

VDC Food Boxes Contain:

Soup—4 cans

Green Beans— 2 cans

Corn—2 cans

Fruit—2 cans

Other Vegetables—4 cans

Beans—4 cans (assortment of pinto, pork-n-beans, ranch, etc.)

Dry Spaghetti or other pasta, 1 pkg.

Tomatoes—including non-spaghetti sauces—2 cans or jars

Spaghetti Sauces, 1 jar or can

Prepared Box Items—at least 2 boxes (rice mix, stovetop dressing, hamburger helper, instant potatoes, boxed pasta)

Tuna– at least 2 cans

Dry Beans—I small package

Meat Items—at least 2 cans (chili, beef stew, canned chicken, etc)

Macaroni and Cheese—2 boxes

Dry Rice—1 small package

Peanut Butter, 1 jar

Dry Cereal or Oatmeal—1 Box



****Boxes may vary depending on availability of items**

5/15/09