

# Quick Reference Rehab Protocol

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## **SECTION A: ENTRY POINT**

This is the initial entry point and **decontamination** area. Assigned personnel will collect passports from crews and take a pulse rate on all crew members. **Any member who has a pulse rate greater than 120 will report directly to Section C**, Medical Treatment and Transport, where they will be treated appropriately. Members that do not require medical attention will then report to Section B, Hydration and Replenishment.

## **SECTION B: HYDRATION AND REPLENISHMENT**

All personnel will be provided supplemental cooling devices, fluid and electrolyte replacement, and the proper amount of nourishment. Initial Mental Stress support will be provided in this section, if needed.

## **SECTION C: MEDICAL TREATMENT AND TRANSPORT**

This section is staffed by an ALS crew and Rescue. Personnel reporting here will receive evaluation and treatment for heat stress and injuries. The ALS Company assigned will advise the Rehab Sector Officer of the necessity of medical transportation and extended medical attention requirements of personnel due to physical condition. Crews released from Section C will be released as intact crews to report to Section D.

**The ALS crew in this section will monitor each member and pay close attention to:**

- **Pulse**
- **BP**
- **Body Temperature**
- **Respirations**
- **CO (utilizing a RAD57, if available)**
- **Blood Glucose, as needed**

**After allowing 20 minutes for a cooling down period all vital signs will be reassessed. Any person with a pulse rate greater than 100, temperature greater than 101, abnormal respiration rate or quality, abnormal BG, abnormal CO reading, and/ or a blood pressure less than 100 systolic will need further ALS assessment/treatment and should be considered a candidate for transport to the ED.**

## **SECTION D: REASSIGNMENT**

This critical section determines a crews' readiness for reassignment. Diligent efforts and face-to-face communication with the Rehab Sector Officer are required. Personnel manning this section advise the Rehab Sector Officer of all companies' status for reassignment and crews that are running short or without a company officer. This information is relayed to Command by the Rehab Sector Officer. Crews without a Company Officer will be assigned to another company or have a member of the crew move up to the Captain's position. The Rehab Sector Officer will update Command throughout the operation with pertinent information including the identities of companies in Rehab, the companies available for reassignment, and the status of injured personnel. All personnel leaving Rehab will retrieve passports from the Rehab Sector Officer.

Company Officers must keep crews intact and report to the proper sections in Rehab. The Rehab Sector Officer will direct the crew to the proper sections; however, it is the Company Officer's responsibility to make sure crew members receive refreshments, rest and a medical clearance.

## **RECOVERY MODE**

Crews not yet assigned to REHAB should be considered to be in recovery mode when replenishing SCBA bottles and obtaining fluids on a short rest period. These crews will not be medically monitored and should be immediately available to command for assignment. Anytime a firefighter requires more than a recovery period, that company officer or team leader should request reassignment to REHAB to rest out that entire team or crew.