvd.
 - Shoshone Park** 8300 Via De Dorado
 - Solstice Park** 4420 N. Scottsdale Road
 - Sonoran Hills Park** 7625 E. Williams Dr.
 - Stonagate Equestrian Park** 9555 N. 120th St.
 - Thomas Road Bike Stop** 7801 E. Thomas Road
 - Thompson Peak Park** 20199 N. 78th Pl.
 - Thunderbird Park** 9170 E. Thunderbird Road
 - Zuni Park** 7343 Via del Elemental

● **Parks, Recreation & Human Services**

- **Community Centers and Pools**
 - 23) Horizon Park & Community Center** 15444 N. 100th St.
 - 24) McDowell Mountain Ranch Park & Aquatic Center** 15525 N. Thompson Peak Pkwy.
 - 25) Cactus Park & Aquatic Center** 7202 E. Cactus Road
 - 26) Mountain View Park & Community Center** 8625 E. Mountain View Road
 - 27) Chaparral Park, Aquatic & Community Center** 5401 N. Hayden Road
 - 28) Paiute Neighborhood Center** 6535 E. Osborn Road
 - 29) Eldorado Park, Aquatic & Community Center** 2311 N. Miller Road
 - 30) Vista Del Camino Park & Community Center** 7700 E. Roosevelt St.



★ **Senior Centers**

- 13) Via Linda Senior Center 10440 E. Via Linda
- 14) Granite Reef Senior Center 1700 N. Granite Reef Road

★ **Tennis Centers**

- 15) Scottsdale Ranch Park & Tennis Center 10400 E. Via Linda
- 16) Indian School Park & Tennis Center 4289 N. Hayden Road

★ **Specialty Facilities**

- 17) Scottsdale Sports Complex 8081 E. Princess Dr.
- 18) Bell94 Sports Complex 9390 E. Bell Road
- 19) McCormick-Stillman Railroad Park 7301 E. Indian Bend Road
- 20) McCormick-Stillman Railroad Park 7301 E. Indian Bend Road
- 21) Club SAR Fitness Center 8055 E. Camelback Road
- 22) Scottsdale Stadium 7408 E. Osborn Road

▲ **Hiking Trails**

- 1) Pinnacle Peak Park 26802 N. 102nd Way
- 2) Tom's Thumb 23015 N. 128th St.
- 3) Gateway 18333 N. Thompson Peak Pkwy.
- 4) WestWorld 15939 N. 98th St.
- 5) Quartz 10215 McDowell Mnt. Ranch Road
- 6) Lost Dog Wash 12601 N. 124th St.
- 7) Ringtail 12300 block of N. 128th St.
- 8) Sunrise 12101 N. 145th Way

■ **Public Libraries**

- 9) Appaloosa Library 7377 E. Silverstone Dr.
- 10) Arabian Library 10215 E. McDowell Mnt. Ranch Road
- 11) Mustang Library 10101 N. 90th St.
- 12) Civic Center Library 3839 N. Drinkwater Blvd.

Notice: This document is provided for general information purposes only. The city of Scottsdale does not warrant its accuracy, completeness, or suitability for any particular purpose. It should not be relied upon without field verification.

Spring Community Events

APRIL

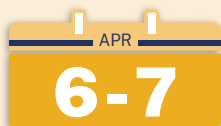


Wildlife Discovery

Pinnacle Peak Park

10 a.m. – noon

See page 54 for details



Tents by the Tracks

McCormick-Stillman Railroad Park

3 p.m. – 10 a.m.

Therailroadpark.com/events



Adult Spelling Bee

Arabian Library

5:30 p.m.

See page 38 for details



Xeriscape Landscape Ideas

Appaloosa Library

1 p.m.

See page 38 for details



Summer Concert Series

McCormick-Stillman Railroad Park

7 – 8:30 p.m.

Therailroadpark.com/events

MAY



Playground Jam Fest

Indian School Park

6 – 8 p.m.

Go to ScottsdaleAZ.gov,
search “Jam Fest”



Mother’s Day Luncheon

Via Linda Senior Center

Doors open at noon

See page 44 for details



Astronomy Evenings

Pinnacle Peak Park

7:45 p.m.

See page 54 for details



Paws in the Park

Chaparral Park

8 – 10 a.m.

Go to ScottsdaleAZ.gov,
search “Paws in the Park”



Dive In Movie

Eldorado Aquatic & Fitness Center

7 – 9 p.m.

See page 25 for details