

Cactus – Spring Classes!

Morning Classes!

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Saturday</u>
8AM	Fit and Fabulous <i>D. Romero</i> (12239)			Fit and Fabulous <i>D. Romero</i> (12240)	
9AM	Step Circuit <i>D. Romero</i> (12347)	Totally Toning <i>D. Romero</i> (12388)		Totally Toning <i>D. Romero</i> (12389)	Gymnastics for Tots 9:30* (12635)
10AM	Pilates <i>D. Romero</i> (12305)		Yoga-Beginning 10:30am* G. Sikes (12418)		Gymnastics 10:30* (12377)

Evening Classes!

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	
3PM	Soccer for Kids 3-5 <i>T. Hatfield</i> (12333) Jan. 22 – March 5				
4PM	Soccer for Kids 5-7 <i>T. Hatfield</i> (12334) Jan. 22 – March 5		Pilates 4:30pm* <i>K. Alfraid</i> (12306)		
5PM	Dance Combo for Tots Dance Sequins Studio (12213)		Max Tone & Fitness 5:45pm* <i>K. Alfraid</i> (12262)		
6PM		Get Cardio Fit <i>D. Romero</i> (12243)		B. L. T. Butt, Legs and Tummy <i>D. Romero</i> (12144)	
7PM	Yoga - All Levels <i>B. Yancy</i> (12412) Jan.8 – May 21	Weight Busters <i>D. Romero</i> (12403)	Conditioning Combo <i>K. Alfraid</i> (12203)	Weight Busters <i>D. Romero</i> (12404)	

Cactus Aquatic and Fitness Center

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<http://www.scottsdaleaz.gov/sports/brochure>