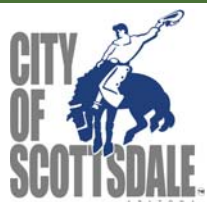




PARK & RECREATION MONTH

JULY
2014

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Get a Fitness membership at Club SAR boxing & fitness center	2 Bike, rollerblade, run, or walk the full 2.1 mile path at Chaparral Park	3 B.L.T! Butt, Legs and Tummy conditioning at Cactus Park! Drop in \$7	4 Picnic at the Pool! All pools open today from 1-5p. Enjoy the water before the fireworks!	5 Register for Tot Basketball at Eldorado Park! Course #107663
6 Summer Concert Series at McCormick-Stillman Railroad Park	7 Enjoy a Tennis Lesson; a 4 week session begins this week	8 Let your best friend stretch their legs at one of three off-leash areas	9 Fire up your metabolism with Max Tone & Fitness Cactus Park! Drop in \$6	10 Register for evening tennis lessons at Indian School Park! Course #107168	11 Drop in at Club SAR Fitness Center for \$3	12 Take a bike ride on the Indian Bend Wash Greenbelt
13 Reserve a ramada for a birthday party, bbq, family gathering, or a social event	14 Aquatic Ache-Away Therapy at Eldorado pool! Drop in \$4	15 Have your teen apply online for the Scottsdale Mayor's Youth Council	16 Do your tots love art? Mini Doodlers begins next week at Rio Montana Course #106381	17 Dance your way into shape with Zumba at Granite Reef Senior Center! Drop in \$10	18 Browse recreation classes at: www.Scottsdaleaz.gov and follow the Parks & Recreation link	19 Drop in for Step and Strengthen at Horizon Community Center. Drop In \$6
20 Let the kids cool off at one of the City's seven spray pads	21 *Go to camp; the Youth Sports basketball camp begins today!	22 Send your teens to the Teen Employment Program for help with resumes & job skills	23 Stay seated! Try Sit & Get Fit at McDowell Mountain Ranch for \$7	24 *Enjoy Tumble Tots class at Mt. View Community Center. Course #106568	25 Drop in to Body and Mind at Via Linda Senior Center for \$7	26 McDowell Mt. Ranch Aquatic Center is open tonight ONLY from 5-9p. Take a swim in the moonlight
27 *Give your kid the edge! Youth Leadership Skills begins today! Course #106619	28 *Aquatics Youth Sports Camp at MMRA starts today! Course #107079	29 Get an intense workout with HIIT at Cactus Park! Drop in \$7	30 Strengthen your core with Pilates at Granite Reef Senior Center. Drop In \$6	31 Gear up for school; Registration for afterschool programs starts in four days	#JULYOUTISIN  National Recreation and Park Association	



*Pre-Registration is required, call 480-312-7957 for more information
Visit us at www.ScottsdaleAZ.Gov/Topics/Recreation