

April 2015

## Paiute Senior Center Highlights

# Paiute Garden



The Paiute Garden is now growing, carrots, sweet peas, lettuce, squash, carnations, and poppies.

We will be starting a new Matter of Balance class on Wednesday May 8th from 10:00am-11:30am call for sign up details at 480-312-0040.

### Hours of Operation

Monday - Friday  
10:00 am - 4:00 pm

### Paiute Neighborhood Center

6535 E. Osborn Road  
Scottsdale, AZ 85251

### Paiute Senior Center

(480) 312-0040

### Paiute Front Desk

(480) 312-2529

### TTY

(480) 312-3606

### Senior Center Staff

Leticia Beltran - Human Services Specialist

Tamara Caplice - Human Services Specialist

Kurt Hartung - Recreation Leader II

Mary Keefer - Recreation Leader II

Fernando Estrada - Recreation Leader II



## Spring Paiute Senior Activity Information

Please Call 480-312-0040 or 480-312-2529 for More information

Activity	Activity #	Day	Time	Fee	Registration Required
Fit City	none	Tuesday	10:00 am	Free	Yes
Tai Chi	112237	Monday	10:00 am	\$7 one time fee for January thru August class	Yes
Tai Chi	112238	Monday	11:15 am	\$7 one time fee for January thru August class	Yes
Tai Chi	112240	Friday	11:15 am	\$7 one time fee for January thru August class	Yes
Movie	112248	Friday 10th	3:00 pm	Free	Yes
Movie	112249	Friday 24th	3:00 pm	Free	Yes
Yoga	110395	Thursdays	6:30 pm	\$141.00 for 17 classes Starts Jan 15th 2015 thru May 7th 2015	Yes

Monthly Newsletter of the Paiute Active Senior Adults



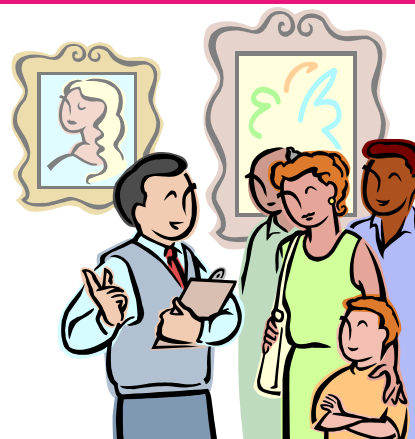
# April 2015



Monday	Tuesday	Wednesday	Thursday	Friday
		1  Open Games 10:00am Social Bridge 12:30pm	2  Open Games 10:00am Matter of Balance 10:30am Mah Jongg 1:00pm Book Club 2:00pm 	3  Tai Chi 10:00 & 11:15am 10:00am - 12:00pm Scrabble 11:00am Current Events 12:00pm
6  Tai Chi 10am & 11:15am 	7  Fit City 10:00am Mah Jongg 1:00pm Phase 10/Open Games 1:00pm 	8  Open Games 10:00am Social Bridge 12:30pm	9  Open Games 10:00am Smart Wall 10:30am Mah Jongg 1:00pm Bunco 1:00pm	10  Tai Chi 10:00 & 11:15am Scrabble 11:00am Current Events 12:00pm Movie 3:00pm 
13  Tai Chi 10am & 11:15am	14  Fit City 10:00am Mah Jongg 1:00pm Phase 10 1:00pm	15  Open Games 10:00am Social Bridge 12:30pm  	16  Open Games 10:00am Smart Wall 10:30am Art All Around Us 11:00am Mah Jongg 1:00pm	17  Tai Chi 10:00 & 11:15am Scrabble 11:00am Current Events 12:00pm  
20  Tai Chi 10:00 & 11:15am 	21  Fit City 10:00am 11:30am Mah Jongg 1:00pm Phase 10 /Open Games 1:00pm	22  Open Games 10:00am Social Bridge 12:30pm	23  Open Games 10:00am Book Club Movie Smart Wall 10:30am Mah Jongg 1:00pm Bunco 1:00pm 	24  Tai Chi 10:00am & 11:15am Scrabble 11:00am Current Events 12:00pm Movie /Dinner 3:00pm Fall Festival 6:00 pm
27  Tai Chi 10:00 & 11:15am	28  Fit City 10:00am Mah Jongg 1:00pm Phase 10 1:00pm	29  Open Games 10:00am Social Bridge 12:30pm	30  Open Games 10:00am Smart Wall 10:30am Mah Jongg 1:00pm	1  May  Tai Chi 10:00 & 11:15am Scrabble 11:00am Current Events 12:00pm

## **Phoenix Art Museum's Art All Around Us Program comes to Paiute**

Join Phoenix Art Museum at the Paiute Senior Center on **Thursday, April 16th** for a monthly presentation that will be given by docents of the Art All Around Us Program. Each month the Art All Around Us Program brings to life different mediums of art and biographies of the artists through lectures and slide shows. The presentation starts at 11:00am in Bldg. #9. For upcoming topics and to register, please call the Paiute Senior Center front desk. **480-312-0040**



## **Services Available to Seniors**



### **Paiute Book Discussion Club**

Discuss all genres of books with the monthly Paiute Senior Book Discussion Group! Lead by a volunteer from the Bright Blue Boxes Program of the Scottsdale Public Library. There are always lively and entertaining discussions. This group meets the first Thursday of each month at 2:00 pm. You will gather in the TV Lounge. On April 3rd "Pride and Prejudice" by Jane Austen" will be discussed and they will be starting "The Monuments Men" by George M. Edsel. The movie of the book will be shown on the 4th Thursday of the month at 10:30am in the TV room. Please contact the senior Center front desk for further details. 480-312-0040.

### **Free Legal Services**

The Scottsdale Bar Association offers free legal advice to Scottsdale residents. They will be meeting on the 2nd Tuesday of every month. Appointments are limited and are necessary for service. To be eligible for this service, your yearly household income may not exceed \$35,000 and you must be a Scottsdale resident. For more information or to make an appointment, call (480) 312-2529.

The following social services are available at the Paiute Neighborhood Center to qualified Scottsdale residents:

- Information and referrals for social services, including medical care
- Translation for English-Spanish languages
- Emergency food boxes
- Car Seats
- Public Notary

Requirements for services include proof of Scottsdale residency which can be a utility bill or a recent pay stub and proof of household income for the past 30 days. It is best to call in advance to ensure that you bring all needed information and documentation. Social services are available Monday-Friday from 9:00 am-5:00 pm. For more information, please call (480) 312-2529.

\*For rent or utility assistance, please call Vista del Camino at (480) 312-2323 for an appointment.





## Noah Bus Neighborhood Outreach Access to Health

Is here on Wednesdays  
from 3:00 – 7:00 pm,

No Insurance – Underinsured -  
Discounted Services Available  
480-882-5639

**“However difficult life may seem ,  
there is always something you  
can do and succeed at.”**

**Stephen Hawking**

The City has a variety of adult classes that are  
started in January and go through the end of  
May. Classes offered range from painting,  
ceramics, drawing, Italian, digital  
photography, French, Windows 8, iPad,  
Photoshop, dance, yoga, Tai Chi, guitar,  
Bridge, water exercise and fitness.

To register call 480-312-7957,  
go online at

<https://recreation.scottsdaleaz.gov/>

or stop by the nearest  
City Community Center.



## **Paiute Senior Movie Afternoons**

Join us for the 2nd and 4th Fridays of each month for movie  
matinees. We strive to show some of the latest features in all gen-  
res so there is a little something to enjoy for everyone! Movies are  
shown at 3:00 pm in Building 9. On the 4th Friday of the month stay for a  
cooking demo and meal immediately following the movie. Bring in your favor-  
ite side dishes to share with everyone. Please call the Senior Center front desk  
to register for the movie and to make dinner reservations.

Friday, April 10th course #112248 and Friday, April 24th course #112249.



A new yoga class will be starting in  
June. The class will be for 12 weeks  
starting on Thursday June 4th from  
6:30pm-8:00pm, course #111955. For  
registration times call 480-312-7957.

**“Whenever things go sour in a job I’m doing, I always tell myself , ‘I  
can do better than this.’ ” Dr. Seuss**