

# December

**Announcements:**

**Water Aerobics Break 12/18-12/29**

**Pool Closed 12/24 & 12/25 & 12/26**

Long Course (50 meter lanes) 12/15 to 12/31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	2 Lap Swim: 1p-5p  Gym: 7a-5p
3 Lap Swim/Gym 10a-2p	4 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	5 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	6 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	7 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	8 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	9 Lap Swim: 1p-5p  Gym: 7a-5p
10 Lap Swim/Gym 10a-2p	11 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	12 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	13 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	14 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	15 Lap Swim: (LC) 6a-2p & 6p-8p  Gym: 6a-8p	16 Lap Swim (LC): 1p-5p  Gym: 7a-5p
17 Lap Swim/Gym (LC) 10a-2p	18 Lap Swim: (LC) 6a-2p & 6p-8p  Gym: 6a-8p	19 Lap Swim: (LC) 6a-2p & 6p-8p  Gym: 6a-8p	20 Lap Swim: (LC) 6a-2p & 6p-8p  Gym: 6a-8p	21 Lap Swim: (LC) 6a-2p & 6p-8p  Gym: 6a-8p	22 Lap Swim: (LC) 6a-2p & 6p-8p  Gym: 6a-8p	23 Lap Swim (LC): 1p-5p  Gym: 7a-5p
24/31 <b>(24th) Closed</b>  <b>(31st)</b> Lap Swim/Gym 10a-2p (LC)	25 <b>Closed</b>	26 <b>Closed</b>	27 Lap Swim: (LC) 6a-2p & 6p-8p  Gym: 6a-8p	28 Lap Swim: (LC) 6a-2p & 6p-8p  Gym: 6a-8p	29 Lap Swim: (LC) 6a-2p & 6p-8p  Gym: 6a-8p	30 Lap Swim (LC): 1p-5p  Gym: 7a-5p

**Cactus Aquatic and Fitness Center**

7202 E Cactus Rd. 85260 Scottsdale AZ

(480)-312-7665



# January

## Announcements:

Holiday Hours January 15th (MLK Day)

SAC Winter Invite January 26th-28th

Long Course (50 meter lanes) 1/2 to 1/5

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	CLOSED	Lap Swim: (LC) 6a-2p & 6p-8p  Gym: 6a-8p	Lap Swim: (LC) 6a-2p & 6p-8p  Gym: 6a-8p	Lap Swim: (LC) 6a-2p & 6p-8p  Gym: 6a-8p	Lap Swim: (LC) 6a-2p & 6p-8p  Gym: 6a-8p	Lap Swim: (LC) 1p-5p  Gym: 7a-5p
7 Lap Swim/Gym 10a-2p	8 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	9 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	10 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	11 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	12 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	13 Lap Swim: 1p-5p  Gym: 7a-5p
14 Lap Swim/Gym 10a-2p	15 Lap Swim and Gym: 1p-5p	16 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	17 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	18 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	19 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	20 Lap Swim: 1p-5p  Gym: 7a-5p
21 Lap Swim/Gym 10a-2p	22 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	23 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	24 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	25 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	26 Lap Swim: 6a-2p  Gym: 6a-8p	27 Lap Swim: CLOSED Gym: 7a-5p
28 Lap Swim: CLOSED Gym: 10a-2p	29 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	30 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p	31 Lap Swim: 6a-2p & 6p-8p  Gym: 6a-8p			



**Cactus Park & Aquatic Center**  
7202 E. Cactus road , Scottsdale, AZ 85260  
(480)-312-7665

