



PARK & RECREATION MONTH

CELEBRATING SINCE 1985



SUN

MON

TUE

WED

THU

FRI

SAT

JULY 2015

1
Get a Fitness Membership at Club Sar Boxing & Fitness Center

2
Drop in to a "Fit and Fabulous" class at Cactus Aquatic Center for \$7

3
Cool off at one of the city's seven Spray Pads

4
Celebrate Fourth of July at Scottsdale Aquatic Centers!
Pools open from 1-5pm

5
Summer Concert Series at McCormick-Stillman Railroad Park

6
Enjoy a Tennis Lesson! A four week session begins this week

7
Get your board out and visit one of our two Skate Parks!

8
Drop-in to any water aerobics class at any of the four Aquatic Centers!

9
Drop in to an evening Zumba class at Granite Reef Senior Center for \$10

10
Drop-in to Body and Mind at the Via Linda Senior Center for \$7

11
Get out with your dog and visit one of the city's three off leash areas

12
Play a game of Disc Golf at Vista del Camino Park

13
Session 4 of Swim Lessons begins at all four Aquatic Centers

14
Drop in to a Yoga class at McDowell Mt. Aquatic Center for \$8

15
Reserve a ramada for a birthday party, BBQ, family gathering or other social event!

16
Drop in to an evening Step Aerobics class at Horizon Community Center for \$6

17
Moon Light Swim at McDowell Mountain Ranch Aquatic Center from 5-9 pm

18
Table Tennis Tournament at the Via Linda Senior Center

19
Take a leisure bike ride along the Indian Bend Wash Greenbelt

20
Drop-in at Club Sar Fitness Center for \$3

21
Improve your technique with Beyond the Basics Ballroom Dance Course # 111960

22
Bike, Rollerblade, Run, or Walk the full 2.1 mile shared use path at Chaparral Park

23
Give your kid the edge! Youth Leadership Skills begins today! #111980

24
Browse Fall Recreation classes at recreation.scottsdale.gov

25
Moonlight Swim at Eldorado Aquatic Center from 5-9 pm

26
Take a Hike at Scottsdale's McDowell Sonoran Preserve or Pinnacle Peak Park

27
Get the kids involved! The Endless Summer Camp Starts today! #113779 & #113781

28
Enjoy a great Dance Cardio workout at Via Linda Senior Center for a \$6 drop-in fee

29
Drop-in to a Pilates Class at Granite Reef Senior Center for \$6

30
Drop-in to one of the Senior Services Fitness Centers for \$3

31
Gyms & Group Fitness not your thing? Visit one of the six park parcourses

#JulyPRM30
www.nrpa.org/July
 National Recreation and Park Association



*Pre-Registration is required, call 480-312-7957 for more information. Visit us at ScottsdaleAZ.gov and search Recreation